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From: Daniella Aray

Sent: Wednesday, January 01, 2014 11:33 AM

To: Carole Bird

Cc: Gabriela Tristan

Subject: FCC REPORTS DESPIERTA AMERICA NEWS DECEMBER 16-31 PART 2

FCC REPORTS DESPIERTA AMERICA NEWS DEC 16-31

12/16/2013

NOTHING TO REPORT

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12/17/2013

ARE MULTIVITAMINS A WASTE OF MONEY

VO: 32

More than half of all adults in the United States take some sort of multivitamin; many do so in hopes of preventing heart disease and cancer or even to aid with memory. But an editorial published in this week's Annals of Internal Medicine says that using supplements and multivitamins to prevent chronic conditions is a waste of money. "The (vitamin and supplement) industry is based on anecdote, people saying 'I take this, and it makes me feel better,' said Dr. Edgar Miller, professor of medicine and epidemiology at Johns Hopkins University School of Medicine and co-author of the editorial. "It's perpetuated. But when you put it to the test, there's no evidence of benefit in the long term. It can't prevent mortality, stroke or heart attack."

ANTIBACTERIAL SOAP WARNING

VO: 25

A controversy over something millions of us have on the sink: antibacterial soaps -- body washes -- which claim that they are better than old fashioned soap at stopping the spread of illness. but are they? tonight -- the f-d-a has issued a kind of challenge. it is a warning shot to makers of antibacterial soap who claim their products kill more germs. the government now saying - they're going to have to prove the soap actually prevents more infections. some studies say both antibacterial and regular soap work equally well at killing germs right away. watch our unscientific test at the university of maryland. we covered some hands in a brew of thousands of e.coli bacteria. the hands were then washed with regular soap and antibacterial soap.

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12/18/2013

MORE TEENS THINK MARIJUANA IS OKAY

VO: 21

teens are heeding the message to stay away from cocaine and cigarettes. but when it comes to marijuana, not so much. an annual survey by the national institute on drug use found that 60 percent of high school seniors don't think regular pot use is harmful to their health. more than a third of them admitted to using it within the past 12 months. nearly seven percent say they smoke marijuana daily. that's nearly triple from what it was 20 years ago. researchers say going forward they'll explore the link between teen's drug use and states that allow the use of medical marijuana. some teens report getting their hands on pot from someone else's prescription.

GENERIC VIAGRA SALE IN 2017

VO: 18

Teva can enter the market on Dec. 11, 2017, and will pay patent royalties through the expiration of the Viagra patent in April 2020, New York-based Pfizer said in a statement. Other settlement terms weren't disclosed. Viagra, whose chemical name is sildenafil citrate, is one of Pfizer's best-known medicines. Sales of the drug totaled \$2.05 billion in 2012, the most ever. Pfizer earlier this year began selling the blue pill through a company-sponsored website to combat counterfeit versions sold online. The medicine came from a group of compounds considered during research to treat high blood pressure and angina. The assistance with erectile

dysfunction was a side effect discovered during testing, and the patent, issued in 2002, is for use of the compound to treat impotence.

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12/19/2013

NEW BLOOD PRESSURE GUIDELINES

MARIA EUGENIA PAYAN - MIAMI, FLORIDA

PKG: 1:39

Many older adults with high blood pressure can be treated less aggressively, which could mean taking fewer pills to get it under control, according to new treatment guidelines from an expert panel. But not all experts are on board with the advice -- including the federal agency that appointed the group. Panel members stressed that they are not changing the definition of high blood pressure: 140 over 90. For adults aged 60 and older, they are recommending a higher treatment threshold, prescribing medicine only when blood pressure levels reach 150 over 90 or higher. Too aggressive blood pressure treatment can cause fainting and falls in older patients, or bad interactions with drugs they're already taking for other illnesses, panel members said. The panel does endorse the lower target of 140 over 90 for younger adults -- and for all adults who also have diabetes or kidney disease. The guidelines released Wednesday are based on a review of the most rigorous kind of medical research -- studies in which patients are randomly prescribed drugs or dummy pills -- published since the last update in 2003. The research suggests older patients can avoid major health problems like heart attacks, strokes and kidney disease even when their blood pressure is above the current recommended level, the panel said.

IMMIGRATION POLL

VO: 28

With immigration legislation stalled in Congress, Hispanics and Asian-Americans say getting relief from deportations is more important for many of the 11 million immigrants here illegally than creating a pathway to U.S. citizenship, a new study finds. Two polls released Thursday by the Pew Research Center expose a potential conflict for two minority groups that voted overwhelmingly last year for President Barack Obama, a Democrat. Obama is under pressure from immigration supporters to use his executive power to stop deportations. Strong majorities of both Hispanics and Asian-Americans continue to back a pathway to citizenship, 89 percent and 72 percent, respectively. Still, by 55 percent to 35 percent, Hispanics said being able to live and work in the U.S. legally without the threat of deportation was more important. Among Asian-Americans, the ratio was 49 to 44 percent. Among both groups, noncitizens are more apt than citizens to consider it important to remove the threat of deportation. Not all Latino immigrants in the U.S. seek to become American citizens, according to the Pew study. Of Hispanic immigrants who came to the U.S. legally, just 44 percent have become citizens, due in part to the cost of applying as well as worries about passing the English part of the citizenship test. Among immigrants from Mexico, the largest country of origin, the share is even lower, at 36 percent.

SUPERBUG BACTERIA WIDESPREAD IN U.S. CHICKEN

VO: 29

About half of the raw chicken breasts in a nationwide sampling carried antibiotic-resistant ``superbug" bacteria, a U.S. consumer group said on Thursday, calling for stricter limits on use of the medicines on livestock. It could be more difficult to treat people if they became ill after eating chicken with the antibiotic-resistant bacteria, said Consumer Reports, which describes itself as the world's largest independent product-testing organization. The group said it tested for six types of bacteria in 316 raw chicken breasts purchased from retailers nationwide during July. Almost all of the samples contained potentially harmful bacteria, it said. Some 49.7 percent carried a bacterium resistant to three or more antibiotics, according to the group, and 11 percent had two types of bacteria resistant to multiple drugs. Resistance was most common for the antibiotics used for growth promotion and disease treatment of poultry.

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12/20/2013

NOTHING TO REPORT

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12/23/2013

HOLLYWOOD PARK CLOSES

VO: 30

Once America's most famous horse racing showplace with legendary moviemakers and film stars among its patrons, Hollywood Park closed Sunday after 75 years with a final slate of 11 races. Such equine icons as Seabiscuit, Citation, Affirmed, John Henry and Zenyatta competed at the impressive venue in suburban Inglewood, which opened on June 10, 1938. Film industry legends were among 600 shareholders who founded the track to attract the rich and famous, including Bing Crosby, Walt Disney, Al Jolson, Warner brothers studio's Jack Warner, MGM's Sam Goldwyn and noted producers Darryl Zanuck and Mervyn LeRoy.

UTAH GAY MARRIAGE

VO: 29

A federal judge on Monday is set to consider a request from the state of Utah to block gay weddings that have been taking place since Friday when the state's same-sex marriage ban was overturned. U.S. District Judge Robert J. Shelby ruled Utah's law passed violates gay and lesbian couples' rights under the 14th Amendment. Lawyers for the state want the ruling put on hold as they appeal the decision that has put Utah in the national spotlight because of its long-standing opposition to gay marriage. Shelby will hold a hearing on the request Monday morning.

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12/24/2013

HOLIDAY SHOPPING DOWN

VO: 32

After a strong start to the holiday shopping season, sales at stores have fallen for the third consecutive week as Americans continue to hold back on spending during what is traditionally the busiest buying period of the year. Sales at U.S. stores dropped 3.1 percent to \$42.7 billion for the week that ended on Sunday compared with the same week last year, according to ShopperTrak, which tracks data at 40,000 locations. That follows a decline of 2.9 percent and 0.8 percent during the first and second weeks of the month, respectively.

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12/25/2013

OBAMACARE:

VO: 30

The deadline has passed, and so too the surprise grace period, for signing up for health insurance as part of the nation's health care law. Now what? For those who were able to navigate the glitch-prone and often overwhelmed HealthCare.gov website, there's still work to be done to make sure success online leads to actual coverage come the new year. The first step experts recommend is to call your insurance company and double-check they received your payment.

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12/26/2013

OBAMA CARE MORE HEALTHCARE FRUSTRATION

VO: 31

Experts are warning consumers who signed up for coverage on the government health care website to call their new insurance companies just to make sure they're enrolled. And then there are those who were unable to sign up at all. 25 year old desiree hollar came to the martin luther king jr. memorial library this week to sign up for washington dc's health care exchange in personshe had no luck online or on the phone. hollar met with a so-called 'health care navigator' - who helps with the process.

HOLIDAY SALES& RETURNS

VO:26

It's not over at the malls yet. After the holiday shopping rush comes the holiday return dash. Because not every gift is necessarily a perfect fit, many retailers have adopted stricter return policies that consumers encounter just once a year.

Return fraud can be costly for stores - to the tune of almost \$9 billion, according to the National Retail Federation. Of that total, stores will lose an estimated \$3.9 billion just during the holiday season. As a result, it has become even more crucial for consumers to read the fine print on a gift receipt before heading to the store. Consumer reports suggest looking for the length of that return window, and whether holiday gifts in particular get an extension. Certain items also carry a restocking fee, which is common for electronics. And speaking of electronics, be mindful that some things like video games and movies can't be returned once opened. Kiplinger's personal finance also reminds returning shoppers to bring their state-issued ID to the store. A retailer may ask for it, especially if you don't have the receipt.

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12/27/2013

STUDY: PREGNANCY AND NUTS
MARIA EUGENIA PAYAN - MIAMI, FLORIDA
PKG: 1:30

A new study suggests that pregnant women who eat peanuts or tree nuts are less likely than others to have a child with a nut allergy. The more nuts women ate during their pregnancies, the less likely their child was to be allergic, according to the study, in today's *JAMA Pediatrics*. Parents and doctors have been increasingly concerned over nut allergies in recent years, as the number of allergic kids has grown. The prevalence of a peanut or tree nut allergy more than tripled from 1997 to 2010, when it reached 1.4% of kids. Tree nuts include walnuts, almonds, pistachios, cashews, pecans, hazelnuts, macadamias and Brazil nuts. The study included nearly 11,000 mothers and children, who were followed from birth through adolescence. About one in 13 children today has a food allergy, according to an accompanying editorial by Ruchi Gupta of the Northwestern Feinberg School of Medicine in Chicago. Allergies can be serious: About 40% of allergic children have had a severe or life-threatening reaction. Yet Gupta writes that women have a right to feel confused, as allergy guidelines have "flip-flopped" over the years.

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12/30/2013

NUMBER OF STATES WITH FLU OUTBREAK DOUBLES
VO: 30

The number of states reporting "widespread" flu outbreaks has more than doubled since last week. Now ten states hard hit from New England to Texas, and doctors say this particular strain of the flu has an uncommon target. Health officials say this season, the most prevalent strain -- H1N1 -- is hitting the young and middle-aged much harder than older people.

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12/31/2013

YEARLY SCANS FOR SMOKERS
VO: 30

Government advisers say some current or former heavy smokers should start getting yearly scans for lung cancer, to cut their risk of death from the nation's top cancer killer. The U.S. Preventive Services Task Force says the CT scans of the lungs should be offered only to people at especially high risk. That group includes those who smoked a pack of cigarettes a day for 30 years, or an equivalent amount -- such as two packs a day for 15 years -- and who are between the ages of 55 and 80. That's roughly 10 million people. But according to a vice chairman of the task force, University of Missouri family physician Dr. Michael LeFevre, even those high-risk people shouldn't be scanned if they're not healthy enough to withstand cancer treatment, or if they kicked the habit more than 15 years ago. Lung cancer kills nearly 160,000 Americans each year. Smoking is the biggest risk factor.

=====END OF THE REPORT=====

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