

VOX POP SCHEDULE

| DATE | SHOW | HOST | GUEST/S | SPECIALTY/TOPIC | LINK |
|--------|----------------|------|--|------------------------|---|
| 1-Jan | | | | | |
| 4-Jan | | | | | |
| 5-Jan | | | | | |
| 6-Jan | | | | | |
| 7-Jan | | | | | |
| 8-Jan | FOOD FRIDAY | Ray | Diane Whitten, Eileen Fitzgerald | Superfoods | |
| 11-Jan | MEDICAL MONDAY | Alan | Dr. Sarah Narayan | Physiatry | http://wamc.org/post/medical-monday-dr-sarah-narayan-physiatry |
| 12-Jan | | | | | |
| 13-Jan | OPEN FORUM | Alan | Mike Spain, TU | NY State of the State | |
| 14-Jan | Birding | Ray | Rich Guthrie | | http://wamc.org/post/birding-rich-guthrie |
| 15-Jan | FOOD FRIDAY | Ray | Michael Ballon, Castle St Café | Meet the Chef | |
| 18-Jan | MEDICAL MONDAY | Alan | Drs. Kimberley Sampson & Malcolm Paine | OB/GYN | http://wamc.org/post/medical-monday-drs-malcolm-paine-kimberley-sampson |
| 19-Jan | OPEN FORUM | Alan | Presidential Politics | | |
| 20-Jan | OPEN FORUM | Ray | Dr. Ron Scharf | Pets & Vets | http://wamc.org/post/pets-vets-dr-ron-scharf |
| 21-Jan | OPEN FORUM | Ray | Gordon Fricke | Auto Repair | http://wamc.org/post/automotive-repair-gordon-fricke-1 |
| 21-Jan | FOOD FRIDAY | Ray | Iggy & Claudia | Crisan | http://wamc.org/post/food-friday-baking-pastries |
| 25-Jan | MEDICAL MONDAY | Alan | Dr. Richard Jackson | Neurology | http://wamc.org/post/medical-monday-dr-richard-jackson |
| 26-Jan | OPEN FORUM | Ray | Mark McGwire & Pete Iorizzo | Sports | http://wamc.org/post/vox-pop-sports-0 |
| 27-Jan | OPEN FORUM | Ray | Matt Phelps, Metabolic Meltdown | Fitness | http://wamc.org/post/vox-pop-fitness-exercise |
| 28-Jan | OPEN FORUM | Ray | Fred Breglia, Greg Ward, Bob Graves | Gardening (Winter ed.) | http://wamc.org/post/vox-pop-gardening-winter-edition |
| 29-Jan | FOOD FRIDAY | Ray | Andrew Chase, The Flammerie | Meet the Chef | http://wamc.org/post/food-friday-chef-andrew-chase |

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|--------|----------------|----------|---------------------------------------|-----------------------|---|
| 1-Feb | FUND DRIVE | | | | |
| 2-Feb | FUND DRIVE | | | | |
| 3-Feb | FUND DRIVE | | | | |
| 4-Feb | | | | | |
| 5-Feb | | | | | |
| 8-Feb | MEDICAL MONDAY | Alan | Dr. Thea Bordenave-Sande | Osteopathic Medicine | http://wamc.org/post/medical-monday-dr-thea-bordenave-sande |
| 9-Feb | OPEN FORUM | Alan | Dr. Angela Ledford | Presidential Politics | http://wamc.org/post/open-forum-presidential-politics-2 |
| 10-Feb | OPEN FORUM | Ray | Bob Berman | Astronomy | http://wamc.org/post/astronomy-bob-berman-1 |
| 11-Feb | OPEN FORUM | Ray | Barb Brabetz, Ed Stander, Jim Pickett | Science Forum | http://wamc.org/post/science-forum-21116 |
| 12-Feb | FOOD FRIDAY | Ray | Ric Orlando | Mardi Gras | http://wamc.org/post/food-friday-american-cooking-ric-orlando |
| 15-Feb | NO SHOW | | HOLIDAY | | |
| 16-Feb | OPEN FORUM | Alan/Ray | Steve Gottlieb | Supreme Court | http://wamc.org/post/open-forum-scalias-death-supreme-court |
| 17-Feb | OPEN FORUM | Ray | Michael Zide | Photography | http://wamc.org/post/photography-michael-zide |
| 18-Feb | OPEN FORUM | Ray | Gordon Fricke | Cars | http://wamc.org/post/automotive-repair-gordon-fricke-2 |
| 19-Feb | FOOD FRIDAY | Ray | Grace Hill Farm | Cheese | http://wamc.org/post/food-friday-cheese |
| 22-Feb | MEDICAL MONDAY | Alan | Dr. Rufus Collea | Breast Cancer | http://wamc.org/post/medical-monday-dr-rufus-collea |
| 23-Feb | OPEN FORUM | Alan | | Presidential Politics | http://wamc.org/post/open-forum-presidential-politics-3 |
| 24-Feb | OPEN FORUM | Ray | Carrie O'Loughlin | Pets & Vets | http://wamc.org/post/pets-vets-dr-carrie-oloughlin |
| 25-Feb | OPEN FORUM | Ray | Rob & Audrey | Oscars | http://wamc.org/post/oscar-nominations-2016-rob-edelman-audrey-kupferberg |
| 26-Feb | FUND DRIVE | Ray | Sam Houghton | Vegan Cuisine | |
| 29-Feb | MEDICAL MONDAY | Alan | Dr. Amir Harandi, HQ | Oncology | http://wamc.org/post/medical-monday-dr-amir-harandi |

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| 1-Mar | OPEN FORUM | Alan | Polly Law, Paul Rapp, Bill Westwood | Copyright | http://wamc.org/post/copyright-forum-3 |
| 2-Mar | OPEN FORUM | Ray | Nuhar Jaleel | Physical Therapy | http://wamc.org/post/vox-pop-physical-therapy-exercise |
| 3-Mar | OPEN FORUM | Ray | Jason Gough | Weather | http://wamc.org/post/weather-jason-gough-1 |
| 4-Mar | FOOD FRIDAY | Ray | Matthew White, Serge Madikians | Homecooking | http://wamc.org/post/food-friday-home-cooking-0 |
| 7-Mar | MEDICAL MONDAY | Alan | Dr. Vincent Carsillo | Nephrology | http://wamc.org/post/medical-monday-nephrology-dr-vincent-carsillo |
| 8-Mar | OPEN FORUM | Alan | | Presidential Politics | http://wamc.org/post/open-forum-presidential-politics-4 |
| 9-Mar | OPEN FORUM | Ray | David Tripp, Bob Scott | Stamps & Coins | http://wamc.org/post/vox-pop-stamps-coins |
| 10-Mar | OPEN FORUM | Ray | George Shaw, Ed Stander, Jim Pickett | Science Forum | http://wamc.org/post/science-forum-31016 |
| 11-Mar | FOOD FRIDAY | Ray | Linda Kindlon + 3 Chefs | Pop ups | http://wamc.org/post/food-friday-pop-dinners-0 |
| 14-Mar | MEDICAL MONDAY | Alan | Dr. Alan Boulos | Neurology | http://wamc.org/post/medical-monday-dr-alan-boulos |
| 15-Mar | OPEN FORUM | Alan | | | http://wamc.org/post/open-forum-mega-tuesday |
| 16-Mar | OPEN FORUM | Ray | Darren Tracy | Home Improvement | http://wamc.org/post/home-improvement-darren-tracy-0 |
| 17-Mar | OPEN FORUM | Ray | Gordon Fricke | Cars | http://wamc.org/post/automotive-repair-gordon-fricke-3 |
| 18-Mar | FOOD FRIDAY | Ray | Craig Gravina | Beer | http://wamc.org/post/food-friday-history-beer |
| 21-Mar | MEDICAL MONDAY | Alan | Dr. Jenny Michaels | Psychiatry | http://wamc.org/post/medical-monday-psychiatry-addiction-dr-jenny-michaels-0 |
| 22-Mar | OPEN FORUM | Alan | | Presidential Politics | http://wamc.org/post/open-forum-presidential-politics-5 |
| 23-Mar | OPEN FORUM | Ray | Alex Monticello | Real Estate | http://wamc.org/post/buying-and-selling-homes-alexander-monticello |
| 24-Mar | OPEN FORUM | Ray | Rich Guthrie | Birding | http://wamc.org/post/birding-rich-guthrie-0 |
| 25-Mar | FOOD FRIDAY | Ray | Bruce & Mark | Cooking & Entertaining | http://wamc.org/post/food-friday-bruce-mark-0 |
| 28-Mar | MEDICAL MONDAY | Alan | Dr. Joanne McDonough | Emergency Medicine | http://wamc.org/post/medical-monday-emergency-medicine |
| 29-Mar | OPEN FORUM | Alan | | Presidential Politics | http://wamc.org/post/open-forum-presidential-politics-6 |
| 30-Mar | OPEN FORUM | Ray | Drs Hardacker and Spence | Pets & Vets | http://wamc.org/post/pets-vets-drs-michel-hardaker-kelly-spence |
| 31-Mar | OPEN FORUM | Ray | Breglia, Ward, Graves | Gardening | http://wamc.org/post/gardening-33116 |

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| 1-Apr | FOOD FRIDAY | Ray | Peter Kopcha, Rabbi Matt Cutler | Jewish Cuisine | http://wamc.org/post/food-friday-jewish-cuisine |
| 4-Apr | MEDICAL MONDAY | Alan | Dr. Deborah Buccino | Pediatrics | http://wamc.org/post/medical-monday-pediatrics |
| 5-Apr | OPEN FORUM | Ray/Alan | | Presidential Election | http://wamc.org/post/open-forum-2016-presidential-election |
| 6-Apr | OPEN FORUM | Ray | McGwire/Iorizzo | Sports | http://wamc.org/post/vox-pop-sports-1 |
| 7-Apr | OPEN FORUM | Ray | Bob Berman | Astronomy | http://wamc.org/post/astronomy-bob-berman-2 |
| 8-Apr | FOOD FRIDAY | Ray | Deanna Fox | Cast Iron Cooking | http://wamc.org/post/food-friday-cast-iron-cooking |
| 11-Apr | MEDICAL MONDAY | Alan | Dr. Matthew Leinung | Endocrinology | http://wamc.org/post/medical-monday-endocrinology |
| 12-Apr | OPEN FORUM | Alan | | Presidential Election | http://wamc.org/post/open-forum-2016-presidential-race-1 |
| 13-Apr | OPEN FORUM | Ray | Ian Cowen and Rob Benjamin | Plumbing and Home Care | http://wamc.org/post/plumbing-home-care-0 |
| 14-Apr | OPEN FORUM | Ray | Rich Guthrie | Birding | http://wamc.org/post/birding-rich-guthrie-1 |
| 15-Apr | FOOD FRIDAY | Ray | Chef Eric Bolton | Meet the Chef | http://wamc.org/post/food-friday-chef-eric-bolton |
| 18-Apr | MEDICAL MONDAY | Alan | Dr. Lixia Ellis | Dermatology | http://wamc.org/post/medical-monday-dermatology |
| 19-Apr | OPEN FORUM | Alan | | Presidential Election | http://wamc.org/post/open-forum-new-york-primary |
| 20-Apr | OPEN FORUM | Ray | Don Rodbell | Climate Change | http://wamc.org/post/open-forum-climate-change-0 |

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| 21-Apr OPEN FORUM | Ray | Gordon Fricke | Automotive Repair | http://wamc.org/post/automotive-repair-gordon-fricke-4 |
| 22-Apr FOOD FRIDAY | Ray | Hugh Piney & John Lekic, Le Express | French cuisine | http://wamc.org/post/food-friday-le-express |
| 25-Apr MEDICAL MONDAY | Alan | Dr. Ryan Swan, Vassar Bros | Hepatobiliary Surgery | |
| 26-Apr OPEN FORUM | Alan | | Presidential Election | http://wamc.org/post/open-forum-super-tuesday-4 |
| 27-Apr OPEN FORUM | Ray | Susan Sikule & Kris Dallas | Pets & Vets | http://wamc.org/post/pets-vets-drs-sikule-dallas#stream/0 |
| 28-Apr OPEN FORUM | Ray | Fred Breglia, Greg Ward, Bob Graves | Gardening | http://wamc.org/post/gardening-42816 |
| 29-Apr FOOD FRIDAY | Ray | Mary & Amy | Wine pairings | http://wamc.org/post/food-friday-wining-dining |

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| 1-May | MEDICAL MONDAY | ALAN | Drs Charles Weissman & Joseph Schwartz | Skin Cancer | http://wamc.org/post/medical-monday-skin-cancer |
| 3-May | OPEN FORUM | ALAN | Blair Horner | Corruption | http://wamc.org/post/open-forum-political-corruption-3 |
| 4-May | OPEN FORUM | RAY | Barbara Chepaitis, Mary Murphy | Writers Forum | http://wamc.org/post/writers-forum-5316 |
| 5-May | OPEN FORUM | RAY | Bob Berman | Astronomy | http://wamc.org/post/astronomy-bob-berman-3 |
| 6-May | FOOD FRIDAY | RAY | Donna Williams | Fresh produce | http://wamc.org/post/food-friday-spring-produce |
| 9-May | MEDICAL MONDAY | ALAN | Dr. Douglas Tumen | Podiatry | http://wamc.org/post/medical-monday-dr-doug-tumen |
| 10-May | OPEN FORUM | ALAN | | | |
| 11-May | OPEN FORUM | RAY | Cliff Rohde | Web | http://wamc.org/post/websites-social-media-cliff-rohde-2 |
| 12-May | OPEN FORUM | RAY | Ed Stander, Jim Pickett, Barb Brabetz | Science Forum | http://wamc.org/post/science-forum-51216 |
| 13-May | FOOD FRIDAY | RAY | Jason Gough | Wine | http://wamc.org/post/food-friday-donuts |
| 16-May | MEDICAL MONDAY | ALAN | Dr. Garrick Applebee | Sleep Medicine | http://wamc.org/post/medical-monday-sleep-medicine |
| 17-May | OPEN FORUM | ALAN | | Presidential Election | http://wamc.org/post/open-forum-2016-presidential-election-0 |
| 18-May | OPEN FORUM | RAY | Rich Guthrie | Birding | http://wamc.org/post/birding-rich-guthrie-2 |
| 19-May | OPEN FORUM | RAY | Gordon Fricke | Automotive Repair | http://wamc.org/post/automotive-repair-gordon-fricke-5 |

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| 20-May FOOD FRIDAY | RAY | Hali Bey Ramdene | The Kitchn | http://wamc.org/post/food-friday-cooking-faq |
| 23-May MEDICAL MONDAY | ALAN | Dr. Prathima Kanumuri | Breast Surgery | http://wamc.org/post/medical-monday-breast-surgery |
| 24-May OPEN FORUM | ALAN | | Presidential Election | http://wamc.org/post/open-forum-trump-bump |
| 25-May OPEN FORUM | RAY | Ron Scharf | Pets n Vets | http://wamc.org/post/pets-vets-dr-ron-scharf-0 |
| 26-May OPEN FORUM | RAY | Fred Breglia, Greg Ward, Bob Graves | Gardening | http://wamc.org/post/gardening-5-26-16 |
| 27-May FOOD FRIDAY | RAY | Rob Handel | Farmers Markets | http://wamc.org/post/food-friday-navigating-your-farmers-market |
| 30-May NO SHOW | | | | |
| 31-May OPEN FORUM | ALAN | Don Levy, Siena Coll | Polls | http://wamc.org/post/open-forum-siena-poll |

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| 1-Jun | OPEN FORUM | RAY | Ian Cowen, Rob Benjamin | Plumbing | http://wamc.org/post/plumbing-home-care-6116 |
| 2-Jun | OPEN FORUM | RAY | Bob Berman | Astronomy | http://wamc.org/post/astronomy-bob-berman-4 |
| 3-Jun | FOOD FRIDAY | RAY | Amy Halloran | Flour Hour | http://wamc.org/post/food-friday-flour-hour |
| 6-Jun | FUND DRIVE | | | | |
| 7-Jun | FUND DRIVE | | | | |
| 8-Jun | FUND DRIVE | | | | |
| 9-Jun | FUND DRIVE | | | | |
| 10-Jun | FUND DRIVE | | | | |
| 13-Jun | MEDICAL MONDAY | ALAN | Dr. Earl Zimmerman | Neurology | |
| 14-Jun | OPEN FORUM | ALAN | | Orlando | http://wamc.org/post/open-forum-orlando-and-presidential-election |
| 15-Jun | OPEN FORUM | RAY | Rich Guthrie, Nancy Castillo | Birding | http://wamc.org/post/birding-rich-guthrie-3 |
| 16-Jun | OPEN FORUM | RAY | Gordon Fricke | Cars | http://wamc.org/post/automotive-repair-gordon-fricke-6 |
| 17-Jun | FOOD FRIDAY | RAY | Dale Ila-Riggs & Beth Linsky | Berries | http://wamc.org/post/food-friday-its-berry-season |
| 20-Jun | MEDICAL MONDAY | ALAN | Dr. John Mastrangelo | Radiology | http://wamc.org/post/medical-monday-dr-john-mastrangelo |

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| 21-Jun OPEN FORUM | ALAN | Mark McGwire | Sports | http://wamc.org/post/vox-pop-sports-2 |
| 22-Jun OPEN FORUM | RAY | Patrick, Ashleigh | Podcasting | http://wamc.org/post/podcasting-101 |
| 23-Jun OPEN FORUM | RAY | Ed Stander, Jim Pickett, Barb Brabetz | Science Forum | http://wamc.org/post/science-forum-4 |
| 24-Jun FOOD FRIDAY | RAY | Deanna Fox | Summer Desserts | http://wamc.org/post/food-friday-summer-desserts |
| 27-Jun MEDICAL MONDAY | ALAN | Dr. John Choi | Robotic Surgery | http://wamc.org/post/medical-monday-dr-john-choi |
| 28-Jun OPEN FORUM | ALAN | Who will be VP? | Presidential Politics | http://wamc.org/post/open-forum-who-will-be-vp |
| 29-Jun OPEN FORUM | RAY | Carrie O'Loughlin | Pets n Vets | http://wamc.org/post/pets-vets-dr-carrie-oloughlin-0 |
| 30-Jun OPEN FORUM | RAY | Fred Breglia, Greg Ward, Bob Graves | Gardening | http://wamc.org/post/gardening-0 |

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| 1-Jul | FOOD FRIDAY | | | | |
| 4-Jul | NO SHOW | | | | |
| 5-Jul | OPEN FORUM | Alan | Polly Law, Bill Westwood, Paul Rapp | Copyright Forum | http://wamc.org/post/copyright-forum-4 |
| 6-Jul | OPEN FORUM | Ray | Rich Guthrie, George Steele | Birding | http://wamc.org/post/birding-rich-guthrie-4 |
| 7-Jul | NO SHOW | | | | |
| 8-Jul | FOOD FRIDAY | Ray | Bruce & Mark | Ice Cream | http://wamc.org/post/food-friday-ice-cream |
| 11-Jul | MEDICAL MONDAY | Alan | Dr. Matthew Stanischewski | Rheumatology | |
| 12-Jul | OPEN FORUM | Alan | | | |
| 13-Jul | OPEN FORUM | Ray | Darren Tracy | Home Improvement | http://wamc.org/post/home-improvement-darren-tracy-1 |
| 14-Jul | OPEN FORUM | Ray | Bob Berman | Astronomy | http://wamc.org/post/astronomy-bob-berman-5 |
| 15-Jul | FOOD FRIDAY | Ray | Hali Bey Ramdene | Cooking FAQ | |
| 18-Jul | MEDICAL MONDAY | Alan | Dr. Paul Lemanski | Preventive Care | http://wamc.org/post/medical-monday-preventive-care |
| 19-Jul | OPEN FORUM | Alan | | RNC | http://wamc.org/post/open-forum-republican-national-convention |
| 20-Jul | OPEN FORUM | Ray | Bob Frederick, Anita DeCianni Brown | Career Forum | http://wamc.org/post/career-forum-1 |
| 21-Jul | OPEN FORUM | Ray | Gordon Fricke | Automotive Repair | |
| 22-Jul | FOOD FRIDAY | Ray | Mike Niccoli | Meet the Chef | |
| 25-Jul | MEDICAL MONDAY | Alan | Dr. Nora Perkins | Otolaryngology | http://wamc.org/post/medical-monday-sinus-and-allergy |
| 26-Jul | OPEN FORUM | Alan | | DNC | http://wamc.org/post/open-forum-2016-democratic-national-convention |
| 27-Jul | OPEN FORUM | Brian | Rick Marshall, Ron Marz | Pop Culture | http://wamc.org/post/vox-pop-pop-culture |
| 28-Jul | OPEN FORUM | Brian | Fred Breglia, Bob Graves | Gardening | http://wamc.org/post/gardening-1 |
| 29-Jul | FOOD FRIDAY | Brian | Shmaltz | Beer | |

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| 1-Aug | MEDICAL MONDAY | Alan | | | |
| 2-Aug | OPEN FORUM | Alan | | | |
| 3-Aug | OPEN FORUM | Ray | Andrea Schwartz | Travel & Tourism | http://wamc.org/post/vox-pop-travel-tourism |
| 4-Aug | OPEN FORUM | Ray | Bob Berman | Astronomy | |
| 5-Aug | FOOD FRIDAY | Ray | Byron Nilsson | BBQ | http://wamc.org/post/food-friday-bbq |
| 8-Aug | MEDICAL MONDAY | Alan | Dr. Suzie Mookherjee | Cardiology | http://wamc.org/post/medical-monday-cardiology |
| 9-Aug | OPEN FORUM | Alan | | Pres Politics | http://wamc.org/post/open-forum-presidential-politics-7 |
| 10-Aug | OPEN FORUM | Ray | Rich Guthrie | Birding | http://wamc.org/post/birding-rich-guthrie-5 |
| 11-Aug | OPEN FORUM | Ray | Barb Brabetz, Jim Pickett, Ed Stander | Science Forum | http://wamc.org/post/science-forum-5 |
| 12-Aug | FOOD FRIDAY | Ray | Keith Dorman, Snap Dog | Hot dogs | http://wamc.org/post/food-friday-hot-dogs-sausage |
| 15-Aug | MEDICAL MONDAY | Alan | Dr. Richard Dentico | Pain Management | http://wamc.org/post/medical-monday-pain-management |
| 16-Aug | OPEN FORUM | Alan | | Pres Race | http://wamc.org/post/open-forum-foreign-policy-presidential-race |
| 17-Aug | OPEN FORUM | Ray | Mike Zide | Photography | http://wamc.org/post/photography-michael-zide-0 |
| 18-Aug | OPEN FORUM | Ray | Gordon Fricke | Cars | http://wamc.org/post/automotive-repair-gordon-fricke-8 |
| 19-Aug | FOOD FRIDAY | Ray | John Fischer, Gable Erenzo | Cocktails & Spirits | http://wamc.org/post/food-friday-cocktails-spirits |
| 22-Aug | MEDICAL MONDAY | Alan | Dr. Alan Sanders | Sepsis/Infectious Disease | http://wamc.org/post/medical-monday-infectious-disease-sepsis |
| 23-Aug | OPEN FORUM | Alan | | | http://wamc.org/post/open-forum-hillary-clinton |
| 24-Aug | OPEN FORUM | Ray | Ian Cowen | Plumbing | http://wamc.org/post/plumbing-home-care-1 |
| 25-Aug | OPEN FORUM | Ray | Fred Breglia | Gardening | http://wamc.org/post/gardening-82516 |
| 26-Aug | FOOD FRIDAY | Ray | Nicholas Armstrong | Plating | http://wamc.org/post/food-friday-meet-chef-1 |
| 29-Aug | MEDICAL MONDAY | Alan | Dr. James Wise | Rheumatology | http://wamc.org/post/medical-monday-rheumatology-0 |
| 30-Aug | OPEN FORUM | Alan | | Presidential Politics | http://wamc.org/post/open-forum-presidential-politics-8 |
| 31-Aug | OPEN FORUM | Ray | Dr. Susan Sikule & Dr. Kris Dallas | Pets & Vets | http://wamc.org/post/pets-vets-drs-sikule-dallas |

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| 1-Sep | OPEN FORUM | Ray | Bob Berman | Astronomy | http://wamc.org/post/astronomy-bob-berman-7 |
| 2-Sep | FOOD FRIDAY | Ray | Tony Carlotto & Darby Weigel | Salt & Seasoning | http://wamc.org/post/food-friday-salt-seasoning |
| 5-Sep | NO SHOW-LABOR DAY | | | | |
| 6-Sep | OPEN FORUM | Alan | | International Relations | http://wamc.org/post/open-forum-international-relations |
| 7-Sep | OPEN FORUM | Ray | Rich Guthrie, George Nelson | Birding | http://wamc.org/post/birding-rich-guthrie-6 |
| 8-Sep | OPEN FORUM | Ray | Barb Brabetz, Ed Stander, James Pickett | Science Forum | http://wamc.org/post/science-forum-6 |
| 9-Sep | FOOD FRIDAY | Ray | | | http://wamc.org/post/food-friday-meet-chef-terrance-brennan |
| 12-Sep | MEDICAL MONDAY | Alan | Dr. Luke Pluto, Albany Med | Sleep/Pulmonology | http://wamc.org/post/medical-monday-sleep-pulmonology |
| 13-Sep | OPEN FORUM | Alan | | | |
| 14-Sep | OPEN FORUM | Ray | Jason Gough | Weather | http://wamc.org/post/weather-jason-gough-2 |
| 15-Sep | OPEN FORUM | Ray | Cliff Rohde | Blogging, social media and web | http://wamc.org/post/websites-social-media-cliff-rohde-3 |
| 16-Sep | FOOD FRIDAY | Ray | Bruce Weinstein & Mark Scarbrough | Culinary myths | http://wamc.org/post/food-friday-culinary-myths |
| 19-Sep | MEDICAL MONDAY | Alan | Dr. Chi Cheung, Adams Internists | Obesity Medicine | http://wamc.org/post/medical-monday-obesity |
| 20-Sep | OPEN FORUM | Alan | Mike Meeropol | The Economy And The White House | http://wamc.org/post/economy-and-white-house |
| 21-Sep | OPEN FORUM | Ray | Darren Tracy | Home Improvement | http://wamc.org/post/home-improvement-darren-tracy-2 |
| 22-Sep | OPEN FORUM | Ray | Gordon Fricke | Cars | http://wamc.org/post/cars-gordon-fricke |
| 23-Sep | FOOD FRIDAY | Ray | Hali Bey Ramdene, kitchn.com | Cooking FAQ | http://wamc.org/post/food-friday-cooking-faq |
| 26-Sep | MEDICAL MONDAY | Alan | Dr. Clement Darling, Vascular Group | Vascular Surgery | http://wamc.org/post/medical-monday-vascular-surgery-dr-clement-darling |
| 27-Sep | OPEN FORUM | Alan | | Open Forum: Presidential Debate | http://wamc.org/post/open-forum-presidential-debate |
| 28-Sep | OPEN FORUM | Ray | Dr. Ron Scharf | Pets & Vets | http://wamc.org/post/pets-and-vets-ron-scharf |
| 29-Sep | OPEN FORUM | Ray | Fred Breglia, Greg Ward, Bob Graves | Gardening | http://wamc.org/post/gardening-92916 |
| 30-Sep | FOOD FRIDAY | Ray | Kyla Titus | Cabbage & Pickling | http://wamc.org/post/food-friday-cabbage-and-fermentation-kyla-titus |

VOX POP SCHEDULE

| DATE | SHOW | HOST | GUEST/S | SPECIALTY/TOPIC | LINK |
|--------|----------------------|------|--|-----------------------------|---|
| 3-Oct | MEDICAL MONDAY | Alan | Dr. Sven Hida, AMC | Gastroenterology | http://wamc.org/post/medical-monday-gastroenterology |
| 4-Oct | OPEN FORUM | Alan | | Presidential Politics | http://wamc.org/post/open-forum-race-white-house |
| 5-Oct | OPEN FORUM | Ray | Ian Cowen & Josh Meldrum of Mr. Roc Plumbing | | http://wamc.org/post/plumbing-ian-cowen |
| 6-Oct | OPEN FORUM | Ray | Bob Berman | Astronomy | http://wamc.org/post/astronomy-bob-berman-10616 |
| 7-Oct | FOOD FRIDAY | Ray | Naomi Daguind and Serge Madikians | Meet the Chef | http://wamc.org/term/naomi-duguid |
| 10-Oct | MEDICAL MONDAY | Alan | Nina Sax | Gastroenterology | http://wamc.org/post/medical-monday-dr-nina-sax |
| 11-Oct | OPEN FORUM | Alan | | Presidential Politics | http://wamc.org/post/open-forum-presidential-race-101116 |
| 12-Oct | OPEN FORUM | Ray | Rich Guthrie | Birding | http://wamc.org/post/birding-rich-guthrie-101216 |
| 13-Oct | OPEN FORUM | Ray | Gordon Fricke | Cars | http://wamc.org/post/cars-gordon-fricke-101316 |
| 14-Oct | FOOD FRIDAY | Ray | Deanna Fox | Roasting & Braising | http://wamc.org/post/food-friday-braising-and-roasting-deanna-fox |
| 17-Oct | FUND DRIVE | | | | |
| 18-Oct | FUND DRIVE | | | | |
| 19-Oct | FUND DRIVE | | | | |
| 20-Oct | FUND DRIVE | Ray | Rich Guthrie | Birding | http://wamc.org/post/birding-rich-guthrie-102016 |
| 21-Oct | FUND DRIVE | Ray | Rocco DeFazio and George De Piro | Pizza and Beer | http://wamc.org/post/food-friday-pizza-and-beer |
| 24-Oct | MEDICAL MONDAY | Alan | Dr. Paul Lemanski | Preventitive Medicine | http://wamc.org/post/medical-monday-preventive-medicine-dr-paul-lemanski-102416 |
| 25-Oct | OPEN FORUM | Alan | | Presidential Politics | http://wamc.org/post/open-forum-102516-countdown-election-day |
| 26-Oct | OPEN FORUM | Ray | Carrie O'Loughlin | Pets & Vets | http://wamc.org/post/pets-and-vets-102616 |
| 27-Oct | OPEN FORUM 10/27 | Ray | Fred Breglia, Greg Ward, Bob Graves | Gardening | http://wamc.org/post/gardening-102716 |
| 28-Oct | FOOD FRIDAY 10/28 | Ray | TARA KITCHEN | Moroccan Cuisine | http://wamc.org/post/food-friday-moroccan-cuisine |
| 31-Oct | MEDICAL MONDAY 10/31 | | Dr. Jenny Michaels | Addiction and Mental Health | http://wamc.org/post/medical-monday-mental-health-and-substance-abuse |

VOX POP SCHEDULE

| DATE | SHOW | HOST | GUEST/S | SPECIALTY/TOPIC | LINK |
|--------|----------------------|------|--|--------------------------------|---|
| 1-Nov | OPEN FORUM 11/1 | Alan | Paul Rapp, Bill Westwood, Polly Law | Copyright Forum | http://wamc.org/post/open-forum-copyright-11116 |
| 2-Nov | OPEN FORUM 11/2 | Ray | Andrea Schwartz | Travel | http://wamc.org/post/travel-andrea-schwartz-11216 |
| 3-Nov | OPEN FORUM 11/3 | Ray | Bob Berman | Astronomy | http://wamc.org/post/astronomy-bob-berman-11316 |
| 4-Nov | FOOD FRIDAY 11/4 | Ray | Rob Handel | Pickling & Fermentation | http://wamc.org/post/food-friday-pickling-and-fermentation |
| 7-Nov | MEDICAL MONDAY 11/7 | Alan | NYOH, Dr. David Shaffer | Cancer | http://wamc.org/post/medical-monday-oncology-dr-david-shaffer |
| 8-Nov | OPEN FORUM 11/8 | Alan | ELECTION DAY | | http://wamc.org/post/open-forum-election-stress |
| 9-Nov | OPEN FORUM 11/9 | Alan | Open Forum | Election Day analysis | http://wamc.org/post/open-forum-trump-defeats-clinton |
| 10-Nov | OPEN FORUM 11/10 | Ray | Barbara Brabetz, Jim Pickett, Ed Stander | Science Forum | http://wamc.org/post/science-forum-111016 |
| 11-Nov | FOOD FRIDAY 11/11 | Ray | Byron Nilsson | Foods we hate and how we learn | http://wamc.org/post/food-friday-foods-we-hate |
| 14-Nov | MEDICAL MONDAY 11/14 | Alan | Dr. John Horan, CHP Mass | BMI | http://wamc.org/post/medical-monday-pediatric-hematology-oncology |
| 15-Nov | OPEN FORUM 11/15 | Ray | Open Forum | President Trump Era | http://wamc.org/post/open-forum-welcome-trump-era |
| 16-Nov | OPEN FORUM 11/16 | Ray | Anita Brown, Luke Schmonsky | Careers | http://wamc.org/post/career-forum-111616 |
| 17-Nov | OPEN FORUM 11/17 | Ray | Bob Scott and David Tripp | Stamps and Coins | http://wamc.org/post/stamps-and-coins-111716 |
| 18-Nov | FOOD FRIDAY 11/18 | Ray | Deanna Fox | Thanksgiving pies | http://wamc.org/post/food-friday-holiday-pies-deanna-fox |
| 21-Nov | MEDICAL MONDAY 11/21 | Alan | Dr. Finn | Sex therapy | http://wamc.org/post/medical-monday-sex-therapy-112116 |
| 22-Nov | OPEN FORUM 11/22 | Alan | | The Alt-Right | http://wamc.org/post/open-forum-alt-right-112216 |
| 23-Nov | OPEN FORUM 11/23 | Ray | Rich Guthrie | Birding | http://wamc.org/post/birds-rich-guthrie-112316 |
| 24-Nov | OPEN FORUM 11/24 | Ray | NO SHOW | | |
| 25-Nov | FOOD FRIDAY 11/25 | Ray | NO SHOW | | |
| 28-Nov | MEDICAL MONDAY 11/28 | Alan | Dr. Laura Scordino, Ellis | Orthopedics | http://wamc.org/post/medical-monday-112816-orthopedics |
| 29-Nov | OPEN FORUM 11/29 | Alan | | Trump's Cabinet | http://wamc.org/post/open-forum-112916-president-elect-trumps-cabinet |
| 30-Nov | OPEN FORUM 11/30 | Ray | Pets and Vets - Dr. Kristina Dallas | Pets and Vets | http://wamc.org/post/pets-and-vets-113016 |

VOX POP SCHEDULE

| DATE | SHOW | HOST | GUEST/S | SPECIALTY/TOPIC | LINK |
|--------|----------------------|------|---|--|---|
| 1-Dec | OPEN FORUM 12/1 | Ray | Bob Berman | Astronomy | http://wamc.org/post/astronomy-bob-berman-12116 |
| 2-Dec | FOOD FRIDAY 12/2 | Ray | ROCCO - Pizza/Italian Christmas | Italian Christmas | http://wamc.org/post/food-friday-special-italian-christmas-eve-0 |
| 5-Dec | MEDICAL MONDAY 12/5 | Alan | SVMV Cancer Center: Dr. Matthew Vernon, Dr. | Cancer/Oncology | http://wamc.org/post/medical-monday-12516-oncology-and-cancer-care |
| 6-Dec | OPEN FORUM 12/6 | Alan | Ken Girardin, Barbara Bartoletti | NYS Lawmaker Pay Raise | http://wamc.org/post/open-forum-12616-pay-raises-lawmakers |
| 7-Dec | OPEN FORUM 12/7 | Ray | Rich Guthrie and Nancy Castillo | Birding | http://wamc.org/post/birding-12716 |
| 8-Dec | OPEN FORUM 12/8 | Ray | Barbara Brabetz, Jim Pickett, Ed Stander | Science Forum | http://wamc.org/post/science-forum-12816 |
| 9-Dec | FOOD FRIDAY 12/9 | Ray | Jaasper Alexander Hatties | Southern Food | http://wamc.org/post/food-friday-chef-jasper-alexander-12916 |
| 12-Dec | MEDICAL MONDAY 12/12 | Alan | Dr. Erin Crosby, AMC | Urogynecology | http://wamc.org/post/medical-monday-121216-gynecology |
| 13-Dec | OPEN FORUM 12/13 | Alan | | Trump's Cabinet | http://wamc.org/post/open-forum-121316-trumps-cabinet |
| 14-Dec | OPEN FORUM 12/14 | Ray | Darren Tracy | Home Improvement | http://wamc.org/post/home-improvement-121416 |
| 15-Dec | OPEN FORUM 12/15 | Ray | Gordon Fricke | Cars | http://wamc.org/post/cars-gordon-fricke-121516 |
| 16-Dec | FOOD FRIDAY 12/16 | Ray | NO VOX POP | NPR Special Coverage of Pres. Obama Press Conference | |
| 19-Dec | MEDICAL MONDAY 12/19 | Alan | Health Quest, Dr. Camilo Torres | radiation oncology | http://wamc.org/post/medical-monday-121916-radiation-oncology |
| 20-Dec | OPEN FORUM 12/20 | Alan | Michael Meeropol | Economy | http://wamc.org/post/michael-meeropol-122016 |
| 21-Dec | OPEN FORUM 12/21 | Ray | Barbara Chepaitis and Lale Davidson | Writers' Forum | http://wamc.org/post/writers-forum |
| 22-Dec | OPEN FORUM 12/22 | Ray | Jason Gough | Weather | http://wamc.org/post/weather-jason-gough-122216 |
| 23-Dec | FOOD FRIDAY 12/23 | Ray | NO VOX POP | | |
| 26-Dec | MEDICAL MONDAY 12/26 | Alan | NO VOX POP | | |
| 27-Dec | OPEN FORUM 12/27 | Alan | Bridget Finn | OPEN FORUM-SEX | http://wamc.org/post/sex-therapy-122716 |
| 28-Dec | OPEN FORUM 12/28 | Ray | Dr. Susan Sikule and Dr. Denise Petersen | Pets & Vets | http://wamc.org/post/pets-and-vets-122816 |
| 29-Dec | OPEN FORUM 12/29 | Ray | Morgan McGuire, Williams College | Virtual Reality | http://wamc.org/post/virtual-reality-122916 |
| 30-Dec | FOOD FRIDAY 12/30 | Ray | Amy Halloran - Flour Hour | Flour Hour | http://wamc.org/post/food-friday-flour-hour-123016 |