

QUARTERLY ISSUES PROGRAM LIST FOR KIXI-AM
MERCER ISLAND/SEATTLE
Oct 1 – Dec 31, 30, 2020

Laurie Hardie
Public Affairs Director
Placed in the Public File – January 8, 2021

Section I. Issues

KIXI has identified the following issues as significant issues facing our community in this quarter:

- A. Environment
- B. Volunteer
- C. Health
- D. Education
- E. Community Engagement
- F. Charities

Section II. Responsive Programs

KIXI has broadcast programming dealing with each of the above-referenced issues:

A. Environment

1. Sunday Morning Shout out With Laurie Hardie - December 27, 2020 2:20 minutes at 6:28am. Cocoon House, the comprehensive approach of Cocoon House ensures that each young person is met where they are, physically and emotionally, to ensure the best possible outcomes for their future. Young people connect with Cocoon House staff when in our programs, in their schools, or out on the street. Parents are provided with services to help keep their teen in the home, or provide the smoothest transition possible if the teen is returning home from homelessness. This scope of service allows Cocoon House to ensure they are reaching young people and families in all possible ways to ensure that every child has a home and a future. <http://www.cocoonhouse.org/approach>
2. Sunday Morning Shout out With Natalie Holcomb - November 15, 2020 2 minutes at 6:28am. Washington Outdoor Women is an education program by women FOR women. Their mission is to teach traditional outdoor skills to women and girls, and by doing so, prepare and encourage them to become good stewards of our natural resources. By developing a deep and satisfying connection with nature, understanding outdoor ethics, and growing personal confidence, women and girls become stewards of – and advocates for – our natural resources, ensuring that wildlife and wild places in Washington State

will be here for future generations to enjoy. There are workshops perfect for kids! www.Washingtonoutdoorwomen.org

3. Sunday Morning Shout out with Mandi Ringgenberg - October 11, 2020 2 minutes at 6:28am. Washington's National Park Fund is the official philanthropic partner of our cherished Mount Rainier, North Cascades and Olympic National Parks. Their mission is to raise private support to deepen the public's love for, understanding of, and experiences the state's National Parks. Their vision is for three state parks to be strong and vibrant, youthful and everlasting. <https://wnpf.org/>
4. Sunday Morning Shout out with Natalie Holcomb - October 4, 2020 2 minutes at 6:28am. The Honeybee project was started by Danny Najera in 2013. He had a vision to use the experience of honeybees as a learning opportunity for Green River College students. The project has transcended the classroom and has grown to become a vital party of the beekeeping community in south king county. Along with working with college students, Danny Najera works with local beekeepers to research and collect data to help improve the honeybee population. <https://14177.thankyou4caring.org/greenriverhoneybees>
5. Sunday Morning Shout out With Mandi Ringingbaum - November 22 2020 2 minutes at 6:28am. Fostering Together is a group of foster parents available to help new foster parents navigate the system. <https://www.olivecrest.org/pacific-northwest/fostering>
6. Sunday Morning Magazine: with Kate Daniels - October 4, 2020 25 minutes at 6:30am. Professor Amra Sabic-El-Rayess (Sah-bik-L-race) was a Muslim teenager at the time of the ethnic cleansing in Bosnia, 1992-96. She survived, and she epitomizes survival with a loving heart, and being positive change in our world. She shares the story of those 1000 days in a gripping memoir: *The Cat I Never Named--A True Story of Love, War, and Survival*. She is now a Professor at Columbia University's Teacher's College working on understanding how and why societies fall apart, and the role of education in the rebuilding. www.sabicerayess.org

B. Volunteer

1. Spotlight With Laurie Hardie - December 20, 2020 26 minutes at 6:28am. Treehouse' CEO Lisa Chin tells us about the commitment Treehouse has to helping foster kids graduate from high school. Not only do they have a store to support the needs of the foster kids and their families, but they have programs to support as well. The program Lisa stresses in this interview is the mentors that work with the foster kids to keep them on track to graduate from high school, moving from 50% or less that graduate to 75%. Treehousekids.org

2. Sunday Morning Shout out With Laurie Hardie - December 13, 2020 2:20 minutes at 6:28am. Big Brothers Big Sisters is committed to mentoring. Now more than ever, our children and their parents need emotional and social support. While working remotely to observe safe social-distancing, our team continues to provide the support and resources necessary to keep youth connected during these difficult times. Zoom, Teams, Skype, and FaceTime are just some of the innovative tools to conduct virtual interviews, to match youth with a Big Brother or Big Sister. **MentorU** is the safe and monitored mentoring platform for mentors and mentees to continue their relationships while they may be separated due to COVID19. <https://www.inspirebig.org/>
3. Sunday Morning Shout out With Mandi Ringingbaum - November 22 2020 2 minutes at 6:28am. The Hoff Foundation. Esther's Place is a day center for homeless women and children. They not only offer food and coffee, but resources to help the women get back on their feet. The Hoff Foundation is the founder of the event Queen it's a New Day and now they have housing for women. The residents are women coming out of homelessness, sex trafficking, addiction and domestic violence. www.Hofffoundation.org
4. Sunday Morning Magazine: with Kate Daniels - November 15, 2020 25 minutes at 6:30am. The holiday season is at the forefront of everyone's minds. Hand in Hand Kids has provided Thanksgiving and Christmas celebrations every year for Snohomish families, and this year will only look a little different, but families will pick up their meals. The kids will get their gifts. And we can be the elves that make that happen by donating--cash, gift cards, or with a giving tree. Porsche Thompson and Brenna Romos work in Outreach, and provide some insights on how what this end of the year will look like. www.handinhandkids.org
5. Spotlight with Laurie Hardie - October 04, 2020 26 minutes at 6:28am. The "if" Project. The project helps women transition out of prison back into the "real" world. Offering them a mentor and connections for jobs and services to help them be successful. Founded by a Seattle Police officer, the if Project strives to ask the question, if there was something someone could have said or done that would have changed the path that led you here, what would it have been? <https://www.theifproject.org>
6. Spotlight with Laurie Hardie - October 25, 2020 26 minutes at 6:00am. Vicki Finson Executive Vice President, Blood Services, BloodWorks NW talks about the desperate need for blood donors. Now that Doctors and Hospitals are doing surgeries again the supply is diminishing. More is going out than coming in. She suggests if you already donate, do it maybe 2 or 3 times a year and bring a friend. If you don't donate then give it a try. She says the PNW is very generous about giving blood. <https://www.bloodworksnw.org>
7. Sunday Morning Shout out With Natalie Holcomb - October 18, 2020 2 minutes at 6:28am. Wreaths Across America (WAA), is the non-profit organization best

known for placing veterans' wreaths on the headstones of our nation's fallen at Arlington National Cemetery. However, today the organization, in total, places more than 2 million sponsored veterans' wreaths at over 2200 participating locations nationwide. In order to achieve this mission, in this challenging year, the organization had to be open to new approaches and partnered with generous organizations willing to share new technologies while helping achieve our ultimate goal of fulfilling the mission to Remember, Honor, and Teach in part by placing veterans' wreaths at the headstones of all fallen U.S. service members. You can text **WREATH22** to 20222 to sponsor a wreath for Arlington National Cemetery right from your phone.

C. Health

1. Sunday Morning Magazine: with Kate Daniels - December 20, 2020 25 minutes at 6:30am. Dr. Mark Goulson is a board-certified psychiatrist and the creator and developer of Surgical Empathy, a process to help people recover and heal from PTSD, prevent suicide in teenagers and young adults, and help organizations overcome implicit bias. He is also an author of a number of books, the latest he has co-authored: *Why Cope When You Can Heal?: How Healthcare Heroes of COVID-19 Can Recover from PTSD*, While the focus is understandably on our healthcare workers, there's important awareness about any of us also suffering PTSD as a result of some of our work or life circumstances. <https://markgoulston.com>
2. Sunday Morning Shout out With Laurie Hardie - December 03, 2020 2 minutes at 6:28am. The Arthritis Foundation's 2020 Jingle Bell Run is going virtual. Join the original festive race for charity from anywhere. Thanks to generous supporters, we're helping 75% more people than before the pandemic get the help they urgently need. Together, we're investing in virtual and vital resources and programs for the millions of adults and children challenged by arthritis — to help them navigate these difficult times and access necessary care. The 2020 Virtual Jingle Bell Run is using the RunGo app to provide the best race experience possible and to try to beat the world record for largest remote 5K in a 24-hour period. For more help or information about the Jingle Bell Run Seattle. washington@arthritis.org.
3. Sunday Morning Magazine: with Kate Daniels - November 8, 2020 25 minutes at 6:30am. Dr. Susana Stoica has had a career in computer engineering, and she is also a healing touch practitioner. Her knowledge and expertise in both fields culminates in the sum being greater than the whole, and she provides good insights and help for persons with brain injury, and for us dealing with the stresses of life, and particularly during this time of CoVid. Dr. Stoica is also an author and her books, including cook books are an easy help for any of us. <https://healingbraininjury.com>

4. Sunday Morning Magazine: with Kate Daniels – November 1, 2020 25 minutes at 6:30am. Dr. Jim deMaine is a 'retired' physician who practiced/ pulmonary and critical care medicine in the Seattle area. During his career he was very aware of 'quality of life' issues, and the need to have conversations about end of life with our family. Now his work consists of a blog, a book: Facing Death--Finding Dignity, Hope and Healing at the End, and speaking events. The book has good references to many important documents. And there is a Town Hall Event on Monday, November 16. endoflifeblog.com

5. Spotlight With Laurie Hardie – November 22, 2020 26 minutes at 6:00am. Randall Broad Host of the Radio Show C – Sessions and the Podcast with the same name, joins us to talk about the show, the podcast, and his experience with a cancer diagnoses. Which is in his book "It's an Extraordinary Life: Don't miss it." He is bringing awareness to newly diagnosed cancer patients showing them they have options, like a second opinion and so much more. Bridging the gap on both sides of the stethoscope.
<https://www.csessions.com/> <https://1150kknw.com/show/c-sessions-with-randall-broad>
<https://www.podcastone.com/pd/C-Sessionswith-Randall-Broad>
<https://www.amazon.com/Its-Extraordinary-Life-Dont-Miss-ebook/dp/B003PPD9PK>

6. Spotlight With Laurie Hardie – November 1, 2020 26 minutes at 6:00am. Cordila Jochim shares from her book "From the Core: A Spiritual Journey of Losing Everything & Finding Hope. By the time Cordila Jochim emerged victorious after a decade home-and-bed-bound, she was standing in the wreckage of a life. Traumatic brain injury had taken almost everything from her, yet when she finally found physical healing, the road to emotional, mental and spiritual recovery had only just begun. <https://www.cordilajochim.com>

7. Sunday Morning Magazine: with Kate Daniels - October 25, 2020 25 minutes at 6:30am. Dr. Carman Kelling is a physician with PacMed here in the Puget Sound. She joins us to discuss something very current and critical--the flu vaccine. We're hearing the promotions, the reminders, see the posted signs. Dr. Kelling provides us with the 'why' of getting the vaccine. Because CoVid exists, getting the vaccine for the seasonal flu should help us to not become sicker should we have a CoVid exposure. Children, youth, and adults with health conditions such as asthma, diabetes, and autoimmune diseases should seriously be planning for 'the shot'.

D. Education

1. Spotlight With Laurie Hardie – December 27, 2020 26 minutes at 6:00am. Kevin Bolger Host of the podcast "No Longer Ashamed" talks about how important it is for men who have suffered from childhood sexual abuse to share their stories and get help. The podcast is to support men and women but it is very clear that telling

your story is very different if you are a man than a woman. Nolongerashamed.org
podcast: <https://anchor.fm/kevin-bolger4>

2. Spotlight With Laurie Hardie – November 29, 2020 26 minutes at 6:00am. Joining us is Luke Minor with Washington College Savings Plan. Luke tells us the pros of each type of plan and how important it is to get a jump on college savings. Grandparents can buy them as well as aunts and uncles. Luke bought one for his new baby before she was even born. <https://wastate529.wa.gov/>
3. Sunday Morning Magazine: with Kate Daniels - November 22, 2020 25 minutes at 6:30am. Sandy Tolen is a professor at the University of California School for Communication and Journalism, and has an amazing resume--of reporting for NPR from around the world, writing for numerous national magazines, and is an author, having written "The Lemon Tree" 2006. Now Sandy has a new edition he's written for youth. The Lemon Tree: An Arab, a Jew, and the Heart of the Middle East. This is such an important book for many reasons, one of which is we might find similarities to our lives today, right where we are. It's a great book for all ages, and would be a good for for parents to read to their kids, and discuss. www.sandytolen.com
4. Spotlight With Laurie Hardie – November 8, 2020 26 minutes at 6:00am. Karisa Kearsy has written an illustrated book about immigrants in Seattle. She shares their story in words and pictures. Karisa tells us how we can not only support immigrants but how we can change our language when we talk about them and with them. <https://karisakeasey.com/product/when-you-cant-go-home-portraits-of-refugees-in-the-pacific-northwest>
5. Sunday Morning Magazine: with Kate Daniels - October 18, 2020 25 minutes at 6:30am. Kenneth Davis is the New York Times bestselling author of America's Hidden History and Don't Know Much About History. Kenneth is passionate in sharing this knowledge with youth in their classrooms, and now virtually. And it's important for ALL of us. Kenneth has a new book: Strongman--The Rise of 5 Dictators and the Fall of Democracy. Some say democracy is fragile. In sharing these stories we can make our own conclusions. www.dontknowmuch.com
6. Spotlight With Laurie Hardie – October 11, 2020 26 minutes at 6:00am. Publicist Jason Jones joins us to talk about his podcast The Book Publicist podcast and his Publicist Tool kit to help self-published authors get themselves noticed in the media. As a publicist he knows most authors don't have the money to pay him so he created tools to help them become their own publicist. <https://localprtoolkit.com>

E. Community Engagement

1. Sunday Morning Magazine: with Kate Daniels -- December 20, 2020 25 minutes at 6:30am. Ravi Hutheesing (HUT TEE SING) is a cross-culture catalyst and

founder of Ravi Unites Schools--a global school network that helps teachers and students make great connections across the globe. Ravi is also a musician/singer-song writer, and incorporates this in these cross-cultural connections. Ravi now has a great new book: Pivot: Empowering Students Today to Succeed in an Unpredictable Tomorrow. He's an ideal person doing important work for all of us. www.raviunites.com

2. Spotlight With Laurie Hardie – November 15, 2020 26 minutes at 6:00am. Heather Stark is the author of the book "Why Doesn't She Just Leave: A New Perspective on Domestic Violence and the Host of the Podcast "Three Women Three Ways". She talks about Domestic violence, some new laws as well as community hubs that support women who are living in fear of their lives. <https://www.amazon.com/Doesnt-Leave-Perspective-Domestic-Violence/dp/0974696765><https://www.blogtalkradio.com/3women3ways>
3. Sunday Morning Shout out With Laurie Hardie - November 8, 2020 2 minutes 6:28am. The Salvation Army can use our donations this holiday season. They have a variety of programs that help our community, including Angel Tree which provides gifts for children with incarcerated parents. Salvation is well known for ringing the bell at Christmas but with Covid that could look very different. <https://www.salvationarmyusa.org/usn/> Angel Tree <https://www.prisonfellowship.org/about/angel-tree>
4. Sunday Morning Magazine: with Kate Daniels - October 11, 2020 at 6:30am 25 minutes. Hand in Hand Kids, located in Everett, serve the surrounding community with much support, and now are celebrating their 10th anniversary...with a major online gala and auction--the Harvest of Hope. On March 16 they served as many people in 7 hours as they would normally serve in a month! Amber Lindamood is the Director of Programs, and Terry Lott is the Operations Manager. They tell about all the services to families, and to homeless youth. And invite us to support the Harvest of Hope either through participating in the auction, or donating. \$100 provides a week of food for a family of 4! www.handinhand.org .
5. Sunday Morning Magazine: with Kate Daniels - December 13, 2020 at 6:30am 25 minutes. Jackie Madill, Director of Consumer Information for the Washington State Beef Commission, and Camas Uebelacher (YOU buh locker) a cattle rancher in Othello and longtime supporter of Beef Counts tell of the collaboration with Northwest Harvest and the 1000 roast beef meals that will be provided this month to families struggling with food insecurities--this in recognition of the 10th anniversary of the involvement of the Washington beef community in supporting our neighbors in need. And a great way to think of the beef donations during this 10 years is to equate this to hamburger patties that if they were stacked would equal 7 Mt. Rainiers! That's a lot of beef! This involvement invites us to support the work of Northwest Harvest and also help our neighbors in need.

6. Spotlight With Laurie Hardie – December 3, 2020 26 minutes at 6:00am. The Great Figgy Pudding Caroling Celebration is going virtual. Joining me is Zoe Freeman Head Figglet, Mason Lowe Deputy Director of Pike Place Market Senior Center and Food Bank, with a special cameo visit from Shellie Jingle Bell Hart. The big competition can be viewed on line on fb and on KING 5 TV. Donate to vote for your favorite carolers. The proceeds go to the Food Bank to help the seniors and homeless of Seattle. <http://pikeplacemarket.org/blog/great-figgy-pudding-caroling-competition-looking-singing-teams>
www.wabeef.org www.northwestharvest.org
7. Sunday Morning Magazine: with Kate Daniels - November 29, 2020 at 6:30am 25 minutes. 'Tis the Season for "Figgy Pudding" a big signal for launching the December holiday season, and support of the important work of the Pike Market Senior Center & Food Bank. True, it's looks a bit different but has all the fun possible during this virtual time. Mason Lowe, Deputy Director and Zoe Freeman aka "Head Figlet" and Programming and Member Services Manager, relate that since mid-March with all the changes, this organization has not missed a day in helping their seniors and some of the homeless population. One major source of funding has been Figgy Pudding which is the Caroling Celebration in 2020. www.figgypudding.org
8. Spotlight With Laurie Hardie – October 18, 2020. 26 minutes at 6:00am. DSHS says 12,000 seniors will be displaced with their new 2021-23 budget. All these seniors we have been trying to protect from covid-19 will end up on the streets. Joe with CarePartners Senior Living explains it to us. <https://www.carepartnersliving.com/>

F. Charities

1. Sunday Morning Shout out With Laurie Hardie -- December 20, 2020 2:20 minutes at 6:28am. Brides for a Cause in Seattle is Open! Are you interested in shopping for your wedding dress at Brides for a Cause? Shop at our bridal store in Seattle, where you can browse through more than 500 unique wedding dresses for your special day! We have over 500 wedding dresses sizes 0-24 available to purchase off-the-rack at discounts of up to 30-70% off! Prices start at just \$150. While Brides for a Cause is open during COVID-19, our bridal store environment will be very different for a while with new store guidelines and safety measures in place to keep everyone safe. Seattle@bridesforacause.com
2. Spotlight With Laurie Hardie – December 13, 2020 26 minutes 6:00am. Jackie Madill, Director of Consumer Information for the Washington State Beef Commission, and Camas Uebelacher (YOU buh locker) a cattle rancher in Othello. The Washington Beef Commission is partnering with Northwest Harvest to bring meals with good quality beef to those struggling with food insecurity this year. December 18th the Beef Commission members will be with

NW Harvest as they distribute these full meals for families to take home and cook while celebrating the holidays. <https://www.wabeef.org/>
<https://www.wabeef.org/beef-counts> <https://www.northwestharvest.org/>

3. Sunday Morning Magazine: with Kate Daniels - December 06, 2020 25 minutes at 6:30am. Sara Osborne is with the Albertsons/Safeway Foundation right here in the Puget Sound and she has some great insights into their collaboration with Northwest Harvest and how together we are helping to provide food and nourishment to the struggling persons and family's right here among us. The giving has a large focus in December, and last year the donations provided food into the Spring. We are doing well, with donations coming in, but the need is really huge. A big campaign in the stores this season is the donations of the virtual bags as we check out. These funds are earmarked by area and provide the grocery store gift cards to persons/families that are in need of food--so they can shop for the items that they need and use--Nourishing Neighbors.
www.safewayfoundation.org www.northwestharvest.org
4. Sunday Morning Shout out With Natalie Holcom- November 2, 2020 2 minutes at 6:28am. The Seattle Festival of Trees has been a known event in Seattle since 1978. The Festival consists of several events that revolve around raising money for the Seattle Children's Hospital. The event is normally held at the Fairmont Olympic Hotel in downtown Seattle and could to tour the display of spectacular trees and could bid to own one of those trees. The Flashman Guild launched the annual Festival of Trees fundraiser which grew into a million-dollar event that raised money for Seattle Children's. In 2013, the Autism Center Guild and The Flashman Guild formed a joint partnership to further the reach for the annual Festival of Trees Gala Sadly, 2020 is the first year that the event won't be hosted in person. However, like many things, the Festival of Trees has moved to a virtual platform. seattlefestivaloftrees.com
5. Sunday Morning Shout out With Mandi Ringgenberg - October 25, 2020 2 minutes at 6:28am. The Recovery Café in Seattle is for addicts run by addicts. It is a place to get a meal, get help, they have AA and NA groups. It's a community of people in recovery together. <https://recoverycafe.org/>

Section III. Public Service Announcements

KIXI-AM Public Service Announcement Quarterly Report – July 1 – September 30, 2020