## QUARTERLY ISSUES/PROGRAM LISTS

There follows a listing of some of the significant issues responded to by Station WOOF-FM along with the most significant programming treatment of those issues for the period July 1<sup>st</sup>, 2019 to September 30<sup>th</sup>, 2019. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance.

Description of Issue	Program/Segment	Date	Time	Duration	Narration of Type and Description of Program/Segment
Hepatitis C, a disease that affects the liver was not discovered until the late 1980's. The CDC recommended you get tested if born between 1945 and 1965. We learn more during World Hepatitis Day.	News Program	7/1/2019	7:32p	3:00 mins	Deborah SFX: World Hepatitis Day will be held later this month on Sunday, July 28th. The day is a celebration of the progress that has been mad in viral hepatitis elimination and a chance for the general public, the affected community, medical professionals and policy makers to come together to call for the elimination of this disease. Carol Williams is a nurse practitioner at Digestive Health Specialists.  Carol SFX: Hepatitis C is a viral infection that does effect the liver it was discovered in the late 1980's really when they were doing a lot of research with HIV when the discovered hepatitis C. It is transmitted when infected blood is mixed with uninfected blood. So the risk factors for hepatitis C are a blood transfusion prior to 1992 because the blood banks could do the screening test of the blood to determine the antibodies but prior to that they didn't have anyway to do that. IV drug use is another risk factor for hepatitis c infection. Obviously if you work in the health field needle sticks is a risk factor. Tattoos if they are done with less than sterile equipment or ink and then and its not usually recognized as a sexually transmitted virus because it is a blood to blood transmission and those are the primary risk factors. Also can be transmitted with nasal drug use because of the viability of the nasal passages and how someone could be bleeding and you share straws.  Deborah SFX: So what is a cure?  Carol SFX: The medication that we use to treat it now are direct acting antiviral there are two that we are

				primarily are using right now but they work to cure hepatitis C about 95 percent of the time or more. There are different genotypes for hepatitis C but now the medication that we use will treat all genotypes so you're not trying to figure out what to use for what. And treatment is from 8 to 12 weeks pretty easy oral medication with very minimal side effects  Deborah SFX: Are there any symptoms for hepatitis C  Carol SFX: Mostly not, Most of the time people don't have any symptoms sometimes they will complain of some fatigue and there can be some extra hepatic symptoms which maybe some arthritis, fatigue or even some diabetes has been associated with some possible hepatitis C but as far as symptoms unless someone has developed more significant for progressive liver disease they are not going to have any symptoms. Usually they don't know that they have it. Its found by either when they donate blood and either when they do the test and they get a letter from the blood bank or a routine check up from a doctor. The CDC recommended a couple of years ago that baby boomers born between 1945-1965 be screened for hepatitis C because its so prevalent in those ages because number one it was never discovered whenever so much was going on you know like free love or even gloves, nurses or blood transfusions, Vietnam War or Korean War and the tattoos that would be gotten overseas. That's why they recommend everybody born in that era be tested. We are seeing more and more young people every day because of the increase in IV drug use we are having in the United States unfortunately.  Deborah SFX: I'm Deborah Pearson reporting for WOOF News
112 Serving the needs of our Community announcements promoting World	7/1/2019- 7/28/2019	2400hrs- 2400hrs	:30 secs.	

	Hepatitis Awareness.				
	8 Serving the needs of our Community announcements promoting World Hepatitis Awareness	7/1/2019- 7/28/2019	2400hrs- 2400hrs	1:00 min.	
The Summer of 2019 should be filled with laughter and fun in the	News Program	7/22/2019	7:32p	3:00 mins.	July 22, 2019 UV Safety Month
sun, to a point. UV safety should always be considered. The American ACA recommends adults use no less than a spf 30 while in the sun.					Deborah SFX: Summer is here and when the sun is shining bright it a golden time to highlight July as UV Safety Month. We all love the summer's warm rays but you must also remember this is a good time to protect your skin and eyes from damaging effects of the sun. Dr. Carolyn Johnson of Dermatology Center South tells us about how damaging the sun can be.
					Dr. Johnson SFX: Ultra violent light causes cancer there is no question about that. The world health organization has deemed ultraviolet light as dangerous as tobacco which we know is cancer causing as well so ah Ultraviolet light is very dangerous whether its outside or in a tanning bed.
					Deborah SFX: What problems can be caused by the exposure of direct sunlight?  Dr. Johnson SFX: Well you know in a short term sunburn, sun sensitivity rashes that medications that people might be on in the long term wrinkles, age spots

but of course the most important thing is skin cancer. Skin cancer is very common even one exposure in a tanning bed can increase your risk of skin cancer over vour lifetime. Deborah SFX: How can people minimize that risk? Dr. Johnson SFX: You know wearing sunscreen, wearing hats and long sleeves seeking shade and there are sensitive skin sunscreens because some people complain that they are irritating but they do have sensitive skin sunscreen so there is really no reason not to use sunscreen. Deborah SFX: On the Sunscreen you see different numbers tell me what is the importance of the numbers. Dr. Johnson SFX: The American Academy of Dermatology recommends no less than an SPF of a 30 when you go higher you can go up to 100 you don't gain a lot of coverage as you go higher but you definitely don't want to go lower than 30 Deborah SFX: What about for children? Dr. Johnson SFX: For children under 6 months they really shouldn't be out in the sun at all but over 6 months again covering them with hats, clothing and sunscreen is considered safe but you want to use sensitive skin sunscreens which are chemical free and so you can use those things to protect them. Deborah SFX: How do you detect cancer is there a particular light that you have to use? Dr. Johnson SFX: Two most common issues are number one a spot that is not healing or a spot that is changing. So if the spot is changing in color or size or its itchy or painful when it wasn't before those are signs of trouble but also a not healing spot is too. Deborah SFX: With the sunscreen you want to get

					water resistant?
					Dr. Johnson SFX: And you need to reapply every two hours and after water exposure. So if you are swimming once you dry off you want to reapply every two hours and I think another thing Deborah another important point whether its safe on a cloudy day to be out. And its not safe in terms of avoiding sunburn. Clouds don't protect you 80% of the ultraviolet rays that we have go through clouds so you can sunburn significantly on a cloudy day.  Deborah SFX: I'm Deborah Pearson reporting for WOOF News
	204 recorded Serving the needs of our Community announcements promoting UV Safety Awareness	7/9/2019- 9/30/2019	2400hrs- 2400hrs	:30 secs.	
Celebrating the Nations Parks and recreation areasAlabama has 22 state parks and many city owned recreation areas for families to get outdoors and even improve their physical fitness.	News Program	7/29/2019	7:35p	3:00 mins.	Parks and Recreation Month July 29, 2019  Deborah SFX: Since 1985 America has celebrated the month of July as the nation's official Park and Recreation Month. A study conducted for the National Recreation and Park Association found that 3 in 10 U.S. adults do not spend time outdoors on a daily basis. Taking advantage of local and state parks is a simple and economical way to improve your physical fitness. Deborah Tullis is with the Houston Welcome Center located on highway 231 South on the Alabama/Florida State line. She talks about what state parks have to offer in Alabama.  Tillis SFX: Alabama has 22 state parks and out of those we have six resort parks which have their own pools, restaurants and other attractions that are unique to their site. For instance Lake Guntersville, Cheaha and Desoto up in the north region they have zip lining they offer canoeing, kayaking and repelling. Some of the

ones closer to us the Gulf State Park and of course Lake Point offers the boating, fishing, swimming and hiking and some of our others you can do segway tours they provide the riding equestrian trials. There are a lot of things to do in our state parks. The one that's closest to us as I said was Lake Point and it's considered Bass Capital of the World. That is north of Eufaula and is a beautiful 45, 200 acre lake. Deborah SFX: Now Gulf State that's new haven't they redone that one Tillis SFX: Yes, because of one of the hurricanes had closed down but has recently renovated and consist of a 6-thousand acre park it offers has many amenities and kayaking on the 900 acre Lake Shelby that's nearby. They have a pool and a splash pad but the beautiful lodge has just reopened and its a sustainable beautiful hotel offering gorgeous views off of the Gulf of Mexico Deborah SFX: How would people get reservations at the park is there a reservation site at each of the parks or how does that work? Tillis SFX: Well all 22 state parks have there own Facebook pages and other media sites or you can visit alaparks.com or call 1-800-ala parks for more information for each park. Deborah SFX: I guess the wonderful things about parks it's a family fun thing. Tillis SFX: It is and regardless of where you are in the state literally you are one hour away from a state park anywhere in the state. But they offer activities such as picnicking, boating, swimming, fishing, hiking, and if you don't' want to do that and you just want to go picnic or play in the playgrounds on the park or just bird watch, rest and relax you can do that.

They offer a senior pass for state parks and its for citizens 62 years or older and its 55 dollars for one year and as far as national parks go they offer one for 80

					dollars a year.
					Deborah SFX: Now what does that get you?  You get into the park ordinarily there is a fee this allows you to get into the park as many times as you want in a year's time.  Deborah SFX: I'm Deborah Pearson reporting for WOOF News
	202 recorded Serving the Needs of our Community announcements promoting Parks and Recreation Month	7/9/2019- 9/30/2019	2400hrs 2400hrs.	:30 secs.	
Thousands are on a waiting list for an organ transplant. Choosing to be a donor is a decision that is a personal one. Many U.S. adults support organ donation, but only about ½ that number actually sign up to donate.	News Program	8/19/2019	7:34p	3:00 mins.	Organ Donation August 19, 2019  Deborah SFX: When you last renewed your driver's license, you may have checked the box to become an organ donor. Or you may have skipped it. Choosing whether to be an organ donor is certainly a personal decision, but it really is a heroic one - and one that you, as an individual can make on your own. Houston County Probate Judge Patrick Davenport talks about the importance of organ donation.  Davenport SFX: Approximately 95 percent of all US adults say they support organ donation but only about half actually sign up to serve as a donor. It only takes a couple of minutes its a quick question when you renew your license or go online we would be happy to answer any questions you might have or refer you to the legacy of hope organization. It's amazing the number of people that are our friends and neighbors people that live in our community live around our state that are waiting for organ transplants. We see it from time to time we see it on Facebook but I don't think we realize the

numbers of that are in need. Deborah SFX: How can one be an organ donor? Davenport SFX: There are a number of ways that you can become an organ donor there is an organization called Legacy of Hope the organ donation affiliation in Alabama and you can go to their website legacyofhope.org and fill out a form there but what's real easy and simple is when you come to renew your driver's license in my office or the state troopers office you're going to be asked do you want to remain to be an organ donor or if you have not been in the past do you want to be an organ donor? And its as simple as saying yes, I'd like to be an organ donor. You know when your thinking about lives that can be saved by your giving of a gift its really impactful. You know every ten minutes another person is added to the waiting list. And everyday twenty people die because they didn't get the transplant that they were waiting for. So if you want to be apart of a good cause you want to help your community contributing human being this would be the easy way to do that. Deborah SFX: Now with the driver's license you said renewal but can they have this added to their license at anytime or does it have to be exactly during renewal time? Davenport SFX: No maam you can add it to your license or you can go online and register through legacy of hope and they will send you some evidence of your participation in the program so there is a number of ways to do it. Deborah SFX: Do you have to be specific in what organs you want to donate? Davenport SFX: My understanding you just choose to be an organ donor and they will utilize any organ that are useable and there are a number of ways those things can be addressed whether the individual is still living

				and brain-dead or the doctors have determined that sustainable life is not possible and so those organs can be used in a way. There are a lot of different ways that your tissue organs can be utilized.  Deborah SFX: I'm Deborah Pearson reporting for WOOF News
250 recorded Serving the needs of our Community announcement promoting organ donor awareness	7/9/2019- 9/30/2019	2400hrs 2400hrs.	:30 secs.	
Newscast	8/8/2019	3:55 and 4:55	:90 secs.	August 8, 2019 3:55 & 4:55 Newscast  When you last renewed your driver's license, you may have checked the box to become an organ donor. Or you may have skipped it. Choosing whether to be an organ donor is certainly a personal decision, but it really is a heroic one - and one that you, as an individual can make on your own. Houston County Probate Judge Patrick Davenport Approximately 95 percent of all US adults say they support organ donation but only about half actually sign up to serve as a donor.  Davenport 1 SFX: It's amazing the number of people that are our friends and neighbors people that live in our community live around our state that are waiting for organ transplants. We see it from time to time we see it on Facebook but I don't think we realize the numbers of that are in need.  Davenport says there are a number of ways you can become an organ donor. You can go online at legacyofhope.org. or you can ask to be an organ donor when you renew your driver's license its as simple as

					saying yes, I'd like to be an organ donor.
National Immunization monthLearn why vaccinations are important from birth to the elderly and how they prevent serious, sometimes deadly, diseases.	News Program	8/26/2019	7:35p	3:00 mins.	National Immunization Month August 26, 2019  Deborah SFX: National Immunization Awareness Month (NIAM) is an annual observance held in August to highlight the importance of vaccination for people of all ages. John-nah Cotton Director at the Houston County Health Department says the goal of National Immunization month is to raise awareness about immunizations from infants to the elderly.  Cotton SFX: One of the things that vaccines has done is it has eradicated small pox it did eliminate the wild polio virus in the United States and it also reduced the number of cases of measles, mumps and other diseases. So immunizations is one of the most effective ways to protect children and adults against many of the common infectious diseases.  Deborah SFX: Tell me for children especially with school starting up now what type of immunizations will kids need.  Cotton SFX: For preschool and elementary school years that's ages 3 through 10 we recommend the Varicella Chickenpox vaccine, a D-Tap which is diphtheria, tetanus and pertussis, flu vaccine, measles, mumps rubella vaccine and a polio vaccine as well. For children eleven through eighteen the recommendations is that they receive a flu vaccine, that they began there series of HPV which is the human papillomavirus the Meningococcal virus vaccine that they also be given the T-dap which is tetanus, diphtheria and pertussis vaccine. So those are for ages 11 through 18. If you child is going to college we really highly recommend that they get that Meningococcal vaccine if they haven't

that protects them from Meningitis vaccine is against many types on	ningococual vaccine is the one
Deborah SFX: Lets ta types of vaccinations of	real important because it protects in meningococual bacteria and that devenly deadly infections and infections in the blood stream alk about our older folks what they need.  The area we need to talk about too is somen who are pregnant also they amps and Rubella they need they also need the flu vaccine and
pregnancy because we need the Measles, Mu updated Tetanus and to then leading into the a recommend the adults the end of October all vaccine every 10 year over 50 should also get are 65 and older need vaccine. If you've got years old that have cen Disease, Diabetes, Ca also get certain other will the patitis A vaccine in	omen who are pregnant also they imps and Rubella they need

	News Story	9/26/2019	3:55p and 4:55p	:60 secs.	September 26, 2019 3:55 and 4:55 Newscast
					A flu shot is the best way to protect yourself and your family from flu, which sends more than 200,000 people to the hospital each year. Next week the Houston County Health Department will offer free flu vaccinations from 8 a.m. until 4 p.m on October 3rd and 4th. The Alabama Department of Public health strongly recommends the flu vaccine for older adults, young children, pregnant women, people with chronic health conditions (such as asthma, diabetes, or heart disease), people who smoke, and people who live in nursing homes. Also friends and family members and those who provide care to people in these groups are also recommended to get a vaccine, to protect themselves along with decrease the possiblity that they might expose their loved ones to the flu. Once again the free walk -in clinic will be held next week on October 3rd and 4th at the Houston County Health Department located at 1781 E. Cottonwood Rd here in Dothan
August is designated as eye care and safety awareness month. Proper Preventive Eye care for your entire family is important for safety and welfare of your eyesight.	News program	8/27/2019	7:37p	3:00 mins.	Cataract Awareness August 27, 2019  Deborah SFX: Cataracts are the leading cause of vision loss in the United States, and it is the leading cause of blindness in the world. There are 24 million Americans over the age of 40 who are affected by Cataracts. Cataracts are caused by a build-up of protein that clouds the eye's lens, which can lead to blurred vision and eventual blindness. So Dr. Laura Albert of Dothan Optometric Clinic says the public should be educated

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	and made aware of the signs and prevention of
	cataracts.
	Dr. Albert CEV. Cotomosta and comothing that assume
	Dr. Albert SFX: Cataracts are something that everyone
	will get eventually typically we think of it as an age
	related process so what happens is that clouding of the
	lens it gets a little cloudier over time. When we are
	born we have a nice crystal clear lens and with
	birthdays and exposure to sun that can yellow over time
	where it gets to the point it can affect our vision. The
	number one treatment is to have the cataracts removed.
	Cataract surgery is probably one of the most common
	surgeries performed in the U.S. and what happens is a
	surgeon will go in and remove the clouded lens and
	replace it with an implant or interocular lens in its
	1
	place. So it gets rid of all that cloudy natural lens of the
	eye.
	Deborah SFX: Now do they only affect seniors?
	2 contract to the decision of the second seconds.
	Dr. Albert SFX: No that is a misconception so seniors
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	are that that's the most population that we think about
	when we think of cataracts but it can affect people of
	all ages as I mentioned before you can in some cases
	people are born with cataracts and that will require
	immediate or very early on surgery so they can be
	congenital they can be related to trauma if you are have
	any major trauma or injuries to the eye that can also
	cause a cataract to form. Sometimes medications can
	that people would take steroids are kinda known
	sometimes to cause cataracts early on so its not just
	always age related but that is the biggest cause and
	leading one that we would see.
	reading one that we would bee.
	Dehamb CEV. And son the to
	Deborah SFX: And can they be prevented?
	Dr. Albert SFX: Like I said eventually everyone is
	going to develop cataracts but we can somewhat slow
	the process or try to. We always recommend sun
	glasses when you're outdoors UV protection because
	glasses when you're outdoors of v protection because

				that UV light does and can make them progress quicker, a healthy diet of course those are some of the bigger things that we would recommend.
News Program	8/28/2019	7:35p	3:00 mins.	Children's Eye Health and Safety
				Deborah SFX: August is designated as Children's Eye Health and Safety Month. And a good rule of thumb is to have your children's eyes examined during well child visits. Dr. Laura Albert of Dothan Optometric Clinic talks about how to detect warning signs that may indicate that your child has a vision problem.
				Dr. Albert SFX: A lot of times it can be difficult to determine if your child is having vision issues you know kids do not have the vocabulary or experience to you know articulate if they are having any vision problems so they may just rub their eyes if they are having any problems they may blink excessively it can be hard for them to articulate if their is a problem of course if you notice an eye turn in children that would definitely be a cause for concern. But even if they may be complaining about their eyes or mentioning them more or rubbing them those could be things to look out for that maybe a problem. School wise you know you can have their teacher keep a watch on them they may mention that they maybe struggling they see a lot of kids year after year and kinda know they are a little more in tune with what to look for if the kids are having problems or if they are having problems reading or problems with writing or learning that can be signs of vision issues as well.
				Deborah SFX: So should parents maybe take the initiative of allowing their children to read out loud to them to see if they are having an issues.
				Dr. Albert SFX: Yes, that can be a way to look for it too and you know kids are really adaptive so a lot of times they can find ways around problems or they don't even realize it is a problem they try to make the best of

the situation so definitely reading with them noticing if there is any issues or seems like they maybe struggling to read across a page or even get through a few words that can be a sign of things too but also if they read for a long extended time ok but when they start having strain or headaches while reading that can be a sign of other issues with the eyes as well. Deborah SFX: What age should children have a comprehensive eye exam Dr. Albert SFX: We always recommend of course pediatricians are screening really birth and up for any major issues eye turns cataracts that sort of thing that kids can be born with but we always recommend by age one they should be seen and then around age three if there's any issues yearly or sooner if there's other things that's going on that need to be treated or evaluated Deborah SFX: Would you suggest children who are playing sports to wear eye protective gear? Dr. Albert SFX: Yes, we definitely would you know sports injuries and injuries in general are one of the most common things that we see in children that can cause major vision issues, loss of vision cause them to loose an eye things like that from injuries to the eye so the better you can protect the eyes then you can set them up for healthy eyes in the future and even if we loose vision in one eye we can deal with the loss of depth, perception and thing like that as well so safety glasses are always recommended just to protect the eye if they are doing any kind of contact sport or even things around the house. We see a lot of nerf gun injuries which is not something you will always think about but that's something that can definitely cause detriment to the eye. Deborah SFX: I'm Deborah Pearson Reporting for **WOOF News** 

	144 recorded Serving the Needs of our Community announcements promoting eye health and safety	7/15/2019- 8/31/2019	2400hrs 2400hrs.	:30 secs.	
September is blood cancer awareness month. Bringing attention to Leukemia and Lymphomathese diseases are diagnosed in 14,000 people monthly in the United States.	News Program	9/30/2019	7:35 pm	3:00 mins.	Deborah SFX: September is National Blood Cancer Awareness Month, a time to shine a light on this unique cancer, which comes in 3 main types - leukemia, lymphoma and myeloma. It's estimated that there will be more than 176,000 new cases of these 3 blood cancers combined in 2019, and more than 56,000 related combined deaths. Assistant Professor at UAB Amit Kumar Metha discusses Leukemia and Lymphoma.  Metha SFX: So Leukemia is a type of a blood cancer where typically the white cell count is very high and it effects the production of other blood cells like red blood cells and platelets and its a very aggressive cancer. So usually Leukemia is divided into two subtypes one is acute Leukemia which are very aggressive and the other is chronic Leukemia's which are not that typically that very aggressive. Chronic Leukemia are further divided into chronic Mylar Leukemia or chronic Lymphoid Leukemia. So Lymphoma is a big group of type of a blood cancer. Lymphomas are broadly divided into non-Hodgkin and Hodgkin's Lymphoma and non-Hodgkin's Lymphoma are further divided into t-cell lymphoma or a B-cell lymphoma. Lymphomas are typically involving the lymph glands or spleen or they can involve any organ of the body.  Deborah SFX: In a very very small patient it could be

	hereditary but most of the time it is not.
	<b>Deborah SFX:</b> Are there any cures for either?
	Metha SFX: So in some acute leukemia there are cures and some lymphoma there are cures but it depends it passes a huge group of different kind of myeloid or lymphoid leukemia as well as lymphoma's. Some of them they can be cured but most of them they cannot be cured but can be treated.
	<b>Deborah SFX</b> : And what kind of treatment is used?
	Metha SFX: So most of the time is chemotherapy as a backbone it is used but not chemotherapy has kind of immersed as a major role especially in lymphomas where? Was the first micro antibody approved in lymphomas and now more and more Immune therapies are coming out. Also in leukemia's a lot of targeted agents are coming out so to speak a smart drug coming out and people are using and shown significant activity in terms of responses in leukemia's.  The major breakthrough that we have seen over a period of years is chronic myeloid leukemia has a less chronic lymphoid CLL or CLM those have seen
	significant improvement because there are many many smart drugs now that improve and are utilized in treatment.
	<b>Deborah SFX:</b> Now most people will associate leukemia, as a childhood cancer is that true or not?
	Metha SFX: Yes is very accepted as acutelymphoid acute lymphoblastic leukemia has been seen
	more common in the kids you know that was kind of in the beginning of cancer treatment when actually started with anti folic agents. So that was the first
	landmark that we showed that treatment like anti foliage agent has worked and actually in the pediatric
	population. But then over a period of years we have kind of extra all across the tumors.

				Also I would like to add in lymphomas and Leukemia's both have theraphy has emerged recently in the last four to five years and has been the cutting edge breakthrough therapy in the treatment in Leukemia as well as Lymphoma.  I'm Deborah Pearson Reporting for WOOF News
97 recorded Serving the needs of our Community announcements promoting aware of leukemia and lymphoma blood diseases.	9/1/2019- 9/30/2019	2400hrs 2400hrs.	:30 secs.	
News Story	9/27/2019	3:55p and 4:55p	:90 secs.	September 27, 2019 3:55 and 4:55 Newscast  September is Blood Cancer Awareness Month a time to bring attention to Leukemia and Lymphoma as well as other blood diseases. Leukemia and Lymphoma are diagnosed in about 14-thousand people monthly within the United States. The Leukemia and Lymphoma Society is a fundraising organization whose mission is to cure Leukemia, Lymphoma, Hodgskin's Disease and Myeloma and to improve the quality of life in patients and their families. Rebecca Haberberman is with the Alabama-Gulf Coast Chapter of the LLS Society and says through the help of volunteers and donors millions of dollars have been raised for research.  Rebecca 1 "We are really fortunate to have a good amount of money that comes back to UAB from the Leukemia and Lymphoma society for researchers there. We currently have about four research grants in Alabama which totals about 1.5 million dollars. And then annually across the county this past year 46 million was invested nationally.

		If you would like to donate to the Leukemia and Lymphoma Society you can do so by going online to LLS.org or by calling the LLS information Resource Center at 1-800-955-4572.
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