

**KCMS QUARTERLY PROGRAMMING/ISSUES REPORT
OCTOBER 1 – DECEMBER 31, 2022**

The following is the quarterly report of programming which covered issues/needs in the community. Programming covering the issues/needs included the locally produced “Spirit Updates”, shared by weekday morning host Erica Parkerson, along with the nationally syndicated program “Focus On The Family”.

PUBLIC WELFARE

Spirit Updates
Mornings with Erica
November 15, 2022
6:38 am (5:07)

When you think of Thanksgiving, you think of plenty, but for some of our neighbors they think of an empty table. Erica and Pastor Steve from Eastridge Church talk about what Thanksgiving looks like for so many people this year. 1-in-4 Americans plan to skip Thanksgiving this year to save money, and this giveaway is helping families gather around the table for a holiday meal together. Eastridge will be providing 1,500 FREE turkey’s and bags of groceries with all the Thanksgiving fixings.

When: Saturday, November 19, starting at 9 a.m., while supplies last

- **Location 1:** The Issaquah Campus of Eastridge Church, 24205 Issaquah-Fall City Road, **Issaquah**
- **Location 2:** The West Seattle Campus of Eastridge Church, 4500 39th Avenue SW, **Seattle**
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The 1,500 dinner packages will be given out first-come, first-served, with no demonstration of need required to receive the assistance.

Spirit Updates
Mornings with Erica
November 7, 2022
6:00 am (6:10)

Turkey prices are up 70% from 2021 and that's not the only thing... the hopes of everyone at Seattle's Union Gospel Mission (SUGM) are up too! We all believe that, together, we can make sure no one goes hungry this Thanksgiving. Last year, the Mission received 900 requests for turkeys. [This year, 1500 families have already reached out and the goal is to help every single one.](#) Our special guest today is Ravon Johnson, SUGM's Senior Church Partnership Program Manager. Join Ravon and Erica for a conversation about how God can use a turkey and people who really care to show His love.

Spirit Updates
Mornings with Erica
December 21, 2022
6:00 am (4:43)

The sound of hope is ringing out across the Evergreen State with every Salvation Army bell. Join Colonel Cindy Foley and Erica for a conversation about how the Salvation Army is literally giving Christmas to families in the northwest this holiday season!

Spirit Updates
Mornings with Erica
December 16, 2022
9:30 am (2:43)

There are so many people working behind the scenes of the world's bad news headlines to do SO MUCH GOOD! Leah Hammon is the nutritional director for Homage Senior Services, which fuels the Meals On Wheels program in Snohomish County... and our special guest today. Join Leah and Erica to find out how they're making sure no one they serve will grow hungry this winter.

Focus On The Family

November 1, 2022

10:00 pm (28:30)

He was adopted out of difficult circumstances into a large, loving family, and he later adopted two children of his own. On the next “Focus on the Family,” Ryan Bomberger boldly promotes the adoption option instead of abortion, which the culture too readily encourages.

Focus On The Family

November 11, 2022

10:00 pm (28:30)

On Veteran’s Day, we honor and remember our nation’s heroes. On the next “Focus on the Family,” with Jim Daly, military heroes will share memories and personal stories from past wars. Hear Colonel Oliver North’s portrait of today’s American soldier and a powerful speech from former President Ronald Reagan.

Focus On The Family

November 25, 2022

10:00 pm (28:30)

Did you know that elderly residents in nursing homes rarely if ever have an outside visitor? On the next “Focus on the Family,” Chaplain Bill Goodrich shares his heart for this forgotten generation who deserve our love and attention. He describes the vibrant opportunity to share Christ with the elderly in your community.

Focus On The Family

November 29, 2022

10:00 pm (28:30)

Forgiving others in a meaningful way is a very difficult thing to do, but without it, resentment and vengeance will poison the soul. On the next “Focus on the Family,” Dr. Tim Keller unpacks stories and shares Scripture to help you forgive those who’ve wronged you, as you gain a better understanding of all that Christ has forgiven you.

Focus On The Family

November 30, 2022

10:00 pm (28:30)

Forgiving others in a meaningful way is a very difficult thing to do, but without it, resentment and vengeance will poison the soul. On the next “Focus on the Family,” Dr. Tim Keller unpacks stories and shares Scripture to help you forgive those who’ve wronged you, as you gain a better understanding of all that Christ has forgiven you.

PUBLIC HEALTH

Spirit Updates

Mornings with Erica

December 30, 2022

8:26 am (4:30)

Our local blood supply is now at code red emergency levels, but you can be a superhero just by rolling up your sleeve! Vicki from Bloodworks Northwest is back to chat about how easy the process is and how you can truly save a life by donating your blood and an hour of your time!

Spirit Updates

Mornings with Erica

December 23, 2022

7:30 am (2:06)

Seattle Fire Department Chief Harold Scoggins called Erica right after he gave blood! Hear about the chief’s experience, why giving blood makes all the difference, and how urgently this gift is needed right now!

Focus On The Family

October 3, 2022

10:00 pm (28:30)

Medical abortions are promoted as “safe and easy,” but few women understand the long-term consequences of terminating a child. On the next “Focus on the Family,” we’ll examine how the abortion pill works and how prolife doctors may be able to reverse the process.

PUBLIC SAFETY

Spirit Updates
Mornings with Erica
November 9, 2022
11:35 am (4:41)

On November 8th, the life of a precious student was taken at Ingraham High in North Seattle. In times of trouble, we turn to the voice of hope in our community, [Dr. Gregg Jantz](#), author and founder of the Center, [A Place of Hope](#) in Edmonds. Join Dr. Jantz and Erica for a conversation that will uplift you and your family as we grieve with those whose hearts are broken.

Spirit Updates
Mornings with Erica
December 20, 2022
11:40 am (2:28)

Are you loving this winter wonderland that's happening right now? Does it make you want to run outside for snowball fights and snow angels? We're loving it but it's a whole different "ball of snow" when thinking about heading out to drive in it. Join Mike from WSDOT and Erica for a chat about road conditions and wait, what? WSDOT has named some of their snowplows?

Spirit Updates
Mornings with Erica
December 27, 2022
11:06 am (2:28)

45-55 mph winds are expected from Olympia to Seattle today and that's why we're so glad Jenn Strang from Seattle City Light is our special guest. Join Jenn and Erica for some tips on getting ahead of today's windstorm.

Spirit Updates
Mornings with Erica
October 20, 2022
6:00 am (3:05)

Get ready to drop, cover, and hold on at 10:20 this morning. It's time to SHAKE! Get your phones ready to take pics of your students and your coworkers! Then post your pics and videos on social media using: #Shakeout Steven Friederich from the Great Washington ShakeOut is our special guest today. Join Steven and Erica for a chat about what it is and why you and I shouldn't shake it off today.

FAMILY WELFARE

Spirit Updates
Mornings with Erica
November 14, 2022
6:21 am (5:55)

Wishes and dreams are not something you can usually see with your eyes... you have to picture them with your heart. Five-year-old Maeve has been battling a very aggressive cancer for more than half her life and has spent more time in the hospital than at home... but this past week she got to hang out in the happiest place on earth. A wish in her heart came true for all to see! Maeve, dressed up as a cute little cowgirl, walked into Sea-Tac Airport with her family last Tuesday and into a barnyard themed party. The occasion? The granting of Make-A-Wish Alaska and Washington's 8000th wish: Maeve's! Kathryn Mueller from Make-A-Wish is our very special guest today. Join Kathryn and Erica for a conversation about how when a wish comes true, hope and joy are spread like pixie dust.

Focus On The Family
October 4, 2022
10:00 pm (28:30)

Storms are inevitable in marriage. Are you prepared? Next time on “Focus on the Family,” Gary Thomas reviews common difficulties couples can face — everything from chronic illness to infidelity — and describes how clinging to your faith and to your spouse can help you survive and thrive.

Focus On The Family

November 1, 2022

10:00 pm (28:30)

Some challenges in your marriage will surprise you! On the next “Focus on the Family,” Gary Thomas describes how adding a child to your family, financial woes, or simply being too busy can turn into big trouble with your spouse! Discover how your marriage can withstand these storms.

Focus On The Family

October 25, 2022

10:00 pm (28:30)

A lot of guys need direction, meaning, and purpose for their lives but are struggling to find it. On the next “Focus on the Family,” author and radio host Brant Hansen makes some insightful observations about all that men can be - and six key decisions you can make to set yourself apart from the rest.

Focus On The Family

October 26, 2022

10:00 pm (28:30)

A lot of guys need direction, meaning, and purpose for their lives but are struggling to find it. On the next “Focus on the Family,” author and radio host Brant Hansen makes some insightful observations about all that men can be - and six key decisions you can make to set yourself apart from the rest.

Focus On The Family

October 27, 2022

10:00 pm (28:30)

On the wedding day, every marriage starts out with such promise! But days, if not hours later, reality sets in! Next time on “Focus on the Family,” you’ll learn about reasons why many couples end up in a rut, wondering if they made a mistake in their marriage!

Focus On The Family

October 28, 2022

10:00 pm (28:30)

Find out how damaging anger can be in your marriage. Husbands and wives need a better response in the face of conflict, and we'll provide you with a biblical model on how to keep communication lines open and forgive your spouse.

Focus On The Family

October 31, 2022

10:00 pm (28:30)

You can have a happy marriage...if you're intentional about maintaining a healthy, godly relationship. On the next "Focus on the Family," Kevin Thompson identifies eight commitments you need to make in order to find happiness in your marriage — like humbling yourself, viewing your marriage as bigger than you.

Focus On The Family

October 10, 2022

10:00 pm (28:30)

Grandparents are an integral part of the family, passing along wisdom, faith, and love. On the next "Focus on the Family," Chrys Howard and Shellie Rushing Tomlinson encourage grandparents in today's digital age. You'll better understand the unique role you have in supporting your adult children and influencing your grandchildren.

GOVERNMENT

Focus On The Family

October 18, 2022

10:00 pm (28:30)

As an American citizen and a Christian, you can't afford to ignore the November midterm elections! On the next "Focus on the Family," Dr. Al Mohler urges all Christians to "vote rightly" about critical moral issues on the 2022 ballot.

CULTURE

Focus On The Family

October 11, 2022

10:00 pm (28:30)

As a young man, Joe Dallas identified as a homosexual and tried to integrate his sexuality with his Christian faith. But then God gently changed his heart. On the next “Focus on the Family,” Joe shares about his repentance and restoration while addressing major controversies in today’s cancel culture.

Focus On The Family

October 12, 2022

10:00 pm (28:30)

As a young man, Joe Dallas identified as a homosexual and tried to integrate his sexuality with his Christian faith. But then God gently changed his heart. On the next “Focus on the Family,” Joe shares about his repentance and restoration while addressing major controversies in today’s cancel culture.

Focus On The Family

December 5, 2022

10:00 pm (28:30)

As our culture grows more hostile to Christianity, we can stand on the shoulders of believers who’ve walked before us. On the next “Focus on the Family,” Rod Dreher shares powerful lessons from 20th century Christians who stood for their faith amid persecution.

Focus On The Family

December 6, 2022

10:00 pm (28:30)

As our culture grows more hostile to Christianity, we can stand on the shoulders of believers who’ve walked before us. On the next “Focus on the Family,” Rod Dreher shares powerful lessons from 20th century Christians who stood for their faith amid persecution.

Focus On The Family

November 4, 2022

10:00 pm (28:30)

Thoughtful acts of kindness can leave an impression for a lifetime...and they can also introduce us or someone else to Christ. On the next "Focus on the Family," Pat Linnell explains how serving and loving others is not a small thing in God's kingdom. Learn about sharing "Grace Bombs" that can have far-reaching impact.

Focus On The Family

November 7, 2022

10:00 pm (28:30)

With a shrinking biblical worldview in the culture, there's an increasing need to engage others with grace and truth. On the next "Focus on the Family," Natasha Crain outlines the four pillars of secularism pervasive in today's culture and challenges the church to recommit to a biblical foundation to effectively reach hearts and minds for Christ.

RELIGION

Focus On The Family

November 29, 2022

10:00 pm (28:30)

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Focus On The Family

November 30, 2022

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Focus On The Family

October 6, 2022

10:00 pm (28:30)

As our kids grow up, we track their progress by measuring their height and weight on a regular basis. But how do we measure their spiritual growth? On the next “Focus on the Family” Dan Seaborn shares a fun, practical guide to teaching spiritual principles to our children, and grandchildren.

Focus On The Family

October 7, 2022

10:00 pm (28:30)

Have you heard the phrase, “Try to catch your kids doing something RIGHT”? That can be a challenge sometimes. On the next “Focus on the Family,” Pastor Dan Seaborn encourages you to SLOW DOWN and engage with your kids, celebrating the times when they do the right thing.

Focus On The Family

November 24, 2022

10:00 pm (28:30)

Thanksgiving is a time to reflect on the blessings God has given us and express thanks for His grace and mercy. On the next “Focus on the Family,” Becky Kopitzke offers some fun ways to celebrate the season, bless others, and cultivate a spirit of gratitude in your family.

ENVIRONMENT

Spirit Updates

Mornings with Erica

November 4, 2022

6:00 am (2:07)

You've picked the cutest ones in the patch, and scooped out all the goop,
And now you're ready to toss those pumpkins on your front stoop!
Don't put them in the trash... that's what we do the most,
Avoid the landfill... feed the wildlife or think COMPOST! :)
Joe Basille from the King County Solid Waste Division is our special guest today. Join Joe and Erica for a fast chat about how to properly say goodbye to your pumpkins!

ANIMAL WELFARE

Spirit Updates

Mornings with Erica

December 27, 2022

8:15 am (1:41)

Sammamish Animal Sanctuary Volunteers sacrificed their own comfort during last Friday's crazy ice storm to make sure the llamas, horses, donkeys, pigs, and bunnies were warm and fed. Diane Odegard, the founder of the sanctuary for abandoned and neglected animals, is our special guest today. Join Diane and Erica for a mini chat that will warm your heart like a heat lamp warms a stall!