

ISSUES/PROGRAMS
2nd Quarter
WBQB

April 1-June 30, 2019

1. Cooking Autism

Date: March 19

Time of Broadcast: 5-8am

Duration: newscast: 30 seconds

Topic: Cooking Autism. It's a way to teach skills to children on the autism spectrum. Those skills can translate to confidence, trying new things and new foods and capabilities that can often be used later in life. Two teachers from Conway Elementary in Stafford and the parent of two autistic children talked about how the program is now being implemented in other county schools and in the area.

2. Functional Medicine and Holistic Care

Date: April 14

Time of Broadcast: 8-8:30am

Duration: 30 minutes

Topic: Dr. Illana Goldberg discussed traditional medicine vs. holistic care. It's a contemporary topic with strong opinions on both sides. Dr. Goldberg discussed alternative medicine and questions to ask when looking for various treatments. She's a Northern Virginia-based doctor.

3. The Great Train Race

Date: April 29

Time Broadcast: 7:30-7:40am

Duration: 10 minutes

Topic: The biggest timed kids race on the east coast is the Great Train Race in Fredericksburg. Organizers of the race talked about last minute registration instructions and last minute parking and participation details. Discussion of keeping kids fit and a new race series for kids: Three one mile races.

4. The pain of life

Date: May 5

Time of Broadcast: 8-8:30am

Duration: 30 minutes

PAGE 2

Topic: The “Dancing Deputy.” Author, singer, motivational speaker and Stafford County Deputy Deuntay Diggs talks about his story outlined in a book and an upcoming documentary. “Beneath the Scar” is his life story.

5. Stroke care in the region

Date: June 7

Time of Broadcast: 5-8am

Duration: newscasts 1 min

Topic: From Mary Washington Healthcare, Dr. Chhabra talked about the high level of stroke care available in the region. The key remains getting victim treatment as fast as possible. He talked about how EMT’s are now trained to spot stroke and what they can do to provide immediate care.

6. Aging gracefully

Date: June 21

Time of Broadcast: 5-8am

Duration: newscasts: 30 seconds

Topic: Pat Holland with Healthy Generations Area on Aging talks about programs and services available for free in the region. From transportation to food to entertainment to meeting others. Holland discussed difficulties aging and how to approach changes with parents and siblings

7. Happy birthday Central Rappahannock Regional Library

Date: June 29

Time of Broadcast: 5-8am

Duration: newscasts 30 seconds

Topic: Tracy McPeck and Rachel Plachetti with the Central Rappahannock Regional Library talk about 50 years for the library. We discussed changes in technology over the years—no more card catalog! And growth—the regional system now has ten branches.