

PROGRAMS LIST
WFTR-AM/WZRV-FM
FRONT ROYAL, VIRGINIA
The Valley Today
ALL SHOWS HOSTED BY JANET MICHAEL
Weekdays 12:30pm – 1pm
January 3, 2017 – March 31, 2017

Tourism Tuesday with Gina Hilliard from Luray-Page County Chamber of Commerce and her guest, Lindi Jenkins from Faithbrooke Barn & Vineyards

Duration: 26:08 | Recorded on January 3, 2017

We were joined in the studio for Tourism Tuesday by Gina Hilliard from Luray-Page County Chamber of Commerce and her guest, Lindi Jenkins from Faithbrooke Barn & Vineyard to talk about Faithbrooke's upcoming Wedding Showcase. We discussed the reasons why brides choose Luray (and the Shenandoah Valley) for their wedding and talked about all the vendors who are participating in Faithbrooke's show this year.

The Valley Business Today with Niki Cales, Front Royal-Warren County Chamber of Commerce

Duration: 26:20 | Recorded on January 4, 2017

We talked about the chamber's recent move from Chester Street to 201 E. 2nd Street in Front Royal. We also discussed the upcoming Marc Willson seminar: Team Eventacular happening on January 9th at Samuels Public Library.

Jason Shaffer with World's Away Events

Duration: 26:48 | Recorded on January 5, 2017

We were joined in the studio today by Jason Shaffer from World's Away Events in Middletown. We talked about their event space that can be rented for weddings, bridal parties, family functions, corporate events and more. Jason also told us about their "escape room" event that starts on Friday "Canal Street Blues."

Jenny Grooms, Director of Development for Winchester Medical Center Foundation

Duration: 26:52 | Recorded on January 6, 2017

We were joined in the studio today by Jenny Grooms, Director of Development for Winchester Medical Center Foundation to talk about the new Cancer Center located on the Winchester Medical Center campus. Jenny explained how the capital campaign worked, how the money raised was used and how you can still contribute to the center or to your local hospital foundation.

Lts. Matthew & Laura Tidman with Salvation Army

Duration: 25:39 | Recorded on January 9, 2017

They gave us an update on the success of the holiday season from their kettle campaign, food drives and Angel Tree donations. We also discussed how you can still help after the holidays via donations of food, clothing, coats and monetary donations.

Tourism Tuesday with Kary Haun & her guest, Morgan Breeden from Bryce Resort

Duration: 27:46 | Recorded on January 10, 2017

We talked about all the fun winter things Bryce Resort has to offer including skiing (lessons if you don't know how), snowboarding and tubing. Morgan also told us about a few of their upcoming events such as Winterfest, wine dinners and even live music every weekend in the Copper Kettle Bar & Lounge.

The Valley Business Today with Caleb Nei, jazz pianist from Berryville, VA

Duration: 26:14 | Recorded on January 11, 2017

We were joined in the studio today by Berryville jazz pianist, Caleb Nei to talk about the business of music. Caleb told us about his career in music and all the different aspects including his live performances & work with Sono Luminus, a record label based in Boyce, VA.

Brandy Boies from Lord Fairfax Community College and her guests, Professors Ann & Rob Simpson

Duration: 26:17 | Recorded on January 12, 2017

They told us about the (14) books they've had published on wildlife and wildflowers for the National Park Service along with their upcoming trip to Andes/Amazon/Ecuador/Galapagos for students (and non-students) to explore and photograph the beautiful landscape and wildlife.

Top of Virginia Regional Chamber's State of the Schools presentation with Richard Kennedy & Jody Wall from Top of Virginia Regional Chamber, Rachel Schaeffer from Winchester SHRM, and Dr. Jason Van Heukelum, Winchester City Schools Superintendent

Duration: 27:01 | Recorded on January 13, 2017

We were joined in the studio today by Top of Virginia Regional Chamber's Richard Kennedy & Jody Wall to talk about the State of the Schools presentation. The chamber is again hosting this yearly event in partnership with the Winchester Area chapter of Society for Human Resource Management (SHRM), & Lord Fairfax Community College Workforce Solutions. Rachel Schaeffer from Winchester SHRM, and Dr. Jason Van Heukelum, Winchester City Schools Superintendent also joined us to talk about the topic of the presentation: *Creating the Workforce of Tomorrow through Partnerships*.

Brandon Belland with Cordial Coffee Co in Berryville, VA

Duration: 26:37 | Recorded on January 16, 2017

We talked about his path to the coffee business and how it's different from most brick and mortar "stores" in the area. He also told us about his subscription service for having his coffee delivered to your door along with several area restaurants who also serve his coffee.

Tourism Tuesday with Tim Smith, Front Royal Visitors Center Manager & Nicki Lynch from Samuels Public Library

Duration: 27:40 | Recorded on January 17, 2017

We talked about all the programs happening at the library for babies to adults along with other services they offer such as meeting space. We also talked about a few upcoming events.

The Valley Business Today with Dr. Miles Davis, Dean of the Harry F. Byrd School of Business at Shenandoah University

Duration: 26:14 | Recorded on January 18, 2017

We were on-site at Shenandoah University for an insightful conversation with Dr. Davis about his recent certification in scuba diving. He compared this new personal adventure to those that businesses often face and why it's good thing to push the boundaries to grow your business.

The Valley Women Today with Lisa Lewis, Dr. Stacy Miller & Zan Ruby, CNM with Winchester Family Health

Duration: 26:43 | Recorded on January 19, 2017

We talked about their new location at 1330 Amherst Street in Winchester along with all the family health services they offer including: annual well visits for all ages; on-site lab services; preventative care and testing; well woman exams; specialist referral; same-day sick (when available); medication assistance & minor outpatient procedures. We also spent some time talking about women's health issues in particular, changes to guidelines for preventative visits and the importance of pre-natal care.

Karen Poff, Senior Extension Agent with Virginia Cooperative Extension's Northern Shenandoah Valley Financial Education Program

Duration: 26:41 | Recorded on January 20, 2017

Karen Poff with the Northern Shenandoah Valley Financial Education Program came to talk about their upcoming money management series starting in a few weeks at Shenandoah Memorial Hospital.

Warren County Administrator Doug Stanley

Duration: 25:43 | Recorded on January 23, 2017

Doug filled us in on several new items passed in the Warren County Supervisors meeting on January 17 including some changes to tax collection, approval of additional Warren County firefighters and some rezoning approvals. He also gave us an update on VDOT projects; the outcome of Smart Scale project funding requests; and a progress report on the work at Ressie Jeffries Elementary School.

Tourism Tuesday: Chocolate Escape in Old Town Winchester

Duration: 27:54 | Recorded on January 24, 2017

We were joined in the studio today for Tourism Tuesday – Winchester Frederick County edition by co-host, Justin Kerns from Winchester-Frederick County Convention & Visitor's Bureau and his guests Jennifer Bell, Downtown Manager with Old Town Winchester & Janie Clevenger, owner of Once Upon a Find to talk about the upcoming Chocolate Escape event happening on Saturday February 11 from 2pm – 5pm in downtown Winchester.

The Valley Business Today with Emily Buhl from Top of Virginia Regional Chamber and past Greater Good award winners

Duration: 26:09 | Recorded on January 25, 2017

We were in the studio for The Valley Business Today with Emily Buhl, Marketing Director for Top of Virginia Regional Chamber and a few past Greater Good award winners. Josh Huff from Bright Box (Entrepreneur of the Year), Jon Eye from Mover Dudes (Small Business of the Year) & Steve Nerangis from Nerangis Management Corporation – owner of McDonalds, Alamo Drafthouse, The Greene Turtle and Country Inn & Suites – (Large Business of the Year). We talked with each of them about what winning meant to them personally and professionally along with all the great attributes of their business which helped to qualify them for their win.

Edward Jones Financial Advisor, Mike O'Dell

Duration: 26:47 | Recorded on January 26, 2017

We talked about the importance of financial planning, questions you should consider when planning your financial future and the benefits of choosing Edward Jones to help you manage your retirement.

Dawn Graves, Executive Director with United Way of Front Royal – Warren County

Duration: 26:07 | Recorded on January 27, 2017

Dawn gave us an update on the some things in the pipeline for the organization including involvement with the Alice Project, Day of Caring, a fun, family event happening in early March and their new Non-Profit Education/Networking program.

Bryan Williams and Janice Hart from Liberty Tax in Front Royal

Duration: 26:11 | Recorded on January 30, 2017

Bryan gave us some great advice about IRS scams and how not become a victim. We also talked about the new Protecting Americans from Tax Hikes Act (PATH) and how it will affect the timing of your tax refund this year if you fall into certain categories. Janice filled us in on a few promotions from Liberty Tax that could put a \$50 bill in your pocket when your returns are completed.

Tourism Tuesday with Kary & Jenna from Shenandoah County Tourism & Katie Mercer, Enhancement Coordinator for the Town of Woodstock

Duration: 30:01 | Recorded on January 31, 2017

Katie filled us in on the details for the Woodstock Chili Fest happening on April 1 at the Shenandoah County Fairgrounds. Katie also told us about upcoming promotions such as Love Local and the new art installation project to wrap the traffic signal boxes on Main Street. Jenna told us about the upcoming Farm to Fork Affair happening in March at The Mimslyn Inn.

The Valley Business Today with Niki Cales from Front Royal – Warren County Chamber of Commerce and her guest, John McGraw from The Winchester Group

Duration: 26:12 | Recorded on February 1, 2017

We talked about the services offered by the Winchester Group such as: consultation and marketing of business insurance, bonding, employee benefits, personal home and auto, business and individual life, individual health, long term disability and long term care. John talked about the Affordable Care Act and how any changes may affect you.

Lt. Warren Gosnell, Traffic Division Commander with the Frederick County Sheriff's Office

Duration: 27:23 | Recorded on February 2, 2017

Lt. Gosnell gave us tips and insight into traffic safety laws in regards to school buses, body/dash cameras, traffic stops and about general interactions with police officers during traffic stops.

Biff Genda & Bill North from Rosemont Manor in Berryville, VA

Duration: 27:07 | Recorded on February 3, 2017

Biff gave us a peek into the history of Rosemont Manor and it's long list of presidential visitors along with some of the updates & renovations they've completed to create a special venue for brides, corporate retreats & special events while maintaining the historic nature of the property. Bill told us about the use of the property as an events center and wedding venue, bed & breakfast and about their special tea events.

Jennifer Flynn, Superintendent of Shenandoah National Park & Cedar Creek and Belle Grove Historical Park

Duration: 26:23 | Recorded on February 6, 2017

We were joined in the studio today by the new Superintendent of Shenandoah National Park & Cedar Creek and Belle Grove Historical Parks, Jennifer Flynn. We talked about the duties her position entails along with some little-known facts about the massive infrastructure of the Shenandoah National Park system. We also discussed the increase in recreational fees, where that money goes and some of the resource challenges she faces managing the park.

Tourism Tuesday with Tim Smith, Front Royal Visitor Center Manager & Jeremy Camp, Director of Planning & Zoning for the Town of Front Royal

Duration: 27:48 | Recorded on February 7, 2017

The town is currently in the process of applying for a Community Development Block Grant (CDBG); Jeremy filled us in on it's components, timeline, budget and public input sessions.

The Valley Business Today with Gina Hilliard, President of Luray-Page Chamber of Commerce and her guest, Meredith Dees, Program Director for Luray Downtown Initiative

Duration: 27:34 | Recorded on February 8, 2017

We talked about Meredith's new position as Program Director of LDI, her goals and perspective on the importance of downtown revitalization, communication, and business growth. She also told us about a few upcoming events as well as their need for volunteers.

Brandy Boies, Director of Marketing & Outreach for Lord Fairfax Community College and Chris Lambert, Student Activities Specialist for the Fauquier & Vint Hill campus

Duration: 27:08 | Recorded on February 9, 2017

We talked about Student Life at LFCC and all the activities offered to students that complement their educational experience.

Jennifer Bell, Downtown Winchester Manager, Old Town Development Board

Duration: 27:06 | Recorded on February 10, 2017

We talked about the Chocolate Escape happening on Saturday, February 11 from 2pm – 5pm; Restaurant Week happening from February 20 – 25; the rescheduled Apple Capital Jingle Bell 5k/Frosty's Fun Run; plus Jennifer gave us a teaser about the upcoming Celtic Festival happening on March 11.

Vickie Harris-Williams, Senior Sales & Marketing Director with Commonwealth Senior Living

Duration: 25:25 | Recorded on February 13, 2017

We talked about all the stages of life that Commonwealth Senior Living serves including assisted living, their secure memory care unit and the importance of keeping their residents "social" through various activities and fun field trips.

Tourism Tuesday with Justin Kerns from Winchester-Frederick County Convention & Visitors Bureau and his guests, Nate from Hopscotch Coffee and Victoria from The Hideaway Cafe

Duration: 26:21 | Recorded on February 14, 2017

We talked about the variety of local coffee houses in Winchester and spoke to Nate & Victoria about what sets them apart from the others. Nate told us about his local coffee roaster, Lone Oak Coffee while Victoria talked about their community give-bck program that has donated over \$4000 in the last year to local under-served charities through customer donations.

The Valley Business Today with Dr. Miles Davis from Shenandoah University's Byrd School of Business and his guest, Jill Donnelly-Hu from Dharma Yoga Studios

Duration: 22:54 | Recorded on February 15, 2017

We hit the road for today's edition of The Valley Business Today with Dr. Miles Davis broadcasting live from Shenandoah University's Byrd School of Business with his guest, Jill Donnelly-Hu from Dharma Yoga Studios. We discussed the importance of finding balance as a business owner/person and how helpful yoga can be to help one be more "in the present" during their daily activities.

The Valley Women Today with Kelly Walker, local artist and owner of The Studio

Duration: 27:00 | Recorded on February 16, 2017

Kelly told us about her journey to becoming an artist and what it takes to be a daily painter. We talked about all the classes offered at The Studio for any age and experience level. Kelly also told us about her latest project/fundraiser for the Warren County Humane Society "**PAWcasso Art Exhibit**" on Friday, February 24th from 6pm – 9pm at Blue Ridge Arts Council.

Kaila Anglin, Clarke County 4-H Extension Agent

Duration: 26:45 | Recorded on February 17, 2017

We were joined in the studio today by Kaila Anglin, Clarke County 4-H Extension Agent to talk about the Clarke County 4-H Leader's Association Spaghetti Dinner & Auction fundraiser happening tomorrow, February 18 from 5pm – 8pm at the Clarke County Fairgrounds Ruritan Building. This fundraiser helps support many Clarke County 4-H programs throughout the year including their recent Capital Trip, college & camp scholarships along with a few events that happen at the Clarke County Fair.

Jennifer Carter, Director of the Northern VA 4-H Center

Duration: 29:08 | Recorded on February 20, 2017

We were joined in the studio today by Jennifer Carter, the new director for the Northern VA 4-H Center in Front Royal. She told us a little about her background and her goals for the center. We talked about all the great services they offer such as conference space & lodging for businesses/organizations along with all the camps offered for kids of pretty much any age. She also told us about their Community Day happening on Sunday, May 21, 2017 in partnership with the VA Wine & Craft Festival.

Tourism Tuesday with Stephanie Lillard, Director of Community & Economic Development for Page County

Duration: 27:59 | Recorded on February 21, 2017

We talked about the upcoming Farm2Fork Affair happening on March 6th at The Mimslyn Inn. This event brings together our unique Northern Shenandoah Valley farm producers with restaurants and other industry buyers throughout the region and Northern Virginia. Producers will have the opportunity to display your goods, provide samples, and share your story with source-conscious restaurants, retailers and other buyers from across the state. Buyers will enjoy this outstanding opportunity to have face-to-face time with a diverse selection of the crucial local farm producers that your customers are now demanding. Both producers and buyers will benefit from the relationships they build and hearing from Executive Chef, John Hoffman during the event.

The Valley Business Today with co-host Emily Buhl, Marketing Director for the Top of Virginia Regional Chamber and her guests – Greater Good award winners.

Duration: 25:26 | Recorded on February 22, 2017

We had a full house in the studio for The Valley Business Today with co-host Emily Buhl, Marketing Director for the Top of Virginia Regional Chamber and her her "award winning guests" – Mark Merrill, Valley Health President & CEO and Joe Silek, Chairman of the Valley Health System Board of Trustees (Valley Health was chosen as Large Business of the Year) along with Allison Dillow, Marketing Director for BK Connected Solutions and Kate Horton, President & CEO of BK Connected Solutions (BK Connected Solutions was chosen as Entrepreneur of the Year.) Emily filled us in on the process from being nominated, to selection to announcement for

the Greater Good awards. We also talked to each of the winners about their involvement in our community and what this award has meant to them personally and for their business.

Celeste Brooks, Director of Public Relations & Cooper Bourdon, Communications Assistant from Randolph-Macon Academy

Duration: 26:38 | Recorded on February 23, 2017

We were joined in the studio today by Celeste Brooks, Director of Public Relations & Cooper Bourdon, Communications Assistant from Randolph-Macon Academy to talk about their 124th Anniversary Celebration and Founder's Day Weekend scheduled for April 28-30, 2017. We talked about all the events happening to celebrate this milestone and how the community can also play a role in their celebration event by setting up tables/booths to promote their business.

Elise with United Way of Northern Shenandoah Valley and her guests, Sheila & Katie from Shenandoah Alliance for Shelter

Duration: 26:53 | Recorded on February 24, 2017

Elise gave us an update on all the things happening with UWNSV including their Annual Dinner & awards that took place on Thursday evening (February 23); she also filled us in on the details for the monthly Rubbermaid sale happening on Saturday, February 25th from 8am – 12pm in the Belk parking lot at Apple Blossom Mall. Sheila & Katie told us about their agency, Shenandoah Alliance for Shelter and the support it provides to residents across the Shenandoah Valley that are currently or near homeless.

Municipal Monday with Doug Stanley, Warren County Administrator

Duration: 25:34 | Recorded on February 27, 2017

Doug gave us an update on recent bills that have passed the General Assembly with direct impact on Warren County such as: HB1415, HB1693 & SB1579. We also talked about the status of the FY2017-2018 budget, the board goals and delinquent taxes that were recently published to the county's website and Facebook page. We also received updates on the 2nd middle school, the Health & Human Services complex & Ressie Jeffries Elementary School.

Tourism Tuesday with Jenna French from Shenandoah County Tourism and her guest, Michelle Bixler, Economic Development & Marketing Manager for the Town of Strasburg

Duration: 27:13 | Recorded on February 28, 2017

Michelle filled us in on the Grilled Cheese & Tomato Soup Festival happening in downtown Strasburg on March 25th from 11-3. Jenna gave us the details for the Annual Chili Cookoff at North Mountain Winery on March 11 from Noon til 3pm.

The Valley Business Today with Niki Cales from Front Royal-Warren County Chamber of Commerce and her guest, Ray Bramble from Aire-Serv

Duration: 25:47 | Recorded on March 1, 2017

Ray told us about his recent expansion to Aire-Serv of the Shenandoah Valley & the in-depth, value-based process they use to find new employees. He also explained to us the importance of clean air in our homes and offices, the impact it has on our daily lives and the role Aire-Serv plays in making your home/office a cleaner, safer place to live and work.

Jay North, President of Hawksbill Trading Company talking about the Page County Young Entrepreneurs Program

Duration: 27:20 | Recorded on March 2, 2017

The program, funded by a BEE (Building Entrepreneurial Economies) grant, is intended to educate, inspire and assist young people aged 16-25 with the tools and skills necessary to turn their passions into profits. Over a period of 10 weeks, students will work with teachers and mentors from the local business community to develop their product and service ideas into a viable business plan.

Susie Bailey & Christina Kraybill from Berryville Main Street

Duration: 27:24 | Recorded on March 3, 2017

They told us about the incredible growth that Berryville's Main Street has experienced in recent years and discussed the reasons why this has happened and their plans for growing even more in the coming years. We also talked about several big events coming to Berryville/Clarke County in the next few months including the opening of the Farmer's Market in May.

Jennifer Bell, Winchester's Downtown Manager talking about the upcoming Celtic Fest

Duration: 25:53 | Recorded on March 6, 2017

She filled us in on all the details including musical entertainment, games, the Leprechaun Hunt and more. Admission is free and 10% of all food/beverage proceeds benefit Habitat for Humanity. We also talked about the rescheduled Frosty's Fun Run and Jingle Bell 5k hosted by the Youth Development Center that happens on Saturday morning on the downtown mall.

Tourism Tuesday with Tim Smith, Front Royal Visitor's Center Manager

Duration: 26:51 | Recorded on March 7, 2017

Tim told us about how he trains his staff to know what's happening in and around the area as well as details about all the local attractions. We talked about the tourism numbers: who's visiting from where and how often. He also gave us an overview of the economic impact that tourism has on our community.

The Valley Business Today with Katie Long from Luray-Page Chamber of Commerce & her guests, Tommy & Amy Chan from Bijou Sweet Treats

Duration: 26:01 | Recorded on March 8, 2017

Amy told us about her "sweet" business and the impact the wedding industry has had on her success. We talked about the wedding climate in Luray and all the sweet ways that Bijou Sweet Treats can make your wedding, corporate event or private party a success.

Brandy Boies from Lord Fairfax Community College & her guest, Dawn Southerly, Site Coordinator for their Dental Hygiene Program

Duration: 27:19 | Recorded on March 9, 2017

Dawn filled us in on the history and background of the program as well as the services offered by the students through their free community clinic.

A tribute to “Mr. Pat” with Melany & Larry from Front Royal – Warren County C-CAP

Duration: 26:39 | Recorded on March 10, 2017

We were in the studio for a very special show today. It was a tribute to Patrick “Mr. Pat” Younk, director of Front Royal – Warren County C-CAP who passed away suddenly earlier this week. Melany & Larry joined us from C-CAP and we talked about all the great things Mr. Pat accomplished through their organization, his uplifting spirit and his legacy. Larry told us about all the options available for those who wish to honor his memory by volunteering with their organization.

Helen Morton with Shenandoah Valley Travel Association

Duration: 25:45 | Recorded on March 13, 2017

We talked about their website and marketing presence that attracts thousands of visitors to the Shenandoah Valley every year. Helen also told us about the benefits of being a member of their organization that include marketing opportunities, networking and educational components

Tourism Tuesday with Justin Kerns from Winchester-Frederick County Convention & Visitors Bureau

Duration: 26:48 | Recorded on March 14, 2017

We talked about the “business of tourism,” how those numbers are determined and the huge impact tourism has on the Winchester/Frederick County community & it’s economy. Justin also filled us in on a few upcoming events happening in and around Winchester.

The Valley Business Today with Dr. Miles Davis and his guest, Julia Duke talking about the Business Symposium at Shenandoah University on Friday, March 31st

Duration: 26:07 | Recorded on March 15, 2017

Dr. Davis & Julia talked about the upcoming Business Symposium hosted by Shenandoah University on Friday, March 31 from 8am – 5pm. The theme of this year’s Business Symposium is *Imagine ... Your Business Legacy* with a full day event focused on topics to help you build your business or organization for long-term success. They filled us in on the different topics available in the breakout sessions and we talked about their keynote speaker, Ron Losby, President and Chief Executive Officer of Steinway & Sons for the Americas.

The Valley Women Today with Lavenda Denney, Executive Director for Humane Society of Warren County

Duration: 25:59 | Recorded on March 16, 2017

We talked a bit about Lavenda’s background and the journey that brought her to the Humane Society of Warren County. She told us about all the things the shelter has accomplished under her leadership and helped to dispel a few myths about shelter animals in general.

Page County Extension Agent, Nicole Clem

Duration: 26:16 | Recorded on March 17, 2017

We talked a bit about the 4-H program, their camps & the benefits it provides to kids and the lifelong experiences that are had by those who participate.

Municipal Monday with Doug Stanley, Warren County Administrator

Duration: 26:24 | Recorded on March 20, 2017

Doug gave us an update on several Warren County projects including the upcoming budget meetings, reassessment timelines and projects currently in progress through the Development Review Committee. He also told us that construction on the new middle school is 85% complete and renovations to Ressie Jeffries Elementary School are also moving along. Updates were also given for Leach Run Parkway, VDOT/South Fork Bridge and Morgan's Ford Bridge.

Tourism Tuesday with Katie Long from Luray-Page Chamber of Commerce & her guest, Alma Viator from Cooter's Place

Duration: 27:33 | Recorded on March 21, 2017

Alma gave us all the details about their newest location in Luray and told us about their upcoming events, musical performances and shared some history about the Dukes of Hazzard show.

The Valley Business Today with Richard Kennedy, CEO of Top of Virginia Regional Chamber and Emily Buhl, Marketing Director

Duration: 26:26 | Recorded on March 22, 2017

We talked about the benefits of Chamber membership, how it can help small business owners on their path to success and discussed common misconceptions about chambers, their funding and their networking events.

Sherry Arey, Executive Director and Pastor Mark Bowyer, Board Member of Family Promise of Shenandoah Valley

Duration: 25:26 | Recorded on March 23, 2017

They told us about their program, who it services, the impact it's had on our homeless community and how others can volunteer and/or participate. Pastor Mark also gave us details for their upcoming fundraiser: Family Promise Steak Dinner & Silent Auction

United Way of Front Royal-Warren County's Day of Caring with Kat Sheetz & Rita Biggs

Duration: 26:35 | Recorded on March 24, 2017

They gave us details for their Day of Caring happening on Friday, May 5 (rain date, May 12) from 8am – 4pm. We talked about the types of projects that they'll be tackling, how to apply for them to work at your home, volunteer needs and the ever-present need for sponsorships.

Social Media and Small Business with Wendy DeMello from Third Hill Winery at DeMello Vineyards, Trudy Burgess from Still River Days Antiques & Ned Overton, Councilman & Children's Book Author from Timberville

Duration: 26:51 | Recorded on March 27, 2017

We talked about the steps they've taken to learn how to make social media work for their business, some things they've had success with and why they use each of the different social

media networks. We also discussed the importance of continuing your education on topics to help grow your business. The workshops that were discussed were hosted by Java Media.

Tourism Tuesday: Woodstock Chili Fest & Shenandoah County Heritage Day

Duration: 28:11 | Recorded on March 28, 2017

We were joined in the studio for Tourism Tuesday – Shenandoah County edition by Katie Mercer to talk about the Woodstock Chili Fest happening on Saturday, April 1, 2017 from 11:30am – 4pm and Zach Hottel to talk about Shenandoah County Heritage Day on April 8, 2017 from 11am – 3pm at the historic courthouse in Woodstock’s town square.

The Valley Business Today with Sally Michaels, Existing Business Coordinator with Frederick County Economic Development Authority about the Business Education Summit

Duration: 27:04 | Recorded on March 29, 2017

We were joined in the studio for The Valley Business Today by Sally Michaels, Existing Business Coordinator with Frederick County Economic Development Authority to talk about the Business Education Summit happening on Friday, April 28, 2017 from 8am – 2pm at Corron Community Development Center at Lord Fairfax Community College. Sally told us about the initiative that grew from last year’s summit, the goals and objectives and how it all fits into educating our youth for future success in our community.

Beth Rudy, Manager of Counseling Services with Blue Ridge Hospice

Duration: 27:27 | Recorded on March 30, 2017

We were joined in the studio today by Beth Rudy, Manager of Counseling Services with Blue Ridge Hospice. She told us about all the different services hospice offers aside from medical. We talked about the different bereavement and grief counseling groups available to individuals regardless of whether they or their family was a client of Blue Ridge Hospice.

9th Annual Business Symposium at the Byrd School of Business, Shenandoah University

Duration: 26:20 | Recorded on March 31, 2017

We were broadcasting live from the Business Symposium at the Byrd School of Business at Shenandoah University today with Dr. Miles Davis, Dean of the business school & Professor of Management at the university. Our scheduled guest was Ron Losby, President of Steinway & Sons however his flight back to New York prevented his attendance. Instead, Dr. Davis spoke with Scott Harvard, President/CEO of First Bank about Mr. Losby’s keynote address, Steinway’s business success and the importance First Bank places on it’s participation, sponsorship & attendance at the annual business symposium.