



Date aired: \_\_\_\_9/12\_\_\_\_ Time Aired:

Weekly Public Affairs Program

Show # 2021-37

Total running time: 29:30 (with optional exit at 24:00)

1. **Susan Stark, PhD**, Associate Professor of Occupational Therapy, of Neurology and of Social Work at Washington University School of Medicine in St Louis

Falls are the leading cause of injury, accidental death and premature placement in a nursing home among older adults in the United States. Dr. Stark shared the results of her study that suggested that in-home falls can be reduced by nearly 40% with a community-based program that helps older adults make modifications to their homes such as adding grab bars, shower seating and slip-resistant surfaces in the bathroom.

**Issues covered:**

**Length: 8:23**

**Elder Care  
Aging**

2. **Frank Pega, PhD**, epidemiologist, health economist, Technical Officer in the Environment, Climate Change and Health Department at the World Health Organization in Geneva, Switzerland

Long working hours are killing 745,000 people a year, according to a new report from the World Health Organization. Dr. Pega was the lead author of the study, which found that working more than 55 hours a week is a health hazard that leads to stroke and heart disease. He said the pandemic may have accelerated this trend.

**Issues covered:**

**Length: 8:55**

**Personal Health  
Workplace Matters**

3. **Colin Orion Chandler**, doctoral student and Presidential Fellow, at Northern Arizona University's Department of Astronomy and Planetary Science

Mr. Chandler is the project founder and principal investigator of the "Active Asteroids" project., which seeks to recruit citizen scientists to assist in an effort to quadruple the number of known active asteroids. He explained how people can volunteer and why the search for these rare space objects is important.

**Issues covered:**

**Length: 5:03**

**Science  
Volunteerism**

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