File: April 1, 2018

ISSUES/PROGRAMS 1st Quarter WBQB

January 1-March 31, 2018

1. College athletics

Date: March 7

Time of Broadcast: 5-8am **Duration:** 1 minute-newscasts

Topic: UMW Athletic Director Ken Tyler talked about the state of college athletics in light of the FBI investigation into college basketball. Tyler talked about the differences in D1 and D3—where UMW is a member.

2. Hearing impaired

Date: March 11

Time of Broadcast: 8-8:30am

Duration: 30 min

Topic: CapTel service available for those suffering with hearing loss. Sherrie LeuVay in to talk about the technology and the service around here. She talked about how lives and families were changed.

3. Brain health and technology overload

Date: February 11

Time of Broadcast: 8-8:30am

Duration: 30 minutes

Topic: How technology overload can impede brain health in children Dr. Mitello from MWHC discussed how the good in technology can also become the bad if it's not managed properly. Strategies for helping kids and familes cope in a world of small screens.

4. Sleep Medicine

Date: March 14

Time of Broadcast: 5-8am **Duration:** 1 minute (newscast)

Topic: MWHC doctors discussed the sleep problem in the county and avenues locally to fix the problem. How much sleep should we all be getting—7-9 hours a night. What happens when you don't get that much sleep and the physical problems that can result.

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5. Flu

Date: January 10

Time of Broadcast: 5-8am

Duration: 1 minute (newscast)

Topic: Dr. Brooke Rossheim with the Rappahannock Area Health District talked about the flu season—and the concerns. Dr. Rossheim said the flu vaccine was not as close a match as we sometimes see-but he said it was still worth getting. Why—even if you get the flu it won't hit you as hard, he said

6. Free Help with Taxes

Date: January 28

Time of Broadcast: 8-8:30am

Duration: 30 minutes

Topic: Sara Walsh with Rappahannock United Way talked about their free tax service. It not only helps families but it puts millions of dollars back into the local community. Details on what to bring, where to go...and how the program also offers helps on family finances.

7. NoVA Girls on the Run

Date: February 4

Time of Broadcast: 8-8:30am

Duration: 30 minutes

Topic: Katey Comerford talks about the organization. The goal is about creating a community of girls empowered to be their best, by teaching them the skills they need to be strong, confident, and healthy women. Discussion on improving girls physical and mental health.

File: July 1, 2018

ISSUES/PROGRAMS 2nd Quarter WBQB

April 1-June 30, 2018

1. Taste of the Village

Date: May 20

Time of Broadcast: 8-8:30am

Duration: 30 minutes

Topic: Mary Washington Healthcare described grief support services in the region and how the Taste of the Village event at the Spotysylvania Towne Centre helps fund the program. Description of the various (and growing) needs in the community.

2. Autism Awareness

Date: April 29

Time of Broadcast: 8-8:30am

Duration: 30 min

Topic: April Burch talked about Cooking With Autism. A new program started in Stafford County Schools. The goal: educate the community about autism with the goal of both helping the kids and creating a greating understanding in the community.

3. Giant Food: Guiding Stars

Date: April 22

Time of Broadcast: 8-8:30am

Duration: 30 minutes

Topic: Dietician Lindsay Pugliese with Giant Food talked about the new Guiding Stars program and how the helps in the store will help the consumer eat more healthy. Focus on families and how easy the program can be implemented into weekly shopping.

4. Special Olympics-Summer Games

Date: June 5

Time of Broadcast: 5-8AM **Duration:** 1 minute (news)

Topic: The Special Olympics Virginia president and two Special Olympians from the Fredericksburg area talked about the Law Enforcement Torch Run and

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their involvement in the Summer Games—both at the state and national level. Golfer Grace Anne Braxton talked about her preparation as a world-class golfer.

4. Breast Microseed Treatment

Date: April 16

Time of Broadcast: 8-8:30 **Duration:** 30 minutes

Topic: A Mary Washington Healthcare doctor talked about the new (and groundbreaking) effort to treat breast cancer using the planting of microseeds in the breast. It's less invasive and is proving to be treatment that is groundbreaking.

5. Baseball in Fredericksburg

Date: June 26

Time of Broadcast: 5-8am

Duration: 1 minute (newscast)

Topic: Fredericksburg and the Potomac Nationals are in discussions about bringing baseball to Celebrate Virginia in Fredericksburg. Team owner Art Silber and council members commented on the process, the benefits and the overall contract. It will be a four month time of negotiations and hearing from the community.

6. Bull Run Ride for Veterans

Date: June 14

Time of Broadcast: 8-8:30am

Duration: 30 minutes

Topic: Representatives of the Northern Virginia Chapter of the Combat Veterans Motorcycle Association discussed their effort to raise money for disabled veterans. Discussion on challenges and the responsibilities of each community.

7. Fredericksburg Floods

Date: June 24

Time of Broadcast: 5-8am

Duration: 1 minute (newscasts)

Topic: Several downtown business owners discussed the impact the late June floods had on business and what their business had to do in order to keep the water out. Storm predicting and communication also discussed.