

KFLT-FM
Issues and Programs Report
Covering the Third Quarter of 2014
July -- August -- September

Report Prepared and Submitted by Stephen S. Tanner

A handwritten signature in black ink that reads "Steve Tanner". The signature is written in a cursive, flowing style.

October 10, 2014

This is a list of programs that have provided the station's most significant on-air treatment of community issues during the preceding calendar quarter.

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Programs

Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative duration (mins.) for all airings in that day	How program addressed Issue
Parenting	Intentional Living	7/1/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about it's been called one of the hardest jobs on the planet. What is it? Being a single parent. Dr. Randy brings help and hope to all you single parents out there. If you're facing the challenge of parenting alone, join Intentional Living, with Dr. Randy Carlson
Work	Intentional Living	7/2/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about are you underemployed, underappreciated, or underpaid? Or overworked, overstressed, or overwhelmed? Those things can lead to you saying, "I hate my job!" So now that you've said it, or least thought it, what are you going to do? Listen to on Intentional Living with Dr. Randy Carlson
Finances	News	7/2/2014	3am-8am	2	news about an added diving tourism attraction
Finances	Intentional Living	7/3/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about MONEY. It's been said that it makes the world go round. It can also make you go round and round in your marriage. If finances are tearing your marriage apart, catch Money Wars in Marriage, on the next intentional living, with Dr. Randy Carlson
Work	News	7/3/2014	3am-8am	2	AZ still hasn't recovered from the recession
Freedom	Intentional Living	7/4/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about Independence Day. There's a debate on how "Christian" our founding fathers were. Joining Dr. Randy is author and historian Bill Federer. Hear how intentional our founding fathers were, on Intentional Living, with Dr. Randy Carlson
Parenting	Intentional Living	7/5/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about it's been called one of the hardest jobs on the planet. What is it? Being a single parent. Dr. Randy brings help and hope to all you single parents out there. If you're facing the challenge of parenting alone, join Intentional Living, with Dr. Randy Carlson
Finances	Music with Amy Phillips	7/6/2014	9pm	1	Money saving advice

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Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative duration (mins.) for all airings in that day	How program addressed Issue
Marriage	Intentional Living	7/7/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about "Whenever you're in conflict with someone, there is one factor that can make the difference between damaging your relationship and deepening it. That factor is attitude." That was Henry James, and if your attitude is affecting your marriage, catch Intentional Living, with Dr. Randy Carlson
Relationships	Johnny & Stacey	7/7/2014	3am-8am	2	Reflecting on & sharing gratitude
Decision Making	Intentional Living	7/8/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about I've taught my kids ever since they were little not to use the word stupid. I'm not calling anyone that, but, have you ever done anything stupid? What did it cost you? It's Stupid Decisions, on the next Intentional Living with Dr. Randy Carlson
Relationships	Johnny & Stacey	7/8/2014	2pm-7pm	25	Encouraging Communication to enhance relationships
Finances	News	7/8/2014	3am-8am	2	5 Guys tops fast food burgers, Chick Fil A tops chicken fast food
Foster Parenting	Intentional Living	7/9/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about Health & Human Services says there are over 100,000 kids waiting to get into foster homes. So should you become a foster parent? If you've been through the system, or have been a foster parent, share your story, on Intentional Living, with Dr. Randy Carlson
Relationships	Johnny & Stacey	7/9/2014	2pm-7pm	25	Defining friendship
Health	News	7/9/2014	3am-8am	2	Being overweight puts you at risk for COPD
Faith	Intentional Living	7/10/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about One of God's priorities is to make you like Jesus; so when people look at you, they see Jesus. Ed Stetzer joins Dr. Randy Carlson to discuss, to become mature in your faith; you need to be intentional, on the next Intentional Living
Parenting	Johnny & Stacey	7/10/2014	2pm-7pm	25	collaborating parenting experience for advice
Parenting	Intentional Living	7/11/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about Dr. Randy is joined by Roy Baldwin, Director of Parenting and Youth Outreach for Focus on the Family; and

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					together they'll help you to become an Authentic Parent. So be sure to listen to the next Intentional Living, with Dr. Randy Carlson
Relationships	Johnny & Stacey	7/11/2014	2pm-7pm	10	Review of current movies for family friendliness
Finances	News	7/11/2014	3am-8am	2	When putting car rental on a credit card, not all cards are created equal
Decision Making	Intentional Living	7/12/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about I've taught my kids ever since they were little not to use the word stupid. I'm not calling anyone that, but, have you ever done anything stupid? What did it cost you? It's Stupid Decisions, on the next Intentional Living with Dr. Randy Carlson
Work	Music with Amy Phillips	7/12/2014	9pm	1	Getting work done ahead of time so you are prepared if things dont go as planned
Marriage	Intentional Living	7/14/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about It can take months or years to earn it; but you can lose it [SNAP FINGERS]... just like that. What am I talking about? Trust Breakers. If you're the trust breaker, or the one whose trust has been broken, join Intentional Living with Dr. Randy Carlson
Marriage	Johnny & Stacey	7/14/2014	2pm-7pm	25	sharing positive husband stories
Marriage	Johnny & Stacey	7/14/2014	2pm-7pm	20	naming the most recent best husband moment
Relationships	News	7/14/2014	3am-8am	2	Tucson and Scottsdale best places for pets
Parenting	Intentional Living	7/15/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about Life is complicated; and raising your kids to love and follow God is getting harder; but raising Godly kids isn't impossible. Dr. Randy shares with you Four Laws of Intentional Parenting, on the next Intentional Living with Dr. Randy Carlson
relationships	Bill Ronning	7/16/2014	8am-11am	30	analyzing the frequency of Christian persecution
Faith	Intentional Living	7/16/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about LA County Sheriff Homicide Detective Jim Wallace, who used all his detecting skills to prove if God existed. Cold Case Christianity is the next Intentional Living, with Dr. Randy Carlson

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Work	Johnny & Stacey	7/16/2014	2pm-7pm	20	favorite thing about job
Widows	Intentional Living	7/17/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about early in the Church, the Apostles set aside a group of men, part of whose ministry was caring for widows. Today, Dr. Randy talks with Linda Hammond, who started her own ministry for widows. It's Caring for Widows, on Intentional Living with Dr. Randy Carlson
Special Needs	Intentional Living	7/18/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about Josh Poulsen's shares his story with Randy, how he has wrestled with PTSD, and how he has been blessed raising a special needs daughter named Alex. It's Special Needs, Special Faith, on the next Intentional Living with Dr. Randy Carlson
Education	Community Calendar	7/13 - 7/19/14	6am - 12am	12	PSA to promote Seerve Our Schools Day to recruit people to sign-up to do projects at public schools to help offset loss of resources.
Parenting	Intentional Living	7/19/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about Life is complicated; and raising your kids to love and follow God is getting harder; but raising Godly kids isn't impossible. Dr. Randy shares with you Four Laws of Intentional Parenting, on the next Intentional Living with Dr. Randy Carlson
Finances	Music with Amy Phillips	7/19/2014	11pm	1	importance of having an emergency fund
Divorce	Intentional Living	7/21/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about so you're randomly tuning the dial on the radio and all of the sudden you hear: "If you're thinking about divorce, don't do it!" That was Dr. Randy talking, and Bert took it personally. Listen to: Marriage – from Mess to Miracle, on Intentional Living with Dr. Randy Carlson
Relationships	Johnny & Stacey	7/21/2014	2pm-7pm	20	reminiscing about family road trips
Faith	Intentional Living	7/22/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about how did you come to faith in Christ? Was it something someone said? Something they did? Did they invite you to Church? Hear the stories from two people of how they came to Christ. It's Finding Faith, on the next Intentional

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					Living, with Dr. Randy Carlson
Relationships	Bill Ronning	7/23/2014	8am-11am	20	recognizing gratitude
Parenting	Intentional Living	7/23/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about when is it time to break the so-called "Code of Silence"? Penny Whipps shares her story, who lost her son to a heroin overdose, and none of his friends spoke up. Loving with a Protective Love is the next Intentional Living, with Dr. Randy Carlson
Marriage	Johnny & Stacey	7/23/2014	2pm-7pm	20	sharing memories about meeting spouse
Faith	Intentional Living	7/24/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about Is Intentional Living really touching lives? Coming up on our next broadcast, we share with you the testimonies of lives changed by God through Intentional Living. The Impact of an Intentional Life, is the next Intentional Living with Dr. Randy Carlson
Crime	News	7/24/2014	3am-8am	2	Botched death penalty in AZ
Marriage	Intentional Living	7/25/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about today's Intentional Living, it's Ask Dr. Randy—on Marriage. I mean, well, put a man and wife in the same room, living with each other and you're gonna have questions—you know what I mean? So, if you've got marriage questions, be sure join us on the next Intentional Living with Dr. Randy Carlson
Parenting	Intentional Living	7/26/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about you're randomly tuning the dial on the radio and all of the sudden you hear: "If you're thinking about divorce, don't do it!" That was Dr. Randy talking, and Bert took it personally. Listen to: Marriage – from Mess to Miracle, on Intentional Living with Dr. Randy Carlson
Marriage	Intentional Living	7/28/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about "The tongue is like a spark. It is an evil power that dirties the rest of the body and sets a person's entire life on fire with flames that come from hell itself." Now if the tongue is that bad, where do you think nagging fits in? Turn your marriage into a Nag-Free Zone, with Dr. Randy Carlson on Intentional Living
Parenting	Johnny & Stacey	7/28/2014	2pm-7pm	20	advice for new parents

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Change	Intentional Living	7/29/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about how are you with change? And I don't mean the money you get back from a cashier. If you have something in your life you need to change, Dr. Randy wants to help. Catch Making Change Work, on the next Intentional Living, with Dr. Randy Carlson
Finances	Bill Ronning	7/30/2014	8am-11am	30	Financial advice
Parenting	Intentional Living	7/30/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about I don't know where this color thing came from, but why is pink for girls and blue for boys? But I know why works... like green parents green. All rookie parents catch Pink Girls, Blue Boys, and Green Parents on Intentional Living with Dr. Randy Carlson
Marriage	Johnny & Stacey	7/30/2014	2pm-7pm	20	making your marriage last
Health	News	7/30/2014	3am-8am	2	tan skin in damaged skin wear sunscreen
Marriage	Intentional Living	7/31/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about did you marry the wrong person? Dr. Randy helps you ask a better question. Because if you're already married, you need to ask: What can I do to be the right person. Did I Marry the Wrong Person? On Intentional Living, with Dr. Randy Carlson
Parenting	Intentional Living	8/1/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about I typically don't make sweeping generalizations...but if there's one thing all parents have—its questions! So it's an ADR for Parents, as in Ask Dr. Randy. Bring your questions, to the next Intentional Living with Dr. Randy Carlson
Health	News	8/1/2014	3am-8am	2	Albuquerque teen creates app tp help guard against kids left in hot cars
Marriage	Intentional Living	8/2/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about "The tongue is like a spark. It is an evil power that dirties the rest of the body and sets a person's entire life on fire with flames that come from hell itself." Now if the tongue is that bad, where do you think nagging fits in? Turn your marriage into a Nag-Free Zone, with Dr. Randy Carlson on Intentional Living
Relationships	Music with	8/2/2014	9pm	1	Advice on how we can be better friends

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	Amy Phillips				
Marriage	Intentional Living	8/4/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about the only disability in life is a bad attitude. So said Olympics gold medalist, Scott Hamilton. And a bad attitude can certainly disable a marriage. If "Tude" is affecting your marriage, catch the next Intentional Living with Dr. Randy Carlson
Parenting	Johnny & Stacey	8/4/2014	3am-8am	2	soliciting proud parent moments
Contentment	Intentional Living	8/5/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about the Apostle Paul had his act together. He said: "I have learned the secret of being content in any and every situation." So, are you content, or do you want Just A Little Bit More? That's the next Intentional Living with Dr. Randy Carlson
Finances	News	8/5/2014	3am-8am	2	Lubbock is one of the most recession recovered cities. Tempe, Glendale, Tucson & Detroit are on the list of least recovered
Relationships	Bill Ronning	8/6/2014	8am-11am	15	Sharing pride in community
Marriage	Intentional Living	8/6/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about some of us are so good, we've turned it into a fine art. What's that? The Fine Art of Misunderstanding. Dr. Randy helps you to understand your mate. It's The Fine Art of Misunderstanding, on Intentional Living, with Dr. Randy Carlson
Marriage	Johnny & Stacey	8/6/2014	3am-8am	2	sharing the great things about marriage
Parenting	Intentional Living	8/7/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about maybe you thought that 18—or for the more patient among us, 21—was a magic number. But if your adult child is still at home or still needs a whole lot of help, you'll want to join the next Intentional Living, with Dr. Randy Carlson
Health	Community Calendar	8/2-8/8/14	6am-12am	9	PSA to promote health and wellness day event on the Pasqua Yaqui Reservation, which provided many ways for Natives to improve their health
Faith	Intentional Living	8/8/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about "Figure out the what pleases Christ, and then do it." That's our theme verse at the Intentional Living Center,

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					from Ephesians 5:10, and Dr. Randy takes us back to the basics with Intentional Living 101, on the next Intentional Living with Dr. Randy Carlson
Marriage	Intentional Living	8/9/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about some of us are so good, we've turned it into a fine art. What's that? The Fine Art of Misunderstanding. Dr. Randy helps you to understand your mate. It's The Fine Art of Misunderstanding, on Intentional Living, with Dr. Randy Carlson
Work	Music with Amy Phillips	8/9/2014	9pm-Midnight	1	Stepping out of comfort zone to fulfill purpose
Marriage	Intentional Living	8/11/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about it's not always about sex. Have you given your heart away to another and it's not your spouse? Coming up on the next Intentional Living, Dr. Randy wants to talk to you about Emotional Adultery. That's the next Intentional Living with Dr. Randy Carlson
Marriage	Johnny & Stacey	8/11/2014	2pm-7pm	20	keeping your marriage successful
Addictions	Intentional Living	8/12/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about drugs, alcohol, sex, shopping, food...are you wrestling with an addiction? You may be hiding it, or your family's overwhelmed by it. Dr. Randy helps you overcome the addiction in your life, on the next Intentional Living with Dr. Randy Carlson
Finances	Bill Ronning	8/13/2014	8am-11am	15	Financial advice
Aging Parents	Intentional Living	8/13/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about have you looked in the mirror lately and noticed that you're getting older? Oh! I know you haven't, but for the rest of us...yeah. And if we're getting older, so are our parents. What do they need? Dr. Randy helps you and your Aging Parents, on the next Intentional Living, with Dr. Randy Carlson
Relationships	Johnny & Stacey	8/13/2014	2pm-7pm	20	sharing stories of cool neighbors
Social Media	Intentional Living	8/14/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about we ALL use it- social media. Is it good communication, or has it taken over your life? How has it affected your family? From Twitter and Instagram to

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					World of Warcraft, how are you handling social media? That's Intentional Living, with Dr. Randy Carlson
Faith	Intentional Living	8/15/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about it could be sickness, or addiction. It could be divorce or death. When you've encountered hard times, how did you face them? Dr. Randy helps you to Face the Hard Times, on the next Intentional Living, with Dr. Randy Carlson
Addictions	Intentional Living	8/16/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about drugs, alcohol, sex, shopping, food...are you wrestling with an addiction? You may be hiding it, or your family's overwhelmed by it. Dr. Randy helps you overcome the addiction in your life, on the next Intentional Living with Dr. Randy Carlson
Relationships	Music with Amy Phillips	8/16/2014	9pm - Midnight	1	advice to restore relationships
Marriage	Intentional Living	8/18/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about WARNING. WARNING. You are entering a nag-free zone. So, what's it going to take for you to either stop nagging, or stop being nagged? Discover how to have a peace-filled home. It's Nag-Free Zone on Intentional Living with Dr. Randy Carlson
Marriage	Johnny & Stacey	8/18/2014	2pm - 7pm	20	proposal stories
Forgiveness	Intentional Living	8/19/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about in his letter to the Ephesians, Paul said: Be kind to one another, tender-hearted, forgiving each other, just as God in Christ has forgiven you. If God has forgiven you, why are you being unforgiving? It's Unforgiveness on Intentional Living with Dr. Randy Carlson
Relationships	Bill Ronning	8/20/2014	8am-11am	15	Stories of animals protecting us
Clutter	Intentional Living	8/20/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about things...stuff...clutter. Have you lost meaning, or direction, or control because clutter has taken over your LIFE? Coming up, Dr. Randy helps you to De-clutter Your Life. Discover what that's like, on the next Intentional Living, with Dr. Randy Carlson
Parenting	Johnny & Stacey	8/20/2014	2pm-7pm	20	kids believe the funniest things

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Work	News	8/20/2014	3am-8am	2	More businesses are hiring
Children	Community Calendar	8/9-8/21	6am-12am	22	PSA to promote speech by former NBA player, A-C Green, who talks to youth about the importance of developing moral, ethical and character traits that they will need to succeed in life.
Parenting	Intentional Living	8/21/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about do you have a strong-willed child living under your roof? You know, studies have shown that if a powerful child is in the house, then there's at least one powerful parent. Hmm. Coming up on Intentional Living, Dr. Randy helps you Parent Up & Power Down. On the next Intentional Living, with Dr. Randy Carlson
Marriage	Intentional Living	8/22/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about what makes a marriage work? Coming up, Dr. Randy helps you answer that question. Maybe you've figured it out, or maybe you want to find out. Either way, listen to What Makes a Marriage Work, on the next Intentional Living, with Dr. Randy Carlson
Marriage	Intentional Living	8/23/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about WARNING. WARNING. You are entering a nag-free zone. So, what's it going to take for you to either stop nagging, or stop being nagged? Discover how to have a peace-filled home. It's Nag-Free Zone on Intentional Living with Dr. Randy Carlson
Relationships	Bill Ronning	8/25/2014	8am-11am	1	Starbucks Intentional Acts of Kindness 11 hours long
Marriage	Intentional Living	8/25/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about you know little things can become big deals in a marriage. Dr. Randy wants to help you turn your attention to The Big and Little Things in Your Marriage, and help you have an Intentional marriage. That's the next Intentional Living, with Dr. Randy Carlson
Health	Johnny & Stacey	8/25/2014	6pm	1	Author talks about her husband going through ALS and what the trial has taught her
Health	News	8/25/2014	3am-8am	2	Eat Breakfast for heart not weight loss
Faith	Intentional Living	8/26/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about "Perspective, perspective,

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					perspective". But what if your perspective is from the bottom? From show biz, to cocaine, to jail, to Jesus, is Marty Angelo's Story. On Intentional Living it's Looking Up from the Bottom with Dr. Randy Carlson
Relationships	News	8/26/2014	3am-8am	2	Tucson and Atlanta most caring
Safety	Bill Ronning	8/27/2014	8am-11am	15	Back to school safety tips
Faith	Intentional Living	8/27/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about a mom of three small kids; in the hospital for three months, on a ventilator. She had lots of time to be angry with God, to trust God, and then discover Intimacy with God. It's Mary Pepper's story on Intentional Living, with Dr. Randy Carlson
Parenting	Intentional Living	8/28/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about whether you call it Open Phones or Ask Dr. Randy, it's one of our regular features and today it's Open Phones for Parents. So if you've got any kid questions, give Dr. Randy a call. It's Open Phone for Parents with Dr. Randy Carlson, on Intentional Living
Parenting	Community Calendar	8/23 -8/29/14	6am-12am	6	PSA to promote the "Parenting the Love & Logic Way" course for parents of Toddlers to Teens to help them deal with conflict and other issues.
Marriage	Intentional Living	8/29/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about you know, after you got married, you may have found one or two little itty-bitty things in your spouse you just didn't notice before you got married. And now—you've got questions—boy do you have questions. It's ASK Dr. Randy on Marriage, on the next Intentional Living with Dr. Randy Carlson
Parenting	Johnny & Stacey	8/29/2014	6pm	1	Teaching children the value of character
Marriage	News	8/29/2014	3am-8am	2	Boston Marathon Bombing victims gets married to his nurse
Marriage	Intentional Living	8/30/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about you know little things can become big deals in a marriage. Dr. Randy wants to help you turn your attention to The Big and Little Things in Your Marriage, and help you have an Intentional marriage. That's the next Intentional Living, with Dr. Randy

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					Carlson
Work	Intentional Living	9/1/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about most of the time, you can't share the Gospel with your co-workers, but you can certainly live your life before them. Being Salt and Light at Work is the next Intentional Living, with Dr. Randy Carlson
Relationships	Johnny & Stacey	9/1/2014	6pm	1	Pet Care Advice
Faith	Intentional Living	9/2/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about one of the last things Jesus told His disciples was: "Go make disciples". Are You a Disciple? Not just a follower, or just a believer, or an agree-er. Jesus wants more of you than that. Are You a Disciple? That's the next Intentional Living with Dr. Randy Carlson
Relationships	Peter and Shannyn	9/2/2014	3am-8am	10	Mom's Night Out is being released on DVD. It encourages Mom's to give themselves a break in their efforts
Relationships	Bill Ronning	9/3/2014	8am-11am	15	Advice on building a non-profit
Relationships	Intentional Living	9/3/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about it's perhaps the most dangerous relationship you can be in when you're married--opposite sex friendships. On the next Intentional Living, it's The Danger of Opposite Sex Friendships. If you're facing this danger, join Dr. Randy Carlson on Intentional Living
Relationships	Intentional Living	9/4/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about no doubt the favorite question kids love to ask is: Why? And even though the little ones can wear you out with that question, have you noticed you too, have questions? It's Ask Dr. Randy on Kids, on the next Intentional Living, with Dr. Randy Carlson
Safety	Community Calendar	8/30-9/5/14	6am-12am	6	PSA to promote a series of free Disaster Preparedness seminars to equip people to be able to handle man-made or natural disasters.
Relationships	Intentional Living	9/5/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about the two most important ingredients in an intentional marriage are love and respect. So much so, that God said to husbands: love your wives. And God said to wives: respect your husbands. It's Love and Respect in Marriage on the

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					next Intentional Living with Dr. Randy Carlson
Relationships	Intentional Living	9/6/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about it's perhaps the most dangerous relationship you can be in when you're married--opposite sex friendships. On the next Intentional Living, it's The Danger of Opposite Sex Friendships. If you're facing this danger, join Dr. Randy Carlson on Intentional Living
Relationships	Intentional Living	9/8/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about "Figure out what pleases Christ, and then do it. That's not only our theme verse, but Dr. Randy wants to help you make that a goal for your life: to become intentional in Jesus Christ. Join the next Intentional Living, with Dr. Randy Carlson
Marriage	Johnny & Stacey	9/8/2014	2pm-7pm	20	husbands helping wives
Health	Bill Ronning	9/9/2014	8am-11am	1	Exercise helps people with ADHD with focus
Relationships	Intentional Living	9/9/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about: Faith. Finances. Relationships. Health. Work. These are the five essentials in an intentional life. Some of them you're pretty good at, others, not so much. If you need help with one—or more—catch the next Intentional Living, with Dr. Randy Carlson
Health	News	9/9/2014	3am-8am	2	Tucson Expert says Hormones can affect water needs
Marriage	Intentional Living	9/10/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about Have you ever felt a bit overwhelmed? Now, how do you feel a bit overwhelmed? Isn't being overwhelmed, overwhelming? Learn how doing ONE THING every day can radically change your life. Listen to Intentional Living with Dr. Randy Carlson
Parenting	Johnny & Stacey	9/10/2014	2pm-7pm	20	keeping school mornings under control
Parenting	Intentional Living	9/11/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about some of its synonyms are: conscious, deliberate, knowing, purposeful, set, voluntary, and willful. What's the word? You know it, so sat it with me: INTENTIONAL. Be and act consciously, deliberately, knowingly and

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					purposefully; catch Intentional Living, with Dr. Randy Carlson
Marriage	Intentional Living	9/12/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about The theme verse for the Intentional Living Center is Ephesians 5:10 from the Message: "Figure out what pleases Christ, and then do it." If you're having trouble figuring out what pleases Christ, or doing it, join Intentional Living with Dr. Randy Carlson
Marriage	Intentional Living	9/13/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about has your marriage been hijacked? Sometimes emotions can hijack your marriage, or you're too busy, or you're distracted, or someone else has hijacked your marriage. Be sure to listen to the next Intentional Living with Dr. Randy Carlson
Marriage	Intentional Living	9/15/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about submit is a very powerful word, and if that word has been wielded around your house with little or no regard for love, listen to Sara Horn, as she talks with Dr. andy, how Submit is Not a 4-Letter Word. That's the next Intentional Living with Dr. Randy Carlson
Parenting	Intentional Living	9/16/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about I know, I know, there are times when speaking seems only for your benefit, and not for those who need it most. Yet research shows kids get most of their understanding of life, from their parents. Listen to Speaking Wisdom to a Younger Generation, on Intentional Living with Dr. Randy Carlson
Work	Intentional Living	9/17/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about do you find yourself in some sort of pit, or some sort of rut? Maybe you're in a dead-end job, or you're depressed, or just plain stuck. Well if you're at the bottom of a hole, join Digging Yourself Out of a Hole on Intentional Living, with Dr. Randy Carlson
Finances	Intentional Living	9/18/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about are you still being squeezed by our current economy? Well, maybe it's time you start Squeezing Every Dollar Till It Screams. Dr. Randy wants to help you be intentional with your finances, on the next Intentional Living with Dr. Randy

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					Carlson
Parenting	Intentional Living	9/19/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about questions, questions, questions. I know that if you're a parent, you've definitely got questions. From toddlers to teens, adult children or everything in between, it's Open Phones for Parents. Listen to Intentional Living, with Dr. Randy Carlson
Marriage	Intentional Living	9/20/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about submit is a very powerful word, and if that word has been wielded around your house with little or no regard for love, listen to Sara Horn, as she talks with Dr. andy, how Submit is Not a 4-Letter Word. That's the next Intentional Living with Dr. Randy Carlson
Relationships	Music with Amy Phillips	9/20/2014	3am-8am	2	Celebrate the little things in life, today is National Punch day
Marriage	Intentional Living	9/22/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about for the past couple of years, Dr. Randy has been doing a Love Your Marriage Night all across the country; and on the next Intentional Living, we want to hear from you: How Do You Love Your Marriage? That's Intentional Living with Dr. Randy Carlson
Marriage	Johnny & Stacey	9/22/2014	2pm-7pm	20	Tips to keep your marriage strong
Freedom	News	9/22/2014	3am-8am	2	Tucson coach gets in trouble supporting team
Health	Intentional Living	9/23/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about one of the five essentials for Intentional Living is Health. How's yours? From battling the bulge to battling cancer; and everything in between... how's your health, and how are you being intentional about it? That's Intentional Living, with Dr. Randy Carlson
Finances	News	9/23/2014	3am-8am	2	iPhone 6 sold 10 million in 3 days
Marriage	Intentional Living	9/24/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about the number of married couples has declined by 20% since the 1960's. Even though the numbers are alarming, Dr. Randy wants to help you to get married for the right reasons... to the right person. So coming up, it's The Top 10 Reasons to NOT Get Married, on

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					Intentional Living, with Dr. Randy Carlson
Parenting	Johnny & Stacey	9/24/2014	2pm-7pm	20	support for parenting challenges
Finances	News	9/24/2014	3am-8am	2	Gen x is making more money than parents but saving less
Addictions	60-second PSA	7/1 - 9/25/14	6am-12am	122	Aired variety of Teen Challenge PSA's outlining the programs they offer to help people to find help & healing from addictions.
Life Issues	Intentional Living	9/25/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about Have you been blind-sided by life? You know...you had all your plans laid out, heading in the right direction, life was good, and then KA-BLOOEY! Join: Blind-sided By Life, on the next Intentional Living, with Dr. Randy Carlson
Life Issues	Intentional Living	9/25/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about Have you been blind-sided by life? You know...you had all your plans laid out, heading in the right direction, life was good, and then KA-BLOOEY! Join: Blind-sided By Life, on the next Intentional Living, with Dr. Randy Carlson
Parenting	Intentional Living	9/26/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about what's the most important thing you can leave your kids? Joining Dr. Randy is Larry Fowler, Executive Director of Global Networking at Awana, and they'll be talking about Leaving a Legacy of Faith, on the next Intentional Living with Dr. Randy Carlson
Relationships	Peter and Shannyn	9/26/2014	3am-8am	10	Wife of Imprisoned Pastor speaks out
Marriage	Intentional Living	9/27/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about the number of married couples has declined by 20% since the 1960's. Even though the numbers are alarming, Dr. Randy wants to help you to get married for the right reasons... to the right person. So coming up, it's The Top 10 Reasons to NOT Get Married, on Intentional Living, with Dr. Randy Carlson
Health	Music with Amy Phillips	9/27/2014	9pm-midnight	1	focusing on positive is good for your health
Marriage	Intentional Living	9/29/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about a few weeks ago, Dr. Randy

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					discussed misunderstandings in marriage, and he commented that it was not the same as disagreements. Is there someone disagreeable in your house? Join us for the next Intentional Living with Dr. Randy Carlson
Finances	News	9/29/2014	3am-8am	2	Jimmy Johns hacked that make affect your debit card
Life Issues	Intentional Living	9/30/2014	11AM & 7PM	56	Dr. Randy Carlson spoke with callers about Webster's Dictionary defines thrive as: to grow vigorously; to progress toward or realize a goal, despite or because of circumstances. Did you know that God wants you to thrive? Catch Intentional Living, with Dr. Randy Carlson, as he helps you to Thrive!
Relationships	Peter and Shannyn	9/30/2014	3am-8am	20	interview with Left Behind movie producer