



Date aired: \_\_\_\_4/19\_\_\_\_ Time Aired:

Weekly Public Affairs Program

Show # 2020-16

Total running time: 29:30 (with optional exit at 24:00)

1. **David Spiegel, MD**, Willson Professor and Associate Chair of Psychiatry & Behavioral Sciences at Stanford University, Director of the Stanford Center on Stress and Health.

A recent poll found that half of Americans are now suffering mental health issues as a result of the economic shutdown and coronavirus pandemic. Dr. Spiegel outlined the multiple challenges faced by every American during the crisis. He said he expects the mental health effects to be a long-term issue, including increased rates of suicide. He offered tips for coping.

**Issues covered:**

**Mental Health**

**Suicide**

**Coronavirus**

**Length: 10:14**

2. **Maureen Mahoney**, Policy Analyst, Consumer Reports

From fake cures for coronavirus to phishing emails and phony websites, scammers are taking advantage of consumers' fear as the virus spreads. Ms. Mahoney talked about the way authorities have handled a recent wave of robocalls. She explained how consumers can recognize the signs of a spoofed phone number, or a text or social media message sent by a scammer.

**Issues covered:**

**Crime**

**Consumer Matters**

**Coronavirus**

**Length: 7:00**

3. **Jean Shafiroff**, philanthropist, author of "*Successful Philanthropy: How to Make a Life by What You Give*"

As Americans experience historic levels of unemployment, Ms. Shafiroff said food pantries, charities, and nonprofits are seeing huge drops in donations amidst financial uncertainties, while demand for their services skyrockets. She stressed the urgent need for donations and volunteering from those who are able to do so.

**Issues covered:**

**Poverty**

**Hunger**

**Volunteerism**

**Unemployment**

**Coronavirus**

**Length: 4:58**

