KYPL Quarterly Issues Statement 4th Quarter 2023

Issue: Living with Autism **Program:** Focus on the Family

Date: 10/02/2023, 10/03/2023 (28 minutes 57 seconds each)

An autism diagnosis in his 30s rocked the world of radio host Brant Hansen. Brant gets real about the social and faith-related challenges of life on the spectrum—as well as practical ways to embrace anyone living with autism. (Two Part Series)

Issue: Life-Planning

Program: Focus on the Family Minute

Date: 10/03/23 (1 minute)

Dr. John Trent talks about ways we can best look at our life to better navigate the chaos of the

future.

Issue: Mindfulness

Program: Real Family Life

Date: 10/05/23 (1 minutes, 30 seconds)

Dave and Anne Wilson discuss how important it is to be fully present in your life.

Issue: Mental Illness

Program: Focus on the Family

Date: 10/23/23 (27 minutes 36 seconds)

Dr. Matthew Stanford offers a compassionate look at mental illness, which affects one in five teens and adults in the United States. He discusses the need for overcoming the stigma of reaching out for help and encourages the church community to offer hope and healing for families with loved ones suffering with mental health issues.

Issue: Community Engagement **Program:** Family Life Today

Date: 10/23/23, 10/24/23, 10/25/23 (28 minutes 59 seconds each)

When it comes to loving their communities, churches can get a bad rap for saying no until they have to say yes. But three decades as a pastor have made author Stephen Viars reconsider: Their church longs to move into indispensable roles that wrap arms around the entire community. Grab ideas to live in can't-miss ways in your own zipcode. (Three Part Series)

Issue: Anxiety

Program: Family Life Today

Date: 11/03/23 (31 minutes 43 seconds)

A miasma of life-upending health issues depended on Brian Barnett—and left a mark. Here's how he's surmounting and healing the anxiety following legit trauma.

Issue: Anger Management **Program:** Real Family Life

Date: 11/14/23 (1 minutes, 30 seconds)

Dave and Anne Wilson discuss how important it is to really look at the anger in our life, the

cause, and how to better manage it.

Issue: Foster Care

Program: Focus on the Family Minute

Date: 11/15/23 (1 minute)

Jillana Goble talks about her experience becoming a foster parent and how to help others in and

out of the system.

Issue: Digital Wellbeing

Program: Focus on the Family

Date: 11/24/23 (26 minutes 10 seconds)

With forty years in the TV business and from personal experience, David Murrow understands the negative effects from overuse of screens. He discusses positive and negative uses of various media and offers great practical advice for you as a parent as you guide your children and manage screens in your home.

Issue: Boundaries

Program: Family Life Today

Date: 12/04/23, 12/05/23 (32 minutes 12 seconds each)

Do you struggle with saying 'no'? You're not alone. Join Bestselling Author Lysa TerKeurst in a compelling conversation about setting healthy boundaries in relationships. True identity, biblical wisdom to navigate chaos and insights on self-care. If you're seeking to enhance relationships and emotional well-being, this episode is a must-listen. (Two Part Series)

Issue: Healthy Conflict **Program:** Real Family Life

Date: 12/12/23 (1 minutes, 30 seconds)

Conflict is inevitable in a relationship. Dave and Anne Wilson discuss ways you can have a healthy conflict.

Issue: Parenting

Program: Focus on the Family Minute

Date: 12/26/23 (1 minute)

Dr. Kathy Koch explains why it's good for your kids to grow through challenges.