

**KPYK 1570 AM
Issues/Programs List**

**Fourth Quarter
2021**

January 4, 2022

Issues:

Religion/Faith in Daily Life:

Church services from the First Baptist Church in Terrell, TX, are broadcast live every Sunday morning from 10:25 a.m. until 12:00 noon. Sermons are broadcast by senior pastor John Lowrie. The church service is preceded and followed by announcements concerning church and community activities. John Porter and Jerry White are the announcers presenting the church/community events announcements. Although Covid-19 shutdowns stopped all but broadcast services last year, the church is open and services are held with many attending. However, there are some elderly, and others unable to attend due to health or employment, for which the church broadcasts the services.

Families/Family Relations:

This is addressed in a daily 5-minute feature which runs at 10:05 a.m. Monday through Friday, "Guidelines for Living," with commentary by Bonnie Sala, taking Dr. Harold Sala's place. Topics covered included poverty, doubt, marriage and fidelity, depression and its various stages, and faith, forgiveness, love and commitment, remaining faithful, and dealing with the stress of daily family living.

Health:

Updates and information on Covid-19 and recommendations by the CDC on how to remain healthy are broadcast each hour during the day between 7:00 a.m. and 6 p.m., as well as on local news reports at 7:30 a.m., 8:30 a.m., 9:30 a.m., 10:30 a.m. 12:05 p.m. and 1:05 p.m. An hourly news headlines update on Texas news and updates on Covid-19 and other health related stories from the Texas State News Network continues to be broadcast on the half-hour between 7:00 a.m. and 8:00 p.m.

Running daily, Monday through Friday at 4:35 p.m. is "Check Up on Health," a two-minute health feature which addresses a variety of health topics, including respiratory viral infections, terminally ill patient care, alcohol and marijuana use among teens, healthy diet choices, substance abuse and addictions, aspirin for heart health, high blood pressure, precautions around infections, attention deficit hyper activity disorder, avoiding broken bones, functional foods, preventing child abductions, gluten sensitivity, alcohol as the #1 cause of death worldwide for men 15-56, PSA test, nutrition labels and what you should look for, suicide, carbon monoxide poisoning and alarms, healthy foods - fruits and vegetables, prescription drugs, health care costs, high cholesterol, staph infections, trans fats, blood pressure screenings, affects of exercise and diet on aging, obesity and health, music's affect on health, common cold, benefits of garlic on health, health psychology and spirituality, and mental health care costs.

Education:

This is addressed by the program "Issues in Education," which airs Saturday mornings at 6:05 a.m. until 6:30 a.m. Specific program content is attached.

Education and government involvement is also addressed with the broadcast of the regular monthly meetings of the Terrell School Board of Trustees on KPYK. The meeting were as follows: October 18, 2021 at 6:00 p.m. (51 minutes); November 15, 2021 at 6:00 p.m. (47 minutes); and December 13, 2021 at 6:00 p.m. (1 hour 12 minutes). In addition to the meeting broadcast, a comprehensive report on the board's actions is given the following morning during the local news reports.

Government and public relations:

KPYK broadcasts the meetings of the Terrell City Council live the first and third Tuesdays of each month starting at 7:00 p.m. A city council meeting scheduled for October 12, 2021 could not be broadcast as the city's equipment to feed the audio to KPYK failed to function. The meeting dates and broadcast times are as follows: October 26, 2021 for 1 hour and 34 minutes, November 2, 2021 for 5 minutes, November 9, 2021 for 1 hour and 23 minutes, November 16, 2021 for 56 minutes, November 30, 2021 for 1 hour and 30 minutes, December 7, 2021 for 2 hours and 8 minutes, and December 14, 2021 for 1 hour and 8 minutes. In addition to the meeting broadcast, a comprehensive report on each council meeting is given the following morning during the local news reports.



Reports on the activities of the Kaufman County Commissioner's Court meetings, which are held every Tuesday at 9:00 a.m. are broadcast the following morning during the local newscasts at 7:30 a.m., 8:30 a.m., 9:30 a.m., 10:30 a.m., 12:05 p.m. and 1:05 p.m.

Local News:

KPYK broadcasts a local news report every weekday morning at 7:30 a.m., 8:30 a.m., 9:30 a.m., 10:30 a.m., 12:05 p.m. and 1:05 p.m. News includes local government activities, crime reports, deaths and funeral notices, local activities of service clubs and other non-profit service organizations, and reports on those serving in the military whose families live in the local area (Kaufman, Van Zandt, Rockwall and eastern Dallas Counties). Five minute newscasts of regional and state news from the Texas State Network are broadcast on KPYK every hour from 7:00 a.m. through 8:00 p.m. National and world news is presented in a two-minute broadcast from the USA Radio Network every hour on the half-hour 24-hours per day, and also in a five-minute presentation on the hour from 9:00 p.m. throughout the night through 6:00 a.m. Texas headlines from the Texas State Network follow the USA Radio Network news on the half-hour between 7:00 a.m. and 6:00 p.m. KPYK broadcasts a minimum of 3 hours of news every 24 hours.

Info-Track:

Various issues, including marriage, relationships, mental health and depression, consumer issues, etc. are addressed weekly at 6:30 a.m. Saturdays on a 30-minute program, "Info-Track." Specific topics discussed are attached.

Community events:

Twice every hour, at :17 and :47, KPYK broadcasts "Community Notes," short features with information on community service club activities, educational opportunities, civic fund raisers, area school and church activities which are open to the public, city-wide clean-up drives, health fairs and the like. Specifically during the Christmas season we broadcast notices of a Blue Christmas service for those who lost loved ones during the past year and were experiencing their first holiday season without those who died during the year, a fund raising walk/run supporting the local united way, and the annual Terrell Christmas parade.

Terrell High School Football broadcasts continued into the fourth quarter with games each Friday night during October and the first week of November. The broadcast features a pre-game show starting at 7:05 p.m. with an interview with the head football coach which was recorded earlier in the day, focusing on the previous game and on what the coach has to say about the upcoming game and team that the Terrell Tigers will play, with the kickoff at 7:30 p.m. At half-time the broadcast team interviews a guest. Interviews included inductees into the Terrell High School Football Hall of Fame.

PSA's broadcast ROS during the quarter were for the following:

American Red Cross - Coronavirus education
Covid-19 Prevention of spread
Retirement Planning
Foundation Fighting Blindness
Drunk Driving/Buzzed Driving
AARP
Coast Guard Reserve
Lighthouse International
American Lung Association
CASA

A minimum of 5 minutes per weekday is allocated for public service announcements on KPYK.


Charles Mohnkern
General Manager, KPYK

01-04-2022
Date



Call Letters: KPYK

Weekly Public Affairs Program

QUARTERLY ISSUES REPORT, OCTOBER-DECEMBER, 2021

Show # 2021-40

Date aired: 10/02/2021 **Time Aired:** 6:30 AM

Jack Kosakowski, President and CEO, Junior Achievement USA

Mr. Kosakowski discussed a Junior Achievement USA survey that found that 77 percent of parents are concerned about their children's ability to have a successful job or career as adults, in light of global competition and automation. He talked about the rapidly changing career environment, and how Junior Achievement is adapting to today's tech environment to help teenagers.

Issues covered:
Youth Concerns
Careers
Parenting

Length: 8:04

Dale Bredesen, MD, NIH Postdoctoral Fellow at the University of California, San Francisco, author of "*The End of Alzheimer's: The First Program to Prevent and Reverse Cognitive Decline*"

Dr. Bredesen said his research has determined that Alzheimer's disease is not a single condition, but three similar ones--each with a different cause. He said new research is giving hope that the disease can be prevented and, under certain circumstances, even reversed. He said every American should get a cognitive and genetic test at age 45, to determine their likelihood of developing Alzheimer's.

Issues covered:
Alzheimer's Disease
Aging

Length: 9:15

Craig Gundersen, PhD, Soybean Industry Endowed Professor in Agricultural Strategy, Professor in the College of Agricultural, Consumer and Environmental Sciences Department of Agricultural and Consumer Economics at the University of Illinois

Dr. Gunderson led a study that found that 5.4 million people age 60 or older in the U.S., or 8.1 percent, did not have enough food for an active, healthy lifestyle. He explained how food insecurity adversely affects a senior citizen's health, and why many low-income seniors fail to take advantage of government programs available to them.

Issues covered:
Hunger
Poverty
Senior Citizens
Government Programs

Length: 4:46

Show # 2021-41

Date aired: 10/09/2021 **Time Aired:** 6:30 AM

Roby Greenwald, PhD, Assistant Professor from the School of Public Health, Georgia State University

Traffic pollution research has traditionally been conducted with outdoor roadside sensors. Dr. Greenwald led a study with sensors mounted inside the passenger compartments of cars, and found that interior pollution levels were twice as high as previously thought. He talked about the various forms of pollution he found and their potential health effects.

Issues covered:
Pollution
Personal Health

Length: 8:54

Rebekah H. Nagler, PhD, Assistant Professor in the Hubbard School of Journalism & Mass Communication, University of Minnesota

Dr. Nagler led a study that found that most American women aren't aware of the risks of overdiagnosis and overtreatment in regards to breast cancer screening. She discussed the challenges of educating women about these risks so they can make informed decisions about mammograms and breast cancer screening.

Issues covered:
Cancer
Women's Issues

Length: 8:18

David Rabiner, PhD, Senior Research Scientist in the Department of Psychology & Neuroscience at Duke University

The use of "study drugs" -- prescription medications used illegally by college students improve their academic performance--is on the rise. Dr. Rabiner said the drugs of choice are those typically used to treat ADHD. He discussed the question of whether the practice is a form of academic cheating. He added that students who use these medications without a prescription typically have higher rates of drug and alcohol abuse, perform worse academically and are more stressed out about their grades.

Issues covered:
Substance Abuse
Education

Length: 4:57

Show # 2021-42

Date aired: 10/16/2021 **Time Aired:** 6:30 AM

David Mazer, MD, anesthesiologist at St. Michael's Hospital and Professor in the Departments of Anesthesia and Physiology at the University of Toronto

Dr. Mazer was the co-author of a study that found that adults under 45 years old, who consumed cannabis within the last 30 days, suffered from nearly double the number of heart attacks than adults who didn't use the drug. He said the trend was evident whether cannabis was smoked, vaped or eaten as an edible. He outlined the lessons that can be learned from the research.

Issues covered:
Drug Abuse
Personal Health

Length: 7:00

Joanna Quinn, M.Ed., former middle school teacher, founder of Super Empowered One, an organization dedicated to building confidence in kids, author of "Greta Grace," a book focused on bullying and self-esteem

According to StopBullying.gov, one in five kids between the ages of 12 and 18 have experienced bullying. Ms. Quinn outlined the typical signs of bullying and what parents should do if their child is either a victim or a bully. She talked about the increasing role that schools play in the prevention of bullying.

Issues covered:
Bullying
Youth at Risk
Parenting

Length: 10:00

Elizabeth Klodas, MD, FACC, cardiologist, Founder and Chief Medical Officer for Step One Foods, author of "Slay the Giant: The Power of Prevention in Defeating Heart Disease," founding Editor-in-Chief of the patient education effort of the American College of Cardiology

About 38% of American adults have high cholesterol, according to the Centers for Disease Control. Dr. Klodas discussed the problem, and explained how dietary changes can make a significant difference in cholesterol levels. She said it is important to address the cause of the problem, rather than the symptom.

Issues covered:
Nutrition
Personal Health

Length: 5:21

Show # 2021-43

Date aired: 10/23/2021 **Time Aired:** 6:30 AM

Manny Centeno, Program Manager of the Integrated Public Alert and Warning System, part of the Federal Emergency Management Agency

Mr. Centeno outlined what the public needs to know about the Emergency Alert System, and provided real-life examples to illustrate why EAS is so important to public safety. He also discussed the purpose of "Primary Entry Point" radio stations and details of the all-hazards upgrades at those 77 stations, to add special air scrubbing for chemical, biological and radiological protection, EMP resistance and emergency power generation. He also mentioned the role played by satellite, cable systems and the internet via desktop and mobile phone alerts.

Issues covered:
Disaster Preparedness
Public Safety
Government

Length: 9:27

Amanda Paluch, PhD, Physical Activity Epidemiologist at the University of Massachusetts, Amherst

Prof. Paluch led a study that found that walking at least 7,000 steps a day--about 3-4 miles--reduced middle-aged people's risk of premature death from all causes by 50% to 70%, compared to those who took fewer daily steps. She found that 7000-10,000 steps range was the "sweet spot," because walking more than 10,000 steps per day, or walking faster, did not further reduce the risk.

Issues covered:
Personal Health
Physical Fitness

Length: 7:47



Vanessa Bohns, PhD, Associate Professor in the Department of Organizational Behavior at the New York State School of Industrial and Labor Relations at Cornell University

Work emails are sent at all hours of the day and night now, and are a tremendous source of stress, whether someone works in an office or remotely. Prof. Bohns said people can limit the negative impact of email, by not necessarily sending less email, but by sending better emails that clearly define how urgently they expect a response.

Issues covered:
Workplace Matters
Stress Reduction

Length: 5:06

Show # 2021-44

Date aired: 10/30/2021 **Time Aired:** 6:30 AM

Eric Garcia, journalist, author of "*We're Not Broken: Changing the Autism Conversation*"

Mr. Garcia shared his story of living with autism, to explain the social and policy gaps that often fail to help Americans across the autism spectrum. He said society has not listened to the needs of the autistic community. He outlined several misconceptions, including the belief that there is an autism epidemic, because diagnostic criteria were expanded in the 1990s.

Issues covered:
Autism
Government Policies

Length: 9:05

Sarah Foster, Bankrate.com analyst

Higher education is one of the most important financial decisions most young people make, and Bankrate.com recently completed a study that ranked the most and least valuable college majors. Ms. Foster shared the rankings, as well as what crucial factors college students should consider when deciding on a major.

Issues covered:
Higher Education
Career

Length: 8:05

Elaine Parke, author of "*The Habits of Unity: 12 Months to a Stronger America...One Citizen at a Time*"

Recent news has cast Facebook in a less than flattering light. Ms. Parke says, like anything, the positive or negative influences of Facebook depend on how you use it. She said in a time of political division and social strife, paying closer attention to the social media Americans are exposed to—or taking a break from Facebook—might be good for their mental health.

Issues covered:
Mental Health
Social Media

Length: 4:59



Show # 2021-45

Date aired: 11/06/2021 **Time Aired:** 6:30 AM

Jen Fisher, US Chief Well-being Officer at Deloitte, a multinational professional services network, author of *Work Better Together: How to Cultivate Strong Relationships to Maximize Well-Being and Boost Bottom Lines*

1 in 4 adults struggle with mental health challenges, and those suffering often hide it at work for fear of discrimination from peers or bosses. Ms. Fisher explained how companies can encourage open and honest conversations to remove the stigma surrounding mental health. She also said companies need to redefine the concept of sick days, to improve mental as well as physical health.

Issues covered:

Length: 8:59

Mental Health

Workplace Matters

Patty Alper, President of the Alper Portfolio Group, author of *Teach to Work: How a Mentor, a Mentee, and a Project Can Close the Skills Gap in America*

Millions of Americans are looking for new jobs right now, largely because they're simply not satisfied with where they are. Ms. Alper explained why mentors are important for the success of both employees and a company overall. She also outlined the questions an applicant can ask to determine the accessibility to mentors throughout a company. She also discussed her work in recruiting CEOs to mentor inner-city youth.

Issues covered:

Length: 8:11

Career

Mentoring

Shannon Carpenter, stay-at-home dad. author of *The Ultimate Stay-At-Home Dad: Your Essential Manual for Being an Awesome Full-Time Father*

There are over 2 million stay-at-home dads in the United States, not including those with part-time jobs. Mr. Carpenter shared his own story of becoming a stay-at-home dad and the lessons he tries to share with other men considering it. He talked about the isolation often faced by stay-at-home dads, and recommended support groups to help.

Issues covered:

Length: 5:00

Parenting

Mental Health

Show # 2021-46

Date aired: 11/13/2021 **Time Aired:** 6:30 AM

Gary Zimmerman, founder and CEO of the web site MaxMyInterest.com

Today, the average US savings account pays 0.06 percent interest annually, an annual return of just \$6 in interest on a \$10,000 nest egg. Mr. Zimmerman's company aims to help consumers holding high amounts of cash automatically find the best available interest rate. He talked about reasons behind rising inflation and the current economic conditions. He explained why banks are paying such low rates, and when the trend may change.

Issues covered:

Length: 8:24

Economy

Personal Finance

Carl Hanson, PhD, Professor of Public Health, Brigham Young University

Researchers from Brigham Young University, Johns Hopkins and Harvard have created an algorithm that can predict suicidal thoughts and behavior among adolescents with 91% accuracy. Prof. Hanson was one of the co-authors of the study, and he said the two primary risk factors related to personal connections: family relationships, and friendships with peers.

Issues covered:

Length: 8:57

**Suicide
Youth at Risk
Mental Health
Substance Abuse**

Sung Rhee, CEO and founder of Optimal, a higher education data research company

A recent survey found that more than half of teens today are gravitating toward a skill-based education, and almost half are leaning toward programs that can be completed within two years. Mr. Rhee's organization recently published an analysis titled "Coding Bootcamp vs College: Which Will Help You Land the Most Prestigious Jobs in the Tech Industry?" He explained what a coding boot camp teaches and who is a likely candidate to attend.

Issues covered:

Length: 5:11

**Career
Higher Education
Technology**

Show # 2021-47

Date aired: 11/20/2021 **Time Aired:** 6:30 AM

Hua Cai, PhD, Associate Professor of Environmental and Ecological Engineering, and Industrial Engineering at Purdue University

Most consumers want to make food purchases that are smart for their wallets, their health and the environment. Prof. Cai led a study that examined grocery purchase records of over 57,000 U.S. households, finding that 71% of homes surveyed could decrease their food carbon footprint, via three simple changes in their shopping habits.

Issues covered:

Length: 8:40

**Climate Change
Consumer Matters**

Daniel Laroche, MD, glaucoma specialist, Director of Glaucoma Services and President of Advanced Eyecare of New York, Clinical Assistant Professor of Ophthalmology with the Icahn School of Medicine at Mount Sinai Medical Center

Dr. Laroche explained why a yearly eye exam is so critical. He outlined the most common symptoms of glaucoma, who is at greatest risk, and why people of color are in the highest risk category. He also discussed the latest treatment options to lower eye pressure and eliminate the need for medication.

Issues covered:

Length: 8:37

**Glaucoma
Personal Health
Minority Concerns**



6

Anna Joyce, PhD, MSc, Lecturer in Psychology, specializing in developmental psychology, atypical development, and sleep at Regent's University London

Sleep problems are common in children and are known to detrimentally affect language and cognitive abilities, as well as academic achievement. Prof. Joyce led a study that examined the connection between sleep-disordered breathing and daytime sleepiness in children and reading skills. She offered advice for parents to improve the quality of their child's sleep.

Issues covered:
Children's Health
Education
Parenting

Length: 5:10

Show # 2021-48

Date aired: 11/27/2021 **Time Aired:** 6:30 AM

Suzanne Bouffard, PhD, expert in child development and education, author of "*The Most Important Year: Pre-Kindergarten and the Future of Our Children*"

Dr. Bouffard discussed the critical importance of pre-school programs. She noted that children who attend quality pre-K programs have a host of positive outcomes including better language, literacy, problem-solving and math skills later in school. She said also they have a leg up on the most essential skill: self-control. She offered advice for parents on how to choose a quality pre-school.

Issues covered:
Education
Parenting

Length: 8:41

Robert Stern, Ph.D., Professor of Neurology, Neurosurgery, and Anatomy and Neurobiology at Boston University School of Medicine, Director of the Clinical Core of the Boston University Alzheimer's Disease Center, Director of Clinical Research for the Boston University Chronic Traumatic Encephalopathy (CTE) Center

Dr. Stern led a study that found that athletes who began playing tackle football before the age of 12 had more behavioral and cognitive problems later in life than those who started playing after they turned 12. He outlined the symptoms of CTE, and discussed the factors that parents should consider before allowing their child to participate in contact sports.

Issues covered:
Youth at Risk
Personal Health
Parenting

Length: 8:32

Julia Leonard, graduate student in Brain and Cognitive Sciences at the Massachusetts Institute of Technology

Ms. Leonard was the first author of a study that found that when 1-year olds observe an adult persisting at a challenging task, they themselves try harder when faced with a problem. She explained why developing perseverance in early childhood pays off later in school and other pursuits.

Issues covered:
Child Development
Parenting

Length: 5:02



Show # 2021-49

Date aired: 12/04/2021 **Time Aired:** 6:30 AM

Elliott Haut, MD, FACS, Associate Professor of Surgery and Anesthesiology & Critical Care Medicine, Johns Hopkins University School of Medicine

Dr. Haut led a study that found that victims of gunshots or stabbings taken to a trauma center by private vehicle were 62% less likely to die compared to victims transported by an ambulance or EMS vehicle. He talked about the possible reasons behind this finding. He also explained why it is so important for the average person to be taught how to use direct pressure to stop bleeding.

Issues covered:

Length: 9:00

Emergency Preparedness
First Aid
Personal Health

Vicki Bogan, PhD, Associate Professor at the Charles H. Dyson School of Applied Economics and Management at Cornell University, founder and director of the Institute for Behavioral and Household Finance

Mental health problems can have a large negative effect on retirement savings, according to Dr. Bogan's research. She discussed her study, which found that people with anxiety and depression are nearly 25 percent less likely to have a retirement savings account, and their savings are dramatically smaller than those without psychological distress.

Issues covered:

Length: 8:08

Mental Health
Retirement Planning

May McCarthy, serial entrepreneur, author of *"The Path to Wealth: Seven Spiritual Steps to Financial Abundance"*

Ms. McCarthy talked about the biggest surprises encountered by people who start their own business. She described the characteristics of successful entrepreneurs, and why owning a business can be very rewarding.

Issues covered:

Length: 4:51

Entrepreneurism
Career

Show # 2021-50

Date aired: 12/11/2021 **Time Aired:** 6:30 AM

Alison Gemmill, PhD, MPH, Assistant Professor in the Department of Population, Family and Reproductive Health at Johns Hopkins Bloomberg School of Public Health

2020 saw the fewest babies born relative to the population of women between 15 and 44 of any year in American history. Prof. Gemmill discussed the most significant reasons behind the drop in US birthrates, the social effects a declining population may cause, and what steps in public policy may change the trend.

Issues covered:

Length: 8:48

Population
Government Policies
Parenting



Grant Donnelly, PhD, Assistant Professor of Marketing at The Ohio State University's Fisher College of Business

Several US cities have instituted taxes on drinks with added sugar, in order to reduce consumption. Prof. Donnelly led a study that examined whether price tags that specifically mentioned the tax would change consumers' buying decisions. He said the tax falls harder on low-income consumers.

Issues covered:

Length: 8:13

Taxes

Consumer Matters

Personal Health

Bree Fowler, Senior Security expert at CNET

An estimated \$63 billion in holiday packages will be delivered to homes this holiday season, and a recent survey found that 43% of Americans have had at least one package stolen from their porch. Ms. Fowler outlined simple steps online shoppers can take to deter porch pirates.

Issues covered:

Length: 5:12

Crime

Consumer Matters

Show # 2021-51

Date aired: 12/18/2021 **Time Aired:** 6:30 AM

Tim Larkin, self-defense expert, author of "*When Violence Is the Answer: Learning How to Do What It Takes When Your Life Is at Stake*"

Mr. Larkin discussed the use of violence in self-defensive situations. He discussed ways to prevent, prepare for, and survive violent encounters with criminals. He said that violence is a tool equally effective in the hands of the "bad guy" or the "good guy" and that the person who acts first, fastest and with the full force of their body is the one who typically survives a violent incident.

Issues covered:

Length: 9:21

Personal Defense

Crime

Gail Heyman, PhD, Professor of Psychology, University of California, San Diego

Dr. Heyman led a study that sought to find ways to reduce racial bias in children. She noted that racial bias can be measured in children as young as age 3. She said the key to her research was in repetitively teaching kids to identify people of another race as individuals. She hopes to develop a consumer-friendly version of her findings for eventual use in schools and at home.

Issues covered:

Length: 7:50

Racial Bias

Diversity



Doug Abrams, author of "*The Book of Joy Journal*"

Mr. Abrams discussed a conversation he moderated between Archbishop Desmond Tutu and His Holiness the Dalai Lama, on the topic of joy. He explained how these two men have intentionally found joy in their lives, despite the hardships they have faced and the many atrocities they have witnessed.

Issues covered:
Mental Health

Length: 4:54

Show # 2021-52

Date aired: 12/25/2021 **Time Aired:** 6:30 AM

Scott Galloway, PhD, Professor of Marketing in the Stern School of Business, New York University, author of "*The Four: The Hidden DNA of Amazon, Apple, Facebook, and Google*"

Amazon, Apple, Facebook, and Google are the four most influential companies on the planet. Dr. Galloway discussed the concerns in allowing individual companies to have such dominance over American consumers and whether these companies are playing by the rules applied to other businesses.

Issues covered:
Government Regulations
Consumer Matters
Economy

Length: 8:56

Katreena Scott, PhD, Associate Professor in the Department of Applied Psychology and Human Development, University of Toronto

Dr. Scott led a study that examined how the workplace is affected by an employee who is involved in domestic violence. She said not only does it result in lowered productivity, but a third of the men reported that they used workplace time and resources to continue to engage in emotionally abusive behavior. She explained how employers can offer assistance for employees with domestic violence issues.

Issues covered:
Domestic Violence
Workplace Matters
Mental Health

Length: 8:17

Lawrence J. Cheskin, M.D., F.A.C.P., Associate Professor of Health, Behavior & Society, Johns Hopkins University School of Medicine

Almost 40 percent of American adults and nearly 20 percent of adolescents are obese. Dr. Cheskin led a study that examined the financial costs of being overweight at various stages of life. He said lost productivity on the job accounted for at least 50% of the expense of being overweight, even more than direct medical expenditures.

Issues covered:
Personal Health
Workplace Matters

Length: 4:53



12/25/21 Christmas Special 1760

It's amazing that the God who created everything from nothing came to earth as a single cell. Bruce Marchiano, the gifted actor who played the part of Jesus in more movies than any other actor, gives a profound description of the joy and wonder of Jesus Christ. Jesus was a man of joy demonstrating the Kingdom with miraculous signs. He came to serve and give people healing and life, but many, to their own detriment, walked away. God gave up the riches of heaven to live a humble life and die for others. God in the flesh describes Himself as gentle and humble. He is a sensitive man full of love for lost people.

12/18/21 Abundant Life in Jesus, pt 2 1759

There's plenty of information but little transformation! People know what Jesus taught but not how He lived. Stephen Smith, author of The Jesus Life, Eight ways to Recover Authentic Christianity, says "Jesus was not stressed as many of us are today. He enjoyed life with dinners, debates and long walks with his disciples, yet He regularly got away to be alone in prayer. The dinner table is more than simply eating but fellowship and acceptance." Love is the most powerful force in the universe. Love changes atheists into followers of Christ. To live as Jesus lived means to savor and enjoy life not just endure it.

12/11/21 Abundant Life in Jesus, pt 1 1758

Are you ruled by the tyranny of the urgent, hurrying through life and not enjoying it? Are you addicted to being busy or to your iphone? Hurry, anxiety and stress are enemies of a healthy spiritual life that separate us from God. John Mark Comer gave up his 7000-member mega-church, because he was burned out. He now pastors a smaller church in Portland. John Mark Comer, the author of The Relentless Elimination of Hurry, says Jesus's life was not hurried but full of peace, love and joy. Slow down, spend time with God and have a better life. Since Jesus needed solitary time in prayer, how much more do we?

12/4/21 Marxist Threat to Freedom of Speech p 2 1757

Rep, Jim Jordan says that parents who protest critical race theory are called domestic terrorists by the Justice Department. An angry dad was arrested for protesting the rape of his daughter in the girl's restroom by a 'trans' boy dressed like a girl. Xi Van Fleet lived in China during the communist Cultural Revolution says it's very similar to what's happening here. Dr Carol Swain says we are at a 'do or die' moment in our nation. Senator Josh Hawley says parents are being told that if they express their views at a school board, they can be investigated for terrorism. Silencing free speech is a threat to all our freedoms.

11/27/21 Marxist Threat to Freedom of Speech p 1 1756

The Biden administration unleashed the FBI, not against jihadists, nor Chinese spies or drug cartels, but moms and dads speaking at school boards. The evil forces behind the Biden administration are silencing free speech, but it's part of the Marxist agenda says TV host Judge Jeanine Pirro. Senators Ted Cruz and Tom Cotton angrily grilled Attorney General Garland during a Senate hearing-calling parents domestic terrorists liable for prosecution for speaking out against the Marxist CRT. Rep Veronica Spartz, born in the USSR, knows what it's like to live in fear, says the trend here is much the same as USSR.

11/20/21 Thanksgiving 1755



Pastor Garrett Lear, whose ancestors came here on the Mayflower, says this Christian country is being stolen! Peter Marshall, author of *The Light and The Glory*, says the Pilgrims didn't come here for religious freedom but they came here as missionaries. The Pilgrims were starving, with only 5 kernels of corn a day, but God brought an English speaking Indian who taught them survival skills. Dr John Pafford says it was the strong Christian faith of the Pilgrims that established this nation as a Christian commonwealth and fostered a free market economy. Vaughn Shatzer says Christianity was foundational to all aspects of life.

11/13/21 The Myth of Evolution 1754

Who's right, the public school science teacher or the pastor? Most pastors don't teach the scientific source of origins but leave that to the secular science teachers. Is it any wonder a majority of public school students become evolutionists? James Perloff, author of *Tornado in a Junkyard* and *The Case Against Darwin*, gives solid scientific reasons to believe the Biblical account and reject the myth of evolution. Darwin didn't know about genetics, but we know now that genetics disproves evolution. The consequences of evolution are endemic as seen in the evils of abortion and communism. Marx saw people as evolved animals.

11/6/21 Our Valiant Veterans 1753

On the Korean Memorial are these words, "Freedom is not free!" Think of the high price paid by our brave veterans. Many gave their tomorrows for our todays. This Veterans Day inspirational program features a captivating account by Korean veteran Ed Reeves, who fought for his life in minus 30 to 40 degree temperatures. It was so cold, the bullet holes in his body froze shut and kept him from bleeding to death. Even after almost all the others were killed, Ed Reeves clung to his faith and Bible, and fought on despite his life-threatening wounds without ammunition. This miraculous account is spell binding.

10/30/21 where's America in the End Times? 1752

What happens to America in end times? Dennis Prager tells of a teacher who says the American flag is a symbol of oppression. To those in communist countries, our flag represents freedom. Steve Hilton, host of *The Next Revolution*, says the Biden Administration is an enemy to our nation. Prophecy expert, Amir Tsarfati, author of *The Day Approaching* and *Israel & the Church*, describes us leaving heaven to follow Christ back to earth to end the Great Tribulation, then rule with Him in the Millennium in our Resurrected bodies and finally live forever in the New Jerusalem. We are closer to the Rapture than ever.

10/23/21 The Dangers of Islam 1751

Why are public schools promoting Islam when Christianity gave us freedom and prosperity? Martin Mawyer, author of *Twilight In America - The Untold Story of Islamic Terrorist Training Camps Inside America*, describes the 3 dozen camps he has personally seen and how they plan to take over America for Allah. Dr Bob Morey, an expert on Islam, and author of over 40 books, with two doctorates, says Muslims are planning a massive attack (with a nuclear device) in America to bring this nation under subjection to the barbaric Sharia Law. How can we prevent and even defeat this coming Islamic devastating attack?

10/16/21 The Faith of the Martyrs 1750

How did just a small group of Christians change the world, yet today millions of Christians are changed by the world? Ted Byfield, author of *The Christians: Their First Two Thousand Years*, says the world was convinced of the truth of the gospel, because Christians demonstrated their faith through the most gruesome tortures and death. Todd Nettleson, with the Voice of the Martyrs, gives fascinating accounts from his book *Extreme Devotion*, such as the mother who refused to deny Christ despite being forced to watch her children hanged, and she was run over by a steamroller. Supernatural courage originates with God.

10/9/21 Coming to America To Be Saved 1749

With the huge influx of Afghan refugees, and with our southern border wide open, God is giving us opportunities to give them the gospel! There are Muslim terrorists coming in with them like Kamal Saleem, a Muslim terrorist who came to recruit students into Jihad, but through a life threatening car accident, he turned to Christ, and Christ appeared to him. How could anything other than an authentic experience with the Risen Christ explain the complete transformation of the hardened mind of this Muslim terrorist? Kamal is a fearless and zealous Christian who goes into Mosques to convert Muslims to Christ.

10/2/21 New Texas Heartbeat Law 1748

The Supreme Court has let the Texas Heartbeat Law stand, giving us the biggest prolife victory in decades! This may end the abortion holocaust. Cuts of Texas Gov. Greg Abbott and Shannon Bream of Fox News. Ray Comfort, evangelist and producer of the film "180," changes minds about abortion 180 degrees by comparing the killing babies in abortion to killing Jews in Nazi Germany. To say it's a woman's choice is comparable to saying it was Hitler's choice to kill Jews. Troy Newman, president of Operation Rescue and author of *Their Blood Cries Out*, says that abortion is not simply "a girl's choice," but killing a live baby.

