

Quarterly Issues Programs List for Station KAZG – AM, Scottsdale, AZ

July 1, 2023 – September 30, 2023

Section I: Issues – The station has identified the following issues as affecting the community this quarter.

- A. Animal welfare, vet care, and education
- B. Educational and job opportunities
- C. Homelessness, housing and hunger
- D. Veteran services, rehabilitation and current military support programs
- E. Youth Advocacy
- F. Aging with grace, dignity, support, resources and care
- G. Community Awareness

Section II: Responsive Programs –

A. Animal welfare, vet care and education

Valley Focus – Broadcast on July 2, 2023, at 6:20:15 a.m. Duration 7 minutes and 45 seconds. A segment with Brittany Schlacter, Marketing and Public Relations Specialist with BISSELL Pet Foundation. BISSELL Pet Foundation is partnering with MetLife Pet Insurance to bring the summer national, Empty the Shelters, adoption event. In Arizona, there are 11 participating shelters, including five shelters in the Maricopa County region. BISSELL is raising awareness about the full shelters in the summer months, the tough conditions that shelters are in to make sure these pets are comfortable and the importance of getting these animals into forever homes. The adoption fees are minimal or even waived through the support of BISSELL Pet Foundation.

Valley Focus – Broadcast on July 9, 2023, at 6:41:45 a.m. and August 13, 2023, at 6:15:15 a.m. Duration 17 minutes and 50 seconds. A segment with Bari Mears, President and Founder of Pacc911. Pacc911 was founded 24 years ago and partners with other animal welfare organizations in the Valley to provide the best care to animals in need. Pacc911 is having a fundraiser with all the money going toward their critical care program. This critical care program has saved over 8,000 animal's lives since the organization started. It often helps the animals that are in tough shape, that the county shelter wouldn't be able to save. These pets have gone on to have incredible lives with loving and adoring families.

Valley Focus – Broadcast on July 16, 2023, at 6:00:00 a.m. Duration 13 minutes and 15 seconds. A segment with Alessandra Navidad, President and CEO of the Arizona Animal Welfare League. The AAWL has partnered with PetSmart Charities to unearth the first-ever needs assessment survey. The survey discovered that 50 percent of Latin pet owners struggle with available veterinary care. The struggle includes understanding vaccinations, check-ups, dental work and other areas of health care. The survey also discovered that 55 percent of pet owners want Spanish speaking vet care, but it is rather inaccessible. The AAWL is working to hire more bilingual vet techs to help with this area of concern. Furthermore, the AAWL hosts clinics and is mobilizing into communities for point of care too.

Valley Focus – Broadcast on August 27, 2023, at 6:47:20 a.m. Duration 12 minutes and 35 seconds. A segment with Bari Mears, President and Founder of Pacc911. Pacc911 has over 140 coalition partners in which Pacc911 aids in lifting their partner organization's burdens with some of the challenging behind the scenes work that comes with animal rescue. Part of this with their Critical Care Program. The needs are greater than ever before. In 2022, Pacc911 helped over 1200 animals amassing \$400,000 in care. From January 1, 2023, to June 30, 2023, Pacc911 has already aided in over 900 animals care, on pace for a huge increase year over year. Pacc911 needs the help of the community to help the animals.

Valley Focus – Broadcast on September 10, 2023, at 6:32:05 a.m. and September 17, 2023, at 6:00:00 a.m. Duration 7 minutes. A segment with Kimberly Vermillion, Director of Communications with the AAWL. The Arizona Animal Welfare League is the largest and longest operating no-kill shelter in Arizona. The 25th Annual Walk to Save Animals is upcoming in which people can gather their teams together to raise money for adoptions, educational programs, low-cost vet care and more with the AAWL. Then it all culminates with the walk and designed activities for kids and pets. The AAWL is more than just an adoption center with their behavior training and educational programs too.

B. Educational and job opportunities

Valley Focus – Broadcast on July 2, 2023, at 6:48:20 a.m. Duration 11 minutes and 5 seconds. A segment with Rachel Caballero, TruWest Credit Union Community Development Manager. TruWest has launched Bite of Reality, which is a simulated financial education program for students in grades 8 through 12, and college students. The simulation takes guests through a series of decision-making steps, with factors that people experience every day. The intent is to provide kids and young adults with the opportunity to budget strategically and manage money in real world situations, that can then be applied in their real life. Following the simulation, TruWest credit advisors are on hand to provide step-by-step guidance on what decisions went well and what decisions need improvement. The hope is that these educational tools can be applied into adulthood, making best choices.

Valley Focus – Broadcast on July 2, 2023, at 6:00:00 a.m. and July 23, 2023, at 6:00:00 a.m. Duration 17 minutes and 45 seconds. A segment with Ben Smith, CEO of Gnosis IQ. Gnosis IQ is an artificial intelligence software that predicts and tracks student's success and empowers their social emotional well-being of students. Gnosis IQ is for students, teachers and parents. Gnosis IQ helps adults monitor social behaviors but also the academic side of students' progress. The combination of understanding the social triggers and academic hardships helps to identify and deliver a more well-rounded educational and follow-up experience.

Valley Focus – Broadcast on July 16, 2023, at 6:42:20 a.m. Duration 17 minutes and 40 seconds. A segment with Kim McWaters, CEO with Fresh Start and Kathy Hu, JPMorgan Chase. Fresh Start empowers women and women of color as they become the heroes of their own story. With areas of focus like stability, health, education and employment and self-sufficiency, Fresh Start is here to provide the resources, job training and skills to help someone get back on their feet. JPMorgan

Chase had their Annual Challenge competition in which eight organizations were selected to receive a \$1.3 million commitment. As Fresh Start was one of the recipients, Fresh Start has goals to expand programs to reach new heights.

Valley Focus – Broadcast on July 30, 2023, at 6:23:05 a.m. and August 20, 2023, at 6:00:00 a.m. Duration 19 minutes and 30 seconds. A segment with Tiffany Tillotson, Chief Human Resources Officer with Arizona Children Association. Arizona's Children Association's mission is to protect children, empower youth and strengthen families with a vision that every Arizona family has the resources and support needed to be safe, strong and resilient. There are two main areas of focus: child welfare and behavioral health. Right now, AzCA is conducting state-wide virtual career fairs each and every Wednesday for vacant positions. AzCA is taking new graduates, people looking for a career change and those that have had extensive experience in case management.

Valley Focus – Broadcast on September 10, 2023, at 6:39:20 a.m. Duration 11 minutes and 5 seconds. A segment with Madison Blanton, CEO of One Step Beyond. One Step Beyond's mission is to provide dynamic programs and services to individuals who have intellectual disabilities and their families, so they may achieve their goals and become fully participating members of our communities. One Step Beyond offers the Employment Programs in which specific companies work with One Step Beyond to give people opportunities with training and employment. This helps aid in the achievement of goals and productivity. There is a wonderful opportunity for everyone involved to be a business leader and an organization to provide these opportunities and foster a community. The 20th anniversary is being celebrated this year, and part of the celebration includes HUGs awards that honor six winners this year for their achievements in striving for their goals.

C. Homelessness, housing and hunger

Valley Focus – Broadcast on July 2, 2023, at 6:29:00 a.m. and July 30, 2023, at 6:42:50 a.m. Duration 16 minutes and 50 seconds. A segment with Shannon Clancy, CEO of St. Vincent de Paul. St. Vincent de Paul's mission is to feed, clothes, house and heal, in that they believe in the intrinsic value of every person to serve and be served. St. Vincent de Paul is actively raising awareness in the community of important needs with the 100 Days of Summer campaign. The focuses include water, food and shelter. With the intense heat in the Valley, St. Vincent de Paul is averaging distributing 7,000 water bottles per day. The summer months increase the cost of utility bills which might put someone living on the edge of making ends meet in danger of choosing between food and air conditioning. The increased need for shelter is ever present. But people with people volunteering through St. Vincent de Paul, offering support, there are resources and valued help to guide people through uncertain times.

Valley Focus – Broadcast on July 9, 2023, at 6:31:15 a.m., July 23, 2023, at 6:52:10 a.m., July 30, 2023, at 6:00:00 a.m., August 27, 2023, at 6:00:00 a.m. and September 10, 2023, at 6:00:00 a.m. Duration 8 minutes and 15 seconds. A segment with Nathan Smith, Chief Program Officer with Phoenix Rescue Mission. Phoenix Rescue Mission provides Christ-centered, life-transforming

solutions to people facing hunger, homelessness, addiction and trauma. Phoenix Rescue Mission is currently underway with the 11th Annual Code: Red Summer Heat Relief Campaign. The Phoenix Rescue Mission is in need of water and monetary donations for those that come to the campus and the on-the-streets outreach the organization does. The distribution of water takes place during the summer months, as the temperatures are very dangerous. The hope is that water is one step, housing for the night or permanent housing are future steps.

Valley Focus – Broadcast on July 16, 2023, at 6:13:30 a.m. Duration 13 minutes and 5 seconds. A segment with Jeri Royce, President and CEO of Advance. Advance is now in its sixth decade as a nonprofit but starting a new journey rebranded from Esperanca to Advance. The rich history of Esperanca incorporated improving health, vaccines, nutrition to countries like Nicaragua, Bolivia, Peru, Mexico and Ecuador. Advance has been working to try and strengthen underserved Latino communities in Phoenix with a variety of educational services, platforms and access to healthy food.

Valley Focus – Broadcast on July 30, 2023, at 6:09:15 a.m. and August 13, 2023, at 6:33:20 a.m. Duration 13 minutes and 35 seconds. A segment with Kim Despres, CEO of Circle the City. Circle the City provides healthcare services and hope to thousands of men, women and children facing homelessness in Maricopa County. There are two respite centers in Central Phoenix with one more on the way in the East Valley. Medical professionals deliver healthcare to the people with a mobile medical care unit as well. It is important people facing homelessness get the care that they deserve and get infections treated.

Valley Focus – Broadcast on August 6, 2023, at 6:00:00 a.m. Duration 8 minutes and 45 seconds. A segment with Danny Dahm, Street Outreach Coordinator with Phoenix Rescue Mission and Derrick Morales, Community Affairs Coordinator with Quik Trip. Phoenix Rescue Mission provides comprehensive, Christ-centered solutions for men, women and children trapped in cycles of homelessness, addiction and poverty. Phoenix Rescue Mission helps through substance abuse and recovery, food assistance, job assistance, homeless outreach and Code: Red. The homeless outreach programs are targeting areas that are seeing a lot of activity. Quik Trip is stepping in to help provide access to a better and more vibrant community by being a part of mobile sites from the Phoenix Rescue Mission. The mobile sites move throughout the community as needed and they aren't stationed at Quik Trip's but throughout the surrounding areas. Quik Trip sees first-hand the disparity, the need to get access to care, food and shelter and is partnering with Phoenix Rescue Mission to get that care to people need those services and programs.

Valley Focus – Broadcast on August 20, 2023, at 6:20:15 a.m. Duration 12 minutes and 20 seconds. A segment with Rick Mitchell, Executive Director with Homeless ID Project and Eric Jorgensen, ADOT Motor Vehicle Division Director. Homeless ID Project assists people in acquiring, at no cost to them, replacement identification documents including birth certificates and other ID. Homelessness increases the lack of identification and without identification, someone can't get a job, seek permanent housing and help get out of their homeless situation. There are many barriers to obtaining the necessary documents to get ID. And now ADOT is trying to help ease one of the barriers by producing ID on site of the Human Services Campus, where Homeless ID Project is

located. Homelessness is a real issue in our community. Prior to COVID, Homeless ID Project processed about 7,500 documents. In 2021, about 8,000. In 2022 that number increased to 12,000 documents. And in 2023, the number is on pace to hit 17,000.

Valley Focus – Broadcast on September 17, 2023, at 6:28:45 a.m. Duration 12 minutes and 30 seconds. A segment with Mandy Hodges, Food Drive Manager with United Food Bank. September is Hunger Action Month in which it is a nationwide campaign by Feeding American designed to raise awareness about hunger in our community. In Arizona alone, 751,690 people are currently facing hunger. United Food Bank works closely with schools to help fill in the gaps for students who are unable to get quality and plentiful meals at home; to fill the gap when they aren't at school during breaks. United Food Bank is hoping people within the community will become advocates, volunteer, bring in items or make monetary donations as every little bit helps to stave off food insecurity.

D. Veteran services, rehabilitation and current military support programs

Valley Focus – Broadcast on July 9, 2023, at 6:00:00 a.m. Duration 29 minutes and 15 seconds. A segment with Will Grove, Certified Brain Injury Specialist with Brain Injury Alliance of Arizona, Randy Elston, Veteran with 3 TBI's and former Adaptive Recreation and Activities Coordinator with BIAAZ and Jim Ledgewood, survivor of a gunshot wound to the head and Governor's Council on Spinal and Head Injuries. Brain Injury Alliance of Arizona is the only statewide nonprofit organization dedicated to improving the lives of adults and children with all types of brain injuries through prevention, advocacy, awareness and education. Seven percent of the US Population will develop PTSD at some point in their lives, according to the National Institute of Mental Health. And there is so much stigma around veterans experiencing trauma and that they should just be better about handling the different events they've seen and experienced in their lives. Randy hopes to change that perception and to get veterans to see the importance of going through the steps and therapies. Jim has co-facilitated a PTSD support group that brings people together to discuss different experiences, share and heal together. The support group is great for the veterans, and helps them realize they aren't going through this all alone.

Valley Focus – Broadcast on August 6, 2023, at 6:26:30 a.m. Duration 15 minutes and 50 seconds. A segment with Nicole Corey, Executive Director of Natural Restorations. Natural Restorations' mission is to remove trash and graffiti from outdoor recreation and wilderness areas, revitalize natural areas through replanting projects and enrich the lives of Military Veterans and other community members. Natural Restorations has removed over 771 tons of trash from outdoor recreation and wilderness areas across Arizona. This is done with the help of Military Veterans who use the activities as a purpose, camaraderie, a sense of duty and commitment. They get a chance to meet people who have served, share stories and be a part of a community. This is just one element of Natural Restorations but a big building block and purpose for the organization in its quest to keep Arizona beautiful.

Valley Focus – Broadcast on September 10, 2023, at 6:08:30 a.m. Duration 10 minutes and 30 seconds. A segment with Carol Hymes, RecruitMilitary's Event Director. RecruitMilitary empowers

veterans and military spouses through meaningful career opportunities. RecruitMilitary has an active job board where eligible people can upload their resumes to for specific opportunities that meet their skillsets. In the Phoenix area, a job fair will take place in which RecruitMilitary has 68 confirmed employers on site ready to conduct interviews. The job seekers have access to upload their resume and create a profile while the employers have access to those profiles. RecruitMilitary wants to give back to the veterans and their families for the sacrifices that they have made serving our country and to do that by providing opportunities for meaningful employment post military career.

E. Youth Advocacy

Valley Focus – Broadcast on July 16, 2023, at 6:27:05 a.m., July 23, 2023, at 6:36:55 a.m. and August 13, 2023, at 6:00:00 a.m. Duration 15 minutes. A segment with Shelly Mowrey with Arizona HIDTA. Arizona HIDTA stands for High Intensity Drug Trafficking Association. The goals are to raise awareness of the fentanyl and other drug crisis we have in our communication. 28 million pills have infiltrated our community as opposed to 300,000 just a few years ago. Parents, friends, teachers and others need to be aware of the impact these drugs are having on our teens and the different methods that people are using to attract younger users. The message needs to be delivered to young people about the signs and precautions to take.

Valley Focus – Broadcast on August 6, 2023, at 6:10:45 a.m. and September 17, 2023, at 6:07:15 a.m. Duration 14 minutes and 15 seconds. A segment with Len Gutman, VP of Philanthropic Services with the Jewish Family and Children’s Services. The Jewish Family and Children’s Services’ mission is to strengthen the community by providing behavioral health, healthcare and social services to all ages, faiths and backgrounds. Jewish Family and Children’s Services take great pride in helping with mental health for youth, aiding in services for mothers and children to leave abusive situations and get the resources they need to succeed.

Valley Focus – Broadcast on August 13, 2023, at 6:47:10 a.m. Duration 13 minutes and 15 seconds. A segment with Kelly McGowan, Interim Executive Director of Wildfire. Wildfire is a growing movement to end poverty. Wildfire advocates for fair practices, collaborates on policy issues and supports community action initiatives. The latest partnership formed with Wildfire, Arizona Diaper Bank and Community Action Agencies created the Arizona Diaper Pilot Program. The program caters to low-income families throughout Arizona. Upon qualification, families can receive up to 150 free diapers per month per child. Diapers are something that may be taken for granted but are essential to a child’s wellbeing. Furthermore, diapers allow the child to attend day care which allows the parent to go to work. It all works in a process for the benefit of the child.

Valley Focus – Broadcast on August 20, 2023, at 6:45:40 a.m. Duration 14 minutes and 30 seconds. A segment with Tina Lopez, Chief Development Officer with Gabriel’s Angels. Gabriel’s Angels visits facilities serving Arizona’s at-risk children in the Phoenix and surrounding areas. Registered teams, consisting of an owner and pet, offer love while teaching confidence, respect and empathy. The pet needs to go through training and become certified, the owner needs to get

fingerprinted; once those two things are accomplished a team is formed and able to be dispatched into the community. One of the pillars of Gabriel's Angels is the Animals, Books and Children Program. It is a 14-week program that helps children who are dealing with reading challenges. The ultimate decider in proficiency is words per minute.

Valley Focus – Broadcast on September 10, 2023, at 6:50:40 a.m. Duration 11 minutes. A segment with Amy Holstein, Director at Florence Crittenton. Florence Crittenton is supported by the vision to be the national leader in changing the future for girls and growing to serve all girls in need and being the foremost expert in gender-specific services for girls. The nearly 127 year old organization has grown to offer accredited programs through outpatient treatment, residential treatment, substance use and mental health. Most of the girls that come to the residential treatment facilities that offer emergency short-term shelter and long-term comprehensive support are in need of learning and developing coping skills. The girls are there to be given the tools to succeed in the future as they continue to age; to help them understand their traumas and cope.

Valley Focus – Broadcast on September 24, 2023, at 6:47:40 a.m. Duration 11 minutes and 55 seconds. A segment with Jody Boyd, Founder of The Singletons. The Singletons has been helping single-parent families with the child or parent battling cancer. The Singletons offers support with healthy meal kits, essential household supplies and utility stipends. The Singletons is now offering a variety of programs for kids: Beyond Books and Healing Harvest. Beyond Books is taking into account life skills, learning how to pay bills, understanding the importance of good credit; all the life skills that may not be taught in school and missed lessons with a parent battling cancer. Healing Harvest is taking an initiative in the kitchen program on how to grow food and helping kids understand the importance of good nutrition.

F. Aging with grace, dignity, support resources and care

Valley Focus – Broadcast on July 23, 2023, at 6:18:00 a.m. Duration 18 minutes and 40 seconds. A segment with Brian Bell, Executive Director with Northwest Valley Connect. Northwest Valley Connect advances equality, human dignity and strengthens the quality of life for residents and communities by addressing the transportation culture of those aging in place, persons with disabilities and veterans, offering choices that improve independence. There will come a point when all of us can no longer drive. So, how will we get to appointments, get necessary items and be able to live a life outside of the home? Enter Northwest Valley Connect, operating with the faith of volunteers to take elderly folks to and from appointments.

Valley Focus – Broadcast on September 3, 2023, at 6:20:40 a.m., September 17, 2023, at 6:41:30 a.m. and September 24, 2023, at 6:00:00 a.m. Duration 19 minutes. A segment with Dr. Bans, Prostate Cancer Awareness Month. Over 3 million men in the United State are living with prostate cancer. In 2023, an estimated 288,300 men will receive a prostate cancer diagnosis and an estimated 34,700 men will die from prostate cancer this year. Prostate cancer is a leading cause of death among men and with there being little to no symptoms of prostate cancer early on, it makes it hard to know that anyone has it. This is why early detection is important with screenings.

Screenings should begin in the late 40's and especially if there is history involved or high-risk factors. This will allow the aging process to unfold and if prostate cancer is detected a higher chance of survival given with an early prognosis. If the prostate cancer spreads, that is when it becomes its most dangerous.

Valley Focus – Broadcast on August 27, 2023, at 6:29:00 a.m. Duration 18 minutes and 5 seconds. A segment with Brianna Miller, Health Policy Specialist with Children's Action Alliance. Arizona Health Care Cost Containment System, also known as AHCCCS, provides health care for people who are below a certain threshold in reported income; it is a Medicaid service. IN the state of Arizona, children, considered 21 years and younger are able to seek preventative dental care through the comprehensive dental coverage portion of the plan. But people 22 years and older do not get dental coverage for preventative measures. In fact, all that those on AHCCCS receive is traumatic event coverage, for a tooth that needs to be extracted. This, along with Medicare not covering dental needs for people is why the Arizona Oral Health Coalition has sprung into action trying to pass legislation to get preventative dental care as part of medical coverage. Not only is good oral health deeply rooted in a person's overall health, but studies also show that adding dental coverage and making that dental investment in people could save the state of Arizona \$37 million. The hope is there will be continued effort to advocate for better oral health, to sign the petitions and get bipartisan support for oral health through the Arizona budget. In the meantime, there are resources and community centers that offer reduced dental services for those that cannot afford it and have hit a certain age.

G. Community Awareness

Valley Focus – Broadcast on August 6, 2023, at 6:44:35 a.m. Duration 14 minutes and 50 seconds. A segment with Barb Kozuh, Executive Director with Delta Dental. Delta Dental of Arizona started a pilot program with Banner University Medical Center Phoenix that involves Hospital Oral Care and Periodontal Disease Education. Oral hygiene is a significant part of someone's overall health. And poor and inadequate oral hygiene for hospitalized patients can certainly complicate their reasons for already being in the hospital. This pilot program has had so much success, it is expanding across the region of Banner medical centers to serve up to 300,000 patients each year.

Valley Focus – Broadcast on August 20, 2023, at 6:32:50 a.m. and September 10, 2023, at 6:19:15 a.m. Duration 12 minutes and 35 seconds. A segment with Lauren Fadden with Phoenix Childrens and Jessica Barrantes, son with sickle cell. September is National Sickle Cell Awareness Month. Sickle cell is an inherited red blood cell disorder where the cells do not bend or move easily and can block blood flow to the rest of the body. Phoenix Childrens has an entire program dedicated to helping children with sickle cell have the right plan and medication to live long and fulfilling lives. Phoenix Childrens doesn't have the resources, team and medications to do what they do without the generous help of corporate partners and the community. With September being the awareness month, 72 Sold is making a dollar-for-dollar donation up to \$10,000 toward the sickle cell program.

Valley Focus – Broadcast on August 27, 2023, at 6:08:30 a.m. Duration 20 minutes and 15 seconds. A segment with Mark Roeder, CEO and President of the Adult Congenital Heart Association and Cindy Huie, AZ Walk Chairman. The Adult Congenital Heart Association’s mission is to empower the congenital heart disease community by advancing access to resources and specialized care that improve patient-centered outcomes. Congenital heart disease is one or more problems with the heart’s structure that exist since birth. Life expectancy for someone with a congenital heart disease is growing and there is plenty of research being conducted. One in 100 babies are diagnosed with congenital heart disease. Hence the 1 in 100 event taking place on November 5th that will provide funding to specific projects, research and programs offered through the Adult Congenital Heart Association.

Valley Focus – Broadcast on September 3, 2023, at 6:00:00 a.m. Duration 19 minutes and 40 seconds. A segment with Tomas Leon, President of Equality Health Foundation. Equality Health Foundation is looking to level the healthcare playing field by believing a zip code should not determine how long or how well we live. Everyone should have access to resources that enable and encourage healthy living. Equality Health Foundation, along with Mercy Care, United Health Care, Aetna, Arizona DHS and community partners are active within the community. Recently they distributed over 3,600 backpacks to Phoenix children, and in the future, there will be more community outreach programs and events to shed light on healthy living, eating and lifestyle.

Valley Focus – Broadcast on September 3, 2023, at 6:40:25 a.m. Duration 19 minutes. A segment with Lorraine Tallman, CEO of Amanda Hope Rainbow Angels and Andrew Rangel, Director of Philanthropy with Amanda Hope Rainbow Angels. Lorraine started Amanda Hope Rainbow Angels as a promise to her daughter who battled Leukemia and a brain tumor. That promise is that children would have access to gift packs, programs and it would try to lessen the burden on the families that are coping with a child dealing with cancer or other life-threatening illnesses. There is an upcoming gala that will go toward helping design Comfy Cozy packs, safer ports, therapists and other programs.

Valley Focus – Broadcast on September 17, 2023, at 6:21:45 a.m. Duration 6 minutes and 45 seconds. A segment with Nicole Henry, PharmD, District Leader with CVS Health. It’s time once again for people to get their flu shots. The flu shot helps to protect yourself and benefits the community around you. CVS Health is here to help make it easier for people to get their flu vaccinations this fall. There is also a need for RSV vaccines for those 60 and older and pneumonia shots. CVS Health is here to help as they work with most insurance providers, have access to governmental programs to cover shots if you are underinsured.

Valley Focus – Broadcast on September 24, 2023, at 6:38:10 a.m. Duration 9 minutes. A segment with Nicole Henry, PharmD, District Leader with CVS Health. The FDA recently authorized the updated COVID shot that is now available at CVS locations. CVS is working with health insurance companies to provide this updated shot at no cost. Even if people haven’t had updated boosters, the recommendation is to get this updated COVID shot as it has been updated with the latest variants. The COVID shot is available for people ages five and up.

Valley Focus – Broadcast on September 24, 2023, at 6:19:15 a.m. Duration 18 minutes and 40 seconds. A segment with Elizabeth Walton, Executive Director of American Lung Association AZ and Jerry McGuire, President of PuriFi. Air quality is important to our ability to breathe. There are differences in indoor and outdoor air quality, and each has a set of factors that will uniquely impact an individual. Arizona isn't ranked well in the country in terms of air quality and there are ways to try and help yourself with those harmful emissions. One way is through PuriFi, which is a filtration system that improves indoor quality and helps people with allergies, asthma, and other breathing issues.

Included in Valley Focus were the following Public Service Announcements:

July 2, 2023 –

6:17:45 a.m. Duration 30 seconds. Treatment has saved my life. PTSD is real. Call your local VA medical center or visit [ptsd.va.gov](https://www.ptsd.va.gov)

6:18:15 a.m. Duration 60 seconds. Remote control. Pause. Rewind. 1 minute test. [DoIHavePreDiabetes.org](https://www.dolhaveprediabetes.org). Brought to you by the Ad Council and Pre Diabetes Awareness partners

6:19:15 a.m. Duration 60 seconds. Happy kids heal faster. Starlight Children's Foundation is dedicated to improving sick kids mental wellbeing. [Starlight.org](https://www.starlight.org)

6:28:00 a.m. Duration 60 seconds. No one should face Alzheimer's alone. [Alz.org](https://www.alz.org) and call the association's free hotline at 800-272-3900

6:45:50 a.m. Duration 60 seconds. Join Stand Up To Cancer and Jazz Pharmaceuticals to accelerate the pace of research for lung cancer and screening options. [StandUpToCancer.org/lung](https://www.standuptocancer.org/lung)

6:46:50 a.m. Duration 15 seconds. Impact of a meal goes well beyond feeding our bodies. Join the movement at [feedingamerica.org/actnow](https://www.feedingamerica.org/actnow). Brought to you by Feeding America and the Ad Council

6:47:05 a.m. Duration 60 seconds. No one should face Alzheimer's alone. [Alz.org](https://www.alz.org) and call the association's free hotline at 800-272-3900

6:48:05 a.m. Duration 15 seconds. Remote control. Pause. Rewind. 1 minute test. [DoIHavePreDiabetes.org](https://www.dolhaveprediabetes.org). Brought to you by the Ad Council and Pre Diabetes Awareness partners

July 9, 2023 –

6:29:15 a.m. Duration 30 seconds. Adopt US Kids. What to expect when you're expecting a teenager? Visit [adoptuskids.org](https://www.adoptuskids.org). Brought to you by the US Department of Health and Human Services, Adopt US Kids and the Ad Council

6:29:45 a.m. Duration 30 seconds. There are 1,000 ways to say it. As a passenger, you have the power to stop a distracted driver. Choose one. A message from CTIA

6:30:15 a.m. Duration 60 seconds. At first glance, Terrance and Shania have nothing in common. Both have been diagnosed with small cell lung cancer. Both were caught early. Early screenings can prevent it from spreading. Lung cancer screenings with [StandUpToCancer.org/lung](https://www.standuptocancer.org/lung)

6:39:30 a.m. Duration 60 seconds. Planning for disasters is best way to preserve legacy. [Ready.gov/plan](https://www.ready.gov/plan) for your emergency preparedness plan. Brought to you by FEMA and the Ad Council

6:40:30 a.m. Duration 30 seconds. We are the boy band your tween made you see. Love them enough to have them buckled up in the back seat. Visit [NHTSA.gov/therightseat](https://www.nhtsa.gov/therightseat). Brought to you by the National Highway Traffic Safety Administration and the Ad Council

6:41:00 a.m. Duration 30 seconds. Walk a mile in my shoes. [Belongingbeginswithus.org](https://www.belongingbeginswithus.org). Brought to you by the Ad Council

6:41:30 a.m. Duration 15 seconds. No one should face Alzheimer's alone. Resources are available at [alz.org](https://www.alz.org). 24/7 hotline at 800-272-3900

July 16, 2023 –

6:13:15 a.m. Duration 15 seconds. Walk a mile in my shoes. [Belongingbeginswithus.org](https://www.belongingbeginswithus.org). Brought to you by the Ad Council

6:26:35 a.m. Duration 30 seconds. We are the boy band your tween made you see. Love them enough to have them buckled up in the back seat. Visit [NHTSA.gov/therightseat](https://www.nhtsa.gov/therightseat). Brought to you by the National Highway Traffic Safety Administration and the Ad Council

6:42:05 a.m. Duration 15 seconds. Warning app. 1 minute test. [DoIHavePreDiabetes.org](https://www.dohaveprediabetes.org). Brought to you by the Ad Council and Pre Diabetes Awareness partners

July 23, 2023 –

6:17:45 a.m. Duration 15 seconds. When you care for loved ones, you take care of everything. Are you taking care of yourself? Find free care guides at [aarp.org/caregiving](https://www.aarp.org/caregiving). Brought to you by AARP and the Ad Council

6:36:40 a.m. Duration 15 seconds. I think so? Sometimes it's OK to think you know. But when it comes to a car seat, don't think. Go to [NHTSA.gov/therightseat](https://www.nhtsa.gov/therightseat). A message from NHTSA and the Ad Council

6:51:55 a.m. Duration 15 seconds. Warning app. 1 minute test. [DoIHavePreDiabetes.org](https://www.dohaveprediabetes.org). Brought to you by the Ad Council and Pre Diabetes Awareness partners

July 30, 2023 –

6:08:15 a.m. Duration 30 seconds. Its 4 am and you're sucking baby snot through a tube because she's congested. If you love her this much, make sure she has the right car seat. Visit [nhtsa.gov/therightseat](https://www.nhtsa.gov/therightseat). Brought to you by the National Highway Traffic Safety Administration and the Ad Council

6:08:45 a.m. Duration 30 seconds. Warning app. 1 minute test. [DoIHavePreDiabetes.org](https://www.dohaveprediabetes.org). Brought to you by the Ad Council and Pre Diabetes Awareness partners

6:22:50 a.m. Duration 15 seconds. Join the movement at feedingamerica.org. Brought to by Feeding America and the Ad Council

6:42:35 a.m. Duration 15 seconds. Mom is this how you feed a hamster? Sometimes it's OK to think you know. When it comes to the right car seat, just know. Visit nhtsa.gov/therightseat. Message from NHTSA and the Ad Council

August 6, 2023 –

6:08:45 a.m. Duration 60 seconds. Warning app. 1 minute test. DolHavePreDiabetes.org. Brought to you by the Ad Council and Pre Diabetes Awareness partners

6:09:45 a.m. Duration 60 seconds. Talking about Alzheimer's can be tough. But if you notice something, say something. Alzheimer's Association provides care, support and research. Talk about seeing a doctor together. visitalz.org/timetotalk. A message from Alzheimer's Association and the Ad Council

6:25:00 a.m. Duration 60 seconds. Happy Kids Heal Faster. Starlight Foundation is dedicated to improving the mental wellbeing of sick kids. Learn more at starlight.org

6:26:00 a.m. Duration 30 seconds. Walk a mile in my shoes. Belongingbeginswithus.org. Brought to you by the Ad Council

6:42:20 a.m. Duration 60 seconds. Planning for disasters is best way to preserve legacy. Ready.gov/plan for your emergency preparedness plan. Brought to you by FEMA and the Ad Council

6:43:20 a.m. Duration 60 seconds. The impact of a meal goes well beyond feeding our bodies. Join the movement to end hunger at feedingamerica.org/actnow. A public service announcement with Feeding America and the Ad Council

6:44:20 a.m. Duration 15 seconds. Walk a mile in my shoes. Belongingbeginswithus.org. Brought to you by the Ad Council

August 13, 2023 –

6:15:00 a.m. Duration 15 seconds. I think so? Sometimes it's OK to think you know. But when it comes to a car seat, don't think. Go to NHTSA.gov/therightseat. A message from NHTSA and the Ad Council

6:33:05 a.m. Duration 15 seconds. Warning app. 1 minute test. DolHavePreDiabetes.org. Brought to you by the Ad Council and Pre Diabetes Awareness partners

6:46:55 a.m. Duration 15 seconds. Walk a mile in my shoes. Belongingbeginswithus.org. Brought to you by the Ad Council

August 20, 2023 –

6:19:30 a.m. Duration 15 seconds. No one should face Alzheimer's alone. 800-272-3900 for the 24/7 hotline. Alz.org

6:19:45 a.m. Duration 30 seconds. We are the boy band your tween made you see. Love them enough to have them buckled up in the back seat. Visit NHTSA.gov/therightseat. Brought to you by the National Highway Traffic Safety Administration and the Ad Council

6:32:35 a.m. Duration 15 seconds. I think so? Sometimes it's OK to think you know. But when it comes to a car seat, don't think. Go to [NHTSA.gov/therightseat](https://www.nhtsa.gov/therightseat). A message from NHTSA and the Ad Council

6:45:25 a.m. Duration 15 seconds. Warning app. 1 minute test. [DoIHavePreDiabetes.org](https://www.dohaveprediabetes.org). Brought to you by the Ad Council and Pre Diabetes Awareness partners

August 27, 2023 –

6:08:15 a.m. Duration 15 seconds. Walk a mile in my shoes. [Belongingbeginswithus.org](https://www.belongingbeginswithus.org). Brought to you by the Ad Council

6:28:45 a.m. Duration 15 seconds. No one should face Alzheimer's alone. [Alz.org](https://www.alz.org) and call the association's free hotline at 800-272-3900

6:47:05 a.m. Duration 15 seconds. I think so? Sometimes it's OK to think you know. But when it comes to a car seat, don't think. Go to [NHTSA.gov/therightseat](https://www.nhtsa.gov/therightseat). A message from NHTSA and the Ad Council

September 3, 2023 –

6:19:40 a.m. Duration 60 seconds. No one should face Alzheimer's alone. [Alz.org](https://www.alz.org) and call the association's free hotline at 800-272-3900

6:39:40 a.m. Duration 30 seconds. Real veterans. Facing a real challenge. Have PTSD. Treatment can turn your life around. [PTSD.va.gov](https://www.ptsd.va.gov)

6:40:10 a.m. Duration 15 seconds. Warning app. 1 minute test. [DoIHavePreDiabetes.org](https://www.dohaveprediabetes.org). Brought to you by the Ad Council and Pre Diabetes Awareness partners

September 10, 2023 –

6:08:15 a.m. Duration 15 seconds. No one should face Alzheimer's alone. [Alz.org](https://www.alz.org) and call the association's free hotline at 800-272-3900

6:19:00 a.m. Duration 15 seconds. Walk a mile in my shoes. [Belongingbeginswithus.org](https://www.belongingbeginswithus.org). Brought to you by the Ad Council

6:31:50 a.m. Duration 15 seconds. Warning app. 1 minute test. [DoIHavePreDiabetes.org](https://www.dohaveprediabetes.org). Brought to you by the Ad Council and Pre Diabetes Awareness partners

6:39:05 a.m. Duration 15 seconds. Join Stand Up To Cancer and Jazz Pharmaceuticals to accelerate the pace of research for lung cancer and screening options. [StandUpToCancer.org/lung](https://www.standuptocancer.org/lung)

6:50:25 a.m. Duration 15 seconds. Remote control. Pause. Rewind. 1 minute test. [DoIHavePreDiabetes.org](https://www.dohaveprediabetes.org). Brought to you by the Ad Council and Pre Diabetes Awareness partners

September 17, 2023 –

6:07:00 a.m. Duration 15 seconds. No one should face Alzheimer's alone. [Alz.org](https://www.alz.org) and call the association's free hotline at 800-272-3900

6:21:30 a.m. Duration 15 seconds. Walk a mile in my shoes. [Belongingbeginswithus.org](https://www.belongingbeginswithus.org). Brought to you by the Ad Council

6:28:30 a.m. Duration 15 seconds. Warning app. 1 minute test. DoIHavePreDiabetes.org. Brought to you by the Ad Council and Pre Diabetes Awareness partners

6:41:15 a.m. Duration 15 seconds. Happy kids heal faster. Starlight Foundation. Starlight.org

September 24, 2023 –

6:19:00 a.m. Duration 15 seconds. No one should face Alzheimer's alone. Alz.org and call the association's free hotline at 800-272-3900

6:37:55 a.m. Duration 15 seconds. Mom is this how you feed a hamster? Sometimes it's OK to think you know. When it comes to the right car seat, just know. Visit nhtsa.gov/therightseat. Message from NHTSA and the Ad Council

6:47:10 a.m. Duration 30 seconds. Warning app. 1 minute test. DoIHavePreDiabetes.org. Brought to you by the Ad Council and Pre Diabetes Awareness partners