



2nd Quarter 2014 Issue/Program List for KSTP-FM/KS95

Date: 4.4.14, 4.11.14, 4.18.14, 4.25.14, 5.2.14, 5.9.14, 6.16.14

Program: KS95 Morning Show

Time: 6:19-6:23 a.m.

Issue Covered: Education. We talked to and honored our KS95 Teacher of the week. Discussed current educational needs of students and how teachers can make an impact in their lives.

Date: 4.6.14

Program: InfoTrak

Time: 5:30-6:00 am

Guest: Gary Taubes, science and health journalist, author of "Why We Get Fat, and What to Do About It"

Issues Covered: Personal Health, Nutrition. Mr. Taubes discussed the science of weight loss. He believes most people gain weight because they eat too many carbohydrates, and that the medical community has placed far too much emphasis on calories and dietary fat. He offered advice on how to make dietary changes for long-term weight loss and more energy.

Guest: Ben Dattner, PhD, psychologist, executive coach, Adjunct Professor in Organizational Development at New York University, author of "The Blame Game: How the Hidden Rules of Credit and Blame Determine Our Success and Failure"

Issues Covered: Workplace Matters, Employment. It's human nature to resort to blaming others, as well as to take more credit for successes than we should. Dr. Dattner said the dynamics of credit and blame are at the heart of every team and organization, and make or break every career. He explained how managers can change the culture of blame, and encourage employees to speak up or experiment with new approaches.

Guest: Jonathan Adkins, spokesman for the Governors Highway Safety Association

Issues Covered: Highway Safety, Government Policies. A recent report from the Governors Highway Safety Association highlighted the role of speeding in traffic deaths. Mr. Adkins explained that, despite progress in nearly every other area of highway safety, speeding continues to be a factor in approximately one third of traffic deaths every year. He outlined several recommendations the report contained for both state and federal governments.

Date: 4.6.14

Program: Access Minnesota

Time: 6:00-6:30 am

Guest: Kyla Wahlstrom, Director of the Center for Applied Research and Educational Improvement at the University of Minnesota

Issue Covered: Later Start Times for High School Students. Why high school students benefit from later start times; The benefits-- reduced car crashes, increased attention span, alertness, performance, and behavior; Why some communities still struggle to implement changes; Teenage sleeping patterns.

Date: 4.7.14

Program: KS95 Morning Show

Time: 7:10-7:13 am

Issue Covered: Talked about a fundraiser for cancer research.

Date: 4.13.14

Program: InfoTrak

Time: 5:30-6:00 am

Guest: Eric Decker, PhD, Professor, Head of the Department of Food Science at the University of Massachusetts

Issues Covered: Food Safety, Personal Health, Consumer Matters. Rancid foods are becoming more common, thanks to recent reductions in trans fats. Dr. Decker said consumers may have a kitchen full of toxic products and not know it. He explained why these products are potentially dangerous. He also talked about the foods most likely to become rancid and the telltale signs of rancidity that many consumers don't recognize.

Guest: Lori Andrews, Law Professor, Director of the Institute for Science, Law & Technology at Illinois Institute of Technology, author of "I Know Who You Are and I Saw What You Did: Social Networks and the Death of Privacy"

Issues Covered: Privacy, Government Policy, Employment. If Facebook were a country, it would be the third largest nation in the world. Ms. Andrews believes that while social networks have made positive contributions to society, they have also greatly accelerated the erosion of personal privacy rights. She explained

how social network sites can damage a person's career or marriage. She would like to see Congress pass new legal protections aimed at safeguarding the privacy of social network users.

Guest: Kevin Haley, Director of Product Management for Symantec Security Response

Issues Covered: Crime, Privacy, Workplace Matters. Today's smartphones hold a wealth of personal, financial and work-related data that thieves would love to get their hands on. So what happens when a phone is lost or stolen? Mr. Haley led a research project that intentionally lost 50 phones to see what data was accessed by the finder and whether the phones would be returned to their owners. The results were disconcerting. Mr. Haley offered advice for phone owners to protect their data.

Date: 4.13.14

Program: Access Minnesota

Time: 6:00-6:30 am

Guest: Todd Krause, Warning Coordination Meteorologist, National Weather Service ; Lillian McDonald, Executive Director, ECHO Minnesota; Julie Anderson, External Affairs Coordinator, Homeland Security and Emergency Management , Minnesota Department of Public Safety

Issue Covered: Spring is finally here—at least according to the calendar—and with it comes the risk of severe weather. On this week's Access Minnesota, National Weather Service Meteorologist Todd Krause discusses Severe Weather Awareness Week and an upcoming tornado drill. ECHO Minnesota's Lillian McDonald and Julie Anderson from the Minnesota Department of Public Safety also join us to talk about the emergency warning process and the challenges of alerting people with limited English language proficiency. Severe weather detection technology; Severe Weather Awareness Week; The importance of weather spotters; Safety myths vs. facts; How Minnesota's emergency systems reach a more diverse, technologically savvy public

Date: 4.20.14

Program: InfoTrak

Time: 5:30-6:00 am

Guest: Anne Perschel, PhD, leadership and organizational psychologist, President and Founder of Germane Consulting

Issues Covered: Women's Issues, Discrimination, Career. Dr. Perschel recently co-authored a paper that concluded that corporations are leaving money on the table and forgoing future success by failing to move more women into senior leadership roles. She discussed the various obstacles faced by women who want to move up the corporate ladder and made suggestions on how to overcome them.

Guest: Steven Kotler, science writer, author of “Abundance: The Future Is Better Than You Think”

Issues Covered: Economy, Science and Technology, Employment. Mr. Kotler believes that four powerful social and technological trends are converging today that will improve the lives of billions of people across the globe in the near future. He explained how governments, industry and entrepreneurs can adapt to these changing forces and harness them to solve the world’s biggest problems, including shortages of water, food, energy and education.

Guest: Alison Borland, Vice President of Retirement Product Strategy at Aon Hewitt, a human resources firm based in Chicago

Issue Covered: Retirement Planning, Minority Concerns, Senior Citizens. The Great Recession has led many Americans to dip into their retirement savings early, but minorities have withdrawn much more than other racial and ethnic groups, according to a new study from Ms. Borland’s firm. She explained why Blacks and Hispanics have made these decisions and what they can do to shore up depleted 401(k) accounts

Date: 4.20.14

Program: Access Minnesota

Time: 6:00-6:30 am

Guest: Dr. Akhouri Sinha, Professor of Genetics, Cell Biology and Development, and of Urology at the University of Minnesota, and Research Scientist at the Minneapolis Veterans Affairs Medical Center

Issue Covered: Rethinking Cancer Research. Shortcomings with current cancer research techniques; How lymph nodes reveal additional information about prostate cancer; The War on Cancer; How genes may affect one’s ability to fight metastasis

Date: 4.23.14

Program: KS95 Afternoon Show

Time: 2:10-2:12 and 5:30-5:32 pm

Issue Covered: Breast Cancer research through the Susam G. Komen Foundation and the upcoming Race for the Cure.

Date: 4.27.14

Program: InfoTrak

Time: 5:30-6:00 am

Guest: Ric Edelman, nationally-recognized financial advisor, syndicated columnist, author of “The Truth About Retirement Plans and IRAs”

Issues Covered: Personal Finance, Retirement, Senior Issues. Only half of all eligible Americans contribute to a retirement plan. Mr. Edelman explained how the average person can save for a comfortable retirement. He talked about the importance of 401(k)s, and IRAs. He also explained how to determine how much money a person may need in retirement, and the dangers of borrowing money from retirement funds.

Guest: James Hubbard, MD, family physician, author of "Living Ready Pocket Manual - First Aid: Fundamentals for Survival"

Issues Covered: Emergency Preparedness, Personal Health. Dr. Hubbard discussed basic skills that everyone should know in the event of a medical emergency, and basic first aid supplies that every home should have on hand. He outlined steps to stop serious bleeding and what to do in the event someone simply collapses. He also talked about the lifesaving value of automated external defibrillators, which are found in many public places.

Guest: Simon Davidoff, Water Expert and Director, Food & Beverage Industry for Siemens Water Technologies

Issues Covered: Environment, Consumer Matters. Mr. Davidoff talked about little-known ways that water is wasted by consumers each year, both directly and indirectly. He explained how businesses are changing their practices to reduce water consumption and what the average person can do to determine and reduce their personal "water footprint."

Date: 4.27.14

Program: Access Minnesota

Time: 6:00-6:30 am

Guest: Dave Hage, reporter and editorial writer for the Star Tribune, editor and contributor to "The Good Fight"

Issues Covered: Walter Mondale's memoir "The Good Fight: A Life in Liberal Politics". Mondale's career and relationships with key Minnesotan and American political figures; How he transformed the offices he held; His time as Minnesota Attorney General, US Senator, Vice President, and 1984 Democratic presidential nominee.

Date: 5.4.14

Program: InfoTrak

Time: 5:30-6:00 am

Guest: Mike Staver, strategic business advisor, CEO of The Staver Group, creator of the audio and video series "21 Ways to Defuse Anger and Calm People Down"

Issues Covered: Workplace Violence, Mental Health, Crime. The U.S. Department of Labor has found that homicide is the fourth-leading cause of occupational death, and the leading cause of death for women in the workplace. Mr. Staver explained why workplace violence in the U.S. is a persistent and dangerous problem. He outlined ways to recognize warning signals and offered tips to defuse conflicts on the job.

Guest: Jonathan Ladd, PhD, assistant professor of Government and Public Policy at Georgetown University, author of "Why Americans Hate The Media And How It Matters"

Issues Covered: Media Issues, Voting, Consumer Matters. As recently as the early 1970s, the news media was one of the most respected institutions in the United States. Yet by the 1990s, this trust had all but evaporated. Dr. Ladd talked about the reasons that confidence in the press has declined so dramatically over the past 40 years. He also explained why this issue is so important in a healthy democracy.

Guest: Jerry Brewer, MD, dermatologist and researcher at the Mayo Clinic
Issues Covered: Cancer, Personal Health. Dr. Brewer led a study that found that the risk of developing the most dangerous type of skin cancer is now more than six times higher among young adults than it was 40 years ago. He talked about the likely reasons behind this trend and why women under age 40 may be especially vulnerable.

Date: 5.4.14

Program: Access Minnesota

Time: 6:00-6:30 am

Guest: Avner Ben-Ner, Professor in the Center for Human Resources and Labor Studies in the Carlson School of Management at the University of Minnesota

Issue Covered: Past research showing the benefits of physical activity; Whether those benefits could be produced in a typical workplace environment; Ways workplaces and home offices can be improved to encourage exercise and movement; Possible creative benefits of exercising at work

Date: 5.11.14

Program: Access Minnesota

Time: 5:30-6:00 am

Guest: Dorothy Espelage, PhD, bullying and youth violence expert, Professor of Child Development, Department of Educational Psychology, University of Illinois at Urbana-Champaign

Issues Covered: Sexual Harassment, Violence, Parenting. Dr. Espelage led a youth survey that explored the prevalence of sexual harassment and

sexual violence among middle school youth as well as the locations where these behaviors

occur. She said that these incidents are extremely common in schools and that they are a

strong predictor of dating violence as students move into high school.

Guest: Greg Kaplan, PhD, Assistant Professor of Economics, Princeton University

Issues Covered: Economy, Personal Finance. Roughly one-third of all U.S. families live paycheck-to-paycheck, according to Dr. Kaplan's

recent study. Surprisingly, he found that many of these are middle-class families who have

decent incomes, but illiquid assets tied up in homes or retirement funds. He explained why

this is so common and why it may not be as financially dangerous as it may appear.

Guest: Michelle Macy, MD, Assistant Professor of Emergency Medicine, University of Michigan

Issues Covered: Traffic Safety. Dr. Macy's research found that that 90 percent of parent drivers admitted to distracted driving

with kids in the car. She outlined ten types of driving distractions and explained why they are

so dangerous. She also offered tips for parents who would like to minimize distractions on the road.

Date: 5.11.14

Program: Access Minnesota

Time: 6:00-6:30 am

Guest: Clem Pryke, physicist at the University of Minnesota, Principal Investigator at the BICEP2 South Pole Telescope

Issue Covered: New evidence supporting "Cosmic Inflation" and the Big Bang.

New research confirming evidence for "Cosmic Inflation" after the Big Bang; How it fits into our understanding of the universe; How technology made the discovery possible; What it's like to journey to the South Pole to conduct research; The future of our universe.

Date: 5.13.14

Program: KS95 Morning Show

Time: 8:11-8:13 am

Issue Covered: Ovarian Cancer and an event to raise money to the Minnesota Ovarian Cancer Alliance.

Date: 5.16.14

Program: KS95 Morning Show

Time: 8:40-8:43 am

Issue Covered: Multiple Sclerosis and an event to raise funds and awareness for the disease.

Date: 5.18.14

Program: InfoTrak

Time: 5:30-6:00 am

Guest: Mike Gikas, Senior Electronics Editor at Consumer Reports

Issues Covered: Crime, Consumer Matters. Smart phone theft is on the rise. A projected 3.1 million were stolen last year, according to a Consumer Reports survey. Mr. Gikas outlined the sensitive information that many phones contain, and he offered security tips to both prevent thefts and to minimize the loss of personal data if a phone is lost or stolen.

Guest: Robert D. Morris, MD, PhD, environmental epidemiologist, drinking water research scientist, author of "The Blue Death: Disease, Disaster & the Water We Drink"

Issues Covered: Community Health, Environment. Dr. Morris believes that despite better overall health conditions, the nation's water supply remains a serious health risk. He talked about potential disease pathogens, toxic chemicals, decaying pipes and cancer risks. He discussed the growing body of research linking the chlorine relied on for water treatment with cancer and stillbirths. He also talked about the history of water-borne pathogens like cholera and typhoid.

Guest: Lynsey Romo, Assistant Professor of Communication, North Carolina State University

Issues Covered: Parenting, Personal Finance. Prof. Romo led a study of school-aged kids and what their parents tell them about family finances. She found that parents often make gender-based distinctions in what they choose to talk about, and kids pick up on what they're not being told — sometimes drawing incorrect conclusions that can have repercussions for them in the future.

Date: 5.18.14

Program: Access Minnesota

Time: 6:00-6:30 am

Guest: Patricia Mitchell, President and CEO of the Ordway Center for the Performing Arts

Issue Covered: St. Paul's Ordway Center and the State of the Arts in Minnesota. The Ordway's role in revitalizing downtown St. Paul; Providing a year-round home for the Performing Arts; Keeping the performing arts relevant and accessible; The Sally Awards; The state of the arts in Minnesota

Date: 5.19.14

Program: KS95 Afternoon Show

Time: 2:45-2:47 pm

Issue Covered: Dealing with Multiple Sclerosis and the upcoming Muckfest event to raise money for the Multiple Sclerosis Society.

Date: 5.21.14

Program: KS95 Morning Show

Time: 7:12-7:25 am

Issue Covered: Parenting. Talked about ways to handle parents who act out at kids' sporting events.

Date: 5.25.14

Program: InfoTrak

Time: 5:30-6:00

Guest: Richard Bolles, career development expert, author of "What Color Is Your Parachute? Guide to Rethinking Resumes" and "What Color Is Your Parachute? Guide to Rethinking Interviews"

Issues Covered: Employment, Career. Mr. Bolles discussed the rapidly changing way companies locate and hire employees. He explained why the value of a resume has declined, and how job hunters can use more effective alternatives. He said prospective employees must be as up-to-the-minute in job hunting skills as they are in the work skills that they offer an employer.

Guest: Jean Illsley Clarke, PhD, internationally known parent educator, co-author of "How Much Is Too Much?: Raising Likeable, Responsible, Respectful Children"

Issues Covered: Parenting Issues. Ms. Clarke believes that many of today's parents overindulge their children, often without even realizing it. She explained how to recognize overindulgence and why can be so damaging as kids grow into adulthood. She said assigning ongoing household chores to children is an excellent way to foster their responsibility and independence, and offered other tips for parents.

Guest: Ron Montoya, Consumer Advice Editor at Edmunds.com.

Issues Covered: Consumer Matters, Personal Finance. Mr. Montoya offered suggestions for shoppers who have poor credit to buy a new car. He said it is important for potential buyers to carefully check and clean up credit reports before applying for a car loan, and to try to get pre-approval before shopping. He also outlined other ways that buyers can demonstrate that they are a good credit risk.

Date: 5.25.14

Program: Access Minnesota

Time: 6:00-6:30 am

Guest: Dr. Renee Sieving, Associate Professor in the School of Nursing, Deputy Director of the Healthy Youth Development-Prevention Research Center at the University of Minnesota

Issues Covered: Teen Pregnancy Prevention. The prevalence of teen pregnancy in Minnesota and the US; Who is most at risk; The "Prime Time" 18-month youth development program for high-risk teen girls; Program results; When to talk to children about sexuality

Date: 5.28.14

Program: KS95 Afternoon Show

Time: 3:30-3:33

Issue Covered: Severe Weather preparedness for the spring and summer months.

Date: 6.1.14

Program: InfoTrak

Time: 5:30-6:00 am

Guest: Mai Fernandez, Executive Director of the National Center for Victims of Crime

Issues Covered: Victims' Rights, Crime. Nearly 20 million violent and property crimes are committed each year in the US, but the numbers may not tell the whole story. Ms. Fernandez discussed the human impact of national crime statistics, and why fewer than half the crimes committed go unreported. She also talked about the effectiveness of victims' rights laws and the resources that are available to crime victims.

Guest: Steve Pemberton, Divisional Vice President of Diversity and Inclusion at Walgreens, author of "A Chance In The World: An Orphan Boy, a Mysterious Past, and How He Found a Place Called Home". Foster Care, Child Abuse,

Diversity, Literacy. Mr. Pemberton shared his rags-to-riches journey, starting with a childhood of neglect and abusive foster homes. He said his primary refuge was in a box of books, and he explained how a love of reading transformed his life. He described his quest to uncover and understand his family's tragic past and how that has influenced him as a father. He also discussed the value of diversity in America and where we stand as a nation. Guest: Lacey Plache, Chief Economist of Edmunds.com, an automotive web site
Issues Covered: Consumer Matters, Energy, Environment. Only 35 percent of hybrid vehicle owners chose to purchase a hybrid again when they returned to the car market last year, according to an Edmunds.com analysis of new car registration data. Ms. Plache explained why conventional gas-powered cars are successfully competing against hybrids. She talked about the rapidly growing number of vehicles capable of delivering more than 30 miles per gallon.

Date: 6.1.14

Program: Access Minnesota

Time: 6:00-6:30

Guest: Ellie McCann, educator and Associate Professor with the University of Minnesota extension service's "Parents Forever" program

Issue Covered: Parents Forever: Helping Parents Deal with the Stresses of Divorce. Common issues divorced parents struggle with; How 'Parents Forever' helps parents manage shared parenthood; Why the program is so necessary and effective; Tips for divorced parents

Date: 6.2.14

Program: KS95 Morning Show

Time: 6:10-6:14 and 7:40-7:43 am

Topic Covered: Childhood hunger and ways to raise money to feed children over the summer months.

Date: 6.3.14

Program: KS95 Morning Show

Time: 8:40-8:42 am

Issue Covered: Healthy clean air and events for the American Lung Association that will raise money for this cause.

Date: 6.8.14

Program: InfoTrak

Time: 5:30-6:00 am

Guest: Michael Ford, Founding Director of the Center for the Study of the American Dream at Xavier University

Issues Covered: Education, Citizenship, Voting. 97.5 percent of immigrants who want to become American citizens successfully pass a naturalization test. Mr. Ford's organization found that at least 35% of native-born Americans are not sufficiently educated to pass the same test. He explained why civic illiteracy is a serious threat to the American Dream. He talked about the disappearance of civics classes from the nation's high schools in the past several decades.

Guest: Cynthia Hammond-Davis, author of "If I Knew Then What I Know Now! College & Financial Aid Planning From A Parent's Perspective"

Issues Covered: Education, Parenting, Consumer Matters. Planning for college is more complex than ever. Ms. Hammond-Davis said the financial aid planning process should start as early in a child's life as possible. She shared the story of her struggle to help her son sort out the complex universe of college searches, financial aid, scholarships, athletics and extracurricular activities.

Guest: Robert Whelan, PhD, postdoctoral research fellow at the University of Vermont

Issues Covered: Drug & Alcohol Abuse, Learning Disabilities, Youth at Risk. Dr. Whelan led a recent brain-imaging study of that examined similarities and differences in the brains of teens with ADHD vs. those who use drugs or alcohol. He said that the impulsivity that leads kids to blow off their homework and the impulsiveness that drives kids use drugs or alcohol are not the same, neurologically speaking. He talked about possible ways to help young people who may be diagnosed before they actually get into trouble.

Date: 6.8.14

Program: Access Minnesota

Time: 6:00-6:30 am

Guest: Melissa Stone, Gross Family Professor of Nonprofit Management in the Humphrey School of Public Affairs at the University of Minnesota; Matt Kazinka and Timothy DenHerder-Thomas, co-founders of Grand Aspirations, a Twin Cities-based non-profit that works to build youth leadership in the green economy
Issue Covered: Growing and Sustaining a Non-Profit Organization. How Minnesota supports non-profit organizations; The health of the non-profit sector in Minnesota; The challenges of turning an idea into a sustainable organization; The qualities of a successful non-profit.

Date: 6.12.14

Program: KS95 Afternoon Show

Time: 2:30-2:35

Issue Covered: Public transportation and the new Green Line in the Twin Cities.

Date: 6.15.14

Program: InfoTrak

Time: 5:30-6:00 am

Guest: Christopher Wildeman, PhD, Associate Professor of Sociology, faculty fellow at the Center for Research on Inequalities and the Life Course, faculty fellow at the Institution for Social and Policy Studies at Yale University

Issues Covered: Child Abuse & Neglect, Government Policies, Parenting. Dr. Wildeman recently conducted a study at Yale that found that approximately 12% of American children will suffer from neglect or physical, emotional, or sexual abuse before they turn 18 years old. He explained why his research yielded dramatically higher rates of maltreatment than official government figures. He offered suggestions for changes in public policy to deal with the problem.

Guest: Cash Nickerson, employment expert, attorney, author of "BOOMERangs: Engaging the Aging Workforce in America"

Issues Covered: Senior Citizens, Employment. As nearly 80 million Baby Boomers approach the traditional age of retirement, Mr. Nickerson said many want to continue to work, and the economy needs them. He discussed the challenges that surround an aging working population and offered ideas on how older workers can make a gradual transition into retirement, rather than a sudden exit from the workforce.

Guest: Jeff Haig, Chair of the UCLA Scholarship Admissions Committee, co-author of the book "Unlock Your Educational Potential"

Issues Covered: Education, Children's Issues. Mr. Haig talked about the value of summertime activities as a strategic opportunity for students planning for college. He believes that many common summer activities can be used to broaden a student's horizons and get a leg up in the competitive college admittance process.

Date: 6.15.14

Program: Access Minnesota

Time: 6:00-6:30 am

Guest: Sheila Piippo, Executive Director of the ServeMinnesota Action Network

Issue Covered: Boosting Elementary School Student Literacy. Why elementary school is such a critical time to develop reading skills; How the Minnesota Reading Corps is helping high-risk students keep up with their peers; Why elementary school student reading proficiency in Minnesota and nationwide have fallen behind in recent years; Closing the achievement gap.

Date: 6.19.14

Program: KS95 Morning Show

Time: 7:20-7:30 am

Guest: Senator Al Franken

Issue Covered: Community Service. Talked about the Service to America Awards, raising money for cancer research and other ways to serve the community.

Date: 6.22.14

Program: InfoTrak

Time: 5:30-6:00 am

Guest: Enrico Moretti, PhD, Professor of Economics at the University of California, Berkeley, Director of the Infrastructure and Urbanization Program at the International Growth Centre at the London School of Economics and Oxford University, author of "The New Geography of Jobs"

Issues Covered: Employment, Education, Government Policies. Dr. Moretti said an unprecedented redistribution of jobs, population and wealth is underway in America, and he believes it will accelerate in years to come. He talked about the emergence of a few US cities as centers of innovation with highly-educated labor forces, and explained why other regions of the country cannot compete economically. He offered advice for young people who are considering career choices and weighing the value of a college education.

Guest: Victoria Moran, board-certified holistic health counselor, founder of Main Street Vegan Academy, which trains and certifies Vegan Lifestyle Coaches, author of "Main Street Vegan"

Issues Covered: Nutrition and Health, Consumer Matters. Ms. Moran discussed veganism and outlined the reasons that millions of Americans have chosen to avoid all animal-based products. She offered suggestions on how a person can decide whether the lifestyle choice is right for them, and talked about the challenges vegans often face in raising kids, travelling and eating out.

Guest: Richard Ponziani, traffic safety researcher, President of RLP Engineering of Dayton, OH

Issues Covered: Traffic Safety, Consumer Matters. Mr. Ponziani recently conducted a study that found that drivers fail to use turn signals nearly half the time when making a lane change and 25% of the time when turning. He said the failure to use turn signals results in as many as 2 million traffic accidents each year. He explained some possible solutions to the problem.

Date: 6.22.14

Program: Access Minnesota

Time: 6:00-6:30 am

Guest: Li Li Ji, Ph.D, Director of the School of Kinesiology and the Laboratory of Physiological Hygiene and Exercise Science at the University of Minnesota

Issue Covered: Fighting Inflammation with Oats. How exercise causes muscle inflammation; Foods that can reduce inflammation; Why oats are such a potent recovery food; How aging affects exercise recovery; The negative impacts of fighting inflammation with synthetic drugs

Date: 6.29.14

Program: InfoTrak

Time: 5:30-6:00 am

Guest: Peter Cappelli, George W. Taylor Professor of Management at The Wharton School and Director of Wharton's Center for Human Resources at the University of Pennsylvania, Research Associate at the National Bureau of Economic Research in Cambridge, MA, author of "Why Good People Can't Get Jobs"

Issues Covered: Unemployment, Government Policies, Economy. Despite high unemployment rates, companies often believe that they cannot find the employees they need, arguing that applicants are not qualified or won't accept jobs at the wages offered. Dr. Cappelli discussed the underlying reasons that jobs are going unfilled. He believes that employers often maintain bad hiring methods and unrealistic expectations. He offered advice for unemployed and recently-graduated job seekers.

Guest: Jeff Deyette, Senior Energy Analyst/Assistant Director of Energy Research & Analysis at the Union of Concerned Scientists, co-author of "Cooler Smarter: Practical Steps for Low-Carbon Living"

Issues Covered: Environment, Global Warming, Consumer Matters. Mr. Deyette's organization conducted a two-year study of simple steps that consumers can take to reduce their own global warming emissions by 20 percent. He outlined some of most effective ways to save energy and money, and shared some of the most surprising energy-saving myths.

Guest: Dan Hannan, CSP, safety, health and environmental expert, author of "Preventing Home Accidents"

Issues Covered: Home Safety. Accidents in the home injure more than 12 million Americans every year and are the fifth leading cause of death. Mr. Hannan talked about the most common accidents and how to avoid them. He also explained why there is a lack of education resources for people concerned about home safety.

Date: 6.29.14

Program: Access Minnesota

Time: 6:00-6:30 am

Guest: Gail Weinholzer, Director of Public Affairs for AAA of Minnesota and Iowa

Issue Covered: 100 Deadliest Days: Summer Driving in Minnesota. Distracted driving; Summer driving tips and threats; What parents can do to prepare teens for driving; Challenges for senior drivers; AAA resources for safe driving