

Date aired:	6/21	Time Aired

Length: 9:13

Length: 8:01

Weekly Public Affairs Program

Show # 2020-25 Total running time: 29:30 (with optional exit at 24:00)

1. **Philip Moeller,** author of "Get What's Yours for Medicare: Maximize Your Coverage, Minimize Your Costs"

Health costs are the biggest unpredictable expense for older Americans, who are turning 65 at the rate of 10,000 a day. While Medicare guarantees them affordable health insurance, few Americans know what Medicare covers and what it doesn't, what it costs, and when to sign up. Mr. Moeller explained why Medicare has become so confusing, and how people approaching retirement can understand these complex and important choices.

Issues covered:
Medicare
Senior Citizens
Healthcare

2. Caitlin Shetterly, author of "Modified: GMOs and the Threat to Our Food, Our Land, Our Future"

GMO products are among the most consumed and the least understood substances in the United States today. Ms. Shetterly shared her personal story of how GMOs affect her family's health. She explained why consumers should learn more about GMOs and why organic foods can be a sensible choice.

Issues covered:
Food Safety
Personal Health
Consumer Matters

3. **Costantino ladecola, M.D.,** Anne Parrish Titzell Professor of Neurology and Director of the Brain and Mind Research Institute at Weill Cornell Medical College in New York

Dr. ladecola authored a report for the American Heart Association which found that high blood pressure, especially in middle age, is associated with an increased risk of cognitive impairment later in life. He outlined steps to deal with high blood pressure.

<u>Issues covered:</u>
Alzheimer 's Disease
Personal Health

**Length: 4:58** 

