

From: Daniella Aray
Sent: Wednesday, March 05, 2014 1:57 PM
To: Carole Bird
Subject: FCC REPORTS DESPIERTA AMERICA NEWS FEBRUARY 16-31
PART 2

FCC REPORTS DESPIERTA AMERICA NEWS FEB 16-28

02/17/2014

NOTHING TO REPORT

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02/18/2014

OWNING CAR,TV,COMPUTER OBESITY

VO: 23

Owning a car, a computer and a t-v could negatively impact your health. an article published by the canadian medical association journal reported people who owned all three items tended to sit more... and move less. researchers took data from more than 150-thousand people in various countries. of those, people who owned a car, a computer and a t-v had a 31 percent decrease in physical activity. 21 percent also had an increase in waist size of almost 4 inches. the study's lead author says this could foreshadow serious health problems in developing countries.

3K AMERICANS RENOUNCED CITIZENSHIP IN 2013

VO: 38

Three-thousand americans renounced their citizenship and gave up their u-s passports last year. that's triple the average for the previous five years, according to an analysis of government data. it appears

taxes might have contributed to the spike. unlike most countries, the u-s taxes citizens on all income, no matter where it is earned or where they live. and filing taxes is getting more complicated. one expert says reporting taxes can be so difficult that expats are often forced to seek help. and that can add up to thousands of dollars.

FOOD STAMP USE AMONG MILITARY RISES AGAIN

VO: 26

More military families used food stamps to buy their groceries last year. the new numbers come from a military officers association survey. it found nearly 104-million dollars worth of food stamps were used at military commissaries. the survey also found the number of families receiving assistance has grown steadily since the beginning of the recession. one reason for this increase is a 30 percent unemployment rate among active-duty military spouses. the association says spouses who relocate every few years have a harder time finding work in the private sector.

FDA WANTS WARNINGS ON GENERIC DRUGS

VO: 24

Companies behind generic drugs are fighting a proposal requiring them to warn patients of all known health risks. that's according to an article out of the los angeles times. the president of the generic pharmaceutical association -- an industry trade group -- told the paper the rule would raise health care costs and "create dangerous confusion" for doctors and patients. the f-d-a is trying to close a legal loophole that requires brand name drugs to warn consumers, but not the generic drugs.

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02/19/2014

HOT POCKETS RECALL

VO: 16

Philly steak and cheese hot pockets are being recalled. the popular snack may contain meat that has already been recalled by the u-s-d-a. no illnesses have been reported. customers can return the hot pockets to the place where they bought them for a refund. they can also call this number: 800-392-4057.

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02/20/2014

ARE TOO MANY WOMEN HAVING C-SECTIONS?

MARIA EUGENIA PAYAN - MIAMI, FLORIDA

PKG: 1:19

We move on to a new warning tonight from some of the nation's top doctors -- are too many babies being born by caesarean section -- is it medically necessary -- or is it something else? An alarming number 1 in 3 women giving birth in America today having a c-section.

And according to today's report that number is too high. C-sections, of course, can be a life-saving procedure. But the leading OBGYN groups behind the new report say too often c-sections are not needed. And they are real SURGERIES they can lead to infection, severe bleeding. Erica Cabrera says she suffered after what she now feels was an unnecessary c-section.

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02/21/2014

WHO LOSES WEIGHT FASTER?

VO: 20

This is certainly something that frustrates lots of women trying to lose weight. It seems men drop pounds so much faster. Well here's some good and bad news for both men and women. The answer: initially yes, men lose weight faster. But long term: experts say not so much. A study out of England put both men and women on the same diet. Good news guys, the study found that after two months on the diet - the men lost twice as much weight and three times as much body fat as the women did. But don't get too excited. Women will eventually catch up. Six months into the study the weight loss evened out. Why the initial difference? The Mayo Clinic says men's muscles have more lean tissue - which burns more calories than body fat. And experts CNN spoke to said testosterone also plays a big role. Now we're having a little fun with this as a battle of the sexes -- but this isn't a race. Of course everyone's weight loss and body is different and you usually get out of it what you put into it. So think about that next time you hit the gym.

02/24/2014

PREVENTIVE CARE: WHAT THE ACA COVERS FOR CHILDREN, ADULTS

INTERVIEW DR. SERGIO GOLOMBEK

4:00

What is preventive care? It's care that helps you maintain your health, and alerts doctors when there are signs of disease before it becomes a chronic or serious condition. Preventive care helps lower health care costs, because it's less expensive to help someone stay well than treat someone who's already seriously ill. The new health care law requires most insurance plans, including those sold on the Health Insurance Marketplace, to cover recommended preventive care with no cost to the consumer. That means you can't be charged a copayment or co-insurance, even if you haven't met your deductible for the year. (This applies only when a network provider delivers these services.) According to the U.S. Department of Health and Human Services, 71 million Americans with private health insurance have gained preventive service coverage without cost-sharing, including nearly 27 million women.

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02/25/2014

POLIO LIKE ILLNESS

VO: 31

Stanford University researchers say a cluster of children in California have developed a rare, polio-like syndrome within the past year that quickly paralyzed one or more of the children's arms or legs. Stanford's Dr. Keith Van Haren says about 20 cases have been identified in California in the past year and a half and they're the only ones in the U.S. Van Haren says the five cases he studied had been vaccinated against polio. He plans to talk to the media about the illness Monday evening from Lucille Packard Children's Hospital at Stanford. Dr. Jane Seward of the Centers for Disease Control and Prevention cautions that the research is still underway in California, and there are a variety of infectious diseases that can cause childhood paralysis.

OVARIAN REMOVES BY 35?

VO: 33

Women with certain genetic mutations that greatly raise their risk of breast and ovarian cancer can cut the risk by as much as 80 percent if they get their ovaries removed by age 35, a new study suggests. It's the first study to show just how much the operation can do to lower the risk of cancer, and it's the first to put such a clear age on the benefits. It's a finding so striking that the researchers think ovary removal should become standard for anyone with so-called BRCA1 mutations. "This really validates for those of us who take care of women who have a high-risk BRCA1 ... gene, that removing the ovaries and fallopian tubes

really does have a positive impact on that woman, reduces her risk of ovarian cancer tremendously and also improves her survival," said Dr. Ursula Matulonis of the Dana Farber Cancer Institute in Boston, who was not involved in the study.

TYLENOL USE DURING PREGNANCY LINKED TO ADHD IN KIDS, STUDY FINDS

MARIA EUGENIA PAYAN - MIAMI, FLORIDA

PKG: 1:30

AdvertisementFacing a world full of potential dangers for the babies they carry, pregnant women hear regularly that acetaminophen can be trusted to reduce fevers and relieve aches and pains without causing harm to a developing fetus. But a new study reports that the children of women who took the drug during pregnancy were about 40% more likely to be diagnosed with attention deficit hyperactivity disorder than children of mothers who took none. Acetaminophen is the active ingredient in Tylenol and Panadol and is also a component of Excedrin, among other common pain relievers. The probability of a child developing ADHD symptoms severe enough to require medication increased the most - by 63% - when his or her mother took acetaminophen during the last two trimesters of pregnancy, researchers found. It also rose by about 28% when acetaminophen was used in the third trimester alone. The added risk was smallest - about 9% - when a pregnant woman reported taking the drug only during her first trimester of pregnancy.

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02/26/2014

OBESITY RATES DROP

VO: 30

Obesity rates of children ages 2 to 5 years old have decreased significantly over the past decade, according to a new study published Tuesday. While there were no significant changes in obesity rates for most ages between 2003-2004 and 2011-2012, researchers saw a sharp decrease in the obesity rates of 2- to 5-year-olds -- from 13.9% to 8.4%, according to the study published in JAMA, the Journal of the American Medical Association. A big part of a child's obesity risk is already established by age 5, according to a study published in January.

The study findings were announced the same day as first lady Michelle Obama proposed new rules to limit the types of foods and beverages that can be advertised in schools and marked the fourth anniversary of her Let's Move!

OBAMA-HEALTH-OVERHAUL

VO: 26

Pressing for a final rush of health care enrollees, President Barack Obama said Tuesday that about 4 million people have signed up for health insurance through federal or state marketplaces set up under his health care law. But with a key deadline approaching fast, he urged some of his most steadfast backers to help sign up millions more by then. "We've only got a few weeks left. March 31st, that's the last call," Obama said, explaining that anyone not signed up by that date will have to wait until open enrollment begins anew in the fall. In the meantime, they risk being fined for not having coverage. The White House has set an unofficial goal of 7 million enrollees by the end of March. Nearly 3.3 million people, or less than half the total, had enrolled through the end of January. Enrollment was slowed at the start of the sign-up period last October by numerous glitches in the health care website the administration created to help people find coverage. Some states running their own websites encountered problems, too.

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02/27/2014

ARIZONA GAY RIGHTS

VO: 31

Republican Arizona Gov. Jan Brewer slapped down the right wing of her own party, vetoing a bill pushed by social conservatives that would have allowed people with sincerely held religious beliefs to refuse to serve gays. The conservative governor said she could not sign a bill that was not only unneeded but would damage the state's improving business environment and divide its citizens. Senate Bill 1062 had set off a national debate over gay rights, religion and discrimination and subjected Arizona to blistering criticism from major corporations and political leaders from both parties. Loud cheers erupted outside the Capitol building immediately after Brewer made her announcement Wednesday night. Brewer pushed back hard against the GOP conservatives who forced the bill forward by citing examples of religious rights infringements in other states. "I have not heard one example in Arizona where a business owner's religious liberty has been violated," Brewer said. "The bill is broadly worded and could result in unintended and negative consequences." And she chastised the GOP-controlled state Legislature for sending her a divisive bill instead of working on a state budget that continues her economic expansion policies or an overhaul of Arizona's broken child welfare system, her top priorities.

HOOKAH DANGEROUS - SERIES PART 1

MARIA EURGENIA PAYAN - MIAMI, FLORIDA

PKG: 3:21

Smoking hookah can be addictive and harmful, though many dabblers may not realize the dangers, according to a new review. The cooled and sweetened flavor of hookah tobacco makes it more enticing to kids and they falsely believe it's less harmful," Tracey E. Barnett from the University of Florida in Gainesville told Reuters Health. Barnett has studied the recent rise in teen hookah smoking. She was not involved in the new review, published in Respiratory Medicine. "One-time use can lead to carbon monoxide poisoning or other diseases, including but not limited to tuberculosis, herpes, respiratory illnesses including the flu, and long-term use can lead to heart disease and many cancers," Barnett said.

Smoking with a hookah, or "shisha," device has become increasingly common in Europe and the Western Hemisphere in recent years. The practice rose to prominence on the Indian subcontinent among Hindus in the 15th Century and subsequently spread through the Ottoman Empire. According to one estimate, about 100 million people worldwide smoke hookah each day. Though the water-pipe device with its series of tubes and mouthpieces looks nothing like a cigarette, it is almost always used to smoke tobacco, and as such carries many of the dangers inherent in cigarette smoking.

NUTRITION LABELS CHANGES

MARIA EURGENIA PAYAN - MIAMI, FLORIDA

PKG: 3:21

Those "Nutrition Facts" labels on nearly every food package in grocery stores are getting a new look. Calories would be in larger, bolder type, and consumers for the first time would know whether foods had added sugars under label changes being proposed by the Obama administration. Serving sizes would be updated to make them more realistic. A serving of ice cream, for example, would double to a full cup, closer to what people actually eat. The new nutrition labels are likely several years away. While fat was the focus two decades ago when the labels first were introduced, nutritionists are now more concerned with how many calories we eat. First lady Michelle Obama is joining the Food and Drug Administration in announcing the proposed changes Thursday.

FDA CONSIDERING 3-PERSON EMBRYO

VO: 23

What if you could create a healthy embryo free of genetic mutations...but it would require dna from two women? medical breakthrough...or slippery slope? those are just a few of the questions the fda is considering. doctors could potentially wipe out a list of incurable, inherited diseases using the dna from two women and one man. the procedure is sometimes known as three parent ivf. it starts with a mother's egg. if there are problems with the mitochondrial dna out here doctors are able to lift the egg's nucleus - with all the genes for height, weight, gender, eye color still intact - and move it to a donor egg. one that has healthy mitochondrial dna. that genetically modified egg could be fertilized with the father's sperm in a lab. then it's just like regular ivf - the embryo is implanted back in the mother. researchers in oregon tried this with monkeys - and it worked! they tried it with human eggs but didn't take the final step of implanting them. the process is controversial and doctors say there could be unforeseen risks.

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02/28/2014

OBAMACARE STATES FIX

VO: 25

States that have experienced technical problems running their own health care enrollment websites are getting some help from the Obama administration. The administration quietly issued a health law fix Thursday to help those states. Several Democratic-led states, including Oregon, Maryland, Massachusetts and Hawaii, are still trying to solve website problems that have eclipsed those experienced earlier by the federal HealthCare.gov site, now largely repaired. Although the new policy fix is available to any state, Republican governors basically defaulted to federal control of online sign-ups in their states. Those who stand to benefit the most are Democratic governors who plunged ahead and ran into problems. Some are facing sharp criticism at home, from both sides of the political aisle. "Today's news means that many more Oregonians will be able to access better coverage at a more affordable cost," said Oregon Democratic Gov. John Kitzhaber, whose state is near the bottom on enrollments.

HOOKAH DANGEROUS - SERIES PART 2

MARIA EURGENIA PAYAN - MIAMI, FLORIDA

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