1/3/24 Shoretalk 12:35-1:00. Joel Coleman of Camp Occahannock discussed the upcoming Polar Dip to raise money for camp scholarships.

1/8/24. Shoretaljk 12:35-1:00 Bobbie Wert joined us today to inform us about the Nandua Booster Auction, an event to raise money to support Nandua High School Sports.

1/'8/2024 Coffee with Kelley. 09:30-10:00. Kelley Buelin of the Eastern Shore Community Services Board discussed New Year's Resolutions and ways to keep them.

1/9/2024 Shoretalk. 12:35-1:00 pm. Dr. Ed Bull of Bayside Chiropractic Laser and Rehab discussed matters pertaining to spinal alignment,

1/11/2024 Shoretalk 12:35-1:00. Patty Kellam of the Eastern Shore Community College Foundation discussed the upcoming Oyster Roast to raise money for the Foundation.

1/11/2024 Coffee with Kelley 09:30-10:00. Rev. Wayne Parsley talked about the upcoming winter concert series at the Historic Cokesbury Church in Onancock.

01/12/2024 Shoretalk 12:35-1:00. Mary Kay Mulligan of the Center for Lifetime Learning discussed the schedule for Zoom learning opportunities in the first quarter of 2024.

01/15/2024 Shoretalk 12:35-1:00. Jane Cabarrus of the Northampton NAACP discussed events to commemorate Unity Day, a celebration honoring the life of Dr. Martin Luther King.

1/16/2024. Shoretalk 12:35-1:00 p.m. Playright Patricia Walker discussed the world premiere of her play at the North Street Playhouse in Onancock on Friday Jan 19. Walker is a former resident of Onancock.

1/16/2024 Coffee with Kelley. O9:30-1000 Bobbie Wert discussed the upcoming Nandua Booster Club Auction.

01/18/2024 Shoretalk. 12:35-1:00pm. Bobbie Wert discussed the upcoming Nandua Booster Club Auction.

1/19/2024 Shoretalk 12:35-1:00. Robert Sabatini Executive Director of the ESVA Chamber of Commerce and the Eastern Shore of Virgina Tourism

Commission discussed the upcoming Tourism Summit, designed to provide information to members of the tourist industry on the Eastern Shore.

1/22/2024 Coffee with Kelley 09:30-10:00 Kelley Buelin of the Eastern Shore Community Services Board discussed the upcoming homeless survey.

01/23/2024 Shoretalk 12:35-1:00 Dr. Ed Bull of Bayside Chirotractic Laser and Rehab discussed new experimental treatments for Diabetis.

01/25/2024 12:35-1:00 Representatives from Eastern Shore Rural Health discussed the new pharmacy coming soon to the Onley Medical Center.

01/26/2024 12:35-1:00 Dainel Hogan discussed his plan to open a housing project for veterans in the Matthews Building in Parksley.

01/30/2024 09:30-10:00 Coffee with Kelley. Hillary Wilson of Shore History talked about the upcoming lecture series on various aspects of Eastern Shore History at Ker Place in Onancock.

01/31/2024 12:35-1:00. Chamber Chat. Robert Sabatini Executive Director of the Eastern Shore of Virginia Chamber of Commerce and the Eastern Shore Tourism Commission talked about matters pertaining to small businesses on the Shore.

February

02/01/24. Shoretalk 12:35-1:00 Billy Justice of the Central Accomack Little League talked about the upcoming season schedule and how to sign up for one of the leagues.

02/02/24 Coffee with Kelley. 09:30-10:00. Hillary Wilson of Shore History discussed upcoming seasonal events at the Ker Place Museum in Onancock.

02/02/24 Shoretalk. 12:35-1:00 members of the Nandua Junior High Beta Club discussed the upcoming trip to Richmond to attend a session of the Viginia General Assembly.

02/05/24 Shoretalk 12;35-1:00. Charlene of the Drummondtown Church discussed a new program for young girls. It is a Christian version of Girl Scouts. Chamber Chat: Robert Sabatini Executive Director of the Eastern Shore of Virginia Chamber of Commerce and the Eastern Shore Tourism Commission 02/06/2024 Shoretalk 12:35-1:00 Dr. Ed Bull of Bayside Chiropractic Laser and Rehab talked about inflammation, the main cause of back and knee pain.

02/06/24 Coffee with Kelley. 09:30-10:00. Chris Governator of Habitat for Humanity talked about the February Freeze event which raises money towards addressing the housing shortage on the Eastern Shore.

02/07/24 Shoretalk 12:35-1:00 Chamber Chat: Robert Sabatini Executive Director of the Eastern Shore of Virginia Chamber of Commerce and the Eastern Shore Tourism Commission discussed the new health insurance plan offered through the Chamber of Commerce.

02/08/24 Shoretalk 12:35-1:00 Representatives of Eastern Shore Rural Health's Dental Unit discussed the importance of beginning dental treatment for young children.

02/12/2024 Shoretalk 12:35-1:00 (see 2/5/24) Same program.

02/12/2024 Coffee with Kelley 09:30-10:00. Representatives of the Dos Santos Food Pantry discussed efforts to provide food for Hispanic population.

02/13/2024 Shore Talk 12:35-1:00 Teresa Young of the Delmarva Red Cross talked about upcoming blood donation opportunities.

02/13/24 Coffee with Kelley. Representatives of the Eastern Shore Coalition Against Domestic Violence talked about various issues related to domestic violence in the home.

2/14/24 Shoretalk 12:35-1:00 Chamber Chat. ESVA Chamber of Commerce and Eastern Shore Tourism discussed upcoming Tourism Summit.

2/15/2024 Shoretalk 12:35-1:00 Terri Bliss of the North Street Playhouse discussed upcoming productions at the community theater.

02/16/2024 Shoretalk. 12:35-1:00 Jane Caberrus of the Northampton NAACP talked about fund raiser Harlem Nights .

02/20/2024 Shoretalk 12:35-1:00. Dr. Ed Bull of Bayside Chiropractic Laser and Rehab discussed the value of back surgery. Does it do any good?

02/20/24 Coffee with Kelley. 09:35-10:00 Representatives from the Eastern Shore Heritage Center discussed the treasure trove of Eastern Shore History represented at the Heritage Center. 02/21/24. Shoretalk 12:35-1:00 Representatives from the Broadwater Gala talked about the fund raising event for the school.

02/26/24 Shoretalk 12:35-1:00. Kitty Croke talked about a special series of movies at the Roseland Theater in Onancock called "Oscars in Onancock".

02/26/24 Coffee with Kelley 09:30-10-:00 Leslie Parker of the Food Bank of Southeast Virginia and the Eastern Shore discussed ways to prevent food insecurity,

02/27/24 Coffee with Kelley 09:30-10:00 Hillary Wilson of Shore History discussed an upcoming lecture on Women in the Revolutionary War from the Shore,

02/28/24 Shoretalk 12:35-1:00. Chamber Chat. Robert Sabatini Executive Director of the Eastern Shore Chamber of Commerce and Tourism commission talks about services to small businesses provided by both organizations.

02/29/24 Coffee with Kelley 09:35-10:00. Conservation Officer Tony Penino discussed water safety in the winter months.

March 2024

3/4/24 Shoretalk 12:35-1:00 Billy Lemon of Jackson Hewitt talked about getting ready for tax season,

3/5/24 Coffee with Kelley. 09:30-10:00. Chip Hall of H&R Block talked about tax tips.

3/5/24 Shoretalk. 12:35-1:00. Dr Ed Bull of Bayside Chiropractic Rehab and Laser talked about Spinal senosis.

3/7/24 Shoretalk 12:35-1:00 Dennis Custis of the Eastern Shore Heritage Center talked about the upcoming dinner and auction to benefit the Center.

3/8/24 Shoretalk 12:35-1:00 Billy Lemon of Jackson Hewit offered tips on preparing your taxes.

3/12/24 Shoretalk Jim Spione of the Barrier Island Center talks about exhibits that cronicle the residents who lived on the barrier islands in the early 1900s.

3/12/24 Coffee with Kelley. Chip Hall of H&R Block reviewed common mistakes on tax returns.

3/13/24 Shoretalk 12:35-1:00 Chamber Chat. Eastern Shore Chamber of Commerce and Tourism Director Robert Sabatini interviewed a new small business owner.

3/14/24. Coffee with Kelley 09:35-10:00 Hillary Wilson of Shore History talked about upcoming lectures at Ker Place in Onancock.

3/14/24 Shoretalk 1:35-1:00 Representatives from Eastern Shore Rural Health talked about the soon to open pharmacy at Onley Medical Center.

3/15/24 Shoretalk 12:35-1:00 Jane Cabarrus of the Northampton NAACP talked about Earth Day events in Northampton County.

3/18/24 Coffee with Kelley. 09:30 10:00 Kelley Buelin of the Community Services Board discussed Healing, things to do when having a bad day.

3/19/24. Coffee with Kelley. 09:30-10:00. Chip Hall of H&R Block talks about valuable information on getting your taxes done.

03/19/24 Shoretalk 12:35-1:00. Dr. Ed Bull of Bayside Chiropractic Rehab and Laser discussed exercises that can help your brain.

3/21/24 Shoretalk 12:35-1:00. Representatives of the Eastville Vol. Fire Company talked about Plow day which features a demonstration of plowing techniques utilizing antique tractors.

03/22/24. Dr. Walter and Dr. Scott Hall of Eastern Shore Community College talked about the many programs available at the College to allow working men and women to take classes and earn a degree.

03/25/24 Coffee with Kelley 09:30-10:00. Kelley Buelin of the Eastern Shore Community Services Board discussed Community Partners and how they help those in need.

03/25/24 Shoretalk 12:35 1:00 Mary K Mulligan discussed upcoming learning opportunities from the Academy for Lifetime learning. This group provides Zoom classes for adults on various subjects.

03/26/24 09:30-10:00. Chip Hall of H&R Block shared last minute tax tips.

03/27/24 12:35-1:00. Robert Sabatini Executive Director of the Eastern Shore of Virginia Chamber of Commerce and Tourism Commission discussed the upcoming Chamberfest in Cape Charles on May 18. 3/28/24 09:30-10:00. Conservation Officer Tony Penino disussed the upcoming turkey season on the Eastern Shore.

03 28/24 Shoretalk 12:35-1:00 John Antione Labradie discussed his presentation for the Science and Philosophy Seminar at Eastern Shore Community College on Digital Art.