#### Quarterly Issues Programs List for Station KAZG – AM, Scottsdale, AZ

October 1, 2023, - December 31, 2023,

Section I: Issues – The station has identified the following issues as affecting the community this quarter.

- A. Educational and job opportunities
- B. Homelessness, housing and hunger
- C. Aging with grace, dignity, support resources and care
- D. Animal welfare, vet care and education
- E. Community Awareness
- F. Youth Support
- G. Veteran services, rehabilitation and current military support programs

Section II: Responsive Programs -

A. Educational and job opportunities

**Valley Focus** – Broadcast on October 1, 2023, at 6:19:50 a.m., November 12, 2023, at 6:00:00 a.m. and December 10, 2023, at 6:00:00 a.m. Duration 10 minutes and 30 seconds. A segment with Jennifer Mellor, Chief Innovation Officer with Greater Phoenix Chamber Foundation and Build Your Future Arizona. Build Your Future Arizona's mission is to create a sustainable and skilled craft workforce by creating awareness about high paying construction careers, training opportunities and mapping career paths to employment in these high demand occupations. Build Your Future Arizona is also excited about the work they are doing with grassroots efforts to reach young people in high schools and community colleges about the advantages of skilled craft jobs. In addition, Greater Phoenix Chamber Foundation has started programs that have brought back these classes in high schools. Build Your Future Arizona is all about providing educational tools, resources and networking capabilities to turn into a longstanding career path.

**Valley Focus** – Broadcast on October 22, 2023, at 6:13:50 a.m. and December 31, 2023, at 6:18:20 a.m. Duration 20 minutes and 25 seconds. A segment with Ted Taylor, CEO of Family Promise of Greater Phoenix. Family Promise of Greater Phoenix vows to support the entire family. That assistance goes with children through daycare assistance, school, in-house play spaces and club activities. The parents receive support as they are knowing their children are safe and cared for and can turn their attention to goals of securing employment, saving money, and searching for next-step housing. And pets, they get their own food and shelter right alongside their human family. Without support and proper structure, searching for a job, finding a job and maintaining that employment can be difficult. The keys to success are founded with Family Promise of Greater Phoenix. In addition to that, there are educational opportunities on proper saving techniques and so much more, that all lead to prosperous opportunities. Family Promise of Greater Phoenix sets the foundation for the family and for the head of household to get on their feet through employment.

**Valley Focus** – Broadcast on October 29, 2023, at 6:16:20 a.m. and November 5, 2023, at 6:00:00 a.m. Duration 14 minutes and 50 seconds. A segment with Teresa Hodge, founder of Mission Launch. There are 80 million Americans as of right now who have been incarcerated or have had

some kind of record. That amount of people is a staggering number, and with the majority of those people being released at some point, what happens to their jobs and opportunities that lay ahead in society? Mission Launch was started to bring the partners together to help inmates start on their journey outside while still inside. That includes the educational resources and professional resources to get jobs. The recidivism rate is staggering, and Mission Launch realizes something has to be done to change the cycle.

**Valley Focus** – Broadcast on November 19, 2023, at 6:24:35 a.m. Duration 11 minutes and 55 seconds. A segment with JC Thompson, Chief Operating and Sustainability Officer with The Be Kind People Project. The Be Kind People Project is a 501 c(3) non-profit that initiates a positive change in the overall learning environment and provides relevant learning and youth development opportunities that inspire humanity, academic achievement and healthy living for students wherever and however they learn. The Be Kind People Project has different programs that suit business and educators for students; to develop those learning skills. A lot of students who started with The Be Kind People Project are still with the program, giving back in some capacity to the younger generation.

**Valley Focus** – Broadcast on November 26, 2023, at 6:48:50 a.m. Duration 10 minutes and 40 seconds. A segment with Erik Moses, CEO and Executive Director of the Fiesta Bowl. The Fiesta Bowl does more than just host college football games once a year in the Valley. They are part of supporting local charity efforts throughout the year. For the seventh year in a row, the Fiesta Bowl Charities granted 500 teachers across the state \$2,500 each during the Palo Verde Fiesta Bowl Charities Wishes for Teachers Draft Day presented by SRP. In total, \$1.25 million was rewarded to 500 teachers, up from \$1 million and 400 teachers in 2022. The money goes to support teachers for materials and needs they have for their classroom to continue to be great educators. This impact stems far and wide across the state and is in service to maintaining the ability to provide resources to teachers who need it.

**Valley Focus** – Broadcast on December 10, 2023, at 6:45:40 a.m. Duration 16 minutes and 20 seconds. A segment with Tom Wheelwright, CPA and CEO of WealthAbility. There are many tax changes coming in April 2024 and Tom wants you to be as educated as possible heading into tax season. There are automatic provisions in place with our tax codes that adjust for inflation. For April 2024, those provisions are in place. From there, if you are able to capitalize on the savings, WealthAbility has strategies to turn those savings into future opportunities. The educational principles of providing yourself opportunities at tax free wealth. In addition to that, the bracket has changed and that impacts people and the percent they have to pay on taxes. For married couples at \$27,500, taxable income starts after that. There are opportunities to capitalize on the percentage of taxable income. Tom wants to share in his knowledge of the tax law, and you can use it to your advantage.

**Valley Focus** – Broadcast on December 17, 2023, at 6:43:25 a.m. and December 31, 2023, at 6:42:15 a.m. Duration 17 minutes and 15 seconds. A segment with Katie Prendergast, Executive Director of Arizona Alliance for Golf. Arizona Alliance for Golf got started about five years ago with people and organizations from all sectors of the golf industry joining forces for the love of this

game in Arizona. The report derived by Arizona Alliance for Golf determined Arizona is the home to 66,200 jobs and that totals \$2.3 billion in wages earned through the golf industry. The golf industry is home to a huge portion of our tourism economic boom and in total about \$6 billion in economic activity generated. The golf industry does so much for charitable organizations through the WM Phoenix Open and tournaments throughout the Valley.

#### B. Homelessness, housing and hunger

**Valley Focus** – Broadcast on October 1, 2023, at 6:30:35 a.m. Duration 10 minutes and 30 seconds. A segment with Rosa Hernandez, Communications and Engagement Manager with Waste Not. Waste Not is a local nonprofit helping to feed people through partners across the Valley. In fact, in 2022, 2.4 million meals were recovered. This means, Waste Not has partners like restaurants, grocery stores and other businesses that will donate their excess food. From there, Waste Not picks up that food in their food trucks and delivers it to food banks, churches and other partners to be distributed to people in need. Food recovery is a great way to bridge the gap of food insecurity as 40 percent of food is wasted.

**Valley Focus** – Broadcast on October 15, 2023, at 6:44:40 a.m., November 19, 2023, at 6:00:00 a.m. and December 3, 2023, at 6:00:00 a.m. Duration 14 minutes and 55 seconds. A segment with Amy Schwabenlender, CEO of Human Services Campus. Human Services Campus is a nonprofit organization that is a collaborative force of 16 partner organizations with the shared outcome of ending homelessness for people every day. Human Services Campus offers beds to about 900 people per night, but that is not covering the growing needs seen across our community. In fact, data indicates there has been a 10 percent increase in people served across Human Services Campus from the 2022 fiscal year to the 2023, fiscal year. Needs are high and people can help in a variety of ways to make sure Human Services Campus continues to offer support, housing, water, medical attention and the resources to gain access to meaningful employment and change the trajectory of homelessness.

**Valley Focus** – Broadcast on November 5, 2023, at 6:15:05 a.m. and December 24, 2023, at 6:25:20 a.m. Duration 9 minutes and 5 seconds. A segment with Julia Matthies, Project Manager for Housing 2023, Initiative with St. Vincent de Paul. St. Vincent de Paul's mission is to feed, clothe, house and health and believe in the intrinsic value of every person. One year after St. Vincent de Paul set the goal to house 2,025 people experiencing homelessness by the year 2023, they have already met 60 percent of their goal. There are many stereotypes surrounding homelessness and Julia provided many truths to those stereotypes.

**Valley Focus** – Broadcast on November 12, 2023, at 6:10:45 a.m. Duration 14 minutes and 20 seconds. A segment with Alex Becker, Director of Marketing with Fullerton Foundation. Fullerton Foundation has made it a commitment to give back to the community. Fullerton Foundation has identified kids and those suffering from homelessness will be top priority, whether it is through the Safe Lot program or the upcoming Harvest of Thanks. Safe Lot gives safe shelter for mothers to stay in their cars with their children, provide beds to the kids, clothes, laundry services and

most importantly, safety. Harvest of Thanks is giving bikes and toys to these very kids who are spending their nights in the Safe Lot.

**Valley Focus** – Broadcast on December 17, 2023, at 6:31:55 a.m. Duration 11 minutes and 15 seconds. A segment with Natasha Tofil, Sprouts Sustainability Team. Sprouts is trying to make an impact in our community with the Grab and Give food donation drive. Sprout Farmers Markets puts together bags of food items that include produce, protein bars and other nutritional items. Customers can get involved by purchasing one of these Grab and Give bags that will then be donated to the food bank for people to walk in and take home with them. This Grab and Give campaign will continue through the end of the year. Sprouts is also trying to make a difference by partnering with a variety of different food banks across the valley for their Food Rescue Program. The unique part about Sprouts is that they are providing fresh produce as opposed to processed and sugary foods. Food banks need all food items, but especially the fresh produce that sometimes gets forgotten about when going to feeding people in need. Food banks are great need of fresh produce as the demand is increasingly high.

### C. Aging with grace, dignity, support resources and care

**Valley Focus** – Broadcast on October 1, 2023, at 6:41:20 a.m. Duration 20 minutes and 15 seconds. A segment with Mark Roeder, CEO and President of the Adult Congenital Heart Association and Cindy Huie, AZ Walk Chairman. The Adult Congenital Heart Association's mission is to empower the congenital heart disease community by advancing access to resources and specialized care that improve patient-centered outcomes. Congenital heart disease is one or more problems with the heart's structure that exist since birth. Life expectancy for someone with a congenital heart disease is growing and there is plenty of research being conducted. One in 100 babies are diagnosed with congenital heart disease. Hence the 1 in 100 event taking place on November 5<sup>th</sup> that will provide funding to specific projects, research and programs offered through the Adult Congenital Heart Association. With this association for people living with and have aged into adulthood with a congenital heart disease, it is important for the advancement of research and resources.

**Valley Focus** – Broadcast on October 29, 2023, at 6:31:55 a.m. and December 3, 2023, at 6:23:35 a.m. Duration 11 minutes and 50 seconds. A segment with Victoria Coley, Medicare Officer, Arizona and Mountain States, CVS Health. Medicare Annual Enrollment period is from October 15, 2023, to December 7, 2023. Victoria answered questions on what Medicare covers. Next, she answered questions on the differences between Medicare Advantage Plans and Supplemental Insurance. She provided resources for people to ask questions and get more help on what plan best suits their needs. She answered questions on whether or not people should stay on company provided health care despite being 65 years old. She dove into an array of topics as people hit 65 as to what to expect and what is available to them for their health care needs.

**Valley Focus** – Broadcast on October 29, 2023, at 6:00:00 a.m. and December 31, 2023, at 6:00:00 a.m. Duration 15 minutes and 20 seconds. A segment with Carla Sutter, Arizona Health Care Directives Registry at Contexture. Contexture is partnering with Mercy Care and Hospice of the

Valley on a Choose Your Person campaign. The initiative is designed to get people to fill out healthcare directives. Carla went through examples of what happens in different scenarios if someone doesn't have a healthcare directive. She provided ways for people to start the process on having tough conversations with loved ones about health care decisions.

#### D. Animal welfare, vet care and education

**Valley Focus** – Broadcast on October 1, 2023, at 6:07:00 a.m. and November 5, 2023, at 6:47:30 a.m. Duration 12 minutes and 35 seconds. A segment with Bari Mears, President and Founder of Pacc911. Pacc911 has over 140 coalition partners in which Pacc911 aids in lifting their partner organization's burdens with some of the challenging behind the scenes work that comes with animal rescue. Part of this with their Critical Care Program. The needs are greater than ever before. In 2022, Pacc911 helped over 1200 animals amassing \$400,000 in care. From January 1, 2023, to June 30, 2023, Pacc911 has already aided in over 900 animals care, on pace for a huge increase year over year. Pacc911 needs the help of the community to help the animals.

**Valley Focus** – Broadcast on October 8, 2023, at 6:24:35 a.m. Duration 10 minutes and 30 seconds. A segment with Brittany Schlacter, Marketing and Public Relations Specialist with BISSELL Pet Foundation. BISSELL Pet Foundation exists to support animal welfare organizations and provide resources to underserved communities. This includes helping to reduce the number of animals in shelters and rescues through pet adoption, spay and neuter programs, vaccinations, microchipping and crisis and disaster response. BISSELL Pet Foundation is once again contributing to the Empty the Shelters campaign with reduced adoption fees. The local Arizona shelters are participating in the campaign. There is great need to empty the shelters as they are overrun with animals right now.

**Valley Focus** – Broadcast on October 22, 2023, at 6:41:30 a.m. and November 26, 2023, at 6:00:00 a.m. Duration 18 minutes. A segment with Anne Marie Geary, Director, Philanthropy and Donor Relations with Lost Our Home Pet Rescue. Lost Our Home Pete Rescue was founded in 2008 as a grassroots response to the housing crisis that left thousands of people displaced and thousands of pets abandoned. Lost Our Home Pete Rescue has expanded over time and has several key programs under their roof, the Temporary Care Program, Pet Food Bank Program and low-income Boarding Program. There is an application process that allows you to see if you qualify for the assistance. When it comes to the food program, you can access food six times and then reapply if needed. Lost Our Home Pet Rescue works closely with the Sojourner Center, making it no longer a barrier for women to flee and abusive situation because they know their pets will be taken care of. Shelters are filling up and volunteers are needed for foster programs and so much more.

**Valley Focus** – Broadcast on December 3, 2023, at 6:15:10 a.m. Duration 7 minutes and 25 seconds. A segment with Brittany Schlacter, Marketing and PR Specialist with Bissell Pet Foundation. Bissell Pet Foundation is bringing back Empty the Shelters Holiday Hope Event taking place in December with reduced or no-cost adoption fees at participating local animal shelters. Arizona is seeing overcrowding in their animal shelters and a rise in pet abandonment with the

increase in housing prices. The hope is that the event will help spark people to bring home their forever pet, provide that pet with love and care and clear out the shelters.

### E. Community Awareness

**Valley Focus** – Broadcast on October 1, 2023, at 6:00:00 a.m., October 15, 2023, at 6:14:15 a.m. and October 22, 2023, at 6:34:30 a.m. Duration 6 minutes and 45 seconds. A segment with Nicole Henry, PharmD, District Leader with CVS Health. It's time once again for people to get their flu shots. The flu shot helps to protect yourself and benefits the community around you. CVS Health is here to help make it easier for people to get their flu vaccinations this fall. There is also a need for RSV vaccines for those 60 and older and pneumonia shots. CVS Health is here to help as they work with most insurance providers, have access to governmental programs to cover shots if you are underinsured.

**Valley Focus** – Broadcast on October 22, 2023, at 6:00:00 a.m. Duration 13 minutes and 20 seconds. A segment with John Banquil, owner of Ling's Wok Shop and Ling and Louie's Asian Bar and Grill. John is community focused and always partnering with nonprofits around the Valley with customized campaigns. In the month of October, the focus is on the Foothills Animal Rescue for Woktober. Ahead of Thanksgiving, John and his restaurants are partnering with Military Assistance Mission. Portions of the profits go to MAM in preparation for kids toys and more for the upcoming holidays. The importance of providing a community type feel means everything to John and wants to have a hand and tie into so many areas of need.

**Valley Focus** – Broadcast on October 29, 2023, at 6:44:00 a.m. Duration 15 minutes and 35 seconds. A segment with Tomas Leon, President of Equality Health Foundation. Equality Health Foundation believes a zip code shouldn't determine how long or how well we live. Equality Health Foundation believes everyone should have access to resources that enable and encourage healthy living. Upcoming in November, there is a festival put on by Equality Health Foundation with 30 different partner organizations bringing together the private and nonprofit sectors. The festival will give 1,000 turkeys away for Thanksgiving, fresh fruits and vegetables for families unable to afford them and many health booths to provide shots, immunizations, mental health conversations and so much more. Equality Health Foundation is centralizing on South Phoenix, but everyone is welcome to attend.

**Valley Focus** – Broadcast on November 5, 2023, at 6:37:05 a.m. Duration 10 minutes and 10 seconds. A segment with Jennifer Gage, Founder of Gigi's Playhouse Phoenix. Gigi's Playhouse Phoenix has a mission to change the way the world views Down Syndrome and to send a global message of acceptance for all. Gigi's Playhouse is up for the Betty Jane Humanitarian Award from NASCAR Foundation and if they win, they will be awarded \$100,000 to which they plan to start Gigi On The Go, which will be a mobile unit bringing resources and programs to people with Down syndrome who don't have access to get to the permanent location. Just for being nominated, Gigi's Playhouse will receive \$25,000 and that money will greatly help keep the programs run by mostly volunteers operational.

**Valley Focus** – Broadcast on November 12, 2023, at 6:25:20 a.m., November 26, 2023, at 6:33:35 a.m. and December 10, 2023, at 6:31:25 a.m. Duration 14 minutes. A segment with Tom Grote, CEO of Banner | Aetna. The Affordable Care Act plans are now open through December 15, 2023, if you want coverage to start on January 1<sup>st</sup>. You have longer if you are willing to wait for coverage to start in February. A record number of over 200,000 Arizonans signed up for the ACA Marketplace health insurance last year. And the expectation is that number will increase in 2024 with the changes made to Medicaid. There are premium subsidies available to people who qualify on the ACA Marketplace. Healthcare.gov is a great resource for people to learn more about the ACA Marketplace and what plans can work best for them and their healthcare needs. It is vital to our community that people have health care because preventative appointments have risen and the affordability of taking care of serious issues has increased. The number of people defaulting on payments to providers and hospitals is down because of the ACA Marketplace.

**Valley Focus** – Broadcast on November 19, 2023, at 6:49:45 a.m. and December 17, 2023, at 6:00:00 a.m. Duration 13 minutes and 30 seconds. A segment with Dr. Deborah Fernandez – Turner, DO., Deputy Chief Psychiatric Officer with CVS Health. We are entering the part of the year when it gets darker, faster and people may experience Seasonal Affective Disorder (SAD). Dr. Fernandez – Turner offered suggestions to those experiencing more depressive symptoms this time of year, the help offered at various clinics and signs and symptoms to monitor. In addition to all of this, the holidays are coming which add stress on to family members. It is important to communicate and work together through these upcoming months as not everyone associates happiness with the holidays.

**Valley Focus** – Broadcast on December 3, 2023, at 6:35:40 a.m. and December 24, 2023, at 6:35:55 a.m. Duration 23 minutes and 55 seconds. A segment with Tom and Jen with Alcoholics Anonymous East Valley. Tom and Jen discussed how Alcoholics Anonymous works, the virtual and in-person meetings, the strategies involved and the hope that the groups bring to people who want to live a sober life. Things can be tough, especially around the holidays but there is hope and a way to a better tomorrow. Tom and Jen debunked some of the myths that surround AA and discussed the positives of the meetings.

### F. Youth Support

**Valley Focus** – Broadcast on October 8, 2023, at 6:38:35 a.m. Duration 19 minutes and 50 seconds. A segment with Lori Tanner, Chief Executive Officer with Treasure House Phoenix. Treasure House Phoenix is an active living community in Glendale for young adults with intellectual and developmental disabilities. The mission is to provide residents with IDD the same opportunity as all others to lead successful and fulfilling lives. Treasure House was started by Kurt and Brenda Warner with the hope of giving young people the ability to go to school, work and be independent despite some challenges they are facing. There are 29 residents at Treasure House that live with 24-hour supervision but are independent. The support the house gives to the young people allow them to thrive and be productive. Treasure House goes through an extensive process to open rooms to residents that includes qualifications, interviews and a trial period.

**Valley Focus** – Broadcast on October 15, 2023, at 6:22:30 a.m., November 12, 2023, at 6:39:35 a.m. and December 10, 2023, at 6:10:45 a.m. Duration 20 minutes and 25 seconds. A segment with Erin McDonough, Executive Director with First Tee – Phoenix. First Tee – Phoenix is empowering kids and teens through the game of golf. There are two designed programs to help youth with golf, the on-course program and the school and community program. Kids ages seven to high school have the ability to sign up for First Tee with 14 participating golf courses across the Valley. First Tee is dedicated to inclusion and wanting to focus efforts within the Latino community. The USGA has given the First Tee an IDEA Grant that will be used to help support these efforts of inclusion, growth and access to the game of golf. The game of golf offers so many lessons to a child along with long-term success through the game.

**Valley Focus** – Broadcast on November 5, 2023, at 6:24:40 a.m. Duration 12 minutes and 10 seconds. A segment with Kathy Rood, Program Manager with Jewish Family and Children's Service. Jewish Family and Children's Service has the mission to strengthen the community by providing behavioral health, healthcare, and social services to all ages, faiths, and backgrounds. Adopt a Family for the holidays has been around for over two decades with such an important impact on children around the holidays. Adopt a Family is seeking to reach 200 families with a specific tailored wish list. A lot of times this wish list is a need list for these families and children. The pride and value of just being able to help out is tremendous for children.

**Valley Focus** – Broadcast on November 19, 2023, at 6:15:10 a.m. Duration 9 minutes and 10 seconds. A segment with Lauren Watson, Marketing Manager with Arizona's Children Association. AzCA was founded in 1912 and is the state's longest serving comprehensive child welfare and behavioral health not-for-profit agency. As we are approaching the holidays, AzCA is trying to serve 4,000 kids within their programs by supplying toys for the holidays with the Gifts of Hope campaign. Families, businesses, groups, organizations can select age groups, kids and provide them toys and other items for the holidays. The lasting impact on making sure that no child is left feeling forgotten is important as the Arizona's Children Association continues to strive every day for placement into permanent homes.

**Valley Focus** – Broadcast on November 26, 2023, at 6:19:30 a.m. Duration 11 minutes and 50 seconds. A segment with Jody Boyd, founder of The Singletons. The Singletons is a homegrown, Arizona based nonprofit that is devoted to meeting the needs of single-parent families battling cancer by providing strength, hope, resources and community. Right now, The Singletons Santa is underway with the need for toys for kids who are part of the 66 families under The Singletons umbrella. The kids will be part of an event with food, hot chocolate and activities, and will get to load up with toys at the end of the event. With single parent families fighting cancer, it is hard to have extra money for items and it makes it really tough around the holidays. This sort of support goes a long way in helping the kids.

### G. Veteran services, rehabilitation and current military support programs

**Valley Focus** – Broadcast on October 8, 2023, at 6:00:00 a.m. and December 24, 2023, at 6:00:00 a.m. Duration 23 minutes and 20 seconds. A segment with Rachel Masch, Community

Engagement Coordinator with Catholic Charities MANA House. Catholic Charities MANA House started in 2008 with the Catholic Charities adopting the house and organization in 2018. MANA stands for Marines, Army, Navy and Airforce. The vision of MANA House is that the challenge of homelessness is daunting but together no one is alone, and we can overcome any obstacle. Together we can bring an end to veteran homelessness. MANA House counselors work with the veterans to find employment opportunities and work to actively find permanent housing for the veteran. MANA House is currently accepting veterans to the house.

**Valley Focus** – Broadcast on October 15, 2023, at 6:00:00 a.m. and November 19, 2023, at 6:36:45 a.m. Duration 12 minutes and 45 seconds. A segment with Tricia Manara, Founding Board Member with Dream Seeker Homes Inc. Dream Seeker Homes Inc. is looking to change the landscape for veterans who are struggling to find affordable housing. With VA benefits and the cost of living in Phoenix, veterans are struggling to purchase homes. Dream Seekers Homes Inc. is in the process of applying for grants to purchase land and start construction on housing developments, dedicated just for veterans. They already have builders ready to go, banks willing to help with loans and the affordable aspect needed for veterans to feel fulfilled in their quest of home ownership.

**Valley Focus** – Broadcast on December 17, 2023, at 6:13:45 a.m. Duration 17 minutes and 55 seconds. A segment with Paula Padeen with Honoring America's Veterans. Honoring America's Veterans hosts the annual Phoenix Veterans Day Parade every year. Each year they look for Grand Marshalls through a community driven search. In addition, Honoring America's Veterans puts out flags on veterans graves every Memorial Day. The organization is focused on telling the stories of veterans as veterans from World War II and the Korean War are getting far and few between.

### Included in Valley Focus were the following Public Service Announcements:

### October 1, 2023, -

6:06:45 a.m. Duration 15 seconds. No one should face Alzheimer's alone. Alz.org and call the association's free hotline at 800-272-3900

6:19:35 a.m. Duration 15 seconds. Walk a mile in my shoes. Belongingbeginswithus.org. Brought to you by the Ad Council

6:30:20 a.m. Duration 15 seconds. Mom is this how you feed a hamster? Sometimes it's OK to think you know. When it comes to the right car seat, just know. Visit nhtsa.gov/therightseat. Message from NHTSA and the Ad Council

6:41:05 a.m. Duration 15 seconds. Warning app. 1 minute test. DolHavePreDiabetes.org. Brought to you by the Ad Council and Pre Diabetes Awareness partners

### October 8, 2023, -

6:23:20 a.m. Duration 15 seconds. We don't have time to be sick with the flu. Get a flu shot

6:23:35 a.m. Duration 60 seconds. Warning app. 1 minute test. DolHavePreDiabetes.org. Brought to you by the Ad Council and Pre Diabetes Awareness partners

6:35:05 a.m. Duration 15 seconds. Check in on your friends. Reach out to a friend. Learn how to help. Seizetheawkward.org

6:35:20 a.m. Duration 60 seconds. Join Stand Up To Cancer and Jazz Pharmaceuticals to accelerate the pace of research for lung cancer and screening options. StandUpToCancer.org/lung

6:36:20 a.m. Duration 60 seconds. No one should face Alzheimer's alone. Alz.org and call the association's free hotline at 800-272-3900

6:37:20 a.m. Duration 30 seconds. We dream about tomorrow. Right now, its victory over cancer. Cancer research funded by the V Foundation is leading the way. Learn more at v.org

6:37:50 a.m. Duration 15 seconds. When you're high, you feel different, think different. If you're high, just don't drive. Brought to by NHTSA and the Ad Council

6:38:05 a.m. Duration 30 seconds. We are the boy band. You love your kids enough to see their favorite band. Love them up to keep them safe. NHTSA.gov/therightseat. Brought to by the National Highway Traffic Safety Administration and the Ad Council

6:58:25 a.m. Duration 60 seconds. This is the story of a special woman. She turned herself into a mathematician, entrepreneur, once this woman put back together a teenage girl's broken heart. Everyone knows her as Gabriella. I still call her mom. AARP.org/caregiving. A public service announcement by AARP and the Ad Council

### October 15, 2023, -

6:12:45 a.m. Duration 60 seconds. Social connections are an important part of a healthy life. Try a new hobby, volunteering, exercising. Visit connecttoeffect.org. Presented by AARP Foundation and United Health

6:13:45 a.m. Duration 30 seconds. Medicaid and SHIP offer low-cost medical coverage for kids. That's peace of mind for parents. Enrollment is always open. Insurekidsnow.gov. Paid for by the US Department of Health and Human Services

6:21:00 a.m. Duration 60 seconds. No one should face Alzheimer's alone. Alz.org and call the association's free hotline at 800-272-3900

6:22:00 a.m. Duration 30 seconds. Warning app. 1 minute test. DolHavePreDiabetes.org. Brought to you by the Ad Council and Pre Diabetes Awareness partners

6:42:55 a.m. Duration 30 seconds. This is the story of a special woman. She turned herself into a mathematician, entrepreneur, once this woman put back together a teenage girl's broken heart. Everyone knows her as Gabriella. I still call her mom. AARP.org/caregiving. A public service announcement by AARP and the Ad Council

6:43:25 a.m. Duration 60 seconds. Happy Kids Heal Faster. Starlight Children's Foundation is dedicated to helping sick kids. Starlight provides entertainment and specially designed hospital gowns. Learn more at starlight.org

6:44:25 a.m. Duration 15 seconds. Walk a mile in my shoes. Belongingbeginswithus.org. Brought to you by the Ad Council

#### October 22, 2023, -

6:13:20 a.m. Duration 30 seconds. It's 4 a.m. on Monday and you're sucking baby snot through a tube because she's congested. That's love. And if you love her that much? Make sure she's buckled into the right car seat. NHTSA.gov/therightseat

6:34:15 a.m. Duration 15 seconds. No one should face Alzheimer's alone. Alz.org and call the association's free hotline at 800-272-3900

6:41:15 a.m. Duration 15 seconds. Warning app. 1 minute test. DolHavePreDiabetes.org. Brought to you by the Ad Council and Pre Diabetes Awareness partners

### October 29, 2023, -

6:15:20 a.m. Duration 60 seconds. Wouldn't it be great for life to come with a remote control? Hit pause or rewind. Life doesn't always give you time to change the outcome. But prediabetes does. You can stop prediabetes. DolHavePreDiabetes.org

6:31:10 a.m. Duration 15 seconds. We don't have time to be sick with the flu. Get a flu shot for yourself and for those around you

6:31:25 a.m. Duration 30 seconds. It's 4 a.m. on Monday and you're sucking baby snot through a tube because she's congested. That's love. And if you love her that much? Make sure she's buckled into the right car seat. NHTSA.gov/therightseat

6:43:45 a.m. Duration 15 seconds. Walk a mile in my shoes. Belongingbeginswithus.org. Brought to you by the Ad Council

### November 5, 2023, -

6:14:50 a.m. Duration 15 seconds. No one should face Alzheimer's alone. Alz.org and call the association's free hotline at 800-272-3900

6:24:10 a.m. Duration 30 seconds. Warning app. 1 minute test. DolHavePreDiabetes.org. Brought to you by the Ad Council and Pre Diabetes Awareness partners

6:36:50 a.m. Duration 15 seconds. Mom is this how you feed a hamster? Sometimes it's OK to think you know. When it comes to the right car seat, just know. Visit nhtsa.gov/therightseat. Message from NHTSA and the Ad Council

6:47:15 a.m. Duration 15 seconds. Your family is your legacy. Planning for a natural disaster makes sure that you are all set. Ready.gov/plan. A message by FEMA and the Ad Council

### November 12, 2023, -

6:10:30 a.m. Duration 15 seconds. Mom is this how you feed a hamster? Sometimes it's OK to think you know. When it comes to the right car seat, just know. Visit nhtsa.gov/therightseat. Message from NHTSA and the Ad Council

6:25:05 a.m. Duration 15 seconds. We've all felt left out. And for people who moved to this country, that feeling lasts more than just a moment. We can change that. Learn how at belongingbeginswithus.org. Brought to you by the Ad Council

6:39:20 a.m. Duration 15 seconds. No one should face Alzheimer's alone. Alz.org and call the association's free hotline at 800-272-3900

### November 19, 2023, -

6:14:55 a.m. Duration 15 seconds. Walk a mile in my shoes. Belongingbeginswithus.org. Brought to you by the Ad Council

6:24:20 a.m. Duration 15 seconds. No one should face Alzheimer's alone. Alz.org and call the association's free hotline at 800-272-3900

6:36:30 a.m. Duration 15 seconds. Mom is this how you feed a hamster? Sometimes it's OK to think you know. When it comes to the right car seat, just know. Visit nhtsa.gov/therightseat. Message from NHTSA and the Ad Council

6:49:30 a.m. Duration 15 seconds. Warning app. 1 minute test. DolHavePreDiabetes.org. Brought to you by the Ad Council and Pre Diabetes Awareness partners

### November 26, 2023, -

6:18:00 a.m. Duration 60 seconds. No one should face Alzheimer's alone. Alz.org and call the association's free hotline at 800-272-3900

6:19:00 a.m. Duration 30 seconds. It's 4 a.m. on Monday and you're sucking baby snot through a tube because she's congested. That's love. And if you love her that much? Make sure she's buckled into the right car seat. NHTSA.gov/therightseat

6:31:20 a.m. Duration 60 seconds. Wouldn't it be great for life to come with a remote control? Hit pause or rewind. Life doesn't always give you time to change the outcome. But prediabetes does. You can stop prediabetes. DolHavePreDiabetes.org

6:32:20 a.m. Duration 15 seconds. We don't have time to be sick with the flu. Get a flu shot

6:32:35 a.m. Duration 60 seconds. This is the story of a special woman. Everyone knows her as Gabriella. I call her mom. AARP is here to help. Find care guides. AARP.org/caregiving. A public service announcement by AARP and the AD Council

6:47:35 a.m. Duration 60 seconds. Join Stand Up To Cancer and Jazz Pharmaceuticals to accelerate the pace of research for lung cancer and screening options. StandUpToCancer.org/lung

6:48:35 a.m. Duration 15 seconds. Walk a mile in my shoes. Belongingbeginswithus.org. Brought to you by the Ad Council

### December 3, 2023, -

6:14:55 a.m. Duration 15 seconds. No one should face Alzheimer's alone. Alz.org and call the association's free hotline at 800-272-3900

6:22:35 a.m. Duration 60 seconds. Warning app. 1 minute test. DolHavePreDiabetes.org. Brought to you by the Ad Council and Pre Diabetes Awareness partners

6:35:25 a.m. Duration 15 seconds. Join Stand Up To Cancer and Jazz Pharmaceuticals to accelerate the pace of research for lung cancer and screening options. StandUpToCancer.org/lung

## December 10, 2023, -

6:10:30 a.m. Duration 15 seconds. No one should face Alzheimer's alone. Alz.org and call the association's free hotline at 800-272-3900

6:31:10 a.m. Duration 15 seconds. We've all felt left out. And for people who moved to this country, that feeling lasts more than just a moment. We can change that. Learn how at belongingbeginswithus.org. Brought to you by the Ad Council

6:45:25 a.m. Duration 15 seconds. It's 4 am and you're sucking baby snot out of a tube because she's congested. If you love her that much, find the right seat. NHTSA.gov/therightseat. Brought to you by the National Highway Traffic Safety Administration and the Ad Council

# December 17, 2023, -

6:13:30 a.m. Duration 15 seconds. Walk a mile in my shoes. Belongingbeginswithus.org. Brought to you by the Ad Council

6:31:40 a.m. Duration 15 seconds. No one should face Alzheimer's alone. Alz.org and call the association's free hotline at 800-272-3900

6:43:10 a.m. Duration 15 seconds. Wouldn't it be great for life to come with a remote control? Hit pause or rewind. Life doesn't always give you time to change the outcome. But prediabetes does. You can stop prediabetes. DolHavePreDiabetes.org

### December 24, 2023, -

6:23:20 a.m. Duration 60 seconds. No one should face Alzheimer's alone. Alz.org and call the association's free hotline at 800-272-3900

6:24:20 a.m. Duration 30 seconds. What's next? What does my future hold? It's all your choice. What will you choose? The military can be a resource for you. A public service message from the Department of Defense. To learn more visit todaysmilitary.com

6:24:50 a.m. Duration 30 seconds. Walk a mile in my shoes. Belongingbeginswithus.org. Brought to you by the Ad Council

6:34:25 a.m. Duration 60 seconds. Warning app. 1 minute test. DolHavePreDiabetes.org. Brought to you by the Ad Council and Pre Diabetes Awareness partners

6:35:25 a.m. Duration 30 seconds. Happy Kids Heal Faster. Starlight Children's Foundation is dedicated to helping sick kids. Starlight provides entertainment and specially designed hospital gowns. Learn more at starlight.org

### December 31, 2023, -

6:15:20 a.m. Duration 60 seconds. Happy Kids Heal Faster. Starlight Children's Foundation is dedicated to helping sick kids. Starlight provides entertainment and specially designed hospital gowns. Learn more at starlight.org

6:16:20 a.m. Duration 60 seconds. Warning app. 1 minute test. DolHavePreDiabetes.org. Brought to you by the Ad Council and Pre Diabetes Awareness partners

6:17:20 a.m. Duration 60 seconds. Join Stand Up To Cancer and Jazz Pharmaceuticals to accelerate the pace of research for lung cancer and screening options. StandUpToCancer.org/lung

6:38:45 a.m. Duration 60 seconds. No one should face Alzheimer's alone. Alz.org and call the association's free hotline at 800-272-3900

6:39:45 a.m. Duration 60 seconds. Impact of a meal goes well beyond feeding our bodies. Join the movement to end hunger at feedingamerica.org/actnow

6:40:45 a.m. Duration 30 seconds. McGruff the Crime Dog. Counterfeit products are popping up everywhere. Your smart. Buy smart. Learn more at mcgruffpsa.org. A message by United States Patented Trademark Office and the National Crime Prevention Council

6:41:15 a.m. Duration 60 seconds. This is the story of a special woman. Everyone knows her as Gabriella. I call her mom. AARP is here to help. Find care guides. AARP.org/caregiving. A public service announcement by AARP and the AD Council