



Date aired: \_\_\_\_5/2\_\_\_\_ Time Aired:

Weekly Public Affairs Program

Show # 2021-17

Total running time: 29:30 (with optional exit at 24:00)

1. **Reynold Henry, MD, MPH**, General Surgery Chief Resident at Los Angeles County and USC Medical Center

Uncontrolled bleeding continues to be one of the most common causes of preventable death from a traumatic injury. Dr. Henry led a recent study that found that the use of tourniquets before patients arrive at a hospital has increased significantly in recent years. He said the trend has improved survival rates and decreased the need for blood transfusions. He explained the basic steps for applying a tourniquet.

**Issues covered:**

**Length: 9:24**

**Personal Health**

**Emergency Preparedness**

2. **Katherine May**, author of *"Wintering: The Power of Rest and Retreat in Difficult Times"*

Ms. May discussed how to deal with difficult times of life when unforeseen circumstances derail a person, such as an abrupt illness, the death of a loved one, a job loss, or a divorce. She calls these periods of dislocation "wintering." She explained what nature can teach us about slowing down, and how to use rest and retreat to cope with life's darkest moments

**Issues covered:**

**Length: 7:58**

**Mental Health**

3. **Daniel Hartung, Pharm.D., M.P.H.**, Professor in the Oregon State University College of Pharmacy

More than 70,000 American lives were lost to drug overdoses in 2019, according to the National Institute on Drug Abuse, and the problem grew even worse during the pandemic. Prof. Hartung led a study that found that 20% of pharmacies refuse to dispense a key medication, buprenorphine, to treat the addiction. He explained possible reasons behind the problem, and why the availability of this drug is so important in the battle against the opioid epidemic.

**Issues covered:**

**Length: 4:54**

**Substance Addiction**

**Government Policies**

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