Program		Host(s)			Guest:
Name	Recording	Name(s)	Program Topic	Guest	Title/Affiliation
		Kristina	Stress		
		Lew/Rebecca	Management in	Bill Solz,	
Project		Miller/Otto	the New Year &	LCSW,	Director of Stress
Independence	1/6/2023	Lohse	Talk of the Town	CASAC	Solutions NY
•			Winter Driving		
		Kristina	Safety & Laugh		
		Lew/Rebecca	out Loud-Comedy		Public Affairs
Project		Miller/Otto	for Seniors & Talk	KAREN	Specialist, AAA
Independence	1/13/2023	Lohse	of the Town	BLACKBURN	Northeast
		Kristina	Long Island		Executive
		Lew/Rebecca	Housing Services,		Director, Long
Project		Miller/Otto	Inc.& Talk of the	lan S. Wilder,	Island Housing
Independence	1/20/2023	Lohse	Town	Esq.	Services, Inc.
		Robert C.	Quilting as an art	Matt	CEO National
Seldom Said	1/20/2023	Amato	form	Collinsworth	Quilting Museum
			Stay Informed and		
			In Control of Your		
			Own Healthcare!		
		Maintin -	Tips From Your		
		Kristina	Neighborhood		
Project		Lew/Rebecca	General Surgeon & Talk of the	Jessica	Curacan
,	1/27/2023	Miller/Otto	Town		Surgeon, Northwell Health
Independence	1/2//2023	Lohse	Elder Law &	Louie, MD	Northwell nealth
		Kristina	Estate Planning	Ronald	
Project		Lew/Rebecca	Update for 2023 &	Fatoullah,	
Independence	2/3/2023	Miller	Talk of the Town	Esq	Attorney
пасрепаснее	2/3/2023	IVIIIICI	Taik of the Town		Actor, Emmy
					Winner,
		Robert C.	Making of	David	Documentary
Seldom Said	2/3/2023	Amato	documentary film.	Millbern	Director
		7	Educational		Principal,
		Robert C.	philosophies and	Christina	Westbury
Seldom Said	2/10/2023	Amato	approaches.	Anderson	Friends School
		Kristina	February is		
		Lew/Rebecca	American Heart		
Project		Miller/Otto	Month & Talk of	Dr. Evan	Cardiologist,
Independence	2/17/2023	Lohse	the Town	Schwarzwald	Northwell Health
		Robert C .			Author, spiritual
Seldom Said	2/17/2023	Amato	Intuitive thinking	Terri Jay	advisor
		Kristina			
		Lew/Rebecca	State of the Town		Town of North
Project		Miller/Otto	2023 Recap &	Jennifer	Hempstead
Independence	2/24/2023	Lohse	Talk of the Town	DeSena	Supervisor
	0/04/5555	Robert C.	The Holocaust	Sami	Motivational
Seldom Said	2/24/2023	Amato	and recent events.	Steigmann	speaker, survivor
		Kristina		16-22-	F
Dunia -4		Lew/Rebecca	I Haman State Co	Karen	Executive
Project	2/2/2022	Miller/Otto	Literacy Nassau &	Micciche,	Director, Literacy
Independence	3/3/2023	Lohse	Talk of the Town	FIT/OGA	Nassau
Coldon Coid	2/2/2022	Robert C.	Authorio pour book	Johanna	Author,
Seldom Said	3/3/2023	Amato	Author's new book	Siegman	photographer

			Deciphering Food		
		Kristina	Claims (nutrition		Cornell
		Lew/Rebecca	labels vs. food		Cooperative
Project		Miller/Otto	package claims) &	Khy Ee Siew,	Extension
Independence	3/17/2023	Lohse	Talk of the Town	RD	Nassau County
		Robert C.	Program assisting	Chen	Manager of
Seldom Said	1/17/2023	Amato	Israeli youth.	Drachman	Communications
			Health & Healing		Chief, Preventive
			for Life: An	Penny Stern,	& Lifestyle
		Kristina	Introduction to	MD, MPH,	Medicine
		Lew/Rebecca	Lifestyle Medicine	FACPM,	Northwell Health
Project		Miller/Otto	& Talk of the	FACOEM	Katz Institute for
Independence	3/24/2023	Lohse	Town	DiplABLM	Women's Health