

QUARTERLY ISSUES/PROGRAMS LIST

STATION: Idaho Public Television (KAID, KIPT, KISU, KUID, KCDT)
 CITY OF LICENSE: Boise, Twin Falls, Pocatello, Moscow, Coeur d'Alene ID
 SIGNIFICANT TREATMENT OF COMMUNITY ISSUES: January 1, 2023 – March 31, 2023

Issue	Title/Programming Description	Date/Time/Duration
1. Early Childhood Education	<p>Children’s and Ready to Learn Programming Programs include: Rosie’s Rules, Alma’s Way, Dinosaur Train, Sesame Street, Curious George, Let’s Go Luna!, Xavier Riddle and the Secret Museum, Wild Kratts, Molly of Denali, Elinor Wonders Why, Hero Elementary, etc. These programs are focused on helping young children build strong pre-reading and reading skills.</p>	<p>Weekdays 6:30 a.m. – 4 p.m. 9 ½ hours each weekday and Sundays 6 a.m. – 10 a.m. 4 hours each Sunday</p>
2. Education	<p>Science Trek “Forests” Forests cover almost one-third of Earth’s land surface. This ecosystem plays an essential role in our world. Forests filter water, remove air pollution, absorb carbon, prevent soil erosion and more. Guests include Dan Johnson and Tara Hudiburg, both assistant professors in the department of forest, rangeland, and fire sciences in the College of Natural Resources at the University of Idaho.</p> <p>Science Trek “Exoplanets” Planets that orbit around stars outside our solar system are called exoplanets or extra solar planets. Astrophysicists searching the universe have found a variety of exoplanets and are looking for signs of life. Guest scientists from NASA’s Jet Propulsion Laboratory include Nick Siegler, astrophysicist and chief technologist for NASA’s Exoplanet Exploration Program, and Tiffany Meshkat, postdoctoral scholar in the Exoplanetary Science Initiative.</p> <p>Science Trek “Snakes” Snakes have long, scaly bodies with no arms or legs. They live almost everywhere on earth and very few are poisonous. Snakes play an important role in the ecosystem, yet many people fear them. How do you know which snakes are safe and which ones are dangerous? Guests include Charles Peterson, professor of biology, Idaho State University and Frank Lundburg, Boise State University adjunct professor and wildlife educator.</p> <p>Science Trek “Chemistry” Kathryn Devine, associate professor of physics at the College of Idaho, and Christopher Saunders, chemistry lecturer at</p>	<p>1/3/2023 3 p.m. 30 minutes</p> <p>1/10/2023 3 p.m. 30 minutes</p> <p>1/15/2023 9:30 a.m. 30 minutes</p> <p>1/24/2023 3 p.m. 30 minutes</p>

	<p>Boise State University, discuss this topic and answer students' questions.</p> <p>Science Trek "Rivers" Rivers have a life. They have a beginning and an end. Rivers change the land through which they flow. They give us water to drink, energy we convert to electricity, and a place for plants and animals to live. Guests include James McNamara, professor and chair of the department of geosciences at Boise State University, and Elowyn Yager, associate professor in the department of civil engineering and at the Center for Ecohydraulics Research at University of Idaho, who will answer students' questions.</p> <p>Science Trek "Sleep" We spend about a third of our lives sleeping. All animals need sleep for good health. Sleep rejuvenates our body and helps clean out our brain. But what is sleep? Scientists are studying why we sleep, why we don't, and what sleep really means. Guests include Dr. Janat O'Donnell, Medical Director of Sleep Center at St. Alphonsus, and Nancy Nadolski, a Family Nurse Practitioner specializing in sleep issues, who will answer students' questions.</p> <p>Science Trek "Mars" Guest scientists Matthew Heverly, a mobility systems engineer or "rover driver" for the Mars Science Laboratory rover and Todd Barber, a propulsion engineer working on the Cassini mission to Saturn who has also worked on the Mars Science Laboratory, both from NASA's Jet Propulsion Laboratory will answer questions about Mars.</p> <p>Science Trek "Salmon" Salmon are a keystone species. They play a very important role in the health of an ecosystem. Some swim as much as 900 miles to return to the stream in which they were born to spawn. Why they do it remains a mystery. Jeff Heindel, fish hatcheries supervisor; and Adare Evans, wildlife educator, both from Idaho Department of Fish and Game, answer questions from students.</p> <p>Science Trek "Trees" Trees are the oldest, tallest and heaviest things on Earth. How do they grow and survive? Why are they essential to life on our planet? Guest scientists Brian Jorgenson, Boise City Forester; and Michelle Youngquist, Educational Coordinator for Project Learning Tree and the Idaho Forest Products Commission, will answer students' questions about trees.</p>	<p>1/29/2023 9:30 a.m. 30 minutes</p> <p>2/7/2023 3 p.m. 30 minutes</p> <p>2/12/2023 9:30 a.m. 30 minutes</p> <p>2/21/2023 3 p.m. 30 minutes</p> <p>2/26/2023 9:30 a.m. 30 minutes</p>
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	<p>Science Trek “Muscles” The human body has about 650 muscles and they come in all shapes and sizes. The muscles are part of the muscular system. They give the body shape and movement. Guest scientist Dr. Tony Joseph, a family practitioner also certificated in Sports Medicine at the Portneuf Medical Center in Pocatello will answer students’ questions about muscles and the muscular system. Cartan-Hansen will be joined by.</p> <p>Science Trek “Simple Machines” A simple machine has few or no moving parts. But because of simple machines, humans have been able to create the wonders of the world, the pyramids, computers, even your jar of peanut butter. Simple machines include the lever, the inclined plane, the wedge, the pulley, the wheel and axle and the screw. Guest scientists John Gardner, the CAES Energy Efficiency Research Institute Director at Boise State University; and Kathryn Devine, Assistant Professor of Physics at the College of Idaho, will answer students’ questions about simple machines. Woody Sobey of the Discovery Center of Boise will also do a special demonstration of simple machines.</p> <p>Science Trek “Weather” The weather impacts everything we do, but how do scientists know what’s going to happen? Meteorologists are especially trained to understand how the weather changes and how it impacts our lives. Guest scientists Vin Crosby, Meteorologist, KIVI-TV and Robyn Heffernan, Meteorologist, NOAA, will answer students’ questions about weather. This show also takes students inside the National Weather Service office to see how meteorologists collect the data they need to predict the weather.</p> <p>Science Trek “Birds of Prey” Birds of Prey are raptors, which means they are great hunters. What makes a bird of prey so skilled at capturing prey? How are these birds different from other kinds of birds? Guest scientists, Greg Kaltenecker, Executive Director of the Idaho Bird Observatory; and Bill Heinrich, Interpretive Center Director for the World Center for Birds of Prey, answer students’ questions about these amazing birds. The show is filmed at the World Center for Birds of Prey.</p>	<p>3/7/2023 3 p.m. 30 minutes</p> <p>3/12/2023 9:30 a.m. 30 minutes</p> <p>3/19/2023 9:30 a.m. 30 minutes</p> <p>3/26/2023 9:30 a.m. 30 minutes</p>
3. Local Community Interest	Outdoor Idaho “Search and Rescue” Outdoor Idaho explores what it takes to be a volunteer for Idaho Mountain Search and Rescue and how important their	1/19/2023 8 p.m. 30 minutes

	<p>service is to Idaho’s outdoor community. Communities rely on them; law enforcement welcomes their help and the rescued are grateful. Idaho Mountain Search and Rescue answers the call when people get lost or hurt in Idaho’s wild places.</p> <p>Outdoor Idaho “Working for Wildlife” We explore the interesting and challenging ways that Idahoans are attempting to assist wild animals: rehabilitating orphaned black bear cubs, recovering the California Condor; tracking wolverines and winter recreationists, to see if they can co-exist; collaring deer in the winter, and taking baby cutthroat trout to high mountain lakes.</p> <p>Outdoor Idaho “Wild Horses” Mustangs are a symbol of our western tradition; yet they are often reviled, as they compete for resources with livestock and wildlife in an ever changing environment impacted by range fire and drought. Thousands end up in holding corrals far from home, never to return. Outdoor Idaho takes a look at what is happening to the mustang herds in Idaho and beyond.</p> <p>Outdoor Idaho “Beyond Labels” With better equipment, more training opportunities, increased inclusion and decreased stigma, people with physical challenges are increasingly able to enjoy the outdoors, including competing in major races. This episode of Outdoor Idaho features athletes with disabilities who are breaking barriers and defying labels and looks at how Idaho is poised to be a destination for para-sports.</p> <p>Outdoor Idaho “Wildflowers” Wildflowers capture the hearts of those willing to look down and around. Outdoor Idaho is entering the world of wildflowers to tell the stories of the colorful flora that dot our state. We’ll be looking at wildflowers through the eyes of botanists, photographers, herbalists, farmers and hobbyists. We’ll delve into the science, the beauty, the ecosystem, the history and the culture of wildflowers.</p> <p>Outdoor Idaho “Looking Back and Moving Forward” For 40 years Outdoor Idaho has been bringing beauty, nature, science and wonder into your living room. It’s time to look back on the legacy and look forward to the future. In this special celebration broadcast we’ll find out how Outdoor Idaho came to be, who made it the masterpiece that it is today and what we’re doing to ensure Idaho’s outdoor</p>	<p>1/29/2023 7 p.m. 30 minutes</p> <p>2/9/2023 8 p.m. 30 minutes</p> <p>2/19/2023 7 p.m. 30 minutes</p> <p>2/23/2023 8 p.m. 30 minutes</p> <p>2/26/2023 7 p.m. 1 hour</p>
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	<p>stories continue to be told.</p> <p>Outdoor Idaho “This Is Rodeo” Breakaway roper Shelli Schrivner feels “rodeo is the greatest sport on earth.” Bull rider Brady Portenier rides in America’s most prestigious rodeos, and he says his home state of Idaho has some of the best around. Professional rodeo announcer Boyd Polhamus says, “The Gem State is the gem state in rodeo, no doubt about it.”</p> <p>Outdoor Idaho “Spud Country Special” In Idaho, raising spuds is a traditional way of life. From planting to harvest, potato farming provides not only food, but culture too. Dubbed the “potato state,” more than half of Idaho’s counties grow potatoes. But beyond the numbers, what matters is the goodwill of Idaho’s agricultural community.</p> <p>Outdoor Idaho “The Next Chapter” “The Next Chapter” looks to the future. We meet the new owners of an historic homestead along the Salmon River. We explore how the Forest Service, the Bureau of Land Management and the state’s Fish & Game Department are adapting to new challenges. We also hear from farmers trying out soil-friendly solutions, and learn how an outdoor recreation leader is dealing with a changing climate.</p> <p>Idaho Listens What happens when people decide to stop arguing and start listening? Philanthropist Greg Carr and Boise State University wanted to find a way to encourage people to engage in respectful listening, to get to know each other beyond labels or superficial impressions. In the fall of 2022, eleven ordinary Idahoans came to the BSU campus to share stories about their lives in Idaho, and the audience had to agree to listen without interruption, without questions, without cheers or jeers. IdahoPTV documented the Idaho Listens project, and what the Idaho listeners took away from the project.</p>	<p>3/2/2023 8 p.m. 1 hour</p> <p>3/9/2023 8 p.m. 1 hour</p> <p>3/16/2023 8 p.m. 1 hour</p> <p>3/24/2023 8:30 p.m. 30 minutes</p>
4. History	<p>Idaho Experience “Ligertown” When lions escaped Ligertown, a compound outside Lava Hot Springs in the fall of 1995, SWAT teams, helicopters, and national media rushed to the small eastern Idaho town. Idaho Experience looks at the history of Ligertown and its owners Robert Fieber and Dottie Martin.</p> <p>Idaho Experience “Idaho Myths, Monsters and Legends” Haunted houses. Creatures in the forest, in the sky, in the</p>	<p>2/16/2023 8:30 p.m. 30 minutes</p> <p>2/23/2023 8:30 p.m.</p>

	<p>water. Why are we drawn to tales of the monstrous and mysterious? Idaho Experience explores the Myths, Monsters and Legends of Idaho.</p> <p>Idaho Experience “Remembering The Sunshine Mine Disaster” Fifty years after the fire that killed 91 miners in Kellogg, Idaho Experience looks at the ways the community is remembering the losses and lessons of the 1972 disaster.</p> <p>Idaho Experience “Idaho’s Hemingway” Many Idahoans are familiar with the general outlines of Ernest Hemingway’s Idaho story: the celebrities, the Sun Valley Resort, his death by suicide at home along the Big Wood River. What is less known is how his time in Idaho influenced the writer’s life, loves and literary output. We explore what Hemingway’s life in Idaho tells us about our state’s cultural landscape.</p> <p>Idaho Experience “Sweet Idaho” There is just something about chocolate, ice cream, bonbons and pie that makes us happy. Learn the secrets of the iconic Idaho Spud Bar’s Idaho Candy Company, Lee’s Candies, Florence’s Exquisite Chocolates, and Reed’s Dairy’s ice cream. Find the best pies in North Idaho and the sweetest spot in the town of Sweet, Idaho. “Sweet Idaho” looks at the history of some of Idaho’s historic sweet companies and gives viewers a behind-the-scenes look at how they make these classic goodies.</p> <p>Idaho Experience “Pioneers of the Air: Idaho and the Birth of Commercial Aviation” When the first commercial airmail pilot took to the air in Idaho in 1926, it didn’t take long before many realized airplanes could open the state to a world of possibilities. But before Idaho could reap the benefits of flight, the state needed airports, runways, and pilots who could navigate miles of desert and wilderness. Find out how early pilots took on Idaho’s rugged landscape.</p>	<p>30 minutes</p> <p>2/26/2023 6 p.m. 30 minutes</p> <p>3/5/2023 6 p.m. 30 minutes</p> <p>3/8/2023 7 p.m. 30 minutes</p> <p>3/9/2023 7 p.m. 30 minutes</p>
5. Outdoor Adventure	<p>Outdoor Idaho “Hometown Ski Hills” Community ski hills are scattered throughout Idaho, each with its own field of dreams story to tell. We profile three of them: Bogus Basin near Boise; Little Ski Hill by McCall; and Pomerelle near Albion.</p> <p>Outdoor Idaho “Winter Grit” Idaho’s outdoor enthusiasts can be a gritty bunch,</p>	<p>1/1/2023 7 p.m. 30 minutes</p> <p>1/5/2023 8 p.m.</p>

	<p>especially this time of year. Cowboys on horses pull skiers on a snow-packed track, reaching speeds up to 40 mph. Climbers scale 100-foot columns of ice along basalt cliffs. And powder hounds hitch a helicopter ride to a mountaintop in Palisades range. Together, these adventure-seekers demonstrate it takes true grit to brave Idaho’s elements.</p> <p>Outdoor Idaho “Winter Play” Skiing isn’t for everyone. Winter Play looks at different ways to have fun in the cold. How about Snowkiting? Try Ski Joring at the McPaws Iditarod. The McCall Curling Club takes on this ancient sport. And the North Idaho Trail Blazers pit their skills and their machines driving in Idaho’s snow covered backcountry. We end with a real dive into winter for the Polar Bear Challenge.</p> <p>Outdoor Idaho “Idaho’s 12ers” Outdoor Idaho explores “Idaho’s 12ers,” with the climbers who cherish them. There are nine peaks in the state above 12,000 feet.</p> <p>Outdoor Idaho “In The Shadow of the Bitterroots” Idaho’s Bitterroot Mountains define our state’s squiggly eastern border. Rugged, remote and hard to get to, the Bitterroot Mountains offer a challenge and reward. Outdoor Idaho’s “In the Shadow of the Bitterroots” will uncover the history, culture, recreation and science of the land. From sacred Nez Perce trails to the tallest peaks, this show will inspire curiosity about a unique mountain range.</p> <p>Outdoor Idaho “Idaho Headwaters” We are a state rich in rivers. And the waters that feed those rivers, Idaho’s headwaters, are truly some of the West’s sacred places. From the Snake, the Salmon, and the Selway to the Boise, the Owyhee, the Malad and the St. Joe, headwaters help define these rivers and remind us what it is that is worth protecting in this world of ours.</p> <p>Outdoor Idaho “Sawtooths On My Mind” It’s one of the West’s most iconic mountain ranges. We profile the people who live and work around these inspiring mountains.</p>	<p>30 minutes</p> <p>1/15/2023 7 p.m. 30 minutes</p> <p>2/2/2023 8 p.m. 30 minutes</p> <p>3/5/2023 7 p.m. 1 hour</p> <p>3/23/2023 8 p.m. 1 hour</p> <p>3/30/2023 8 p.m. 1 hour</p>
6. Local Government	Idaho Reports Special “2023 Inauguration” Idaho’s constitutional officers are sworn in, including Gov. Brad Little, Lt. Gov. Scott Bedke, Attorney General Raúl Labrador, Secretary of State Phil McGrane, Superintendent	1/6/2023 Noon Mtn./11 a.m. Pac. 1 hour

	<p>Debbie Critchfield, Controller Brandon Woolf, and Treasurer Julie Ellsworth. Former Lt. Gov. David Leroy and former Gov. Andrus staffer Andy Brunelle discuss the significance of public inaugurations.</p> <p>Idaho Reports “A Historic Week” This week, we get a preview of the governor’s priorities for the upcoming legislative session, as well as how well those goals mesh with what House and Senate leaders have in mind. David Leroy and Andy Brunelle discuss the historical significance of Friday’s public inauguration ceremony.</p> <p>State of the State and Budget Address 2023 Gov. Brad Little delivers his 2023 State of the State Address. Kevin Richert, of Idaho Education News; Stephanie Witt, professor of political science at Boise State University; and Alex Adams, administrator of the Division of Financial Management, provide commentary.</p> <p>Idaho Reports “One Week Down” This week, we examine a report regarding abuse endured by Idahoans with disabilities and what the state could do to remedy the situation. Then, Chris Cargill of the Mountain States Policy Center and Alex LaBeau of the Idaho Association for Commerce and Industry discuss Gov. Brad Little’s legislative priorities.</p> <p>Idaho Reports “Power Struggles” Power substations across the U.S. have sustained attacks recently, leaving thousands without power. How vulnerable is Idaho and what’s being done to prepare for the future? Senate Majority Caucus Chair Mark Harris discusses administrative rules, and Kelcie Moseley-Morris of the Idaho Capital Sun talks about how Idaho GOP leaders’ priorities may differ from those of some Republican lawmakers.</p> <p>Idaho Reports “Education’s Price Tag” It was education week at the Idaho Statehouse, with budget pitches for K-12 and higher education. We look at some heated debates around funding needs across the state, including recruiting and retaining employees. Then, Idaho State University President Kevin Satterlee, College of Eastern Idaho President Rick Aman and College of Western Idaho President Gordon Jones discuss challenges in higher education.</p>	<p>1/6/2023 8 p.m. 30 minutes</p> <p>1/9/2023 1 p.m. Mtn./noon Pac. 1 hour</p> <p>1/13/2023 8 p.m. 30 minutes</p> <p>1/20/2023 8 p.m. 30 minutes</p> <p>1/27/2023 8 p.m. 30 minutes</p>
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	<p>Idaho Reports “Speaking From Experience” Things are finally picking up at the Idaho Legislature with new proposals introduced on property tax relief, education savings accounts, and absentee voting. Plus, Idaho’s new House Speaker Mike Moyle discusses his vision for the Idaho Legislature and the state in a wide-ranging interview covering property taxes, budgets, education, Medicaid, and much more.</p>	<p>2/3/2023 8 p.m. 30 minutes</p>
	<p>Idaho Reports “Bicameral Bipartisanship” House Minority Leader Ilana Rubel shares her concerns over some of this session’s proposals, including bills to change oversight of the Office of Performance Evaluations and to ban gender-affirming care for transgender youth. Then, Rep. Wendy Horman and Sen. C. Scott Grow, co-chairs of the Joint Finance - Appropriations Committee, discuss changes to how the committee will vote in the future.</p>	<p>2/10/2023 8 p.m. 30 minutes</p>
	<p>Idaho Reports “Choices for Parents” The Senate Education Committee has passed a bill to create education savings accounts. Chairman Sen. Dave Lent and Sen. Lori Den Hartog talk about the \$45 million proposal. Then, Kevin Richert of Idaho Education News and Kaye Thornbrugh of the CDA Press discuss a recent request that North Idaho College shows concrete evidence its accreditation should not be revoked.</p>	<p>2/17/2023 8 p.m. 30 minutes</p>
	<p>Idaho Reports “Hopefully Halfway There” This week, Governor Brad Little addresses reporters’ questions about the session so far, and Secretary of State Phil McGrane talks about some of the pending bills that could change the way Idahoans vote. Then, Senate Assistant Majority Leader Sen. Abby Lee discusses removing ineligible participants from Medicaid and a bill she is sponsoring regarding mistreatment of vulnerable adults.</p>	<p>2/24/2023 8 p.m. 30 minutes</p>
	<p>Idaho Reports “What’s Next in School Choice Debates” Idaho Reports examines a proposal to provide driver’s licenses for undocumented immigrants. Then, Sen. Ben Adams, Sen. Scott Herndon, Sen. Janie Ward-Engelking, and Rep. Lance Clow discuss what might be next in the school choice debate, and whether this is the year the Idaho Legislature will find a compromise.</p>	<p>3/3/2023 8 p.m. 30 minutes</p>
	<p>Idaho Reports “Remembering Phil Batt” This week, we take a look at the life and career of Gov. Phil Batt, who died Saturday, March 4, on his 96th birthday.</p>	<p>3/10/2023 8 p.m. 1 hour</p>

	<p>Then, Gov. Dirk Kempthorne, Sen. Jim Risch, Gov. Butch Otter, and Gov. Brad Little join the show to share memories of their friend and mentor. Plus, Republican and Democratic leadership review the progress - or lack thereof - made so far this legislative session.</p> <p>Idaho Reports “The Sprint to Sine Die” Lawmakers are eyeing the calendar to adjourn soon, but there are still issues and budgets to tackle. Quinn Perry, from the Idaho School Boards Association, talks about the implications of a property tax relief bill. Ritchie Eppink, from the ACLU of Idaho, and Seth Grigg, from the Idaho Association of Counties, talk about a proposal to overhaul public defense in Idaho.</p> <p>Idaho Reports “Moving the Finish Line” House party caucus chairmen Rep. Ned Burns and Rep. Dustin Manwaring talk about their new leadership roles and the end-of-session debates. Then, Kevin Richert of Idaho Education News and Dr. Jaclyn Kettler of Boise State University’s School of Public Service discuss education budgets and debates, as well as a legal fight between the attorney general and the Idaho Department of Health and Welfare.</p> <p>Idaho Reports “Moyle-mentum” This week, lawmakers wrapped up their remaining work at the Capitol and recessed to allow for any remaining vetoes. Dr. Jaclyn Kettler and Dr. Stephanie Witt from Boise State University’s School of Public Service and Kevin Richert from Idaho Education News join the pundits to discuss the politics of the week and the closing days of the legislative session.</p>	<p>3/17/2023 8 p.m. 30 minutes</p> <p>3/24/2023 8 p.m. 30 minutes</p> <p>3/31/2023 8 p.m. 30 minutes</p>
7. Health	<p>Second Opinion with Joan Lunden “Anxiety” Anxiety is the most common mental health disorder in the United States, affecting nearly one-third of both adolescents and adults. According to new research, millennials have become the most anxious generation in history. This episode discusses what anxiety is, what causes it, and how it can be treated.</p> <p>Second Opinion with Joan Lunden “Heart Disease In Women” Heart Disease is the leading cause of death and disability for women in the United States. Yet, somehow heart disease is often overlooked as a major women’s health issue. It is the cause of death for 1 in 5 women in the U.S.,</p>	<p>1/7/2023 7 a.m. 30 minutes</p> <p>1/14/2023 7 a.m. 30 minutes</p>

	<p>and heart disease and stroke combined cause the death of 1 in 3 women every year. This episode digs into the issue of heart disease in women and how we can lower cardiac risk and death.</p>	
	<p>Second Opinion with Joan Lunden “Parkinson’s Disease” Parkinson’s disease is the fastest growing neurological disorder in the world. It affects nearly one million people in the United States and more than six million people worldwide. The symptoms generally develop slowly over years, sometimes starting with a barely noticeable tremor in just one hand. While tremors are common in Parkinson's, the disease progression is unique to each person. This episode looks at the causes and treatments of Parkinson's Disease, and the search for a cure.</p>	<p>1/21/2023 7 a.m. 30 minutes</p>
	<p>Second Opinion with Joan Lunden “The Cancer Spouse” Breast cancer is the most common cancer among women worldwide, and this diagnosis not only brings physical challenges, but significant emotional and psychological challenges, as well. The spouse of the cancer patient feels the impact of the diagnosis, and their support can be crucial to recovery. The couple goes through cancer together.</p>	<p>1/28/2023 7 a.m. 30 minutes</p>
	<p>Second Opinion with Joan Lunden “Post-Acute Covid-19 Syndrome (Pacs)” As we continue to track “long-haulers,” we are learning more about the long-term health effects of the people who are suffering from debilitating post-COVID symptoms.</p>	<p>2/4/2023 7 a.m. 30 minutes</p>
	<p>Second Opinion with Joan Lunden “Heart Valve Replacement” Heart valve replacement is an area in medicine which has made great advancements and is a very common procedure. This procedure is 94-97% effective and can drastically increase the life expectancy of the patient.</p>	<p>2/18/2023 7 a.m. 30 minutes</p>
	<p>Second Opinion with Joan Lunden “Lung Cancer” The diagnosis and treatment of lung cancer has been one of the most hopeful advances in medicine over the past several years. The new lung cancer screening guidelines allow for the screening for younger individuals with less of a smoking history, making lung cancer a disease that is no longer a death sentence.</p>	<p>2/25/2023 7 a.m. 30 minutes</p>
	<p>Second Opinion with Joan Lunden “Antibiotic Resistance” The misuse and overuse of antibiotics is contributing to the rapid emergence of resistant bacteria and endangering the</p>	<p>3/4/2023 7 a.m. 30 minutes</p>

	<p>efficacy of antibiotics. Considered the next pandemic, antibiotic resistance is a threat to global health and food security.</p> <p>Second Opinion with Joan Lunden “Pre-Diabetes” Cases of, and morbidity from, diabetes continues to rise. One of the critical areas of work is to stop pre-diabetes from turning into full-fledged diabetes.</p> <p>Second Opinion with Joan Lunden “Stress” Stress is a word that people throw around when they are feeling overwhelmed, but stress comes with real physical and mental health consequences. Stress in all ages, as well as pandemic-related stress, affects our overall health, and contributes to other mental health issues such as depression and anxiety.</p> <p>Second Opinion with Joan Lunden “Vaccine Hesitancy” Vaccine hesitancy continues to be an issue in the U.S., with COVID continually bringing this topic to light. But it’s not just about the COVID vaccine. Childhood vaccine rates continue to decrease in certain areas of the country, setting us up for formerly eradicated diseases to make a comeback.</p>	<p>3/11/2023 7 a.m. 30 minutes</p> <p>3/18/2023 7 a.m. 30 minutes</p> <p>3/25/2023 7 a.m. 30 minutes</p>
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