



100.1 WJRZ-FM 1st QUARTER 2019 - ISSUES REPORT

3/31/19

Prepared by Matt Knight, Program Director

The following is the quarterly Issues Report for WJRZ-FM for the **first quarter of 2019**. The report includes a synopsis of programs as well as a sampling of Public Service announcements, which aired between 1/1/19 & 3/31/19.

WJRZ-FM has identified the following issues of importance to its community of listeners:

- Healthcare
- Doctor/Patient Relationships
- Charity Organizations
- Family Issues
- Community Outreach
- Mental Health

WJRZ-FM Public Affairs Programs

Sunday – 6:00am – 6:30am

“Radio Health Journal” is a syndicated show that talks with authors, professors and other professionals about medical and health issues of local and national concern.

Sunday – 6:30am-7:00am

“Around Ocean County” is a local, weekly interview show covering a variety of issues making news in the station’s hometown and county. Featuring pre-recorded interviews, the show is hosted and produced by Lisa Anderson.

HOW PROGRAMMING ADDRESSED THE ISSUES

HEALTHCARE

1/6/19...*Around Ocean County*. **TOPAC. 22:23 Synopsis:** Paul Ressler is the founder of TOPAC, The Overdose Prevention Agency Corporation. This nonprofit provides training and education for the public on how to administer Narcan when needed to individuals who are experiencing a drug overdose. TOPAC has trained hundreds of people on a volunteer basis. **Guest:** Paul Ressler, TOPAC Founder

1/6/19...*Radio Health Journal*. **THE ADDICTION SPECTRUM 7:34 Synopsis:** Does addiction affect all of us in some degree? A noted addiction specialist and author believes we are all somewhere on the addiction spectrum, from bad habits to full-blown addiction. He discusses how small triggers can push people to seek relief, producing deepening decline. **Host:** Nancy Benson. **Guest:** Dr. Paul Thomas, author, *The Addiction Spectrum: A Compassionate, Holistic Approach to Recovery*

1/13/19...*Radio Health Journal*. **AUTISM IN GIRLS 12:48 Synopsis:** Experts have believed that autism affects four times as many boys as girls, but the ratio may not actually be quite that high. Doctors are learning that autism shows up differently in girls' behavior as a result of brain differences. This leaves many girls with autism undiagnosed. Experts discuss how it appears in girls and the consequences of those differences. **Host:** Reed Pence. **Guests:** Dr. Thomas Frazier, Chief Science Officer, Autism Speaks; Dr. Rachel Loftin, Adjunct Asst. Prof. of Psychiatry, Northwestern Univ.; Dr. Kevin Pelphrey, Jefferson Scholars Foundation Prof. of Neurology, Univ. of Virginia

1/20/19...*Radio Health Journal*. **DUPUYTREN DISEASE: CRIPPLER OF HANDS 7:55 Synopsis:** Dupuytren disease (pronounced DOO-pah-tren) is the most common disorder crippling hands that most people have never heard of. It is a genetic condition of the fascia beneath the skin of the palms, and it stubbornly resists treatment. An expert and a patient discuss the disorder. **Host:** Nancy Benson. **Guests:** Tom Knapp, Dupuytren patient and board member, Dupuytren Foundation; Dr. Charles Eaton, hand surgeon and Executive Director, Dupuytren Foundation

1/27/19...*Radio Health Journal*. **RETHINKING ANTIBIOTICS 12:19 Synopsis:** Since the introduction of antibiotics in World War II, doctors have prescribed courses of treatment that typically ran longer than necessary. Bacterial resistance is forcing a reevaluation, shortening courses sometimes to just a few days and even prompting doctors to advise not using all pills if patients feel better. **Host:** Reed Pence. **Guests:** Dr. Brad Spellberg, Chief Medical Officer, Los Angeles County-Univ. of Southern California Medical Center; Dr. William Schaffner, infectious disease specialist, Vanderbilt Univ. Medical Center; Dr. Louis Rice, Chairman, Dept. of Medicine, Warren Alpert Medical School, Brown Univ.

1/27/19...*Radio Health Journal*. **THE EARLY DAYS OF HORMONES 7:39 Synopsis:** Hormones were unknown until a little more than 100 years ago, and experts admit we still have a lot to learn. An expert author details the discovery of hormones and how our growing knowledge has shaped treatment of many diseases and conditions. **Host:** Karen Hand. **Guest:** Dr. Randi Hutter Epstein, Yale Univ., Columbia Univ., and author, *Aroused: The History of Hormones and How They Control Just About Everything*

2/10/19...*Radio Health Journal*. **XENOTRANSPLANTATION—ORGANS FROM OTHER SPECIES 13:07 Synopsis:** After attempts to use non-human primates as a source of scarce organs for transplant, doctors have turned to pigs for a variety of reasons. They're now making great progress against the largest hurdle—rejection. One of the world's foremost xenotransplantation experts discusses how the process might work and what the future might look like for millions of potential organ and tissue recipients. **Host:** Reed Pence. **Guest:** Dr. David Cooper, Prof. of Surgery, Univ. of Alabama at Birmingham and Co-Director, UAB Xenotransplantation Program

2/17/19...*Around Ocean County*. **AMERICAN HEART ASSOCIATION. 24:45 Synopsis:** Spokesperson and Volunteer for the American Heart Association Joan Acevedo joins us to discuss her heart attack at age 30, her subsequent rehabilitation and road to recovery. Joan also discussed the warning signs of a heart attack, how they differ in men and women, and February being designated "Go Red for Women" across the nation. **Guest:** Joan Acevedo

2/17/10...*Radio Health Journal*. **WHEN DOES GENETIC ENGINEERING GO TOO FAR? 7:10 Synopsis:** Advancements in genetic science are often clouded in ethical controversy. Often, scientists are accused of "playing God." Experts discuss a new platform where scientists and public can debate it, and from which education can be disseminated. **Host:** Nancy Benson. **Guest:** Dr. Ting Wu, Prof. of Genetics, Harvard Medical School

3/3/19...*Radio Health Journal*. **SILENT HEART ATTACK 12:37 Synopsis:** Heart attacks that produce few if any symptoms may be mistaken for indigestion or simple malaise, but they can be more serious than heart attacks that bring crushing pain because they often don't bring a victim to the hospital for lifesaving help. Experts discuss. **Host:** Reed Pence. **Guests:** Dr. Martha Gulati, cardiologist, Univ. of Arizona and Editor-in-Chief, American College of Cardiology patient education initiative, Cardiosmart.org; Dr. Robert Vogel, Prof. of Medicine and Cardiology, Univ. of Colorado and co-author, *The Pritikin Edge*

3/17/19...*Radio Health Journal*. **RECRUITING PATIENTS FOR CANCER CLINICAL TRIALS 12:45 Synopsis:** Clinical trials drive medical advancement, but cancer clinical trials seldom meet their goals in recruiting patients. Experts discuss causes, consequences, and actions being taken to meet needs. **Host:** Reed Pence. **Guests:** Dr. David Ahern, Director, Program in Behavioral Informatics and EHealth, Brigham & Women's Hospital, Asst. Prof. of Psychology, Harvard Medical School, and co-author, *Oncology Informatics: Using Health Information Technology to Improve Processes and Outcomes in Cancer*; Dr. Bradford Hesse, Chief of Health Communication Informatics, National Cancer Institute and co-author, *Oncology Informatics: Using Health Information Technology to Improve Processes and Outcomes in Cancer*; Dr. Julie Brahmer, Co-Director, Upper Aerodigestive Department, Bloomberg~Kimmel Institute for Cancer Immunotherapy, and Professor of Oncology, Johns Hopkins School of Medicine

3/24/19...*Radio Health Journal*. **KNEE REPLACEMENTS 13:45 Synopsis:** Knee replacements are successful for 80 percent of recipients, yet many assume the success rate should be higher. Those who are not successful often are bitterly disappointed. However, patients and physicians can take steps to avoid a bad result. New techniques also offer much faster recovery. Experts discuss. **Host:** Reed Pence. **Guests:** Dr. Dan Riddle, Prof. of Physical Therapy, Orthopedic Surgery and Rheumatology, Virginia Commonwealth Univ.; Dr. James Rickert, President, Society for Patient Centered Orthopedics; Dr. Richard Berger, Asst. Prof. of Orthopedics, Rush Univ.

3/24/19...*Radio Health Journal*. **TAKING BODY BASICS SERIOUSLY 6:05 Synopsis:** Many people have questions about their bodies that seem so silly, they never bring them up with their doctors. While the answers are sometimes humorous, often they are more complicated and important than we imagine. An expert physician/writer discusses. **Host:** Nancy Benson. **Guest:** Dr. James Hamblin, Senior Editor, Atlantic Magazine and author, *If Our Bodies Could Talk: A Guide to Operating and Maintaining A Human Body*

DOCTOR/PATIENT RELATIONSHIPS

1/20/19...*Radio Health Journal*. **WHEN YOU HAVE NO PRIMARY CARE DOCTOR 11:43 Synopsis:** Surveys show that fewer Americans have a primary care doctor, especially among younger people. Experts discuss the ramifications of this trend both medically and economically, reasons behind it, and how primary care practitioners are changing the way they work to answer objections. **Host:** Reed Pence. **Guests:** Dr. Ana Maria Lopez, President, American College of Physicians; Dr. John Cullen, President, American Academy of Family Physicians

3/10/19...*Radio Health Journal*. **FIBBING TO YOUR DOCTOR 12:36 Synopsis:** New surveys show that as many as 80 percent of people omit information, stretch the truth or outright lie to their doctors. Experts discuss why it happens, consequences, and methods that might reduce the amount of less-than-truthful answers to doctors' questions. **Host:** Reed Pence. **Guests:** Dr. Andrea Gurmankin Levy, Assoc. Prof. of Psychology, Middlesex Community College; Dr. Marícela Moffitt, Prof. of Medicine and Director, Doctoring Curriculum, Univ. of Arizona College of Medicine–Phoenix.

3/31/19...*Radio Health Journal*. **“DIFFICULT” PATIENTS: QUESTIONING AUTHORITY 10:53 Synopsis:** Patients used to accept doctors' orders without question. Today, more are asking questions and challenging their doctors' opinions. However, even those who do it politely are likely to be labeled “difficult.” A doctor whose late wife nearly made a career of being a difficult patient discusses how patients can do it respectfully and fruitfully.

Host: Reed Pence. **Guest:** Dr. William Steinbach, Prof., Chief of Pediatrics & Infectious Diseases, Duke Univ.

CHARITY ORGANIZATIONS

1/13/19...*Around Ocean County.* **DAY OF GIVING. 24:02 Synopsis:** Volunteer Gwen Moran discusses the yearly "day of giving" which takes place each year in honor of Martin Luther King Jr. This year's day of giving was held January 21st, and hundreds of students from Wall and volunteers participate at Wall Elementary School in Wall to distribute clothing, pet supplies, diapers, food etc. throughout the community. They also provide the area first responders with home baked treats to thank them for their service. **Guest:** Gwen Moran

1/20/19...*Around Ocean County.* **IMPACT 100. 22:42 Synopsis:** Co-founder of Impact 100 Jersey Coast Deidre Spiropoulos and grant writer from Impact 100 Rowena Crawford tell us about the non-profit organization Impact 100 Jersey Coast chapter which provides 3 six-figure grants each year to deserving non-profits. This all women based organization meets each month to discuss criteria for the following year's recipients. **Guests:** Diedre Spiropoulos & Rowena Crawford.

2/3/19...*Around Ocean County.* **MAKE A WISH NEW JERSEY. 22:17 Synopsis:** Director of Communications for the Make A Wish Foundation tells us about the organization's mission to grant the wish of every child who contacts them and is battling a life-threatening illness. NJ Chapter of Make A Wish began in 1983, now there are over 60 chapters across the nation. Make A Wish relies on corporate sponsors and private donations from caring individuals within the communities. **Guest:** Michael Dominick.

2/10/19...*Around Ocean County.* **OCEAN OF LOVE. 24:00 Synopsis:** Director of the non-profit organization Ocean Of Love, Theresa Segual discusses the mission of the organization, which is to provide assistance and support in many ways for children who are battling a cancer diagnosis along with their families. Ocean of Love began 31 years ago, and since then, they have helped thousands of families. **Guest:** Theresa Segual.

3/10/19...*Around Ocean County.* **MONTH OF GIVING. 24:00 Synopsis:** Each year, for the past nine years, Jersey Mike's Franchises donate to various charities across the state during their "Annual Month of Giving." It all culminates on March 27th when the entire proceeds from that day are donated to a charity of their choice, this year's recipient being the Make A Wish Foundation of NJ. **Guest:** Michael Dominick.

FAMILY ISSUES

1/13/19...*Radio Health Journal*. **INVISIBLE GIRLS: VICTIMS OF INCEST 7:06**

Synopsis: Experts say incest is the most common of all sexual abuse, but the least discussed openly. This can leave victims isolated and less able to reveal abuse, which can have further psychological ramifications later on. A noted expert on sexual abuse discusses how incest makes girls feel particularly responsible and unable to come forward, and a non-profit organization that seeks to help them. **Host:** Nancy Benson. **Guest:** Dr. Patti Feuereisen, clinical psychologist and author, *Invisible Girls: Speaking the Truth About Sexual Abuse*

2/3/19...*Radio Health Journal*. **TALKING TO YOUR BABY 11:25** **Synopsis:** Scientists have discovered that the way parents talk to their infants has a huge effect on their intellectual development and later success. Experts discuss why and how parents should hold "conversations" with their babies. **Host:** Reed Pence. **Guests:** Dr. Anne Fernald, Assoc. Prof. of Psychology, Stanford Univ.; Dr. Kimberly Noble, Assoc. Prof. of Pediatrics, Columbia Univ.

3/17/19...*Around Ocean County*. **COMMON GROUND GRIEF CENTER. 23:53** **Synopsis:** Founder and Executive Director of the non-profit organization Common Ground Grief Center joins us along with Jersey Shore Chef Mike Jurusz to discuss the 6th annual Chef's Extraordinaire Culinary and Wine tasting event whose proceeds benefit Common Ground. Common Ground Grief Center began in 2009 as a grassroots organization in the basement of a church and is now home to hundreds of children who are dealing with the loss of a sibling or parent. **Guests:** Lynn Snyder, Mike Jurusz.

COMMUNITY OUTREACH

1/27/19...*Around Ocean County*. **MONMOUTH COUNTY DIVISION OF PLANNING**

24:15 **Synopsis:** Joe Barris is the assistant director for the Monmouth County Division of Planning. Joe tells us of the new Virtual Tour of Monmouth County where you can explore the arts, identify famous assets, indigenous people, and land use throughout 53 municipalities.

Guest: Joe Barris.

2/24/19...*Around Ocean County*. **EASTER SEALS NJ. 23:05** **Synopsis:** Michael Owen is Chief Human Resources Officer and General Counsel for the nonprofit organization Easter Seals NJ. What began as a small organization in 1907 has now grown into a nationwide organization with over sixty chapters across the country. After the American with Disabilities Act was passed, people with disabilities often faced discrimination in the workplace and beyond. Easter Seals NJ provides support, assistance and education to the disabled, those with autism, and veterans. **Guest:** Michael Owen.

3/3/19...*Around Ocean County*. **ALLAIRE COMMUNITY FARM. 24:03** **Synopsis:** Joann Burney is the founder of the non-profit organization Allaire Community Farm, along with Volunteer Allison Monte, they discuss the many services provided to the disabled, Veterans, and those in need as well as being a sanctuary for abused and neglected animals. **Guest:** Joann Burney.

3/24/19...*Around Ocean County*. **HAVEN BEAT THE STREETS. 23:10 Synopsis:** Paul Hulse, co-founder and director of the non-profit organization "Haven Beat the Streets" tells us about the mission of the organization to help provide shelter, employment and treatment for addiction for the homeless population in Ocean County. Haven Beat the Streets relies on private donations from citizens in Ocean and Monmouth County as well as area restaurants and places of worship. **Guest:** Paul Hulse.

MENTAL HEALTH

1/6/19...*Radio Health Journal*. **PERSONALITY AND DRUG ABUSE 12:17 Synopsis:** Drug and alcohol addiction and abuse is rising. Researchers have found that “fear mongering” educational efforts to combat it in adolescents doesn’t work. New science has discovered that certain personality types are predictably predisposed to addiction risk, and that educational efforts can be targeted to them effectively. Experts discuss. **Host:** Reed Pence. **Guest:** Dr. Natalie Castellanos Ryan, Asst. Prof. of Psychoeducation, Univ. of Montreal; Maia Szalavitz, author, *Unbroken Brain: A Revolutionary New Way of Understanding Addiction*

2/24/19...*Radio Health Journal*. **VETERINARIAN SUICIDE 12:34 Synopsis:** A new CDC report shows that suicide among veterinarians is much higher than in the general population. Experts discuss the unique stresses that affect these professionals, including financial, compassion fatigue, euthanasia, and online harassment. They also discuss measures being taken to prevent mental health struggles and suicide. **Host:** Reed Pence. **Guests:** Dr. Jason Sweitzer, veterinarian, Thousand Oaks, CA, and board member, Not One More Vet; Dr. Debbie Stowen, Director of Veterinary Affairs, Lifelearn Animal Health

3/3/19...*Radio Health Journal*. **WHEN CHRONICALLY ILL KIDS GROW UP 7:20 Synopsis:** Children with serious chronic diseases often have a tough time transitioning from pediatric care, which has much support built in, to adult care, which has to be managed by the patient. Experts discuss how parents can make it easier with a gradual transition. **Host:** Nancy Benson. **Guests:** Dr. Maria Ferris, pediatric nephrologist and Assoc. Prof. of Pediatrics and Medicine, Univ. of North Carolina-Chapel Hill; Dr. Miranda Van Tilburg, gastroenterologist, hematologist, and Assoc. Prof. of Medicine, Univ. of North Carolina-Chapel Hill

3/10/19...*Radio Health Journal*. **THE EFFECTS OF WORKPLACE FATIGUE 7:15 Synopsis:** Fatigue, both physical and mental, in the workplace carries enormous costs in loss of productivity and injury. Experts are beginning to measure its precise effects in real time using wearable motion sensors, with some surprising results that will shape solutions. An expert who has studied this shares insights. **Host:** Nancy Benson. **Guest:** Dr. Lora Cavuoto, Assoc. Prof. of Industrial and Systems Engineering, Univ. at Buffalo

3/31/19...*Radio Health Journal*. **THE RISING TIDE OF RUDENESS 8:53**

Synopsis: Studies show a rudeness epidemic in the US, and that people are profoundly affected when they experience or even witness it occurring to someone else. Two experts discuss.

Host: Nancy Benson. **Guests:** Dr. Amir Erez, Prof. of Management, Warrington College of Business, Univ. of Florida; Dr. Christine Porath, Assoc. Prof. of Management, McDonald School of Business, Georgetown Univ., and author, *Mastering Civility: A Manifesto for the Workplace*



100.1 WJRZ On-Air Quarterly PSA Report: 1/1 - 3/31/19

1/1-2/3: St. Francis Community Center of Long Beach Township is raffling off a \$5,000 Travel Gift Certificate, which makes a great gift for any occasion.

1/1-3/31: WJRZ cares about our troops, as cell phones for soldiers are being collected for the "Support the Troops Project."

1/7-1/12: The Ocean County Vocational Technical School, Brick Center will host a "Career Discovery Day," Saturday, January 12th.

1/7-1/12: The Lacey Township High School Fishing Club's 10th annual "Fisherman's Flea Market" will be held Saturday, January 12th in the high school gym. Proceeds will fund club activities and scholarships for student members.

1/7-1/28: The Educational Services at St. Francis Community Center will hold enrollment for winter classes for New Jersey High School Diploma Prep Class and English as a Second Language. Registration is scheduled for January 14th, 15th and 28th and includes intake, assessments and orientation.

1/7-1/31: Partnership for a drug-free New Jersey is looking for high school students to write and perform songs with drug free messages. Enter the 2019 New Jersey Shout Down Drugs Music Contest and compete for over \$10,000 in prizes, as well as a chance to perform live at Rutgers University.

1/14-1/16: Looking to give back or get more involved in our community? Volunteering can do all that for you and more. Come to the Stafford Township Recreation "Senior Volunteer Fair," Wednesday, January 16th at the Bay Avenue Community Center in Manahawkin.

1/14-1/17: CONTACT of Ocean & Monmouth Counties will begin "Crisis Hotline Volunteer Training," Thursday, January 17th at The Chelsea in Brick, once a week for 12 weeks.

1/14-1/18: The Monmouth Ocean Development Council will hold their “General Membership Meeting,” Friday, January 18th at Jumping Brook Country Club in Neptune.

1/14-1/19: The Ocean County Parks & Recreation Department will host their “Winter Beach Blast,” Saturday, January 19th at center court of the Ocean County Mall.

1/14-1/19: Forked River Presbyterian Church will hold a “Spaghetti Dinner,” Saturday, January 19th.

1/14-1/20: A Need We Feed will hold a “Casino Night” fundraiser at Aqua Blu in Toms River, Sunday, January 20th.

1/14-1/20: The Belmar Arts Center will be hosting a “Bloody Mary Sunday,” January 20th with live music and appreciation of local arts. The price of admission is a donation to the center.

1/14-1/20: Teachers and principals from elementary and middle schools in Jackson, plus the school superintendent will take on the “Harlem Wizards,” Sunday, January 20th in the Jackson Liberty High School gym.

1/21-1/23: Join the St. Francis Counseling Service for “Attitude of Gratitude,” Wednesday, January 23rd at The Union Market in Tuckerton. Learn more about essential oils, grounding and breathing techniques, yoga and more.

1/28-1/29: All Saints Regional Catholic School in Manahawkin will hold an “Open House,” Tuesday, January 29th.

1/28-1/31: Collier Youth Services will hold their “Team Trikeathon,” Thursday, January 31st at Vonage Campus in Holmdel. Proceeds which will help send over 200 economically disadvantaged youth to day camp.

1/28-1/31: Come support the Coast Guard, Thursday, January 31st at the “Coasties & Coasters Fundraiser” at Breaker’s Kitchen & Tap in Waretown, with a Tricky Tray Auction. Help raise funds for members of the New Jersey Coast Guard going without pay during the government shutdown.

1/28-2/1: February is National Heart Month. Heart disease kills about 610,000 people every year and is the leading cause of death in America. Regular exercise and a healthy diet can help lower your risk. Wear red on February 1st to spread awareness and join the movement to end heart disease and stroke.

1/28-2/2: The Joan Dancy and People with ALS Foundation will host their annual “Valentine Plunge,” Saturday, February 2nd starting at noon at the Main Beach in Manasquan.

1/28-2/3: The 15th annual "Super Plunge Sunday," a fundraiser organized by the St. Francis Community Center and the Swim Teams of Southern Regional High School, will take place at the 48th Street Beach in Brant Beach on LBI, Sunday, February 3rd.

2/4-2/5: The Shore Umpires Association will be holding "Cadet Umpire Training Classes," Tuesday, February 5th at Monmouth Regional High School in Tinton Falls for anyone interested in umpiring high school softball and / or baseball this season.

2/4-2/7: Ocean County Vocational Technical Schools in Brick, Jackson, Little Egg Harbor, Toms River and Waretown will hold an "Open House," Thursday, February 7th.

2/4-2/8: The American Legion of Toms River will hold a "Psychic Night," Friday, February 8th.

2/4-2/9: The Southern Ocean County Chapter of Sunshine Foundation will hold their "Fishing Flea Market," Saturday, February 9th at the Edward Thornton Little Egg Harbor Community Center, to help fulfill the dreams and wishes of terminally ill, chronically ill, physically challenged and abused children.

2/4-2/9: The annual "John Sentner Memorial Plunge" will take place, Saturday, February 9th at Martell's Tiki Bar in Point Pleasant Beach to benefit Elks Camp Moore, a sleep away camp dedicated to helping children with developmental disabilities help themselves.

2/4-2/9: The Lupus Research Alliance will hold their "Plunge to Freeze Out Lupus," Saturday, February 9th at Convention Hall in Asbury Park starting at noon.

2/4-2/9: The Asbury Park Bazaar will host their "Valentine's Bazaar," Saturday, February 9th at Convention Hall in Asbury Park starting at noon, with vendors offering Valentine's essentials from jewelry and chocolate to flower and art, plus live Hawaiian music from Slowey and the Boats.

2/4-4/15: The Rotary Club of Barnegat is holding a "Can Food Drive." All donations will go to the Barnegat and Waretown Food Pantries.

2/4-4/16: The "Volunteer Tax-Aide Program," sponsored by AARP, can prepare your income tax for free at locations in Manahawkin, Little Egg Harbor and Lanoka Harbor from February 4th through April 16th.

2/11-2/12: Collier Youth Services will hold their "Hearts of Hope Breakfast," Tuesday, February 12th at Buona Sera Palazzo in Ocean Township to support the Collier Residential Program.

2/11-2/13: The Southern Ocean County Chamber of Commerce is hosting Chocolate Week with a "Free Open House," Wednesday, February 13th at the Ship Bottom Visitors Center.

2/11-2/15: The Monmouth Ocean Development Council will hold a "General Membership Meeting," Friday, February 15th at Waterview Pavilion in Belmar.

2/11-2/16: The Southern Regional Fishing Club will hold their annual "Fishing Flea Market Show," Saturday, February 16th at Southern Regional Middle School in Manahawkin.

2/11-2/16: Daytop New Jersey will hold their "Plunge for Recovery," Saturday, February 16th at the 4th Avenue Beach in Asbury Park. Help raise awareness and help support those seeking treatment for substance abuse and mental health issues.

2/11-2/16: The Jersey Coast Anglers Association will hold their 2nd annual "JCAA Beefsteak Dinner and Fishing Seminar," Saturday, February 16th at the Forked River Tuna Club.

2/11-2/17: Tails of Hope will hold a "Pet Adoption Weekend," Saturday and Sunday, February 16th and 17th each day. Donations of pet supplies will also be accepted.

2/11-2/17: The Bayville Elks #2394 Motorcycle Committee will hold their "Jersey Shore Guitar & Amplifier Show," Sunday, February 17th at the Bayville Elks Lodge on Route 9.

2/11-2/17: The Pittie Project will hold a "Hatchet Throwing fundraiser" to raise money to provide free spays and neuters to New Jersey Pitbull dogs, Sunday, February at Bury The Hatchet in Toms River.

2/18-2/22: The annual "Phil Citta Memorial Fundraiser" will be held all day and night, Wednesday, February 20th at the Office Lounge on Main Street in Toms River. Bid on prizes, as a portion of the day's sales benefit the J. Phillip Citta Regional Cancer Center at R.W.J.B.H. Community Medical Center.

2/18-2/22: The Arc Ocean County Chapter will host their annual "Bowl-A-Thon & Gift Auction," Friday night, February 22nd at Finnigan's Lanes in Lakewood. Proceeds will benefit individuals with Intellectual and Developmental Disabilities.

2/18-2/23: New Jersey Special Olympics will hold their annual "Polar Bear Plunge" in Seaside Heights, Saturday, February 23rd. Thousands will take the plunge into the freezing cold Atlantic Ocean to help children and adults with intellectual disabilities.

2/18-2/25: St. Francis Counseling Services will hold a free "Social Skills Group" for ages 10 to 13 at the St. Francis Community Center in Long Beach Township. This 6-week group will start on Monday, February 25th.

2/25-3/2: The Southern Regional Theatre Company presents "Crazy For You," Wednesday, February 27th through Saturday, March 2nd at the Joseph P. Echle Performing Arts Center, located in the 9/10 building at Southern Regional High School in Manahawkin.

2/25-2/28: All Fur Love Animal Rescue will hold their annual "Valentine's Dinner and Gift Auction," Thursday, February 28th at the Double Tree Hotel in Tinton Falls. Tickets are available. Please join All Fur Love and celebrate another year of animal lives saved.

2/25-3/1: Stafford Recreation invites you to join them, Friday, March 1st and the first Friday of every month in the Pine Street Recreation Building for their free "Pine Street Movie Matinee."

2/25-3/1: St. Stephen's Episcopal Church in Whiting will celebrate the "World Day of Prayer," Friday, March 1st. Churches all over the world will celebrate this service on the same day. A free will offering will help to continue World Prayer Day projects around the world.

2/25-3/2: The Ocean County Library Toms River Branch, located at 101 Washington Street will hold their "Links with the Masters Miniature Golf Fundraiser," Friday and Saturday, March 1st and 2nd. Friday is an adult only event starting at 7pm, and Saturday is for all ages. The library will be turned into a mini golf course to benefit the Ocean County Library Foundation.

2/25-3/2: The annual "Foul Shooting Contest" will be held, Saturday, March 2nd at the St. Francis Community Center Gym in Long Beach Township. The contest is open to grades Kindergarten through high school and all adults.

2/25-3/2: The Pipes & Drums of Barnegat Bay will hold a "Fish & Chips Dinner," Saturday, March 2nd at the Christ Episcopal Church on Washington Street in Toms River.

2/25-3/3: Ocean Wreck Divers will hold their "Scuba Flea Market," Sunday, March 3rd at Toms River Intermediate School South.

2/25-3/3: The OceanCares Foundation "Art & Soul Art Show and Brunch," benefiting Ocean Mental Health Services, will be held Sunday, March 3rd at the Jay and Linda Grunin Center Art Gallery in Toms River.

2/25-3/3: The Jersey Shore Animal Center will hold a "Pet CPR, First Aid & Care Training Certification," Sunday, March 3rd at Brick Memorial High School.

2/25-3/3: Brick Elks Lodge #2151 will hold a "Quarter Paddle Auction," Sunday, March 3rd. Tickets are only \$10.

2/25-3/3: S.A.V.E. Rescue will hold a "Hatchet Throwing Fundraiser," Sunday, March 3rd at Bury The Hatchet on Indian Hill Road in Toms River.

3/4-3/7: Join Stafford Recreation for "The Aging Brain," a free six-part video lecture on understanding the changes in our brains as we age, beginning Thursday, March 7th in the Community Room at the Pine Street Recreation Building in Manahawkin.

3/4-3/7: The Toms River North Nautical Star Theatre Company presents "Pippin" at the Toms River High School North auditorium, Thursday, March 7th through Saturday, March 9th.

3/4-3/8: The Barnegat Volunteer Fire Company Ladies Auxiliary will hold their annual "Fish Fry," Friday, March 8th at the firehouse on Birdsall Street in Barnegat.

3/4-3/9: The Men's Club of St. Stephen's Episcopal Church in Whiting will host a Corned Beef & Cabbage Dinner, Saturday, March 9th in the Parish Hall.

3/4-3/9: David's Dream & Believe Cancer Foundation will hold their "Shamrocks for Hope Fundraiser," Saturday, March 9th at Breeze's Dock Bar & Grill in the Viking Yachting Center in New Gretna.

3/4-3/9: A "St. Patrick's Dinner" will be held, Saturday, March 9th at the Forked River Presbyterian Church on Route 9.

3/4-3/9: The Monmouth County Education Association will hold their inaugural "Gift Auction," Saturday, March 9th at Jumping Brook Country Club in Neptune to provide scholarships to students of Monmouth County.

3/4-3/9: Monmouth Beach EMS will be hosting "Love 2 Laugh," Saturday, March 9th at The Channel Club in Monmouth Beach.

3/4-3/9: The New Egypt Firehouse will host a "Dinner and Comedy Night for the Firemen," Saturday, March 9th.

3/4-3/9: Join the Church of Epiphany and St. Denis in Manasquan for an Interactive Who Done It "Murder Mystery Masquerade," Saturday, March 9th.

3/4-3/10: The Forked River Presbyterian Church will hold a "Corned Beef & Cabbage Dinner," Sunday, March 10th.

3/11-3/11: Atlantic City Electric will host "Energy Assistance Day" at the St. Francis Community Center in Long Beach Township, Monday, March 11th.

3/11-3/11: The Ocean County Foundation for Vocational Technical Education will hold their annual "Chef's Night Out," Monday, March 11th at the RWJ Barnabas Health Arena on the campus of Toms River High School North.

3/11-3/20: The Ocean County Engineering Department will hold a "Defensive Driving Course," Wednesday's March 13th and 20th at the Monmouth Medical Center Southern Campus in Lakewood.

3/11-3/14: The American Red Cross will hold a "Blood Drive" at St. Francis of Assisi Church Hall of Long Beach Township, Thursday, March 14th.

3/11-3/16: The Eastside Theater Company presents "Oklahoma" on the Toms River High School East stage, Thursday thru Saturday, March 14th to the 16th.

3/11-3/15: Lakewood High School and the Lakewood Chamber of Commerce will hold a "Career Fair," Friday, March 15th in the high school gym.

3/11-3/16: Casino Pier & Breakwater Beach will hold a "Job Fair" in the Casino Pier Grill, Saturday, March 16th.

3/11-3/16: The Ocean County Vocational Technical School of Brick presents "TechFest 9," a student organized concert featuring local bands on two stages to benefit the Dennis Bourke Hopes and Dreams Scholarship Fund, Saturday, March 16th at the Brick Presbyterian Church on Drum Point Road in Brick.

3/11-3/16: Sign up today for the Big Brothers Big Sisters of Ocean County "Bowl for Kids' Sake," Saturday, March 16th at Playdrome Lanes in Toms River. Money raised supports the Big Brothers Big Sisters community and school-based mentoring programs here in Ocean County.

3/11-3/16: A "Casino Night" to benefit Toms River Field of Dreams will take place Saturday, March 16th at the Crystal Point Yacht Club in Point Pleasant.

3/11-3/31: Stafford Recreation is looking for donations of new or used iPods and mp3 players in a community effort to get music into the lives of our neighbors with dementia.

3/18-3/19: The Educational Services at St. Francis Community Center will hold enrollment for spring classes for New Jersey High School Diploma Prep Class and English as a Second Language. Registration is scheduled for March 18th and 19th and includes intake, assessments and orientation.

3/18-3/22: The Ocean County Health Department will hold their "3-D Drinking, Drugging and Driving, Always a Choice, Never an Accident" event at the Ocean County Mall center court, Friday, March 22nd to help spread awareness about the dangers of operating a vehicle while under the influence.

3/18-3/22: The Toms River Police Foundation and Toms River PBA 137 will hold a "Dodgeball Tournament," Friday, March 22nd at Toms River High School East.

3/18-3/22: St. Rose High School of Belmar will hold their "St. Rose Got Talent" Talent Show, Friday, March 22nd at the school on 7th Avenue in Belmar to showcase their new music and arts program.

3/18-3/23: Haven Beat The Street Inc. Mission and Code Blue Project will hold a "Flapjack Fundraiser," Saturday, March 23rd at the Applebee's of Manahawkin.

3/18-3/23: Urgent Care Now and the Stafford Police Department will hold an "Rx Drop Box" event, Saturday, March 23rd at the Urgent Care Now Manahawkin location on East Bay Avenue. Drop off your unwanted and outdated Rx drugs safely and conveniently.

3/18-3/23: The "Pancakes for Parkinson's Breakfast" will take place Saturday, March 23rd at Silver Ridge Park East in Toms River to benefit the Michael J. Fox Foundation.

3/18-3/23: The "Jenkinson's Boardwalk Job Fair" will be held, Saturday, March 23rd at Pt. Pleasant Beach Fire Company 2.

3/18-3/23: The Epilepsy Foundation of New Jersey presents their annual "Paint the Pony Purple" concert, Saturday, March 23rd at the Stone Pony in Asbury Park.

3/18-3/23: The Old Schoolhouse Museum in Forked River will hold an "Appraisal Fair," Saturday, March 23rd.

3/18-3/23: The Ocean County Vocational Technical School Performing Arts Academy annual "Gift Auction" will be held, Saturday, March 23rd at Eagle Ridge Country Club in Lakewood. All proceeds will go directly back to the students.

3/18-3/23: The Emergency Housing Advocacy Program, an organization that assists, empowers, and educates individuals who are homeless, in securing housing and other benefits, will hold a "Charity Art Auction," Saturday, March 23rd inside Dentici Hall at the Co-Cathedral of St. Robert Bellarmine in Freehold.

3/18-3/24: The Ocean County Columbus Day Parade Committee will hold a "Comedy Show & Buffet Dinner," Sunday, March 24th at Hemingway's Cafe in Seaside Heights.

3/18-3/29: The Rotary Club of Toms River will hold their "Spring Fling Gift Auction and Cocktail Party," Friday, March 29th at the Clarion Hotel and Conference Center in Toms River. All proceeds benefit scholarships and local charities.

3/25-3/25: The Toms River Mayor's Advisory Committee on Developmental Disabilities will hold an "Adult Special Needs Yoga," Monday, March 25th at the Toms River Elks on Washington Street in Toms River.

3/25-3/28: The St. Francis Financial Success Center will hold a "Financial Education Workshop," Thursday, March 28th at the Barnegat Library.

3/25-3/29: CONTACT of Ocean & Monmouth Counties will hold their “Night at the Winery” fundraiser, Friday, March 29th at Bacchus Winemaking on Route 37 in Toms River.

3/25-3/29: The “Shore Comedy Night for the Monmouth Council B.S.A. will be held Friday, March 29th at the Long Branch Elks Lodge.

3/25-3/29: Unexcelled Fire Company of Neptune will hold a “Disco Night Fundraiser,” Friday, March 29th at the Headliner in Neptune, featuring The Funktion Band.

3/25-3/30: The “Shore Sprint for Sam” will be held, Saturday, March 30th on the Seaside Heights boardwalk to help promote the importance of organ donor awareness.

3/25-3/31: The Shore Regional High School Class of 2019 will hold their “Senior Fashion Show,” Sunday, March 31st at the Turf Club inside Monmouth Park in Oceanport.



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Career Fair on 2/13- Career Fair at Frederic A. Priff Elementary School in Waretown, NJ.

Career & Internship Fair on 2/28- Career & Internship Fair at Stockton University in Galloway, NJ.

2/1- 3/2: (160 pre-rec/ 75 live) Women's Expo on 3/2- Women's services expo at RWJBarnabas Health Arena, Toms River High School North in Toms River, NJ.

2/25- 3/3: (25 live) Belmar/Lake Como St. Patrick's Day Parade on 3/3- Celebrating St. Patrick's Day in Belmar & Lake Como, NJ.

Campus-Wide Career Fair on 3/8- Campus-Wide Career Fair at Stafford Intermediate School in Manahawkin, NJ.

3/3- 3/9: (25 live) Ocean County St. Patrick's Day Parade on 3/9- Celebrating St. Patrick's Day in Seaside Heights, NJ.

3/4- 3/10: (25 live) Asbury Park St. Patrick's Day Parade on 3/10- Celebrating St. Patrick's Day in Asbury Park, NJ.

1/1- 4/16: (140 pre-rec/ 75 live) Teachers Who Rock on 4/16- Banquet honoring Jersey's Greatest Teachers, nominated by their peers.