| Prepared by: Russell Brooks Tuesday, June 27, 2023  Issue Category  Date Range |           |           | ISSI                            |       | PROGRAMS FILE<br>arter 2, 2023                    | WIZB, 94.3 - Abbeville, Alabama<br>WPHH, 93.5 - Hope Hull, Alabama<br>WTID, 101.7, Graceville, Florida   |
|--|-----------|-----------|---------------------------------|-------|---|--|
|  |           |           | Day Part Time Topic/Focus Group |       |   | Program Content  |
| Transportation   | 4/4/2023  | 4/4/2023  | The<br>Morning<br>Cruise        | 4 min | Peanut Butter is a liquid                         | Shared declaration by TSA that Peanut Butter is classified as a liquid when traveling.  Shared info on program that offers opportunity to learn  |
| Education  | 4/5/2023  | 4/5/2023  | Russ and<br>Nancy               | 2 min | Summer Apprentice Program                         | about the different job opportunities available in local government  |
| Education  | 4/5/2023  | 4/5/2023  | Russ and<br>Nancy               | 2 min | Teacher of the Year                               | Talked about the importance of good teachers in our lives and the impact they make and we as mention that one of the finalist for Alabama Teacher of The Year is from our listening area |
| Disaster Relief  | 4/5/2023  | 4/5/2023  | Terris                          | 2 min | Disaster Preparation                              | Mentioned resources for help in times of natural disaster, both for help and to be of help   |
| Health/Nutrition/Fitness   | 4/6/2023  | 4/6/2023  | Mark                            | 2 min | Homeless  | Talked about the need to help homeless ministries in our listening areas, and the specific shortages that folks can help with. Toiletries, snacks, detergent, etc.                       |
| Family Values  | 4/6/2023  | 4/6/2023  | The<br>Morning<br>Cruise        | 7 min | American Cultural Values<br>Shifting              | Cultural values of Americans are shifting according to the results of a survey from the University of Chicago regarding patriotism, religion, family, community involvement and money.   |
| Welfare/Safety   | 4/10/2023 | 4/10/2023 | Russ and<br>Nancy               | 5 min | Praying for Louisville<br>Kentucky                | Took time to honor and pray for those that lost their lives in the shooting as well as uplifting their community   |
| Government   | 4/10/2023 | 4/10/2023 | Russ and<br>Nancy               | 2 min | National Public Safety<br>Telecommunications Week | Took note that this was National Public Safety Telecommunications week and talked about the vital link between listener and first responders   |
| Health/Nutrition/Fitness   | 4/11/2023 | 4/11/2023 | Terris                          | 1 min | Emotional Boundaries                              | Shared was to practice healthy emotional boundaries  |

| Health/Nutrition/Fitness            | 4/11/2023 | 4/11/2023 | Mark                     | 2 min  | Breakfast Upgrade                       | Discussed new ideas to freshen up the mundane breakfast routine One is to make breakfast tacos, consisting of a pancake folded in half, with banana pudding in the middle and almonds sprinkled on top. Also works as a dessert |
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| Health/Nutrition/Fitness            | 4/11/2023 | 4/11/2023 | Russ and<br>Nancy        | 2 min  | Olive Oil Risk                          | Talked about how that the new olive oil-infused coffee drinks were causing an urgent need to go to the restroom   |
| Health/Welfare/Safety               | 4/11/2023 | 4/11/2023 | The<br>Morning<br>Cruise | 5 min  | FBI Warning on public charging devices  | Shared FBI's warning to public to not use public charging stations as information can be stolen from devices using those stations.  |
| Health/Welfare/Safety               | 4/12/2023 | 4/12/2023 | The<br>Morning<br>Cruise | 9 min  | Anxiety                                 | Led discussion on anxiety and ways to curb in a healthy manner including walking for just 30 minutes a day.   |
| Consumer                            | 4/14/2023 | 4/14/2023 | The<br>Morning<br>Cruise | 3 min  | FTC - click to cancel                   | Discussed proposal from Federal Trade Commission to provide a feasible way to cancel a subscription that is just as easy as it is to subscribe.   |
| Family<br>Values/Parenting/Children | 4/18/2023 | 4/18/2023 | Russ and<br>Nancy        | 12 min | A new way to look at the<br>Golden Rule | Shared a different perspective on how to live out the Golden Rule   |
| Health/Nutrition/Fitness            | 4/19/2023 | 4/19/2023 | Russ and<br>Nancy        | 8 min  | Stress Awareness Day                    | Offered encouragement and various way to de stress  |
| Health/Nutrition/Fitness            | 4/24/2023 | 4/24/2023 | Terris                   | 2 min  | Recall                                  | Alerted community to a regional recall on food product  |
| Environment                         | 4/24/2023 | 4/24/2023 | Mark                     | 2 min  | Lion Fish                               | Talked about the invasive Lionfish on the Gulf coast, and how fishermen are doing their part to help eradicate the harmful species. Surprisingly enough, they make for great eating! So that's a win/win.                       |
| Media                               | 5/3/2023  | 5/3/2023  | Russ and<br>Nancy        | 3 min  | The Hollywood Writers Strike            | How will it impact us? Why do they need to strike?<br>Reminder to pray for all involved.  |
| Family Values/Parenting/Childre     | 5/3/2023  | 5/3/2023  | Russ and<br>Nancy        | 2 min  | Girl Scout Gold Award                   | Shared about how a young lady in the listening area won the Girl Scouts highest award and her project   |
| Family Values/Parenting/Childre     | 5/4/2023  | 5/4/2023  | Terris                   | 1 min  | Nation Day of Prayer                    | Informed community where to participate in National Day of Prayer   |

| Environment              | 5/4/2023  | 5/4/2023  | Mark                     | 2 min | Oil Spill                            | Informed our listening area of a massive intentional Oil spill covering 33 miles of roads. The culprit was arrested, but we wanted to let our listeners know to avoid the areas if possible.                               |
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| Health/Nutrition/Fitness | 5/5/2023  | 5/5/2023  | Russ and<br>Nancy        | 2 min | Baby Changing Stations               | Shared info on wiping down the baby changing station before use because previous user more than likely did not wipe it down after use.   |
| Consumer                 | 5/5/2023  | 5/5/2023  | The<br>Morning<br>Cruise | 3 min | Rapid Security Update                | Asked question about a rapid security update that appeared on iPhones that looked different than other update notifications. Heard from listeners with same question and learned that it was a legitimate security update. |
| Consumer                 | 5/5/2023  | 5/5/2023  | The<br>Morning<br>Cruise | 5 min | Google Passkeys                      | Discussed new product offering from Google called Google Passkeys allowing for a more personalized security feature for Google product users   |
| Welfare/Safety           | 5/8/2023  | 5/8/2023  | Russ and<br>Nancy        |       | Hurricane Season                     | Discussed various ways to begin getting ready for Hurricane Season which begins June 1   |
| Health/Nutrition/Fitness | 5/12/2023 | 5/12/2023 | Russ and<br>Nancy        | 2 min | Ear Acupuncture                      | Shared info on study that suggests that ear acupuncture can help men lose weight. Russ was not amused.   |
| Economy                  | 5/12/2023 | 5/12/2023 | The<br>Morning<br>Cruise | 7 min | Job Satisfaction Survey              | Discussed findings of a survey on job satisfaction that declared an increase in job satisfaction among the American workforce in 2022.   |
| Consumer                 | 5/15/2023 | 5/15/2023 | Russ and<br>Nancy        | 3 min | RECALL                               | Shared information on a recall issued on certain baby formula brand  |
| Health/Nutrition/Fitness | 5/16/2023 | 5/16/2023 | Russ and<br>Nancy        | 2 min | Chocolate milk ban in public schools | Discussed possible chocolate milk ban in schools by the USDA because of high sugar contend even thought there are options with less or no sugar added.   |
| Consumer                 | 5/16/2023 | 5/16/2023 | The<br>Morning<br>Cruise | 4 min | Travel Trends in 2023                | Discussed current travel trends including travel to destinations featured heavily on TV show, news source or movie. An emphasis on food-focused travel, wellness or self care.   |
| Family Values            | 5/16/2023 | 5/16/2023 | The<br>Morning<br>Cruise | 5 min | Religion Survey                      | Discussed survey results on religion in America as first reported by NPR. Original study was from Religion Research Institute. Percentage of Americans that identify as religious has declined.                            |

|                                     |           |           | Russ and                 |        |                                 | Shared about how there are those who take advantage after a disaster such as a tornado and gave a couple of  |
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| Consumer                            | 5/22/2023 | 5/22/2023 | Nancy                    | 2 min  | Contractor Fraud                | ways to avoid contractor fraud   |
| Health/Nutrition/Fitness            | 5/26/2023 | 5/26/2023 | Terris                   | 2 min  | Anxiety                         | Encouraged listener to practice intentional mindset, to relieve anxiety  |
| Consumer                            | 5/26/2023 | 5/26/2023 | The<br>Morning<br>Cruise | 4 min  | America's Most Trusted<br>Brand | Shared findings of a survey that highlighted the most trusted brand by Americans, Band-Aid, UPS, Amazon, Lysol and Kleenex.  |
| Welfare/Safety                      | 5/30/2023 | 5/30/2023 | Terris                   | 2 min  | Pool Safety                     | Shared Advise from Public Safety Board about choosing proper colored, very visible swimwear for kids   |
| Disaster Relief                     | 5/31/2023 | 5/31/2023 | The<br>Morning<br>Cruise | 10 min | Hurricane Preparedness          | Discussed lingering effects of Hurricane Ian still impacting Southwest Florida. As hurricane season begins on June 1st, shared ideas for hurricane preparedness plans and provided links to state and federal resources with information for residents in hurricane prone areas. |
| Health/Nutrition/Fitness            | 6/5/2023  | 6/5/2023  | Terris                   | 1 min  | National Start Over Day         | Encouraged listener to practice a renewal of thought, on "National Start Over" day   |
| Consumer                            | 6/6/2023  | 6/6/2023  | The<br>Morning<br>Cruise | 6 min  | Highlights from Apple WWDC      | Shared news of new product offerings from Apple.   |
| Health/Welfare/Safety               | 6/8/2023  | 6/8/2023  | The<br>Morning<br>Cruise | 4 min  | Canadian Wildfires              | Discussed impact of Canadian wildfires on U.S. as smoke covers much of the northeast and as far south as Georgia.  |
| Education                           | 6/9/2023  | 6/9/2023  | Russ and<br>Nancy        |        | Garden Build Day                | Shared about upcoming opportunity tot learn how to set up a garden as the Montgomery County Activity Center Community is hosting Garden Build Day.   |
| Family Values/Parenting/Children    | 6/12/2023 | 6/12/2023 | Mark                     | 2 min  | Life Hack                       | Offered some practical advice to help make sure a restroom is available at home when needed If none are available, just turn off the Wi-Fi. Doors will be unlocked asap  |
| Health/Nutrition/Fitness            | 6/12/2023 | 6/12/2034 | Russ and<br>Nancy        | 2 min  | Vegetable                       | Discussed that there is a new favorite vegetable in<br>America as corn edges out broccoli for the first time   |
| Health/Welfare/Safety               | 6/12/2023 | 6/12/2023 | The<br>Morning<br>Cruise | 3 min  | Exercise for aging adults       | Shared findings of a study where adults aged 70-80 were tasked with taking a brisk walk 4x/week improves brain function.   |
| Family<br>Values/Parenting/Children | 6/13/2023 | 6/13/2023 | Russ and<br>Nancy        | 8 min  | Time with Children/Family       | Shared various ways to make the time when spend with family quality over quantity  |

| Consumer                         | 6/15/2023 | 6/15/2023 | The<br>Morning<br>Cruise | 2 min | Don't Mail Checks        | Shared news that bank officials are warning Americans to not mail checks as check fraud criminals are infiltrating USPS offices.   |
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| Consumer                         | 6/15/2023 | 6/15/2023 | The<br>Morning<br>Cruise | 2 min | Instapot Bankruptcy      | Company behind Instapot has declared bankruptcy as sales are down 22% after being a very popular product during the pandemic.  |
| Family Values/Parenting/Children | 6/16/2023 | 6/16/2023 | Terris                   | 2 min | Fathers                  | Mentioned a study about the importance of a father's involvement in the family dynamic   |
| Welfare/Safety                   | 6/19/2023 | 6/19/2023 | Mark                     | 2 min | Travel Safety            | Informed listeners of a scam perpetrated after checking in at a hotel. A caller phones the front desk and asks for room 602 (or some random number). When the person answers, the caller tells them there's a problem with their card and asks them to repeat the info over the phone. We advised never giving the info over the phone, but returning to the front desk to clear up any questions. |
| Health/Welfare/Safety            | 6/21/2023 | 6/21/2023 | The<br>Morning<br>Cruise | 4 min | Naps and brain shrinkage | Shared study that found short naps of 15-20 minutes in length help to prevent brain shrinkage.   |
| Consumer                         | 6/22/2023 | 6/22/2023 | The<br>Morning<br>Cruise | 3 min | Lab Grown Chicken        | Discussed the news that the FDA has approved lab grown chicken as safe for consumption by American consumers.  |