



Weekly Public Affairs Program

Date aired: _____ Time Aired: _____

Show # 2020-15

Total running time: 29:30 (with optional exit at 24:00)

1. **Ken Johnson, PhD**, Senior Demographer at the Carsey School of Public Policy and Professor of Sociology at the University of New Hampshire

As the coronavirus pandemic spreads across the country, those living in rural areas, are increasingly threatened. Prof. Johnson said that people in rural areas are often more reliant on their neighbors than those who live in urban areas, via through such things as volunteer fire departments and shared educational resources. He said hospitals and doctors are almost always further away in rural areas. He also discussed the potential impact to agriculture and other sectors of the rural economy.

Issues covered:

**Rural Concerns
Coronavirus
Agriculture**

Length: 8:07

2. **Ellie Hollander**, President and Chief Executive Officer of Meals on Wheels America

Ms. Hollander talked about the effect the coronavirus pandemic on Meals on Wheels and the elderly citizens they serve. She said for many clients, Meals on Wheels volunteers are the only people a senior may see in a given day, so families often depend on them to monitor their loved one's day to day welfare. She explained how someone can volunteer or make a cash donation to help.

Issues covered:

**Senior Citizens
Coronavirus
Volunteerism
Charitable Donations**

Length: 9:11

3. **Teri Secrest**, certified health & wellness coach, natural health educator, CEO of Joy of Living

As many Americans are stuck at home, Ms. Secrest said it is important to make wise health choices. She offered suggestions to avoid eating or drinking out of boredom, and to incorporate exercise into a daily routine. She also offered ideas to deal with stress and anxiety.

Issues covered:

**Coronavirus
Personal Health
Mental Health**

Length: 5:01