



“AWESOME ADVENTURES”

SEASON XVIII - 2015/2016

FCC FRIENDLY EPISODE WRITE-UPS

SECOND QUARTER

Week of March 28, 2016 through week of June 20, 2016

Week of March 28, 2016 (Episode #130)

This week we're island hopping in Hawaii. We start out on the Big Island where our local teens join Nicole for some exciting lava exploration by land and sea. After that we head to Kauai to get a little muddy during an ATV ride and then wrap things up with our Kauai teens teaching Nicole a little more about Hawaiian culture at a popular luau.

Week of April 4, 2016 (Episode #131)

This week it's down to Central America where we visit Panama City. Our two local teens join us at the world famous Panama Canal to get a look at how this phenomenal structure works. From there it's out of the city and into the rainforest first by boat, and then above the tree tops with an aerial tram ride. After that Nicole and the teens have a blast learning a traditional Panamanian dance - the cumbia. We wrap things up by taking a trip into the Casco Viejo, or "Old Town", of Panama where our teens show us a few cultural spots in their hometown.

Week of April 11, 2016 (Episode #132)

This week it's a short flight down to Cancun, Mexico. We meet up with two local teens who will join us on the beach for some parasailing to start things off. After that we head inland to the stunning Mayan ruins of Coba and Mayan village of Tres Reyes to explore. Things heat up with a Mexican chili eating contest and then we cool off at one of the many beautiful Cenotes nearby. We wrap up learning the basics of one of Mexico's most well known dishes - Guacamole.

Week of April 18, 2016 (Episode #133)

This week it's off to the winter wonderland of Quebec, Canada. We meet up with two local teens and start by dogsledding in the local wilderness. From there we meet one of the world's premiere ice sculptors and carve some ice. Then we visit the Quebec Remparts junior hockey team for a lesson on the ice. We wrap things up at the outdoor playground of Village Vacances Valcartier to take sledding to another level.



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Week of April 25, 2016 (Episode #134)

This week it's off to the charming city of New Orleans. Nicole joins two local teens at the New Orleans School of Cooking to taste some incredible local recipes. Then it's into the bayou for a swamp tour around dozens of alligators. After that we lend a hand in the 9th ward to Habitat for Humanity. Things wrap up at a local music club to learn about the sweet sounds of jazz.

Week of May 2, 2016 (Episode #135)

This week it's into the great state of Utah. We meet up with two local teens and start with a white water rafting trip outside of Salt Lake City. From there we race the clock at the Utah Olympic Park in Park City on the bobsled track. Then we visit head south to Moab where we test our fear of heights during two incredible rappels. We wrap things up off the grid at a dinosaur excavation site.

Week of May 09, 2016 (Episode #136)

This week we go to the incredible country of Croatia. We start off looking at the natural wonders of Plitvice National Park and Bisevo. Then we meet our local teens to hold and learn about the European Eagle Owl. We then go rock climbing at Paklanica National Park. We wrap things up dabbling in some local Croatian folk music.

Week of May 16, 2016 (Episode #137)

This week we go into the western Pennsylvania city of Pittsburgh. We start off learning about a modern artistic genius at the Andy Warhol Museum. Then we head outside the city to explore a few local caves that include a thrilling rappel. Our teens show Nicole some hot spots of the city and then we wrap up with a local metal artist crafting our own metal bracelets.

Week of May 23, 2016 (Episode #138)

This week it's off to the sunshine of Southern California. Nicole joins our local teens at a popular landmark for a high flying trapeze lesson. Then it's a trip to Stunt University to get a few basics on action stunts in Hollywood. We wrap things up at a local Southern California farm that grows its produce while using techniques that conserve massive amounts of water.

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Week of May 30, 2016 (Episode #139)

This week it's off to the city of brotherly love! Nicole joins two local teens at Boathouse Row to start things off with a rowing activity at an iconic Philadelphia locale. Then it's into Old City to walk thru the walls of history at Independence Hall. After that we take part in one of the 4,000 mural projects across the city with the Mural Arts Program. Things wrap up at the Philadelphia Pretzel Factory for a lesson in twisting the classic Philly soft pretzel

Week of June 6, 2016 (Episode #140)

This week we go into the Rocky Mountains and visit Colorado. We start off with snowboard lessons at Winter Park and then our teens take Nicole onto the slopes and into the stunt park. Then we head indoors and visit Progresh where extreme athletes can practice high flying tricks in a controlled environment. Our teens show off stunts down the face of the massive Mega-Ramp and Nicole even decides to test her limits and drop in on a pair of skis. We also visit the city of Denver and then head down into the great outdoors for horseback riding into the Garden of the Gods.

Week of June 13, 2016 (Episode #141)

This week we travel to the Pocono Mountains. We began our trip by zipping on through Camelback Mountain Adventures and taking a segway hike through the mountains. Next we put our wilderness survival skills to the test. Finally we stop by Lake Harmony and give wakeboarding a try.

Week of June 20, 2016(Episode #142)

On today's episode we travel to Seattle, Washington. We visit the famous Pike Place Market one of the oldest establishment's in Seattle dating back to 1907. Then we head to IFly and experience the indoor wind tunnel and fly away. We finish our trip in Seattle and go to the Museum of flight Aviation and take a ride on the jet simulator