# PUBLIC AFFAIRS REPORT for WQPX-TV Scranton, Pennsylvania for

FOURTH QUARTER ENDING: December 31, 2016

In accordance with Section 73.3526(e)(11)(i) of the Federal Communications Commission's rules, the following, in the opinion of WQPX-TV, are the problems and needs of the community for the period noted above. They are not necessarily listed in order of importance. Each is identified by significant public affairs and/or public service programming in response to these needs.

- 1. Failing Scranton Economy
- 2. Health Care Reform
- 3. Drug Trafficking
- 4. Crime Rate
- 5. Winter Road Conditions/Road Construction
- 6. Steamtown Mall sale/New owners/New business
- 7. Pet Care/SPCA Issues
- 8. End of Life Care/Hospice Care
- 9. Entrepreneurship/Starting a Business
- 10. College Tuition

A detailed summary of each program's content, including guests, affiliations and date of broadcast is included in this report.

"Northeast Current" is WQPX-TV's locally-produced 30 minute public affairs program covering human interest related issues and affairs that are important to Scranton-Wilkes Barre and the surrounding area community. We welcome non-profits, authors, artists, musicians, community leaders, and other influential people. This 30 minute show premiered in March 2001 "Northeast Current' has been a great tool to get the word out about the station and have a local presence. Past guests (live in-studio or via satellite) include Billy Ray Cyrus, Georgia Engel, Dan Goggin, Chris Noth, Hector Elizondo, Jillian Michaels, Denise Austin, Mario Lopez, Tyler Florence, Leeza Gibbons, Joan Lunden, Patty Duke, Cat Cora, Cal Ripken Jr., Ronald McDonald House, Salvation Army, Center for Independent Living, Lackawanna Humane society, Everhart Museum, Area Agency on Aging, American Red Cross, Lupus Foundation, Lackawanna County Visitors Center and the Girl Scouts. "Northeast Current" was the recipient of a Bronze Telly Award in 2006 & 2009 and a Silver Telly Award in 2005 & 2007. www.tellyawards.com

"destinatIONs" is a 30 minute public affairs program covering human interest related issues and affairs that are important to Scranton-Wilkes Barre and the surrounding area community. The focus of the show is to bring awareness, educate and enlarge the viewing public's understanding of community and human interest issues relevant to their lives. The show is based on a walk-through tour of a community-serving facility with a media coordinator from the facility, an informational presentation by a local historian, local political events such as town council meetings or even meetings by charitable organizations that serve the counties that make up our viewing area.

"Pets Best Friend" is a 30 minute public affairs show hosted by Sam Lesante that discusses pet care, pet adoption, and ASPCA issues. Dr. Inayat Kathio is a veterinarian from Kingston, PA, that dedicates his life to helping people with their pets and traveling to underdeveloped countries such as Israel, Pakistan and Mexico to do charity work with their animals. He is a consultant to the United Nations and tries to bring American technology to these countries to help the animals.

Program: destinatIONs Episode: Roundtable 3

Airdate: Tuesday, October 4, 2016 6:00am

Topic/Title: Wyoming Valley Civil War Roundtable Part 3

Duration: 30 Minutes Style/Type: Discussion

Source: Tobias Productions

Issue Addressed: history/local history/Civil War/War/patriotism

Hosts: Pete Austin- Charter Member, Wyoming Valley Civil War Roundtable

Ed Brewer – Founder, Wyoming Valley Civil War Roundtable

James M. Faber- Civil War Historian & Author

The Wyoming Valley Civil War Roundtable is a club that meets once a month at the Dallas Legion. They meet every month except January and February. All community members are welcome to join in the discussion. The club has grown from its speakers involved. Its in is 20<sup>th</sup> year now. There are 72 members now but started with only 3 or 4. They get together to learn, learn history, and bring knowledge about the war and that time in history. A great way to share ideas and see what people can bring to the discussion. Today we continue our presentation from James M. Faber who is a civil engineer and resides in California. He became interested the Civil War after a trip to Gettysburg in 1975. He became fascinated with learning more. He decided to do something special for the 150<sup>th</sup> anniversary of the battle and wrote the book "Invaders In Our Town". He talks to us about how the town of Gettysburg was affected and how the people were affected before during and after the battle. It was 3 days of a brutal, bloody battle and our country was never the same. We get an overview of the 3 day battle with a powerpoint presentation with maps and locations. Today we discuss war strategies and locations of battle and houses. We get an indepth look at the civilians that he found interesting such as Mary Virginia Wade and Elizabeth Salome Myers. Questions from the audience are taken. For more info call 570-639-1283 or email WVCWRT@gmail.com

Program: destinatIONs Episode: Roundtable 2

Airdate: Tuesday, October 4, 2016 6:30am

Topic/Title: Wyoming Valley Civil War Roundtable Part 2

Duration: 30 Minutes Style/Type: Discussion

Source: Tobias Productions

Issue Addressed: history/local history/Civil War War/patriotism

Hosts: Pete Austin- Charter Member, Wyoming Valley Civil War Roundtable

Ed Brewer – Founder, Wyoming Valley Civil War Roundtable

James M. Faber- Civil War Historian & Author

The Wyoming Valley Civil War Roundtable is a club that meets once a month at the Dallas Legion. They meet every month except January and February. All community members are welcome to join in the discussion. The club has grown from its speakers involved. Its in is 20<sup>th</sup> year now. There are 72 members now but started with only 3 or 4. They get together to learn, learn history, and bring knowledge about the war and that time in history. A great way to share ideas and see what people can bring to the discussion. Today we continue our presentation from James M. Faber who is a civil engineer and resides in California. He became interested the Civil War after a trip to Gettysburg in 1975. He became fascinated with learning more. He decided to do something special for the 150<sup>th</sup> anniversary of the battle and wrote the book "Invaders In Our Town". He talks to us about how the town of Gettysburg was affected and how

the people were affected before during and after the battle. It was 3 days of a brutal, bloody battle and our country was never the same. We get an overview of the 3 day battle with a powerpoint presentation with maps and locations. He discusses his book and the characters in depth, some of which are fictional but based on real people. We learn about the food, the clothes and some of the military maneuvers. Questions from the audience are taken. For more info call 570-639-1283 or email <a href="https://www.wvc.wv.new.org/wv.new.new.org/wv.new.o

Program: Northeast Current Episode: Wright/Flipping/Politics

Air Date: Thursday, October 6, 2016 6:00am

Topic/Title: Wright Center/Flipping Houses/Politics Education

Duration: 30 minutes
Style/Type: Interview Format
Source: WQPX-TV

Issue(s) Addressed: preventative care/health fair/flipping homes/entrepreneurs/setting goals/political race/kids &

politics

Hosts: Bernie Maopolski

Jason Miller

Guests: Kellan Kraky- Coord. Student Health Services, The Wright Center

Dr. Linda Thomas-Hemak – President & CEO, The Wright Center Than Merrill- Former NFL, CEO & Founder, Fortune Builders Dr. Randy Roberts – History Professor, Purdue University

Stacey Skelly- Parenting Expert

The mission of The Wright Center for Graduate Medical Education is to continuously improve education and patient care in a collaborative spirit to enhance outcomes, access and affordability.

For more than 35 years, WCGME has provided cutting-edge medical residency training for primary care physicians in Northeastern Pennsylvania. At the same time, they provide innovative, team-based healthcare in the "Patient-Centered Medical Home" model, an interdisciplinary approach that is shaping the future of healthcare. Everyone is invited their "Fall into Health" at the 6th Annual Community Health Fair on Sunday, October 16, 2016 from 9 a.m. to 1 p.m. at The Wright Center for Primary Care in Mid Valley. Enjoy a fun afternoon of activities, demonstrations and helpful health-related information, including:

- Free Blood Pressure Screenings
- Free BMI Screenings
- Kids Activities
- Therapy Dogs
- Games
- Food
- Pumpkin Decorating
- Nutrition Demonstrations
- Basket Raffles and more!

The 5K Walk/Run will start at the Mid Valley clinic and the route will take walkers and runners through Jermyn. All participants receive a free T-shirt. Join our Guests from the Wright Center Kellen Kraky and Dr. Linda Thomas-Hemak. <a href="https://www.thewrightcenter.org/2016healthfair">www.thewrightcenter.org/2016healthfair</a>

Admit it, you've watched the plethora of house flipping show marathons and thought "I could do that!" It seems so easy: find a fixer-upper, do some fun projects, maybe hire a contractor and sell it for a huge profit! You might even think "I can do this and quit my day job!" But is it really that easy? Joining us via satellite from San Diego this morning to talk about the essential questions we should be asking before buying that first 'flip' house is CEO and founder of FortuneBuilders, former NFL player, television host AND author, Than Merrill. Than has bought and sold hundreds of properties nationwide and now wants to educate others about taking that first step in the real estate game. www.thanmerrill.com

Politics may not be a dinner time discussion with your kids, but parents can play a big role in raising the next generation of voters. Most adults are watching this unusual presidential race closely this season. While negative ads, conflicting pundit commentary and fluctuating polls are nothing new to politics, this may be the first time your child has been exposed to it or the first time they are paying attention. Author and civics expert Dr. Randy Roberts, history professor at Purdue University, and parenting expert Stacy Skelly join us via satellite from Washington DC to discuss tips on talking to your kids about politics. <a href="https://www.parenttoolkit.com">www.parenttoolkit.com</a>

Program: Northeast Current Episode: Cultural/Communities

Air Date: Thursday, October 6, 2016 6:30am

Topic/Title: Scranton Cultural Center/Inspiring Communities

Duration: 30 minutes
Style/Type: Interview Format

Source: WQPX-TV

Issue(s) Addressed: local art/local entertainment/historical venue/local events /reaching goals

Hosts: Jennifer Amazon

Jason Miller

Guests: John Murray – Board of Directors, Scranton Cultural Center

Deb Peterson- Exec. Director, Scranton Cultural Center

Nancy LeaMond – AARP Ex VP, Community, State & National Affairs

Today we are on location at the Scranton Cultural Center at the Masonic Temple. Te Cultural Center's mission statement is "to rejuvenate a national architectural structure as a regional center for arts, education and community activities appealing to all ages." The Cultural Center hosts national Broadway tours; professional and local musical and dramatic theatre offerings; local, regional and national orchestral and popular music, dance and opera; comedians, lecturers, art exhibits, a children's and performing arts academy and various classes as well as fundraiser galas and special events including proms, luncheons, private parties and is a popular wedding ceremony and reception venue. It is listed on the National Register of Historic Places. We are joined by John Murray and Deb Peterson to help promote their upcoming fundraiser "100 for 100 Raffle". They have 97 prizes valued at \$100 or more. They are giving \$40,000 in prizes. The top 3 cash prizes are \$10,000 and they have many baskets, gift cards to give away. They are only selling a thousand tickets to be sure to call to get yours or stop in at the box office. Great chance to win! Drawing is October 7th. This fundraiser is to help many restorations to the center. There is 188,000 square feet of this national historic site and its in need of repair. Please help in their mission to preserve this local treasure. They discuss some of their activities that take place in the cultural center which include their partner, Broadway Theater, Arts Engage, First Friday events, and educational programs for kids that include learning to make theatrical props and other artworks programs. Its easy to get involved and they always need their volunteers. Call to get involved and help spread the word.

www.sccmt.org 570-346-7369 ext.105

What makes a neighborhood a place we want to live? Today Nancy LeaMond, Executive Vice President of Community, State and National Affairs, AARP, will discuss more than 100 initiatives launched by mayors nationwide to address pressing issues. From housing and transportation to civic participation and social inclusion, these inspiring leaders have improved communities for people of all ages. Nancy will also share tips and resources for creating great communities and highlight the most age-friendly communities in the country. They were excited about our newest local venture of the Marketplace at Steamtown! <a href="https://www.aarp.org/wherewelive">www.aarp.org/wherewelive</a>

Program: destinatIONs Episode: Roundtable 4

Airdate: Tuesday, October 11, 2016 6:00am

Topic/Title: Wyoming Valley Civil War Roundtable Part 4

Duration: 30 Minutes Style/Type: Discussion

Source: Tobias Productions

Issue Addressed: history/local history/Civil War/War/patriotism

Hosts: Pete Austin- Charter Member, Wyoming Valley Civil War Roundtable

Ed Brewer – Founder, Wyoming Valley Civil War Roundtable

James M. Faber- Civil War Historian & Author

The Wyoming Valley Civil War Roundtable is a club that meets once a month at the Dallas Legion. They meet every month except January and February. All community members are welcome to join in the discussion. The club has grown from its speakers involved. Its in is 20<sup>th</sup> year now. There are 72 members now but started with only 3 or 4. They get together to learn, learn history, and bring knowledge about the war and that time in history. A great way to share ideas and see what people can bring to the discussion. Today we continue our presentation from James M. Faber who is a civil engineer and resides in California. He became interested the Civil War after a trip to Gettysburg in 1975. He became fascinated with learning more. He decided to do something special for the 150<sup>th</sup> anniversary of the battle and wrote the book "Invaders In Our Town". He talks to us about how the town of Gettysburg was affected and how the people were affected before during and after the battle. It was 3 days of a brutal, bloody battle and our country was never the same. We get an overview of the 3 day battle with a powerpoint presentation with maps and locations. Today we discuss more of the battles, attacks and geography and a more indepth look at his characters in the book, some actual and some fictional. Questions from the audience are taken. For more info call 570-639-1283 or email WVCWRT@gmail.com

Program: destinatIONs Episode: Roundtable 3

Airdate: Tuesday, October 11, 2016 6:30am

Topic/Title: Wyoming Valley Civil War Roundtable Part 3

Duration: 30 Minutes Style/Type: Discussion

Source: Tobias Productions

Issue Addressed: history/local history/Civil War/War/patriotism

Hosts: Pete Austin- Charter Member, Wyoming Valley Civil War Roundtable

Ed Brewer – Founder, Wyoming Valley Civil War Roundtable

James M. Faber- Civil War Historian & Author

The Wyoming Valley Civil War Roundtable is a club that meets once a month at the Dallas Legion. They meet every month except January and February. All community members are welcome to join in the discussion. The club has grown from its speakers involved. Its in is 20<sup>th</sup> year now. There are 72 members now but started with only 3 or 4. They get together to learn, learn history, and bring knowledge about the war and that time in history. A great way to share ideas and see what people can bring to the discussion. Today we continue our presentation from James M. Faber who is a civil engineer and resides in California. He became interested the Civil War after a trip to Gettysburg in 1975. He became fascinated with learning more. He decided to do something special for the 150<sup>th</sup> anniversary of the battle and wrote the book "Invaders In Our Town". He talks to us about how the town of Gettysburg was affected and how the people were affected before during and after the battle. It was 3 days of a brutal, bloody battle and our country was never the same. We get an overview of the 3 day battle with a powerpoint presentation with maps and locations. Today we discuss war strategies and locations of battle and houses. We get an indepth look at the civilians that he found interesting such as Mary Virginia Wade and Elizabeth Salome Myers. Questions from the audience are taken. For more info call 570-639-1283 or email WVCWRT@gmail.com

Program: Pet's Best Friend Episode: Pets –October 2016

Air Date: Thursday, October 13, 2016 6:00am

Topic/Title: Pets Best Friend – July 2016

Duration: 30 minutes

Style/Type: Interview Format Source: Samson Productions

Issue(s) Addressed: international affairs/diplomacy/charitable work/pets/pet care

Hosts: Sam Lesante

Guests: I.H.Kathio, DVM – Veterinarian/Pakistan Consulate

Lou Barletta, U.S. Congressman PA-11

Dr. I.H. Kathio is a veterinarian that dedicates his life to helping people with their pets and traveling to underdeveloped countries such as Israel, Pakistan and Mexico to do charity work with their animals. He is a consultant to the United Nations and tries to bring American technology to these countries to help the animals. He's a great asset to northeastern PA and to our country. With his new position he's able to open the lines of communication and connect our senates. Pakistan is a great tool to help with foreign affairs and security threats. Today he and Congressman Lou Barletta discuss his mark in Congress and our progress. The U.S. has given Pakistan eight F-16 fighter jets which are much needed to help with air strikes against terrorist attacks. Our goal is to have a coalition of countries to fight terrorism. We want to help other countries to help us. We have a common enemy and they won't stop until they wipe out any race/religion that doesn't agree with their beliefs. We need our allies to fight the war on terror.

Dr. Kathio is dedicated to educating us on how to prolong our pets life. He's got some footage of some recent patients of his including a cat with blindness and neuromuscular issues from the wrong flea treatment, a dog with a third eyelid and a cat with loss of muscle mass and body fat from a blood parasite.

www.kathio.com 570-821-9390 Wilkes Barre Animal Clinic 570-655-2412 Pittston Animal Hospital

Program: Northeast Current Episode: Wright/Flipping/Politics

Air Date: Thursday, October 13, 2016 6:30am

Topic/Title: Wright Center/Flipping Houses/Politics Education

Duration: 30 minutes
Style/Type: Interview Format

Source: WQPX-TV

Issue(s) Addressed: preventative care/health fair/flipping homes/entrepreneurs/setting goals/political race/kids &

oolitics

Hosts: Bernie Maopolski

Jason Miller

Guests: Kellan Kraky- Coord. Student Health Services, The Wright Center

Dr. Linda Thomas-Hemak – President & CEO, The Wright Center Than Merrill- Former NFL, CEO & Founder, Fortune Builders Dr. Randy Roberts – History Professor, Purdue University

Stacey Skelly- Parenting Expert

The mission of The Wright Center for Graduate Medical Education is to continuously improve education and patient care in a collaborative spirit to enhance outcomes, access and affordability.

For more than 35 years, WCGME has provided cutting-edge medical residency training for primary care physicians in Northeastern Pennsylvania. At the same time, they provide innovative, team-based healthcare in the "Patient-Centered Medical Home" model, an interdisciplinary approach that is shaping the future of healthcare. Everyone is invited their "Fall into Health" at the 6th Annual Community Health Fair on Sunday, October 16, 2016 from 9 a.m. to 1 p.m. at The Wright Center for Primary Care in Mid Valley. Enjoy a fun afternoon of activities, demonstrations and helpful health-related information, including:

- Free Blood Pressure Screenings
- Free BMI Screenings
- Kids Activities
- Therapy Dogs
- Games
- Food
- Pumpkin Decorating
- Nutrition Demonstrations
- Basket Raffles and more!

The 5K Walk/Run will start at the Mid Valley clinic and the route will take walkers and runners through Jermyn. All participants receive a free T-shirt. Join our Guests from the Wright Center Kellen Kraky and Dr. Linda Thomas-Hemak. <a href="https://www.thewrightcenter.org/2016healthfair">www.thewrightcenter.org/2016healthfair</a>

Admit it, you've watched the plethora of house flipping show marathons and thought "I could do that!" It seems so easy: find a fixer-upper, do some fun projects, maybe hire a contractor and sell it for a huge profit! You might even think "I can do this and quit my day job!" But is it really that easy? Joining us via satellite from San Diego this morning to talk about the essential questions we should be asking before buying that first 'flip' house is CEO and founder of FortuneBuilders, former NFL player, television host AND author, Than Merrill. Than has bought and sold hundreds of properties nationwide and now wants to educate others about taking that first step in the real estate game. www.thanmerrill.com

Politics may not be a dinner time discussion with your kids, but parents can play a big role in raising the next generation of voters. Most adults are watching this unusual presidential race closely this season. While negative ads, conflicting pundit commentary and fluctuating polls are nothing new to politics, this may be the first time your child has been exposed to it or the first time they are paying attention. Author and civics expert Dr. Randy Roberts, history professor at Purdue University, and parenting expert Stacy Skelly join us via satellite from Washington DC to discuss tips on talking to your kids about politics. <a href="https://www.parenttoolkit.com">www.parenttoolkit.com</a>

Program: destinatIONs Episode: Colonial 1

Airdate: Tuesday, October 18, 2016 6:00am

Topic/Title: Colonial Spinners Part 1

Duration: 30 Minutes
Style/Type: Walking Tour

Source: Tobias Productions

Issue Addressed: history/local history/colonial life/spinning/knitting/making clothes/dollmaking/military

maneuvers

Hosts: Caron Nelson – Denison Advocate

Alys Roote – Denison Advocate Katie Kearney – Reenactor

Matthew Lyons – Living History Reenactor Jeffrey Smith – Living History Reenactor

Irene Moran - Denison Advocate

Born in Windham, Connecticut, Nathan Denison was one of the first forty shareholders in the Susquehanna Company to settle five new towns or townships in the Wyoming Valley in February of 1769. Denison became a popular leader of the pioneer settlers from Connecticut. As colonel of the local militia, Denison distinguished himself in the ill-fated Battle of Wyoming and negotiated the resultant surrender of Forty Fort to the British. Forty Fort was named for the 40 settlers that originally came to this area from Connecticut. In 1790, Nathan Denison built his house on the western bank of Abrams Creek in then Kingston Township. Its located at 35 Denison Street, Forty Fort, Pennsylvania. He lived here until his death in 1809. We get to meet some advocates who are committed to being a part of living history. Living history is showing the way of life of our ancestors and colonists. They hopes to keep that life alive and educate others so they can learn how daily life was. Today Caron shows us in details how the box loom works, that there were no zippers or elastic back then, and how she manipulates the yarn to make clothes. Alys shows us the jack loom and how that works and more about the fabric. Katie shows us more about the spindle and how important that was to making the clothes. Matt & Jeff who are dressed as soldiers of the 24th Connecticut Militia Regiment tell us about how life for a soldier in 1777. They recount about soldiers joining General Washington on his way to NJ and the many battles fought there as well as the famous Battle of Wyoming which is so important to our history. Irene shows us the colonial dolls that she makes and shares with the townspeople. They are made exactly how dolls and cornhusk dolls were made back in Colonial times.

Program: destinatIONs Episode: Roundtable 4

Airdate: Tuesday, October 18, 2016 6:30am

Topic/Title: Wyoming Valley Civil War Roundtable Part 4

Duration: 30 Minutes Style/Type: Discussion

Source: Tobias Productions

Issue Addressed: history/local history/Civil War/War/patriotism

Hosts: Pete Austin- Charter Member, Wyoming Valley Civil War Roundtable

Ed Brewer – Founder, Wyoming Valley Civil War Roundtable

James M. Faber- Civil War Historian & Author

The Wyoming Valley Civil War Roundtable is a club that meets once a month at the Dallas Legion. They meet every month except January and February. All community members are welcome to join in the discussion. The club has grown from its speakers involved. Its in is 20<sup>th</sup> year now. There are 72 members now but started with only 3 or 4. They get together to learn, learn history, and bring knowledge about the war and that time in history. A great way to share ideas and see what people can bring to the discussion. Today we continue our presentation from James M. Faber who is a civil engineer and resides in California. He became interested the Civil War after a trip to Gettysburg in 1975. He became fascinated with learning more. He decided to do something special for the 150<sup>th</sup> anniversary of the battle and wrote the book "Invaders In Our Town". He talks to us about how the town of Gettysburg was affected and how the people were affected before during and after the battle. It was 3 days of a brutal, bloody battle and our country was never the same. We get an overview of the 3 day battle with a powerpoint presentation with maps and locations. Today we discuss more of the battles, attacks and geography and a more indepth look at his characters in the book, some actual and some fictional. Questions from the audience are taken. For more info call 570-639-1283 or email WVCWRT@gmail.com

Program: Northeast Current Episode: West/Flipping/Politics

Air Date: Thursday, October 20, 2016 6:00am

Topic/Title: West Players/Flipping Houses/Politics Education

Duration: 30 minutes
Style/Type: Interview Format
Source: WQPX-TV

Issue(s) Addressed: community events/kids events/local theater/literature/flipping homes/entrepreneurs/setting

goals/political race/kids & politics

Hosts: Jason Miller Guests: Kaeli Martinelli

Diana Gonzalez Ian Schmidt Alexis Smith Lauren Gilbert

Than Merrill- Former NFL, CEO & Founder, Fortune Builders Dr. Randy Roberts – History Professor, Purdue University

Stacey Skelly- Parenting Expert

The West Players are hosting their 5th annual Haunted Hallways!!! This year's theme is sinister scenes from literature. Alice in Wonderland...10 Little Indians...Hansel & Gretel...seemingly harmless stories until you dig much deeper!!! A tour guide will take you through 2 levels of shocking scenes. Each one more intriguing and frightening than the next. A truly great experience for you as you get to interact with the actors! Only \$7 for students and \$10 for adults. So affordable compared to the haunted hayrides in our local area! This student-run event will help to raise funds for West Scranton's upcoming large theatrical productions. This Saturday and Sunday Oct 22 & 23 from 6-10pm at West Scranton High School. Children under 8 not advised to enter.

Admit it, you've watched the plethora of house flipping show marathons and thought "I could do that!" It seems so easy: find a fixer-upper, do some fun projects, maybe hire a contractor and sell it for a huge profit! You might even think "I can do this and quit my day job!" But is it really that easy? Joining us via satellite from San Diego this morning to talk about the essential questions we should be asking before buying that first 'flip' house is CEO and founder of FortuneBuilders, former NFL player, television host AND author, Than Merrill. Than has bought and sold hundreds of properties nationwide and now wants to educate others about taking that first step in the real estate game. www.thanmerrill.com

Politics may not be a dinner time discussion with your kids, but parents can play a big role in raising the next generation of voters. Most adults are watching this unusual presidential race closely this season. While negative ads, conflicting pundit commentary and fluctuating polls are nothing new to politics, this may be the first time your child has been exposed to it or the first time they are paying attention. Author and civics expert Dr. Randy Roberts, history professor at Purdue University, and parenting expert Stacy Skelly join us via satellite from Washington DC to discuss tips on talking to your kids about politics. <a href="https://www.parenttoolkit.com">www.parenttoolkit.com</a>

Program: Pet's Best Friend Episode: Pets –October 2016

Air Date: Thursday, October 20, 2016 6:30am Topic/Title: Pets Best Friend – October 2016

Duration: 30 minutes
Style/Type: Interview Format
Source: Samson Productions

Issue(s) Addressed: international affairs/diplomacy/charitable work/pets/pet care

Hosts: Sam Lesante

Guests: I.H.Kathio, DVM – Veterinarian/Pakistan Consulate

Lou Barletta, U.S. Congressman PA-11

Dr. I.H. Kathio is a veterinarian that dedicates his life to helping people with their pets and traveling to underdeveloped countries such as Israel, Pakistan and Mexico to do charity work with their animals. He is a consultant to the United Nations and tries to bring American technology to these countries to help the animals. He's a great asset to northeastern PA and to our country. With his new position he's able to open the lines of communication and connect our senates. Pakistan is a great tool to help with foreign affairs and security threats. Today he and Congressman Lou Barletta discuss his mark in Congress and our progress. The U.S. has given Pakistan eight F-16 fighter jets which are much needed to help with air strikes against terrorist attacks. Our goal is to have a coalition of countries to fight terrorism. We want to help other countries to help us. We have a common enemy and they won't stop until they wipe out any race/religion that doesn't agree with their beliefs. We need our allies to fight the war on terror. Dr. Kathio is dedicated to educating us on how to prolong our pets life. He's got some footage of some recent patients of his including a cat with blindness and neuromuscular issues from the wrong flea treatment, a dog with a third eyelid and a cat with loss of muscle mass and body fat from a blood parasite. <a href="https://www.kathio.com">www.kathio.com</a> 570-821-9390 Wilkes Barre Animal Clinic 570-655-2412 Pittston Animal Hospital

Program: destinatIONs Episode: Wysocki 1

John Mendola - Camp Event Organizer

Airdate: Tuesday, October 25, 2016 6:00am

Topic/Title: Wysocki Camp Part 1

Duration: 30 Minutes
Style/Type: Training Camp
Source: Tobias Productions

Hosts:

Issue Addressed: local history/achieving goals/overcoming obstacles/football/high school football/athletics

Guests: Mark Ross – Misericordia University Coach Rich Mannello – Dallas High School Coach Lon Hazlet – Northwest Area Football Coach

Dave Pacella- Charlie's Team Mate, University of Maryland

The Charlie D. Wysocki Football Camp is a fun, free event to educate local youth athletes on football, training, and life. Charles D. Wysocki is a graduate of Elmer Meyers High School in Wilkes-Barre, class of 1978. Wysocki, who suffers from bipolar disorder and mental illness, addressed the campers at Wyoming Seminary Nesbitt Stadium in Kingston PA. This first-ever camp is a dream come true for Charlie. Stations were set up to go through offensive and defensive line drills, linebacker drills as well as drills for defensive backs. Assisting with the defensive backs was former Nanticoke Area and Penn State standout Harry Hamilton, who went on to play in the NFL. Local high school coaches from Northeastern Pennsylvania will be on hand to guide students through a series of position specific drills and skills that will educate participants on how to increase their quality of play for the upcoming season. 100 athletes from about 20 schools participated to learn and grow. Charlie continues to overcome bipolar disorder. Over the last four years, he has not had one hospitalization. He is taking his medication, getting counseling and doing what he has to do to take care of himself. He has come so far and is doing so well. With a little help from his friends, former Meyers football standout Charlie Wysocki is giving back to the youth of his community. The inaugural Wysocki football camp brought together students and coaches from around the area, as well as a few of Wysocki's closest friends. It helped build many new relationships. Today we get to see the drills and get some comments from the area coaches as well as a great pep talk from Dave Pacella about how to reach your goals and become a great football player, father and community member.

Program: destinatIONs Episode: Colonial 1

Airdate: Tuesday, October 25, 2016 6:30am

Topic/Title: Colonial Spinners Part 1

Duration: 30 Minutes
Style/Type: Walking Tour
Source: Tobias Productions

Issue Addressed: history/colonial life/spinning/knitting/making clothes/dollmaking/military

maneuvers

Hosts: Caron Nelson – Denison Advocate

Alys Roote – Denison Advocate Katie Kearney – Reenactor

Matthew Lyons – Living History Reenactor Jeffrey Smith – Living History Reenactor

Irene Moran - Denison Advocate

Born in Windham, Connecticut, Nathan Denison was one of the first forty shareholders in the Susquehanna Company to settle five new towns or townships in the Wyoming Valley in February of 1769. Denison became a popular leader of the pioneer settlers from Connecticut. As colonel of the local militia, Denison distinguished himself in the ill-fated Battle of Wyoming and negotiated the resultant surrender of Forty Fort to the British. Forty Fort was named for the 40 settlers that originally came to this area from Connecticut. In 1790, Nathan Denison built his house on the western bank of Abrams Creek in then Kingston Township. Its located at 35 Denison Street, Forty Fort, Pennsylvania. He lived here until his death in 1809. We get to meet some advocates who are committed to being a part of living history. Living history is showing the way of life of our ancestors and colonists. They hopes to keep that life alive and educate others so they can learn how daily life was. Today Caron shows us in details how the box loom works, that there were no zippers or elastic back then, and how she manipulates the yarn to make clothes. Alys shows us the jack loom and how that works and more about the fabric. Katie shows us more about the spindle and how important that was to making the clothes. Matt & Jeff who are dressed as soldiers of the 24th Connecticut Militia Regiment tell us about how life for a soldier in 1777. They recount about soldiers joining General Washington on his way to NJ and the many battles fought there as well as the famous Battle of Wyoming which is so important to our history. Irene shows us the colonial dolls that she makes and shares with the townspeople. They are made exactly how dolls and cornhusk dolls were made back in Colonial times.

Program: Northeast Current Episode: Mental/Politics

Air Date: Thursday, October 27, 2016 6:00am

Topic/Title: Nat. Alliance on Mental Illness/Politics Education

Duration: 30 minutes
Style/Type: Interview Format

Source: WQPX-TV

Issue(s) Addressed: mental illness/health care/mental health/charitable event/political race/kids & politics

Hosts: Tammy Saunders

Jason Miller

Guests: Marie Onukiavage – Ex. Directory, Nat Alliance for Mental Illness Scranton

Dr. Randy Roberts - History Professor, Purdue University

Stacey Skelly- Parenting Expert

The National Alliance on Mental Illness, the nation's largest grassroots mental health organization is dedicated to building better lives for the millions of Americans affected by mental illness. Today we meet the executive director for the local affiliate. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raise awareness and build a community for those in need. It started over 35 years ago around a kitchen table in Wisconsin when a group of mothers would get together to share stories, offer advice and give support. They were tired of being turned away and declined help or acceptance. We now have NAMI organizations all over the country. They offer support meetings twice a month, hold classes to help educate, serve as a resource for the community. They give us some information on the "Its Ok To Talk About It" initiative and their 6th annual "Evening of Hope" to raise funds and to raise awareness. Please come out and support the event on November 3rd at the DeNaples Center at the University of Scranton. Please visit the website or call for further info. 570-342-1047 www.namipascranton.org

Politics may not be a dinner time discussion with your kids, but parents can play a big role in raising the next generation of voters. Most adults are watching this unusual presidential race closely this season. While negative ads, conflicting pundit commentary and fluctuating polls are nothing new to politics, this may be the first time your child has been exposed to it or the first time they are paying attention. Author and civics expert Dr. Randy Roberts, history professor at Purdue University, and parenting expert Stacy Skelly join us via satellite from Washington DC to discuss tips on talking to your kids about politics. <a href="https://www.parenttoolkit.com">www.parenttoolkit.com</a>

Program: Northeast Current Episode: West/Flipping/Politics

Air Date: Thursday, October 27, 2016 6:30am

Topic/Title: West Players/Flipping Houses/Politics Education

Duration: 30 minutes
Style/Type: Interview Format

Source: WQPX-TV

Issue(s) Addressed: community events/kids events/local theater/literature/flipping homes/entrepreneurs/setting

goals/political race/kids & politics

Hosts: Jason Miller
Guests: Kaeli Martinelli
Diana Gonzalez
Ian Schmidt

Ian Schmidt Alexis Smith Lauren Gilbert

Than Merrill- Former NFL, CEO & Founder, Fortune Builders Dr. Randy Roberts – History Professor, Purdue University

Stacey Skelly- Parenting Expert

The West Players are hosting their 5th annual Haunted Hallways!!! This year's theme is sinister scenes from literature. Alice in Wonderland...10 Little Indians...Hansel & Gretel...seemingly harmless stories until you dig much deeper!!! A tour guide will take you through 2 levels of shocking scenes. Each one more intriguing and frightening than the next. A truly great experience for you as you get to interact with the actors! Only \$7 for students and \$10 for adults. So affordable compared to the haunted hayrides in our local area! This student-run event will help to raise funds for West Scranton's upcoming large theatrical productions. This Saturday and Sunday Oct 22 & 23 from 6-10pm at West Scranton High School. Children under 8 not advised to enter.

Admit it, you've watched the plethora of house flipping show marathons and thought "I could do that!" It seems so easy: find a fixer-upper, do some fun projects, maybe hire a contractor and sell it for a huge profit! You might even think "I can do this and quit my day job!" But is it really that easy? Joining us via satellite from San Diego this morning to talk about the essential questions we should be asking before buying that first 'flip' house is CEO and founder of FortuneBuilders, former NFL player, television host AND author, Than Merrill. Than has bought and sold hundreds of properties nationwide and now wants to educate others about taking that first step in the real estate game. <a href="https://www.thanmerrill.com">www.thanmerrill.com</a>

Politics may not be a dinner time discussion with your kids, but parents can play a big role in raising the next generation of voters. Most adults are watching this unusual presidential race closely this season. While negative ads, conflicting pundit commentary and fluctuating polls are nothing new to politics, this may be the first time your child has been exposed to it or the first time they are paying attention. Author and civics expert Dr. Randy Roberts, history professor at Purdue University, and parenting expert Stacy Skelly join us via satellite from Washington DC to discuss tips on talking to your kids about politics. <a href="https://www.parenttoolkit.com">www.parenttoolkit.com</a>

Program: destinatIONs Episode: Wysocki 2

Airdate: Tuesday, November 1, 2016 6:00am

Topic/Title: Wysocki Camp Part 2

Duration: 30 Minutes
Style/Type: Training Camp
Source: Tobias Productions

Issue Addressed: local history/achieving goals/overcoming obstacles/football/high school football/athletics

Hosts: John Mendola – Camp Event Organizer
Guests: Charles D. Wysocki – University of Maryland

Dave Pacella- Charlie's Team Mate, University of Maryland Dr. Mark Sobel – Charlie's Team Mate, University of Maryland

The Charlie D. Wysocki Football Camp is a fun, free event to educate local youth athletes on football, training, and life. Charles D. Wysocki is a graduate of Elmer Meyers High School in Wilkes-Barre, class of 1978. Wysocki, who suffers from bipolar disorder and mental illness, addressed the campers at Wyoming Seminary Nesbitt Stadium in Kingston PA. This first-ever camp is a dream come true for Charlie. Stations were set up to go through offensive and defensive line drills, linebacker drills as well as drills for defensive backs. Assisting with the defensive backs was former Nanticoke Area and Penn State standout Harry Hamilton, who went on to play in the NFL. Local high school coaches from Northeastern Pennsylvania will be on hand to guide students through a series of position specific drills and skills that will educate participants on how to increase their quality of play for the upcoming season. 100 athletes from about 20 schools participated to learn and grow. Charlie continues to overcome bipolar disorder. Over the last four years, he has not had one hospitalization. He is taking his medication, getting counseling and doing what he has to do to take care of himself. He has come so far and is doing so well. With a little help from his friends, former Meyers football standout Charlie Wysocki is giving back to the youth of his community. The inaugural Wysocki football camp brought together students and coaches from around the area, as well as a few of Wysocki's closest friends. It helped build many new relationships. Today we see some of the warmups and get a wrap up by Wysocki's team mates and what he has mean to the University of Maryland. We get a pep talk by Dr. Mark Sobel and his start at the University of Maryland. They stress how one can overcome adversity and have a positive impact on their community with hard work and dedication. Wysocki's story is an inspirational one and today they celebrated his dream come true. We get some final words by Charlie Wysocki himself thanking all who contributed to this day and his progress with his mental illness.

Program: destinatIONs Episode: Wysocki 1

Airdate: Tuesday, November 1, 2016 6:30am

Topic/Title: Wysocki Camp Part 1

Duration: 30 Minutes
Style/Type: Training Camp
Source: Tobias Productions

Issue Addressed: local history/achieving goals/overcoming obstacles/football/high school football/athletics

Hosts: John Mendola – Camp Event Organizer
Guests: Mark Ross – Misericordia University Coach
Rich Mannello – Dallas High School Coach

Lon Hazlet – Northwest Area Football Coach

Dave Pacella- Charlie's Team Mate, University of Maryland

The Charlie D. Wysocki Football Camp is a fun, free event to educate local youth athletes on football, training, and life. Charles D. Wysocki is a graduate of Elmer Meyers High School in Wilkes-Barre, class of 1978. Wysocki, who suffers from bipolar disorder and mental illness, addressed the campers at Wyoming Seminary Nesbitt Stadium in Kingston PA. This first-ever camp is a dream come true for Charlie. Stations were set up to go through offensive and defensive line drills, linebacker drills as well as drills for defensive backs. Assisting with the defensive backs was former Nanticoke Area and Penn State standout Harry Hamilton, who went on to play in the NFL. Local high school coaches from Northeastern Pennsylvania will be on hand to guide students through a series of position specific drills and skills that will educate participants on how to increase their quality of play for the upcoming season. 100 athletes from about 20 schools participated to learn and grow. Charlie continues to overcome bipolar disorder. Over the last four years, he has not had one hospitalization. He is taking his medication, getting counseling and doing what he has to do to take care of himself. He has come so far and is doing so well. With a little help from his friends, former Meyers football standout Charlie Wysocki is giving back to the youth of his community. The inaugural Wysocki football camp brought together students and coaches from around the area, as well as a few of Wysocki's closest friends. It helped build many new relationships. Today we get to see the drills and get some comments from the area coaches as well as a great pep talk from Dave Pacella about how to reach your goals and become a great football player, father and community member.

Program: Northeast Current Episode: Teen Driver 1

Air Date: Thursday, November 3, 2016 6:00am

Topic/Title: Teen Driver Safety Week Part 1

Duration: 30 minutes
Style/Type: Panel Discussion
Source: WQPX-TV

Issue(s) Addressed: teen driving/texting and driving/driving safety/car accidents

Hosts: Stacey Lange-Moderator

Guests: Debbie Clark- Geisinger Community Medical Center

Felicity Erni- PA DUI Association

Chief Carl Graziano - Scranton Police Department

Jack Henzes – Jack Henzes Driving School

Eileen Miller - Road Safety Advocate

Tim Rowland - Lackawanna County Coroner

Shane Scanlon – Lackawanna County District Attorney

October 16 – 22 is National Teen Driver Safety Week. The Pennsylvania Department of transportation has partnered with other community organizations to get the word out to students about driving safety. Motor vehicle crashes are the leading cause of death for 15- to 19- year olds in the United States. A panel discussion was held at the People's Security Bank Theater at Lackawanna College in Scranton. Students from all over were invited with their parents to learn more about the consequences of their actions while driving. We discuss drinking and driving, texting and driving, distracted driving and seatbelt safety. During the panel we learn many disturbing facts such as 94% of car accidents occur due to human error and when you take your eyes off the road for 2 seconds your car travels the length of a football field. They take questions from the students and their parents. No text, no email, no tweet, no snapchat is worth the life you could take.

Program: Northeast Current Episode: Mental/Politics

Air Date: Thursday, November 3, 2016 6:30am Topic/Title: Nat. Alliance on Mental Illness/Politics Education

Duration: 30 minutes
Style/Type: Interview Format
Source: WQPX-TV

Issue(s) Addressed: mental illness/health care/mental health/charitable event/political race/kids & politics

Hosts: Tammy Saunders

Jason Miller

Guests: Marie Onukiavage – Ex. Directory, Nat Alliance for Mental Illness Scranton

Dr. Randy Roberts – History Professor, Purdue University

Stacey Skelly- Parenting Expert

The National Alliance on Mental Illness, the nation's largest grassroots mental health organization is dedicated to building better lives for the millions of Americans affected by mental illness. Today we meet the executive director for the local affiliate. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raise awareness and build a community for those in need. It started over 35 years ago around a kitchen table in Wisconsin when a group of mothers would get together to share stories, offer advice and give support. They were tired of being turned away and declined help or acceptance. We now have NAMI organizations all over the country. They offer support meetings twice a month, hold classes to help educate, serve as a resource for the community. They give us some information on the "Its Ok To Talk About It" initiative and their 6<sup>th</sup> annual "Evening of Hope" to raise funds and to raise awareness. Please come out and support the event on November 3<sup>rd</sup> at the DeNaples Center at the University of Scranton. Please visit the website or call for further info. 570-342-1047 <a href="https://www.namipascranton.org">www.namipascranton.org</a>

Politics may not be a dinner time discussion with your kids, but parents can play a big role in raising the next generation of voters. Most adults are watching this unusual presidential race closely this season. While negative ads, conflicting pundit commentary and fluctuating polls are nothing new to politics, this may be the first time your child has been exposed to it or the first time they are paying attention. Author and civics expert Dr. Randy Roberts, history professor at Purdue University, and parenting expert Stacy Skelly join us via satellite from Washington DC to discuss tips on talking to your kids about politics. <a href="https://www.parenttoolkit.com">www.parenttoolkit.com</a>

Program: destinatIONs Episode: Wysocki 3

Airdate: Tuesday, November 8, 2016 6:00am

Topic/Title: Wysocki Camp Part 3

Duration: 30 Minutes
Style/Type: Training Camp
Source: Tobias Productions

Issue Addressed: local history/achieving goals/overcoming obstacles/football/high school football/athletics

Hosts: John Mendola – Camp Event Organizer

Guests: Harry Hamilton- Charlie's Team Mate, Former NFL Player

Rich Mannello - Dallas High School Coach

The Charlie D. Wysocki Football Camp is a fun, free event to educate local youth athletes on football, training, and life. Charles D. Wysocki is a graduate of Elmer Meyers High School in Wilkes-Barre, class of 1978. Wysocki, who suffers from bipolar disorder and mental illness, addressed the campers at Wyoming Seminary Nesbitt Stadium in Kingston PA. This first-ever camp is a dream come true for Charlie. Stations were set up to go through offensive and defensive line drills, linebacker drills as well as drills for defensive backs. Assisting with the defensive backs was former Nanticoke Area and Penn State standout Harry Hamilton, who went on to play in the NFL. Local high school coaches from Northeastern Pennsylvania will be on hand to guide students through a series of position specific drills and skills that will educate participants on how to increase their quality of play for the upcoming season. 100 athletes from about 20 schools participated to learn and grow. Charlie continues to overcome bipolar disorder. Over the last four years, he has not had one hospitalization. He is taking his medication, getting counseling and doing what he has to do to take care of himself. He has come so far and is doing so well. With a little help from his friends, former Meyers football standout Charlie Wysocki is giving back to the youth of his community. The inaugural Wysocki football camp brought together students and coaches from around the area, as well as a few of Wysocki's closest friends. It helped build many new relationships. Today we see the kids going through various football drills. We also get to talk to Harry Hamilton who traveled far to come to Kingston to teach the kids. He reiterates that its all about the kids and he hopes they take to heart what Charlie, the coach and the doctor have talked about today. Harry talks about what the sport can bring out in people, how communities come together and how to overcome obstacles in life. At the end Rich Mannello gives the kids a pep talk about how to really pursue the game and achieve your goals and a big "thanks" to John Mendola for putting the camp together, a task which normally would take 5 years to achieve.

Program: destinatIONs Episode: Wysocki 2

Airdate: Tuesday, November 8, 2016 6:30am

Topic/Title: Wysocki Camp Part 2

Duration: 30 Minutes
Style/Type: Training Camp
Source: Tobias Productions

Issue Addressed: local history/achieving goals/overcoming obstacles/football/high school football/athletics

Hosts: John Mendola – Camp Event Organizer
Guests: Charles D. Wysocki – University of Maryland

Dave Pacella- Charlie's Team Mate, University of Maryland Dr. Mark Sobel – Charlie's Team Mate, University of Maryland

The Charlie D. Wysocki Football Camp is a fun, free event to educate local youth athletes on football, training, and life. Charles D. Wysocki is a graduate of Elmer Meyers High School in Wilkes-Barre, class of 1978. Wysocki, who suffers from bipolar disorder and mental illness, addressed the campers at Wyoming Seminary Nesbitt Stadium in Kingston PA. This first-ever camp is a dream come true for Charlie. Stations were set up to go through offensive and defensive line drills, linebacker drills as well as drills for defensive backs. Assisting with the defensive backs was former Nanticoke Area and Penn State standout Harry Hamilton, who went on to play in the NFL. Local high school coaches from Northeastern Pennsylvania will be on hand to guide students through a series of position specific drills and skills that will educate participants on how to increase their quality of play for the upcoming season. 100 athletes from about 20 schools participated to learn and grow. Charlie continues to overcome bipolar disorder. Over the last four years, he has not had one hospitalization. He is taking his medication, getting counseling and doing what he has to do to take care of himself. He has come so far and is doing so well. With a little help from his friends, former Meyers football standout Charlie Wysocki is giving back to the youth of his community. The inaugural Wysocki football camp brought together students and coaches from around the area, as well as a few of Wysocki's closest friends. It helped build many new relationships. Today we see some of the warmups and get a wrap up by Wysocki's team mates and what he has mean to the University of Maryland. We get a pep talk by Dr. Mark Sobel and his start at the University of Maryland. They stress how one can overcome adversity and have a positive impact on their community with hard work and dedication. Wysocki's story is an inspirational one and today they celebrated his dream come true. We get some final words by Charlie Wysocki himself thanking all who contributed to this day and his progress with his mental illness.

Program: Northeast Current Episode: Teen Driver 2/Crow

Air Date: Thursday, November 10, 2016 6:00am Topic/Title: Teen Driver Safety Week Part 2/Sheryl Crow

Duration: 30 minutes Style/Type: Panel Discussion

Source: WQPX-TV

Issue(s) Addressed: teen driving/texting and driving/driving safety/car accidents/breast cancer/cancer

screenings

Hosts: Mike Taluto

Jason Miller

Guests: Debbie Clark- Geisinger Community Medical Center

Felicity Erni- PA DUI Association

Chief Carl Graziano – Scranton Police Department

Jack Henzes - Jack Henzes Driving School

Eileen Miller - Road Safety Advocate

Tim Rowland – Lackawanna County Coroner

Shane Scanlon – Lackawanna County District Attorney

Sheryl Crow - Breast Cancer Survivor

Dr. Linda Greer- Radiologist

October 16 – 22 is National Teen Driver Safety Week. The Pennsylvania Department of transportation has partnered with other community organizations to get the word out to students about driving safety. Motor vehicle crashes are the leading cause of death for 15- to 19- year olds in the United States. A panel discussion was held at the People's Security Bank Theater at Lackawanna College in Scranton. Students from all over were invited with their parents to learn more about the consequences of their actions while driving. We discuss drinking and driving, texting and driving, distracted driving and seatbelt safety. During the panel we learn many disturbing facts such as 94% of car accidents occur due to human error and when you take your eyes off the road for 2 seconds your car travels the length of a football field. They take questions from the students and their parents. No text, no email, no tweet, no snapchat is worth the life you could take.

Sheryl Crow is a nine-time Grammy Award winner who has sold more than 50 million albums around the world. She is best known for hit singles like "All I Wanna Do", "If It Makes You Happy", and "Soak Up the Sun". Crow was diagnosed with breast cancer in 2006 and is now cancer-free and marking ten years since her diagnosis. October was Breast Cancer Awareness Month and she wants women everywhere to know that early detection saves lives – it saved hers. Women need to be their own advocates and seek out more accurate screening technology. She's joined by Dr. Linda Greer, who will discuss the advancements in early detection screening technologies including the Genius 3D exam. If breast cancer is found early, the five-year survival rate is nearly 100%! <a href="www.genius3Dnearme.com">www.genius3Dnearme.com</a>

Program: Northeast Current Episode: Teen Driver 1

Air Date: Thursday, November 10, 2016 6:30am

Topic/Title: Teen Driver Safety Week Part 1

Duration: 30 minutes
Style/Type: Panel Discussion

Source: WQPX-TV

Issue(s) Addressed: teen driving/texting and driving/driving safety/car accidents

Hosts: Stacey Lange-Moderator

Guests: Debbie Clark- Geisinger Community Medical Center

Felicity Erni- PA DUI Association

Chief Carl Graziano – Scranton Police Department

Jack Henzes – Jack Henzes Driving School

Eileen Miller - Road Safety Advocate

Tim Rowland – Lackawanna County Coroner

Shane Scanlon – Lackawanna County District Attorney

October 16 – 22 is National Teen Driver Safety Week. The Pennsylvania Department of transportation has partnered with other community organizations to get the word out to students about driving safety. Motor vehicle crashes are the leading cause of death for 15- to 19- year olds in the United States. A panel discussion was held at the People's Security Bank Theater at Lackawanna College in Scranton. Students from all over were invited with their parents to learn more about the consequences of their actions while driving. We discuss drinking and driving, texting and driving, distracted driving and seatbelt safety. During the panel we learn many disturbing facts such as 94% of car accidents occur due to human error and when you take your eyes off the road for 2 seconds your car travels the length of a football field. They take questions from the students and their parents. No text, no email, no tweet, no snapchat is worth the life you could take.

Program: destinatIONs Episode: Blog 1

Airdate: Tuesday, November 15, 2016 6:00am

Topic/Title: Blog Con Part 1
Duration: 30 Minutes
Style/Type: Seminar

Source: Tobias Productions

Issue Addressed: blogging/reaching goals/writing/social media

Hosts: Kelly Frey –Public Relations Assistant, Penn State Worthington Guests: K. April Holgate- Actress, Blogger, Photographer, Book Reviewer

NEPA Blog Con 2016 is a blogging and social media conference. Everyone is welcome to join in to find out new ways to blog, new trends in blogging and strategies to improve blogging techniques. NEPA Blog Con is an annual, day-long conference that's so much more than your average "Hey, let's talk about blogging," event. Its great if you're looking to learn the REAL scoop behind what makes the blogosphere the place to be nowadays. Besides offering a chance to network with fellow post slingers, NEPA Blog Con will include panels and sessions related to blogging, social media, marketing, Internet culture, creativity, technology, and more. There's no other resource like it in Northeastern Pennsylvania. Don't worry if you're not a blogger – NEPA Blog Con is an event that draws students, educators, coaches, marketing pros, small business owners, non-profit multitaskers, creative types, and anyone else that's interested in learning more about how to communicate more effectively online and make the most of the latest technology tools. People come from all over, as far as Texas, to this event. Today we hear from K. April Holgate who fills us in on how to get freebies for your blog to review and giveaway. <a href="https://www.nepablogcon.com">www.nepablogcon.com</a>

Program: destinatIONs Episode: Wysocki 3

Airdate: Tuesday, November 15, 2016 6:30am

Topic/Title: Wysocki Camp Part 3

Duration: 30 Minutes
Style/Type: Training Camp
Source: Tobias Productions

Issue Addressed: local history/achieving goals/overcoming obstacles/football/high school football/athletics

Hosts: John Mendola – Camp Event Organizer

Guests: Harry Hamilton- Charlie's Team Mate, Former NFL Player

Rich Mannello - Dallas High School Coach

The Charlie D. Wysocki Football Camp is a fun, free event to educate local youth athletes on football, training, and life. Charles D. Wysocki is a graduate of Elmer Meyers High School in Wilkes-Barre, class of 1978. Wysocki, who suffers from bipolar disorder and mental illness, addressed the campers at Wyoming Seminary Nesbitt Stadium in Kingston PA. This first-ever camp is a dream come true for Charlie. Stations were set up to go through offensive and defensive line drills, linebacker drills as well as drills for defensive backs. Assisting with the defensive backs was former Nanticoke Area and Penn State standout Harry Hamilton, who went on to play in the NFL. Local high school coaches from Northeastern Pennsylvania will be on hand to guide students through a series of position specific drills and skills that will educate participants on how to increase their quality of play for the upcoming season. 100 athletes from about 20 schools participated to learn and grow. Charlie continues to overcome bipolar disorder. Over the last four years, he has not had one hospitalization. He is taking his medication, getting counseling and doing what he has to do to take care of himself. He has come so far and is doing so well. With a little help from his friends, former Meyers football standout Charlie Wysocki is giving back to the youth of his community. The inaugural Wysocki football camp brought together students and coaches from around the area, as well as a few of Wysocki's closest friends. It helped build many new relationships. Today we see the kids going through various football drills. We also get to talk to Harry Hamilton who traveled far to come to Kingston to teach the kids. He reiterates that its all about the kids and he hopes they take to heart what Charlie, the coach and the doctor have talked about today. Harry talks about what the sport can bring out in people, how communities come together and how to overcome obstacles in life. At the end Rich Mannello gives the kids a pep talk about how to really pursue the game and achieve your goals and a big "thanks" to John Mendola for putting the camp together, a task which normally would take 5 years to achieve.

Program: Northeast Current Episode: Eco/Colds

Air Date: Thursday, November 17, 2016 6:00am

Topic/Title: Eco Arts Living/Preventing Colds

Duration: 30 minutes
Style/Type: Interview Format
Source: WQPX-TV

Issue(s) Addressed: mindful living/meditation/goals/accomplishments/healthy living/healthy

lifestyle/stress/preventing colds

Hosts: Bernie Maopolski

Jason Miller

Guests: Tonyehn Verkitus – Owner/Life Coach, Eco Arts Living

Dr. Keri Peterson - American Medical Association

Many of you already know Tonyehn Verkitus as she's a very active member of our community. She is a holistic life coach focusing on the mind-body-spirit connection. We can't fix one part of the body without focusing on all three. Life coaches help you to break it down to achieve your goals, alleviate stress, and make life changes. She wants to dig down deeper. After some initial chatting about you and your life, some words may come out that give insight to underlying issues that are keeping you from achieving your goals. Tonyehn tells us about her journey, working in the non-profit world for many years, having a family and experiencing health set-backs. After asking herself what she wanted out of life and what changes she needed to make, she decided to help others lead their best life. Tonyehn has many other talents and loves to give workshops on other healthy lifestyle habits that include mindful movement through dance, essential oils and clean eating. Tune in to Northeast Current to meet Tonyehn and you will see why we love her energy and feel so comfortable chatting with her. www.ecoartsliving.com

The National Institute of Allergy and Infectious Diseases (NIAID) estimates in the course of one year, people in the United States suffer through as many as *one billion colds*. Meanwhile, anywhere from five to 20 percent of the U.S. population will get the flu. As we march toward the peak of this year's cold and flu season, the good news is there are steps you can take to stay healthy and ways to alleviate your symptoms if you do get sick. Renowned medical expert Dr. Keri Peterson will not only offer advice to help your family stay healthy, she'll also solve some cold and flu mysteries including: chicken soup, cool and warm mist humidifiers and when to keep a sick child home. <a href="https://www.vickshumidifiers.com">www.vickshumidifiers.com</a>

Program: Northeast Current Episode: Teen Driver 2/Crow

Air Date: Thursday, November 17, 2016 6:30am Topic/Title: Teen Driver Safety Week Part 2/Sheryl Crow

Duration: 30 minutes Style/Type: Panel Discussion

Source: WQPX-TV

Issue(s) Addressed: teen driving/texting and driving/driving safety/car accidents/breast cancer/cancer

screenings

Hosts: Mike Taluto

Jason Miller

Guests: Debbie Clark- Geisinger Community Medical Center

Felicity Erni- PA DUI Association

Chief Carl Graziano – Scranton Police Department

Jack Henzes - Jack Henzes Driving School

Eileen Miller - Road Safety Advocate

Tim Rowland – Lackawanna County Coroner

Shane Scanlon – Lackawanna County District Attorney

Sheryl Crow - Breast Cancer Survivor

Dr. Linda Greer- Radiologist

October 16 – 22 is National Teen Driver Safety Week. The Pennsylvania Department of transportation has partnered with other community organizations to get the word out to students about driving safety. Motor vehicle crashes are the leading cause of death for 15- to 19- year olds in the United States. A panel discussion was held at the People's Security Bank Theater at Lackawanna College in Scranton. Students from all over were invited with their parents to learn more about the consequences of their actions while driving. We discuss drinking and driving, texting and driving, distracted driving and seatbelt safety. During the panel we learn many disturbing facts such as 94% of car accidents occur due to human error and when you take your eyes off the road for 2 seconds your car travels the length of a football field. They take questions from the students and their parents. No text, no email, no tweet, no snapchat is worth the life you could take.

Sheryl Crow is a nine-time Grammy Award winner who has sold more than 50 million albums around the world. She is best known for hit singles like "All I Wanna Do", "If It Makes You Happy", and "Soak Up the Sun". Crow was diagnosed with breast cancer in 2006 and is now cancer-free and marking ten years since her diagnosis. October was Breast Cancer Awareness Month and she wants women everywhere to know that early detection saves lives – it saved hers. Women need to be their own advocates and seek out more accurate screening technology. She's joined by Dr. Linda Greer, who will discuss the advancements in early detection screening technologies including the Genius 3D exam. If breast cancer is found early, the five-year survival rate is nearly 100%! <a href="www.genius3Dnearme.com">www.genius3Dnearme.com</a>

Program: destinatIONs Episode: Shane 1

Airdate: Tuesday, November 22, 2016 6:00am

Topic/Title: Assembly with Shane Burcaw Part 1

Duration: 30 Minutes Style/Type: Seminar

Source: Tobias Productions

Issue Addressed: diversity/disabilities/anti-bullying/overcoming adversities

Hosts: Brian Pipech – Dir. Of People Services, Lake Lehman School District

Guests: Shane Burcaw – President, Laughing At My Nightmare

Sarah Yunusov - Friend & Business Partner

Shane Burcaw is a pretty famous 23 year old. He has a rare disease called Spinal Muscular Atrophy that will eventually be terminal. He's been in a wheelchair since the age of two. He decided to write a book poking fun at his own life and how his disabilities can be humorous at times. He's also been on national television and started a blog that half a million people all over the world read every day. He loves to laugh and feels his life can be pretty funny. He wants to promote the message that being positive can help you overcome life's problems. We all have a choice how we react to our obstacles. We can find the humor in it, as Shane has, or we can let it consume us to the point of paralyzing us. So Shane travels all over the U.S. going into schools and organizations to talk about his life, his journey and how he uses positive thinking and humor to deal with his hectic life and his disability. Today Shane, along with his caretaker Sarah, speak to the students at Ross Elementary School in Sweet Valley. info@laughingatmynightmare.com

Program: destinatIONs Episode: Blog 1

Airdate: Tuesday, November 22, 2016 6:30am

Topic/Title: Blog Con Part 1
Duration: 30 Minutes
Style/Type: Seminar

Source: Tobias Productions

Issue Addressed: blogging/reaching goals/writing/social media

Hosts: Kelly Frey –Public Relations Assistant, Penn State Worthington Guests: K. April Holgate- Actress, Blogger, Photographer, Book Reviewer

NEPA Blog Con 2016 is a blogging and social media conference. Everyone is welcome to join in to find out new ways to blog, new trends in blogging and strategies to improve blogging techniques. NEPA Blog Con is an annual, day-long conference that's so much more than your average "Hey, let's talk about blogging," event. Its great if you're looking to learn the REAL scoop behind what makes the blogosphere the place to be nowadays. Besides offering a chance to network with fellow post slingers, NEPA Blog Con will include panels and sessions related to blogging, social media, marketing, Internet culture, creativity, technology, and more. There's no other resource like it in Northeastern Pennsylvania. Don't worry if you're not a blogger — NEPA Blog Con is an event that draws students, educators, coaches, marketing pros, small business owners, non-profit multitaskers, creative types, and anyone else that's interested in learning more about how to communicate more effectively online and make the most of the latest technology tools. People come from all over, as far as Texas, to this event. Today we hear from K. April Holgate who fills us in on how to get freebies for your blog to review and giveaway. <a href="https://www.nepablogcon.com">www.nepablogcon.com</a>

Program: Northeast Current Episode: Organ/Valley/Colds/Crow

Air Date: Thursday, November 24, 2016 6:00am

Topic/Title: Organ & Tissue Donation/Mrs. Mid Valley/Cold Season/Sheryl Crow

Duration: 30 minutes
Style/Type: Interview Format

Source: WQPX-TV

Issue(s) Addressed: organ & tissue donation/achieving goals/breast cancer/cancer screenings/preventing colds

Hosts: Bernie Maopolski

Jason Miller

Guests: Sarah Marie Thomas – Mrs. Mid Valley International 2017

Dr. Keri Peterson - American Medical Association

Sheryl Crow – Breast Cancer Survivor

Dr. Linda Greer- Radiologist

Mrs. Mid Valley, Sarah Marie Thomas joins us on the set this week to share her platform of organ and tissue donation. She tells us all about the international pageant system and how it showcases the accomplishments of today's married woman. As an advocate for organ and tissue donations she decided to join the pageant to achieve her dream of making a difference and changing people's lives. Sarah is proud to be part of the Gift Of Life Donor program. Her younger brother received a kidney transplant at the age of 22. He's doing great now 3 years later. That journey taught her and the family many things about organ donation and they got very involved in helping others. In the next 5 years it is estimated that every person will be affected by organ and tissue donation in some way. In the U.S. 120,000 men, women and children are on a waiting list for a transplant. Most people think of organ donation when they are going for their driver's license but you can actually register anytime online. In PA approx. 46% of people are registered and Sarah's hope for the future is that many more will register and get that number up. It only takes a minute and you can change someone's life. She's decided to go for it as Mrs. PA International in 2017. We will be cheering her on for the state contest in March 2017! <a href="https://www.sarahmariethomas.com">www.sarahmariethomas.com</a> Facebook and Instagram: TheSarahMarieThomas

The National Institute of Allergy and Infectious Diseases (NIAID) estimates in the course of one year, people in the United States suffer through as many as *one billion colds*. Meanwhile, anywhere from five to 20 percent of the U.S. population will get the flu. As we march toward the peak of this year's cold and flu season, the good news is there are steps you can take to stay healthy and ways to alleviate your symptoms if you do get sick. Renowned medical expert Dr. Keri Peterson will not only offer advice to help your family stay healthy, she'll also solve some cold and flu mysteries including: chicken soup, cool and warm mist humidifiers and when to keep a sick child home. <a href="https://www.vickshumidifiers.com">www.vickshumidifiers.com</a>

Sheryl Crow is a nine-time Grammy Award winner who has sold more than 50 million albums around the world. She is best known for hit singles like "All I Wanna Do", "If It Makes You Happy", and "Soak Up the Sun". Crow was diagnosed with breast cancer in 2006 and is now cancer-free and marking ten years since her diagnosis. October was Breast Cancer Awareness Month and she wants women everywhere to know that early detection saves lives – it saved hers. Women need to be their own advocates and seek out more accurate screening technology. She's joined by Dr. Linda Greer, who will discuss the advancements in early detection screening technologies including the Genius 3D exam. If breast cancer is found early, the five-year survival rate is nearly 100%! www.genius3Dnearme.com

Program: Northeast Current Episode: Eco/Colds

Air Date: Thursday, November 24, 2016 6:30am

Topic/Title: Eco Arts Living/Preventing Colds

Duration: 30 minutes
Style/Type: Interview Format
Source: WQPX-TV

Issue(s) Addressed: mindful living/meditation/goals/accomplishments/healthy living/healthy

lifestyle/stress/preventing colds

Hosts: Bernie Maopolski

Jason Miller

Guests: Tonyehn Verkitus – Owner/Life Coach, Eco Arts Living

Dr. Keri Peterson - American Medical Association

Many of you already know Tonyehn Verkitus as she's a very active member of our community. She is a holistic life coach focusing on the mind-body-spirit connection. We can't fix one part of the body without focusing on all three. Life coaches help you to break it down to achieve your goals, alleviate stress, and make life changes. She wants to dig down deeper. After some initial chatting about you and your life, some words may come out that give insight to underlying issues that are keeping you from achieving your goals. Tonyehn tells us about her journey, working in the non-profit world for many years, having a family and experiencing health set-backs. After asking herself what she wanted out of life and what changes she needed to make, she decided to help others lead their best life. Tonyehn has many other talents and loves to give workshops on other healthy lifestyle habits that include mindful movement through dance, essential oils and clean eating. Tune in to Northeast Current to meet Tonyehn and you will see why we love her energy and feel so comfortable chatting with her. www.ecoartsliving.com

The National Institute of Allergy and Infectious Diseases (NIAID) estimates in the course of one year, people in the United States suffer through as many as *one billion colds*. Meanwhile, anywhere from five to 20 percent of the U.S. population will get the flu. As we march toward the peak of this year's cold and flu season, the good news is there are steps you can take to stay healthy and ways to alleviate your symptoms if you do get sick. Renowned medical expert Dr. Keri Peterson will not only offer advice to help your family stay healthy, she'll also solve some cold and flu mysteries including: chicken soup, cool and warm mist humidifiers and when to keep a sick child home, www.vickshumidifiers.com

Program: destinatIONs Episode: Shane 2

Airdate: Tuesday, November 29, 2016 6:00am

Topic/Title: Assembly with Shane Burcaw Part 2

Duration: 30 Minutes Style/Type: Seminar

Source: Tobias Productions

Issue Addressed: diversity/disabilities/anti-bullying/overcoming adversities

Hosts: Brian Pipech – Dir. Of People Services, Lake Lehman School District

Guests: Shane Burcaw – President, Laughing At My Nightmare

Sarah Yunusov – Friend & Business Partner

Shane Burcaw is a pretty famous 23 year old. He has a rare disease called Spinal Muscular Atrophy that will eventually be terminal. He's been in a wheelchair since the age of two. He decided to write a book poking fun at his own life and how his disabilities can be humorous at times. He's also been on national television and started a blog that half a million people all over the world read every day. He loves to laugh and feels his life can be pretty funny. He wants to promote the message that being positive can help you overcome life's problems. We all have a choice how we react to our obstacles. We can find the humor in it, as Shane has, or we can let it consume us to the point of paralyzing us. So Shane travels all over the U.S. going into schools and organizations to talk about his life, his journey and how he uses positive thinking and humor to deal with his hectic life and his disability. Today Shane, along with his caretaker Sarah, speak to the students at Ross Elementary School in Sweet Valley. info@laughingatmynightmare.com

Program: destinatIONs Episode: Shane 1

Airdate: Tuesday, November 29, 2016 6:30am

Topic/Title: Assembly with Shane Burcaw Part 1

Duration: 30 Minutes Style/Type: Seminar

Source: Tobias Productions

Issue Addressed: diversity/disabilities/anti-bullying/overcoming adversities

Hosts: Brian Pipech – Dir. Of People Services, Lake Lehman School District

Guests: Shane Burcaw – President, Laughing At My Nightmare

Sarah Yunusov – Friend & Business Partner

Shane Burcaw is a pretty famous 23 year old. He has a rare disease called Spinal Muscular Atrophy that will eventually be terminal. He's been in a wheelchair since the age of two. He decided to write a book poking fun at his own life and how his disabilities can be humorous at times. He's also been on national television and started a blog that half a million people all over the world read every day. He loves to laugh and feels his life can be pretty funny. He wants to promote the message that being positive can help you overcome life's problems. We all have a choice how we react to our obstacles. We can find the humor in it, as Shane has, or we can let it consume us to the point of paralyzing us. So Shane travels all over the U.S. going into schools and organizations to talk about his life, his journey and how he uses positive thinking and humor to deal with his hectic life and his disability. Today Shane, along with his caretaker Sarah, speak to the students at Ross Elementary School in Sweet Valley. info@laughingatmynightmare.com

Program: Northeast Current Episode: PennDot/SouthValley

Air Date: Thursday, December 1, 2016 6:00am Topic/Title: PennDot/South Valley Parkway Roundabouts

Duration: 30 minutes
Style/Type: Interview Format

Source: WQPX-TV

Issue(s) Addressed: road constructions/road safety/roundabouts/traffic

Hosts: James May – Regional Dir., Pennsylvania Dept of Transportation

Mike Taluto – Safety Press Officer, Pennsylvania Dept of Transportation

Guests: Chris Tomaszewski – Project Manager, South Valley Parkway Roundabouts

Chris Tomaszewski joins us on the site of one of the 6 new roundabouts happening in Luzerne County. The South Valley Parkway Roundabouts are under construction to help alleviate traffic going to Luzerne County Community College. PennDOT first investigated the feasibility of a roundabout. The goal of a roundabout is safety and will help increase capacity at intersections and keep traffic free-flowing. More and more roundabouts are being constructed throughout the state and there's been much discussion as to why. People are confused as to how they really are safer and how they differ from a "circle". The parkway will create a two-lane road between Hanover Township and Nanticoke, bypassing the residential Askam section of Hanover Township. The roadway will run from Middle Road and Kosciuszko Street in Nanticoke to South Main Road, just east of State Route 29, in Hanover Township. It will include six roundabouts, 5 of which are single lanes. Complaints about speeding and safety put the project on the state's transportation improvement plan. The changes will put three roundabouts on Middle Road and three on the new parkway. The new kind of intersections should improve safety, allow more vehicles to travel through the intersection at a time, slow down speeds and reduce crashes. Three of those roundabouts will be at already existing intersections at Espy Street and Middle Road, Prospect Street and Middle Road, and Kosciuszko Street and Middle Road. PennDOT will complete one of those each year to mitigate detours and traffic disruptions. The roundabouts will have crosswalks and islands for pedestrians crossing the street. www.pa.gov www.justdrivepa.com

Program: Northeast Current Episode: Organ/Valley/Colds/Crow

Air Date: Thursday, December 1, 2016 6:30am

Topic/Title: Organ & Tissue Donation/Mrs. Mid Valley/Cold Season/Sheryl Crow

Duration: 30 minutes
Style/Type: Interview Format

Source: WQPX-TV

Issue(s) Addressed: organ & tissue donation/achieving goals/breast cancer/cancer screenings/preventing colds

Hosts: Bernie Maopolski

Jason Miller

Guests: Sarah Marie Thomas – Mrs. Mid Valley International 2017

Dr. Keri Peterson – American Medical Association

Sheryl Crow – Breast Cancer Survivor

Dr. Linda Greer- Radiologist

Mrs. Mid Valley, Sarah Marie Thomas joins us on the set this week to share her platform of organ and tissue donation. She tells us all about the international pageant system and how it showcases the accomplishments of today's married woman. As an advocate for organ and tissue donations she decided to join the pageant to achieve her dream of making a difference and changing people's lives. Sarah is proud to be part of the Gift Of Life Donor program. Her younger brother received a kidney transplant at the age of 22. He's doing great now 3 years later. That journey taught her and the family many things about organ donation and they got very involved in helping others. In the next 5 years it is estimated that every person will be affected by organ and tissue donation in some way. In the U.S. 120,000 men, women and children are on a waiting list for a transplant. Most people think of organ donation when they are going for their driver's license but you can actually register anytime online. In PA approx. 46% of people are registered and Sarah's hope for the future is that many more will register and get that number up. It only takes a minute and you can change someone's life. She's decided to go for it as Mrs. PA International in 2017. We will be cheering her on for the state contest in March 2017! <a href="https://www.sarahmariethomas.com">www.sarahmariethomas.com</a> Facebook and Instagram: TheSarahMarieThomas

The National Institute of Allergy and Infectious Diseases (NIAID) estimates in the course of one year, people in the United States suffer through as many as *one billion colds*. Meanwhile, anywhere from five to 20 percent of the U.S. population will get the flu. As we march toward the peak of this year's cold and flu season, the good news is there are steps you can take to stay healthy and ways to alleviate your symptoms if you do get sick. Renowned medical expert Dr. Keri Peterson will not only offer advice to help your family stay healthy, she'll also solve some cold and flu mysteries including: chicken soup, cool and warm mist humidifiers and when to keep a sick child home. www.vickshumidifiers.com

Sheryl Crow is a nine-time Grammy Award winner who has sold more than 50 million albums around the world. She is best known for hit singles like "All I Wanna Do", "If It Makes You Happy", and "Soak Up the Sun". Crow was diagnosed with breast cancer in 2006 and is now cancer-free and marking ten years since her diagnosis. October was Breast Cancer Awareness Month and she wants women everywhere to know that early detection saves lives – it saved hers. Women need to be their own advocates and seek out more accurate screening technology. She's joined by Dr. Linda Greer, who will discuss the advancements in early detection screening technologies including the Genius 3D exam. If breast cancer is found early, the five-year survival rate is nearly 100%! <a href="https://www.genius3Dnearme.com">www.genius3Dnearme.com</a>

Program: destinatIONs Episode: Blog 2

Airdate: Tuesday, December 6, 2016 6:00am

Topic/Title: Blog Con Part 2
Duration: 30 Minutes
Style/Type: Seminar

Source: Tobias Productions

Issue Addressed: blogging/reaching goals/writing/social media Hosts: Michelle Davies – Co-organizer, Blog Con

Gerard Durling – Event MC

Guests: Christina Carrell – Freelance Copywriter, Blogger & Social Media Marketer

NEPA Blog Con 2016 is a blogging and social media conference. Everyone is welcome to join in to find out new ways to blog, new trends in blogging and strategies to improve blogging techniques. NEPA Blog Con is an annual, day-long conference that's so much more than your average "Hey, let's talk about blogging," event. Its great if you're looking to learn the REAL scoop behind what makes the blogosphere the place to be nowadays. Besides offering a chance to network with fellow post slingers, NEPA Blog Con will include panels and sessions related to blogging, social media, marketing, Internet culture, creativity, technology, and more. There's no other resource like it in Northeastern Pennsylvania. Don't worry if you're not a blogger – NEPA Blog Con is an event that draws students, educators, coaches, marketing pros, small business owners, non-profit multitaskers, creative types, and anyone else that's interested in learning more about how to communicate more effectively online and make the most of the latest technology tools. People come from all over, as far as Texas, to this event. Today Christina gives a presentation on using audience awareness to engage your readers. She talks about how she built up her blog and overcoming the obstacles. <a href="https://www.nepablogcon.com">www.nepablogcon.com</a>

Program: destinatIONs Episode: Shane 2

Airdate: Tuesday, December 6, 2016 6:30am Topic/Title: Assembly with Shane Burcaw Part 2

Duration: 30 Minutes Style/Type: Seminar

Source: Tobias Productions

Issue Addressed: diversity/disabilities/anti-bullying/overcoming adversities

Hosts: Brian Pipech – Dir. Of People Services, Lake Lehman School District

Guests: Shane Burcaw – President, Laughing At My Nightmare

Sarah Yunusov - Friend & Business Partner

Shane Burcaw is a pretty famous 23 year old. He has a rare disease called Spinal Muscular Atrophy that will eventually be terminal. He's been in a wheelchair since the age of two. He decided to write a book poking fun at his own life and how his disabilities can be humorous at times. He's also been on national television and started a blog that half a million people all over the world read every day. He loves to laugh and feels his life can be pretty funny. He wants to promote the message that being positive can help you overcome life's problems. We all have a choice how we react to our obstacles. We can find the humor in it, as Shane has, or we can let it consume us to the point of paralyzing us. So Shane travels all over the U.S. going into schools and organizations to talk about his life, his journey and how he uses positive thinking and humor to deal with his hectic life and his disability. Today Shane, along with his caretaker Sarah, speak to the students at Ross Elementary School in Sweet Valley. info@laughingatmynightmare.com

Program: Pet's Best Friend Episode: Pets –December 2016

Air Date: Thursday, December 8, 2016 6:00am

Topic/Title: Pets Best Friend – December 2016

Duration: 30 minutes
Style/Type: Interview Format
Source: Samson Productions

Issue(s) Addressed: international affairs/diplomacy/charitable work/pets/pet care

Hosts: Sam Lesante

Guests: I.H.Kathio, DVM – Veterinarian/Pakistan Consulate

Lou Barletta, U.S. Congressman PA-11

Dr. I.H. Kathio is a veterinarian that dedicates his life to helping people with their pets and traveling to underdeveloped countries such as Israel, Pakistan and Mexico to do charity work with their animals. He is a consultant to the United Nations and tries to bring American technology to these countries to help the animals. He's a great asset to northeastern PA and to our country. With his new position he's able to open the lines of communication and connect our senates. Pakistan is a great tool to help with foreign affairs and security threats. Today he and Congressman Lou Barletta discuss his mark in Congress and our progress. The U.S. has given Pakistan eight F-16 fighter jets which are much needed to help with air strikes against terrorist attacks. Our goal is to have a coalition of countries to fight terrorism. We want to help other countries to help us. We have a common enemy and they won't stop until they wipe out any race/religion that doesn't agree with their beliefs. We need our allies to fight the war on terror.

Dr. Kathio is dedicated to educating us on how to prolong our pets life. He's got some footage of some recent patients of his including a cat with blindness and neuromuscular issues from the wrong flea treatment, a dog with a third eyelid and a cat with loss of muscle mass and body fat from a blood parasite.

www.kathio.com 570-821-9390 Wilkes Barre Animal Clinic 570-655-2412 Pittston Animal Hospital

Program: Northeast Current Episode: PennDot/SouthValley

Air Date: Thursday, December 8, 2016 6:30am Topic/Title: PennDot/South Valley Parkway Roundabouts

Duration: 30 minutes
Style/Type: Interview Format
Source: WQPX-TV

Issue(s) Addressed: road constructions/road safety/roundabouts/traffic

Hosts: James May – Regional Dir., Pennsylvania Dept of Transportation

Mike Taluto – Safety Press Officer, Pennsylvania Dept of Transportation

Guests: Chris Tomaszewski – Project Manager, South Valley Parkway Roundabouts

Chris Tomaszewski joins us on the site of one of the 6 new roundabouts happening in Luzerne County. The South Valley Parkway Roundabouts are under construction to help alleviate traffic going to Luzerne County Community College. PennDOT first investigated the feasibility of a roundabout. The goal of a roundabout is safety and will help increase capacity at intersections and keep traffic free-flowing. More and more roundabouts are being constructed throughout the state and there's been much discussion as to why. People are confused as to how they really are safer and how they differ from a "circle". The parkway will create a two-lane road between Hanover Township and Nanticoke, bypassing the residential Askam section of Hanover Township. The roadway will run from Middle Road and Kosciuszko Street in Nanticoke to South Main Road, just east of State Route 29, in Hanover Township. It will include six roundabouts, 5 of which are single lanes. Complaints about speeding and safety put the project on the state's transportation improvement plan. The changes will put three roundabouts on Middle Road and three on the new parkway. The new kind of intersections should improve safety, allow more vehicles to travel through the intersection at a time, slow down speeds and reduce crashes. Three of those roundabouts will be at already existing intersections at Espy Street and Middle Road, Prospect Street and Middle Road, and Kosciuszko Street and Middle Road. PennDOT will complete one of those each year to mitigate detours and traffic disruptions. The roundabouts will have crosswalks and islands for pedestrians crossing the street. <a href="https://www.pa.gov">www.justdrivepa.com</a>

Program: destinatIONs Episode: Blog 3

Airdate: Tuesday, December 13, 2016 6:00am

Topic/Title: Blog Con Part 3
Duration: 30 Minutes
Style/Type: Seminar

Source: Tobias Productions

Issue Addressed: blogging/reaching goals/writing/social media

Hosts: Gerard Durling – Event MC Guests: Tim Gillette – Blogger

NEPA Blog Con 2016 is a blogging and social media conference. Everyone is welcome to join in to find out new ways to blog, new trends in blogging and strategies to improve blogging techniques. NEPA Blog Con is an annual, day-long conference that's so much more than your average "Hey, let's talk about blogging," event. Its great if you're looking to learn the REAL scoop behind what makes the blogosphere the place to be nowadays. Besides offering a chance to network with fellow post slingers, NEPA Blog Con will include panels and sessions related to blogging, social media, marketing, Internet culture, creativity, technology, and more. There's no other resource like it in Northeastern Pennsylvania. Don't worry if you're not a blogger – NEPA Blog Con is an event that draws students, educators, coaches, marketing pros, small business owners, non-profit multitaskers, creative types, and anyone else that's interested in learning more about how to communicate more effectively online and make the most of the latest technology tools. People come from all over, as far as Texas, to this event. Today Tim Gillette speaks to us and has traveled from Texas for this event. His roots are in Luzerne County so this was very special to him to speak to his hometown. Zig Zigler was his mentor and he talks about all the changes in his life in the past year. He loves the fact that we can get together as bloggers and share ideas. He discusses how to use live video streaming to build your brand. He utilizes games to get people moving and watching.

Program: destinatIONs Episode: Blog 2

Airdate: Tuesday, December 13, 2016 6:30am

Topic/Title: Blog Con Part 2
Duration: 30 Minutes
Style/Type: Seminar

Source: Tobias Productions

Issue Addressed: blogging/reaching goals/writing/social media
Hosts: Michelle Davies – Co-organizer, Blog Con

Gerard Durling - Event MC

Guests: Christina Carrell – Freelance Copywriter, Blogger & Social Media Marketer

NEPA Blog Con 2016 is a blogging and social media conference. Everyone is welcome to join in to find out new ways to blog, new trends in blogging and strategies to improve blogging techniques. NEPA Blog Con is an annual, day-long conference that's so much more than your average "Hey, let's talk about blogging," event. Its great if you're looking to learn the REAL scoop behind what makes the blogosphere the place to be nowadays. Besides offering a chance to network with fellow post slingers, NEPA Blog Con will include panels and sessions related to blogging, social media, marketing, Internet culture, creativity, technology, and more. There's no other resource like it in Northeastern Pennsylvania. Don't worry if you're not a blogger – NEPA Blog Con is an event that draws students, educators, coaches, marketing pros, small business owners, non-profit multitaskers, creative types, and anyone else that's interested in learning more about how to communicate more effectively online and make the most of the latest technology tools. People come from all over, as far as Texas, to this event. Today Christina gives a presentation on using audience awareness to engage your readers. She talks about how she built up her blog and overcoming the obstacles. <a href="https://www.nepablogcon.com">www.nepablogcon.com</a>

Program: Northeast Current Episode: Robbins/Hall

Air Date: Thursday, December 15, 2016 6:00am

Topic/Title: Will Robbins-Author/Carla Hall

Duration: 30 minutes
Style/Type: Interview Format

Source: WQPX-TV

Issue(s) Addressed: local author/local entertainment/holidays/saving money

Hosts: Bernie Maopolski

Jennifer Amazon

Guests: Will Robbins – Author "The Big Payback

Carl Hall- Chef, Author, Restaurateur

Local author and comedian Will "Half and Half" Robbins is back on our set with his second book "The Big Payback"!!! Its been 9 years since his first book "Ice" was published and we are so happy to hear his second book is on the shelves and getting great reviews. Payback takes place in the quiet town of Scranton PA with horror, murder, and suspense. Its great to get to know Will better and hearing his inspiration for this book. He's excited for his book signing coming up on Friday, Dec 16th 3pm-6pm inside the Marketplace at Steamtown at EP Fashion located on the 2nd floor. Limited amounts of inventory so please get there early! Books are \$15. On Facebook: Will Robbins (Halfnhalf) Instagram: mulatto\_red #thebigpayback

Carla Hall, a chef, author and restaurateur, co-host of ABC's Emmy award winning "The Chew" and Bravo's "Top Chef" is our guest today! We love her "Hootie Hoo" and her philosophy to always cook with love. The holiday season can really put a strain on your wallet. Between finding that perfect gift and preparing delicious meals for family and friends, expenses can add up quickly. But there are ways to spend less and reduce stress... and it starts with your weekly trip to the grocery store. Carla fills us in on that and her "must have" for the holiday table. www.aldi.us/holiday

Program: Pet's Best Friend Episode: Pets –December 2016

Air Date: Thursday, December 15, 2016 6:30am

Topic/Title: Pets Best Friend – December 2016

Duration: 30 minutes
Style/Type: Interview Format
Source: Samson Productions

Issue(s) Addressed: international affairs/diplomacy/charitable work/pets/pet care

Hosts: Sam Lesante

Guests: I.H.Kathio, DVM – Veterinarian/Pakistan Consulate

Lou Barletta, U.S. Congressman PA-11

Dr. I.H. Kathio is a veterinarian that dedicates his life to helping people with their pets and traveling to underdeveloped countries such as Israel, Pakistan and Mexico to do charity work with their animals. He is a consultant to the United Nations and tries to bring American technology to these countries to help the animals. He's a great asset to northeastern PA and to our country. With his new position he's able to open the lines of communication and connect our senates. Pakistan is a great tool to help with foreign affairs and security threats. Today he and Congressman Lou Barletta discuss his mark in Congress and our progress. The U.S. has given Pakistan eight F-16 fighter jets which are much needed to help with air strikes against terrorist attacks. Our goal is to have a coalition of countries to fight terrorism. We want to help other countries to help us. We have a common enemy and they won't stop until they wipe out any race/religion that doesn't agree with their beliefs. We need our allies to fight the war on terror.

Dr. Kathio is dedicated to educating us on how to prolong our pets life. He's got some footage of some recent patients of his including a cat with blindness and neuromuscular issues from the wrong flea treatment, a dog with a third eyelid and a cat with loss of muscle mass and body fat from a blood parasite.

www.kathio.com 570-821-9390 Wilkes Barre Animal Clinic 570-655-2412 Pittston Animal Hospital

Program: destinatIONs Episode: Blog 4

Airdate: Tuesday, December 20, 2016 6:00am

Topic/Title: Blog Con Part 4
Duration: 30 Minutes
Style/Type: Seminar

Source: Tobias Productions

Issue Addressed: blogging/reaching goals/writing/social media

Hosts: Gerard Durling – Event MC

Guests: John Dawe – Social Media Strategist & Consultant

NEPA Blog Con 2016 is a blogging and social media conference. Everyone is welcome to join in to find out new ways to blog, new trends in blogging and strategies to improve blogging techniques. NEPA Blog Con is an annual, day-long conference that's so much more than your average "Hey, let's talk about blogging," event. Its great if you're looking to learn the REAL scoop behind what makes the blogosphere the place to be nowadays. Besides offering a chance to network with fellow post slingers, NEPA Blog Con will include panels and sessions related to blogging, social media, marketing, Internet culture, creativity, technology, and more. There's no other resource like it in Northeastern Pennsylvania. Don't worry if you're not a blogger – NEPA Blog Con is an event that draws students, educators, coaches, marketing pros, small business owners, non-profit multitaskers, creative types, and anyone else that's interested in learning more about how to communicate more effectively online and make the most of the latest technology tools. People come from all over, as far as Texas, to this event. Today John Dawe talks about Small Shop Social Strategies. John knows that small businesses are faced with being a one-man show and in charge of making everything happen from website maintenance, staffing and even cleaning the floors. So John is there to help you maximize they time they have to work on their social media. He also talks to the audience about target marketing and how technology has taken care of a lot of the research so it takes you less time. www.nepablogcon.com

Program: destinatIONs Episode: Blog 3

Airdate: Tuesday, December 20, 2016 6:30am

Topic/Title: Blog Con Part 3
Duration: 30 Minutes
Style/Type: Seminar

Source: Tobias Productions

Issue Addressed: blogging/reaching goals/writing/social media

Hosts: Gerard Durling – Event MC Guests: Tim Gillette – Blogger

NEPA Blog Con 2016 is a blogging and social media conference. Everyone is welcome to join in to find out new ways to blog, new trends in blogging and strategies to improve blogging techniques. NEPA Blog Con is an annual, day-long conference that's so much more than your average "Hey, let's talk about blogging," event. Its great if you're looking to learn the REAL scoop behind what makes the blogosphere the place to be nowadays. Besides offering a chance to network with fellow post slingers, NEPA Blog Con will include panels and sessions related to blogging, social media, marketing, Internet culture, creativity, technology, and more. There's no other resource like it in Northeastern Pennsylvania. Don't worry if you're not a blogger – NEPA Blog Con is an event that draws students, educators, coaches, marketing pros, small business owners, non-profit multitaskers, creative types, and anyone else that's interested in learning more about how to communicate more effectively online and make the most of the latest technology tools. People come from all over, as far as Texas, to this event. Today Tim Gillette speaks to us and has traveled from Texas for this event. His roots are in Luzerne County so this was very special to him to speak to his hometown. Zig Zigler was his mentor and he talks about all the changes in his life in the past year. He loves the fact that we can get together as bloggers and share ideas. He discusses how to use live video streaming to build your brand. He utilizes games to get people moving and watching.

www.nepablogcon.com

Program: Northeast Current Episode: PennDot/Holiday/Cold/Hall

Air Date: Thursday, December 22, 2016 6:00am

Topic/Title: PennDot/Holiday Safety 2016/Cold Season/Carla Hall

Duration: 30 minutes
Style/Type: Interview Format

Source: WQPX-TV

Issue(s) Addressed: traffic & road safety/road trips/holidays/cold season/entertaining/stress relief/saving money

Hosts: James May – Regional Director, PA Dept. of Transportation

Mike Taluto- Safety Press Officer, PA Dept. of Transportation

Jason Miller Jennifer Amazon

Guests: Rebecca Rybak – NE Regional Highway Safety Project

Connie Devins - PA State Police

Dr. Keri Peterson, American Medical Association

Carl Hall- Chef, Author, Restaurateur

The Pennsylvania Department of Transportation joins us with some of their partners in helping keep the roads safe for all of us. Topics discussed include keeping a safety kit in your car in case of inclement weather or a breakdown, how to properly remove snow, dangers of impaired driving and car seat safety.

#### Rrybak@csswb.org www.penndot.gov www.justdrivepa.org

The National Institute of Allergy and Infectious Diseases (NIAID) estimates in the course of one year, people in the United States suffer through as many as *one billion colds*. Meanwhile, anywhere from five to 20 percent of the U.S. population will get the flu. As we march toward the peak of this year's cold and flu season, the good news is there are steps you can take to stay healthy and ways to alleviate your symptoms if you do get sick. Renowned medical expert Dr. Keri Peterson will not only offer advice to help your family stay healthy, she'll also solve some cold and flu mysteries including: chicken soup, cool and warm mist humidifiers and when to keep a sick child home. www.vickshumidifiers.com

Carla Hall, a chef, author and restaurateur, co-host of ABC's Emmy award winning "The Chew" and Bravo's "Top Chef" is our guest today! We love her "Hootie Hoo" and her philosophy to always cook with love. The holiday season can really put a strain on your wallet. Between finding that perfect gift and preparing delicious meals for family and friends, expenses can add up quickly. But there are ways to spend less and reduce stress... and it starts with your weekly trip to the grocery store. Carla fills us in on that and her "must have" for the holiday table. <a href="https://www.aldi.us/holiday">www.aldi.us/holiday</a>

Program: Northeast Current Episode: Robbins/Hall

Air Date: Thursday, December 22, 2016 6:30am

Topic/Title: Will Robbins-Author/Carla Hall

Duration: 30 minutes
Style/Type: Interview Format

Source: WQPX-TV

Issue(s) Addressed: local author/local entertainment/holidays/saving money

Hosts: Bernie Maopolski

Jennifer Amazon

Guests: Will Robbins – Author "The Big Payback

Carl Hall- Chef, Author, Restaurateur

Local author and comedian Will "Half and Half" Robbins is back on our set with his second book "The Big Payback"!!! Its been 9 years since his first book "Ice" was published and we are so happy to hear his second book is on the shelves and getting great reviews. Payback takes place in the quiet town of Scranton PA with horror, murder, and suspense. Its great to get to know Will better and hearing his inspiration for this book. He's excited for his book signing coming up on Friday, Dec 16th 3pm-6pm inside the Marketplace at Steamtown at EP Fashion located on the 2nd floor. Limited amounts of inventory so please get there early! Books are \$15. On Facebook: Will Robbins (Halfnhalf) Instagram: mulatto\_red #thebigpayback

Carla Hall, a chef, author and restaurateur, co-host of ABC's Emmy award winning "The Chew" and Bravo's "Top Chef" is our guest today! We love her "Hootie Hoo" and her philosophy to always cook with love. The holiday season can really put a strain on your wallet. Between finding that perfect gift and preparing delicious meals for family and friends, expenses can add up quickly. But there are ways to spend less and reduce stress... and it starts with your weekly trip to the grocery store. Carla fills us in on that and her "must have" for the holiday table. <a href="https://www.aldi.us/holiday">www.aldi.us/holiday</a>

Program: destinatIONs Episode: Blog 5

Airdate: Tuesday, December 27, 2016 6:00am

Topic/Title: Blog Con Part 5
Duration: 30 Minutes
Style/Type: Seminar

Source: Tobias Productions

Issue Addressed: blogging/reaching goals/writing/social media

Hosts: Gerard Durling – Event MC

Mandy Pennington- Co-organizer, NEPA Blog Con

Guests: Jennifer Crawford – Speaker & Blogger

NEPA Blog Con 2016 is a blogging and social media conference. Everyone is welcome to join in to find out new ways to blog, new trends in blogging and strategies to improve blogging techniques. NEPA Blog Con is an annual, day-long conference that's so much more than your average "Hey, let's talk about blogging," event. Its great if you're looking to learn the REAL scoop behind what makes the blogosphere the place to be nowadays. Besides offering a chance to network with fellow post slingers, NEPA Blog Con will include panels and sessions related to blogging, social media, marketing, Internet culture, creativity, technology, and more. There's no other resource like it in Northeastern Pennsylvania. Don't worry if you're not a blogger – NEPA Blog Con is an event that draws students, educators, coaches, marketing pros, small business owners, non-profit multitaskers, creative types, and anyone else that's interested in learning more about how to communicate more effectively online and make the most of the latest technology tools. People come from all over, as far as Texas, to this event

Mandy talks about how she created the event with the other girls and how it just started as a simple idea and within 24 hours they had an idea, a logo and the beginnings of this conference which is now so incredibly popular. She talks about how the conference benefits non-profits and how much its grown in the past few years. She hopes to get the word out that we should not be afraid of technology. It can enhance our businesses, improve our skills and get us to meet new people. Our guest speaker today is Jennifer Crawford on how to convince bloggers to podcast. It really is beneficial for more attention and more engagement. www.nepablogcon.com

Program: destinatIONs Episode: Blog 4

Airdate: Tuesday, December 27, 2016 6:30am

Topic/Title: Blog Con Part 4
Duration: 30 Minutes
Style/Type: Seminar

Source: Tobias Productions

Issue Addressed: blogging/reaching goals/writing/social media

Hosts: Gerard Durling – Event MC

Guests: John Dawe – Social Media Strategist & Consultant

NEPA Blog Con 2016 is a blogging and social media conference. Everyone is welcome to join in to find out new ways to blog, new trends in blogging and strategies to improve blogging techniques. NEPA Blog Con is an annual, day-long conference that's so much more than your average "Hey, let's talk about blogging," event. Its great if you're looking to learn the REAL scoop behind what makes the blogosphere the place to be nowadays. Besides offering a chance to network with fellow post slingers, NEPA Blog Con will include panels and sessions related to blogging, social media, marketing, Internet culture, creativity, technology, and more. There's no other resource like it in Northeastern Pennsylvania. Don't worry if you're not a blogger – NEPA Blog Con is an event that draws students, educators, coaches, marketing pros, small business owners, non-profit multitaskers, creative types, and anyone else that's interested in learning more about how to communicate more effectively online and make the most of the latest technology tools. People come from all over, as far as Texas, to this event. Today John Dawe talks about Small Shop Social Strategies. John knows that small businesses are faced with being a one-man show and in charge of making everything happen from website maintenance, staffing and even cleaning the floors. So John is there to help you maximize they time they have to work on their social media. He also talks to the audience about target marketing and how technology has taken care of a lot of the research so it takes you less time. www.nepablogcon.com

Program: Northeast Current Episode: Coal/Hall

Air Date: Thursday, December 29, 2016 6:00am

Topic/Title: Coal Creative/Carla Hall

Duration: 30 minutes
Style/Type: Interview Format
Source: WQPX-TV

Issue(s) Addressed: entrepreneurship/reaching goals/business/entertaining/stress relief/saving money

Hosts: DJ Roc N Rol

Jennifer Amazon

Guests: Gerard Durling – CEO, Coal Creative

Matt Simoncavage – Sr. Designer, Coal Creative

Carla Hall - Chef, Author, Restaurateur

Northeast Current travels to Wilkes–Barre to visit another set! Gerard Durling is the CEO of Coal Creative, a successful marketing agency. They handle video production, graphics and social media to help people get out a professional product or project. Gerard tells us his interesting career beginnings as a pro-wrestler! Soon after that was his venture was into web design and starting his own business. Right now they have about 8 employees are excited that they have seen big growth this year. We get to meet his senior designer Matt Simoncavage who created a new music app called Tunefly! He describes it as an Instagram for musicians and music lovers. It allows them to record, share, rate, review, and stream songs and playlists all from their phones. It's a great way for professional musicians, hobbyists and everyday music lovers alike to discover and connect with others who have similar musical interests. We are excited to meet Gerard and the staff and get the tour of the studio as its an inspiring story for other entrepreneurs in the area. <a href="https://www.coalcreative.com">www.coalcreative.com</a> 570-885-3079

Carla Hall, a chef, author and restaurateur, co-host of ABC's Emmy award winning "The Chew" and Bravo's "Top Chef" is our guest today! We love her "Hootie Hoo" and her philosophy to always cook with love. The holiday season can really put a strain on your wallet. Between finding that perfect gift and preparing delicious meals for family and friends, expenses can add up quickly. But there are ways to spend less and reduce stress... and it starts with your weekly trip to the grocery store. Carla fills us in on that and her "must have" for the holiday table. www.aldi.us/holiday

Program: Northeast Current Episode: PennDot/Holiday/Cold/Hall

Air Date: Thursday, December 29, 2016 6:30am

Topic/Title: PennDot/Holiday Safety 2016/Cold Season/Carla Hall

Duration: 30 minutes
Style/Type: Interview Format

Source: WQPX-TV

Issue(s) Addressed: traffic & road safety/road trips/holidays/cold season/entertaining/stress relief/saving money

Hosts: James May – Regional Director, PA Dept. of Transportation

Mike Taluto- Safety Press Officer, PA Dept. of Transportation

Jason Miller Jennifer Amazon

Guests: Rebecca Rybak – NE Regional Highway Safety Project

Connie Devins – PA State Police

Dr. Keri Peterson, American Medical Association

Carl Hall- Chef, Author, Restaurateur

The Pennsylvania Department of Transportation joins us with some of their partners in helping keep the roads safe for all of us. Topics discussed include keeping a safety kit in your car in case of inclement weather or a breakdown, how to properly remove snow, dangers of impaired driving and car seat safety.

#### Rrybak@csswb.org www.penndot.gov www.justdrivepa.org

The National Institute of Allergy and Infectious Diseases (NIAID) estimates in the course of one year, people in the United States suffer through as many as *one billion colds*. Meanwhile, anywhere from five to 20 percent of the U.S. population will get the flu. As we march toward the peak of this year's cold and flu season, the good news is there are steps you can take to stay healthy and ways to alleviate your symptoms if you do get sick. Renowned medical expert Dr. Keri Peterson will not only offer advice to help your family stay healthy, she'll also solve some cold and flu mysteries including: chicken soup, cool and warm mist humidifiers and when to keep a sick child home. <a href="https://www.vickshumidifiers.com">www.vickshumidifiers.com</a>

Carla Hall, a chef, author and restaurateur, co-host of ABC's Emmy award winning "The Chew" and Bravo's "Top Chef" is our guest today! We love her "Hootie Hoo" and her philosophy to always cook with love. The holiday season can really put a strain on your wallet. Between finding that perfect gift and preparing delicious meals for family and friends, expenses can add up quickly. But there are ways to spend less and reduce stress... and it starts with your weekly trip to the grocery store. Carla fills us in on that and her "must have" for the holiday table. www.aldi.us/holiday