

# 4<sup>th</sup> Quarter 2006

## Community Issues Program List

### Locally produced programs

Date	Time PST	Talent	Title	Content
12/9/2006	11:00:00 1 Hr.	Pr. Charles Mitchell	Christmas Meaning	The importance of giving back to a community
12/8/2006	03:00:00 30 Min	Cathy Sanchez	Public Service	Need to donate blood to blood banks
12/4/2006	08:00:00 1 Hr.	Pr. Charles Mitchell	Christmas Meaning	The importance of giving back to a community
11/22/2006	09:00:00 1 Hr.	Pr Clark	Sheep's Words	Teaching how to be humble but stong
11/13/2006	03:00:00 30 Min	Cathy Sanchez	Public Service	Need to donate to Blood Banks
11/7/2006	9:00:00 1Hr	Pr. Charles Mitchell	Being an Adventist	Developing Character as an adult to maximum ability
11/5/2006	13:58:00 1 Hr.	Pr. Charles Mitchell	Being an Adventist	Developing Character as an adult to maximum
11/4/2006	10:00:00 1 Hr.	Pr. Charles Mitchell	Being an Adventist	Developing Character as an adult to maximum ability
11/3/2006	20:00:00 1 Hr.	Pr. Charles Mitchell	Being an Adventist	Developing Character as an adult to Maximun Ability
11/1/2006	17:00:00 1 Hr.	Pr. Charles Mitchell	Being an Adventist	Developing Character as an adult to maximum ability
10/20/2006	19:00:00 1 Hr.	Pr Clark	Sheep's Words	Teaching how to be humble yet strong in personality
10/13/2006	16:00:00 1 Hr.	Pr Clark	Sheep's Words	Teaching how to be humble yet strong in personality
10/5/2006	03:00:00 30 Min	Cathy Sanchez	Public Service	Need to Donate Blood to Blood Banks

### Network Programming

#### December

Date	Time CST	Duration	Prog Num	Series	Content	Host & Guests
12/3/2006	13:30:00	30 min	#148	Abundan t Living	Reversing Diabetes- Pt.3 Curtis and Paula Eakins discuss how to use simple dietary methods to reverse diabetes	Curtis Eakins , Paula Eakins
12/5/2006	4:00:00	30 min				
12/8/2006	7:30:00	30 min				
12/17/2006	13:30:00	30 min	#150	Abundan t Living	Building Better Bones pt.1 Curtis and Paula Eakins discuss	Curtis Eakins , Paula Eakins
12/19/2006	4:00:00	30 min				

12/22/2006	7:30:00	30 min			how to use simple dietary methods to build better bones	
12/24/2006	13:30:00	30 min	#151	Abundant Living	Building Better Bones 2 Curtis and Paula Eakins discuss how to use simple dietary methods to build better bones	Curtis Eakins , Paula Eakins
12/26/2006	4:00:00	30 min				
12/29/2006	7:30:00	30 min				
12/31/2006	13:30:00	30 min	#152	Abundant Living	Building Better Bones 3 Curtis and Paula Eakins discuss how to use simple dietary methods to build better bones	Curtis Eakins , Paula Eakins
12/3/2006	0:30:00	30 min	#27	Battles of Faith	Holy Wars Ivor and Atonte Myers discuss the Holy War behind the scenes in the entertainment industry from their expertise and experience in the battle for the mind	Ivor and Atonte Myers
12/4/2006	14:30:00	30 min				
12/5/2006	2:30:00	30 min				
12/5/2006	22:00:00	30 min				
12/4/2006	3:00:00	30 min	#197	Health for a Lifetime	Back Pain: Don Mackintosh and Dr. John Clark discuss what is back pain, how to avoid it, and simple things you can do at home to treat it as well as medical technology to treat it.	Don Mackintosh *, John Clark
12/6/2006	18:30:00	30 min				
12/11/2006	3:00:00	30 min	#198	Health for a Lifetime	Carpal Tunnel: Don Mackintosh and Dr. John Clark discuss what is carpal tunnel syndrome, how to avoid it, and simple things you can do at home to treat it as well as medical technology to treat it.	Don Mackintosh *, John Clark
12/13/2006	18:30:00	30 min				
12/18/2006	3:00:00	30 min	#199	Health for a Lifetime	Freedom From Habits That Hurt: Don Mackintosh and Vicki Griffin discuss habits that hurt such as smoking, drug abuse, alcoholism, how to avoid it, and simple things you can do at home to treat it as well as medical technology to treat it.	Don Mackintosh *, Vicki Griffin
12/20/2006	18:30:00	30 min				
12/14/2006	4:00:00	30 min	#9	Liberty Insider	The Patriot Act, Real Id's And Privacy: Dr. James Standish, esq. discusses the patriot act and what it means to religious people in the USA	James Standish *
12/28/2006	4:00:00	30 min	#11	Liberty Insider	Labor Unions And Rights Of Prisoners: Dr. James Standish, esq. discusses religious liberty and the power of labor unions and the religious rights of prisoners.	James Standish *
12/1/2006	12:30:00	30 min	#10	Marriage in God's Hands	Building A Sure Foundation: Tom and Alane Waters show practical things to build a solid marriage that won't crumble	Alane Waters , Tom Waters

12/2/2006	16:00:00	30 min	#11		Prayers Of Love: Tom and Alane Waters discuss how to pray in a marriage to help it through difficult times	Alane Waters , Tom Waters
12/3/2006	2:30:00	30 min	#11			
12/3/2006	22:00:00	30 min	#11			
12/5/2006	13:00:00	30 min	#11			
12/8/2006	12:30:00	30 min	#11			
12/9/2006	16:00:00	30 min	#12	Marriage in God's Hands	Forming Common Goals: Tom and Alane Waters show how to set common goals to be sure to keep a marriage together and keep both spouses happy	Alane Waters , Tom Waters
12/10/2006	2:30:00	30 min	#12			
12/10/2006	22:00:00	30 min	#12			
12/12/2006	13:00:00	30 min	#12			
12/15/2006	12:30:00	30 min	#12			
12/16/2006	16:00:00	30 min	#13	Marriage in God's Hands	Setting Priorities: Tom and Alane Waters show how to set priorities to be sure to keep a marriage together and keep both spouses happy	Alane Waters , Tom Waters
12/17/2006	2:30:00	30 min	#13			
12/17/2006	22:00:00	30 min	#13			
12/19/2006	13:00:00	30 min	#13			
12/22/2006	12:30:00	30 min	#13			
12/23/2006	16:00:00	30 min	#14	Marriage in God's Hands	Effective Communication: Tom and Alane Waters show effective communication methods to be sure to keep a marriage together and keep both spouses happy	Alane Waters , Tom Waters
12/24/2006	2:30:00	30 min	#14			
12/24/2006	22:00:00	30 min	#14			
12/26/2006	13:00:00	30 min	#14			
12/29/2006	12:30:00	30 min	#14			
12/1/2006	10:30:00	30 min	#252	Teen Pathways	Express Yourself: Reggie Dupard an ex-football star talks about how to express yourself as a teenager	Reggie Dupard *
12/1/2006	17:00:00	30 min	#252	Teen Pathways		
12/7/2006	6:30:00	30 min	#72	Teen Pathways	Psychics Or Psychos	Cheri Peters
12/7/2006	17:00:00	30 min	#72	Teen Pathways	Psychics Or Psychos	Cheri Peters
12/8/2006	10:30:00	30 min	#244	Teen Pathways	Hurricane Katrina: Reggie Dupard takes you behind the scenes with several teenagers to show what they can do to help after a disaster and how other local communities can help	Reggie Dupard
12/8/2006	17:00:00	30 min	#244	Teen Pathways		Reggie Dupard
12/14/2006	6:30:00	30 min	#73	Teen Pathways	Recovery: Cheri Peters, an ex-drug pusher, talks to teenagers about recovering from addictions to drugs, sex and alcohol	Cheri Peters
12/14/2006	17:00:00	30 min	#73	Teen Pathways		Cheri Peters
12/15/2006	10:30:00	30 min	#246	Teen Pathways	Family Matters: Reggie Dupard talks to teenagers about how to	Reggie Dupard *

12/15/2006	17:00:00	30 min	#246	Teen Pathways	deal with problems with their families such as divorce or fighting parents or difficulty with parents understanding their teenagers	Reggie Duppard *
12/1/2006	22:00:00	30 min	#413	Up Close	Dealing With Loneliness: Shelley Quinn with live audience demonstrates several methods of coping with loneliness	Shelley Quinn
12/6/2006	9:00:00	30 min	#401	Up Close	Dealing With Death: Marti Jones, hospital chaplain with live audience deals with the pain and grief of losing a loved one.	Marti Jones
12/8/2006	22:00:00	30 min	#401	Up Close		Marti Jones
12/13/2006	9:00:00	30 min	#402	Up Close	Escaping Drug And Alcohol Addictions: Cheri Peters, ex drug pusher, with live audience discuss strategies for escaping drugs and alcohol addictions in yourself and among your loved ones.	Cheri Peters
12/15/2006	22:00:00	30 min	#402	Up Close		Cheri Peters
12/20/2006	9:00:00	30 min	#403	Up Close	Dealing With Depression: Dr. Neil Nedley with live audience talks about how he has helped many people overcome depression and what you can do at home to recognize the symptoms and treat them.	Neil Nedley MD
12/22/2006	22:00:00	30 min	#403	Up Close		Neil Nedley MD
12/27/2006	9:00:00	30 min	#404	Up Close	Teen Pregnancy: Donna Teat with live audience deals with being a teen and being a parent in a teen pregnancy situation	Donna Teat
12/29/2006	22:00:00	30 min	#404	Up Close		Donna Teat

## November

Date	Time		Prog Num	Series	Content	Guests
11/3/2006	7:30:00	30 min	#140	Abundant Living	Curbing The Carbs Pt.2: Curits and Paula Eakins discuss the fad and dangers of the new low carb diets	Curtis Eakins , Paula Eakins
11/5/2006	13:30:00	30 min	#141	Abundant Living	Curbing The Carbs Pt.3: Curits and Paula Eakins discuss the fad and dangers of the new low carb diets	Curtis Eakins , Paula Eakins
11/7/2006	4:00:00	30 min	#141	Abundant Living		Curtis Eakins , Paula Eakins
11/10/2006	7:30:00	30 min	#141	Abundant Living		Curtis Eakins , Paula Eakins
11/12/2006	13:30:00	30 min	#142	Abundant Living	Controlling Cholesterol: Curtis and Paula Eakins discuss how	Curtis Eakins , Paula Eakins

11/14/2006	4:00:00	30 min	#142	Abundant Living	to make simple dietary changes to help control your cholesterol level	Curtis Eakins , Paula Eakins
11/17/2006	7:30:00	30 min	#142	Abundant Living		Curtis Eakins , Paula Eakins
11/19/2006	13:30:00	30 min	#143	Abundant Living	Controlling Cholesterol Pt.2: Curtis and Paula Eakins discuss how to make simple dietary changes to help control your cholesterol level	Curtis Eakins , Paula Eakins
11/21/2006	4:00:00	30 min	#143	Abundant Living		Curtis Eakins , Paula Eakins
11/24/2006	7:30:00	30 min	#143	Abundant Living		Curtis Eakins , Paula Eakins
11/19/2006	0:30:00	30 min	#25	Battles of Faith	How To Fight Back Spiritually: Ivor and Atonte Myers talk about how to fight back in the spiritual battle that the entertainment industry is in	Atonte Myers , Ivor Myers
11/20/2006	14:30:00	30 min	#25	Battles of Faith		Atonte Myers , Ivor Myers
11/21/2006	2:30:00	30 min	#25	Battles of Faith		Atonte Myers , Ivor Myers
11/21/2006	22:00:00	30 min	#25	Battles of Faith		Atonte Myers , Ivor Myers
11/26/2006	0:30:00	30 min	#27	Battles of Faith	Holy Wars Ivor and Atonte Myers discuss the Holy War behind the scenes in the entertainment industry from their expertise and experience in the battle for the mind	Ivor and Atonte Myers
11/27/2006	14:30:00	30 min	#27	Battles of Faith		Ivor and Atonte Myers
11/13/2006	3:00:00	30 min	#194	Health for a Lifetime	Asthma: Don Mackintosh and Dr. Victor Herry discuss Asthma what it is, how to recognize it, how to live with it and how to treat it at home and in medical technology	Don Mackintosh *, Victor E. Herry
11/15/2006	18:30:00	30 min	#194	Health for a Lifetime		Don Mackintosh *, Victor E. Herry
11/20/2006	3:00:00	30 min	#195	Health for a Lifetime	Osteoporosis: Don Mackintosh and Dr. John Clark discuss Osteoporosis and how to prevent it as well as how to live with it and help a loved one who has it	Don Mackintosh *, John Clark
11/22/2006	18:30:00	30 min	#195	Health for a Lifetime		Don Mackintosh *, John Clark
11/27/2006	3:00:00	30 min	#196	Health for a Lifetime	Arthritis: Don Mackintosh and Dr. John Clark discuss Arthritis and how to prevent it as well as how to live with it and help a loved one who has it	Don Mackintosh *, John Clark
11/29/2006	18:30:00	30 min	#196	Health for a Lifetime		Don Mackintosh *, John Clark
11/2/2006	4:00:00	30 min	#11	Liberty Insider	Labor Unions And Rights Of Prisoners: Dr. James Standish, esq. discusses religious liberty and the power of labor unions and the religious rights of prisoners.	James Standish *
11/23/2006	4:00:00	30 min	#4	Liberty Insider	Non-combatancy And Christian Nation: James Standish, esq. addresses issues of conscience in the US military	James Standish *

11/30/2006	4:00:00	30 min	#5	Liberty Insider	Christian Activism And Sabbath Rights: James Standish, esq. discusses Christian Activism and Sabbath rights in the work place and politics	James Standish *
11/25/2006	16:00:00	30 min	#10	Marriage in God's Hands	Building A Sure Foundation: Tom and Alane Waters show practical things to build a solid marriage that won't crumble	Alane Waters , Tom Waters
11/26/2006	2:30:00	30 min	#10	Marriage in God's Hands		Alane Waters , Tom Waters
11/26/2006	22:00:00	30 min	#10	Marriage in God's Hands		Alane Waters , Tom Waters
11/28/2006	13:00:00	30 min	#10	Marriage in God's Hands		Alane Waters , Tom Waters
11/9/2006	6:30:00	30 min	#68	Teen Pathways	Anger: Cheri Peters discusses how for teenagers to deal with anger and resentment	Cheri Peters
11/9/2006	17:00:00	30 min	#68	Teen Pathways		Cheri Peters
11/16/2006	6:30:00	30 min	#69	Teen Pathways	Depression: Cheri Peters talks to teens about how to deal with depression and where to get help.	Cheri Peters
11/16/2006	17:00:00	30 min	#69	Teen Pathways		Cheri Peters
11/21/2006	6:30:00	30 min	#117	Teen Pathways	Youth Overcoming Violence: Reggie Dupard talks to teens about avoiding teen violence and what to do if you are caught in it.	Reggie Dupard
11/21/2006	20:00:00	30 min	#117	Teen Pathways		Reggie Dupard
11/1/2006	9:00:00	30 min	#409	Up Close	Obesity And Diet: Gerard McLane and live audience discuss how to overcome obesity and how to keep on your diet for better health.	Gerard McLane
11/3/2006	22:00:00	30 min	#409	Up Close		Gerard McLane
11/5/2006	20:00:00	30 min	#410	Up Close	Taming Your Tv: Jason Seiber and live audience discuss the dangers of the media and how to overcome addiction to TV and other media.	Jason Seiber
11/8/2006	9:00:00	30 min	#410	Up Close		Jason Seiber
11/10/2006	22:00:00	30 min	#410	Up Close		Jason Seiber
11/12/2006	20:00:00	30 min	#411	Up Close	Recovering From The Pain Of Divorce: Marti Jones, Hospital chaplain and live audience discuss how to recover from the pain of divorce	Marti Jones
11/15/2006	9:00:00	30 min	#411	Up Close		Marti Jones
11/17/2006	22:00:00	30 min	#411	Up Close		Marti Jones
11/19/2006	20:00:00	30 min	#412	Up Close	The Dangers Of The Occult: Rick Howard and live audience discuss the dangers of strange religions and cults	Rick Howard
11/22/2006	9:00:00	30 min	#412	Up Close		Rick Howard
11/24/2006	22:00:00	30 min	#412	Up Close		Rick Howard
11/26/2006	20:00:00	30 min	#413	Up Close	Dealing With Loneliness: Shelley Quinn with live audience demonstrates several methods of coping with loneliness	Shelley Quinn
11/29/2006	9:00:00	30 min	#413	Up Close		Shelley Quinn

October

Date	Time		Prog Num	Series	Content	Guests
10/1/2006	13:30:00	30 min	#136	Abundant Living	Alzheimer's Disease: Curtis and Paula Eakins discuss Alzheimer's disease and its relation to diet and lifestyle and what the best approaches would be to treating and prevention	Curtis Eakins , Paula Eakins
10/3/2006	4:00:00	30 min	#136	Abundant Living		Curtis Eakins , Paula Eakins
10/6/2006	7:30:00	30 min	#136	Abundant Living		Curtis Eakins , Paula Eakins
10/8/2006	13:30:00	30 min	#137	Abundant Living	Alzheimer's Disease Pt.2: Curtis and Paula Eakins discuss Alzheimer's disease and its relation to diet and lifestyle and what the best approaches would be to treating and prevention	Curtis Eakins , Paula Eakins
10/10/2006	4:00:00	30 min	#137	Abundant Living		Curtis Eakins , Paula Eakins
10/13/2006	7:30:00	30 min	#137	Abundant Living		Curtis Eakins , Paula Eakins
10/22/2006	13:30:00	30 min	#139	Abundant Living	Curbing The Carbs: Curtis and Paula Eakins discuss the low carb diet fad and its dangers	Curtis Eakins , Paula Eakins
10/24/2006	4:00:00	30 min	#139	Abundant Living		Curtis Eakins , Paula Eakins
10/27/2006	7:30:00	30 min	#139	Abundant Living		Curtis Eakins , Paula Eakins
10/29/2006	13:30:00	30 min	#140	Abundant Living	Curbing The Carbs Pt.2: Curtis and Paula Eakins discuss the low carb diet fad and its dangers	Curtis Eakins , Paula Eakins
10/31/2006	4:00:00	30 min	#140	Abundant Living		Curtis Eakins , Paula Eakins
10/11/2006	18:30:00	30 min	#189	Health for a Lifetime	Adventist Health Study 2: Don Mackintosh and Fraser Gary discuss the recent and on going study of the SDA population who do and don't adhere to the church's lifestyle plan.	Don Mckintosh *, Fraser Gary
10/16/2006	3:00:00	30 min	#190	Health for a Lifetime	Adventist Health Study 2-the Great Opportunity: Don Mackintosh and Fraser Gary discuss the recent and on going study of the SDA population who do and don't adhere to the church's lifestyle plan.	Don Mckintosh *, Fraser Gary
10/18/2006	18:30:00	30 min	#190	Health for a Lifetime		Don Mckintosh *, Fraser Gary
10/23/2006	3:00:00	30 min	#191	Health for a Lifetime	Hypertension: Don Mackintosh and Victor Herry discuss hypertension, what it is, how to recognize it, how to avoid it and medical technology to deal with it.	Don Mackintosh *, Victor E. Herry
10/25/2006	18:30:00	30 min	#191	Health for a Lifetime		Don Mackintosh *, Victor E. Herry



10/5/2006	4:00:00	30 min	#5	Liberty Insider	Christian Activism And Sabbath Rights: James Standish, esq. discusses Christian Activism and Sabbath rights in the work place and politics	James Standish *
10/19/2006	4:00:00	30 min	#9	Liberty Insider	The Patriot Act, Real Id's And Privacy: Dr. James Standish, esq. discusses the patriot act and what it means to religious people in the USA	James Standish *
10/1/2006	20:00:00	30 min	#405	Up Close	Is Suicide A Way Out?: Kay Rizzo with live audience talks about suicide, how to recognize potential and how to deal with and if it is successful what to do	Kay Rizzo
10/4/2006	9:00:00	30 min	#405	Up Close		Kay Rizzo
10/6/2006	22:00:00	30 min	#405	Up Close		Kay Rizzo
10/8/2006	20:00:00	30 min	#406	Up Close	The Process Of Change: Kelly Dulac and Neil Nedley with live audience discuss how to make changes that last in your life.	Kelly Dulac , Neil Nedley
10/11/2006	9:00:00	30 min	#406	Up Close		Kelly Dulac , Neil Nedley
10/13/2006	22:00:00	30 min	#406	Up Close		Kelly Dulac , Neil Nedley
10/15/2006	20:00:00	30 min	#407	Up Close	Facing The Tough Times: Jay Gallimore with live audience deals with how to face tough times and get through them-- loss of loved one, financial, etc.	Jay Gallimore
10/18/2006	9:00:00	30 min	#407	Up Close		Jay Gallimore
10/20/2006	22:00:00	30 min	#407	Up Close		Jay Gallimore
10/22/2006	20:00:00	30 min	#408	Up Close	Balancing Work And Family: Shelley Quinn and live audience discuss how to balance work and family in today's society	Shelley Quinn
10/25/2006	9:00:00	30 min	#408	Up Close		Shelley Quinn
10/27/2006	22:00:00	30 min	#408	Up Close		Shelley Quinn
10/29/2006	20:00:00	30 min	#409	Up Close	Obesity And Diet: Gerard McLane and live audience talk about the problems of obesity and diet and how to really win the battle	Gerard McLane

FCC Rule 73.3526 requires this material for the Fourth Quarter 2006 to be placed in the Public File by January 10, 2007.

Party Posting Material

Signature of Responsible Party:  \_\_\_\_\_

Actual Date Posted: 26 December 2006