

Date aired:	11/1	Time Aired:
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Length: 9:09

Length: 8:09

Weekly Public Affairs Program

Show # 2020-44 Total running time: 29:30 (with optional exit at 24:00)

1. **Kellie Gerardi**, commercial spaceflight industry professional, science communicator, leader of Special Projects for the Commercial Spaceflight Federation, Director of The Explorers Club, author of "Not Necessarily Rocket Science: A Beginner's Guide to Life in the Space Age"

Ms. Gerardi shared some of her experiences as a human test subject for space suits in microgravity flights. She talked about the importance of inspiring girls to pursue STEM subjects in school. She also suggested ways that young women can find mentors to help them attain jobs in the commercial space industry, and why it's so important for women to be included in future space exploration.

Issues covered:
Science
Women's Issues
Education

2. Tom Corley, Certified Financial Planner, author of "Effort-Less Wealth: Smart Money Habits at Every Stage of Your Life"

Life is a series of stages, and Mr. Corley said money mistakes made in one stage can have a ripple effect, impacting one or more subsequent stages. He explained how those who develop smart money habits early will position themselves up for lifelong financial success. He outlined the four ways that any American can become wealthy.

Issues covered:
Personal Finance
Retirement Planning

3. Lois E. Krahn, MD, psychiatrist and sleep medicine specialist, Mayo Clinic in Phoenix

As most of the nation switches from daylight saving to standard time, many people welcome the extra hour of sleep. Dr. Krahn explained how time changes affect the body and sleep patterns, such as increased traffic accidents in subsequent weeks. She also offered tips to adapt to the schedule change.

<u>Issues covered:</u> Personal Health <u>Length:</u> 5:06

