

WCND 2020-Q1 (January – March) Viewpoints Radio Quarterly Report – Compliancy Issues & Programs List

Acting Failure Activism Family

Addiction Fiilm & film history

Adventure Finance
Agingi Gender
Alzheimer's & dementia Global Issues
Animal species

Army Goals

Art Government

Artificial Intelligence Health & healthcare
Awards Higher Education

Baking History
Basketball Hobbies

Biodiversity Home Organization
Black History Homelessness
Budget Horror

Business & industry
Human Development

Career
CInema
Coloring
Comedy
Communication
Communication
Community relations
Computer science
Indition Develop
Immigration
Inequality
Insurance
Intelligence
Internet
Journaling

Consumerism Law & legal problems

Cooking Literature
Corporations Math Media
Creativity Medicine
Culture Motherhood
Death Music
Design Navy

Disease Personal Growth
Diverity Pharmacology

Drug Use Police Economy Race

EducationRelationshipsEndangered SpeciesSocial MediaEngineeringSportsEntrepreneurshipStartups

Environment Women's Rights
Espionage World War II
Exercise Writing

Exploration Extinction

Time

Time

Time



Program 20-01 Writers/Producers: Amirah Zaveri, Annie Krall & Evan Rook Air Week: Studio Production: Jason Dickey 1/5/20

SEGMENT 1: A BRIEF HISTORY OF SKIN MARKING

Synopsis: Humans have always practiced various forms of self-expression, whether that's through written word, music, art or some other outlet. The art of tattooing is one such form that dates back to thousands of years ago. We speak with a history expert, Craig Koslofsky about 1:47 10:20 some of the earliest tattoo designs and how they were achieved as well as other skin alteration methods including scarification and branding.

Host: Gary Price

Guests: Craig Koslofsky, history professor, University of Illinois at Urbana-Champaign, author,

Evening's Empire: A History of the Night in Early Modern Europe.

Compliancy issues History, Culture, Art, Design, Literature, Religion, Disease, Health

covered:

Links for more https://www.amazon.com/Evenings-Empire-History-Studies-European/dp/0521721067

information:

https://earlymoderndailylife.wordpress.com/ https://history.illinois.edu/directory/profile/koslof

SEGMENT 2: THE PITALLS OF SOCIAL MEDIA AS AN ATHLETE

Duration Synopsis: Being a college or professional athlete is hard enough. Throw on top of that the constant commentary online and it can sometimes be hard to look away from what people are saying. 14:10 8:17 Two football players offer up their thoughts on the pros and cons of social media and how to stay focused and positive.

Host: Marty Peterson

Guests: Joshua Perry, former linebacker, Indianapolis Colts, San Diego Chargers, The Ohio State University. Johnny Davidson, senior quarterback, Washington University at St. Louis

Compliancy issues Sports, Social Media, Mental Health, Technology, Education, Career

covered:

Links for more https://www.washubears.com/sports/fball/2018-19/bios/davidson_johnny_10a4

information:

http://www.nfl.com/player/joshuaperry/2555326/profile

https://twitter.com/RIP_IEP?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Ea

uthor

https://en.wikipedia.org/wiki/Joshua_Perry

CULTURE CRASH THE 2020 BLOCKBUSTER LINEUP

Duration Synopsis: A new year means a new lineup of highly anticipated movie releases. We cover some of the biggest films for 2020 from the new Top Gun sequel featuring Tom Cruise to Christopher 23:27 3:00 Nolan's new action movie, Tenet.

Host & Producer: Evan Rook

Compliancy issues Film, Cinema, Culture,

6:44

11:32

Duration

3:20

Time

1:48

Time

23:07



Program 20-02 Writers/Producers: Amirah Zaveri, Pat Reuter & Evan Rook

Air Week: Studio Production: Jason Dickey

1/12/20

SEGMENT 1: SPREADING WORD OF THE 2020 U.S. CENSUS

Synopsis: The 2020 census is just around the corner. We speak with an employee from the U.S. Census

Bureau about the importance of taking part in the nationwide survey and how the

government is reaching students and their families through new in-school programs.

Host: Gary Price

Guests: Victoria Glasier, Chief of the Statistics in Schools Program, U.S. 2020 Census Bureau.

Compliancy issues History, Culture, Government, Finance, Economy, Diversity, Education, Budget

covered:

Links for more https://2020census.gov/en/jobs.html

information:

https://www.census.gov/schools/

https://www.census.gov/

SEGMENT 2: ADDICTION: WHY IT HAPPENS AND HOW TO HELP ADDICTS BACK FROM THE EDGE Time Duration

Synopsis: Millions of Americans are addicted to alcohol and drugs, and many of them eventually end up unemployed, broken, separated from their families and homeless. We talk to an author who's battled alcohol and drug addiction for many years and finally found help through treatment. 10:35

We also speak with a psychologist about the causes of addiction and why some people are

more likely to become addicts than others.

Host: Marty Peterson

Guests: Ryan LaLumiere, psychologist, professor in the Psychology Dept., University of Iowa, and a

specialist on addiction; Bob Allison, recovering addict, author of Saved by the Prince of

Peace: Dungeon to Sky.

Compliancy issues Addiction, Health, Relationships, Education, Government, Homelessness

covered:

Links for more https://psychology.uiowa.edu/https://www.samhsa.gov/

information:

https://www.amazon.com/Saved-The-Prince-Peace-

Dungeon/dp/0615950175/ref=sr 1 1?ie=UTF8&qid=undefined&sr=8-

1&keywords=Saved+by+the+prince+of+peace

CULTURE CRASH THE WWI EPIC, "1917"

Synopsis: We explore the new release, 1917 now playing in theaters. The new film, which is filmed

acclaimed cinematographer, Roger Deakins, has an action-packed storyline that does not

disappoint.

Host & Producer: Evan Rook

Compliancy issues Film, War, Culture, History



Program 20-03 Writers/Producers: Amirah Zaveri & Evan Rook

Air Week: Studio Production: Jason Dickey

1/19/20

SEGMENT 1: ARTIC EXPLORATION: THE DEMISE OF THE 1881 GREELY EXPEDITION

Time Duration

12:01

Synopsis: In 1881, Lt. Adolphus Greely and 24 men set out on a voyage to explore the northernmost Polar Arctic where few had ventured before. The goal was to collect vast amounts of

scientific data of the unknown region and hopefully reach the North Pole. But the expedition soon went awry when no resupply made it to the camp for two years and the men were left to fend for themselves. Starvation, frostbite and even tales of cannibalism soon followed in 1:47

this historic tale of exploration and survival.

Host: Gary Price

Guests: Buddy Levy, author, Labyrinth of Ice: The Triumphant and Tragic Greely Polar Expedition

Compliancy issues History, Exploration, Adventure, Army, Navy, Health, Science, Polar Arctic

covered:

Links for more https://www.pbs.org/wgbh/americanexperience/films/greely/

information:

https://www.amazon.com/Labyrinth-Ice-Triumphant-Tragic-

Expedition/dp/1250182190/ref=sr 1 1?crid=16RL48KEMVNWQ&keywords=labvrinth+of

+ice&gid=1578677548&sprefix=laby%2Caps%2C152&sr=8-1

http://buddylevy.com/index.html

SEGMENT 2: WHY ARE YOUNG PEOPLE STRUGGLING MORE THAN PREVIOUS GENERATIONS?

Time Duration

Synopsis: Roughly 15 percent of 25 to 35-year-old's are back living with their parents, according to a

2016 study by Pew Research Center – and this number is only on the rise. Higher rent, cost
of living and student debt are all contributing factors, however, there are some young adults
stuck in an unmotivated, directionless state labeled as "failure to launch" We break down the

term and what parents can do to nudge their young adults along.

Host: Marty Peterson

Guests: Doctor Mark McConville, author, Failure to Launch: Why Your Twentysomething Hasn't

Grown Up...and What to Do About It

Compliancy issues Parenting, Higher Education, Personal Growth, Career, Mental Health, Psychology,

covered: Relationships, Stress, Finance, Social Media

Links for more https://www.penguinrandomhouse.com/books/607785/failure-to-launch-by-mark-

information: mcconville-phd/

https://www.amazon.com/Failure-Launch-Twentysomething-Hasnt-

Grown/dp/0525542183

https://www.nytimes.com/2019/09/03/opinion/college-graduates.html

https://www.nytimes.com/2017/10/11/magazine/why-are-more-american-teenagers-than

ever-suffering-from-severe-anxiety.html

CULTURE CRASH: DAVE EGGERS: A LEADER IN LITERARY WRITING

Time Duration

2:12

Synopsis: Author Dave Eggers has been a cult hero since his 2000 memoir A Heartbreaking Work of

 $Staggering\ Genius\ took\ readers\ on\ a\ wild\ and\ enthralling\ ride.\ Now,\ almost\ two\ decades\ later\ 24:15$

he's still producing novels that push the boundaries of dialogue and prose.

Host & Producer: Evan Rook

Compliancy issues Literature, Writing, Culture

11:01

Time

1:48



Program 20-04 Writers/Producers: Amirah Zaveri & Evan Rook

Air Week: Studio Production: Jason Dickey

1/26/20

SEGMENT 1: FINDING JOY AGAIN THROUGH SMALL CHANES

Synopsis: When life gets tough it can be hard to find gratitude and joy in the little things. We speak

with two authors about how to take small steps each day in order to think positive and

refocus on what's important

Host: Gary Price

Guests: Sarah Ban Breathnach, author, Simple Abundance: 365 Days to a Balanced and Joyful Life.

Rachel Bertsche, journalist, author, The Kids Are in Bed: Finding Time for Yourself in the

Chaos of Parenting.

Compliancy issues Literature, Mental Health, Journaling, Parenting, Social Media, Failure

covered:

Links for more https://twitter.com/simpleabundance?lang=en

information:

https://www.barnesandnoble.com/w/simple-abundance-sarah-ban-

breathnach/1130780118?ean=9781538735022

https://twitter.com/rberch?lang=en

https://www.amazon.com/gp/product/1524744018/ref=dbs a def rwt bibl vppi i0

http://www.sarahbanbreathnach.com/

Synopsis: Hate the stairmaster? Dread the treadmill? Exercise doesn't have to be an anxiety-inducing, hour-long activity. It can be getting a group of friends together for an axe-throwing session or even going on a ten-minute walk during lunch. Each little bit of movement matters. We uncover how taking on a different mindset to activity can lead to better habits and a happier life.

Host: Marty Peterson

Guests: Kelly McGonigal, research psychologist, author, Joy of Movement: How Exercise Helps Us Find Happiness, Hope, Connection and Courage; Davonian Mackenzie, personal trainer,

Southport Fitness in Lakeview, Chicago.

Compliancy issues Exercise, Health, Mental Health, Relationships, Gym, Hobbies, Personal Care

covered:

Links for more https://www.southportfitness.com/

information:

https://www.ted.com/talks/kelly mcgonigal how to make stress your friend

http://kellymcgonigal.com/

https://www.facebook.com/SouthportFitness/

CULTURE CRASH: OSCAR SEASON

Synopsis: This year's Oscar nominations are out and there are some good contenders in the mix, but a few movies that were looked over. We delve into some of our favorite films from 2019 that didn't make the nomination cut, but are still worth the watch.

Host & Producer: Evan Rook

Compliancy issues Films, Awards, Acting

Duration

2:41

9:07

Time

1:47



Program 20-05 Writers/Producers: Amirah Zaveri & Evan Rook

Air Week: Studio Production: Jason Dickey

2/2/20

SEGMENT 1: WORLD WAR II: THE WOMEN OF THE OSS

Synopsis: When life gets tough it can be hard to find gratitude and joy in the little things. We speak

with two authors about how to take small steps each day in order to think positive and

refocus on what's important

Host: Gary Price

Guests: Katie S. Sanders, freelance journalist & World War II expert

Compliancy issues World War II, Women, Intelligence, Government, Travel, History, Espionage

covered:

Links for more https://www.nytimes.com/2019/03/06/magazine/intelligence-world-war-ii-oss-

information: women.html

https://www.katiessanders.com/

https://www.cia.gov/library/publications/intelligence-history/oss/art03.htm

Synopsis: It seems like lately political breaking news has hit an all-time high with all of the continuous impeachment coverage and campaign trail updates. While it's important to be an informed citizen, what do you do with all of this knowledge? Is it leading to change? Could you do something better with your time? We delve into these questions and more this week on Viewpoints.

Host: Marty Peterson

Guests: Eitan Hersh, associate professor, political science, Tufts University, author Politics is for

Power: How to Move Beyond Political Hobbyism, Take Action, and Make Real Change; Naava

Ellenberg, senior, Barnard University

Compliancy issues Politics, Community, Media, Television, Activism, Education, Government

covered:

Links for more https://www.amazon.com/Politics-Power-Beyond-Political-Hobbyism/dp/1982116781

information:

https://www.theatlantic.com/ideas/archive/2020/01/political-hobbyists-are-ruining-politics/605212/

https://www.bustle.com/profile/naava-ellenberg-18208189

CULTURE CRASH: SCARYWINTER READS Time

Synopsis: We explore Ian Reid's horror novel, "I'm Thinking of Ending Things" that tops our list of

scariest books of all time. It's a quick read with a twisting plot that keeps you hooked all the 23:46

way through

Host & Producer: Evan Rook

Compliancy issues Literature, Horror, Film



Program 20-06 Writers/Producers: Amirah Zaveri & Evan Rook

Air Week: Studio Production: Jason Dickey

2/9/20

SEGMENT 1: VOTER ERROR: HOW A TRIP TO THE DMV TURNED INTO YEARS OF LEGAL WOES

Time Duration

Synopsis: Can it ever be too easy to cast a ballot in an American election? The answer is yes. Filipino immigrant Elizabeth Keathley mistakenly registered to vote while at a DMV in Illinois

through a law best known as the Motor Voter Law. This originally well-intentioned program 1:48 11:28 is now trapping hundreds of immigrants into federal charges and possible deportation for

an act they didn't fully comprehend to begin with.

Host: Gary Price

Guests: Richard Hanus, immigration lawyer; Elizabeth Keathley, immigration client

Compliancy issues Immigration, Voting, Law, Legal Problems, Culture, Government, Politics

covered:

Links for more https://www.usavisacounsel.com/about-us

information:

http://waterwell.org/production/courtroom/

https://caselaw.findlaw.com/us-7th-circuit/1609918.html

SEGMENT 2: WHAT HAPPENS WHEN MATHETMATICAL CALCULATIONS GO WRONG? Time Duration

Synopsis: The field of mathematics is still seen as a boring and overly complex field by many. But Matt

Parker, a former math teacher turned popular YouTuber, is working to fix that stubborn

mindset. In his new book, he illustrates the powerful and interesting side of math through

15:12

7:32

Host: Marty Peterson

Guests: Matt Parker, mathematician, YouTuber, author Humble Pi: When Math Goes Wrong in the

real-life examples that have failed because someone's calculations were just slightly off.

Real World

Compliancy issues Math, Education, Industry, Career, Science, Engineering, Computer Science

covered:

Links for more https://www.penguinrandomhouse.com/books/610964/humble-pi-by-matt-parker/

information:

https://www.youtube.com/channel/UCoxcjq-8xIDTYp3uz647V5A

http://standupmaths.com/

https://www.youtube.com/channel/UCSju5G2aFaWMqn-_0YBtq5A

CULTURE CRASH: REMEMBERING THE LEGEND: KOBE BRYANT

Time Duration

2:43

23:44

Synopsis: It can sometimes still feel unreal that NBA superstar Kobe Bryant is gone. The retired Los

Angeles Lakers player was more than just an athlete, but a tremendous idol to millions of

people across the world. We discuss his legacy and the fragility of life.

Host & Producer: Evan Rook

Compliancy issues Sports, Basketball, Death, Mentor, Culture, History, Career

10:22



Program 20-07 Writers/Producers: Amirah Zaveri, Annie Krall & Evan Rook

Air Week: Studio Production: Jason Dickey

2/16/20

SEGMENT 1: COLORING OUTSIDE THE LINES

Synopsis: Coloring books aimed at children, adults and even seniors have been all the rage in recent years and are still trending in 2020. But what's so special about these patterns and designs that draw people in? We delve into the process of putting together these collections and why 1:47

the creative outlet has become a mainstay for so many looking to switch off and de-stress.

Host: Gary Price

Guests: Johanna Basford, artist, author; Jenean Morrison, artist, designer, author

Compliancy issues Covered: Art, Coloring, Mental Health, Culture, Creativity, Stress, Literature, Seniors

covered:

Links for more https://www.amazon.com/Johanna-

information: Basford/e/B00J1YSPE4%3Fref=dbs a mng rwt scns share

https://www.amazon.com/Jenean-Morrison/e/B00AI2Q5DG%3Fref=dbs a mng rwt scns share

https://www.instagram.com/jeneanmorrison/?hl=en

https://www.johannabasford.com/

SEGMENT 2: RETHINKING HEALTHCARE: HOW DO YOU FIX A FLAWED SYSTEM?

Time **Duration** Synopsis: The topic of healthcare is one of the most debated issues so far in the 2020 election – but what's the fix for the expensive, inefficient system that's currently in place? So far it's a 8:50 14:11

Duration

2:27

Time

24:01

Time

murky answer. Millions are struggling with the high cost of care, doctors are burning out and patient-doctor interaction is at an all-time low. We speak with an industry expert about the current woes of American healthcare and what can be done.

Host: Marty Peterson

Guests: Samuel Shem, author, House of God, Man's 4th Best Hospital

Compliancy issues Medicine, Healthcare, Career, Health, Insurance, Literature, Government

covered:

Links for more https://www.theatlantic.com/health/archive/2012/11/samuel-shem-34-years-after-the-house-of-god/265675/

information:

https://www.amazon.com/gp/product/1984805363/ref=dbs a def rwt bibl vppi i1 https://www.amazon.com/gp/product/0425238091/ref=dbs a def rwt bibl vppi i0

http://www.samuelshem.com/v2/https://en.wikipedia.org/wiki/Samuel Shem

CULTURE CRASH: THE BROADWAY HIT "HAMILTON" COMES ALIVE AGAIN

Synopsis: The writer of "Hamilton" Lin-Manuel Miranda is back at it again. Come October 2021, the

Broadway play is set to hit theaters across the country. But will it be worth the watch?

Host & Producer: Evan Rook

Compliancy issues Broadway, Musical, Film, Culture, History



Program 20-08 Writers/Producers: Amirah Zaveri & Evan Rook

Air Week: Studio Production: Jason Dickey

2/23/20

SEGMENT 1: REDEFINING SUGAR: ENJOYING SWEET TREATS WITHOUT THE GUILT

Time Duration

12:09

Synopsis: From sugary lattes to grocery staples like yogurt and bread, sugar still seems to be lurking everywhere. Even with greater awareness, it can still be hard to avoid the cookies and cake if you're craving something sweet. Viewpoints speaks with baking blogger, Elif Yamangil and 1:48

cookbook author, Jennifer Tyler Lee about the importance of limiting sugar in your diet and

how to do so while still indulging in some healthier sweets.

Host: Gary Price

Guests: Elif Yamangil, engineer at Google, creator of the blog, Plenty Sweet; Jennifer Tyler Lee, author

Half the Sugar, All the Love

Compliancy issues Baking, Cooking, Health, Sugar Intake, Disease, Education, Motherhood

covered:

Links for more http://www.plentysweet.net/ https://www.instagram.com/plentysweet200/

information:

https://www.52newfoods.com/

https://www.amazon.com/gp/product/1523504234/ref=dbs a def rwt bibl vppi i0

https://www.wellplated.com/

SEGMENT 2: BORN INTO SLAVERY: FIRSTHAND PERSPECTIVES OF FORMING ENSLAVED MEN AND WOMEN

Time Duration

Synopsis: Imagine being born into slavery in the South. You have not a dime to your name, received no education and all you know are the surrounding fields of a plantation. What would you do after slavery is abolished? How would you start over? February is Black History Month. As we remember the past and the history of slavery in America, it's important to not only take in the perspectives of historians and educators, but also direct firsthand accounts from the people who lived through this experience. Viewpoints' speaks with historian and photographer, Richard Cahan, co-author of the new book River of Blood: American Slavery

15:59 6:57

From the People Who Lived It.

Host: Marty Peterson

Guests: Richard Cahan, co-author, River of Blood: American Slavery From the People Who Lived It

Compliancy issues Black History Month, Education, History, Literature, Inequality, Race, Poverty

covered:

Links for more https://www.cityfilespress.com/books/river-of-blood/

information:

https://www.amazon.com/River-Blood-American-Slavery-People/dp/0991541855

 $\underline{https://www.loc.gov/collections/slave-narratives-from-the-federal-writers-project-1936-to-1938/about-this-collection/loc.gov/collections/slave-narratives-from-the-federal-writers-project-1936-to-1938/about-this-collection/loc.gov/collections/slave-narratives-from-the-federal-writers-project-1936-to-1938/about-this-collections/slave-narratives-from-the-federal-writers-project-1936-to-1938/about-this-collections/slave-narratives-from-the-federal-writers-project-1936-to-1938/about-this-collections/slave-narratives-from-the-federal-writers-project-1936-to-1938/about-this-collections/slave-narratives-from-the-federal-writers-project-1936-to-1938/about-this-collections/slave-narratives-from-the-federal-writers-project-1936-to-1938/about-this-collections/slave-narratives-from-the-federal-writers-project-1936-to-1938/about-this-collections/slave-narratives-from-the-federal-writers-project-1936-to-1938/about-this-collections/slave-narratives-from-the-federal-writers-project-1936-to-1938/about-this-collections/slave-narratives-from-the-federal-writers-project-1938-to-$

https://twitter.com/picturetweeter?lang=en

CULTURE CRASH: THE JOY OF TV COMEDY SPECIALS

Time Duration

2:30

23:56

Synopsis: Sometimes you don't want a critically acclaimed show or Oscar-worthy movie, but rather something funny like a cheesy rom-com or a bit of classic stand-up. We discuss two Bo

Burnham comedy specials that are now streaming on Netflix

Host & Producer: Evan Rook

Compliancy issues Television, Culture, Comedy, Streaming

Duration

8:04

10:48

Time

1:48

Time

14:38



Program 20-09 Writers/Producers: Amirah Zaveri & Evan Rook

Air Week: Studio Production: Jason Dickey

3/1/20

SEGMENT 1: BODY-WORN CAMERAS: IS FAST-CHANGIN TECH LEADING TO BETTER POLICING? Synopsis: Today, body-worn cameras are a mainstay in many police departments across the country.

While the new technology increases transparency, is it leading to better relationships

between the public and police? How are innovations in the field - including the $\ensuremath{\mathsf{I}}$

incorporation of artificial intelligence - changing officers' day-to-day duties?

Host: Gary Price

Guests: Daniel Lawrence, Senior Research Associate, Urban Institute; Rick Smith, Founder, CEO,

Axon Enterprise Inc.

Compliancy issues Police, Community Relations, Minorities, Technology, Artificial Intelligence

covered:

Links for more https://www.axon.com/products/axon-body-3

information:

https://www.urban.org/author/daniel-lawrence

https://www.cam.ac.uk/research/news/use-of-body-worn-cameras-sees-complaints-against-

police-virtually-vanish-study-finds

SEGMENT 2: THE ROLE OF COMPANIES IN PROTECTING THE PLANET'S BIODIVERSITY

Synopsis: 1,000,000 animal and plant species now face the threat of extinction. As more than 80 percent of all global biodiversity lives on private land, what is the role of corporations when

it comes to protecting these endangered species? Viewpoints speaks with Margaret O' Gorman, president of the Wildlife Habitat Council, about the creative and adaptive policies

companies can take to make a difference.

Host: Marty Peterson

Guests: Margaret O'Gorman, President, Wildlife Habitat Council

Compliancy issues Biodiversity, Animal Species, Human Development, Business, Economy, Environment,

covered: Extinction, Endangered Species, Corporations, Global Issues

Links for more https://www.wildlifehc.org/

information:

https://www.wildlifehc.org/bio/margaret-ogorman/

https://twitter.com/OGormanWHC?ref src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor

https://www.gmsustainability.com/manage/operations.html

CULTURE CRASH: THE ENDLESS TWISTS IN NBC'S THIS IS US

Synopsis: The hit drama, This is Us has led its viewers down a puzzling, sometimes draining series of

twists and turns throughout the last four seasons – but is the show finally fizzling out?

23:42 2:46

Duration

Time

Host & Producer: Evan Rook

Compliancy issues Television, Culture



Program 20-10 Writers/Producers: Amirah Zaveri, Polly Hansen & Evan Rook

Air Week: Studio Produ

Studio Production: Jason Dickey

3/8/20

SEGMENT 1: GLOSSIER TO WARBY PARKER: STARTUPS THAT ARE REDEFINING THE RETAIL GAME

Time Duration

Synopsis: If you take a look at some of the newer brands that are shaking up retail – from Dollar Shave

Club to Casper mattresses – all of these ideas are based off traditional products rather than new inventions. How are some of these startups outperforming the big-name, traditional brands that have ruled the consumer market for decades?

1:48 9:24

Host: Gary Price

Guests: Lawrence Ingrassia, former business editor, deputy managing editor, The New York Times,

author, The Billion Dollar Brand Club

female scientists throughout history.

Compliancy issues Business, Startups, Entrepreneurship, Internet, Social Media, Revenue

covered:

Links for more http://www.larryingrassia.com/

information:

https://www.wsj.com/articles/billion-dollar-brand-club-review-clicking-the-disrupt-button-

11580773644

https://www.amazon.com/Billion-Dollar-Brand-Club-Disruptors/dp/1250313066

https://www.mckinsey.com/industries/technology-media-and-telecommunications/our-insights/thinking-inside-the-subscription-box-new-research-on-ecommerce-consumers

SEGMENT 2: MOVE OVER ALBERT: UNCOVERING FEMALE SCIENCE GENIUSES OF THE PAST

Time Duration

Synopsis: What exactly classifies a person as a genius? Are there biological differences between male and female geniuses? Viewpoints' explores these questions and highlights a few overlooked 13:16 9:24

Host: Marty Peterson

Guests: Janice Kaplan, author, The Genius of Women, From Overlooked to Changing the World;

Catherine Whitlock, author, Ten Women Who Changed Science and the World

Compliancy issues Science, Gender, Research, History, Health, Literature, War, Women's Rights

covered:

Links for more https://www.catherinewhitlock.co.uk/

information:

https://www.amazon.com/Women-Changed-Science-World-Levi-Montalicini/dp/1635766109 https://twitter.com/JaniceKaplan2?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthorhttps://www.amazon.com/Genius-Women-Overlooked-Changing-World/dp/1524744212

https://www.janicekaplan.com/

CULTURE CRASH: THE BEAUTY OF "BETTER CALL SAUL"

Time Duration

Synopsis: Better Call Saul is the show we never knew we needed after the hit show Breaking Bad came

to a close. Season 5 of the show is now airing on AMC.

23:41 2:46

Host & Producer: Evan Rook

Compliancy issues Television, Culture

Duration

6:13

13:00

Time

1:47

Time



Program 20-11 Writers/Producers: Amirah Zaveri, Pat Reuter & Evan Rook

Air Week: Studio Production: Jason Dickey

3/15/20

SEGMENT 1: GETTING THINGS DONE: HINTS ON HOW TO DO IT BETTER

Synopsis: If you take a look at some of the newer brands that are shaking up retail – from Dollar Shave Club to Casper mattresses – all of these ideas are based off traditional products rather than

new inventions. How are some of these startups outperforming the big-name, traditional

brands that have ruled the consumer market for decades?

Host: Gary Price

Guests: David Allen, productivity consultant and author of Getting Things Done: The Art of Stress-Free Productivity; Steve McClatchy, founder of Alleer Training and Consulting, author

of Decide: Work Smarter, Reduce Your Stress and Lead by Example

Compliancy issues Productivity, Career, Goals, Writing, Communication, Literature, Parenting

covered:

Links for more https://www.cnbc.com/2020/02/14/stanford-scientist-on-proven-habits-that-will-make-

information: you-more-productive.html

https://www.cnbc.com/2019/09/05/a-simple-guide-to-becoming-more-productivity-that-

millions-swear-by.html

https://gettingthingsdone.com/

https://alleer.com/

SEGMENT 2: WHAT YOU DIDN'T KNOW ABOUT AMERICA'S FOUNDING FATHER

Synopsis: The white hair, rosy cheeks and stark complexion are what we often picture when we think of our first president. But behind his looks and historic accomplishments, what are some facts that are not as well publicized? Viewpoints' speaks with history buff and author, Alexis

16:50

Coe to learn more about the man, the myth: George Washington.

Host: Marty Peterson

Guests: Alexis Coe, author, You Never Forget Your First: A Biography of George Washington.

Compliancy issues History, Presidency, Politics, Government, War, Culture, Literature

covered:

Links for more https://www.whitehouse.gov/about-the-white-house/presidents/george-washington/

information:

https://twitter.com/alexiscoe?lang=en

https://www.alexiscoe.com/

https://www.amazon.com/gp/product/0735224102/ref=dbs_a_def_rwt_hsch_vapi_taft_p1_i

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CULTURE CRASH: THE APPEAL OF MYSTERY MOVIES

Synopsis: From the classic 1985 film, Clue to the more recent release, Knives Out, the mystery genre can be just the right pick-me-up when you fall into a post-Oscar season movie slump.

Viewpoints' discusses some of our favorites from this genre.

Host & Producer: Evan Rook

Compliancy issues Film, Culture, Film History

covered:

Time Duration

24:06

2:21



Writers/Producers: Amirah Zaveri & Evan Rook Program 20-12 Studio Production: Jason Dickey Air Week: 3/22/20 SEGMENT 1: THE WONDERS OF REMOVING CLOTHING CLUTTER Time Duration Synopsis: Ever feel like each morning you look at your closet, and despite the large number of clothes, never really have anything to wear? This abundance of extra fabric not only takes up space 8:48 1:47 but also can be a burden to your headspace. We speak with two experts about how to shop and consume less as well as best organize the items you already have. **Host:** Gary Price Guests: Courtney Carver, author, Project 333: The Minimalist Fashion Challenge That Proves Less Really is So Much More; Rachel Rosenthal, founder & CEO, Rachel & Company Compliancy issues Consumerism, Waste, Shopping, Mental Health, Finance, Home Organization covered: Links for more https://bemorewithless.com/ information: https://twitter.com/bemorewithless?ref src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Ea https://www.rachelrosenthal.co/ https://twitter.com/rachelorganizes SEGMENT 2: THE RESURGENCE OF HAND EMBROIDERY: CRAFTIVISM THROUGH CROSS-STITCHING Time Duration Synopsis: In a moment where many are practicing 'social distancing', it can be a good opportunity to put down your phones and pick up a stress-relieving solo hobby. We speak with Shannon 12:39 10:29 Downey, creator of Badass Cross Stitch, about the simplicity and art of cross-stitching as well as how she's used it to channel social issues **Host:** Marty Peterson Guests: Shannon Downey, creator of Badass Cross Stitch.

Compliancy issues Art, Craft, History, Activism, Hobby, Education, Community, Mental Health

covered:

Links for more https://www.instagram.com/badasscrossstitch/?hl=en

information:

http://www.badasscrossstitch.com/ https://www.projectfirechicago.org/

CULTURE CRASH: THE NEW SCI-FI MYSTERY SERIES "DEVS"	Time	Duration
Synopsis: Devs has only released a handful of episodes on Hulu so far, but the sci-fi thriller has already		
generated a lot of buzz for its gripping plot and eerie feels. We dive into the limited series	24:10	2:17
featuring leads Nick Offerman and newcomer. Sonova Mizuno.		

Host & Producer: Evan Rook

Compliancy issues Television, Science Fiction, Streaming

10:10

Duration

Duration

8:53

Time

1:47

Time

14:01

Time



Program 20-13 Writers/Producers: Amirah Zaveri & Evan Rook

Air Week: Studio Production: Jason Dickey

3/29/20

SEGMENT 1: CANNIBIS: A COMPLICATED HISTORY

Synopsis: Human use of cannabis dates back to tens of thousands of years ago. And the drug wasn't just used in medicinal or recreational settings, but also part of religious ceremonies or used by warriors before wartime battle. We speak with pharmacology expert Dr. Richard Miller

about the drugs global history and its prohibition in the U.S. over the last 70 years.

Host: Gary Price

Guests: Dr. Richard Miller, professor of pharmacology, Northwestern University Feinberg School of Medicine.

Compliancy issues History, Medicine, Health, Pharmacology, Drug Use, Politics, Propaganda

covered:

Links for more https://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=12007

information:

https://news.northwestern.edu/for-journalists/faculty-experts/expert/richard-miller-phd https://www.history.com/topics/crime/history-of-marijuana

SEGMENT 2: FALLING THROUGH A CLOUD: LIVING WITH COGNITIVE DECLINE

Synopsis: World-renowned flutist and CBS correspondent Eugenia Zukerman was diagnosed with dementia and Alzheimer's three years ago. She details her experience living with the progressive disease and how she keeps a positive mindset despite the losses.

Host: Marty Peterson

Guests: Eugenia Zukerman, flutist, writer and journalist, author, Like Falling Through a Cloud: A Lyrical Memoir of Coping with Forgetfulness, Confusion and a Dreaded Diagnosis

Compliancy issues Alzheimer's, Dementia, Aging, Senior Citizen, Health, Family, Music

covered:

Links for more https://www.eugeniazukerman.com/

information:

https://www.npr.org/2019/11/09/777569730/in-like-falling-through-a-cloud-eugenia-zukerman-explores-her-changing-mind https://www.amazon.com/Like-Falling-Through-Cloud-Lyrical/dp/1732491224

CULTURE CRASH: PASSING THE TIME DURING THIS PERIOD OF "SOCIAL DISTANCING"

Synopsis: We discuss some of the best selections now streaming on Netflix as millions turn to movies right now for evening entertainment.

23:54

Host & Producer: Evan Rook

Compliancy issues Fiilm, Culture, Streaming