PUBLIC SAFETY, HEALTH & WELFARE

Focus on the Family 10:00 p.m. (28:30) May 3, 2023

Jon and Dawn Stone give their perspective as temporary parents to children in the foster care system as well as describe how having grace will change their lives as well as your own.

Focus on the Family 10:00 p.m. (28:30) May 4, 2023

Dr. Os Guinness, a renowned author and social critic, shares about the moral crossroads in America and challenges you to build upon seven foundational stones to preserve freedom.

Focus on the Family 10:00 p.m. (28:30) May 10, 2023

Dr. Gregory Jantz, a leading authority on mental and behavioral health, shares encouragement and help for those overwhelmed by feelings of guilt and shame associated with depression. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) May 11, 2023

Dr. Gregory Jantz, a leading authority on mental and behavioral health, shares encouragement and help for those overwhelmed by feelings of guilt and shame associated with depression. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) June 5, 2023

Screens...they're everywhere! In fact, you're using one right now. Here's an important question: are the screens that you're using improving your connections with other people? Or are you becoming more isolated? What about the screens that your children use? Join us to hear Jonathan McKee's perspective on how to trim down the screen usage.

FAMILY, PARENTING AND RELATIONSHIPS

Focus on the Family 10:00 p.m. (28:30) April 5, 2023

Matt Bell explains how parents can teach their children to budget, tithe, save, invest and serve with the money they have at an age-appropriate level.

Focus on the Family 10:00 p.m. (28:30) April 6, 2023

In this broadcast, pastor and author Bob Lepine encourages you to strengthen your marriage by working toward oneness with your spouse. This requires honesty about past hurts, working through conflict, and asking forgiveness when you've wronged each other.

Focus on the Family 10:00 p.m. (28:30) April 11, 2023

Debra Fileta wants to help people experience change in healthy ways. She warns about the typical pattern of changing a few externals in our lives but not working on our "internal wiring". Debra examines our thought life and how easy it is for our brains to follow the path of least resistance. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) April 12, 2023

Debra Fileta wants to help people experience change in healthy ways. She warns about the typical pattern of changing a few externals in our lives but not working on our "internal wiring". Debra examines our thought life and how easy it is for our brains to follow the path of least resistance. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) April 13, 2023

Psychologist Michael Anderson and Dr. Timothy Johanson explain how many parents waste time and energy on parenting strategies that don't work, and offer practical suggestions for more effectively disciplining children and raising them to become well-adjusted adults. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) April 14, 2023

Psychologist Michael Anderson and Dr. Timothy Johanson explain how many parents waste time and energy on parenting strategies that don't work, and offer practical suggestions for more effectively disciplining children and raising them to become well-adjusted adults. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) April 18, 2023

As an empty nester himself, Jim Burns returns to Focus on the Family to give you help as you enter this new stage of life. He provides hope for your marriage, your friendships, and your future as you seek to pursue the next calling God has on your life! (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) April 19, 2023

As an empty nester himself, Jim Burns returns to Focus on the Family to give you help as you enter this new stage of life. He provides hope for your marriage, your friendships, and your future as you seek to pursue the next calling God has on your life! (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) April 20, 2023

If you suffered some type of abuse as a child, chances are those wounds still need God's healing touch. In this dynamic presentation, Pastor Sy Rogers explains how he finally recognized he must forgive his father, who abandoned him in the aftermath of his mother's tragic death.

Focus on the Family 10:00 p.m. (28:30) April 26, 2023

Bob and Dannah Gresh share how sexual sin nearly tore their marriage apart, but through God's grace and love they found healing and growth. The couple explores seven truths that lead to a redeemed marriage, getting into practical concepts like opening sharing emotions, setting boundaries, and learning to forgive and trust. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) April 27, 2023

Bob and Dannah Gresh share how sexual sin nearly tore their marriage apart, but through God's grace and love they found healing and growth. The couple explores seven truths that lead to a redeemed marriage, getting into practical concepts like opening sharing emotions, setting boundaries, and learning to forgive and trust. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) April 28, 2023

Katharine Hill wants to give moms and dads hope — and encourage them to be a powerful influence of emotional stability and resilience in their lives of their kids. She describes how nurturing, faith-filled families are more likely to have children who grow up to be healthy, happy and faith-filled adults.

Focus on the Family 10:00 p.m. (28:30) May 2, 2023

Michael Anderson and Dr. Timothy Johanson encourage parents to stop trying so hard to raise "perfect" kids by lecturing, reminding and warning them – which are often ineffective anyway. Our guests advise that parents should instead adopt a more hands-off approach that lets natural consequences teach their children. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) May 3, 2023

Michael Anderson and Dr. Timothy Johanson encourage parents to stop trying so hard to raise "perfect" kids by lecturing, reminding and warning them – which are often ineffective anyway. Our guests advise that parents should instead adopt a more hands-off approach that lets natural consequences teach their children. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) May 16, 2023

Julie Lowe helps you equip your child to face the challenges and dangers the world poses. By teaching discernment, our kids will learn to navigate a variety of potentially dangerous circumstances. Julie encourages us to have conversations and role play with our kids about certain situations like sleepovers, sexting, and cyberbullying. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) May 17, 2023

Julie Lowe helps you equip your child to face the challenges and dangers the world poses. By teaching discernment, our kids will learn to navigate a variety of potentially dangerous circumstances. Julie encourages us to have conversations and role play with our kids about certain situations like sleepovers, sexting, and cyberbullying. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) May 25, 2023

Ginger Hubbard helps parents reach the heart of their child by using biblical principles. She talks about the dangers of scolding rather than using biblical reproof. She also talks about how to teach your children to resolve conflict biblically instead of arguing or tattling.

Focus on the Family 10:00 p.m. (28:30) May 30, 2023

Dr. Koch emphasizes the point of having trustworthy friends who can help you meet your needs in healthy ways, and even learning to trust yourself — that you can grow and learn from your mistakes. She also emphasizes the need for hope and optimism, instead of negativity, in order to be healthy and whole. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) May 31, 2023

Dr. Koch emphasizes the point of having trustworthy friends who can help you meet your needs in healthy ways, and even learning to trust yourself — that you can grow and learn from your mistakes. She also emphasizes the need for hope and optimism, instead of negativity, in order to be healthy and whole. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) June 12, 2023

Bob and Linda Lotich provide valuable advice on how to learn to be on the same team when it comes to managing money. They also discuss how to navigate conflict that can come about because of differing money personalities.