

3rd Quarter 2014 –

WQRC (7 a.m.) / WOCN (8 a.m.) / WFCC (6 a.m.) / WKPE (5 a.m.)

Segment times 17:30 unless otherwise indicated.

July 6th, - Sunday Journal Program

Podcast Title: Great White Sharks (17:45)

Podcast Description: It's that time of year when great white sharks appear in Cape Cod waters. State share expert Dr. Gregory Skomal fills us in on the latest science about this apex predator.

Podcast: Charles W. Morgan (17:31)

Podcast Description: The last wooden whaling ship, the Charles W. Morgan, is sailing local waters for the first time in almost 100 years. We talk to ship historian Matthew Stackpole about this unique boat.

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Podcast: Housing with Love Walk (17:54)

Description: The annual Bob Murray Housing with Love Walk begins July 14. We find out what this special event is all about from Don Jenkins, a walk volunteer, Greg Bar, director of the NOAH Center in Hyannis and Patty Watson, assistant director of the Family Pantry of Cape Cod.

July 13th, - Sunday Journal Program

Podcast Title: Barnstable 375 (17:44)

Podcast Description: The Town of Barnstable is celebrating its 375th anniversary this year. We hear about all the activities from anniversary committee members Barnstable Town Council President Jessica Rapp-Grassetti, who is committee chair; Barnstable Director of Community Services Lynne Poyant and Historian Nancy Shoemaker.

Podcast: JFK Museum (16:40)

Podcast Description: Next, we take a field trip to the JFK Hyannis Museum for a tour with museum director John Allen to tour this summer's exhibit of photos that capture life inside the Kennedy Compound.

Podcast: Homeowner's Insurance (16:59)

Description: We hear the story of activist Paula Aschettino of Eastham who has been trying for years to get homeowner's insurance rates on the Cape lowered.

July 20th, - Sunday Journal Program

Podcast Title: Sandwich 375 (17:22)

Podcast Description: The town of Sandwich is celebrating its 375th anniversary this year and the biggest events are coming up soon. Cindy Russell and Gail Ravetz have all the details.

Podcast: Canal Centennial (17:13)

Podcast Description: It has been 100 years since the Cape Cod Canal was built. The party gets going next weekend. Marie Oliva and Sue Wentworth fill us in.

Podcast: Making Ends Meet (16:25)

Description: We talk to Jay Coburn and Stefanie Coxe about the nonprofit fundraiser Making Ends Meet in which local restaurants provide an envelope for people to donate money to four nonprofits that help low income Cape Codders.

July 27th, - Sunday Journal Program

Podcast Title: 208 Plan (17:11)

Podcast Description: A regional effort to deal with Cape Cod's wastewater problems is underway. Paul Niedzwiecki of the Cape Cod Commission explains.

Podcast: Atlantic White Shark Conservancy (16:45)

Podcast Description: Great White Sharks are always in the news these days on Cape Cod. Cynthia Wigren of the Atlantic White Shark Conservancy tells us more about these majestic creatures.

Podcast: Flower Angels (16:59)

Description: We hear about a new non-profit called Angel Flowers which delivers flowers to people in local nursing homes. Karen Solovej, Suzanne Carter and Mara Schusterman fill us in.

August 3rd, - Sunday Journal Program

Podcast Title: Gay Head Light (17:38)

Podcast Description: Gay Head Lighthouse is an iconic symbol of Martha's Vineyard's maritime history. Author William Waterway tells us the history of the light.

Podcast: Mass Breast Cancer Coalition (18:16)

Podcast Description: The Massachusetts Breast Cancer Coalition advocates for funding for research and prevention. The coalition's director Cheryl Osimo and Orfeo Fabbri talk about the mission and upcoming fundraisers.

Podcast: Rollerderby (16:38)

Description: Roller derby has come to Cape Cod. We travel to the Hyannis Youth & Community Center to talk to organizers, Lynne Duquette Perera and Talia Arone.

August 10th, - Sunday Journal Program

Podcast Title: Silent Spring (16:46)

Podcast Description: In the second and final part of our series on breast cancer research, Silent Spring Institute has received a new grant for breast cancer research on Cape Cod. Cheryl Osimo and Dr. Laurel Scheider fill us in.

Podcast: Aquinnah Lighthouse (17:35)

Podcast Description: A group of Martha's Vineyard residents is working to move the iconic Gay Head Lighthouse away from the eroding cliff. We travel to the island and hear from Beverly Wright and Len Butler from the Save the lighthouse committee in the second of a two-part series on the lighthouse.

Podcast: Our Town (16:08)

Description: Finally the town of Sandwich's 375th anniversary will feature a special presentation of Thornton Wilder's "Our Town." Director Melinda Gallant gives us her take on the prizewinning play.

August 17th, - Sunday Journal Program

Podcast Title: Dan Wolf (16:46)

Podcast Description: We begin our coverage of the Primary Election on September 9 by giving you a visit with all the candidates in local contested races. This week it is the State Senate race for the Cape and Islands District. We talk to the incumbent State Senator Dan Wolf about his accomplishments in office.

Podcast: Beaty (17:19)

Podcast Description: Then we talk to Ron Beaty of Barnstable Village who calls himself the Republican tea party candidate.

Podcast: Alan Waters (17:11)

Description: We meet Alan Waters, a Republican from the town of Mashpee who is challenging Mr. Beaty in the Republican primary.

August 24th, - Sunday Journal Program

Podcast Title: Whelan (11:50)

Podcast Description: Continuing our coverage of the Primary Election on September 9 by visiting with the candidates running to represent the First Barnstable district. We talk to Republican Tim Whelan of Brewster who is uncontested in the primary.

Podcast: Morash (11:22)

Podcast Description: We talk to Alex Morash of Yarmouth who is running in the democratic primary for the First Barnstable District.

Podcast: Ian Ryan (11:34)

Description: We meet Ian Ryan, one of three democrats running in the primary for the First Barnstable District.

Podcast: Zawadzkas (12:35)

Description: We interview Alisa Zawadzkas, the third candidate running in the democratic primary in the First Barnstable District.

August 31st, - Sunday Journal Program

Podcast Title: Keating (10:44)

Podcast Description: Continuing our coverage of the Primary Election on September 9, we talk to US Congressman Bill Keating of Bourne and the four Republicans looking to unseat him. Elected in 2010, Keating serves on the foreign affairs and homeland security committees. Born in Norwood, Keating attended Boston College where he received his B.A. and Masters in Business Administration. To put himself through college and his graduate program, he worked as a letter carrier for the United States Postal Service. In 1977, at the age of 23, Bill was elected to the Massachusetts House of Representatives. While serving in the State House, he entered Suffolk University Law School and became a member of the state bar in 1985. The same year, he began serving in the Massachusetts State Senate, where he served as Senate Chairman of the Joint Committee on the Judiciary, the Joint Committee on Public Safety, and the Joint Committee on Taxation, respectively. He also served as the Senate Chairman of the standing Committee on Steering and Policy. He was then elected to be Norfolk District Attorney, a position he held from 1999 until his election to Congress.

Podcast: Alliegro (9:54)

Podcast Description: We meet Republican congressional candidate Mark Alliegro of Falmouth, a scientist, researcher and educator. He is a senior scientist at the Marine Biological Laboratory in Woods Hole and a professor of molecular biology, cellular biology and biochemistry at Brown University. He holds a bachelor's of science from Fairleigh Dickinson University, a master's of science in marine science from the University of Maryland, and a Ph.D. in anatomy and cell biology from SUNY, Buffalo. He has worked as program director of molecular and cellular biosciences at National Science Foundation and as instructor of medical histology at Harvard Medical School. He was a member of the New Orleans Public School Partnership for Education, was named Louisiana School Volunteer of the Year in 2000, volunteered at Hospice Care of Louisiana, and is currently a Falmouth Town Meeting Member.

Podcast: John Chapman (10:37)

Description: We meet Republican attorney John Chapman of Brookline and Chatham, who, according to biographical information he provided, has worked the Reagan White House, where he served as an aide in the Counsel's Office, and in Massachusetts state government, where he was an agency commissioner and undersecretary of economic development. He worked his way through college, graduating with a B.A. in political science from Kenyon College and a J.D. from Suffolk University Law School.

Podcast: Cogliano (9:29)

Description: We interview Republican businessman Vincent Cogliano Jr. of Pembroke. According to biographical information he provided, Cogliano lives on the family farm with his 98-year old father where they grow and sell Christmas trees. He served in the US Army for three years and then attended Bloomfield College on the GI bill. His business career has seen him work as a radio and television broadcaster as well as a corporate trainer teaching management classes at a major corporation. He served as a Pembroke selectman from 1996 – 2002. He has been Chairman of the Plymouth County GOP for more than six years.

Podcast: Dan Shores (9:10)

Description: We interview Republican attorney Dan Shores of Sandwich, a Republican candidate running for Congress. According to Shores's biography he provided, he grew up in Carver. His father operated a logging company and Shores' early jobs were weeding cranberry bogs and working as a logger. He went on to study engineering, direct capital campaigns, and study law, which he financed himself. He is a graduate of the University of New Hampshire and Georgetown University Law Center.

August 31st, - Sunday Journal Program (#2 of 2 shows)

Podcast Title: CCBL Youth (16:31)

Podcast Description: The Seaside LeMans on September 6 at Mashpee Commons is one of the premier fundraising events for local nonprofits on the Cape. We talk with Beth Patkoske, event director of the Seaside LeMans from the Davenport Companies, and Judy Scarafile, president of Cape Cod Baseball League. The league's youth programs are one of the programs benefiting from the LeMans fundraiser this year and we hear about how important those programs are for local youth.

Podcast: Natural History (17:33)

Podcast Description: The Cape Cod Museum of Natural History's youth programs are also being supported by Seaside LeMans and we hear from Barbara Knoss, director of education and volunteers, about those programs, including the KidSummer Day Program and local educational outreach programs.

Podcast: Up with People (17:46)

Description: The international group Up with People will perform at Barnstable High School on September 11. We learn from Up with People promotion manager Lorna Murphy Durran all about this group of talented young people and their upcoming show.

September 7, - Sunday Journal Program on F and O

Podcast Title: Coakley (10:10)

Podcast Description: Continuing our coverage of the Primary Election on September 9, we talk to Attorney General Martha Coakley who is running in the Democratic primary on September 9 for Governor of Massachusetts.

Podcast: Grossman (10:06)

Podcast Description: State Treasurer Steve Grossman is one of three Democratic candidates in the Gubernatorial primary race on September 9. We find out why he is running.

Podcast: Berwick (8:49)

Description: We talk to Don Berwick, a pediatrician and the man chosen by President Obama to run the nation's Medicare system to find out about his candidacy for Governor of Massachusetts.

Podcast: Baker (10:07)

Description: We talk to Charlie Baker, one of two Republican candidates for Governor and one of five candidates for governor appearing on ballots in the Primary election on September 9.

Podcast: Fisher (8:42)

Description: We interview Republican candidate Mark Fisher about his political philosophy. He is one of five candidates in the Gubernatorial race.

September 7, - Sunday Journal Program (#2 of 2 shows) K and Q

Podcast Title: The Big Fix (16:42)

Podcast Description: We talk to Kate Ferreira, Julie Wake and Mary LeClair from Housing Assistance Corporation about their community service event The Big Fix, which takes place in Yarmouth on September 13.

Podcast: Cape Cod House Tour (17:07)

Description: By talking to Carol Wall and Bob Wilkins of the Yarmouth New Church Preservation Foundation, we learn about the Cape Cod House Tour which explores the examples of historic architecture on Route 6A.

Podcast: Sol E Mar (17:39)

Podcast Description: We talk to retired Coast Guard Captain Russell Webster about his new book Sol E Mar about a fishing vessel that sank off the coast of Martha's Vineyard in 1990.

September 14, - Sunday Journal Program

Podcast Title: Cape Cod Hospital (16:57)

Podcast Description: Cape Cod Healthcare's COO Art Mombourquette, Medical Director Dr. Craig Cornwall, and Deb Robinson, executive director for patient care talk about new emergency centers at Cape Cod and Falmouth hospitals.

Podcast: Heritage Museum (16:25)

Description: We discuss new exhibits planned for Heritage Museums and Gardens with the museum's director Ellen Spear.

Podcast: Emergency Fair (16:43)

Podcast Description: We talk to Falmouth Fire Chief Mark Sullivan and his administrative assistant Kim Strohm about the Second Annual Emergency Preparedness Fair they are organizing in October in Falmouth.

September 21, - Sunday Journal Program

Podcast Title: Vonnegut (17:21)

Podcast Description: Sturgis Library Director Lucy Loomis and Sturgis Library Board Member Melanie Lauwers tell us all about the Vonnegut Celebration, a festival based in Barnstable Village that celebrates writer Kurt Vonnegut.

Podcast: NAMI (16:14)

Description: Ron Holmes of NAMI, Cape & Islands, the local affiliate of the National Alliance on Mental Illness talks about the services that NAMI can offer those suffering with mental illness.

Podcast: Veterans Center (18:02)

Podcast Description: We talk to Rob Harrington, Judie Scofield and Jill Blanchard of the Cape & Islands Veterans Outreach Center about their programs.

September 28, - Sunday Journal Program

Podcast Title: Chaprales (12:27)

Podcast Description: Focusing on politics in advance of the general election on November 4, we interview Adam Chaprales who is challenging the incumbent in the Second Barnstable District.

Podcast: Mannal (12:37)

Description: Continuing our focus on politics, we talk to State Representative Brian Mannal, a Democrat who is being challenged by Republican Adam Chaprales in the general election on November 4.

Podcast: Whelan Zawadzkas (30:06)

Podcast Description: Republican Tim Whelan and Democrat Elisa Zawadzkas are both vying for the First Barnstable District seat. We host them together in the studio to talk about the issues.

