

**Issues & Programs Q4 2022**  
**October, November, December**

All programs are broadcast simultaneously on 88.1 FM KFHC and KOIA.

Issues in the 88.1FM listening community:

1. Family, Parenting & Relationship (More 2 Life)
2. Health (The Dr. is in)
3. Educational (Catholic Answers Live)
4. Public Interest (Kresta in the afternoon)
5. Women's Interests (Women of Grace)

- 1) 10/6/2022 (1hr) **10:00amET: More2Life with Dr. Greg & Lisa Popcak 1-877-573-7825**
  - Marriage Madness - Marital problems driving you mad? The Popcaks help you create a more loving relationship.
- 2) 10/18/2022 (1hr) **10:00amET: More2Life with Dr. Greg & Lisa Popcak 1-877-573-7825**
  - The Pursuit of Happiness—Do you wish you were happier? Is someone else's negativity stealing your joy? We'll help you cultivate a more joyful life!
- 3) 11/8/2022 (1hr) **10:00amET: More2Life with Dr. Greg & Lisa Popcak 1-877-573-7825**
  - Support Network – Are challenging relationships holding you back? The Popcaks help you cultivate more satisfying connections!
- 4) 11/22/2022 (1hr) **10:00amET: More2Life with Dr. Greg & Lisa Popcak 1-877-573-7825**
  - The Surly Table - Worried about family conflict around the holidays? We'll help you make peace.
- 5) 12/13/2022 (1hr) **10:00amET: More2Life with Dr. Greg & Lisa Popcak 1-877-573-7825**
  - Hope For a New Day – Feeling like nothing's ever going to change? Let Greg & Lisa help you discover new hope and healthy ways to make effective change!
- 6) 12/20/2022 (1hr) **10:00amET: More2Life with Dr. Greg & Lisa Popcak 1-877-573-7825**
  - Finding Joy - Are you finding it difficult to find or cultivate joy in your life? Greg & Lisa are here to help you find your joy.

- 1) 10/10/2022 (1hr) **1:00pmET: The Doctor Is In with Dr. Ray Guarendi**
  - Dr. Ray Guarendi answers emails on family, marriage & relationships  
When I grew up, we had no ac, houses know a day all have ac's, even cars.  
My first car with air was so cool.
  
- 2) 10/21/2022 (1hr) **1:00pmET: The Doctor Is in with Dr. Ray Guarendi**
  - "Look Back Friday" - Dr. Ray revisits call from previous shows and adds additional comments. 17 yr. old son wants to leave, dad asked why? Son has no respect for me our hi mother. He went to his grandparent's house, needs time away because he doesn't like parents' rules.
  
- 3) 11/9/2022 (1hr) **1:00pmET: The Doctor Is in with Dr. Ray Guarendi 1-877-573-7825**
  - Dr. Ray Guarendi takes calls and talks about family, marriage & relationships.  
Caller is asking what really causes depression? Is it a chemical in balance?
  
- 4) 11/29/2022 (1hr) **1:00pmET: The Doctor Is In with Dr. Ray 1-877-573-7825**
  - Dr. Ray Guarendi offers advice about family, marriage & relationships.  
Dr. Ray wife is going thru some things from her kid's things she saved to give to the kids.  
She was reading the essay from Andrew who was 7.yrs old at the time, he is now in his 30's.
  
- 5) 12/27/2022 (1hr) **1:00pmET: The Doctor Is In with Dr. Ray 1-877-573-7825**
  - Dr. Ray Guarendi offers advice about family, marriage & relationships.
  
- 6) 12/29/2022 (1hr) **1:00pmET: The Doctor Is In with Dr. Ray Guarendi 1-877-573-7825**
  - Dr. Ray Guarendi takes calls and talks about family, marriage & relationships.

- 1) 10/10/2022 (1hr) **6:00pmET: Catholic Answers Live with Cy Kellett 1-888-318-7884**
  - Abraham, Father of Faith, and Works with Steve Ray
  
  - One Disciple at a Time with Everett Fritz
- 2) 10/25/2022 (1hr) **6:00pmET: Catholic Answers Live with Cy Kellett 1-888-318-7884**
  - Open Forum with Tim Staples
- 3) 11/15/2022 (1hr) **6:00pmET: Catholic Answers Live with Cy Kellett 1-888-318-7884**
  - Open Forum Q & A with Tim Staples & Jimmy Akin
- 4) 11/23/2022 (1hr) **6:00pmET: Catholic Answers Live with Cy Kellett 1-888-318-7884**
  - Your Bible Questions with Jimmy Akin
- 5) 12/14/2022 (1hr) **6:00pmET: Catholic Answers Live with Cy Kellett 1-888-318-7884**
  - Your Bible Questions with Jimmy Akin
- 6) 12/27/2022 (1hr) **6:00pmET: Catholic Answers Live with Cy Kellett 1-888-318-7884**
  - Open Forum Q & A with Michael Lofton

- 1) 10/11/2022 (1hr) **4:00pmET: Kresta in the Afternoon with Al Kresta 1-877-573-7825**
  - William Doyno, Jr, contributor to [Inside the Vatican](#) magazine as well as many other publications, talks to Al about the legacy of St. Pope John the twenty-third.
- 2) 10/18/2022 (1hr) **4:00pmET: Kresta in the Afternoon with Al Kresta 1-877-573-7825**
  - Al spotlights people from all walks of life and talks with them about their personal faith experiences.
- 3) 11/8/2022 (1hr) **4:00pmET: Kresta in the Afternoon with Al Kresta 1-877-573-7825**
  - Fr. John Riccardo continues the Rescue Project series (part 3).
- 4) 11/22/2022 (1hr) **4:00pmET: Kresta in the Afternoon with Al Kresta 1-877-573-7825**

- Paul Kengor tells the inspiring story of Bella Dodd and her redemption from Satan in his book, *The Devil and Bella Dodd*.

5) 12/20/2022 (1hr) **4:00pmET: Kresta in the Afternoon with guest host Dr. Bunson 1-877-573-7825**

- Al continues with his countdown – with Day 3 of the best of 2022’s interviews and stories.

6) 12/28/2022 (1hr) **4:00pmET: Kresta in the Afternoon with Al Kresta 1-877-573-7825**

- Just a few more days until the number 1 stories & interviews of the year! Day 9 of the countdown is today!

1) 10/14/2022 (1hr) **11:00amET: Women of Grace with Johnnette Williams 1-833-288-EWTN**

- Johnnette brings you a live, call-in show to simplify and amplify your life of grace. Ask Mary to enter my heart, do good work thru prayer, trust.

2) 10/24/2022 (1hr) **11:00amET: Women of Grace with Johnnette Williams 1-833-288-EWTN (3986)**

- Johnnette brings you a live, call-in show to simplify and amplify your life of grace. Caller is talking about her husband having cancer. She prayed to GOD, she could not sleep, could not eat, she prayed to GOD one night and something came over her and she fell asleep and felt better. God was there for her.

3) 11/15/2022 (1hr) **11:00amET: Women of Grace with Johnnette Williams 1-833-288-EWTN (3986)**

- Johnnette brings you a live, call-in show to simplify and amplify your life of grace. We need to hold up our marriage, don’t give up on it. Thanks, Johnnette, for her workshop with Jack.

4) 11/29/2022 (1hr) **11:00amET: Women of Grace with Johnnette Williams 1-833-288-EWTN (3986)**

- Johnnette has a special program for women—and all who want to know women’s spirituality better.

5) 12/13/2022 (1hr) **11:00amET: Women of Grace with Johnnette Williams 1-833-288-EWTN (3986)**

- Johnnette embraces the essence of feminine spirituality as she informs, instructs, and inspires listeners with the truth of the Catholic faith. Pray to Mother Mary.

6) 12/28/2022 (1hr) **11:00amET: Women of Grace with Johnnette Williams 1-833-288-EWTN (3986)**

- It’s Wacky Wednesday - Johnnette welcomes new age researcher & blogger Sue Brinkmann as they talk about wacky things that distract from the faith.

10/7/2022 Shows preempted by live sports broadcast  
10/14/2022 Shows preempted by live sports broadcast  
10/21/2022 Shows preempted by live sports broadcast  
12/1/2022 Shows preempted by live sports broadcast  
12/2/2022 Shows preempted by live sports broadcast  
12/6/2022 Shows preempted by live sports broadcast  
12/9/2022 Shows preempted by live sports broadcast  
12/13/2022 Shows preempted by live sports broadcast  
12/16/2022 Shows preempted by live sports broadcast  
12/19/2022 Shows preempted by live sports broadcast  
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