

April 2, 2021

Dear Affiliate Partner:

To assist you in complying with the reporting requirements for children's television and the requirement that stations air "core" educational and informational children's programming, we are providing you with episode-specific descriptions ("**The More You Know**" educational and informational programming block) as set forth in the attached Quarterly Children's Programming Report for the 1st quarter of 2021. Please note that we have not included the specific dates and times for each of the programs as that information may be station-specific.

This report is divided into the following categories:

1. Educational Objectives and Show Summaries: **The More You Know** both for programs broadcast in the 1st quarter of 2021 and those planned for the 2nd quarter of 2021.
2. Core Programming: Regularly scheduled programming furnished by the NBC Network that is specifically designed to serve the educational and informational needs of children ages 13-16. Each of these programs is identified on-air as educational and informational with the "E/I" icon and is similarly identified to the national listing services. Please note that the target age range for **The More You Know** programming is identified as 13-16 years old.
3. Other Programming: Programming furnished by the NBC Network that contributes to the educational and informational needs of children 16 and under, but is not specifically designed to meet the educational and informational needs of children.
4. Public service announcements targeted to children 16 and under.
5. Non-broadcast efforts that enhance the educational and informational value of NBC Network programming to children.

The regularly-scheduled children's programming and promotional content furnished to you by the NBC Network during the 1st quarter of 2021 complied with the commercial limits of the Children's Television Act, and 47 C.F.R. §§ 73.670(a)-(d), provided that you broadcast and distributed such programming as furnished to you by NBC, and did not add any promotional or advertising content thereto other than as directed by NBC via weekly postings on APT.

Despite the recent revisions to the Children's Television Programming Rules we will continue to provide this report on a quarterly basis. Please consult your legal counsel with any questions.

If you have any questions about this report, please feel free to call us.

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Note Regarding FCC's Video Description Rules: The programs supplied in **The More You Know** block are video-described to provide a better viewing experience for blind or visually impaired children.

1st QUARTER 2021
EDUCATIONAL OBJECTIVES and SHOW SUMMARIES
[AGE TARGET 13-16]
January 1, 2021 – March 31, 2021

In the 1st Quarter of 2021, NBC continued airing The More You Know Educational/Informational programming block, designed for older adolescent children, ages 13-16. Each of the six shows has a hosted format, featuring non-fiction, informative programming that extends NBC's iconic The More You Know brand to Saturday mornings. The audience views inspiring stories about the environment, social change, health and wellness, and community engagement. Two new series joined the lineup and one former series returned in the 1st Quarter of 2021. New series *Wild Child* replaced the second half hour of *Earth Odyssey with Dylan Dreyer* and *One Team: The Power of Sports* replaced *The Champion Within*. Returning series *Roots Less Traveled* replaced *A New Leaf*. Stations continued to have the option of airing the final hour of the block (*The Voyager with Josh Garcia* and *Vets Saving Pets*) on their primary channel or on their secondary D2/D3 channel.

EARTH ODYSSEY WITH DYLAN DREYER

Earth Odyssey with Dylan Dreyer is a live action, half-hour television program designed to meet the educational and informational needs of children aged 13-16. Earth Odyssey with Dylan Dreyer will take viewers on an incredible journey to the wildest points on the globe, uncovering the connection between the environment, the wildlife, and the human beings that surround them. Hosted by Meteorologist Dylan Dreyer, Earth Odyssey with Dylan Dreyer will reveal a new destination each week, ranging from Africa, Indochina, the Middle East, and many untamed islands around the world. Audiences will come face-to-face with fascinating native animals, some cute and some dangerous, while educating teen viewers with amazing facts about nature and wildlife. Earth Odyssey with Dylan Dreyer gives audiences a captivating look at the symbiosis between all living things, in the most larger-than-life places on Earth.

WILD CHILD

Wild Child is a live action, half-hour television program designed to meet the educational and informational needs of children aged 13-16. Wild Child will take viewers on an adventure to meet the cutest, most curious, most fascinating baby animals on the planet. Along the journey, audiences will witness the incredible bond that exists within the animal kingdom between parents and their children. Hosted by Sheinelle Jones, Wild Child will reveal how these untamed youngsters are born, how they play, and how they learn to survive in the wild. Each week, viewers will witness a wide variety of wild animal children in their first years on Earth as they overcome environmental challenges and threats from predators.

ROOTS LESS TRAVELED

Roots Less Traveled is a live action, half-hour television program designed to meet the educational and informational needs of children aged 13-16. Roots Less Traveled follows two family members, often from different generations, as they gain a newfound understanding and respect for each other on their quest to

learn more about their family history. Each week on *Roots Less Traveled*, a new pair will set out on an adventure to solve a mystery in their family tree. From rumors of a relative who sailed on the Titanic, to stories of homesteaders forging a new path for future generations, our duo discovers the truth behind the tales that have been passed down in their family, while our viewers learn the personal stories behind notable historical moments. Viewers will be taken on a literal journey to unique places around the globe, learning more about the culture and history of these significant locations and events that happened there. Throughout this experience, we will witness these family members grow closer as they gain wisdom not only about themselves, but also about how their past has helped shape their present.

ONE TEAM: THE POWER OF SPORTS

One Team: The Power of Sports is a live action, half hour television program designed to meet the educational and informational needs of children aged 13-16. *One Team: The Power of Sports* features stories that focus on diversity, inclusion, and how sports often bring people together for a common goal that goes beyond the playing field. Hosted by Corey Robinson, this series shines a light on people who have used sports to overcome obstacles or to help their community. Viewers will learn the value of acceptance, and how everyone deserves a fair shot in life. No matter the level of competition, *One Team: The Power of Sports* demonstrates the impact sports can have on people, regardless of their gender, background, or the color of their skin.

THE VOYAGER WITH JOSH GARCIA

The Voyager with Josh Garcia is a live action, half-hour television program designed to meet the educational and informational needs of children aged 13-16. *The Voyager with Josh Garcia* takes viewers on an exciting and immersive journey around the globe with world traveler and host, Josh Garcia. Each episode gives audiences access to the world's most incredible destinations as Josh seeks out the truly authentic experiences one can only find when shown by a knowledgeable and passionate guide. In each episode, Josh learns how to prepare an authentic, regional meal, visits a local artisan to learn about their trade and craft, and samples the culture while learning about the heritage of the region's population, showing viewers what is so unique about each city he visits. *The Voyager with Josh Garcia* brings viewers on an enthralling adventure to explore the people and cultures that make our world so breathtaking.

VETS SAVING PETS

Vets Saving Pets is a live action, half-hour television program designed to meet the educational and informational needs of children aged 13-16. *Vets Saving Pets* examines the interpersonal stories of veterinary professionals working to save the lives of animals in need of urgent medical care. *Vets Saving Pets* takes place at the Emergency Veterinary Trauma Center in Toronto, one of the busiest veterinary facilities in Canada. Each week, viewers will be exposed to new emergency cases that will teach audiences about a wide array of specialties within veterinary medicine such as critical care, oncology, cardiology, neurology, anesthesiology, dermatology, dentistry, and surgery. Audiences will witness first-hand the dedication and determination of these veterinary specialists as they work tirelessly to save their animal patients.

In the 2nd Quarter of 2021, NBC continued airing The More You Know Educational/Informational programming block, designed for older adolescent children, ages 13-16. Each of the six shows has a hosted format, featuring non-fiction, informative programming that extends NBC's iconic The More You Know brand to Saturday mornings. The audience views inspiring stories about the environment, social change, health and wellness, and community engagement. A second half hour of *Earth Odyssey with Dylan Dreyer* will be replacing *Roots Less Traveled* in the 2nd Quarter. Stations will continue to have the option of airing the final hour of the block (*The Voyager with Josh Garcia* and *Vets Saving Pets*) on their primary channel or on their secondary D2/D3 channel.

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“CORE PROGRAMMING”
PROGRAMMING FURNISHED BY THE NBC NETWORK THAT IS SPECIFICALLY
DESIGNED TO SERVE THE EDUCATIONAL AND INFORMATIONAL NEEDS OF CHILDREN
16 AND UNDER
[AGE TARGET 13-16]
January 1, 2021 – March 31, 2021

Airdate: 1/2/2021

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER
FAR EAST ASIA [EDD301]

Today on Earth Odyssey, host Dylan Dreyer takes us on a fascinating journey to Far East Asia. We'll discover that Eastern China contains a vast diversity of habitats found nowhere else on Earth, including some of the most dangerous climates and severe elevations in the world. From frozen seas, to some of Earth's oldest jungles, these secret worlds hold nature's strangest and most spectacular creatures. First up, we'll travel to the high altitudes of Southern China where snow blankets mountain peaks throughout the year. This remote and unwelcoming terrain is home to a species of primate that has superbly adapted to its extreme climate. The snub-nosed monkey makes their home more than two miles above sea level, the highest altitude of any primate. We'll learn that it's believed that the animal's snub nose evolved to avoid the otherwise inevitable frostbite that occurs in such harsh conditions. Next, we'll journey from the mountain tops of China to the tropical island of Taiwan where we'll meet another incredible species. The lush jungles found in Northern Taiwan are home to a population of emerald green tree frogs, a species perfectly suited to its rainforest habitat. Despite living in the canopy, these amphibians evolved from aquatic ancestors and still need the high humidity to keep their skin moist. While tree frogs are found on every

continent except Antarctica, we'll discover that roughly 75% of all known species call South America home. Finally, we'll travel to Thailand to meet a troop of long-tailed macaques with a fascinating adaptation. Usually found amongst the trees eating fruit, a group of long-tailed macaques in Thailand have developed an ability they display almost nowhere else. Along the coastline at low tide, this extraordinary troop has learned to harvest a surprising food source, shellfish. Due to their tough armor, shellfish wouldn't normally appear on the macaque's menu. Incredibly, these macaques have learned to use stones as tools in order to harvest their food. We'll discover that macaques actually select different shaped stones depending on the species of mollusk.

[Educational Message: In this episode, we witnessed how the unique species that call Far East Asia home have evolved and adapted to their extreme environments. No matter how challenging, the diversity of land and climate in Far East Asia has given the incredible animals here the tools to survive and thrive.]

Airdate: 1/2/2021

Time:

Duration: 30:00

WILD CHILD

COLDEST KIDS [WLC101]

Today on Wild Child, host Sheinelle Jones takes us to the coldest places on Earth to discover the animal families that love to chill out. All around the planet, the coldest places in the wild are where you can find some of the most fascinating animal family bonds. In extreme climates, lessons passed from mother to child can make the difference between survival and being left out in the cold. First up, we'll travel to the North Pole where we'll meet a family of polar bears. We'll discover that polar bears are considered the largest carnivorous land mammal on Earth. Polar bears commonly give birth to twin cubs that stay with mom until they're about three years old. In that time, mom passes along many vital life skills to help her youngsters survive in the harsh terrain. We'll also learn that right after giving birth, polar bear moms can go without eating for as long as eight months. Next, we'll discover more about the unique birds that call the coldest places on Earth home, such as the black-browed albatross. Come breeding season, albatrosses head for South Atlantic islands to rest their wings and start a family. The Falkland Islands contain one of the highest concentrations of albatrosses with almost 400,000 couples nesting in the area each year. Only one egg is laid by each female, making each hatchling very precious. Here we'll witness how albatross parents work together to ensure the survival of their chick in a challenging environment.

[Educational Message: In this episode, we discovered more about closest families in the wild, living in the coldest places on Earth. The tight knit bond between both furry and feathered animals reveals that no matter the temperature, family comes first.]

Airdate: 1/2/2021

Time:

Duration: 30:00

ROOTS LESS TRAVELED

WATCH ALONG WITH MICHELLE & ROB [RLT201]

Today on Roots Less Traveled, we'll be watching along with Michelle and Rob as they reflect on their incredible journey of discovery in Mexico City. In this episode, we'll gain more insights from Michelle and Rob about their unique experience and how it's helped bring them closer together. When host Faruq Tauheed took half-siblings Michelle and Rob to Mexico City, they discovered that they are related to the Uruchurtus, a very famous Mexican political family. Their journey included a trip to the ornate National Palace where they learned that their second cousin Ernesto gave the keys to Mexico City to President John F. Kennedy. Next, Michelle and Rob happened to be in Mexico City during Dia de los Muertos, or Day of the Dead, a holiday that honors loved ones who have passed. In preparation for this annual cultural event, Michelle and Rob joined a skull candy artist to learn how to make and design sugar skulls. Here we'll witness the deep connection between Michelle and Rob as they bond over their own personal touches to the sugar skulls. Soon after, Michelle and Rob discovered that their third cousin, Manual Uruchurtu, died on the Titanic after giving up his seat on a lifeboat to a woman in need. Here we'll find out just how emotional Michelle and Rob became after discovering this incredible revelation from their past. As a retired firefighter, this news hits Rob particularly hard as he reflects on Manual Uruchurtu's ultimate sacrifice to save others in need.

[Educational Message: In this episode, we took a look back at Michelle and Rob's amazing journey of discovery in Mexico City. We received a unique glimpse into their experience together and how it has affected them since. Not only has this brought Michelle and Rob together closer than ever, it's allowed them both to share this information with multiple generations, further strengthening the bond within their families.]

Airdate: 1/2/2021

Time:

Duration: 30:00

ONE TEAM: THE POWER OF SPORTS

CAGE MATCH [TPS101]

First, we learn how NFL players have used the long off season to give back to their communities and support causes that promote education and opportunity for the next generation. Next, we meet the parents of Olympians and learn how their sacrifice and support helped push their children to the top of the podium. Olympians share examples of how their parents have influenced their successes and who they are today—such as, introducing them to sports at an early age, pushing them to keep going in challenging moments, and believing in them to pursue their passion. Finally, we meet three English soccer players and hear how their humble beginnings playing soccer in cages in south London influenced their successful soccer careers by teaching them to make the most of every opportunity and not get distracted by unwanted influences. Modern soccer was said to be invented in England in 1863, and there are over 5,000 teams in the English football system, with different tiers depending on the caliber of play.

[Educational Message: Greatness can be defined in more ways than winning a gold medal--it can be achieved by being a leader, supporting others, and not giving up. Viewers learn the importance of giving back to your community, surrounding yourself with a strong support system, remaining resilient in the face of adversity, and making the most of an opportunity no matter how big or small.]

Airdate: 1/2/2021

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

JAMAICAN ME HAPPY [214]

Host Josh Garcia arrives in Ocho Rios, Jamaica and he rafts down the picturesque Martha Brae River, marveling at the exotic jungle scenery. Josh tries his hand at steering the bamboo raft. Then, at a nearby plantation, he learns about Jamaica's High Mountain coffee, following the java bean's journey from farm to cup. The conditions and climate in Jamaica's blue mountains are ideal for harvesting coffee. It takes three to five years for a coffee tree to reach maturity. Coffee berries are pulped to separate the pulp from the beans, then the beans are washed to remove any mucilage, a viscous protein produced by nearly all plants, and then the beans can be roasted. Later, Josh visits a famous jerk chicken restaurant, and explores the spicy flavors that make this iconic dish a world-wide favorite. Jerk chicken is seasoned with a mixture of dry seasonings instead of being marinated in juices and oil. In Jamaica, it is roasted on logs of allspice wood for added flavor. The wood gives the meat a smoky flavor. It takes approximately an hour and a half to roast jerk chicken.

[Educational Message: Witnessing the process by which familiar foods and ingredients are harvested and produced can be rewarding. The next time you see or have that item, you might appreciate it that much more knowing all the hard work and thoughtfulness that went into making it.]

Airdate: 1/2/2021

Time:

Duration: 30:00

VETS SAVING PETS

THE SHEPHERD'S PLIGHT [VSP114]

Today on Vets Saving Pets, a cat that has been breathing irregularly visits the clinic, another cat suffers a freak accident with a knitting needle, and a German Shepherd receives a cancer diagnosis. First up, a cat named Chloe arrives at the clinic with respiratory issues. Dr. Williams, the clinic's cardiologist, performs an ultrasound to better assess Chloe's breathing problems. After examining Chloe, Dr. Williams believes she is suffering from a rare condition known as hypertrophic cardiomyopathy, a condition in which the heart muscle becomes abnormally thick. Dr. Williams prescribes medication and recommends that Chloe remain at the clinic overnight for further testing. Next, another cat named Alien suffered a freak accident after chewing on a knitting needle. The needle wound up piercing through her mouth and into her brain. Miraculously, Alien survived the accident but is now having trouble walking properly. Dr. James, the clinic's neurologist, will perform various neurological tests to determine the severity of her injury. Finally, a German Shepherd named Bernie has been diagnosed with osteosarcoma cancer in his leg. Bernie is visiting the clinic to have his leg amputated to stave off the spread of the cancer. Before the surgery begins, Dr. Boyd performs additional tests to ensure the cancer has not spread beyond Bernie's leg. Dr. Boyd and her team perform an ultrasound that reveals the cancer may have spread to Bernie's kidneys. To officially confirm the diagnosis, X-ray scans and CT scans are sent to a radiology team to determine whether or not the cancer can be treatable. Sadly, tests confirm that the cancer has spread to Bernie's kidneys and Dr. Boyd determines that surgery is not the best course of action for her patient.

[Educational Message: Situations don't always work out as we expect them to. As we saw in this episode, Bernie's cancer diagnosis was not what the result the owners expected. It's important for veterinary professionals to show compassion for pet owners during their difficult time.]

Airdate: 1/9/2021

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

ARABIA [EDD302]

Today on Earth Odyssey, host Dylan Dreyer takes us on a journey to the fascinating landscape of Arabia where we'll find out what makes this land so unique. Known as the world's largest peninsula, Arabia is made up of over 800,000 square miles of brutal desert. However, Arabia's hostile appearance hides a land of diverse ecosystems and more than five-hundred different vertebrates. First up, we'll meet some of the species of birds that call Arabia home such as the sandgrouse and fan-tailed raven. We'll learn that there are sixteen known species of sandgrouse found throughout Asian and African deserts. We'll also discover that sandgrouse have the unique ability to soak up water in their breast feathers in order to feed their chicks. We'll also witness the behaviors of other birds such as fan-tailed ravens. We'll learn that fan-tailed ravens are omnivorous and opportunistic feeders, meaning they eat whatever food is available. Next, we'll travel from the desert to the coastline. Although the Arabian Peninsula is home to some of the most extreme deserts in the world, it's also home to thousands of miles of beaches. Here, we'll discover more about the life cycle of green sea turtles. No matter the distance, female green sea turtles will always return to the same beach on which they were born to nest. Here we'll witness the birth of newborn green sea turtles and learn more about the predators and challenges they face on their first journey to the ocean. Finally, we'll learn more about a unique sea mammal that was once mistaken as a mermaid. The dugong, a species of manatee, calls the shallow waters off the Arabian Peninsula home. While these gentle mermaids are rare, Arabia is believed to have the second largest population of dugong on the planet. As the closest known land relative to the dugong is the elephant, we'll learn that male dugongs can even grow tusks.

[Educational Message: In this episode, we witnessed how various species have evolved in the harsh land of the Arabian Peninsula. Between the deserts and beaches, Arabia's landscape seems very similar. But it's what's living under the surface that gives this amazing country's wildlife a sense of wonder.]

Airdate: 1/9/2021

Time:

Duration: 30:00

WILD CHILD

SUMMER SESSION [WLC102]

Today on Wild Child, host Sheinelle Jones takes us on a journey around the world to find the animal families who love the summertime season. Many animals bring their young into the world during these warmer months when food is plentiful, and conditions are kinder. First up, we'll travel to the African savanna where a herd of impala are just getting their day started. We'll learn that impalas are herbivores that graze on the plentiful grasses and vegetation of the savanna. While these antelope prefer to stay in herds for safety, impala can run at incredible speeds and can even leap distances of up to thirty-three horizontal feet. Here we'll witness the unique bonding between mother and child as a baby impala gets its first morning feed. Next up, we'll visit with a group of manatees and learn how these gentle giants care for their young. There are few marine mammals that spend as much time with their mothers as a baby manatee. We'll discover that it can be up to four years before a manatee calf ventures out on its own. During that time, the baby manatee will learn all the lessons it needs to survive and thrive in the wild. Here we'll witness the

incredible dedication of manatee mothers to ensure their children are safe and healthy as they are brought into the world.

[Educational Message: In this episode, we took a summer vacation to the most amazing places in the animal kingdom. We discovered more about the incredible bonds between mother and child as various species raise their young during the summer months. As we've witnessed, the moms and dads in nature are always there for their babies, no matter how wild the child.]

Airdate: 1/9/2021

Time:

Duration: 30:00

ROOTS LESS TRAVELED

WATCH ALONG WITH PAUL & KALINA [RLT206]

Today on Roots Less Traveled, we'll be watching along with Paul and Kalina as they reflect on their experience at the Civil War battleground of Port Republic, Virginia. In this episode, we'll find out what Paula and Kalina took from this journey and how it's changed their relationship for the better since. At the battleground of Port Republic, the two discovered that Paul's great grandfather, Austin D. Springer, was a drummer boy for the Union Army. We'll find out that officers directed the musicians to play certain songs that communicated orders to the soldiers. We'll discover that these musical roots run deep in their family, as Paul and Kalina both have a background playing the drums and percussion instruments. Later at Port Republic, Paul and Kalina learned that Austin Springer was taken prisoner by the Confederate Army in 1862. Based on historical evidence, it's believed that Austin Springer stayed behind to help the wounded rather than fleeing the invading Confederate Army, leading to his swift capture. However, Paul and Kalina discovered that Austin Springer eventually escaped capture and hid in slave huts until he made his way back to the Union Army. We'll find out how this amazing revelation helped inspire Kalina to show more acts of kindness to others in her own life. Not only did this experience bring Paul and Kalina closer together, they are currently planning future trips to discover more about their family heritage.

[Educational Message: In this episode, we took a look back at Paul and Kalina's experience learning about a side of their family that was previously unknown to them. At a battleground in Virginia, Paul and Kalina learned about the acts of kindness that helped Paul's great grandfather survive the Civil War. We discovered that this revelation had a profound impact on Kalina to make more positive changes in her own life.]

Airdate: 1/9/2021

Time:

Duration: 30:00

ONE TEAM: THE POWER OF SPORTS

DREAM BIG [TPS102]

First, we hear hockey player Jason McCrimmon discuss the importance of diversity in sports and learn how he started a youth hockey program in the Detroit community he grew up in, introducing the sport and other opportunities that come with it to young players. Next, Kirsten Grohs explains her role as manager of football administration for the Atlanta Falcons and discusses opportunities for women in the NFL. There are 32 NFL franchises, and Katie Sowers became the first woman to coach in a Super Bowl in the 2019 season with the 49ers. Then, Olympic swimmer Nathan Adrian explains how he extended the drive and determination he has in the water to help him battle a life-changing cancer diagnosis. Approximately 39.5%

of men and women will be diagnosed with cancer at some point in their lifetimes, and the number of cancer survivors is expected to increase to 20.3 million people by 2026. Finally, we hear how Paralympian Tatyana McFadden got started in wheelchair racing, going on to become the first racer ever to win all four major marathons-- London, Boston, New York and Chicago-- in a calendar year. The motto of the Paralympic Games is "Spirit in Motion," and the term "Paralympics" comes from the Greek "para" meaning "besides or alongside," suggesting that the Games run during the Olympics.

[Educational Message: Instead of letting adversity and doubt slow you down, let it be the driving force to challenge the odds. Viewers learn steps to take to start playing hockey, how to deal with adversity, the impact women are having on the NFL, and about wheelchair racing in the Paralympics.]

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THE VOYAGER WITH JOSH GARCIA

SHINING SICILY[VJG312]

Josh heads to Giardini Naxos on the Italian island of Sicily and gets to experience first-hand some of its unique cultural treasures. Josh's first stop is Opera dei Pupi, a nearly two-century-old marionette theater in the city of Catania. Opera dei Pupi began in the early 19th century but its roots date back to 15th century European marionettes. He learns about this folk-art and why it takes years to learn how to create and manipulate these handcrafted puppets. The marionettes are carved and painted by hand and their costumes and details are hand-sewn. Two rods are connected to the marionette puppet and are used to manipulate the puppet in performance. Then, Josh has a thrilling lesson in geology with a volcanologist when he hikes one of Europe's highest and most active volcanoes, Mt. Etna. Mt. Etna sits on the fault between the African and the Ionian microplate. Very rarely does a year pass without any activity from this volcano. Ancient legends referenced Mt. Etna, including one that said it was the workshop of Hephaestus the Greek god of fire. Next, Josh explores Taormina, where he walks around one of the great amphitheaters originally built by the Greeks that is still used for outdoor concerts. Always interested in learning about cuisine, Josh visits the kitchen of one of Sicily's top chefs where he learns to make caponata, a uniquely Sicilian dish with flavors that speak to the island's melting pot of history. Caponata is a kind of vegetable ratatouille, influenced by local Sicilian ingredients. Sicilian ingredients are unique because of the region's soil, mixed with volcanic ash from Mt. Etna. The fresh vegetables are sautéed in olive oil and then salt and vinegar are added to the mixture, and topped with fresh basil. It can be eaten on top of bread, similar to bruschetta.

[Educational Message: Performance art, like marionette puppet theater, can be used to pass on historical narratives and classical stories across centuries. These stories are told with every detail in the performance, ranging from the details of the costume and props to the unique language and expression of the performers.]

Airdate: 1/9/2021

Time:

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VETS SAVING PETS

JAWS OF LIFE [VSP115]

Today on *Vets Saving Pets*, a miniature poodle has a cancerous tumor on his jaw, a beagle visits the clinic with a spleen issue, and a kitten arrives with a suspected congenital heart defect. First up, an elderly miniature poodle named Dudley arrives at the clinic to have a cancerous tumor removed from its jaw. Dr. Boyd, the clinic's surgeon, will be performing a CT scan to see how far the tumor extends into Dudley's jaw. After confirming the placement of the tumor, Dr. Boyd will need to perform a risky surgical procedure to remove the cancer from Dudley's jaw. Next, a beagle named Kaileigh is brought into the emergency clinic after bouts of nausea and restlessness. Dr. Martin performs an ultrasound scan on Kaileigh and finds an abnormality in her spleen. After ordering additional tests, Dr. Martin decides to perform an endoscopy to get a better look at Kaileigh's spleen. Here we learn that an endoscopy is a non-surgical procedure that uses a flexible tube-like camera to examine the patient's digestive tract. After the endoscopy reveals minor inflammation, Dr. Martin recommends Kaileigh stay at the clinic overnight for further monitoring. Finally, a young kitten named Loki is brought into the emergency clinic suffering from a heart murmur. Dr. Williams, the clinic's cardiologist, performs an ultrasound to determine the extent of Loki's heart defect. Dr. Williams confirms that Loki is suffering from a rare condition known as ventricular septal defect, which means the cat has a hole in its heart. Dr. Williams determines that the defect will not affect the cat's health and that Loki should live a long, happy life.

[Educational Message: Veterinarians dedicate their lives to helping both animals and their owners. In this episode, we see the compassion of veterinary professionals as they are determined to find ways to treat their patients. We all need to find ways to show more caring and kindness to others in our daily lives.]

Airdate: 1/16/2021

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

EARTH'S COLDEST PLACES [EDD303]

Today on *Earth Odyssey*, host Dylan Dreyer takes us on an adventure around the world to discover the animals who survive and thrive in the coldest places. First up, we'll travel to the tip of South America to the mountains of Patagonia. Here we'll learn about the guanacos of Patagonia. We'll discover that llamas descended from guanacos that were domesticated in South America over six thousand years ago. Supremely adapted to surviving in the cold elements, guanacos have a double coat of fur that helps them cope with the extreme temperatures. Next, we'll travel to the Puna Region of the Andes Mountains, which contains parts of Southeastern Peru, Chile, and Western Bolivia. Here we'll learn more about viscachas, a rabbit-like rodent that grazes on the boggy grasses. Viscachas have thin muscle walls in their lungs to maximize oxygen uptake, an adaptation to living at such high altitudes. We'll witness the incredible agility of viscachas as they avoid predators in the rocky landscape. Next, we'll meet one of the Andes' most iconic animals, the Andean bear. Andean bears are also called "spectacled bears" due to their facial markings which resemble glasses. We'll discover that Andean bears have markings as complicated and unique as human fingerprints. Here we'll witness a mother Andean bear as she teaches her cubs how to forage for food. Finally, we'll travel back to Patagonia where we'll meet a colony of Magellanic penguins that just returned to the shores of the Punta Tombo Reserve. Here we'll learn that the Punta Tombo Reserve in Patagonia hosts the largest known colony of Magellanic penguins in the world. We'll discover that penguin couples always return to the same nest year after year to breed.

[Educational Message: In this episode, we visited some of the coldest regions our Earth has to offer. We witnessed how animals such as guanacos, viscachas, and bears have adapted to their extreme

environments. We discovered that some of the coldest places on Earth can sometimes be a hotspot for life.]

Airdate: 1/16/2021

Time:

Duration: 30:00

WILD CHILD

AUTUMN LOVIN' [WLC103]

Today on Wild Child, host Sheinelle Jones takes us around the planet to spend the day with animal families as the autumn season kicks into gear. Traditionally a time for harvest, autumn is a busy time for creatures from all walks of life as they build up their winter food stores. With supplies plentiful, this golden time is prime for many animals to welcome new members into their families. First up, we'll visit Africa to spend time with one of the world's most iconic animals, the gorilla. Gorillas are an endangered species, making every baby especially precious and important. Newborn gorillas weigh about five pounds and cling tightly to mother's belly early on. Before long, the baby gorillas graduate and start cruising around "piggy-back" style. Mother gorillas will provide this special taxi service to their furry bundles until they are about two or three years old. We'll discover more about the social structures of gorilla troops and their dedication to protecting their young. Next, we'll travel to our ocean's coral reefs to learn more about a species with exceptional parenting skills, the clownfish. We'll first discover more about the symbiotic relationship that exists between sea anemones and clownfish. Usually found hanging in and around the stinging tentacles of sea anemones, clownfish have a special mucus layer that protects them from being harmed. In return, clownfish keep the sea anemones clean of algae and help ward off any predators that may harm the anemone. When it comes time to breed, male clownfish will create a nest on a nearby rock, while mom lays her clutch of up to one-thousand eggs. Born transparent, baby clownfish quickly grow to be colorful cuties just like their parents.

[Educational Message: In this episode, we discovered more about the unique animal babies of autumn. From gorillas to clownfish, we witnessed the incredible dedication of wild mothers and fathers as they raise their young in the changing season. While the days are slowly getting shorter, these youngsters are quick to take advantage of every waking minute.]

Airdate: 1/16/2021

Time:

Duration: 30:00

ROOTS LESS TRAVELED

WATCH ALONG WITH AL & JR [RLT205]

Today on Roots Less Traveled, we'll be watching along with Al and JR to gain more insight into their eye-opening journey to Havana, Cuba. In this episode, Al and JR will share how their experience allowed them to reconnect in ways they couldn't have imagined. Starting in Cuba, the pair discovered that Al's grandfather, Joseph Barlow, owned and developed thirty-four blocks of downtown Havana. We learned that Joseph Barlow once owned the Barlow-Cuba Company of Havana. Appraised at over \$4 million during the early 1900's, the Barlow-Cuba Company was an extremely successful business. Here we'll discover that the entrepreneurial spirit runs deep within their roots, as Al and JR are both entrepreneurs who have started their own businesses. But due to an unfortunate turn of fate, Joseph Barlow lost his riches in a political coup. We'll learn that Joseph Barlow had previously purchased the land under old Spanish grants that were later

ruled illegal by the Republic of Cuba. Joseph Barlow's property was soon seized under a provisional decree of President Zayas. Still a rich man, Joseph Barlow started a legal fight against the order but was turned down in every court in Cuba and eventually spent his entire fortune. Here we'll gain insight from Al and JR on how experiencing this history in person had a much more profound effect than simply reading about it. We'll learn that this journey has forever changed Al and JR, inspiring them to do more to help others in their own lives.

[Educational Message: In this episode, we took a look back at Al and JR's enlightening adventure learning about their family history in Cuba. We discovered how this experience provided the unique opportunity for Al and JR to connect and bond over their shared heritage. Joseph Barlow's dedication and determination throughout his life profoundly inspired both Al and JR and provided them with a renewed entrepreneurial spirit.]

Airdate: 1/16/2021

Time:

Duration: 30:00

**ONE TEAM: THE POWER OF SPORTS
OVERCOMING EVERYTHING [TPS103]**

First, we learn about sports writer and golf amateur Nick Edmund's mission to make a difference after a cancer diagnosis by walking 1,200 miles along the Wild Atlantic Way in Ireland and playing the fourth hole at 40 different golf clubs along the way to raise awareness for cancer. The Wild Atlantic Way is a tourism trail on the west coast of Ireland that stretches 1,553 miles. Next, we get a closer look at the already impressive career of gymnast Simone Biles and examine how she cemented her place in gymnastics history after her performance at the Rio Games, where she won more gymnastics gold medals than any previous American woman. The term "gymnastics" comes from the Greek word meaning "to exercise." Then, U.S. sled hockey team members discuss the impact coach Jeff Sauer had on their career and how he led them to win the World Championship. Invented in Sweden, sled hockey is known as "sledge hockey." In the Olympics, it is called "para ice hockey." Sled hockey teams can have up to five players on the ice at any given moment. Finally, we learn how Olympic sprinter Noah Lyles balances his two passions, running and art. Sprinters use spikes with no cushioning because all of their running is done on the ball of their foot.

[Educational Message: Sports can teach life lessons that can be applied off the field, such as determination, communication, leadership, accountability, and confidence. Viewers learn about the importance of maintaining a positive attitude during a challenging time, the history of women's Olympic gymnastics, how U.S. sled hockey players train for each position, and ways to balance two passions and the importance of having versatility and outlets to express yourself.]

Airdate: 1/16/2021

Time:

Duration: 30:00

**THE VOYAGER WITH JOSH GARCIA
CARIBBEAN GEM [VJG210]**

Host Josh Garcia spends the day ashore in Amber Cove exploring the Dominican Republic's national treasures. First, he discovers the natural wonder of amber, an indigenous gem that dates back millions of years. Amber is the second national stone in the Dominican Republic and fossilized amber can be found in the region. Next, he teams up with a local restaurateur and learns how to make sancocho, the island's epic

national dish. Sancocho is a popular Latin American dish that has different variations across different cultures. It is believed that sancocho originally came from the people of the Canary Islands. Fascinated by the country's success in major league baseball, Josh visits a premier sports academy and trains with its heavy hitters. Baseball is the Dominican Republic's national sport and has the highest percentage of Major League Baseball players in the world. Players traditionally start training at the age of thirteen. Josh learns some of the basics of hitting, pitching, and rounding the bases.

[Educational Message: Different variations of the same concept or idea can exist simultaneously in different cultures at one time. While each culture has its own spin or take on certain food dishes, these dishes can be more similar than you might think given that they share similar cooking techniques and practices.]

Airdate: 1/16/2021

Time:

Duration: 30:00

VETS SAVING PETS

NEW BEGINNINGS [VSP116]

Today on Vets Saving Pets, a chocolate Labrador suffers a knee injury, a litter of puppies are having their hearing tested, and a neglected dog is fighting his way back to health. First up, a chocolate Labrador named King has arrived at the clinic after injuring his knee when slipping on a patch of ice. Dr. Boyd, the clinic's surgeon, has diagnosed King with fragmented coronoid process, which means he has small fragments of bone floating in his elbows. Dr. Boyd will first insert a small camera into King's elbow to confirm the diagnosis and then perform surgery to remove the bone fragments. Next, a dog breeder arrives at the clinic to have hearing tests performed on her litter of Havanese puppies. Dr. Cochrane, a neurologist at the clinic, will be administering a brain stem auditory evoked response test to confirm the puppies don't suffer from deafness. This test is performed by placing electrodes in the scalp of the patients to test how their brains process the sounds they hear. Finally, a heartbreaking case of neglect comes to the emergency clinic. Rocky, an unknown breed of dog, has developed a severe skin infection due to demodex mites. Here we learn how demodex mites cause the skin infection known as "mange" in animals. Dr. Bryer, head emergency vet at the clinic, is leading the recovery process for Rocky by providing medication and daily bathing. Through the dedication and compassion of the veterinary staff, Rocky's condition quickly improves and he soon finds a new, loving home.

[Educational Message: We must always treat all animals with compassion and respect. Veterinarians are here to help but we need to do our part to protect animals, too. Caring for pets and other animals can be a rewarding career path.]

Airdate: 1/23/2021

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

BIGGEST BEASTS [EDD304]

Today on Earth Odyssey, host Dylan Dreyer takes us on a journey around the Earth to find the biggest species in our animal kingdom. First up, we'll travel to the Amazon River Islands where we'll learn more about the massive species that call this region home. At 4,086 miles, we'll discover that the length of the Amazon River is equal to the distance between New York City and Rome. One of the most charismatic

creatures of the Amazon River Islands is the giant river otter. Nearly six feet long and weighing more than sixty-five pounds, it fully merits its name. Unlike most otters, giant river otters live in groups and hunt in packs. Nicknamed “the river wolf,” this otter’s size and speed allows it to compete for many fish, even piranha. Here we’ll discover that giant river otters have an average lifespan of roughly twelve years in the wild. Next, we’ll journey to the coast of Africa to the archipelago of Zanzibar where we’ll meet the world’s largest crab species. Weighing as much as eight pounds with a leg span of up to three feet wide, the coconut crab is the planet’s largest land-living invertebrate. We’ll also discover that the coconut crab’s sense of smell is so powerful that almost half of their brain is dedicated to smell. Finally, we’ll travel to Vancouver Island where we’ll meet the island’s largest predator. Vancouver Island is home to seven thousand to twelve thousand black bears, one of the highest concentrations of black bears in the world. Darker than mainland bears and slightly larger, the black bears of Vancouver Island can weigh up to six-hundred pounds. We’ll discover that adult black bears can gain roughly thirty pounds of fat per week when preparing for hibernation.

[Educational Message: In this episode, we explored various parts of the world to find our planet’s most sizable species. From otters to bears, we learned that many of our environment’s largest species face challenges to adapt in a variety of climates. As we discovered, their massive size is only matched by their incredible instinct to survive.]

Airdate: 1/23/2021

Time:

Duration: 30:00

WILD CHILD

AFRICAN ANIMALS [WLC104]

Today on Wild Child, host Sheinelle Jones takes us on a journey to explore the family bonds of animals living in the African savanna. The second largest continent on Earth, Africa is home to over one-thousand species of mammals. When it comes to wildlife, Africa ranks among the world’s most diverse continents. We’ll discover that the world’s fastest, tallest, and largest animals all call Africa home. Conditions in Africa might often be harsh, but wildlife finds a way to adapt and flourish. First up, we’ll travel to Kenya to visit with a family of cheetahs. Here we’ll witness as the cheetah’s protective mother constantly scanning the landscape for any predators that might harm her cubs. We’ll discover that cheetah litters can range from one to six cubs at a time. We’ll follow along with mom and observe how she feeds and cares for her young until they are ready to face the world on their own. Next, we’ll journey to Morocco to learn more about goats that go to great heights for their next meal. Here we’ll observe a herd of goats as they forage for fruit on an Argan tree. However, these goats don’t just forage on ground level, they will climb up to thirty feet high on the Argan tree branches to find the best fruits. We’ll discover that all goats are excellent climbers and they use this talent to help them find food. Packing a pair of cloven hooves with two wide toes, goats are able to retain balance on even the most unsteady footing. Living within a drought-stricken region means food is scarce, so it’s no surprise that these local goats have adapted their climbing skills to include trees.

[Educational Message: In this episode, we explored the power of youth across an ancient and extraordinary continent. We witnessed how various species have adapted and flourished in a harsh and unforgiving climate. It is because of the determination and dedication of these wild parents that the species continue to survive and thrive.]

Airdate: 1/23/2021

Time:

Duration: 30:00

ROOTS LESS TRAVELED

WATCH ALONG WITH EVAN & SCOTT [RLT202]

Today on Roots Less Traveled, we'll be watching along with Evan and Scott to discover more about their incredible experience together in Billings, Montana. In this episode, Evan and his grandson Scott will reflect on how this unique journey has changed their lives for the better. Beginning their adventure in Montana, the duo learned that Evan's great-grandfather was an integral part of the U.S. western states expansion of 1862 and had even cultivated a 160-acre farm. We discovered that this was made possible by the Homestead Act, which was signed into law by President Abraham Lincoln in 1862. Here we'll find out that this revelation sparked an interest in Scott to research and learn more about the history of homesteading in the United States. But closer to Evan's heart, he learned that two of his uncles who he had met when he was a child, were both prisoners of war in WWII. Even more fascinating, Evan and Scott discover that both of their uncles received Purple Hearts. Following this discovery, Evan and Scott deeply connected while visiting the Montana Purple Heart Memorial to honor their veteran relatives. Throughout this journey, Evan and Scott uncovered previously unknown information about their family heritage. While they've gained a wealth of knowledge, we'll learn from Evan and Scott that simply experiencing this adventure together was the true takeaway that's made their bond even stronger today.

[Educational Message: In this episode, we took a look back at Evan and Scott's journey of discovery in Billings, Montana. For Scott, we discovered how this experience helped spark an interest in American history that continues today. For Evan, we witnessed the powerful and emotional connection to his uncles and his military past. However, we learned the true gift of the journey was the deeper bond that formed between Scott and his grandfather.]

Airdate: 1/23/2021

Time:

Duration: 30:00

ONE TEAM: THE POWER OF SPORTS

LEADING BY EXAMPLE [TPS104]

First, we meet hockey fan Renee Hess and learn how she started the Black Girl Hockey Club to ignite interest in the sport and allow the opportunity for fans in the black community to bond over their mutual passion for the sport. In 1958, Willie O'Ree became the first black player in the NHL, and Blake Bolden is the first black player to compete in the National Women's Hockey League. Next, we learn how basketball legend Sue Bird has made an impact on the sport not only through her talent but also through her selflessness and willingness to teach others. Women's basketball was added to the Olympics in 1976. The U.S. women's team has won six consecutive titles so far-- if they win their seventh straight championship in 2021, they will tie the U.S. men's basketball team for the most consecutive Olympic team victories in all Olympic sports, men or women. Finally, we learn how race car driver Joey Logano is impacting the lives of sick children by including them in the race day action and giving them unforgettable experiences.

[Educational Message: Surrounding yourself with others who offer support, motivation, and encouragement is just as important in succeeding as having the drive to win. Viewers learn about the importance of supporting others and having support from others, the history of U.S. women's Olympic basketball, and the importance of giving back to those experiencing hardships.]

Airdate: 1/23/2021

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

TWO TO TANGO [VJG224]

Host Josh Garcia spends the day ashore in Buenos Aires, Argentina exploring the history, culture, and cuisine of Argentina's glamorous capital city. Upon arriving, Josh joins a culinary class, and learns why empanadas come in all different shapes and sizes. An empanada is typically a pastry filled with a variety of meats and vegetables. The slightly sweet empanada dough is known as masa, and the pattern of the dough's fold is called a repulgue. Next, he heads to the countryside and hops into the saddle, where he learns polo, Argentina's most celebrated sport. Although the English brought polo to Argentina, Argentinians have embraced the sport and begin learning how to play at a young age. Mastering balance is an important part of the sport, and it's imperative that a rider keep their balance during a game. In polo, there are three types of swings including the half swing, full swing, and backhand. A polo game consists of four to eight 7-minute periods called chukkas. For his final adventure, Josh steps out of his comfort zone and embraces the country's most iconic dance – the tango! Now hugely popular in Buenos Aires, early tango was known as tango criollo which means “Creole tango.” While there are a few basic steps, improvisation is a signature feature of this dance.

[Educational Message: Stepping out of your comfort zone can be an important growing moment for just about everyone. When you step out of your comfort zone, you learn something new and ultimately gain confidence to face new experiences.]

Airdate: 1/23/2021

Time:

Duration: 30:00

VETS SAVING PETS

DR. BOYD TO THE RESCUE [VSP117]

Today on Vets Saving Pets, the vets are visited by a rescue puppy with a nagging knee problem, a Golden Retriever goes into surgery to remove a tumor, and an accidental fall leaves a Chihuahua with a broken leg. First up, Luke the puppy is visiting the Veterinary Emergency Clinic with a limping problem. Dr. Boyd, the clinic's veterinary surgeon, performs an exam and determines that the canine's kneecap has been slipping out of place. After an X-ray confirms the diagnosis, Dr. Boyd will need to perform surgery on the puppy to realign the kneecap in the proper position. For this procedure, Dr. Boyd will utilize a special implant and pins to secure the kneecap in place. Here we learn more about the delicate and precise skills required for surgeons to successfully treat their animal patients. Next, an elderly Golden Retriever named Charlie arrives at the clinic suffering from a large tumor in his abdomen. Dr. Boyd will be performing an emergency surgical procedure to remove the life-threatening tumor. Dr. Boyd must also run tests to confirm if the tumor is cancerous, and if it has affected other parts of the body. Finally, a Chihuahua named Reilly is brought into the clinic after an accidental fall. Dr. Boyd performs X-rays on Reilly that reveal he has a serious broken bone in one of his front legs. Due to the severity of the broken bone, Reilly will need to be brought into surgery immediately to repair his leg. Dr. Boyd will have to insert a special plate and screws along the broken bone to stabilize the leg and ensure a successful recovery for Reilly.

[Educational Message: When we work together we can achieve great things. It's important that we consult with those who have more experience and knowledge to help better solve problems. Veterinarians often rely on each other to successfully diagnose and treat their animal patients.]

Airdate: 1/30/2021

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

SOUTH ASIA [EDD305]

Today on Earth Odyssey, host Dylan Dreyer takes us on a journey to South Asia to find the most incredible animals that call this land home. In South Asia, the Western Ghats in India are a vast and ancient mountain range that contain over a third of all the country's plant and wildlife species. One of the most biodiverse locations on Earth, the Western Ghats is also the perfect habitat for one of India's most endangered species. Found nowhere else, the lion-tailed macaque is one of the rarest monkeys in the world. Also known as "wanderers," lion-tailed macaque troops have a complex social structure that includes up to twenty individuals with one dominant male. Here we'll witness how lion-tailed macaques work as a group to alert other troop members of any danger that might be lurking below the trees. Next, we'll travel to Ranthambore National Park in Northern India where we'll come face-to-face the country's apex predator, the Bengal tiger. While a Bengal tiger's roar is loud enough to be heard from up to two miles away, we'll also discover that these predators are extremely skilled at stealth and camouflage. Although Bengal tigers are apex predators, we'll learn that they are only successful one out of every twenty hunts. Here we'll witness how various species of primates and deer living within the same habitat work together to avoid becoming the Bengal tiger's next prey. Finally, we'll travel to the wetlands of South Asia where we'll learn more about another predator in India, the marsh crocodile. Growing up to roughly thirteen feet in length, marsh crocodiles prefer slow-moving, shallow bodies of water. While marsh crocodiles typically survive on fish and smaller animals, these massive reptiles have been known to also take larger prey such as deer.

[Educational Message: In this episode, we discovered more about the incredible biodiversity of South Asia. We witnessed the incredible symbiotic relationships that exist amongst the numerous species living throughout India. The wide array of wildlife, who often work together in times of need, make this region one of the most fascinating on the planet.]

Airdate: 1/30/2021

Time:

Duration: 30:00

WILD CHILD

NORTH AMERICA FUN [WLC105]

Today on Wild Child, host Sheinelle Jones takes us on a trip around North America to find the most fascinating families living in the wild. First up, we'll travel to Yosemite National Park to visit with a family of black bears that have just emerged from their den. Black bears tend to make their shelter in caves, rock piles, or hollow trees throughout the North American wilderness. For black bears, it's the female who takes care of raising the young. It will be the mother's job to feed, protect, and teach her offspring everything they need to learn to reach adulthood. Possessing a heightened sense of smell, black bears are able to pinpoint a variety of food from more than a mile away. Here we'll witness as the mother black bear teaches her cubs to find food in some unlikely places. Next, we'll learn that some creatures take a bit of extra time and effort to

grow into their good looks. The painted lady butterfly, the world's most widely distributed butterfly species, inhabits every continent except Australia and Antarctica. After hatching from a minuscule egg, painted lady butterflies begin life as caterpillars. As they grow in size, the skin of the caterpillar will get tighter and tighter, until it eventually sheds. Painted lady larvae experience this costume change at least four times before they are considered fully grown at two inches in length. Next comes metamorphosis, a process in which the caterpillar transforms into a stunning butterfly. However, life is short for the painted lady butterfly, having a lifespan of just two weeks. During this time their goals are to feed, find a mate, and produce a new generation of delicate beauties.

[Educational Message: In this episode, we traveled across North America to find the most sacred family bonds existing in the animal kingdom. We witnessed many species whose strange but always strong family dynamics help get them through another day. We discovered that instinct and dedication run deep within the wild parents of North America.]

Airdate: 1/30/2021

Time:

Duration: 30:00

ROOTS LESS TRAVELED

WATCH ALONG WITH ASHLEY & ELLIOT [RLT207]

Today on Roots Less Traveled, we'll be watching along with Ashley and Elliot as they reminisce about their special trip to Martha's Vineyard, Massachusetts. In this episode, we'll find out that this journey would end up meaning much more to Ashley and Elliot than they could have predicted. Ashley and Elliot began their adventure with a sailing lesson where they learned that their five-times great grandfather, Henry Osborn, was taken prisoner on a boat in the Revolutionary War. On their sailing lesson, Ashley and Elliott learned what it would have been like to be a shipmate on a similar sea vessel during that time. The siblings also discovered that their three-times great-granddad, Samuel Osborn, went from debtor's prison to owning a fleet of whaling ships. Not only did Samuel Osborn represent an incredible "rags to riches" story, we also found out he was hailed as a local hero in 1871. We learned that it was common at the time for vessels from Massachusetts to venture into the Arctic to hunt the regional bowhead whale. On one particular voyage, weather proved to be disastrous and left thirty-three whaling ships stranded in icy peril. We found out that Samuel Osborn sent ships of his own to rescue the men, helping to bring more than a thousand people home safely. We learn that this story of selflessness resonated strongly in Ashley, helping illustrate to her the characteristics of a true leader. A surprise visit from Ashley and Elliot's parents allowed them to share their newfound family history. However, we'll find out that soon after this incredible experience, Ashley and Elliot's father tragically passed away. Although this was a devastating blow to the family, both Ashley and Elliot are grateful for the opportunity they had to share this information with their father before he passed.

[Educational Message: In this episode, we took a look back at Ashley and Elliot's experience learning more about their family heritage in Massachusetts. We discovered that Ashley and Elliot's father passed away soon after this trip. However, we learned that this tragic experience has bonded the family more than ever. By telling the stories and learning more about our lost loved ones, we can help them live on forever.]

Airdate: 1/30/2021

Time:

Duration: 30:00

ONE TEAM: THE POWER OF SPORTS

MAKING A STAND [TPS105]

First, Noor Ahmed shares her experience being the only Muslim golfer on the University of Nebraska's golf team and the first Division 1 golfer in the U.S. to play while wearing a hijab, and her teammates discuss the impact Noor has had in teaching them about acceptance. Less than 1% of Nebraska's population identify as Muslim, and a hijab is the traditional covering for the head and neck that is worn by Muslim women. Next, we learn how Allyson Felix balances life as a mother and as an Olympian, and she explains how she found a new purpose to succeed after becoming a mother. The 100 meter sprint is the shortest race in the Olympics, and Allyson Felix is already the most decorated female athlete in U.S. track and field Olympic history. Then, hockey player Cammi Granato discusses the limitations she faced growing up as a female playing a predominantly male sport and how that's influenced her passion to grow opportunities for women in hockey through her own success, becoming the first female pro scout in NHL history and one of the first woman inducted into the Hockey Hall of Fame. Women's hockey became an Olympic sport in 1998, and the U.S. women's hockey team won gold at its inaugural Olympic Games.

[Educational Message: Don't be afraid to get out of your comfort zone and be a trailblazer—whether you succeed or not, you can make a difference by setting an example for others. Viewers learn about Muslim culture, how to handle pressure when competing at a high level, and the history of women's hockey.]

Airdate: 1/30/2021

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

NATURE'S MASTERPIECE [VJG204]

Host Josh Garcia docks in Juneau, Alaska. First, Josh visits a hatchery where he learns how the salmon population is sustained. Of the five species of salmon, there are three that require an extra year in fresh water, which are king, silver, and sockeye salmon. When salmon make the transition from the freshwater to saltwater, they undergo smoltification. Once this process is complete, they are released back into the wild. Then, Josh goes out on the water with a local fisherman to deep dive into crab fishing. Finally, Josh ventures out with a glaciologist. They kayak to the great Mendenhall Glacier and learn more about Juneau's ecosystem. The Mendenhall Glacier stretches about thirteen miles before it merges into the Juneau Icefield, which is about fifteen hundred square miles. Josh visits an ice cave inside the Mendenhall Glacier and is blown away by how much light reaches the cave through the dozens of feet of glacial ice above them.

[Educational Message: Taking time to explore nature's beauty can improve wellness and encourage a better understanding of Earth's ecosystems.]

Airdate: 1/30/2021

Time:

Duration: 30:00

VETS SAVING PETS

A BITE OUT OF CRIME [VSP118]

Today on Vets Saving Pets, a Police K-9 is brought to the clinic after breaking a molar, a dachshund has developed back pain, and a long-time patient has a coughing issue. First up, Burger the dachshund is brought to the Veterinary Emergency Clinic suffering from pain and walking issues. Dr. James, the clinic's neurologist, performs a neurological exam to determine the extent of Burger's back issues. Dr. James,

suspecting that the issue is caused by a compressed spinal cord, performs a CT scan on Burger. When the CT scan results reveal a severe issue with Burger's spine, Dr. James determines that immediate surgery is needed to fix the problem. Here we'll witness and learn more about how veterinary surgeons delicately and precisely perform surgical procedures. Next, a Police K-9, named Magnum, arrives at the clinic with a broken molar suffered while in the line of duty. Dr. French, the clinic's veterinary dentist, meets with Magnum to examine his broken tooth. After taking a closer look, Dr. French determines that Magnum will need to have the remaining tooth extracted. During the surgical procedure, Dr. French discovers that Magnum is suffering from periodontal disease that will need to be monitored annually. Here we learn that around 80% of dogs over the age of three show signs of periodontal disease. Finally, a long-time canine patient named Rusty arrives at the clinic with a minor coughing issue. Dr. Williams, the clinic's cardiologist, meets with Rusty to find out the cause of Rusty's recent coughing. Rusty has suffered from an arrhythmia, or irregular heartbeat, for several years. Dr. Williams decides to perform an electrocardiogram, or EKG, to determine if Rusty's condition has worsened.

[Educational Message: Education is critical to the success of these veterinary specialists. Working in the veterinary field is a rewarding career path but will require much skill and dedication.]

Airdate: 2/6/2021

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

EGYPT [EDD306]

Today on Earth Odyssey, host Dylan Dreyer takes us to the deserts of Egypt to discover a connection between ancient history and fascinating animals. Situated in North Africa, Egypt is surrounded by two major seas, the Mediterranean and the Red Sea. Remarkably, this region also lays claim to one of the earliest and longest-lasting human civilizations on Earth. Established approximately five thousand years ago, Ancient Egyptian civilization held strong beliefs that creatures had power over nature and the elements. Depicted in hieroglyphics and massive monuments, Ancient Egyptians revered many species of wildlife in Egypt. Possibly the most influential creature throughout Egypt's ancient history was the snake. Here we'll discover more about the horned viper and how it's believed that their protruding features not only protect their eyes, but also help them blend in with the desert terrain. Here we'll witness how horned vipers use a form of "sidewinding" locomotion to keep their bodies cool while traveling across the scorching landscape. Next, we'll journey to the Nile River to meet one of Ancient Egypt's most feared and respected reptiles, the Nile crocodile. Reaching a length of sixteen feet and weighing over eight-hundred pounds, the Nile crocodile is the second largest reptile on Earth. Packing a powerful jaw filled with sharp, conical teeth, Nile crocodiles can kill almost any prey that comes within its range. Finally, we'll discover that dogs were also highly regarded in Ancient Egyptian culture. Along with guarding the palaces, dogs would also accompany Pharaohs on hunting expeditions. The saluki is the oldest known breed of domesticated dog and is considered to be the royal dog of Egypt. We'll discover that salukis were so revered, their bodies were often found mummified alongside their embalmed Pharaoh masters.

[Educational Message: In this episode, we learned about the fascinating history of Ancient Egypt and its unique connection with wildlife. We discovered that many of Egypt's creatures were highly revered and respected by ancient civilizations. Egypt's rich history has always been and will always be tied with the animals that make these ancient deserts home.]

Airdate: 2/6/2021

Time:

Duration: 30:00

WILD CHILD

BEACHY BABIES [WLC106]

Today on Wild Child, host Sheinelle Jones takes us on an adventure to explore the best beach babies the animal kingdom has to offer. First up, we'll check out one of the most fascinating creatures in our ocean. Green sea turtles are not only dedicated mothers, but they're also thought to live between sixty and seventy years of age. Once hatched, female green sea turtles will cruise along the ocean's currents for roughly twenty years before they're ready to reproduce. When that time comes, the green sea turtle mother will make the arduous pilgrimage back to the very same beach she was hatched on. Following this voyage, the mother will use her shovel-like flippers to dig a large nest in the sand, sometimes up to five feet deep. At this point, the mother sea turtle will deposit up to two-hundred individual eggs before covering up her clutch and returning to the sea. After about two months of incubation, the sea turtle hatchlings will now be faced with the great challenge of surviving the difficult journey to their new ocean home. Next, we'll travel to Australia to visit with a colony of sea lions. Here we'll find a mother sea lion that just returned from fishing and is having a hard time finding her pup. Mother sea lions often hide their babies in amongst rocks or thick vegetation to avoid predators while they're away on their two to three-day fishing trips. However, we'll learn that each mom and baby have a unique recognition call used for occasions just like this. Although small at birth, sea lions can weigh up to eight-hundred pounds as adults. As colonies can be made up of more than a thousand sea lions, it can be a tough task to locate each other even with a unique recognition call. However, mom's dedication to finding her pup perseveres and the two sea lions are soon reunited.

[Educational Message: In this episode, we found some of the strongest bonds on the beach between mother and child. From green sea turtles to sea lions, we witnessed the true dedication and commitment these wild parents have for their babies. Whether on the water, or on shore, these instinctual family bonds cannot be broken.]

Airdate: 2/6/2021

Time:

Duration: 30:00

ROOTS LESS TRAVELED

WATCH ALONG WITH SHAREE & DEVONN [RLT203]

Today on Roots Less Traveled, we'll be watching along with Sharee and DeVonn as they revisit their inspiring trip to Nashville, Tennessee. In this episode, we'll discover more about Sharee and DeVonn's takeaways from their experience learning more about their significant family heritage. At a visit to the Tennessee Supreme Court, Sharee and DeVonn discovered that their four-times great grandfather Larkin Ford was a part of an 1840s landmark Tennessee court case. In 1840, Larkin Ford was a slave living in Washington County and was owned by American Revolutionary war veteran, Loyd Ford. That year, Loyd Ford drew up a will that would give his slaves their freedom and his land after his death. When Loyd Ford died in 1843, his slaves, including Larkin Ford, sought to validate his will. Loyd Ford's children would contest their father's will through a series of Supreme Court cases. Remarkably, we'll learn that Larkin Ford prevailed and was awarded the very same farm that he worked on as a slave. Here we'll witness Sharee and DeVonn emotionally reflect upon the incredible resilience and perseverance of their enslaved ancestors. Seeing his family heritage physically represented in a historical museum had a profound effect on DeVonn

and has allowed him to further connect with his past. Not only has this experience brought DeVonn closer to his mother, Sharee has since connected with other Ford family members to share the unique history she's learned about their ancestors.

[Educational Message: In this episode, we took a look back at Sharee and DeVonn's inspirational visit to Tennessee. We discovered how this experience has led to further connections within the Ford family, allowing their incredible history to be passed to further generations. We learned that resilience runs deep within Sharee and DeVonn's family, a characteristic that will help provide generations to come the strength to continue persevering.]

Airdate: 2/6/2021

Time:

Duration: 30:00

ONE TEAM: THE POWER OF SPORTS

GOING FOR GLORY [TPS106]

First, we meet Hunter Hedgecoe, a young golfer diagnosed with viral meningitis that caused him to lose motor function, and learn how he remained resilient as he re-learned to walk and eventually play golf again. Viral meningitis is the inflammation of the brain and spinal cord membranes. Next, we learn about the impressive hockey career of Jim Paek and how he made history by being the first Korean-born hockey player to not only play in the NHL but also to win a Stanley Cup title. South Korea has been a member of the International Ice Hockey Federation since 1963, and the South Korea men's national team made their international debut in 1979. Then, we learn how U.S. women's gymnastics grew to be a dominant force, as both an individual and team event. Mary Lou Retton was the first American woman to win the all-around gold medal during the 1984 Summer Olympics; and the 1996 U.S. women's gymnastics team, also known as the "Magnificent Seven," won the first ever gold medal for the U.S. in the women's team competition.

[Educational Message: Never give up when the odds are against you—believing you can achieve something is the first step to making dreams become reality. Viewers learn about ways to stay positive and not give up during challenging moments, the history of hockey in South Korea, and the history of U.S. women's gymnastics.]

Airdate: 2/6/2021

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

FUN FIRSTS IN BARBADOS [VJG318]

Host Josh Garcia makes his first voyage to Barbados, which celebrates its diverse Caribbean culture mixed with over 300 years of British rule and traditions. At a beach on Carlisle Bay in historic Bridgetown, Josh meets a local diver who explains a tradition that is unique to Barbados; thoroughbred race horses are led to the sea for a morning therapeutic swim. Carlisle Bay was named for the first Earl of Carlisle who claimed Barbados on behalf of King Charles I of England. Nearby Bridgetown and its Garrison is a UNESCO World Heritage Site because of its British colonial architecture and well-preserved streetscape. Next, Josh takes a food tour with a local historian and foodie to learn all about the complex Barbadian cuisine, which is a

combination of both British and Caribbean flavors. Its dishes are known to be spicy, but not necessarily “super-hot” spicy. Then, since Cricket is the national sport, Josh is excited to visit a legendary cricket club where he meets with a coach to learn all about the game and test his skills with a ball and bat. After suiting up, he gives it a try and gains a new appreciation for the difficulty of the sport. Finally, Josh goes for a snorkeling adventure in a location known to be a habitat for sea turtles. Not only does Josh get to swim with one, he gets to observe other sea life in the turquoise, clear waters of the Caribbean.

[Educational Message: Sea turtles have inhabited Earth for more than 100 million years and have been known to travel over 1,615 miles between feeding and nesting grounds. To see these incredible marine creatures in their natural habitat is an amazing sight, and serves as a lesson on the importance of preserving marine ecosystems for years to come.]

Airdate: 2/6/2021

Time:

Duration: 30:00

VETS SAVING PETS

A LONG LIFE TO LIVE [VSP119]

Today on Vets Saving Pets, a French bulldog has a broken leg, a service dog has her vision tested, and a feline visits the clinic with ear issues. First up, a French bulldog puppy named Spartacus arrives at the Veterinary Emergency Clinic suffering from a broken leg. Dr. Boyd, the clinic’s surgeon, examines Spartacus’ X-rays to determine the extent of his injury. Dr. Boyd discovers a serious issue with Spartacus’ knee that will require immediate surgery. Since bulldog breeds are at a higher risk of complications while under anesthesia, Dr. Boyd will first need to examine Spartacus’ soft palate to ensure he’s healthy enough to undergo surgery. Once Spartacus is cleared for surgery, Dr. Boyd begins the process of stabilizing his broken leg using surgical screws and wires. Next, a service dog named Nina arrives at the clinic for an eye exam. Since Nina’s owner suffers from blindness, it’s important to ensure that Nina is fully capable of performing her important job. Dr. Gray, the clinic’s ophthalmologist, meets with Nina for a routine eye exam. Here we’ll learn more about the various tests performed and tools used during a veterinary eye exam. After receiving a clean bill of health, Dr. Gray recommends that Nina return to the clinic annually for checkups. Finally, a pet cat named Kiwi is brought to the clinic suffering from ear issues. Dr. Waisglass, the clinic’s dermatologist, meets with Kiwi for an examination. After discovering a large amount of fluid in Kiwi’s ears, Dr. Waisglass decides to anesthetize the feline in order to scope her ear more thoroughly. After cleaning the fluid from Kiwi’s ear, Dr. Waisglass discovers a mass deep inside her ear canal. Dr. Waisglass and team use special tools to remove the mass and will send the sample to pathology to determine if the tumor is cancerous.

[Educational Message: Having a diverse background in various species and breeds of pets is crucial for a successful career in veterinary medicine. It is important for veterinarians to seek additional education and new information to better understand and treat all types of pets.]

Airdate: 2/13/2021

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

SMALLEST SPECIES [EDD307]

Today on Earth Odyssey, host Dylan Dreyer takes us on a journey around the world to discover the smallest species our planet has to offer. First up, we'll travel to the Amazon River Islands where we'll meet a tiny creature with an incredible skill. Swarming through the trees, leaf-cutter ants are able to carry pieces of leaf weighing over twenty times their body weight. Born to work, the leaf cutter's sharp, saw-like mandibles can vibrate up to one thousand times per second. No ordinary ants, it's believed that leaf-cutter ants are an entirely separate species to those that nest underground. Swapping the forest floor for the treetops, leaf-cutter ants will nest in the canopy to avoid the annual floods in the region. Next, we'll learn more about the tiniest insects that inhabit the Philippines. Here we'll witness the behavior of fireflies under the cover of night. We'll learn that despite their name, fireflies are actually a type of beetle. We'll discover that the flash of light emitted by fireflies occurs due to a chemical reaction inside the fly's body. Finally, we'll travel to the Caribbean Islands, a string of more than 7,000 islands between North America and South America. Here we'll learn about the hummingbirds that are found throughout this region. We'll discover that their tiny hearts work like an engine, beating up to five hundred times per minute. To keep their energy up, they need to feed constantly. Always on the move, we'll learn that hummingbirds will consume almost three times their body weight every day.

[Educational Message: In this episode, we discovered some of the smallest creatures in the animal kingdom. From mighty ants to speedy hummingbirds, we found many of the tiniest creatures play an important role in our ecosystems. Whether big or small, all creatures can make an impact on the wildest places in the world.]

Airdate: 2/13/2021

Time:

Duration: 30:00

WILD CHILD

COLD AND CUDDLY [WLC107]

Today on Wild Child, host Sheinelle Jones takes us on a journey around the world to explore the coldest places with the cutest families. Some of the tightest knit animal families make their homes in the coldest of places. Over time, these species have adapted to the harsh conditions to make sure they survive and thrive. First up, we'll travel to the North Pole where we'll meet a family of polar bears. We'll discover that when polar bears give birth, they will build dens in which to live until their cubs are ready to emerge. Polar bears commonly give birth to twin cubs that stay with mom until they're about three years old. In that time, mom passes along many vital life skills to help her youngsters survive in the harsh terrain. Always determined to find a meal, we'll also discover that some polar bears have been observed swimming distances of hundreds of miles. Next, we'll journey to South Georgia Island in the Southern Atlantic Ocean to explore a highly productive habitat. Roughly ninety-five percent of the world's population of Antarctic fur seals make this remote island their annual breeding ground. The island is like a giant playground for the pups, allowing a safe environment for them to socialize with other fur seals and hone their swimming and fishing skills. Although adults can weigh as much as seven-hundred pounds, we'll discover that Arctic fur seals are closely related to dogs. Here we'll witness that playful and puppy-like spirit of Arctic fur seals flourishing in the wild.

[Educational Message: In this episode, we visited the coldest places on Earth to find the most loving families in the animal kingdom. No matter the weather, families in the wild share a close bond that helps get them through the planet's harshest conditions.]

Airdate: 2/13/2021

Time:

Duration: 30:00

ROOTS LESS TRAVELED

WATCH ALONG WITH TAMMY & JULIAN [RLT204]

Today on Roots Less Traveled, we'll be watching along with Tammy and Julian as they revisit their fascinating journey of discovery in Brooklyn, New York. In this episode, we'll find out how their shared experience led to an even stronger bond that Tammy and Julian have today. The adventure begins when Tammy and Julian learn that they are related to undertaker John Baisley, who helped the city bury its dead during the Yellow Fever epidemic in 1856. Since the city of Brooklyn was so densely populated, hundreds died during this time and others left their homes and abandoned the city. We'll learn that while many were fleeing the city, John Baisley stayed in Brooklyn to help nurse the sick and dying, in most cases rendering his services without expecting or receiving any pay. Tammy and Julian also learn that they have direct ties to James Howell, a former Mayor of Brooklyn who served from 1878-1881. Not only was James Howell the 19th Mayor of Brooklyn, he also owned a large iron works company and became an integral part in building the iconic Brooklyn Bridge. This revelation instilled Tammy with a great sense of pride for her ancestral roots that were previously unknown. To learn more about their ancestor's iron works company, Tammy and Julian visit a blacksmithing shop to discover what it would've been like to work as a blacksmith during that time. Here we'll witness the bond between aunt and nephew strengthen as Tammy and Julian walk a day in their ancestor's shoes. Inspired to learn more about their rich family heritage, Tammy and Julian plan to return to New York City and walk across the Brooklyn Bridge together to locate James Howell's honorary plaque.

[Educational Message: In this episode, we took a look back at Tammy and Julian's journey through New York City. We found out that this experience not only had a strong impact on their relationship, but also gave Tammy and Julian a new sense of pride in their family history. Discovering that their roots run much deeper than they had previously known, Tammy and Julian are inspired to learn and share more of this history with their family.]

Airdate: 2/13/2021

Time:

Duration: 30:00

ONE TEAM: THE POWER OF SPORTS

TAKING A STAND [TPS107]

First, we hear hockey player Jason McCrimmon discuss the importance of diversity in sports and learn how he started a youth hockey program in the Detroit community he grew up in, introducing the sport and other opportunities that come with it to young players. Next, we learn how NFL players have used the long off season to give back to their communities and support causes that promote education and opportunity for the next generation. Then, we get a closer look at the already impressive career of gymnast Simone Biles and examine how she cemented her place in gymnastics history after her performance at the Rio Games, where she won more gymnastics gold medals than any previous American woman. The term "gymnastics" comes from the Greek word meaning "to exercise." Finally, we meet hockey fan Renee Hess and learn how she

started the Black Girl Hockey Club to ignite interest in the sport and allow the opportunity for fans in the black community to bond over their mutual passion for the sport. In 1958, Willie O'Ree became the first black player in the NHL, and Blake Bolden is the first black player to compete in the National Women's Hockey League.

[Educational Message: Success alone does not define a great legacy-- how you impact others' lives long after the game is over is just as important. Viewers learn about the importance of giving back to your community, being an example for others to not give up, and supporting others and having support from others, whether it be in sports or life.]

Airdate: 2/13/2021

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

PHO-NOMENAL [VJG205]

Host Josh Garcia is ashore in Ho Chi Minh City, Vietnam, where he explores the traditional culture still thriving in this fast paced, modern city. Josh visits a workshop where skilled artisans craft handmade pieces using the ancient technique of bronze casting. First, custom molds are shaped out of clay, and once the mold is dry, it's sealed by hand before it's wrapped in wax. After details are added, it is wrapped again in clay and ash and hardened in a kiln to melt away the wax before the bronze is added. Then, Josh meets a local chef who teaches him the art of making pho, Vietnam's wildly popular street food and signature dish. Pho is an aromatic soup that's served topped with thinly spiced beef, seasonings, flavorful herbs, and rice noodles. Finally, Josh ventures into the area's lush rice fields where he learns to harvest rice by hand one grain at a time. He learns that rice harvesting isn't easy and requires much time and careful work, spanning across about three cropping seasons per year.

[Educational Message: The intersection of modernity and antiquity arrives when ancient cultural practices are handed down and modern advancements are embraced.]

Airdate: 2/13/2021

Time:

Duration: 30:00

VETS SAVING PETS

ATTACHED AT THE HIP [VSP120]

Today on Vets Saving Pets, a cat has lost the spring in its step, a puppy suffers from a heart murmur, and a miniature pinscher arrives at the clinic with tooth pain. First up, a cat named Buster is rushed to the Emergency Veterinary Clinic suffering from walking issues. After examining the X-rays, Dr. Boyd determines that Buster has broken both of his hip joints and will require immediate surgery. For this procedure, Dr. Boyd will need to perform a femoral head excision, a process that removes the ball of the hip joints, creating a false joint that will help Buster regain mobility. Dr. Boyd will have to work extra carefully to avoid affecting Buster's sciatic nerve, which can cause serious issues if damaged. Next, a Cavalier King Charles puppy named Begley arrives at the clinic for a heart assessment. Suffering from a heart murmur his entire life, Begley needs additional exams to ensure he can safely undergo an upcoming neutering surgery. Due to the high risk of potential complications with anesthesia, the team will have to find out the severity of Begley's heart murmur before surgical procedures can be performed. Dr. Williams, the clinic's cardiologist, will need to perform an ultrasound on Begley. Finally, a miniature pinscher named Tadpole arrives at the

clinic suffering from issues with her teeth. Dr. French, the clinic's veterinary dentist, determines that Tadpole's canine teeth are embedded in her jaw and will need to be extracted. Dr. French explains this is a serious issue that can lead to major complications if not treated immediately. Due to Tadpole's miniature size, a tooth extraction can potentially fracture the dog's tiny jaw if not performed carefully. Here we'll learn that smaller dogs tend to have teeth too big for their mouths, making them more susceptible to dental complications.

[Educational Message: Veterinarians can specialize in many different areas of medicine, such as critical care, oncology, cardiology, neurology, anesthesiology, dermatology, dentistry, surgery, and more. In this episode, we witnessed the careful precision necessary when conducting surgical procedures. Education is critical to the success of these specialists.]

Airdate: 2/20/2021

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

CORAL REEFS [EDD308]

Today on Earth Odyssey, host Dylan Dreyer takes us on an adventure to explore the most unique coral reefs in our planet's oceans. First up, we'll travel to the pristine coral reefs of Zanzibar. We'll learn that some of these coral reefs stretch fifty-five miles across the ocean floor, growing for more than fifty-million years. Zanzibar hosts some of the most spectacular coral gardens in the world with more than ninety percent of East Africa's hard coral species found in Zanzibar. Here we'll discover that scientists are able to determine the climate patterns of the prehistoric age by studying coral samples. Next, we'll travel to the beaches and coral reefs of Thailand to learn more about the aquatic wildlife living in the Gulf of Thailand. Here we'll meet the world's largest fish, the whale shark. Migrating through the oceans, where they go and come from is still unclear. But off the shores of Thailand, these gentle giants make the most of plankton blooms. With mouths measuring almost four feet wide, these sharks could devour most fish, but it's the smallest creatures that they feed on. We'll discover that whale sharks can consume tens of thousands of plankton in just one gulp. Finally, we'll visit a coral reef that resides in much cooler waters. Located off the west coast of Canada, Vancouver Island stretches approximately two-hundred and eighty miles long by about sixty miles wide. Vancouver Island is known as the largest island off the west coast of North America. Boasting some of the most food rich shores on the planet, Vancouver Island is home to an abundance of marine creatures. This intertidal zone is a colorful cold-water paradise that puts many tropical reefs to shame. Here we'll discover more about the unique aquatic wildlife that inhabits the cold waters off Vancouver Island.

[Educational Message: In this episode, we visited the most beautiful coral reefs in the world. We discovered that coral reefs are just as diverse as the species that make them their home. Maintaining the health of our Earth's oceans is vital to ensure the future and survival of our coral reefs and their inhabitants.]

Airdate: 2/20/2021

Time:

Duration: 30:00

WILD CHILD

COLDEST KIDS [WLC101]

Today on Wild Child, host Sheinelle Jones takes us to the coldest places on Earth to discover the animal families that love to chill out. All around the planet, the coldest places in the wild are where you can find some of the most fascinating animal family bonds. In extreme climates, lessons passed from mother to child can make the difference between survival and being left out in the cold. First up, we'll travel to the North Pole where we'll meet a family of polar bears. We'll discover that polar bears are considered the largest carnivorous land mammal on Earth. Polar bears commonly give birth to twin cubs that stay with mom until they're about three years old. In that time, mom passes along many vital life skills to help her youngsters survive in the harsh terrain. We'll also learn that right after giving birth, polar bear moms can go without eating for as long as eight months. Next, we'll discover more about the unique birds that call the coldest places on Earth home, such as the black-browed albatross. Come breeding season, albatrosses head for South Atlantic islands to rest their wings and start a family. The Falkland Islands contain one of the highest concentrations of albatrosses with almost 400,000 couples nesting in the area each year. Only one egg is laid by each female, making each hatchling very precious. Here we'll witness how albatross parents work together to ensure the survival of their chick in a challenging environment.

[Educational Message: In this episode, we discovered more about closest families in the wild, living in the coldest places on Earth. The tight knit bond between both furry and feathered animals reveals that no matter the temperature, family comes first.]

Airdate: 2/20/2021

Time:

Duration: 30:00

ROOTS LESS TRAVELED

WATCH ALONG WITH FARUQ [RLT208]

Today on Roots Less Traveled, we'll join host Faruq Tauheed and take a look back at some of the most memorable family moments. In this episode, Faruq will reflect on his experiences guiding families through their life-changing journeys of discovery. First, we'll look back at Al and JR's trip to Havana, Cuba. Al and JR discovered that Al's grandfather, Joseph Barlow, owned and developed thirty-four blocks of downtown Havana. We learned that Joseph Barlow once owned the Barlow-Cuba Company of Havana, an extremely successful business. Here we discover that the entrepreneurial spirit runs deep within their roots, as Al and JR are both entrepreneurs themselves. Next, Faruq looks back on his time with Michelle and Rob in Mexico City. Their journey included a trip to the ornate National Palace where they learned that their second cousin Ernesto gave the keys to Mexico City to President John F. Kennedy. Michelle and Rob also discovered that their third cousin, Manual Uruchurtu, died on the Titanic after giving up his seat on a lifeboat to a woman in need. Finally, we'll revisit Sharee and DeVonn's incredibly significant discoveries in Tennessee. At a visit to the Tennessee Supreme Court, Sharee and DeVonn discovered that their four-times great grandfather Larkin Ford was a part of an 1840s landmark Tennessee court case. In 1840, Larkin Ford was a slave living in Washington County and was owned by American Revolutionary war veteran, Loyd Ford. That year, Loyd Ford drew up a will that would give his slaves their freedom and his land after his death. Although it would be contested, we'll learn that Larkin Ford eventually prevailed and was awarded the very same farm that he worked on as a slave. Here we'll witness Sharee and DeVonn emotionally reflect upon the incredible resilience and perseverance of their enslaved ancestors. We'll learn that this experience also profoundly affects Faruq, who takes time to reflect on his own ancestral roots as well.

[Educational Message: In this episode, we joined Faruq to revisit some of the most incredible family moments from this season. We learned that connecting with our past helps us connect to parts of

ourselves that we didn't know existed. Faruq helped us look deeper in our histories so we can gain a better understanding of our roots to share with generations to come.]

Airdate: 2/20/2021

Time:

Duration: 30:00

ONE TEAM: THE POWER OF SPORTS

PAVING THE WAY ON PAVEMENT [TPS108]

First, we learn how middle-distance runner Craig Engels balances his running career and life off the track in an effort to maintain his mental health as well as his physical strength. Running for thirty minutes a day can boost a person's mood, sleep quality, and concentration levels. Next, Olympians discuss how mindset impacts performance and what they do to mentally prepare for competitions. The five Olympic rings stand for the five continents competing in the Games, and over 220 countries compete in the Summer and Winter Olympics. Then, NASCAR driver Hailie Deegan shares how she got her start in racing at an early age and how she finds confidence to get behind the wheel and continue to pursue her passion in a male-driven sport. The first NASCAR race was on February 15, 1948 in Daytona Beach, and Sara Christian was the first woman driver in NASCAR history.

[Educational Message: Having a healthy mindset is just as important as strength and fitness to be a successful competitor. Viewers learn tips on how to balance working toward a goal and taking time to explore new outlets, techniques Olympians use to develop a healthy mindset to compete, and steps to take to become a racecar driver.]

Airdate: 2/20/2021

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

COSTA RICAN ADVENTURES [VJG310]

Host Josh Garcia sails to the Central American country of Costa Rica, known as one of the most visually stunning and ecologically diverse places on Earth. First, Josh visits a mask-maker who crafts larger-than-life masks called mascaradas, adopted from an old Spanish colonial tradition. They now appear at all sorts of Costa Rican celebrations, including on the holiday El Día Nacional de la Mascarada Tradicional Costarricense, celebrated on October 31st. "Gigantes y cabezudos" or "giants and big heads" were popular throughout medieval Europe. Then, Josh meets a guide who explores and documents waterfalls, and he leads Josh into the Bajos del Toro region, located between the Poás and Viejo volcanoes. In the nearby cloud forest, Josh learns about Costa Rica's unique micro-climates. A microclimate, or climate zone, is an area where the atmospheric conditions differ from the surrounding areas. Here, different rivers come from different volcanoes, and the vegetation and animals along each of these rivers adapt differently to their different mineral composition. Rio Agrio, for example, has a high acid pH level due to a mix of sulfur, iron, and silicon, among other chemical elements. Next, Josh visits a ranch where Spanish Horses are raised and trained in the discipline of dressage. Purebred Spanish Horses are called PRE, which stands for Pura Raza Espanol, and are from Andalusian bloodstock. The first registration dates back to the early 1300s. Many principles of dressage training today evolved from The Imperial Spanish Riding School of Vienna established in 1572. Josh gets into the arena and has a lesson from an equestrian in how to move three horses at one time by communicating with some simple verbal and signal cues. Finally, Josh meets a chef

and learns to prepare a tuna dish that has ingredients only found in the region, leaving him with a very happy and delicious taste of the country.

[Educational Message: Nature is an incredible artist and it's not hard to look in wonder at its many formations, whether formed by volcanic activity or water flow.]

Airdate: 2/20/2021

Time:

Duration: 30:00

VETS SAVING PETS

TIME IS OF THE ESSENCE [VSP121]

Today on Vets Saving Pets, a Portuguese water dog is suffering from bloat, an elderly feline has kidney problems, and a cat named Enzo arrives at the clinic with a serious head wound. First up, a Portuguese water dog named Marley is brought to the Emergency Veterinary Clinic with a case of gastric dilatation volvulus, or bloat. Here we learn that Marley's stomach has been twisted and this condition can be life-threatening if not treated immediately. Dr. Boyd, the clinic's surgeon, will be performing an emergency surgery to fix Marley's bloat issue. After Dr. Boyd successfully untwists Marley's organs, the stomach is surgically fused to its natural position and should prevent the issue from recurring in the future. Next, a 24-year-old feline named CC arrives at the clinic suffering from kidney failure. Dr. Martin, the clinic's internal medicine veterinarian, will be performing an ultrasound to determine if CC's kidney issues have stabilized. After an examination, Dr. Martin confirms that the kidneys have stabilized and that CC's issues are common for her old age. Dr. Martin will prescribe subcutaneous fluids to ensure CC is well hydrated before sending her home. Finally, a cat named Enzo arrives at the clinic with a serious head wound suffered during a fight with another cat. Dr. Bryer, the clinic's emergency medicine veterinarian, will examine Enzo's injury to determine the best treatment for recovery. After discovering that the wound has been infected, Dr. Bryer and team will have to clean and flush the area to determine if surgery will be necessary. Once the area is shaved and cleaned, Dr. Bryer confirms that surgery will not be needed and prescribes Enzo with antibiotics to aid in his recovery.

[Educational Message: In this episode, we learned that emergencies can happen very quickly in the field of veterinary medicine. Veterinarians must always be prepared to act fast when working in an emergency clinic. Preparation and education are vital to success.]

Airdate: 2/27/2021

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

MADAGASCAR [EDD309]

Today on Earth Odyssey, host Dylan Dreyer takes us on a journey to the island of Madagascar, where the wildlife is as fascinating as anywhere else in the world. Sitting around two-hundred and fifty miles off Africa's southeastern coast, Madagascar is the fourth largest island on the planet. After breaking away from the mainland and ultimately separating from India around ninety-million years ago, many creatures became trapped on Madagascar. Of the near quarter of a million species found on the island, approximately seventy percent of those animals are unique to Madagascar. First up, we'll meet a group of ring-tailed lemurs that call Madagascar home. Standing approximately fifteen inches tall and weighing just over four pounds, their striped tails make them stand out from all other species. When foraging, we'll discover that ring-tailed

lemurs will stick their tails up like flags to keep the group together. We'll also learn that every ring-tailed lemur has thirteen alternating black and white rings on their tail. Next, we'll meet a unique primate with an interesting adaptation, the sifaka. These primates are known for their strange sideways leap, more commonly known as the "dance" of the Sifaka. These creatures are so adapted to living in the trees, all they can do is hop when traveling on land. Among the branches, however, few creatures can match the sifaka's leaping prowess. We'll learn that a sifaka can live up to twenty years or longer in the wild. Finally, we'll travel deep in the caves of Northern Madagascar where we'll meet a surprising predator. This is the dark domain of the world's only cave-dwelling crocodiles. Reaching a length of up to twenty feet, these reptiles are some of the largest specimens in the world. While the Nile crocodile is also found in Madagascar, we'll discover that experts believe the cave-dwelling crocodile to be a descendant of the Nile crocodile.

[Educational Message: In this episode, we learned that Madagascar is rich with fascinating animals and ancient traditions. The biodiversity within Madagascar proves that life always finds a way. You'll never know what you'll discover in the highest trees and even in the darkest caves.]

Airdate: 2/27/2021

Time:

Duration: 30:00

WILD CHILD

SUMMER SESSION [WLC102]

Today on Wild Child, host Sheinelle Jones takes us on a journey around the world to find the animal families who love the summertime season. Many animals bring their young into the world during these warmer months when food is plentiful, and conditions are kinder. First up, we'll travel to the African savanna where a herd of impala are just getting their day started. We'll learn that impalas are herbivores that graze on the plentiful grasses and vegetation of the savanna. While these antelope prefer to stay in herds for safety, impala can run at incredible speeds and can even leap distances of up to thirty-three horizontal feet. Here we'll witness the unique bonding between mother and child as a baby impala gets its first morning feed. Next up, we'll visit with a group of manatees and learn how these gentle giants care for their young. There are few marine mammals that spend as much time with their mothers as a baby manatee. We'll discover that it can be up to four years before a manatee calf ventures out on its own. During that time, the baby manatee will learn all the lessons it needs to survive and thrive in the wild. Here we'll witness the incredible dedication of manatee mothers to ensure their children are safe and healthy as they are brought into the world.

[Educational Message: In this episode, we took a summer vacation to the most amazing places in the animal kingdom. We discovered more about the incredible bonds between mother and child as various species raise their young during the summer months. As we've witnessed, the moms and dads in nature are always there for their babies, no matter how wild the child.]

Airdate: 2/27/2021

Time:

Duration: 30:00

ROOTS LESS TRAVELED

WATCH ALONG WITH MICHELLE & ROB [RLT201]

Today on Roots Less Traveled, we'll be watching along with Michelle and Rob as they reflect on their incredible journey of discovery in Mexico City. In this episode, we'll gain more insights from Michelle and Rob about their unique experience and how it's helped bring them closer together. When host Faruq Tauheed took half-siblings Michelle and Rob to Mexico City, they discovered that they are related to the Uruchurtus, a very famous Mexican political family. Their journey included a trip to the ornate National Palace where they learned that their second cousin Ernesto gave the keys to Mexico City to President John F. Kennedy. Next, Michelle and Rob happened to be in Mexico City during Dia de los Muertos, or Day of the Dead, a holiday that honors loved ones who have passed. In preparation for this annual cultural event, Michelle and Rob joined a skull candy artist to learn how to make and design sugar skulls. Here we'll witness the deep connection between Michelle and Rob as they bond over their own personal touches to the sugar skulls. Soon after, Michelle and Rob discovered that their third cousin, Manual Uruchurtu, died on the Titanic after giving up his seat on a lifeboat to a woman in need. Here we'll find out just how emotional Michelle and Rob became after discovering this incredible revelation from their past. As a retired firefighter, this news hits Rob particularly hard as he reflects on Manual Uruchurtu's ultimate sacrifice to save others in need.

[Educational Message: In this episode, we took a look back at Michelle and Rob's amazing journey of discovery in Mexico City. We received a unique glimpse into their experience together and how it has affected them since. Not only has this brought Michelle and Rob together closer than ever, it's allowed them both to share this information with multiple generations, further strengthening the bond within their families.]

Airdate: 2/27/2021

Time:

Duration: 30:00

ONE TEAM: THE POWER OF SPORTS

LEGENDARY CIRCUMSTANCES [TPS109]

First, we learn how Olympic sprinter Noah Lyles balances his two passions, running and art. Sprinters use spikes with no cushioning because all of their running is done on the ball of their foot. Next, we learn how basketball legend Sue Bird has made an impact on the sport not only through her talent but also through her selflessness and willingness to teach others. Women's basketball was added to the Olympics in 1976. The U.S. women's team has won six consecutive titles so far-- if they win their seventh straight championship in 2021, they will tie the U.S. men's basketball team for the most consecutive Olympic team victories in all Olympic sports, men or women. Then, hockey player Cammi Granato discusses the limitations she faced growing up as a female playing a predominantly male sport and how that's influenced her passion to grow opportunities for women in hockey through her own success, becoming the first female pro scout in NHL history and one of the first woman inducted into the Hockey Hall of Fame. Women's hockey became an Olympic sport in 1998, and the U.S. women's hockey team won gold at its inaugural Olympic Games. Finally, we learn how U.S. women's gymnastics grew to be a dominant force, as both an individual and team event. Mary Lou Retton was the first American woman to win the all-around gold medal during the 1984 Summer Olympics; and the 1996 U.S. women's gymnastics team, also known as the "Magnificent Seven," won the first ever gold medal for the U.S. in the women's team competition.

[Educational Message: Finding the courage to try something new or be the first to do something can lead to different opportunities, newfound interests, and success. Viewers learn tips on how to balance

two passions, the history of U.S. women’s Olympic basketball, the history of U.S. women’s hockey, and the history of U.S. women’s gymnastics.]

Airdate: 2/27/2021

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

WOWED BY MAUI [VJG305]

Host Josh Garcia sails to Maui, Hawaii where he spends the day on the island immersing himself in Hawaiian culture. First, Josh meets up with a singer/songwriter to learn more about the ukulele. Ukulele means “jumping flea” in Hawaiian. The instrument has been in Hawaii since the 1800s, and was brought to the island by the Portuguese. The sound of the ukulele has become synonymous with the Hawaiian Islands, and Josh learns a few chords on this instrument. Then, Josh learns to prepare Lau Lau, a traditional Hawaiian dish, and learns the unique ways taro and ti leaves are used to steam local vegetables and meat. Lau Lau means “leaf leaf” or “many leaves” in Hawaiian. The Lau Lau is served at a traditional Hawaiian Luau, or feast. Then, Josh takes to the water to find his balance while stand-up paddle boarding in the iconic Honolua Bay. Honolua Bay is part of a 45 acre Hawaiian Marine Life Conservation District. Josh learns the basics of stand-up paddleboarding one foot at a time. A form of stand-up paddling has been used in ancient cultures worldwide for thousands of years. Finally, Josh learns about pineapple, an iconic Hawaiian fruit. Pineapple crops came to Hawaii from South America in the late 1800s and Pineapple canning was a booming industry in Hawaii until 2007. The crown of a pineapple contains the plants roots, and Josh tries his hand at harvesting pineapples and learns how this fruit travels from the field.

[Educational Message: Music can be a powerful form of cultural expression, and the sound of the ukulele has come to be a global symbol for the Hawaiian Islands and their way of life.]

Airdate: 2/27/2021

Time:

Duration: 30:00

VETS SAVING PETS

A RASH OF INJURIES [VSP122]

Today on Vets Saving Pets, a terrier is suffering from spinal cord issues, a Pekingese has a skin rash, and a Schnauzer is brought to the clinic with end-stage heart failure. First up, a terrier named Anchor arrives at the clinic after suddenly losing the ability to walk. Dr. James, the clinic’s neurologist, will perform a neurological exam to determine the severity of Anchor’s mobility issues. After additional X-rays prove inconclusive, Dr. James determines that an MRI exam will be needed to accurately diagnose Anchor’s issue. Once the results arrive, Dr. James discovers that Anchor is suffering from a disc extrusion in his spine. Here we learn that the disc extrusion, or slipped disc, is causing compression and bruising on Anchor’s spinal cord. Dr. James will have to surgically remove the affected disc material in order to restore Anchor’s mobility. Next, a Pekingese named Ping is brought to the clinic suffering from a persistent skin rash. Dr. Waisglass, the clinic’s dermatologist, will perform a variety of tests to determine the root of Ping’s skin problems. Dr. Waisglass is concerned the skin issues may be caused by an immune disease or potentially cancer. A skin scraping and culture test soon rule out any serious issues and Dr. Waisglass sends Ping home with medicated shampoo to aid in his recovery. Finally, a Schnauzer named Sydra is visiting the clinic for a check-up cardiology appointment. Sydra has been suffering from end-stage heart failure which has been

causing recent collapsing episodes. Dr. Williams, the clinic's cardiologist, will be performing an ultrasound on Sydra to determine if the pup's heart issues have progressed.

[Educational Message: If at first you don't succeed, you must try again. A career in veterinary medicine will expose you to many challenges but we must never give up in the face of adversity.]

Airdate: 3/6/2021

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

FAR EAST ASIA [EDD301]

Today on Earth Odyssey, host Dylan Dreyer takes us on a fascinating journey to Far East Asia. We'll discover that Eastern China contains a vast diversity of habitats found nowhere else on Earth, including some of the most dangerous climates and severe elevations in the world. From frozen seas, to some of Earth's oldest jungles, these secret worlds hold nature's strangest and most spectacular creatures. First up, we'll travel to the high altitudes of Southern China where snow blankets mountain peaks throughout the year. This remote and unwelcoming terrain is home to a species of primate that has superbly adapted to its extreme climate. The snub-nosed monkey makes their home more than two miles above sea level, the highest altitude of any primate. We'll learn that it's believed that the animal's snub nose evolved to avoid the otherwise inevitable frostbite that occurs in such harsh conditions. Next, we'll journey from the mountain tops of China to the tropical island of Taiwan where we'll meet another incredible species. The lush jungles found in Northern Taiwan are home to a population of emerald green tree frogs, a species perfectly suited to its rainforest habitat. Despite living in the canopy, these amphibians evolved from aquatic ancestors and still need the high humidity to keep their skin moist. While tree frogs are found on every continent except Antarctica, we'll discover that roughly 75% of all known species call South America home. Finally, we'll travel to Thailand to meet a troop of long-tailed macaques with a fascinating adaptation. Usually found amongst the trees eating fruit, a group of long-tailed macaques in Thailand have developed an ability they display almost nowhere else. Along the coastline at low tide, this extraordinary troop has learned to harvest a surprising food source, shellfish. Due to their tough armor, shellfish wouldn't normally appear on the macaque's menu. Incredibly, these macaques have learned to use stones as tools in order to harvest their food. We'll discover that macaques actually select different shaped stones depending on the species of mollusk.

[Educational Message: In this episode, we witnessed how the unique species that call Far East Asia home have evolved and adapted to their extreme environments. No matter how challenging, the diversity of land and climate in Far East Asia has given the incredible animals here the tools to survive and thrive.]

Airdate: 3/6/2021

Time:

Duration: 30:00

WILD CHILD

AUTUMN LOVIN' [WLC103]

Today on Wild Child, host Sheinelle Jones takes us around the planet to spend the day with animal families as the autumn season kicks into gear. Traditionally a time for harvest, autumn is a busy time for creatures

from all walks of life as they build up their winter food stores. With supplies plentiful, this golden time is prime for many animals to welcome new members into their families. First up, we'll visit Africa to spend time with one of the world's most iconic animals, the gorilla. Gorillas are an endangered species, making every baby especially precious and important. Newborn gorillas weigh about five pounds and cling tightly to mother's belly early on. Before long, the baby gorillas graduate and start cruising around "piggy-back" style. Mother gorillas will provide this special taxi service to their furry bundles until they are about two or three years old. We'll discover more about the social structures of gorilla troops and their dedication to protecting their young. Next, we'll travel to our ocean's coral reefs to learn more about a species with exceptional parenting skills, the clownfish. We'll first discover more about the symbiotic relationship that exists between sea anemones and clownfish. Usually found hanging in and around the stinging tentacles of sea anemones, clownfish have a special mucus layer that protects them from being harmed. In return, clownfish keep the sea anemones clean of algae and help ward off any predators that may harm the anemone. When it comes time to breed, male clownfish will create a nest on a nearby rock, while mom lays her clutch of up to one-thousand eggs. Born transparent, baby clownfish quickly grow to be colorful cuties just like their parents.

[Educational Message: In this episode, we discovered more about the unique animal babies of autumn. From gorillas to clownfish, we witnessed the incredible dedication of wild mothers and fathers as they raise their young in the changing season. While the days are slowly getting shorter, these youngsters are quick to take advantage of every waking minute.]

Airdate: 3/6/2021

Time:

Duration: 30:00

ROOTS LESS TRAVELED

WATCH ALONG WITH PAUL & KALINA [RLT206]

Today on Roots Less Traveled, we'll be watching along with Paul and Kalina as they reflect on their experience at the Civil War battleground of Port Republic, Virginia. In this episode, we'll find out what Paula and Kalina took from this journey and how it's changed their relationship for the better since. At the battleground of Port Republic, the two discovered that Paul's great grandfather, Austin D. Springer, was a drummer boy for the Union Army. We'll find out that officers directed the musicians to play certain songs that communicated orders to the soldiers. We'll discover that these musical roots run deep in their family, as Paul and Kalina both have a background playing the drums and percussion instruments. Later at Port Republic, Paul and Kalina learned that Austin Springer was taken prisoner by the Confederate Army in 1862. Based on historical evidence, it's believed that Austin Springer stayed behind to help the wounded rather than fleeing the invading Confederate Army, leading to his swift capture. However, Paul and Kalina discovered that Austin Springer eventually escaped capture and hid in slave huts until he made his way back to the Union Army. We'll find out how this amazing revelation helped inspire Kalina to show more acts of kindness to others in her own life. Not only did this experience bring Paul and Kalina closer together, they are currently planning future trips to discover more about their family heritage.

[Educational Message: In this episode, we took a look back at Paul and Kalina's experience learning about a side of their family that was previously unknown to them. At a battleground in Virginia, Paul and Kalina learned about the acts of kindness that helped Paul's great grandfather survive the Civil War. We discovered that this revelation had a profound impact on Kalina to make more positive changes in her own life.]

Airdate: 3/6/2021

Time:

Duration: 30:00

ONE TEAM: THE POWER OF SPORTS

CAGE MATCH [TPS101]

First, we learn how NFL players have used the long off season to give back to their communities and support causes that promote education and opportunity for the next generation. Next, we meet the parents of Olympians and learn how their sacrifice and support helped push their children to the top of the podium. Olympians share examples of how their parents have influenced their successes and who they are today—such as, introducing them to sports at an early age, pushing them to keep going in challenging moments, and believing in them to pursue their passion. Finally, we meet three English soccer players and hear how their humble beginnings playing soccer in cages in south London influenced their successful soccer careers by teaching them to make the most of every opportunity and not get distracted by unwanted influences. Modern soccer was said to be invented in England in 1863, and there are over 5,000 teams in the English football system, with different tiers depending on the caliber of play.

[Educational Message: Greatness can be defined in more ways than winning a gold medal--it can be achieved by being a leader, supporting others, and not giving up. Viewers learn the importance of giving back to your community, surrounding yourself with a strong support system, remaining resilient in the face of adversity, and making the most of an opportunity no matter how big or small.]

Airdate: 3/6/2021

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

TOP OF THE WORLD [VJG201]

Host Josh Garcia voyages north to Alaska and takes a train to the quaint Alaskan town of Talkeetna, in the shadow of Denali, the tallest peak in North America. Curious about Alaska's passion for sourdough, Josh first visits a local bakery where he discovers why this celebrated bread is the toast of the town. Sourdough has been traditional in Alaska since the pioneer days, when commercial yeast wasn't available and a sourdough starter was needed for bread to rise. Sourdough is a culture and a naturally occurring yeast. Then Josh takes a flightseeing tour of Denali and explores one of its magnificent glacial peaks. Denali National Park is 6 million acres, and the Denali summit is 20,310 feet. Then, a team of Iditarod sled dogs takes Josh for the ride of his life!

[Educational Message: Across generations, cultural practices and traditions can transform and take on new functions to adapt to modern practices and ways of life. In time, something that once felt outdated could later feel significant again under a new use in modern culture.]

Airdate: 3/6/2021

Time:

Duration: 30:00

VETS SAVING PETS

DR. JAMES SAVES THE DAY [VSP123]

Today on Vets Saving Pets, a dachshund arrives at the clinic with back pain, a Bengal cat can't seem to pounce, and a St. Bernard's legs begin to fail. First up, Burger the dachshund is brought to the Veterinary

Emergency Clinic suffering from pain and walking issues. Dr. James, the clinic's neurologist, performs a neurological exam to determine the extent of Burger's back issues. Dr. James, suspecting that the issue is caused by a compressed spinal cord, performs a CT scan on Burger. When the CT scan results reveal a severe issue with Burger's spine, Dr. James determines that immediate surgery is needed to fix the problem. Here we'll witness and learn more about how veterinary surgeons delicately and precisely perform surgical procedures. Next, a pet Bengal cat named Simba arrives at the clinic suffering from mobility issues. Dr. James meets with Simba and quickly determines that the cat's peripheral nerves are being severely affected. Dr. James recognizes this condition to be common in this breed of cat and prescribes corticosteroids to help restore Simba's mobility. Finally, a St. Bernard puppy named Harley arrives at the clinic having problems dragging her feet. Harley is soon referred to Dr. James for additional testing to try and determine the potential cause. After discovering an abnormality in Harley's spine that may be compressing her spinal cord, Dr. James orders a CT scan to get a clearer image of the issue. Assisted by a veterinary intern, Dr. James uses this moment to help teach her intern about some of the neurological disorders she may encounter in her future career. Harley will undergo a risky surgery to decompress her spine and help restore normal mobility.

[Educational Message: We must always follow our dreams and passions. In this episode, we witnessed Dr. James' strong passion for helping heal sick animals. Veterinary medicine can be a rewarding career path for those who are strongly passionate about animals.]

Airdate: 3/13/2021

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

ARABIA [EDD302]

Today on Earth Odyssey, host Dylan Dreyer takes us on a journey to the fascinating landscape of Arabia where we'll find out what makes this land so unique. Known as the world's largest peninsula, Arabia is made up of over 800,000 square miles of brutal desert. However, Arabia's hostile appearance hides a land of diverse ecosystems and more than five-hundred different vertebrates. First up, we'll meet some of the species of birds that call Arabia home such as the sandgrouse and fan-tailed raven. We'll learn that there are sixteen known species of sandgrouse found throughout Asian and African deserts. We'll also discover that sandgrouse have the unique ability to soak up water in their breast feathers in order to feed their chicks. We'll also witness the behaviors of other birds such as fan-tailed ravens. We'll learn that fan-tailed ravens are omnivorous and opportunistic feeders, meaning they eat whatever food is available. Next, we'll travel from the desert to the coastline. Although the Arabian Peninsula is home to some of the most extreme deserts in the world, it's also home to thousands of miles of beaches. Here, we'll discover more about the life cycle of green sea turtles. No matter the distance, female green sea turtles will always return to the same beach on which they were born to nest. Here we'll witness the birth of newborn green sea turtles and learn more about the predators and challenges they face on their first journey to the ocean. Finally, we'll learn more about a unique sea mammal that was once mistaken as a mermaid. The dugong, a species of manatee, calls the shallow waters off the Arabian Peninsula home. While these gentle mermaids are rare, Arabia is believed to have the second largest population of dugong on the planet. As the closest known land relative to the dugong is the elephant, we'll learn that male dugongs can even grow tusks.

[Educational Message: In this episode, we witnessed how various species have evolved in the harsh land of the Arabian Peninsula. Between the deserts and beaches, Arabia's landscape seems very

similar. But it's what's living under the surface that gives this amazing country's wildlife a sense of wonder.]

Airdate: 3/13/2021

Time:

Duration: 30:00

WILD CHILD

AFRICAN ANIMALS [WLC104]

Today on Wild Child, host Sheinelle Jones takes us on a journey to explore the family bonds of animals living in the African savanna. The second largest continent on Earth, Africa is home to over one-thousand species of mammals. When it comes to wildlife, Africa ranks among the world's most diverse continents. We'll discover that the world's fastest, tallest, and largest animals all call Africa home. Conditions in Africa might often be harsh, but wildlife finds a way to adapt and flourish. First up, we'll travel to Kenya to visit with a family of cheetahs. Here we'll witness as the cheetah's protective mother constantly scanning the landscape for any predators that might harm her cubs. We'll discover that cheetah litters can range from one to six cubs at a time. We'll follow along with mom and observe how she feeds and cares for her young until they are ready to face the world on their own. Next, we'll journey to Morocco to learn more about goats that go to great heights for their next meal. Here we'll observe a herd of goats as they forage for fruit on an Argan tree. However, these goats don't just forage on ground level, they will climb up to thirty feet high on the Argan tree branches to find the best fruits. We'll discover that all goats are excellent climbers and they use this talent to help them find food. Packing a pair of cloven hooves with two wide toes, goats are able to retain balance on even the most unsteady footing. Living within a drought-stricken region means food is scarce, so it's no surprise that these local goats have adapted their climbing skills to include trees.

[Educational Message: In this episode, we explored the power of youth across an ancient and extraordinary continent. We witnessed how various species have adapted and flourished in a harsh and unforgiving climate. It is because of the determination and dedication of these wild parents that the species continue to survive and thrive.]

Airdate: 3/13/2021

Time:

Duration: 30:00

ROOTS LESS TRAVELED

WATCH ALONG WITH AL & JR [RLT205]

Today on Roots Less Traveled, we'll be watching along with Al and JR to gain more insight into their eye-opening journey to Havana, Cuba. In this episode, Al and JR will share how their experience allowed them to reconnect in ways they couldn't have imagined. Starting in Cuba, the pair discovered that Al's grandfather, Joseph Barlow, owned and developed thirty-four blocks of downtown Havana. We learned that Joseph Barlow once owned the Barlow-Cuba Company of Havana. Appraised at over \$4 million during the early 1900's, the Barlow-Cuba Company was an extremely successful business. Here we'll discover that the entrepreneurial spirit runs deep within their roots, as Al and JR are both entrepreneurs who have started their own businesses. But due to an unfortunate turn of fate, Joseph Barlow lost his riches in a political coup. We'll learn that Joseph Barlow had previously purchased the land under old Spanish grants that were later ruled illegal by the Republic of Cuba. Joseph Barlow's property was soon seized under a provisional decree of President Zayas. Still a rich man, Joseph Barlow started a legal fight against the order but was turned down in every court in Cuba and eventually spent his entire fortune. Here we'll gain insight from Al and JR

on how experiencing this history in person had a much more profound effect than simply reading about it. We'll learn that this journey has forever changed Al and JR, inspiring them to do more to help others in their own lives.

[Educational Message: In this episode, we took a look back at Al and JR's enlightening adventure learning about their family history in Cuba. We discovered how this experience provided the unique opportunity for Al and JR to connect and bond over their shared heritage. Joseph Barlow's dedication and determination throughout his life profoundly inspired both Al and JR and provided them with a renewed entrepreneurial spirit.]

Airdate: 3/13/2021

Time:

Duration: 30:00

ONE TEAM: THE POWER OF SPORTS

DREAM BIG [TPS102]

First, we hear hockey player Jason McCrimmon discuss the importance of diversity in sports and learn how he started a youth hockey program in the Detroit community he grew up in, introducing the sport and other opportunities that come with it to young players. Next, Kirsten Grohs explains her role as manager of football administration for the Atlanta Falcons and discusses opportunities for women in the NFL. There are 32 NFL franchises, and Katie Sowers became the first woman to coach in a Super Bowl in the 2019 season with the 49ers. Then, Olympic swimmer Nathan Adrian explains how he extended the drive and determination he has in the water to help him battle a life-changing cancer diagnosis. Approximately 39.5% of men and women will be diagnosed with cancer at some point in their lifetimes, and the number of cancer survivors is expected to increase to 20.3 million people by 2026. Finally, we hear how Paralympian Tatyana McFadden got started in wheelchair racing, going on to become the first racer ever to win all four major marathons-- London, Boston, New York and Chicago-- in a calendar year. The motto of the Paralympic Games is "Spirit in Motion," and the term "Paralympics" comes from the Greek "para" meaning "besides or alongside," suggesting that the Games run during the Olympics.

[Educational Message: Instead of letting adversity and doubt slow you down, let it be the driving force to challenge the odds. Viewers learn steps to take to start playing hockey, how to deal with adversity, the impact women are having on the NFL, and about wheelchair racing in the Paralympics.]

Airdate: 3/13/2021

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

SOUNDS OF LISBON [VJG219]

Host Josh Garcia spends the day ashore in Lisbon, Portugal, discovering the food, culture, and music of this Portuguese hot spot. First, at a traditional artisan workshop, Josh learns the ancient art of handcrafting Lisbon's iconic, decorative tiles. He sees firsthand how these tiles, locally known as *azulejo*, are made using techniques dating back to the 18th century. *Azulejo* comes from an arabic word meaning "polished stone." Next, he gets a master class in making vegetable tempura, the world-famous dish that originated in Portugal. Tempura means battering ingredients in a batter made of flour, water, herbs, and cornstarch, before frying in oil. Later, Josh is introduced to Fado music and learns about the unique instrument behind its haunting

melodies. The Portuguese guitar has twelve strings, giving the sound a different tone. The body of the guitar is made by molding thin strips of wood to bend the uniquely pear shape of the Portuguese guitar.

[Educational Message: Music can serve as a universal language, and can be an expression of emotion that everyone can understand regardless of their spoken language.]

Airdate: 3/13/2021

Time:

Duration: 30:00

VETS SAVING PETS

PAWS, JAWS, AND GAUZE [VSP124]

Today on Vets Saving Pets, a cat arrives at the clinic with a strange condition, a puppy is having dental issues, and a Dalmatian is suffering from recurring seizures. First up, a cat named Willow is brought to the Emergency Veterinary Clinic with a strange condition that causes her to constantly spin in circles. Dr. James, the clinic's neurologist, performs a neurological exam on Willow to determine what's causing this abnormal behavior. After examining Willow, Dr. James is convinced she is suffering from a left forebrain lesion. Here we'll learn that a lesion on the left forebrain can result in an inability to recognize or process incoming information from the right side of the body. Dr. James will recommend an MRI exam for Willow in order to confirm her diagnosis. Next, a Goldendoodle puppy named Casey arrives at the clinic with dental problems. Dr. French, the clinic's veterinary dentist, discovers that Casey's canine teeth are growing into her lower jaw. Here we'll learn that dental issues like this can lead to serious infections if not treated quickly. Dr. French will need to extract Casey's canine teeth in order to restore her normal bite and prevent future complications. Finally, a Dalmatian puppy named Snickers is brought to the clinic suffering from recurring seizures. Dr. Cochrane, a neurologist at the clinic, will perform a neurological exam to better determine the cause of Snickers' seizures. After a preliminary exam proves normal, Dr. Cochrane is concerned the issues may be linked to epilepsy or potentially a brain tumor. In order to best determine the root cause of this issue, Dr. Cochrane orders an MRI exam for Snickers. After an MRI rules out a brain tumor, Dr. Cochrane diagnoses Snickers with idiopathic epilepsy and prescribes medication to reduce the recurring seizures.

[Educational Message: Every day we are presented with new challenges and we must do our best to overcome those obstacles. In this episode, Dr. Cochrane was challenged with diagnosing Snickers' health problems. We witnessed how Dr. Cochrane never gave up and kept working until she discovered the exact cause of the issue.]

Airdate: 3/20/2021

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

SOUTH ASIA [EDD305]

Today on Earth Odyssey, host Dylan Dreyer takes us on a journey to South Asia to find the most incredible animals that call this land home. In South Asia, the Western Ghats in India are a vast and ancient mountain range that contain over a third of all the country's plant and wildlife species. One of the most biodiverse locations on Earth, the Western Ghats is also the perfect habitat for one of India's most endangered species. Found nowhere else, the lion-tailed macaque is one of the rarest monkeys in the world. Also known as "wanderers," lion-tailed macaque troops have a complex social structure that includes up to twenty

individuals with one dominant male. Here we'll witness how lion-tailed macaques work as a group to alert other troop members of any danger that might be lurking below the trees. Next, we'll travel to Ranthambore National Park in Northern India where we'll come face-to-face the country's apex predator, the Bengal tiger. While a Bengal tiger's roar is loud enough to be heard from up to two miles away, we'll also discover that these predators are extremely skilled at stealth and camouflage. Although Bengal tigers are apex predators, we'll learn that they are only successful one out of every twenty hunts. Here we'll witness how various species of primates and deer living within the same habitat work together to avoid becoming the Bengal tiger's next prey. Finally, we'll travel to the wetlands of South Asia where we'll learn more about another predator in India, the marsh crocodile. Growing up to roughly thirteen feet in length, marsh crocodiles prefer slow-moving, shallow bodies of water. While marsh crocodiles typically survive on fish and smaller animals, these massive reptiles have been known to also take larger prey such as deer.

[Educational Message: In this episode, we discovered more about the incredible biodiversity of South Asia. We witnessed the incredible symbiotic relationships that exist amongst the numerous species living throughout India. The wide array of wildlife, who often work together in times of need, make this region one of the most fascinating on the planet.]

Airdate: 3/20/2021

Time:

Duration: 30:00

WILD CHILD

NORTH AMERICA FUN [WLC105]

Today on Wild Child, host Sheinelle Jones takes us on a trip around North America to find the most fascinating families living in the wild. First up, we'll travel to Yosemite National Park to visit with a family of black bears that have just emerged from their den. Black bears tend to make their shelter in caves, rock piles, or hollow trees throughout the North American wilderness. For black bears, it's the female who takes care of raising the young. It will be the mother's job to feed, protect, and teach her offspring everything they need to learn to reach adulthood. Possessing a heightened sense of smell, black bears are able to pinpoint a variety of food from more than a mile away. Here we'll witness as the mother black bear teaches her cubs to find food in some unlikely places. Next, we'll learn that some creatures take a bit of extra time and effort to grow into their good looks. The painted lady butterfly, the world's most widely distributed butterfly species, inhabits every continent except Australia and Antarctica. After hatching from a miniscule egg, painted lady butterflies begin life as caterpillars. As they grow in size, the skin of the caterpillar will get tighter and tighter, until it eventually sheds. Painted lady larvae experience this costume change at least four times before they are considered fully grown at two inches in length. Next comes metamorphosis, a process in which the caterpillar transforms into a stunning butterfly. However, life is short for the painted lady butterfly, having a lifespan of just two weeks. During this time their goals are to feed, find a mate, and produce a new generation of delicate beauties.

[Educational Message: In this episode, we traveled across North America to find the most sacred family bonds existing in the animal kingdom. We witnessed many species whose strange but always strong family dynamics help get them through another day. We discovered that instinct and dedication run deep within the wild parents of North America.]

Airdate: 3/20/2021

Time:

Duration: 30:00

ROOTS LESS TRAVELED

WATCH ALONG WITH EVAN & SCOTT [RLT202]

Today on Roots Less Traveled, we'll be watching along with Evan and Scott to discover more about their incredible experience together in Billings, Montana. In this episode, Evan and his grandson Scott will reflect on how this unique journey has changed their lives for the better. Beginning their adventure in Montana, the duo learned that Evan's great-grandfather was an integral part of the U.S. western states expansion of 1862 and had even cultivated a 160-acre farm. We discovered that this was made possible by the Homestead Act, which was signed into law by President Abraham Lincoln in 1862. Here we'll find out that this revelation sparked an interest in Scott to research and learn more about the history of homesteading in the United States. But closer to Evan's heart, he learned that two of his uncles who he had met when he was a child, were both prisoners of war in WWII. Even more fascinating, Evan and Scott discover that both of their uncles received Purple Hearts. Following this discovery, Evan and Scott deeply connected while visiting the Montana Purple Heart Memorial to honor their veteran relatives. Throughout this journey, Evan and Scott uncovered previously unknown information about their family heritage. While they've gained a wealth of knowledge, we'll learn from Evan and Scott that simply experiencing this adventure together was the true takeaway that's made their bond even stronger today.

[Educational Message: In this episode, we took a look back at Evan and Scott's journey of discovery in Billings, Montana. For Scott, we discovered how this experience helped spark an interest in American history that continues today. For Evan, we witnessed the powerful and emotional connection to his uncles and his military past. However, we learned the true gift of the journey was the deeper bond that formed between Scott and his grandfather.]

Airdate: 3/20/2021

Time:

Duration: 30:00

ONE TEAM: THE POWER OF SPORTS

OVERCOMING EVERYTHING [TPS103]

First, we learn about sports writer and golf amateur Nick Edmund's mission to make a difference after a cancer diagnosis by walking 1,200 miles along the Wild Atlantic Way in Ireland and playing the fourth hole at 40 different golf clubs along the way to raise awareness for cancer. The Wild Atlantic Way is a tourism trail on the west coast of Ireland that stretches 1,553 miles. Next, we get a closer look at the already impressive career of gymnast Simone Biles and examine how she cemented her place in gymnastics history after her performance at the Rio Games, where she won more gymnastics gold medals than any previous American woman. The term "gymnastics" comes from the Greek word meaning "to exercise." Then, U.S. sled hockey team members discuss the impact coach Jeff Sauer had on their career and how he led them to win the World Championship. Invented in Sweden, sled hockey is known as "sledge hockey." In the Olympics, it is called "para ice hockey." Sled hockey teams can have up to five players on the ice at any given moment. Finally, we learn how Olympic sprinter Noah Lyles balances his two passions, running and art. Sprinters use spikes with no cushioning because all of their running is done on the ball of their foot.

[Educational Message: Sports can teach life lessons that can be applied off the field, such as determination, communication, leadership, accountability, and confidence. Viewers learn about the importance of maintaining a positive attitude during a challenging time, the history of women's

Olympic gymnastics, how U.S. sled hockey players train for each position, and ways to balance two passions and the importance of having versatility and outlets to express yourself.]

Airdate: 3/20/2021

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

COOL CABO [VJG302]

Host Josh Garcia spends the day ashore in Cabo San Lucas, Mexico. First, he visits an artisanal glass factory and tries his hand at this art form with the help of a master glassblower. Glass can be recycled to produce new glass. Once the recycled glass is washed and crushed, it's melted by 2,000 degrees of heat until it takes on a pliable state. Glass is an amorphous solid, neither a solid nor a liquid. Josh observes as the hot, pliable glass is blown, shaped, and cut into art. Next, Josh kayaks with a guide to the famous El Arco landmark that sits on top of an underwater mountain range that contributes to the marine life. The Sea of Cortés supports more than 900 varieties of fish. Five hundred years ago, El Arco became an important navigational tool for ships traveling from the Far East running low on their water supply. Sailors knew that finding the arch was an indicator that fresh water was near. Finally, Josh visits a chef at his organic farm where he learns how to prepare a traditional salsa molcajete. Molcajete is a traditional stone mortar and pestle. Josh picks the ingredients himself from the farm, including onions and vine-ripe tomatoes. Salsa can be traced back to Aztec marketplaces as early as the mid 1300s. Josh prepares the ingredients once they are roasted to be ground in the molcajete, and then the salsa is ready to eat. Josh then shares in preparing a full, traditional Oaxacan meal. Oaxaca is a state in southern Mexico known for its indigenous cultures.

[Educational Message: Trying an outdoor activity for the first time might seem intimidating, but if you learn correct form and safety from a professional, you'll have the tools to get started.]

Airdate: 3/20/2021

Time:

Duration: 30:00

VETS SAVING PETS

THE INVESTIGATOR [VSP125]

Today on Vets Saving Pets, a dog named Gizmo arrives at the clinic with an injured knee, an aging Golden Retriever has developed skin issues, and Dr. French helps an alligator that lost its bite. First up, a rescue dog named Gizmo is brought to the clinic after injuring its knee while playing. Dr. Ringwood, the clinic's surgeon, examines Gizmo and discovers that the cranial cruciate ligament in her knee has been ruptured. Here we learn that if the knee ligament isn't surgically repaired, Gizmo will develop arthritis and lameness over time. Dr. Ringwood proceeds with the surgical procedure and repairs Gizmo's injured knee using a surgical plate and screws. Next, Dr. French receives an exciting patient as a 26-year-old alligator named Elvira arrives at the clinic. Elvira has had problems fully opening her jaw and her handlers suspect she may be suffering from metal toxicity due to potentially ingesting coins in her habitat. Before the vets can get to work on their prehistoric patient, they will first have to anesthetize Elvira. Here we learn that reptiles have a much slower metabolism than mammals, which means the sedatives will take much longer to take effect. Once sedated, the vets will use an endoscopy tool to scope Elvira's stomach and remove the metal coins. Finally, an aging Golden Retriever named Tandi is brought to the clinic suffering from persistent skin issues. Dr. Waisglass, the clinic's dermatologist, examines Tandi's body to determine what may be causing the recurring skin problems. Dr. Waisglass, using simply a piece of tape, takes samples from various parts

of Tandi's body for testing. Using a microscope, Dr. Waisglass will examine the skin samples for parasites and bacteria.

[Educational Message: Choosing a career in veterinary medicine will introduce you to a variety of animal patients both big and small. In this episode, we learned that veterinarians should always be prepared for all types of patients, including exotic reptiles.]

Airdate: 3/27/2021

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

EGYPT [EDD306]

Today on Earth Odyssey, host Dylan Dreyer takes us to the deserts of Egypt to discover a connection between ancient history and fascinating animals. Situated in North Africa, Egypt is surrounded by two major seas, the Mediterranean and the Red Sea. Remarkably, this region also lays claim to one of the earliest and longest-lasting human civilizations on Earth. Established approximately five thousand years ago, Ancient Egyptian civilization held strong beliefs that creatures had power over nature and the elements. Depicted in hieroglyphics and massive monuments, Ancient Egyptians revered many species of wildlife in Egypt. Possibly the most influential creature throughout Egypt's ancient history was the snake. Here we'll discover more about the horned viper and how it's believed that their protruding features not only protect their eyes, but also help them blend in with the desert terrain. Here we'll witness how horned vipers use a form of "sidewinding" locomotion to keep their bodies cool while traveling across the scorching landscape. Next, we'll journey to the Nile River to meet one of Ancient Egypt's most feared and respected reptiles, the Nile crocodile. Reaching a length of sixteen feet and weighing over eight-hundred pounds, the Nile crocodile is the second largest reptile on Earth. Packing a powerful jaw filled with sharp, conical teeth, Nile crocodiles can kill almost any prey that comes within its range. Finally, we'll discover that dogs were also highly regarded in Ancient Egyptian culture. Along with guarding the palaces, dogs would also accompany Pharaohs on hunting expeditions. The saluki is the oldest known breed of domesticated dog and is considered to be the royal dog of Egypt. We'll discover that salukis were so revered, their bodies were often found mummified alongside their embalmed Pharaoh masters.

[Educational Message: In this episode, we learned about the fascinating history of Ancient Egypt and its unique connection with wildlife. We discovered that many of Egypt's creatures were highly revered and respected by ancient civilizations. Egypt's rich history has always been and will always be tied with the animals that make these ancient deserts home.]

Airdate: 3/27/2021

Time:

Duration: 30:00

WILD CHILD

BEACHY BABIES [WLC106]

Today on Wild Child, host Sheinelle Jones takes us on an adventure to explore the best beach babies the animal kingdom has to offer. First up, we'll check out one of the most fascinating creatures in our ocean. Green sea turtles are not only dedicated mothers, but they're also thought to live between sixty and seventy years of age. Once hatched, female green sea turtles will cruise along the ocean's currents for roughly

twenty years before they're ready to reproduce. When that time comes, the green sea turtle mother will make the arduous pilgrimage back to the very same beach she was hatched on. Following this voyage, the mother will use her shovel-like flippers to dig a large nest in the sand, sometimes up to five feet deep. At this point, the mother sea turtle will deposit up to two-hundred individual eggs before covering up her clutch and returning to the sea. After about two months of incubation, the sea turtle hatchlings will now be faced with the great challenge of surviving the difficult journey to their new ocean home. Next, we'll travel to Australia to visit with a colony of sea lions. Here we'll find a mother sea lion that just returned from fishing and is having a hard time finding her pup. Mother sea lions often hide their babies in amongst rocks or thick vegetation to avoid predators while they're away on their two to three-day fishing trips. However, we'll learn that each mom and baby have a unique recognition call used for occasions just like this. Although small at birth, sea lions can weigh up to eight-hundred pounds as adults. As colonies can be made up of more than a thousand sea lions, it can be a tough task to locate each other even with a unique recognition call. However, mom's dedication to finding her pup perseveres and the two sea lions are soon reunited.

[Educational Message: In this episode, we found some of the strongest bonds on the beach between mother and child. From green sea turtles to sea lions, we witnessed the true dedication and commitment these wild parents have for their babies. Whether on the water, or on shore, these instinctual family bonds cannot be broken.]

Airdate: 3/27/2021

Time:

Duration: 30:00

ROOTS LESS TRAVELED

WATCH ALONG WITH ASHLEY & ELLIOT [RLT207]

Today on Roots Less Traveled, we'll be watching along with Ashley and Elliot as they reminisce about their special trip to Martha's Vineyard, Massachusetts. In this episode, we'll find out that this journey would end up meaning much more to Ashley and Elliot than they could have predicted. Ashley and Elliot began their adventure with a sailing lesson where they learned that their five-times great grandfather, Henry Osborn, was taken prisoner on a boat in the Revolutionary War. On their sailing lesson, Ashley and Elliott learned what it would have been like to be a shipmate on a similar sea vessel during that time. The siblings also discovered that their three-times great-granddad, Samuel Osborn, went from debtor's prison to owning a fleet of whaling ships. Not only did Samuel Osborn represent an incredible "rags to riches" story, we also found out he was hailed as a local hero in 1871. We learned that it was common at the time for vessels from Massachusetts to venture into the Arctic to hunt the regional bowhead whale. On one particular voyage, weather proved to be disastrous and left thirty-three whaling ships stranded in icy peril. We found out that Samuel Osborn sent ships of his own to rescue the men, helping to bring more than a thousand people home safely. We learn that this story of selflessness resonated strongly in Ashley, helping illustrate to her the characteristics of a true leader. A surprise visit from Ashley and Elliot's parents allowed them to share their newfound family history. However, we'll find out that soon after this incredible experience, Ashley and Elliot's father tragically passed away. Although this was a devastating blow to the family, both Ashley and Elliot are grateful for the opportunity they had to share this information with their father before he passed.

[Educational Message: In this episode, we took a look back at Ashley and Elliot's experience learning more about their family heritage in Massachusetts. We discovered that Ashley and Elliot's father passed away soon after this trip. However, we learned that this tragic experience has bonded the

family more than ever. By telling the stories and learning more about our lost loved ones, we can help them live on forever.]

Airdate: 3/27/2021

Time:

Duration: 30:00

**ONE TEAM: THE POWER OF SPORTS
LEADING BY EXAMPLE [TPS104]**

First, we meet hockey fan Renee Hess and learn how she started the Black Girl Hockey Club to ignite interest in the sport and allow the opportunity for fans in the black community to bond over their mutual passion for the sport. In 1958, Willie O'Ree became the first black player in the NHL, and Blake Bolden is the first black player to compete in the National Women's Hockey League. Next, we learn how basketball legend Sue Bird has made an impact on the sport not only through her talent but also through her selflessness and willingness to teach others. Women's basketball was added to the Olympics in 1976. The U.S. women's team has won six consecutive titles so far-- if they win their seventh straight championship in 2021, they will tie the U.S. men's basketball team for the most consecutive Olympic team victories in all Olympic sports, men or women. Finally, we learn how race car driver Joey Logano is impacting the lives of sick children by including them in the race day action and giving them unforgettable experiences.

[Educational Message: Surrounding yourself with others who offer support, motivation, and encouragement is just as important in succeeding as having the drive to win. Viewers learn about the importance of supporting others and having support from others, the history of U.S. women's Olympic basketball, and the importance of giving back to those experiencing hardships.]

Airdate: 3/27/2021

Time:

Duration: 30:00

**THE VOYAGER WITH JOSH GARCIA
TUSCAN FUN [VJG117]**

Host Josh Garcia visits Florence, Italy, the birthplace of the Renaissance and kicks the day off by searching for the world's most expensive food with a four-legged expert. Josh takes to the hills to forage for truffles. Then, Josh drops in on a local artisan to learn the fine-artform of marbling paper and he give it a shot. At the city's oldest gelato shop, he learns to make the tasty treat from scratch from a third generation gelato-maker. Gelato is a traditional Italian dessert made from milk, sugar, and eggs. For a grand finale, Josh gets a lesson in opera before catching a show at the birthplace of the art form to see (and hear) how the real pros hit all the notes.

[Educational Message: The sheer beauty of a place can be a striking experience. Noticing the architectural details of old, historic buildings can sometimes feel like a journey into the past.]

Airdate: 3/27/2021

Time:

Duration: 30:00

VETS SAVING PETS

NERVE-WRACKING [VSP126]

Today on Vets Saving Pets, a cat arrives at the clinic with a fractured jaw, a bulldog can't stop bobbing her head, and a Silky Terrier is having mobility issues. First up, a cat named Oreo is rushed into the Veterinary Emergency Clinic after being hit by a car. Dr. Cochrane, the clinic's neurologist, will perform a neurological exam to determine the extent of Oreo's injury. Following the exam, Dr. French, the clinic's veterinary dentist, will perform a surgical procedure to suture Oreo's fractured jaw together. Here we'll witness the delicate process of oral surgery and learn about the necessary skills of a veterinary dentist. Next, a bulldog named Lulu arrives at the clinic with uncontrollable head bobbing. Lulu meets with neurologist Dr. James for a neurological test to determine the cause of the head shaking. After tests reveal normal results, Dr. James recommends an MRI exam to get a clearer picture of what may be causing Lulu's issues. After consulting with the veterinarians, Lulu's owner decides to wait and see if the head bobbing persists before performing the MRI exam. Finally, a Silky Terrier named Cedric arrives at the clinic suffering from mobility issues. Cedric meets with Dr. James for a neurological exam to better understand the cause of his abnormal gait. After several tests reveal negative results, Dr. James explains the potential conditions that may be causing Cedric's mobility issues. Dr. James recommends Cedric undergo an MRI exam in order to accurately diagnose the problem.

[Educational Message: In this episode, we witnessed the delicate skill and precision needed to perform surgical procedures. There are numerous areas for specialization in the world of Veterinary medicine, such as critical care, oncology, cardiology, neurology, anesthesiology, dermatology, dentistry, surgery, and more. Furthering your education is important to a successful career in veterinary medicine.]

For 1st Quarter 2021 **January 1, 2021 – March 31, 2021**

THERE WAS NO OTHER PROGRAMMING FOR THE 1ST QUARTER OF 2021, THAT CONTRIBUTED, AS PART OF NBC'S OVERALL PROGRAMMING, TO SERVE THE EDUCATION AND INFORMATIONAL NEEDS OF CHILDREN 16 AND UNDER.

1st Quarter 2021 PSAs

Air Date	Start Time	Program	Promo Title	House #	Type	Air Time
01/02/2021	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Teaching Kids About Equity :15	ZNBC20198H	PSA	10:24:17 a
01/02/2021	10:30:00 a	TMYK WILD CHILD 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	PSA	10:54:17 a
01/02/2021	11:00:00 a	TMYK ROOTS LESS TRAVELED 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	PSA	11:24:17 a
01/02/2021	11:30:00 a	TMYK ONE TEAM: THE POWER OF SPORTS 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Use Your Voice Against Injustice :15	ZNBC201103RH	PSA	11:54:17 a
01/09/2021	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	PSA	10:24:17 a

01/09/2021	10:30:00 a	TMYK WILD CHILD 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Speaking Up for Justice :15	ZNBC201105H	PSA	10:54:17 a
01/09/2021	11:00:00 a	TMYK ROOTS LESS TRAVELED 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Teaching Kids About Equity :15	ZNBC20198H	PSA	11:24:17 a
01/09/2021	11:30:00 a	TMYK ONE TEAM: THE POWER OF SPORTS 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Speaking Up for Justice :15	ZNBC201105H	PSA	11:54:17 a
01/16/2021	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	PSA	10:24:17 a
01/16/2021	10:30:00 a	TMYK WILD CHILD 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Use Your Voice Against Injustice :15	ZNBC201103RH	PSA	10:54:17 a
01/16/2021	11:00:00 a	TMYK ROOTS LESS TRAVELED 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Speaking Up for Justice :15	ZNBC201105H	PSA	11:24:17 a
01/16/2021	11:30:00 a	TMYK ONE TEAM: THE POWER OF SPORTS 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	PSA	11:54:17 a
01/23/2021	08:30:00 a	NBC NEWS - NIGHTLY NEWS FOR KIDS	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	PSA	08:40:53 a
01/23/2021	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Speaking Up for Justice :15	ZNBC201105H	PSA	10:24:17 a
01/23/2021	10:30:00 a	TMYK WILD CHILD 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Teaching Kids About Equity :15	ZNBC20198H	PSA	10:54:17 a
01/23/2021	11:00:00 a	TMYK ROOTS LESS TRAVELED 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Use Your Voice Against Injustice :15	ZNBC201103RH	PSA	11:24:17 a
01/23/2021	11:30:00 a	TMYK ONE TEAM: THE POWER OF SPORTS 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	PSA	11:54:17 a
01/30/2021	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	PSA	10:24:17 a
01/30/2021	10:30:00 a	TMYK WILD CHILD 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Use Your Voice Against Injustice :15	ZNBC201103RH	PSA	10:54:17 a
01/30/2021	11:00:00 a	TMYK ROOTS LESS TRAVELED 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Speaking Up for Justice :15	ZNBC201105H	PSA	11:24:17 a
01/30/2021	11:30:00 a	TMYK ONE TEAM: THE POWER OF SPORTS 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Teaching Kids About Equity :15	ZNBC20198H	PSA	11:54:17 a
02/06/2021	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	PSA	10:24:17 a
02/06/2021	10:30:00 a	TMYK WILD CHILD 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Use Your Voice Against Injustice :15	ZNBC201103RH	PSA	10:54:17 a
02/06/2021	11:00:00 a	TMYK ROOTS LESS TRAVELED 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Speaking Up for Justice :15	ZNBC201105H	PSA	11:24:17 a
02/06/2021	11:30:00 a	TMYK ONE TEAM: THE POWER OF SPORTS 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Teaching Kids About Equity :15	ZNBC20198H	PSA	11:54:17 a
02/13/2021	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	PSA	10:24:17 a

02/13/2021	10:30:00 a	TMYK WILD CHILD 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Speaking Up for Justice :15	ZNBC201105H	PSA	10:54:17 a
02/13/2021	11:00:00 a	TMYK ROOTS LESS TRAVELED 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Use Your Voice Against Injustice :15	ZNBC201103RH	PSA	11:24:17 a
02/13/2021	11:30:00 a	TMYK ONE TEAM: THE POWER OF SPORTS 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity "Love Has No Labels - Fight for Freedom" (:15)	CNDN0299000H	PSA	11:54:17 a
02/20/2021	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Teaching Kids About Equity :15	ZNBC20198H	PSA	10:24:17 a
02/20/2021	10:30:00 a	TMYK WILD CHILD 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	PSA	10:54:17 a
02/20/2021	11:00:00 a	TMYK ROOTS LESS TRAVELED 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Use Your Voice Against Injustice :15	ZNBC201103RH	PSA	11:24:17 a
02/20/2021	11:30:00 a	TMYK ONE TEAM: THE POWER OF SPORTS 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Teaching Kids About Equity :15	ZNBC20198H	PSA	11:54:17 a
02/27/2021	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	PSA	10:24:17 a
02/27/2021	10:30:00 a	TMYK WILD CHILD 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Use Your Voice Against Injustice :15	ZNBC201103RH	PSA	10:54:17 a
02/27/2021	11:00:00 a	TMYK ROOTS LESS TRAVELED 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Speaking Up for Justice :15	ZNBC201105H	PSA	11:24:17 a
02/27/2021	11:30:00 a	TMYK ONE TEAM: THE POWER OF SPORTS 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Teaching Kids About Equity :15	ZNBC20198H	PSA	11:54:17 a
03/06/2021	08:30:00 a	NBC NEWS - NIGHTLY NEWS FOR KIDS	PSA 2020, The More You Know, Diversity, Equity & Inclusion Teaching Kids About Equity :15	ZNBC20198H	PSA	08:40:53 a
03/06/2021	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, COVID-19 AAPI "Time of Crisis" :15	ZNBC20179H	PSA	10:24:17 a
03/06/2021	10:30:00 a	TMYK WILD CHILD 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus AAPI Nico Santos NBC/Superstore "No Room" :15	ZNBC20181H	PSA	10:54:17 a
03/06/2021	11:00:00 a	TMYK ROOTS LESS TRAVELED 30 MIN (4 SEG)	PSA 2020, The More You Know, COVID-19 AAPI "No Room" :15	ZNBC20180H	PSA	11:24:17 a
03/06/2021	11:30:00 a	TMYK ONE TEAM: THE POWER OF SPORTS 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	PSA	11:54:17 a
03/13/2021	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, COVID-19 AAPI "Time of Crisis" :15	ZNBC20179H	PSA	10:24:17 a
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03/20/2021	08:30:00 a	NBC NEWS - NIGHTLY NEWS FOR KIDS	PSA 2020, The More You Know, Coronavirus AAPI Nico Santos NBC/Superstore "No Room" :15	ZNBC20181H	PSA	08:40:53 a
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NBC NETWORK NON-BROADCAST EFFORTS

January - March, 2021

NBCUniversal's *The More You Know* website:

Since 1989, *The More You Know* has brought the nation's most important social issues to the forefront, and remains a trusted voice for sharing knowledge to improve lives and inspire action. *The More You Know's* comprehensive website (themoreyouknow.com) includes in-depth resource and referral information on the campaign's important focus issues including:

- HEALTH – fighting childhood obesity, encouraging nutrition and physical fitness
- ENVIRONMENT – encouraging everyday actions that reduce environmental impact
- EDUCATION – recruiting new teachers and promoting their long-lasting impact
- DIGITAL LITERACY & INTERNET SAFETY - sharing online safety tips and information
- DIVERSITY – embracing differences and promoting inclusion, tolerance and respect
- COMMUNITY – contributing to the common good and create a positive impact on those around you
- CIVIC ENGAGEMENT - volunteering, voting or advocating are key to stronger communities, safer neighborhoods and happier citizens

Also featured on site is The More You Know Learning series' *Growing Up Online*, a free eBook on digital literacy and Internet Safety. *Growing Up Online* is an important tool to initiate conversation with children about online safety. The eBook is a media-rich, two-part learning resource that provides easy-to-use information about navigating the digital world in a unique and engaging way. Part one includes safety tips, discussion questions and key takeaways for parents and teachers. Part two features four entertaining video comic books for children, focused on real situations that come up when kids go online. Additional content on the site includes public service announcements, behind-the-scenes videos, a general overview, a talent directory, and a list of the campaign's accolades such as the prestigious Emmy and Peabody awards.