

WCND AM Quarterly Report of Compliancy Issues & Programs List 2021-Q4 (October - December) Viewpoints Radio

•	Advertising	3
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Affordable Housing

Aging

Agriculture

Animal Welfare

American History

Archaeology

Architecture

Arts

Astronomy

Business

Big Data

Career

Burnout

Communication

Charitable Giving

• Child Development

• Civilization

Culture

Community

Consumer Rights

Cooking

Criminology

Cuisine

Education

Cybersecurity

Diet

Digital Law

Disease

Government

• Domestic Production

Health

Economics

History

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Entertainment

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Inequality

Food Insecurity

Food Science

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Privacy

Productivity

Psychology

Public Assistance

Public Health

Public Resource

Public Safety

• Scientific Research

Senses

Social Media

Space Exploration

Stress

• Student Loan Debt

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• Trauma

Travel

• TV

• Urban Design

Voter Eligibility

Voting Rights

Wage Gap

Wage Inequity

Wealth Gap

Wealth Inequality

Writing



Program 21-40 Air Week: 10/3/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: STAYING HEALTHY THROUGH THE END OF 2021 WITH DELTA IN THE BACKGROUND

Time: 1:47 **Duration:** 9:26

Synopsis: I don't know if it's just us, but this year really has flown by. It's odd to think that 2022 is only three months away. Unfortunately, the Delta variant is causing the COVID-19 pandemic to still linger on this year, but many are optimistic that the worst is now behind us. Pediatrician Dr. Jenna Wheeler joins us this week to offer up some advice on holiday gatherings, keeping healthy through flu season and the importance of getting younger children vaccinated as soon as they're eligible.

Host: Gary Price

Guests: Dr. Jenna Wheeler, pediatric critical care physician, Arnold Palmer's Children's Hospital.

Issues Covered: Child Development, Parenting, Education, Pediatric Health, Travel

Links for more info: Holiday Tips from the CDC

Jenna J Wheeler, MD - Pediatric Critical Care Medicine

SEGMENT 2: THE MYSTERIES OF ALZHEIMER'S DISEASE

Time: 13:14 **Duration:** 9:42

Synopsis: Alzheimer's was first described in a female patient back in 1906. For many decades, scientists have been trying to decode this disease with no avail. Instead, more questions keep popping up as we learn more about this complex disease and face dead ends in treatment exploration. Two experts in the field join Viewpoints this week to shed some light on modern Alzheimer's research.

Host: Marty Peterson

Guests: Dr. Robert Vassar, scientific director, behavior neurology, Northwestern University Feinberg School of Medicine, director, Alzheimer's Disease Research Center, Mesulam Center for Cognitive Neurology and Alzheimer's Disease at Northwestern University; Dr. Karl Herrup, professor, neurobiology, investigator, Alzheimer's Disease Research Center at the University of Pittsburgh School of Medicine, author, How Not to Study a Disease: The Story of Alzheimer's

Issues Covered: Disease, Science, Technology, Aging, Scientific Research

Links for more info:

<u>Alzheimer's Association</u>, <u>Alzheimer's Disease & Dementia Help</u>

Inside the Brain - Brain Basics

Robert J Vassar : Faculty Profile: Faculty Profiles
Karl Herrup, PhD , Alzheimer's Disease Research Center

How Not to Study a Disease

CULTURE CRASH: HALLOWEEN HORROR

Time: 23:57 **Duration:** 2:30

Synopsis: We explore one of our favorite horror franchises, Scream, now streaming on HBO Max.

Host: Evan Rook

Issues Covered: Film, Culture



Program 21-41
Air Week: 10/10/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: FANCY A BEER?

Time: 1:47 **Duration:** 9:47

Synopsis: How long do you think beer has been around for? Well, archaeologists have recently discovered proof of beer-making in the Middle East dating back more than thirteen thousand years. While the rise of hard seltzers has been making headlines lately, beer has a rich cultural history and has evolved as a drink over thousands of years. Two brew experts join us this week to uncover some interesting facts about the beer world.

Host: Gary Price

Guests: Dr. Jeffrey Pilcher, professor, history, University of Toronto; Rich Higgins, master cicerone.

Issues Covered: Agriculture, Archaeology, Business, Culture, History, Science

Links for more info:

Master Cicerone Certification - The Ultimate Test of Beer - Cicerone.org

<u>The Beer Archaeologist , History , Smithsonian Magazine</u>
<u>Jeffrey Pilcher , Department of History , University of Toronto</u>

Rich Higgins: Virtual Beer Tasting, RichHiggins.com

SEGMENT 2: THE MODERN LIBRARY

Time: 13:21 **Duration:** 9:10

Synopsis: When's the last time you visited your community library? If it's been awhile, there's a large chance a lot has changed in recent years. Many libraries have stepped up and evolved during the pandemic to offer more remote classes and resources, as well as a place to work and connect with others if you need to get out of the house. The best part? It's all free.

Host: Marty Peterson

Guests: Joyce Cooper, director, branch library services, Los Angeles Public Library. **Issues Covered:** Career, Community, Education, Internet, Literature, Public Resource

Links for more info: Los Angeles Public Library

LAPL Labs: Creativity Within Reach

<u>Fund Libraries Campaign, Advocacy, Legislation & Issues – American Library Association (ALA)</u>

CULTURE CRASH: THE STAGGERED RISE TO STARDOM

Time: 23:30

Synopsis: Dominic Fike, a popular, up-and-coming musician, performed recently at the Firefly Music Festival in Delaware. We discuss his performance at the highly anticipated event and the difficult task of becoming not only a great musician, but

performer as well. **Host:** Evan Rook

Issues Covered: Culture, Music, Music Industry



Program 21-42 Air Week: 10/17/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE MODERN PET: A MUCH-ADORED FAMILY MEMBER

Time: 1:47

Duration: 12:03

Synopsis: You may have held out on getting a pet for years and years, but when the pandemic hit, it seemed like an opportune time to add a new furry member to the family. Today, more than 70 percent of Americans own one pet or more, and this number is only set to increase in coming years. We speak with two pet experts this week about the evolving sector and the pedestal we place our pets on in this country.

Host: Gary Price

Guests: Mark Cushing, founder, CEO, Animal Policy Group, author, Pet Nation: The Inside Story of How Companion Animals Are Transforming Our Homes, Culture, and Economy; Dan Rubenstein, CEO, PUPS Pet Club.

Issues Covered: Business, Personal Finance, Relationships, Culture, Animal Welfare

Links for more info:

'The Future of Pet Care' - Today's Veterinary Business | An Official Journal of NAVC

'New ASPCA Survey Shows Overwhelming Majority of Dogs and Cats Acquired During the Pandemic Are Still in Their Homes' -

The American Society for the Prevention of Cruelty to Animals

PUPS Pet Club - "Chicago's premier pet care provider"

Pet Nation by Mark Cushing | Penguin Random House publishing

SEGMENT 2: THE HICCUPS IN FOOD MESSAGING & NUTRITION AT THE FDA

Time: 15:38 **Duration:** 6:58

Synopsis: The FDA is a massive organization that handles a wide variety of regulations and responsibilities. However, some critics argue that the FDA has failed to evolve with the times, spending large amounts of resources on dated measures and messaging tactics. Former FDA employee Dr. Richard Williams joins us this week to highlight some of these issues within food messaging and nutrition guidelines.

Host: Marty Peterson

Guests: Dr. Richard Williams, former director, Center for Food Safety and Applied Nutrition, FDA, author, Fixing Food: An FDA Incider Unravels the Myths and Solutions

Insider Unravels the Myths and Solutions.

Issues Covered: Marketing, Nutrition, Food Science, Government, Technology, Health, Public Health

Links for more info:

What We Do - U.S. Food and Drug Administration

'FDA renegade exposing the truth behind regulation' - richardawilliams.com
The New Nutrition Facts Label: What's in it for You? education campaign- FDA

Fixing Food by Richard A. Williams, PhD

CULTURE CRASH: THE VIEWING EXPERIENCE

Time: 23:35 **Duration:** 2:52

Synopsis: We discuss the dilemma of cropping full screen shows and films to fit our modern, widescreen TV's. Many who are

against this edit argue that changing the format ruins the originality and nostalgia of the media.

Host: Evan Rook

Issues Covered: TV, Film, Culture



Program 21-43 Air Week: 10/24/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE RISE OF 'INFLUENCE' IN THIS WORLD

Time: 1:47
Duration: 9:42

Synopsis: Being an influencer has turned into a career option for some, and today, some college students are pursuing degrees in social media to work within the industry or try their hand at becoming an influencer themselves. We discuss the state of social media education and the larger implications of this shift in modern culture.

Host: Gary Price

Guests: Dr. Robert Kozinets, Professor of Journalism and Marketing, University of Southern California Marshall School of

Business; Dr. Grace Choi, assistant professor, social media, digital strategy, Columbia College Chicago.

Issues Covered: Social Media, Business, Communication, Education, Career, Technology

Links for more info:

Robert Kozinets - USC Annenberg School for Communication and Journalism

PR 499 Influencer Relations Syllabus - USC Annenberg Social Media Degree Program - Columbia College Chicago

Grace Choi - Columbia College Faculty

'Big 'gram on campus: At USC, students train to become influencers' - NBC News Article

SEGMENT 2: THE 150TH ANNIVERSARY OF THE GREAT CHICAGO FIRE

Time: 13:31 **Duration:** 9:06

Synopsis: It's been a century and a half since the fire that reshaped the Chicago landscape took hold across the city. Chicago History Museum curator Julius L. Jones joins us this week to discuss some interesting historical facts about the fire that you've

Host: Marty Peterson

probably never heard before.

Guests: Julius L. Jones, historian, curator, Chicago History Museum.

Issues Covered: Public Safety, American History, Architecture, History, Urban Design

Links for more info:

Exhibitions at the Chicago History Museum

Julius L. Jones - Chicago History Museum Curator, 2021-present

<u>'Everything went wrong' — remembering the Great Chicago Fire on its 150th anniversary - Chicago Sun Times Article</u>

How the Great Fire changed Chicago architecture - Chicago Sun Times Article

CULTURE CRASH: THE SENSATIONAL "SQUID GAME"

Time: 23:36 **Duration:** 2:50

Synopsis: Netflix's new release, "Squid Game" has become an overnight sensation, garnering more than 111 million views from

accounts in just its first few weeks on the platform. What makes the show just so good?

Host: Evan Rook

Issues Covered: TV, Culture



Program 21-44 Air Week: 10/31/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE MENTAL TOLL OF TEACHING

Time: 1:47

Duration: 8:46

Synopsis: Across the U.S., many teachers are simply overwhelmed. In their careers, they're not only an educator, but a leader, listener and mentor. They play many other roles than simply teaching students the set curriculum. However, the pandemic has exacerbated these duties and some educators are perpetually stressed and leaving the field for good. We speak with two education experts about the current classroom landscape and what schools can do to fully support their teachers to make sure their needs are heard.

Host: Gary Price

Guests: Dr. Olga Acosta Price, associate professor, Milken Institute of Public Health, George Washington University, director, Center for Health and Health Care in Schools; Sue Gaertner, director, Trinity Church Nursery School.

Issues Covered: Mental Health, Health, Human Resources, Education, Career

Links for more info:

Olga Acosta Price, PhD - George Washington University Milken Institute School of Public Health in Washington, D.C.

Wilmette Illinois Preschool

Trinity Church Nursery School - Wilmette, Illinois Preschool

"Teacher shortages impacting schools nationwide" - Fox Business Article

"Why So Many Teachers Are Thinking of Quitting" - The Washington Post Magazine

SEGMENT 2: LIVING IN POVERTY IN THE RURAL U.S.

Time: 12:34 **Duration:** 10:02

Synopsis: Poverty exists, but it's hard to grasp what it's really like if you've never experienced it firsthand. Journalist Sarah Smarsh joins Viewpoints this week to share her story of growing up poor in rural America. She shares memories from her childhood and her perspective on how modern culture stigmatizes and traps people stuck in the cycle of poverty.

Host: Marty Peterson

Guests: Sarah Smarsh, journalist, author, Heartland: A Memoir of Working Hard and Being Broke in the Richest Country on

Earth.

Issues Covered: Public Assistance, Wealth Inequality, Inequality, Poverty, Wealth Gap

Links for more info:

Sarah Smarsh - Journalist & Author of Heartland, Finalist for the National Book Award

Income and Poverty in the United States: 2020 - United States Census Bureau

Poverty increased amid the pandemic after years of decline, but government relief made a difference - Boston University Heartland by Sarah Smarsh - Official Publisher Page

CULTURE CRASH: THE NEVER-ENDING MOVIE FRANCHISES

Time: 23:35 **Duration:** 2:52

Synopsis: We explore the long list of film franchises the seem to go on forever. Among these are the Star Wars franchise and

the most recent installment in the Bond series, No Time to Die.

Host: Evan Rook

Issues Covered: Film, Culture



Program 21-45 Air Week: 11/7/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE LANDSCAPE OF FOOD INSECURITY AS FOOD PRICES CONTINUE TO SOAR

Time: 1:47 **Duration:** 8:15

Synopsis: In 2020, nearly 40 million Americans lived in food-insecure households. With food prices rising across the country,

food insecurity is only set to worsen, disproportionately affecting minority populations. How can people help?

Host: Gary Price

Guests: Dr. Priya Fielding-Singh, sociologist, assistant professor, Department of Family and Consumer Studies, University of

Utah, author, How the Other Half Eats; Zuani Villarreal, director, communication, Feeding America.

Issues Covered: Nutrition, Inequality, Government, Parenting, Poverty, Public Assistance, Health, Food Insecurity

Links for more info:

Take Action - Help support Feeding America's initiatives

<u>USDA Economic Research Service | Food Price Outlook, 2021 - Summary findings</u>

New York Times - "Higher Food Prices Hit the Poor and Those Who Help Them"

Priya Fielding-Singh, Ph.D.

How the Other Half Eats: The Untold Story of Food and Inequality in America

SEGMENT 2: CRAFTING KOREAN FARE

Time: 12:04 Duration: 10:35

Synopsis: Sharing a meal and trying something new is not only a way to expand your palate, but to learn about foreign cultures, customs, and traditions. We speak with Korean cook, Joanne Molinaro about her early memories of food and family and the

traditional Korean recipes and ingredients that make up the cuisine.

Host: Marty Peterson

Guests: Joanne Molinaro, lawyer, author, The Vegan Cookbook.

Issues Covered: History, Cuisine, Relationships, Personal Finance, Literature, Poverty, Culture

Links for more info:

"The Korean Vegan Bridges Plant-Based Recipes with Her Cultural Identity" - Thrillist

The Korean Vegan - Veganize Korean Food. | Koreanize Everything Else.

Joanne Molinaro - Partner and trial lawyer with Foley & Lardner LLP's Chicago office

"Korean food: 40 best dishes we can't live without" - CNN.com

CULTURE CRASH: CULTURE CRASH: THE RELEASE OF "DUNE"

Time: 23:39 **Duration:** 2:50

Synopsis: The popular book, "Dune" is now hitting screens in theatres and on streaming platform, HBO Max. We discuss the

highly anticipated blockbuster release featuring male lead Timothee Chalamet.

Host: Evan Rook

Issues Covered: Culture, Film



Program 21-46 Air Week: 11/14/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE GREAT RESIGNATION' AS LABOR SHORTAGES CONTINUE

Time: 1:49 **Duration:** 9:3

Synopsis: Today, there are close to 11 million vacant jobs in the U.S. – a record-breaking number. Why are more Americans not filling these positions? How is this affecting businesses? What will eventually happen if these jobs go unfilled? We explore these questions and more this week as we're joined by hospitality entrepreneur, Ravindra Jayara, and senior labor economist, Dr.

Abigail Wozniak. **Host:** Gary Price

Guests: Dr. Abigail Wozniak, senior labor economist, Federal Reserve Bank of Minneapolis, director, Opportunity and Inclusive Growth Institute; Ravindra Jayara, owner, Chic Chef Catering.

Issues Covered: Wage Inequity, Domestic Production, Business, Employment Issues, Technology, Labor, Productivity, Career,

Economics, Wage Gap Links for more info:

Abigail Wozniak - minneapolisfed.org

Chic Chef Catering | Catering in Chicago, Wisconsin & Indiana

Industries at a Glance: Leisure and Hospitality

'4.3 Million Workers Are Missing. Where Did They Go?' - Wall Street Journal

'Why the labor shortage may go on for much longer' - marketplace.org

SEGMENT 2: THE VAST EXPANSE OF SPACE

Time: 13:24 **Duration:** 9:02

Synopsis: We've barely just scratched the surface of space exploration. Many scientists at NASA and in the private sector have set their sights on the eventual human mission to Mars – but what lies past the red planet? Will humans one day be able to travel outside of our solar system? Physicist Dr. Daniel Whiteson joins us this week to explain the strange and beautiful intricacies of the cosmos.

Host: Marty Peterson

Guests: Dr. Daniel Whiteson, professor, astronomy, physics, University of California – Irvine, and author of Frequently Asked Questions About the Universe.

Issues Covered: Science, Technology, Film, Physics, Culture, Astronomy, Space Exploration

Links for more info:

Daniel O. Whiteson, PhD - UCI Department of Physics & Astronomy

Daniel Whiteson on Twitter

<u>Frequently Asked Questions about the Universe by Jorge Cham, Daniel Whiteson | PenguinRandomHouse.com</u> NASA's Mars Exploration Program

CULTURE CRASH: THE THANKSGIVING SITCOM CLASSICS

Time: 23:26 **Duration:** 3:02

Synopsis: We explore some of our favorite Thanksgiving-themed episodes to get you in the holiday spirit. We touch on multiple

"Friends" features to classic Thanksgiving installments of "The Simpsons" that never get old.

Host: Evan Rook

Issues Covered: Culture, TV



Program 21-47 Air Week: 11/21/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: A BREAKDOWN IN HOUSING

Time: 1:48

Duration: 9:06

Synopsis: In some cities, people are seeing as high as 30 percent increases on monthly rent. For middle and low-income citizens already on a tight budget, it's impossible to make ends meet – especially as prices for food, gas and other basics keep ticking upwards. We speak with two housing experts about the complete lack of affordable housing in this country and the worsening homelessness epidemic.

Host: Gary Price

Guests: Jaimie Ross, CEO, Florida Housing Coalition; Andrew Ross, professor, social & cultural analysis, New York University, and author of Sunbelt Blues: The Failure of American Housing.

Issues Covered: Inequality, Affordable Housing, Government, Poverty, Career, Wage Inequity, Homelessness

Links for more info:

Nonfiction Book Review: Sunbelt Blues: Failure of American Housing by Andrew Ross. Metropolitan, (288p)

Professor Andrew Ross - NYU Faculty webpage

More about the Florida Housing Coalition

Out of Reach 2021 - National Low Income Housing Coalition

<u>Legislative Action Center - National Low Income Housing Coalition</u>

Find Affordable Rental Housing - USA.gov

SEGMENT 2: REGAINING DIGITAL PRIVACY

Time: 12:56 **Duration:** 9:21

Synopsis: While it may seem like people have some control over privacy settings, this is merely an illusion argues law professor Neil Richards. This week on Viewpoints - we highlight the lack of privacy online and why consumers should expect better from corporations and their government.

Host: Marty Peterson

Guests: Neil Richards, Koch Distinguished Professor in Law, Washington University in St. Louis School of Law, Director, Cordell Institute, author of Why Privacy Matters.

Issues Covered: Advertising, Technology, Cybersecurity, Consumer Rights, Big Data, Business, Privacy, Law, Digital Law,

Government

Links for more info:

Neil Richards - WashULaw

Neil Richards (@neilmrichards) on Twitter

Why Privacy Matters by Neil Richards - Powell's.com

The Boston Globe - 'Facebook's next privacy nightmare will be a sight to see'

CULTURE CRASH: A NEW PORTRAYAL OF PRINCESS DIANA

Time: 23:17 **Duration:** 3:09

Synopsis: Actress Kristen Stewart plays Princess Diana in the highly anticipated release, "Spencer". We highlight Stewart's

performance and what we loved about this new take on the late royal.

Host: Evan Rook

Issues Covered: Film, Culture



Program 21-48
Air Week: 11/28/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE MENTAL HEALTH EFFECTS OF SOLITARY CONFINEMENT & IMPRISONMENT

Time: 1:47 **Duration:** 8:57

Synopsis: The United States still has the highest number of inmates in the world, with more than 2 million people behind bars. For a segment of this population, spending weeks, months, or even years in solitary confinement is very much a reality. We speak with two criminal justice experts about the lasting effects of solitary confinement and the mental health crisis plaguing

prisons.

Host: Gary Price

Guests: Dr. Keramet Reiter, Professor, Department of Criminology, Law and Society at the University of California – Irvine; Tracy Velazquez, Manager, Public Safety Research, Pew Charitable Trust.

Issues Covered: Mass Incarceration, Law, Inequality, Government, Humane Treatment, Psychology, Criminology, Mental Health

Links for more info:

Keramet Reiter - UCI School of Social Ecology Faculty

Meet the Team - Pew Charitable Trust

The research is clear: Solitary confinement causes long-lasting harm - Prison Policy Initiative

'As Corrections Officers Quit in Droves, Prisons Get Even More Dangerous' - The Marshall Project: Nonprofit journalism

'Groups put pressure on Biden to fulfill campaign pledge to end solitary confinement' - NBC News

Psychological Distress in Solitary Confinement: Symptoms, Severity, and Prevalence in the United States, 2017–2018

SEGMENT 2: THE RICH HISTORY OF COMICS

Time: 12:46 **Duration:** 10:06

Synopsis: There's nothing quite like comics. The art of illustration mixed with text takes on many forms, including comic strips, books, graphic novels and more. Columbia University professor and author of American Comics: A History Jeremy Dauber joins us this week to help highlight the interesting history of comics and how it's evolved into a multi-billion-dollar industry today.

Host: Marty Peterson

Guests: Jeremy Dauber, Professor, Jewish Literature & American Studies at Columbia University, and author of American

Comics: A History.

Issues Covered: Writing, Business, Literature, Culture, Arts, Entertainment, History

Links for more info:

American Comics | Jeremy Dauber | WW Norton & Company

JeremyDauber.com

Jeremy Dauber (@JeremyDauber) on Twitter

The Golden Age Of Comics | History Detectives - PBS.org

CULTURE CRASH: EXPLORING THE WONDER OF SCIENCE FICTION

Time: 23:52 **Duration:** 2:34

Synopsis: The Forward is a science fiction series comprising of six short novellas written by prominent authors in the genre. We

discuss what we like about this unique format.

Host: Evan Rook

Issues Covered: Literature, Culture



Program 21-49 Air Week: 12/5/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: GIVING BACK AS CASH TRANSACTIONS BECOME LESS COMMON

Time: 1:47 **Duration:** 10:52

Synopsis: Do you find yourself carrying less and less cash in recent years? You're not alone. Last year, cash payments made up about 18 percent of all transactions, according to a national study conducted by the Federal Reserve Bank of Atlanta. For homeless populations and nonprofit fundraisers that rely on in-person cash giving, what's the outlook? How can the public help in different ways or donate through digital transactions?

Host: Gary Price

Guests: Donald Whitehead Jr., Executive Director, National Coalition for the Homeless; Major Kevin Stoops, General Secretary, The Salvation Army Greater New York Division.

Issues Covered: Personal Finance, Nonprofit, Inequality, Technology, Charitable Giving, Poverty, Homelessness

Links for more info:

State of Homelessness: 2021 Edition - National Alliance to End Homelessness

How to Get Help If You Are Experiencing Homelessness - National Alliance to End Homelessness

Ways to Give - The Salvation Army USA
Homeless Shelters - The Salvation Army USA
The National Coalition for the Homeless

SEGMENT 2: TIS' THE SEASON TO TAKE CARE OF YOUR MENTAL HEALTH

Time: 14:41 **Duration:** 8:24

Synopsis: Last minute emails. Gift buying. Traveling. Sometimes the holiday to-do list can feel never-ending. It can be a stressful period. We speak with psychiatrist Dr. Frank Anderson about the importance of setting boundaries and expectations this holiday season.

Host: Marty Peterson

Guests: Dr. Frank Anderson, Psychiatrist, and author of Transcending Trauma: Healing Complex PTSD with Internal Family

Systems Therapy.

Issues Covered: Burnout, Relationships, Stress, Trauma, Communication, Mental Health

Links for more info:

<u>Dealing With Holiday Depression and Stress – Cleveland Clinic</u> Frank Anderson MD: Trauma Specialist, Author, Psychiatrist

Transcending Trauma: Healing Complex PTSD with Internal Family Systems - Available on Amazon

CULTURE CRASH: A REVIEW OF "TICK, TICK... BOOM!"

Time: 24:05 **Duration:** 2:23

Synopsis: We share why we think the new Netflix release, "Tick, Tick...Boom!" is perhaps the best musical movie of 2021.

Host: Evan Rook

Issues Covered: Culture, Music, Film



Program 21-50 Air Week: 12/12/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE MOUNTING STUDENT LOAN CRISIS

Time: 1:47 **Duration:** 10:11

Synopsis: Federal student loan debt has ballooned in recent years. In 2007, debt totaled \$642 billion dollars. Fourteen years later, this number has risen to close to \$1.7 trillion. More than 43 million Americans have student loan debt, with the average

person owing around \$39,000.

Host: Gary Price

Guests: Josh Mitchell, student debt and economics reporter for The Wall Street Journal, Author of The Debt Trap: How Student Loans Became a National Catastrophe; Dr. Laura Perna, professor of education, vice provost for faculty, Graduate School of Education at the University of Pennsylvania; Executive Director of the Alliance for Higher Education and Democracy (AHEAD).

Issues Covered: Economics, Inflation, Student Loan Debt, Higher Education, Personal Finance, Government

Links for more info:

Student Debt and the Federal Budget: How Student Loans Impact the U.S. Fiscal Outlook - Bipartisan Policy Center

The Debt Trap | Book by Josh Mitchell | Official Publisher Page - Simon & Schuster

Josh Mitchell (@JMitchellWSJ) - Twitter profile

<u>Laura W. Perna – Faculty at University of Pennsylvania Graduate School of Education</u>

"Student Loan Payment Pause Ends In 60 Days, As Advocates Push For Cancellation. Here's The Latest." - Forbes

SEGMENT 2: DECODING THE ROSETTA STONE

Time: 14:00 **Duration:** 9:11

Synopsis: The Rosetta Stone is an intriguing slab of rock. In short, it's a vital key to understanding the unique Egyptian language of illustrated text referred to as hieroglyphs. Writer Edward Dolnick joins us this week to shed some light on the artifact and how the cryptic message was finally decoded.

Host: Marty Peterson

Guests: Edward Dolnick, writer, author of The Writing of the Gods: The Race to Decode the Rosetta Stone.

Issues Covered: Middle East Culture, Civilization, Literature, Language, History, Archaeology

Links for more info:

The Writing of the Gods: The Race to Decode the Rosetta Stone - Amazon.com

Explore the Rosetta Stone - The British Museum

Rosetta Stone Found - HISTORY.com

CULTURE CRASH: A NEW PERSPECTIVE ON THE FAB FOUR

Time: 24:11 **Duration:** 2:14

Synopsis: Exclusive to Disney+, the new documentary, "Get Back" follows The Beatles in their natural element as they record

the album "Let It Be". **Host:** Evan Rook

Issues Covered: Film, Culture, Music



Program 21-51
Air Week: 12/19/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: OUR DEEP RELIANCE ON SCENT

Time: 1:49
Duration: 8:49

Synopsis: A familiar aroma has the ability to transport us back to a different time in life or remind us of a specific place or person. Smell is deeply connected to memory and emotion, playing a significant role in how we view the world around us. This week – we highlight the power of smell, how our noses process these scents and what it's like when you lose your sense of smell.

Host: Gary Price

Guests: Sharan Sampath; Jude Stewart, journalist, author of Revelations in Air: A Guidebook to Smell.

Issues Covered: Communication, Culture, History, Health, Memory, Senses, Literature

Links for more info:

Revelations in Air: A Guidebook to Smell: Stewart, Jude: 9780143135999: Amazon.com: Books

The Sense of Smell in Humans is More Powerful Than We Think, Discover Magazine

Human nose can detect 1 trillion odors, Nature

Q&A: COVID-19 and loss of smell, taste - Mayo Clinic Health System

SEGMENT 2: THE BROKEN SCHOOL LUNCH SYSTEM

Time: 13:24 **Duration:** 9:02

Synopsis: For too long, school lunches in the U.S. have been overlooked. Highly processed foods are often quickly thrown together with a hodgepodge of unhealthy ingredients. Brigaid founder Dan Giusti joins Viewpoints this week to share how he, along with hundreds of professional chefs, are redefining the school lunch landscape.

Host: Marty Peterson

Guests: Dan Giusti, former head chef, Noma, founder, Brigaid.

Issues Covered: Nutrition, Child Development, Culture, Education, Health, Cooking

Links for more info:

Brigaid

National School Lunch Program, Food and Nutrition Service - USDA.gov

This Is What America's School Lunches Really Look Like - NPR

About the restaurant: noma

CULTURE CRASH: TIS' THE SEASON FOR X-MAS MUSIC

Time: 23:56 **Duration:** 2:31

Synopsis: We discuss some of our favorite festive tunes from over the years, including Frank Sinatra's, "Let It Snow" and Nat

King Cole's classic, "Joy to the World".

Host: Evan Rook

Issues Covered: Culture, Music



Program 21-52 Air Week: 12/26/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE CONSEQUENCES OF VOTER ERROR

Time: 1:47 **Duration:** 10:50

Synopsis: In 2006, Filipino immigrant Elizabeth Keathley mistakenly registered to vote while at a DMV in Illinois. After receiving her Voter ID in the mail, she ended up casting a ballot in the next election thinking she could do so. However, she wasn't a U.S. citizen at the time and, because of her actions, faced eventual deportation back to the Philippines. We speak with Keathley and the lawyer who helped her, Richard Hanus, about her years-long legal fight and the common confusion around the Motor Voter

Law.

Host: Gary Price

Guests: Elizabeth Keathley; Richard Hanus, immigration lawyer.

Compliancy issues: Legal Issues, Voter Eligibility, Immigration, Voting Rights, Law, Government

Links for more info:

The Law Offices of Richard Hanus

<u>Immigrant who wrongly voted wins right to stay – Chicago Tribune</u>

The National Voter Registration Act Of 1993 (NVRA)

SEGMENT 2: MANAGING YOUR PET'S HEALTH HEADING INTO 2022

Time: 14:39 **Duration:** 8:40

Synopsis: Thinking about adding a new furry member to the family to ring in the new year? Before saying yes, make sure you have enough time to dedicate to a new dog or cat. Veterinarian Dr. Carol Osborne joins us this week to share some helpful tips on adoption, pet health and how to keep your cat or dog happy and well-adjusted at home.

Host: Marty Peterson

Guests: Dr. Carol Osborne, veterinarian, owner, Chagrin Falls Veterinary Center & Pet Clinic. **Issues Covered:** Training, Pet Health, Relationships, Animal Welfare, Diet, Pet Adoption

Links for more info:Chagrin Falls Pet Clinic

ASPCA

Why animals are not the perfect holiday gift - CNN

Dr. Carol Osborne

CULTURE CRASH: THE INTRIGUE OF "YELLOWJACKETS"

Time: 24:19 **Duration:** 2:08

Synopsis: We discuss Showtime's new TV series, "Yellowjackets" which has a similar feel to the hit show, "Lost" and "Lord of

the Flies". **Host:** Evan Rook

Issues Covered: TV, Culture