

## **KJTF FM 2024 1st Quarter Issues**

**A number of issues relevant to our listeners were addressed including The Digital Church, Nebraska Wildfires, Education, Spring Forages, Child Abuse Awareness, Emotional Burnout, Estate Planning, Winter Beef Nutrition, Abortion, 2024 Farm Bill, Calving Season.**

**DATE: 01/01/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:55**

**ISSUES: Agriculture**

**DESCRIPTION: Agriculture and Community Wellbeing. Farms and farmers have always had a strong connection to local communities. Nebraska Extension Rural Prosperity Educator Marilyn Schlake talks about research findings and the correlation between the ag industry and rural communities.**

**DATE: 01/01/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Justin Brierley**

**DESCRIPTION: The Conversation You're Avoiding: Justin Brierley. Church attendance is rapidly declining. Whether a person believes in God or holds atheist beliefs, author Justin Brierley knows we need open conversation.**

**DATE: 01/01/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Understanding the Goodness of God's Word. In a culture where consumerism is an important part of our lives, why is it so difficult to consume the Bible? Wendy Speake describes how the sweet taste of lingering on the Word of God will give you the satisfaction you've been craving.**

**DATE: 01/02/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:38**

**ISSUES: Agriculture**

**DESCRIPTION: Developing an Estate and Business Transition Plan - Part 1. An essential part of making sure your farm assets is taken care of after a retirement or death is a solid plan. Scottsbluff attorney and ranch co-owner Pamela Epp-Olsen talks about starting the process of an estate transition plan.**

**DATE: 01/02/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**DESCRIPTION: Is My Kids' Faith Their Own? Justin Brierley. How much should Christian parents protect their kids? Justin Brierley, a parent, shares tips on equipping us and our kids to face tough faith questions. Turn conversations into faith-building moments!**

**DATE: 01/02/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: How to Take Your Family Through a Digital Fast. If your children are obsessed with digital media 24/7, it's time to take a break! A simple plan for creating healthy boundaries and alternatives for your family, which will inspire creativity, learning, and less stress for everyone!**

**DATE: 01/03/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:53**

**ISSUES: Agriculture**

**DESCRIPTION: 2024 Farm Bill Discussion. In November, Congress included a one-year extension of the 2018 Farm Bill as part of a broader funding bill to keep the government open through early 2024. Nebraska Extension Ag Policy Specialist Brad Lubben says farmers still need to make decisions regarding their risk management plans.**

**DATE: 01/03/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Justin Brierley**

**DESCRIPTION: God's Not Dead: Justin Brierley. Could we be witnessing a return of belief in God in our generation? Apologist Justin Brierley offers compelling scientific evidence for robust faith.**

**DATE: 01/03/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: How to Experience Great Intimacy and Love in Your Marriage - I. Falling in love is a wonderful way to start your marriage but love is NOT enough to keep you together for a lifetime! Dave and Ashley Willis describe the importance of emotional, spiritual, and physical intimacy between husbands and wives.**

**DATE: 01/04/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:26**

**ISSUES: Agriculture**

**DESCRIPTION: Developing an Estate and Business Transition Plan - Part 2. Assembling a team of professionals to help develop an estate and business transition plan is critical. Scottsbluff attorney and ranch co-owner Pamela Epp-Olsen talks about what it takes to formulate a good estate transition plan.**

**DATE: 01/04/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Brian Goins, Ed Uszynski**

**DESCRIPTION: New Year, New 'Us'. Dave and Ann Wilson share**

tips on how to grow together, get more honest, and choose other practical steps to kickstart a stronger year together.

**DATE: 01/04/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: How to Experience Great Intimacy and Love in Your Marriage - II. Vulnerability is a key essential for your marriage! Dave and Ashley Willis discuss how couples can trip over conflicts with money and with health IF they're not willing to communicate openly and honestly.**

**DATE: 01/05/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:37**

**ISSUES: Agriculture**

**DESCRIPTION: Safe Winter Storage of Yard and Garden Chemicals. it's important to store pesticide products properly to prevent contamination and maintain product effectiveness for next year. Nebraska Extension Educator John Fech talks about what you need to do to store your home pesticides products safely for the winter.**

**DATE: 01/05/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Brian Goins, Ed Uszynski**

**DESCRIPTION: I Feel Unloved in My Marriage. Dave and Ann Wilson empathize with feeling unloved in your own marriage. Find ideas for stronger connection and deeper intimacy.**

**DATE: 01/05/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Finding Freedom Through the Art of Forgiveness. Has your trust been shattered? Are you struggling to forgive the person who betrayed you? Pastor Phil Waldrep will explain the importance of extending forgiveness to your betrayer, so you can find emotional freedom and lasting peace.**

**DATE: 01/08/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:27**

**ISSUES: Agriculture**

**DESCRIPTION: Testing Ag Performance Solutions (TAPS). Nebraska Extension offers a program to help crop producers do experimentation and research of their own to discover better ways to grow our food. Nebraska Extension Educator Chuck Burr discusses the TAPS program and how it helps farmers grow food more efficiently and cost effectively..**

**DATE: 01/08/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Kevin and Marcia Myers**

**DESCRIPTION: Making Your Marriage Better than Your**

**Honeymoon: Kevin and Marcia Myers. Remember the honeymoon phase? (What's changed?) Authors Kevin & Marcia Myers help get back to where you started and rekindle the spark.**

**DATE: 01/08/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Filling Your Marriage with Joy. You've been married for a number of years, and you're starting to feel distant from your spouse. You're experiencing a 'joy-gap!'. Dr. Marcus Warner and Chris Coursey explain the brain science behind joy and offer easy, practical ways you can increase joy in your marriage by playing together and nurturing a rhythm of rest.**

**DATE: 01/09/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:33**

**ISSUES: Agriculture**

**DESCRIPTION: 2024 Hands-On Calving Workshops. With calving season coming up, Nebraska Extension is offering a workshop for cattle producers with tips and techniques to help newborn calves get off to the right start. Extension Educator Lyndsay Waechter-Mead talks about the hands-on workshops coming up January 18.**

**DATE: 01/09/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Kevin and Marcia Myers**

**DESCRIPTION: How to Intentionally Listen: Kevin and Marcia Myers. Would your spouse say they feel heard? Authors Kevin & Marcia Myers help unearth a new level of intimacy through the skills of listening.**

**DATE: 01/09/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Special Needs and the Imago Dei: Encouragement for Parents. Raising a child with special needs can be one of the most joyous and heart-breaking experiences for moms and dads! Two moms describe how they've learned to trust God's plan and leading for their special children.**

**DATE: 01/10/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 05:00**

**ISSUES: Agriculture**

**DESCRIPTION: Johne's Disease. Johne's disease is a slow presenting illness that can greatly affect cattle performance. Extension Educator and veterinarian Lyndsay Waechter-Mead talks about the symptoms of the disease and offers some tips to**



help ranchers avoid it..

**DATE: 01/10/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Kevin and Marcia Myers**

**DESCRIPTION: The Elephants in the Room: Kevin and Marcia Myers. Authors Kevin and Marcia Myers believe confronting some big issues in your marriage can breathe new life into your connection. Here's how.**

**DATE: 01/10/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Breaking Bad Habits in Your Life - I. Change is hard! Because we'd all like to think that we're 'better than average'. But deep inside, we know there's room for improvement. Debra Fileta explains how asking the Lord and others for feedback can reveal growth areas in your life.**

**DATE: 01/11/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:02**

**ISSUES: Agriculture**

**DESCRIPTION: Breaking the Stigma of Mental Health Among Producers. Everyone needs help now and then, but for ranchers**

**and farmers sometimes the stigma of asking for help prevents them from getting relief during stressful times. Nebraska Extension Educator Wayde Pickinpaugh talks about the importance of mental health in the farming community..**

**DATE: 01/11/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Kelly Kopic, Tabitha Kopic**

**DESCRIPTION: The God They See: Why Theology is Unignorable as a Parent. Kelly Kopic knows theology affects who we are. Find do-this-now ideas to shape theology that can stand up to whatever life tosses at our kids.**

**DATE: 01/11/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Breaking Bad Habits in Your Life - II. Negative thinking never does you any good. But how do you rewire your brain to be more positive? Counselor Debra Fileta describes how thinking intentionally, controlling your emotions, and healing childhood wounds can transform your life!**

**DATE: 01/12/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:52**

**ISSUES: Agriculture**

**DESCRIPTION: Soybean Seed Selection. Researching past soybean crop disease problems is a good place to start when determining what type of seed to plant for the new season. Nebraska Extension Plant Pathologist Dylan Mangel talks about why starting with disease resistant soybean seeds is critical to avoiding disease problems next season..**

**DATE: 01/12/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Kelly Kopic, Tabitha Kopic**

**DESCRIPTION: You're Being Lied to About Money: Kelly & Tabitha Kopic. We're richer than ever. But are we happier? Join authors Kelly & Tabitha Kopic as they talk about surprising sources of pleasure and genuine wealth.**

**DATE: 01/12/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Growing Closer Through Family Devotions. If you don't feel equipped to lead family devotions, don't worry. It's not as difficult as you may think. You'll get some practical help and encouragement to gather at dinner time and dialogue with your kids about spiritual matters.**

**DATE: 01/15/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:47**

**ISSUES: Agriculture**

**DESCRIPTION: Winter Cattle Yard Preparation Checklist - Part 1. As cold air grips the state, it's important you make plans for cattle health as they endure the winter weather. Nebraska Extension Beef Educator Alfredo DiConstanzo talks about making sure your equipment and facilities are ready.**

**DATE: 01/15/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Trillia Newbell**

**DESCRIPTION: God's Very Good Idea: Trillia Newbell. Teach kids about unity and diversity! Trillia Newbell, author of christian children's books, shares insights on helping children see God's love for all people.**

**DATE: 01/15/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Seeing God's Image in All Men. Do you truly love your neighbor, even if they have a different skin color than yours? Pastor Miles McPherson challenges us to see God's image in every human being and offers ideas for racially blending our churches and our communities.**

**DATE: 01/16/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:26**

**ISSUES: Agriculture**

**DESCRIPTION: 2024 Women in Agriculture Conference. The Nebraska Women in Agriculture Conference will return to Kearney Feb. 22-23, 2024. Jennifer Hill, Nebraska Extension Women in Ag Program Assistant talks about this year's agenda and what attendees can expect at the conference.**

**DATE: 01/16/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Kevin DeYoung**

**DESCRIPTION: Do I Need to Be a Jesus Expert? Kevin DeYoung. Following Jesus isn't easy, but it's worth it. Kevin DeYoung guides us on running the Christian race, pursuing holiness, and fighting for purity.**

**DATE: 01/16/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Homesteading: Embracing a Simpler Life. Living in a remote area sounds like a dream, and it is a simpler way of life, but it's also a lot of work. Kathi Lipp offers fun tips and stories about homesteading from her personal experience. She shares**

**about everything from creative cooking and getting through harsh weather, to simplifying life and dreaming with God.**

**DATE: 01/17/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:37**

**ISSUES: Agriculture**

**DESCRIPTION: Winter Beef Nutrition. Ensuring better performance from your cows before calving season means examining their nutritional needs. Former Nebraska Extension Range Cow Production System Specialist Travis Mulliniks talks about what producers should be focusing on before calving season.**

**DATE: 01/17/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Kevin DeYoung**

**DESCRIPTION: Impossible Christianity: Kevin DeYoung. Got guilt? Author Kevin DeYoung chats about how to release collective guilt and savor a satisfying relationship with God.**

**DATE: 01/17/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Investing in Your Child for the Teen Years.**

**Adolescence. The word strikes fear in many parents. But children can thrive in those often- turbulent years, with your support and guidance. A panel of parents will join Jim Daly to discuss preparing your children for the teen years and adulthood.**

**DATE: 01/18/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:19**

**ISSUES: Agriculture**

**DESCRIPTION: Winter Mulch, Watering and Antitranspirants. Protecting your trees this winter is important to helping them survive colder temperatures. Nebraska Extension Educator Elizabeth Exstrom talks about mulching, watering and applying antitranspirants to help your trees for the next growing season.**

**DATE: 01/18/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Debra Fileta**

**DESCRIPTION: Choosing Marriage: Debra Fileta. Marriage different way different than you hoped? Author Debra Fileta thinks it's worth the beauty on the other side.**

**DATE: 01/18/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Allowing Grace to Transform Your Marriage I & II. As a husband or wife, you have a unique opportunity to show love and grace to your spouse. Brad and Marilyn Rhoads openly share about their challenging first year of marriage and how grace transformed their relationship. You'll better understand how marriage is a picture of the gospel.**

**DATE: 01/19/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 05:00**

**ISSUES: Agriculture**

**DESCRIPTION: Winter Cattle Yard Preparation Checklist - Part 2. Extreme temperatures this winter can affect your cattle's performance and, in some situations, contributes to poor health. Nebraska Extension Beef Educator Alfredo DiConstanzo talks about understanding when it's time to call the vet as well as snow removal for more efficient operations.**

**DATE: 01/19/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Debra Fileta**

**DESCRIPTION: My Marriage, My Way? Debra Fileta. Author Debra Fileta provides a fresh perspective in the struggle for compromise and how the 'me, myself, and I' mindset can harm your marriage.**

**DATE: 01/19/2024**



**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Allowing Grace to Transform Your Marriage I & II. As a husband or wife, you have a unique opportunity to show love and grace to your spouse. Brad and Marilyn Rhoads openly share about their challenging first year of marriage and how grace transformed their relationship. You'll better understand how marriage is a picture of the gospel.**

**DATE: 01/22/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:25**

**ISSUES: Agriculture**

**DESCRIPTION: Getting Ready for Calving Season. Producers getting ready for calving season need to pay special attention to cow's nutrition and body condition. Nebraska Extension Animal Health Specialist Becky Funk says during the last stages of pregnancy, cow's nutritional needs become more important especially during the late winter and early spring.**

**DATE: 01/22/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: JD Greear**

**DESCRIPTION: The Life We Long For: JD & Veronica Greear. If Paul wrote Romans for the 21st century, what would he say? JD and Veronica Greer unpack Romans, offering ideas to live out its**

mind-boggling wisdom.

**DATE: 01/22/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Abortion Survivors Share the Value of Pre-Born Lives I & II. For Sanctity of Human Life Week, you'll hear from two women who, against all odds, survived abortion attempts. They'll share their own stories AND encouraging and humanizing stories from other survivors, as well.**

**DATE: 01/23/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:45**

**ISSUES: Agriculture**

**DESCRIPTION: 2024 Land Application Training. Nebraska Extension is offering certification in manure land application for the upcoming season. Nebraska Animal Manure Management Extension Educator Leslie Johnson says there will be plenty of educational opportunities for attendees as training dates are scheduled across the state.**

**DATE: 01/23/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: JD Greear**

**DESCRIPTION: Is Your Marriage Too Far Gone? JD & Veronica Greear. Struggling in marriage? JD and Veronica Greear offer real-life hope. Re-learn the transformative power of the gospel in healing deep wounds.**

**DATE: 01/23/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Abortion Survivors Share the Value of Pre-Born Lives I & II. For Sanctity of Human Life Week, you'll hear from two women who, against all odds, survived abortion attempts. They'll share their own stories AND encouraging and humanizing stories from other survivors, as well.**

**DATE: 01/24/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:16**

**ISSUES: Agriculture**

**DESCRIPTION: 2024 Beef Roundtable Discussions. Beef Producers are encouraged to attend the 2024 Beef Roundtable series being held at three locations in February. Nebraska Extension Beef Feedlot Specialist Jessica Sperber says attendees will hear about new research, marketing, and technology in feedlot nutrition.**

**DATE: 01/24/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: JD Greear**

**DESCRIPTION: My Marriage Needs Help: JD & Veronica Greear. JD and Veronica Greear offer 10 tips to feed healthy relationships and genuine community in your marriage.**

**DATE: 01/24/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: When Your Money and Marriage Clash. All too often, financial conflict in your marriage isn't about money at all, it's more about your money personalities! Discover how savers and spenders, risk-takers and security seekers can survive and thrive!**

**DATE: 01/25/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:31**

**ISSUES: Agriculture**

**DESCRIPTION: Read The Label. Garden center pesticides and fungicides can be helpful to control insects, weeds, and diseases next spring in your home landscape. Nebraska Extension Educator Sarah Browning says to ensure the best results, gardeners should always read the label for amounts and application techniques.**

**DATE: 01/25/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: David and Meg Robbins**

**DESCRIPTION: Your Marriage, On Mission: David & Meg Robbins. David and Meg Robbins explore the positive impact marriage brings the world--and the fulfillment a marriage on mission could bring the two of you.**

**DATE: 01/25/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Engaging Others with Love, Kindness, and Service. You can make a difference in the lives of others through small acts of kindness. Karen Ehman joins to share the importance of listening for 'heart drops', small mentions people make of things their hearts long for, and then acting on them AND the importance of loving others right where you are.**

**DATE: 01/26/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:57**

**ISSUES: Agriculture**

**DESCRIPTION: Windbreaks for Protection and Snow Diversion. A good windbreak will help protect your livestock during cold and blustery days. Former Nebraska Extension Educator Brad Schick talks about several techniques to help your cattle survive bitter cold winds.**

**DATE: 01/26/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Brian Goins, David and Meg Robbins, Ed Uszynski**

**DESCRIPTION: Does My Spouse Know Me Anymore? David & Meg Robbins. Wonder how your spouse would react if they knew what you were really like? David & Meg Robbins get real about the challenges of vulnerability in marriage.**

**DATE: 01/26/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Enjoying the Earth Without Loving the World.**

**Here's a question: Does God want us to enjoy the things of the earth? Pastor Gary Thomas will explain how the 'pure pleasures' we find in life can actually help us resist the temptation to indulge in illicit diversions.**

**DATE: 01/29/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:48**

**ISSUES: Agriculture**

**DESCRIPTION: 2024 Farm Bill Difficulties. Every time a farm bill comes up for debate, there seems to be plenty of non-farming issues that makes it very difficult to get passed. Extension Policy**

**Specialist Brad Lubben talks about some of the reasons the 2018 farm bill has been extended and why new legislation is still being debated..**

**DATE: 01/29/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Kevin DeYoung**

**DESCRIPTION: Follow My Heart, Or Follow My Head? Kevin DeYoung. Wondering if you should follow your heart? Kevin DeYoung believes God understands our hearts. Could you be steering in the wrong direction?**

**DATE: 01/29/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Teaching Children to Celebrate Their Strengths. Your child longs to find their place in the world, what they're good at, where they shine, where they belong. Mom of three, Lucille Williams, equips you with ways you can nurture your child's strengths and help them learn to overcome their weaknesses. By building a strong identity in Christ, you can develop strategies to highlight their talents.**

**DATE: 01/30/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:39**

**ISSUES: Agriculture**

**DESCRIPTION: Upcoming Conferences and Workshops. Farmers and ranchers have several educational opportunities coming up in February. Nebraska Extension will be offering numerous workshops in coming weeks that will focus on women in agriculture, the farm bill and many other topics..**

**DATE: 01/30/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Davey & Kristi Blackburn, Ron Deal**

**DESCRIPTION: Losing the One I Loved: Ron Deal, Davey & Kristi Blackburn. How do you navigate grief and remarriage? Ron Deal, Davey & Kristi Blackburn know the happiness of finding each other amidst the reality of losing someone you love.**

**DATE: 01/31/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:07**

**ISSUES: Agriculture**

**DESCRIPTION: Cow Nutrition Considerations at Calving and Early Lactation. Stressed cows can perform poorly, especially during calving season. Nebraska Extension Educator Troy Walz says producers should have a solid nutrition plan in place that focuses on stress situations when their cow's nutritional needs are critical..**



**DATE: 01/31/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Jordan Raynor**

**DESCRIPTION: Help! My Job is Boring! Jordan Raynor. Bored at work? Jordan Raynor explores bringing purpose to your job. Could God value your work if it's not in ministry?**

**DATE: 02/01/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:09**

**ISSUES: Agriculture**

**DESCRIPTION: Preparing for the Calving Season. Nebraska Extension Educator Aaron Berger says producers should begin the process of calving by reviewing their current equipment and supplies..**

**DATE: 02/01/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Jordan Raynor**

**DESCRIPTION: Does God Care about My Job? Jordan Raynor. Can your job impact eternity? Jordan Raynor explores making work meaningful. Does God truly care?**

**DATE: 02/01/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Inviting God Into Your Dating Relationship (Part 1 of 2)**

**DATE: 02/02/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:15**

**ISSUES: Agriculture**

**DESCRIPTION: Raccoon Management. Raccoons can be a very damaging animal pest and they are known for carrying several diseases that can be passed on to humans. Nebraska Extension Specialist Dennis Ferraro talks about raccoon management and control.**

**DATE: 02/02/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Jordan Raynor**

**DESCRIPTION: Empowering Your Child's Career Dreams: Jordan Raynor. Jordan Raynor shares 5 strategies for modeling a purposeful work life to your child, demonstrating how to infuse life with God for extraordinary impact.**

**DATE: 02/02/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Inviting God Into Your Dating Relationship (Part 2 of 2)**

**DATE: 02/05/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:52**

**ISSUES: Agriculture**

**DESCRIPTION: Preparation Reminders for Calving season. Are your calving supplies in place and ready to go? Nebraska Extension Beef Educator and Doctor of Veterinary Medicine Lindsay Waechter-Mead says it's a good time for producers to gather what they'll need to help newborn calves get off to the right start.**

**DATE: 02/05/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: How to Avoid Bad Influences On Your Marriage**

**DATE: 02/06/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:40**

**ISSUES: Agriculture**

**DESCRIPTION: 2024 LEAD Program Highlights. The ag industry in**

**Nebraska has relied on the LEAD program to help develop tomorrow's leaders. Nebraska LEAD Program Director Terry Hejny discusses recent activities and highlights of this year's LEAD program.**

**DATE: 02/06/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Using Your Unique Personality to Share Your Faith (Part 1 of 2)**

**DATE: 02/07/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:20**

**ISSUES: Agriculture**

**DESCRIPTION: When To Call the Vet When Calving. Most of the time, ranchers can handle the problems that come up during calving but in certain situations, a call to the vet is needed. Nebraska Extension Beef Educator and Doctor of Veterinary Medicine Lindsay Waecheter-Mead talks about when producers should call the vet for help.**

**DATE: 02/07/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Brian Goins, Darrin Mabuni, Ed Uszynski**

**DESCRIPTION: Prayer A Man's Battlefield: Brian Goins, Ed Uszynski, and Darrin Mabuni. Why is prayer important? It's a battlefield! Brian Goins, Ed Uszynski, and Darrin Mabuni discuss prayer roles as a husband and ways to make it a superpower in marriage and daily life.**

**DATE: 02/07/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Using Your Unique Personality to Share Your Faith (Part 2 of 2)**

**DATE: 02/08/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:44**

**ISSUES: Agriculture**

**DESCRIPTION: Developing A Beef Breeding Plan. The right bull can make a world of difference in your breeding program. Nebraska Extension Beef Genetics Specialist Matt Spangler encourages producers to think about what they intend to do with calves before selecting bulls with favorable traits.**

**DATE: 02/08/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Brian Goins, Darrin Mabuni, Ed Uszynski**

**DESCRIPTION:** The Sins We Hide: Brian Goins, Ed Uszynski, and Darrin Mabuni. Ever wonder if your spouse is hiding something? Dave Wilson and Brian Goins host Ed Uszynski, and Darrin Mabuni to discuss why the dark parts of your marriage need the light.

**DATE:** 02/08/2024

**TIME:** 08:06PM

**PROGRAM:** Focus on the Family

**LENGTH:** 28:30

**ISSUES:** Family

**DESCRIPTION:** Leading Your Family as a Single Mom (Part 1 of 2)

**DATE:** 02/09/2024

**TIME:** 07:30AM

**PROGRAM:** Extension Almanac

**LENGTH:** 04:36

**ISSUES:** Agriculture

**DESCRIPTION:** Calf Problems. Not all cows will have easy births this calving season. Nebraska Extension Beef Educator and Doctor of Veterinary Medicine Lindsay Waechter-Mead talks about helping calves who have had difficult births or are showing signs of struggling.

**DATE:** 02/09/2024

**TIME:** 06:00PM

**PROGRAM:** Family Life Today

**LENGTH:** 25:00

**ISSUES:** Family

**SPEAKER:** Brian Goins, Darrin Mabuni, Ed Uszynski

**DESCRIPTION:** Beyond Small Talk and Sports: Brian Goins, Ed

**Uszynski, and Darrin Mabuni. Men, having other guy friends is key for successful marriages, parenting, and your overall well-being. But how do those kinds of relationships work?**

**DATE: 02/09/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Leading Your Family as a Single Mom (Part 2 of 2)**

**DATE: 02/12/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:07**

**ISSUES: Agriculture**

**DESCRIPTION: Optimizing Nitrogen Applications With An Online Management Tool. Efficient application of nitrogen will benefit farmers from time, material and money savings as well as controlling the amount that could become problematic for the environment. Extension Educator Laura Thompson talks about an online management tool that helps producers apply nitrogen more efficiently.**

**DATE: 02/12/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Jared And Becky Wilson**

**DESCRIPTION: Friendship with the Friend of Sinners: Jared &**

**Becky Wilson. Is Jesus a friend of sinners? Jared and Becky Wilson show us how Jesus' acceptance of us isn't determined by what we do.**

**DATE: 02/12/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Cultivating a Mentally Healthy Family**

**DATE: 02/13/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:45**

**ISSUES: Agriculture**

**DESCRIPTION: Strategic Planning for Farmers and Ranchers. Any operation with a solid long-term mission and goals will ultimately be better prepared for future issues whether it be boom or bust. Center for Ag Profitability Director Larry Van Tassel shares some tips for producers to consider when it comes to strategic planning..**

**DATE: 02/13/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Jared And Becky Wilson**

**DESCRIPTION: Missing: Friendship: Jared and Becky Wilson. When did it become so hard to know how to do friendship? Jared**



and Becky Wilson emphasize friendship's importance, sharing ideas on ways to start.

**DATE: 02/13/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Discovering the Secrets to a Lifelong Romance (Part 1 of 2)**

**DATE: 02/14/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:59**

**ISSUES: Agriculture**

**DESCRIPTION: Foreign Land Ownership Bills. An issue making national headlines is being examined by the state legislature here in Nebraska. Two bills were introduced that looks to restrict foreign ag land ownership. Extension Ag Law Specialist Dave Aiken talks about what could happen if either bill is signed into law..**

**DATE: 02/14/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: David and Meg Robbins**

**DESCRIPTION: Staying Close When Life is Crazy: David & Meg Robbins. Life is crazy. How do you stay close? President of**

**FamilyLife, David Robbins and his wife Meg reveal practical ways to strengthen connection among busyness. Explore tangible approaches for building deeper intimacy.**

**DATE: 02/14/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Discovering the Secrets to a Lifelong Romance (Part 2 of 2)**

**DATE: 02/15/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:41**

**ISSUES: Agriculture**

**DESCRIPTION: Ag Budget Calculator. Some of the biggest expenditures on any operation will be equipment operation, upkeep or upgrading. Extension Farm and Ranch Analyst Glennis McClure talks about a program developed by the Center for Ag Profitability that helps producers easily figure out their machinery costs and compares it to what costs would be if they upgraded..**

**DATE: 02/15/2024**

**TIME: 09:30AM**

**LENGTH: 47:00**

**ISSUES: Teen Issues**

**SPEAKER: Keith Becker, Alana Stenberg, Erin Meiseinhimer, and Emily DeMoss**

**REPRESENTS: Todd Becker Foundation**

**INTERVIEWER: Gary Hofer**

**DESCRIPTION: The Todd Becker Stint Weekend is March 15,16. Talked about Stint Takeover Nights and Stint Discipleship Weekend. Talked about how to apply for an internship and the commitment involved.**

**DATE: 02/15/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: David and Meg Robbins**

**DESCRIPTION: He Restores My Soul: David & Meg Robbins. Wondering why you feel drained and emotionally exhausted? Explore Psalm 23 with David & Meg Robbins, revealing an intimate relationship with God. Find the rest your soul's craving.**

**DATE: 02/15/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Believing Gods Promises Despite Hard Circumstances**

**DATE: 02/16/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:31**

**ISSUES: Agriculture**

**DESCRIPTION: Managing Muddy Feedlots. Recent snows have**

turned into lots of moisture in our soils which isn't necessarily a bad thing unless you own a feedlot. Muddy conditions could cause any number of problems with cattle. Extension Beef Educator Alfredo Diconstanzo offers a few insights as to what producers can do when things get sloppy..

**DATE: 02/16/2024**

**TIME: 02:16PM**

**LENGTH: 04:14**

**ISSUES: Disability**

**SPEAKER: Tami Littrell**

**REPRESENTS: Embraced**

**INTERVIEWER: Glenn Littrell**

**DESCRIPTION: Talked about a movie event for families of disabilities. Talked about what Embrace represents**

**DATE: 02/16/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: David and Meg Robbins**

**DESCRIPTION: Running on Fumes: David & Meg Robbins. Our marriage feels..off. David & Meg Robbins recognize signs of strain, offering practical advice to strengthen your relationship.**

**DATE: 02/16/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: The Impact of a Life Well Lived**

**DATE: 02/19/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:39**

**ISSUES: Agriculture**

**DESCRIPTION: Upcoming Nebraska Extension Workshops. Several workshops and seminars are coming up in March. Extension is offering certification for pesticide applicators as well as manure management professionals. Additionally, there are upcoming seminars on the latest research findings and soil health. The Center for Ag Profitability is also offering multiple workshops focusing on the farm bill.**

**DATE: 02/19/2024**

**TIME: 02:38PM**

**LENGTH: 04:14**

**ISSUES: Disability**

**SPEAKER: Tami Littrell**

**REPRESENTS: Embraced**

**INTERVIEWER: Glenn Littrell**

**DESCRIPTION: Talked about a movie event for families of disabilities. Talked about what Embrace represents**

**DATE: 02/19/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Rachel Faulkner-Brown**

**DESCRIPTION: I Have an Eating Disorder: Rachel & Campbell Faulkner-Brown. Join Campbell Brown as she bravely shares her anorexia journey, and her mom Rachel discusses support on the road to recovery.**

**DATE: 02/19/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Changing Minds to Save the Pre-Born**

**DATE: 02/20/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:37**

**ISSUES: Agriculture**

**DESCRIPTION: Winter Tetany in Beef Cattle. Grass Tetany is considered a problem that usually occurs when cattle are eating lush green grass or cereal forage. Nebraska Extension Beef Systems Specialist Mary Drewnowski says it can also occur over the winter when cattle are being fed harvested forages.**

**DATE: 02/20/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Rachel Faulkner-Brown**

**DESCRIPTION: You Are Not Your Body Image Issues: Rachel & Campbell Faulkner-Brown. Campbell Brown opens up about**

overcoming her body image issues and eating disorder as she blends a Christian perspective on mental health.

**DATE: 02/20/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Practical Advice for Parenting Strong-Willed Children (Part 1 of 2)**

**DATE: 02/21/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:46**

**ISSUES: Agriculture**

**DESCRIPTION: Spring Annual Forages. With spring not far off, now is the time to start planning and thinking about any spring annual forages you want to plant. Nebraska Extension Range and Forage Specialist Jerry Volesky says there are plenty of options including the traditional planting of oats.**

**DATE: 02/21/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Rachel Faulkner-Brown**

**DESCRIPTION: I Think My Daughter Has an Eating Disorder: Rachel & Campbell Faulkner-Brown. Campbell Brown and therapist Sissy help you create a safe home for teens--addressing**

eating disorders, body image, and emotional well-being.

**DATE: 02/21/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Practical Advice for Parenting Strong-Willed Children (Part 2 of 2)**

**DATE: 02/22/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:54**

**ISSUES: Agriculture**

**DESCRIPTION: Colostrum 101. The first milk or colostrum for a newborn calf is extremely important. Nebraska Extension Beef Educator and Doctor of Vet Medicine, Lyndsay Waechter-Mead talks about why that first feeding of colostrum is so important.**

**DATE: 02/22/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: J.T. English, Jen Wilkin**

**DESCRIPTION: Theology: Why Should I Care? Jen Wilkin & J.T. English. How does theology shape life's purpose and meaning? Explore its role in church, family discipleship, and why everyone's a theologian.**



**DATE: 02/22/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Restoring Your Marriage After an Affair (Part 1 of 2)**

**DATE: 02/23/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:54**

**ISSUES: Agriculture**

**DESCRIPTION: Paying Family Members on the Farm or Ranch. Successfully bringing additional family members into the operation may require some creativity as all parties need to maintain a viable standard of living. Nebraska Extension Ag Economist Jessica Groskopf talks about making sure family employees are compensated for their efforts on the family farm.**

**DATE: 02/23/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: J.T. English, Jen Wilkin**

**DESCRIPTION: How Well Do You Really Know God? Jen Wilkin & J.T. English. If you could know God deeper, would you? Authors Jen Wilkin and J. T. English invite you to take your next step in knowing the God your soul craves.**

**DATE: 02/23/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Restoring Your Marriage After an Affair (Part 2 of 2)**

**DATE: 02/26/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:37**

**ISSUES: Agriculture**

**DESCRIPTION: Underground Irrigation Testing and Adjustment. If you have an underground sprinkler system installed in your lawn, you might need to take a few moments to do some testing this spring to make sure the system is running efficiently. Nebraska Extension Educators John Fech and Ian Peterson discuss how to properly test and adjust your system..**

**DATE: 02/26/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Elizabeth Woodson**

**DESCRIPTION: Stuck in the Past: Elizabeth Woodson. Stuck in the past? Elizabeth shares practical steps to overcome discontent and difficulty, guiding a way out of life's challenging seasons.**

**DATE: 02/26/2024**  
**TIME: 08:06PM**  
**PROGRAM: Focus on the Family**  
**LENGTH: 28:30**  
**ISSUES: Family**  
**DESCRIPTION: Learning to Live Out Gods Call on Your Life**

**DATE: 02/27/2024**  
**TIME: 07:30AM**  
**PROGRAM: Extension Almanac**  
**LENGTH: 04:31**  
**ISSUES: Agriculture**  
**DESCRIPTION: African Violet Selection and Basic Care. Colorful houseplants and flowers can brighten up any home during the winter months. Nebraska Extension Associate Educator Scott Evans talks about selections of African Violets and how to care for them..**

**DATE: 02/27/2024**  
**TIME: 06:00PM**  
**PROGRAM: Family Life Today**  
**LENGTH: 25:00**  
**ISSUES: Family**  
**SPEAKER: Elizabeth Woodson**  
**DESCRIPTION: When Life Isn't What You Hoped: Elizabeth Woodson. Does life continue to knock you down--hard? Elizabeth Woodson offers gentle guidance and fresh perspective through tough, disappointing realities.**

**DATE: 02/27/2024**  
**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: When Lives Collide: Navigating Remarriage and Stepfamily (Part 1 of 2)**

**DATE: 02/28/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:33**

**ISSUES: Agriculture**

**DESCRIPTION: Managing Postpartum in Cows for a Successful Breeding Season. After calving, producers need to start thinking about how to manage cows during the early postpartum phase for a successful breeding season. Extension Cow-Calf Specialist Kacie McCarthy talks about key issues for producers to keep in mind..**

**DATE: 02/28/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Jay Y. Kim**

**DESCRIPTION: Help! I'm Addicted to My Phone: Jay Y. Kim. Truth: Phones are designed to keep us scrolling and swiping at all costs. Jay Kim reveals eye-opening ways our phones can impact our souls and the church.**

**DATE: 02/28/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: When Lives Collide: Navigating Remarriage and Stepfamily (Part 2 of 2)**

**DATE: 02/29/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:46**

**ISSUES: Agriculture**

**DESCRIPTION: Beef Cattle Inventory Report. Recent numbers have shown the total cattle numbers in the US herd are down. But Texas A&M Ag Economist David Anderson says that's not necessarily problematic. He talks about the USDA Beef Cattle Inventory report on today's Almanac..**

**DATE: 03/01/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:19**

**ISSUES: Agriculture**

**DESCRIPTION: Spring Mower Maintenance. As we move into warmer weather in the state, many homeowner's attention will turn to their lawn. Your lawn mower has been sitting for months and may need some tinkering in order to get it started and ready for the season. Nebraska Extension Educator John Fech offers a few tips to getting your mower started for the first time..**

**DATE: 03/01/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Jay Y. Kim**

**DESCRIPTION: Is Digital Church Enough? Jay Y. Kim. Love the flexibility of attending digital church services from your sofa? Get skeptical. With Jay Y. Kim, discover why it impacts worship and community.**

**DATE: 03/01/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Teaching Kids to Love God and Serve Others Well**

**DATE: 03/04/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:32**

**ISSUES: Agriculture**

**DESCRIPTION: Wildfire Resources. Several agencies will be on hand for a discussion on recovery from the recent wildfires in central Nebraska. The meeting will be held March 12.**

**DATE: 03/04/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Shelby Abbott**

**DESCRIPTION: Before You Ask Them Out: Shelby Abbott. Got a date tonight? What to wear, who's paying? Shelby guides with tips on communication, single life, and dating etiquette. Get ready to ace your game.**

**DATE: 03/04/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Embracing Your Role as a Spouse**

**DATE: 03/05/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:15**

**ISSUES: Agriculture**

**DESCRIPTION: 2024 Commodity Market Outlook. Volatile grain markets are nothing new to Nebraska Farmers. On today's Almanac, Global Commodities Analytics President Mike Zuzulo talks about key factors that could affect this year's prices..**

**DATE: 03/05/2024**

**TIME: 10:21AM**

**LENGTH: 08:49**

**ISSUES: Texas Wildfires**

**SPEAKER: Kevin Hendricks**

**REPRESENTS: Donations for Texas**

**INTERVIEWER: Gary Hofer**

**DESCRIPTION: Donations are needed for those who have had loss from the Texas wildfires. Over 1 million acres are needed.**

**Suggested donations include hay, buckets, fencing supplies. A drop off point is the Hershey Baptist Church.**

**DATE: 03/05/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: David and Meg Robbins**

**DESCRIPTION: Pre-Wedding Conversations You Can't Afford to Skip: David & Meg Robbins. About to say I do--or new to this marriage thing? Skittish after a recent fight? David & Meg Robbins cover the must-have pre-marriage talks like money, sex and in-laws!**

**DATE: 03/05/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Gods Amazing Grace in a Transgendered Persons Life (Part 1 of 2)**

**DATE: 03/06/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:46**

**ISSUES: Agriculture**

**DESCRIPTION: Pre-Planting Planter Maintenance. Making sure your planter is properly maintained and ready to go is critical to planting success. Nebraska Extension Engineer Paul Jasa talks**



about inspecting and making sure your planter is ready for the season..

**DATE: 03/06/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: David and Meg Robbins**

**DESCRIPTION: Are You Really Ready to Get Married? David & Meg Robbins. As the big day nears, are you truly ready for marriage? David & Meg Robbins share insights they wish they'd had before marriage.**

**DATE: 03/06/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Gods Amazing Grace in a Transgendered Persons Life (Part 2 of 2)**

**DATE: 03/07/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:27**

**ISSUES: Agriculture**

**DESCRIPTION: MGA Feeding for 18 Days. On today's program Extension Beef Cattle Reproductive Physiologist Rick Funston discusses MGA feed protocols for estrus synchronization and response with artificial insemination..**

**DATE: 03/07/2024**  
**TIME: 06:00PM**  
**PROGRAM: Family Life Today**  
**LENGTH: 25:00**  
**ISSUES: Family**  
**SPEAKER: David and Meg Robbins**  
**DESCRIPTION: Marriage: What I Wish I Would Have Known: David & Meg Robbins. Crave that forever love? David & Meg Robbins guide you through the twists and turns that marriage will bring. Rediscover the sweet moments from when you first met!**

**DATE: 03/07/2024**  
**TIME: 08:06PM**  
**PROGRAM: Focus on the Family**  
**LENGTH: 28:30**  
**ISSUES: Family**  
**DESCRIPTION: Never Perfect: Finding More Joy, and Less Guilt, As a Mom**

**DATE: 03/08/2024**  
**TIME: 07:30AM**  
**PROGRAM: Extension Almanac**  
**LENGTH: 04:46**  
**ISSUES: Agriculture**  
**DESCRIPTION: Preparations to Make When Scheduling and Delivering Beef for Processing. Filling up your freezer with beef is a great way to save money and enjoy beef year-round. Nebraska Extension Meat Specialist Jordan Wicks talks about beef processing and delivery both from a consumer and producer viewpoint..**

**DATE: 03/08/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Ron Deal**

**DESCRIPTION: Blending a Family after Loss: Ron Deal.**

**Stepparenting is hard, especially after family loss. Ron Deal offers insights on wedding planning and communication for soon-to-be blended families.**

**DATE: 03/08/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Choosing Joy in Healthy Relationships**

**DATE: 03/11/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:56**

**ISSUES: Agriculture**

**DESCRIPTION: 2024 Buy Fresh, Buy Local Membership Drive. A**

**program offered by the University aims to bridge the gap among producers, sellers and buyers seeking foods grown in the**

**Cornhusker state. Nebraska Extension Cooperative Development**

**Center Director Charlotte Narjes talks about the membership drive for Buy Fresh, Buy Local.**

**DATE: 03/11/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Ted Cunningham**

**DESCRIPTION: The Marriage that Laughs Together: Ted Cunningham. Remember pre-kids, work, pets? Can you get that feeling back? On Love Like You Mean It Cruise, Ted & Amy share how to keep laughing together and liking each other!**

**DATE: 03/11/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Putting Children First in Education**

**DATE: 03/12/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:27**

**ISSUES: Agriculture**

**DESCRIPTION: Nebraska Elite 11 Program. To help bolster the shortage of large animal veterinarians in the state, the College of Agricultural Sciences and Natural Resources is offering financial assistance to Nebraska students pursuing degrees in Animal or Veterinary Science. At a recent press conference with Governor Jim Pillen, CASNR Dean Tiffany Heng-Moss discussed the program and encouraged incoming students to be a part of it.**

**DATE: 03/12/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Ann Wilson**

**DESCRIPTION: When Words Wound: How to Build or Break Your Husband: Ann Wilson. Frustration with your husband is real. Tempting to fix him? Could you be causing more harm than good? Ann Wilson shares about the freedom in letting go of nagging.**

**DATE: 03/12/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: From Rebellion to Redemption**

**DATE: 03/13/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:35**

**ISSUES: Agriculture**

**DESCRIPTION: Spring Annual Forages. It's not too early to begin thinking about planting spring forages. Nebraska Extension Range and Forage Specialist Jerry Volesky talks about what options producers have and how to anticipate the need for extra feed.**

**DATE: 03/13/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Juli Slattery, Michael Sytsma, Nan Deal, Ron Deal**

**DESCRIPTION: How to Keep the Romance Alive: Dr. Juli Slattery, and Dr. Michael Sytsma. How do you keep romance alive when it fizzles? Ron & Nan Deal, Juli Slattery, and Michael R. Sytsma, PhD have answers. Rediscover how to bring that love back!**

**DATE: 03/13/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Identifying Triggers in Your Marriage (Part 1 of 2)**

**DATE: 03/14/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:51**

**ISSUES: Agriculture**

**DESCRIPTION: Veterinarian Shortage and Solutions in Rural Nebraska. There is a nationwide shortage of veterinarians and certified vet techs in rural areas, and it's even worse when it comes to care for large animals. Dr. Larry Marshall from the Bertrand Veterinary Clinic says a program from the University of Nebraska College of Agricultural Science and Natural Resources is designed to meet that need.**

**DATE: 03/14/2024**

**TIME: 10:10AM**

**LENGTH: 04:28**

**ISSUES: Child Abuse**

**SPEAKER: Jeff Storie (Scrappy)**

**REPRESENTS: Guardians of the Children**

**INTERVIEWER: Gary Hofer**

**DESCRIPTION: Guardians of the Children will have a Child Abuse Awareness & Family Appreciation Day on April 20th at the D & N Event Center. There will be bike giveaways, free food, cakewalks, and games.**

**DATE: 03/14/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Dane Ortlund**

**DESCRIPTION: Can Jesus Still Care When I Mess Up? Dane Ortlund. Are you longing for someone to care about you? Dave Ortlund unpacks Ephesians 5 revealing the true character of Jesus. Does Jesus love me? Could Jesus actually care for me even though I have messed up?**

**DATE: 03/14/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Identifying Triggers in Your Marriage (Part 2 of 2)**

**DATE: 03/15/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:47**

**ISSUES: Agriculture**

**DESCRIPTION: Retained Placenta in Beef Cows. Retained placenta is rare in most cow herds but is seen with difficult births. Nebraska Extension Veterinarian and Beef Educator Lyndsay Waechter-Mead says producers should be mindful of a cow's condition and extra nutrition needs during and after pregnancy.**

**DATE: 03/15/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Becoming Screen Savvy As a Family**

**DATE: 03/18/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:21**

**ISSUES: Agriculture**

**DESCRIPTION: Climate Resilient Landscapes. Weird weather in Nebraska isn't something out of the ordinary. Having a home landscape that can withstand some of our wild swings in temperature and precipitation will mean a lot less management problems. UNL Director for Landscape Services Jeff Culbertson talks about a climate resilient landscape..**

**DATE: 03/18/2024**

**TIME: 06:00PM**



**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Bob Lepine**

**DESCRIPTION: What's the Hype about Easter? Bob Lepine. Easter! Is there more than candy and egg hunts? Bob Lepine breaks it down in his book Twelve Things You Probably Didn't Know about Easter, revealing the real deal behind this holiday.**

**DATE: 03/18/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Overcoming Obstacles to Pursue Gods Direction in Life**

**DATE: 03/19/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:55**

**ISSUES: Agriculture**

**DESCRIPTION: Chasing the Elusive Second Calf. First time heifers can sometimes experience problems getting pregnant a second time. Extension Cow/Calf Specialist Karla Wilke discusses some of the reasons why getting a new heifer pregnant can be tricky..**

**DATE: 03/19/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Andrew Peterson**

**DESCRIPTION: The Resurrection Letters: Andrew Peterson. Ever felt buried by grief? Andrew Peterson, artist of The Resurrection Letters, offers hope in grief. Parents find purpose, kids learn Jesus' story & his journey from suffering to resurrection.**

**DATE: 03/19/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Praying for Your Teens Heart and Future (Part 1 of 2)**

**DATE: 03/20/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:27**

**ISSUES: Agriculture**

**DESCRIPTION: Managing Bovine Congestive Heart Failure Part 1. Even the best cattle on the best feedlot can experience a congested heart. UNL veterinarian Brian Vander Ley talks about bovine congestive heart failure and some of the indicators that point to this condition in cattle..**

**DATE: 03/20/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Tim And Kathy Bush**

**DESCRIPTION: Scared We're Drifting Apart: Tim & Kathy Bush. Can you really keep that deep, real connection with your spouse when life's throwing a million things at you? Tim & Kathy Bush teach how to prioritize emotional closeness even in the busiest times.**

**DATE: 03/20/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Praying for Your Teens Heart and Future (Part 2 of 2)**

**DATE: 03/21/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:54**

**ISSUES: Agriculture**

**DESCRIPTION: Managing Bovine Congestive Heart Failure Part 2. There are some genetic indicators that might predict if your cattle will suffer from congested heart failure. UNL veterinarian Brian Vander Ley says there are also other factors that could lead to the condition and talks about what producers can do about it..**

**DATE: 03/21/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Tim And Kathy Bush**

**DESCRIPTION: Psalm 23: Finding Peace in the Storm: Tim & Kathy Bush. Struggling this year? Authors Tim & Kathy Bush found comfort in Psalm 23, understanding its message and discovering hope in God. It's truly worth exploring.**

**DATE: 03/21/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Seeing Gods Goodness During Medical Crises**

**DATE: 03/22/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:22**

**ISSUES: Agriculture**

**DESCRIPTION: What Makes an Insect a Pest?. We think of insect pests as an annoyance and in need of control. Nebraska Extension Entomologist Jody Green says what we think of as pests may just be insects that are out of place. She says all insects serve a purpose, but when they're invading our homes and gardens they can become a pest.**

**DATE: 03/22/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Tim And Kathy Bush**

**DESCRIPTION: Signs of Emotional Burnout in Relationships: Tim & Kathy Bush. Ever feel like you're constantly running on empty, struggling to connect with your partner? Tim & Kathy Bush as they discuss the signs that a marriage needs recharging.**

**DATE: 03/22/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Bringing Laughter to Your Marriage**

**DATE: 03/25/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:56**

**ISSUES: Agriculture**

**DESCRIPTION: Vitamin A and Calf Health. Newborn calves need a healthy dose of vitamin A to help fight off bacterial infections. Nebraska Extension Beef Systems Specialist Mary Drewnoski talks about the process of proper feeding and timing to get the vitamin into calves.**

**DATE: 03/25/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Cody Wilson**

**DESCRIPTION: Life of Surrender: Cody Wilson. Ever feel like you're always holding on tight, afraid to let go? NFL player Cody**

**Wilson uncovered remarkable freedom in unexpected decisions.**

**DATE: 03/25/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Establishing Clear Boundaries in Your Life**

**DATE: 03/26/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:23**

**ISSUES: Agriculture**

**DESCRIPTION: Legislative Bill to Reduce Synthetic Fertilizers. Nebraska farmers could receive incentives for reducing their synthetic, commercial fertilizer use. LB1368 introduced by State Senator Theresa Ibach would help farmers choose more organic methods of fertilization, conserving land and water for future generations.**

**DATE: 03/26/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Cody Wilson**

**DESCRIPTION: That Time Worship Changed My Life: Cody Wilson. What dream should you chase? Cody Wilson left football for worship leading, driven by his love for worship. If chasing dreams leaves you confused or unsatisfied, hear Cody's story.**

**DATE: 03/26/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Creating a Shared Vision for Your Marriage (Part 1 of 2)**

**DATE: 03/27/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:50**

**ISSUES: Agriculture**

**DESCRIPTION: Heifer Replacement. Replacing females in the beef cow herd plays a pivotal role in a sustainable and profitable in cow-calf operations. Nebraska Extension Livestock Educator T.L. Meyer talks about making good decisions while looking at costs and potential returns.**

**DATE: 03/27/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Jeremiah Johnston**

**DESCRIPTION: Resurrection Changes Everything: Jeremiah Johnston. Feeling lost? Doubting God? Jeremiah Johnston digs into archaeology and texts to critically examine proof that Jesus rose from the dead--and how the answer rocks our world.**

**DATE: 03/27/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Creating a Shared Vision for Your Marriage (Part 2 of 2)**

**DATE: 03/28/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:54**

**ISSUES: Agriculture**

**DESCRIPTION: 2024 Backyard Farmer Garden. A popular destination on UNL's East Campus is the Backyard Farmer Garden. Nebraska Extension Educator Terri James says there's always plants in bloom and it has a large selection of vegetables to check out and perhaps try in your own home garden.**

**DATE: 03/28/2024**

**TIME: 06:00PM**

**PROGRAM: Family Life Today**

**LENGTH: 25:00**

**ISSUES: Family**

**SPEAKER: Jeremiah Johnston**

**DESCRIPTION: When Your Child is Doubting: Jeremiah Johnston. Could your child be doubting God? Jeremiah Johnston urges us to tackle doubts head-on, welcoming curiosity. He offers busy parents advice on teaching kids transformative love.**



**DATE: 03/28/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Building Strong Father-Son Relationships**

**DATE: 03/29/2024**

**TIME: 07:30AM**

**PROGRAM: Extension Almanac**

**LENGTH: 04:35**

**ISSUES: Agriculture**

**DESCRIPTION: Weak Calf Syndrome. Getting your calves off to the right start can be quite challenging. Veterinarian and Nebraska Extension Beef Educator Lyndsay Waechter-Mead talks about that producers need to understand about weak calve syndrome.**

**DATE: 03/29/2024**

**TIME: 08:06PM**

**PROGRAM: Focus on the Family**

**LENGTH: 28:30**

**ISSUES: Family**

**DESCRIPTION: Jesus and His Power**