Air Date: October 8, 2017

Aired on: KQMQ, KUMU, KDDB, KPOI

Air Time: 6:30

Duration: 30 minutes

Topic: Ophthalmology

Guests: Dr. Julie K. Nishimura, MD

Synopsis: Discussion on the branch of medicine that deals with the

anatomy, physiology and diseases of the eyeball and orbit.

Air Date: October 15, 2017

Aired on: KQMQ, KUMU, KDDB, KPOI

Air Time: 6:30

Duration: 30 minutes

Topic: Hurricane Preparedness

Guests: Chris Crabtree

Synopsis: Discussion on comprehensive information on hurricane preparedness at home and in your community. Some highlights on how to prepare and take action.

Air Date: October 22, 2017

Aired on: KQMQ, KUMU, KDDB, KPOI

Air Time: 6:30

Duration: 30 minutes

Topic: Halloween

Guests: Ishida Jay MD

Synopsis: Discussion on tips to be safe on Halloween. Awareness for

parents and families.

Air Date: October 29, 2017

Aired on: KQMQ, KUMU, KDDB, KPOI

Air Time: 6:30

Duration: 30 minutes

Topic: Nuclear Preparedness

Guests: Toby Clairmont, Hawaii Emergency Management

Synopsis: Discussion on misconceptions over the nuclear preparedness

planning.

Air Date: November 5, 2017

Aired on: KQMQ, KUMU, KDDB, KPOI

Air Time: 6:30

Duration: 30 minutes

Topic: Fire Ants

Guests: Christy Martin, Coordinating Group on Alien Pest Species

(CGAPS)

Synopsis: Discussion on the stinging species of ants in the genus Solenopsis. Raising awareness for identifying and prevention of spreading.

Air Date: November 12, 2017

Aired on: KQMQ, KUMU, KDDB, KPOI

Air Time: 6:30

Duration: 30 minutes

Topic: Women's Diabetes

Guests: Mark Brandenstein

Synopsis: Discussion on the condition that affects the body's natural way of storing and using energy. If you have diabetes, you can still have a have a healthy pregnancy.

Air Date: November 19, 2017

Aired on: KQMQ, KUMU, KDDB, KPOI

Air Time: 6:30

Duration: 30 minutes

Topic: Hawaii Veteran's Healthcare

Guests: Chris Slavens

Synopsis: Discussion on Veteran Support Services and Veterans Health Administration in Honolulu.

Air Date: November 26, 2017

Aired on: KQMQ, KUMU, KDDB, KPOI

Air Time: 6:30

Duration: 30 minutes

Topic: Rat Lungworm Disease

Guests: Kenton Kramer, John A. Burns School of Medicine

Synopsis: Discussion on Angiostrongyliasis, also known as rat lungworm disease that affects the brain and spinal cord. Discussing methods to prevent spread.

Air Date: December 3, 2017

Aired on: KQMQ, KUMU, KDDB, KPOI

Air Time: 6:30

Duration: 30 minutes

Topic: Suicide Prevention

Guests: Kimberly Gallant

Synopsis: Discussion on local and national programs to reduce the

annual rate of suicide.

Air Date: December 10, 2017

Aired on: KQMQ, KUMU, KDDB, KPOI

Air Time: 6:30

Duration: 30 minutes

Topic: Board of Water

Guests: Ernest Lau

Synopsis: Discussion on water conservation to preserving Hawaii's

freshwater supply.

Air Date: December 17, 2017

Aired on: KQMQ, KUMU, KDDB, KPOI

Air Time: 6:30

Duration: 30 minutes

Topic: Holiday Stress

Guests: Maylin, Kaiser Permanente

Synopsis: Discussion on Reducing Holiday Stress. Discussing about the

kinds of events that trigger stress during the holidays.

Air Date: December 24, 2017

Aired on: KQMQ, KUMU, KDDB, KPOI

Air Time: 6:30

Duration: 30 minutes

Topic: Best Buddies

Guests: Kelly Hu

Synopsis: Discussion on opportunities for one-to-one friendships and employment for people with intellectual and developmental disabilities.

Air Date: December 31, 2017

Aired on: KQMQ, KUMU, KDDB, KPOI

Air Time: 6:30

Duration: 30 minutes

Topic: Rat Lungworm Disease

Guests: Kenton Kramer, John A. Burns School of Medicine

Synopsis: Discussion on Angiostrongyliasis, also known as rat lungworm disease that affects the brain and spinal cord. Discussing methods to prevent spread.