

Community Issues Program List

January through March 2021

*All times are Central Time Zone. Programs marked * are 30 min and ! are*

| Date and Time | Program | Talent | Description |
|-------------------|---------|--------------|--|
| 2021-03-15 05:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses salad mix. |
| 2021-03-22 05:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses asian. |
| 2021-03-29 05:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses curried zucchini fritters et al. |
| 2021-01-05 13:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses mexican feast. |
| 2021-01-12 13:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses breakfast 2. |
| 2021-01-19 13:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses shepherdess pie et al. |
| 2021-01-26 13:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses mchealthy meal combo. |
| 2021-02-02 13:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses soup medley. |
| 2021-02-09 13:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses thai green curry lentils et al. |
| 2021-02-16 13:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses tarka dahl et al. |
| 2021-02-23 13:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses indian chickpea. |
| 2021-03-02 13:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses dahalatoullie et al. |
| 2021-03-09 13:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses stuffed sweet potato et al. |
| 2021-03-16 13:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses asian vietnamese pho noodles et al. |
| 2021-03-23 13:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses mexican chile con haba et al. |
| 2021-01-08 09:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses jacket potatoes w/mushroom & lentils. |
| 2021-01-15 09:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses mega stir fry. |
| 2021-01-22 09:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses gourmet dahl. |
| 2021-01-29 09:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses italian tomato pasta & salads. |
| 2021-02-05 09:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses supercharged savory breakfast bowl. |
| 2021-02-12 09:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses salad bar special. |
| 2021-02-19 09:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses unique international dishes. |
| 2021-02-26 09:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses revive super salad mingle. |
| 2021-03-05 09:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses healthy finger food. |
| 2021-03-12 09:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses zoodles. |

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| 2021-03-19 09:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses minty split-pea soup. |
| 2021-03-26 09:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses indian curries. |
| 2021-01-04 05:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses beetroot risotto & others. |
| 2021-01-11 05:30* | Cook 30 | Jeremy Dixon | Jeremy Dixon discusses pho noodles and others. |
| 2021-01-04 01:00! | Celebrating Life in Recovery | Cheri Peters (Host), Lemuel Vega | Cheri Peters and Lemuel Vega discuss Life Beyond the Bars. |
| 2021-01-13 12:00! | Celebrating Life in Recovery | Cheri Peters (Host), Ron Woolsey | Cheri Peters and Ron Woolsey discuss overcoming sin. |
| 2021-01-20 12:00! | Celebrating Life in Recovery | Cheri Peters (Host), Monica Barlow | Cheri Peters and Monica Barlow talk about youth outreach. |
| 2021-01-27 12:00! | Celebrating Life in Recovery | Cheri Peters (Host), Luke Pierson, Mark Pierson | Cheri Peters with Luke and Mark Pierson discuss grief among the family. |
| 2021-02-03 12:00! | Celebrating Life in Recovery | Cheri Peters (Host), Christian Berdahl | Cheri Peters with Christian Berdahl discuss breaking the cycle of addictions. |
| 2021-03-10 12:00! | Celebrating Life in Recovery | Cheri Peters (Host), Rich Kollenberg, Susan Kollenberg, | Cheri Peters with Rich and Susan Kollenberg chat seriously about Break through the Meth. |
| 2021-03-15 01:00! | Celebrating Life in Recovery | Cheri Peters (Host), David Parnell | Cheri Peters and David Parnell offer some plain talk about facing the facts and seeing the truth. |
| 2021-03-31 12:00! | Celebrating Life in Recovery | Cheri Peters (Host), Barb Wise, Rick Wise | Cheri Peters with Barb and Rick Wise discuss HIV with love behind it. |
| 2021-01-19 17:00* | From Sickness to Health | Rico Hill (Host), Jim Said | Rico Hill and Jim Said discuss you got milked!. |
| 2021-01-26 17:00* | From Sickness to Health | Rico Hill (Host), Jim Said | Rico Hill and Jim Said discuss introducing my friend arthur. |
| 2021-01-31 03:30* | From Sickness to Health | Rico Hill (Host), Jim Said, Lydia Calhoun | Rico Hill, Jim Said, and Lydia Calhoun discuss a new prescription. |
| 2021-02-11 11:30* | From Sickness to Health | Rico Hill (Host), Jim Said, Lydia Calhoun | Rico Hill (Host), Jim Said, and Lydia Calhoun discuss the best part of waking up. |
| 2021-02-18 11:30* | From Sickness to Health | Rico Hill (Host), Schubert Palmer, Jim Said | Rico Hill (Host), Schubert Palmer, and Jim Said discuss where's the rest of my sleep?. |
| 2021-02-25 11:30* | From Sickness to Health | Rico Hill (Host), Schubert Palmer, Nwamiko Madden | Rico Hill (Host), Schubert Palmer, and Nwamiko Madden discuss here comes the sun. |

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| Date and Time | Program | Talent | Description |
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| 2021-02-28 03:30* | From Sickness to Health | Rico Hill (Host), Schubert Palmer | Rico Hill (Host) and Schubert Palmer discuss when the heart attacks. |
| 2021-03-07 03:30* | From Sickness to Health | Rico Hill (Host), Schubert Palmer | Rico Hill (Host) and Schubert Palmer discuss blood, the current of life. |
| 2021-03-18 11:30* | From Sickness to Health | Rico Hill (Host), Milton Mills | Rico Hill (Host) and Milton Mills discuss is red meat really red?. |
| 2021-03-25 11:30* | From Sickness to Health | Rico Hill (Host), Milton Mills | Rico Hill (Host) and Milton Mills discuss how clean is unclear?. |
| 2021-03-28 03:30* | From Sickness to Health | Rico Hill (Host), Milton Mills | Rico Hill (Host) and Milton Mills discuss please pass the sugar. |
| 2021-01-07 11:30* | From Sickness to Health | Rico Hill (Host), Thomas Jackson, Laverne Jackson, Yvonne Lewis | Rico Hill, Laverne Jackson, Thomas Jackson, and Yvonne Lewis discuss cancer. |
| 2021-01-12 17:00* | From Sickness to Health | Rico Hill (Host), Thomas Jackson, Laverne Jackson, Sherry-Lynne Bredy, Reidland Bredy | Rico Hill, Laverne Jackson, Reidland Bredy, Sherry-Lynne Bredy, and Thomas Jackson discuss balance. |
| 2021-01-08 10:00* | Health for a Lifetime | Don Mackintosh (Host), Hans Diehl | Don Mackintosh and Hans Diehl discuss hypertension. |
| 2021-01-15 10:00* | Health for a Lifetime | Don Mackintosh (Host), Hans Diehl | Don Mackintosh and Hans Diehl discuss reversing over weight. |
| 2021-01-22 10:00* | Health for a Lifetime | Don Mackintosh (Host), Dr. Neil Nedley | Don Mackintosh and Dr. Neil Nedley discuss studies in premature birth, std's, etc.. |
| 2021-01-29 10:00* | Health for a Lifetime | Don Mackintosh (Host), Dr. Neil Nedley | Don Mackintosh and Dr. Neil Nedley discuss studies in caffeine, vitamin d, and exercise. |
| 2021-02-05 10:00* | Health for a Lifetime | Don Mackintosh (Host), Dr. Neil Nedley | Don Mackintosh and Dr. Neil Nedley discuss studies in diabetes, cholesterol and stroke. |
| 2021-02-19 10:00* | Health for a Lifetime | Don Mackintosh (Host), Dr. Neil Nedley | Don Mackintosh and Dr. Neil Nedley discuss studies in child iq, stroke, heat exhaustion, etc.. |
| 2021-02-26 10:00* | Health for a Lifetime | Don Mackintosh (Host), Dr. Neil Nedley | Don Mackintosh and Dr. Neil Nedley discuss studies in stds, secrets of aging, etc. |
| 2021-03-05 10:00* | Health for a Lifetime | Don Mackintosh (Host), Dr. Neil Nedley | Don Mackintosh and Dr. Neil Nedley discuss new start. |
| 2021-03-12 10:00* | Health for a Lifetime | Don Mackintosh (Host), Dr. Neil Nedley | Don Mackintosh and Dr. Neil Nedley discuss studies in memory, sleep, and retirement. |

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|-------------------|-----------------------|--|---|
| 2021-03-19 10:00* | Health for a Lifetime | Don Mackintosh (Host), Dr. Neil Nedley | Don Mackintosh and Dr. Neil Nedley discuss studies in stress, vitamin d, lifestyle, etc.. |
| 2021-03-26 10:00* | Health for a Lifetime | Don Mackintosh (Host), Dr. Neil Nedley | Don Mackintosh and Dr. Neil Nedley discuss types of memory loss. |
| 2021-01-20 13:00* | Issues and Answers | Shelley Quinn (Host), Steve Wohlberg | Shelley Quinn and Steve Wohlberg discuss exposing the twilight / vampire craze. |
| 2021-02-03 13:00* | Issues and Answers | Shelley Quinn (Host), Randy J. Siebold | Shelley Quinn and Randy J. Siebold discuss the problem with education. |
| 2021-02-10 13:00* | Issues and Answers | Shelley Quinn (Host), Randy J. Siebold | Shelley Quinn and Randy J. Siebold discuss the history of education & a need for reform. |
| 2021-02-24 13:00* | Issues and Answers | Shelley Quinn (Host), Randy J. Siebold | Shelley Quinn and Randy J. Siebold discuss changing your school. |
| 2021-03-03 13:00* | Issues and Answers | Shelley Quinn (Host), Janice Browne | Shelley Quinn and Janice Browne discuss decluttering your life. |
| 2021-03-17 13:00* | Issues and Answers | Shelley Quinn (Host), Janice Browne | Shelley Quinn and Janice Browne discuss impossible dreams made possible. |
| 2021-03-24 13:00* | Issues and Answers | Shelley Quinn (Host), Yvonne Lewis | Shelley Quinn and Yvonne Lewis discuss new-age deception. |
| 2021-03-31 13:00* | Issues and Answers | Shelley Quinn (Host), Yvonne Lewis | Shelley Quinn and Yvonne Lewis discuss new-age movement & counter-christianity. |
| 2021-01-14 14:00* | Body and Spirit (New) | Lyndi Schwartz M.D. (Host), Lauren Rittenhouse, Andi Hunsaker M.D. | Lyndi Schwartz M.D., Andi Hunsaker M.D., Lauren Rittenhouse show how to prepare for safe hiking. |
| 2021-01-17 14:00* | Body and Spirit (New) | Andi Hunsaker M.D. (Host), Lyndi Schwartz M.D., Lauren Rittenhouse | Andi Hunsaker, Lauren Rittenhouse, and Lyndi Schwartz show how to run with endurance. |
| 2021-01-19 14:00* | Body and Spirit (New) | Lyndi Schwartz M.D. (Host), Lauren Rittenhouse, Andi Hunsaker M.D. | Lyndi Schwartz M.D., Andi Hunsaker M.D., and Lauren Rittenhouse show stepping excercises for osteoporosis. |
| 2021-01-21 14:00* | Body and Spirit (New) | Lyndi Schwartz M.D. (Host), Andi Hunsaker M.D., Lauren Rittenhouse | Lyndi Schwartz M.D., Andi Hunsaker M.D., and Lauren Rittenhouse show areobic excercises than can be done in the home. |

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| 2021-01-24 14:00* | Body and Spirit (New) | Andi Hunsaker M.D. (Host), Lyndi Schwartz, Lauren Rittenhouse | Andi Hunsaker M.D., Lauren Rittenhouse and Lyndi Schwartz discuss the joy of exercising. |
| 2021-01-26 14:00* | Body and Spirit (New) | Jeanie Weaver (Host), Terrence Marshall, Tim Tiernan | Jeanie Weaver, Terrence Marshall, and Tim Tiernan show exercises to help with aching knees. |
| 2021-01-28 14:00* | Body and Spirit (New) | Jeanie Weaver (Host), Frances Czeizinger, Tim Tiernan | Jeanie Weaver, Frances Czeizinger, Tim Tiernan show exercises to help an aching back. |
| 2021-01-31 14:00* | Body and Spirit (New) | Jeanie Weaver (Host), Abigail Czeizinger, Tim Tiernan | Jeanie Weaver, Abigail Czeizinger, Tim Tiernan show exercises to help Strengthen your back. |
| 2021-02-02 14:00* | Body and Spirit (New) | Jeanie Weaver (Host), Abigail Czeizinger, Frances Clark | Jeanie Weaver, Abigail Czeizinger, Frances Clark show exercises to help aching shoulders. |
| 2021-02-04 14:00* | Body and Spirit (New) | Jeanie Weaver (Host), Pam Turner, Summer Boyd | Jeanie Weaver, Pam Turner, and Summer Boyd show several exercises that should be done daily. |
| 2021-02-07 14:00* | Body and Spirit (New) | Jeanie Weaver (Host), LaDonna Terrill, Tim Tiernan | Jeanie Weaver, LaDonna Terrill, and Tim Tiernan show how to do strenght training exercises. |
| 2021-02-09 14:00* | Body and Spirit (New) | Jeanie Weaver (Host), Teresa Bonilla, Tim Tiernan | Jeanie Weaver, Teresa Bonilla, and Tim Tiernan show exercises to help control your waisline. |
| 2021-02-11 14:00* | Body and Spirit (New) | Jeanie Weaver (Host), Tim Tiernan, Wendy Mitchell | Jeanie Weaver, Tim Tiernan, and Wendy Mitchell show exercises to help aching feet. |
| 2021-02-14 14:00* | Body and Spirit (New) | Jeanie Weaver (Host), Ralph Sanchez, Tim Tiernan | Jeanie Weaver, Ralph Sanchez, and Tim Tiernan show how the exercise for wellness. |
| 2021-02-16 14:00* | Body and Spirit (New) | Jeanie Weaver (Host), Lynette Jaque, Wendy Mitchell | Jeanie Weaver, Lynette Jaque, and Wendy Mitchell show exercises to help overcome osteoarthritis. |
| 2021-02-18 14:00* | Body and Spirit (New) | Jeanie Weaver (Host), Donna Hall, Betsy Sajdak | Jeanie Weaver, Betsy Sajdak, and Donna Hall show how to do core strenthening exercises. |
| 2021-02-21 14:00* | Body and Spirit (New) | Jeanie Weaver (Host), Garland & Donna Blanton | Jeanie Weaver, Garland & Donna Blanton show how to do a spinal wrap that will help straighten your posture. |

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| 2021-02-23 14:00* | Body and Spirit (New) | Jeanie Weaver (Host), Betsy Sajdak, Donna Hall | Jeanie Weaver, Betsy Sajdak, and Donna Hall show us how to do body stretches. |
| 2021-02-25 14:00* | Body and Spirit (New) | Andi Hunsaker (Host), Lauren Rittenhouse, Lyndi Schwartz | Andi Hunsaker, Lauren Rittenhouse, and Lyndi Schwartz discuss tips for better health. |
| 2021-02-28 14:00* | Body and Spirit (New) | Lyndi Schwartz (Host), Lauren Rittenhouse, Andi Hunsaker | Lyndi Schwartz , Andi Hunsaker, and Lauren Rittenhouse discuss how the body is designed for action, not a sedentary lifestyle. |
| 2021-03-02 14:00* | Body and Spirit (New) | Andi Hunsaker (Host), Lyndi Schwartz, Lauren Rittenhouse | Andi Hunsaker, Lauren Rittenhouse, and Lyndi Schwartz perform leaping exercises to help agility and building strenght. |
| 2021-03-04 14:00* | Body and Spirit (New) | Lyndi Schwartz (Host), Andi Hunsaker, Lauren Rittenhouse | Lyndi Schwartz, Andi Hunsaker, and Lauren Rittenhouse perform core strengthening exercises. |
| 2021-03-07 14:00* | Body and Spirit (New) | Andi Hunsaker (Host), Lyndi Schwartz, Lauren Rittenhouse | Andi Hnusaker with Lauren Rittehouse and Lyndi Schwartz discuss benefits of stepping exercises. |
| 2021-03-09 14:00* | Body and Spirit (New) | Lyndi Schwartz (Host), Andi Hunsaker, Lauren Rittenhouse | Ron Giannoni with Dr. Richard Lukens and Joe Westbury disscuss the pitfalls of the American Lifestyle on health. |
| 2021-03-11 14:00* | Body and Spirit (New) | Lyndi Schwartz (Host), Andi Hunsaker, Tami Bivens | Lyndi Schwartz, Andi Hunsaker, and Tami Bivens discuss walking in the spirit. |
| 2021-03-14 14:00* | Body and Spirit (New) | Lyndi Schwartz (Host), Andi Hunsaker, Nancy Diaz | Lyndi Schwartz, Andi Hunsaker, and Nancy Diaz discuss cardiovascular training / balance and strength. |
| 2021-03-16 14:00* | Body and Spirit (New) | Andi Hunsaker (Host), Nancy Diaz, Lyndi Schwartz | Andi Hunsaker, Lyndi Schwartz, and Nancy Diaz discuss total fitness. |
| 2021-03-18 14:00* | Body and Spirit (New) | Andi Hunsaker (Host), Nancy Diaz, Tami Bivens | Andi Hunsaker, Nancy Diaz, and Tami Bivens discuss balance ball / abdominal workout. |
| 2021-03-21 14:00* | Body and Spirit (New) | Andi Hunsaker (Host), Lyndi Schwartz, Tami Bivens | Andi Hunsaker, Lyndi Schwartz, and Tami Bivens discuss walk for life. |
| 2021-03-23 14:00* | Body and Spirit (New) | Andi Hunsaker (Host), Lyndi Schwartz, Tami Bivens | Andi Hunsaker, Lyndi Schwartz, and Tami Bivens discuss strengthening with bands. |

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| 2021-01-05 14:00* | Body and Spirit (New) | Lyndi Schwartz (Host), Nancy Diaz, Tami Bivens | Lyndi Schwartz, Nancy Diaz, and Tami Bivens discuss strengthening in the legs. |
| 2021-01-07 14:00* | Body and Spirit (New) | Andi Hunsaker (Host), Nancy Diaz, Lyndi Schwartz | Andi Hunsaker, Lyndi Schwartz, and Nancy Diaz discuss waving with confidence. |
| 2021-01-10 14:00* | Body and Spirit (New) | Lyndi Schwartz (Host), Nancy Diaz, Tami Bivens | Lyndi Schwartz, Nancy Diaz, and Tami Bivens discuss the core of the matter. |
| 2021-01-12 14:00* | Body and Spirit (New) | Andi Hunsaker (Host), Nancy Diaz, Lyndi Schwartz | Andi Hunsaker, Lyndi Schwartz, and Nancy Diaz discuss quick start cardio. |
| 2021-03-23 02:00* | Optimize 4 Life | Dick Nunez & Jay Sutcliffe (Host), Lisa Nunez | Dick Nunez, Jay Sutcliffe (Host), and Lisa Nunez discuss preparing to optimize 4 life. |
| 2021-03-30 02:00* | Optimize 4 Life | Dick Nunez & Jay Sutcliffe (Host), Lisa Nunez | Dick Nunez, Jay Sutcliffe (Host), and Lisa Nunez discuss optimize your workout. |
| 2021-01-12 02:00* | Optimize 4 Life | Dick Nunez & Jay Sutcliffe (Host), Lisa Nunez | Dick Nunez, Jay Sutcliffe (Host), and Lisa Nunez discuss good dieting practices. |
| 2021-01-22 09:00* | Optimize 4 Life | Dick Nunez & Jay Sutcliffe (Host), Lisa Nunez | Dick Nunez, Jay Sutcliffe (Host), and Lisa Nunez discuss optimize your circadian rhythm. |
| 2021-01-26 02:00* | Optimize 4 Life | Dick Nunez & Jay Sutcliffe (Host), Lisa Nunez | Dick Nunez, Jay Sutcliffe (Host), and Lisa Nunez discuss optimize your brain & nervous system. |
| 2021-02-02 02:00* | Optimize 4 Life | Dick Nunez & Jay Sutcliffe (Host), Lisa Nunez | Dick Nunez, Jay Sutcliffe (Host), and Lisa Nunez discuss optimize your muscular system. |
| 2021-02-09 02:00* | Optimize 4 Life | Dick Nunez & Jay Sutcliffe (Host), Lisa Nunez | Dick Nunez, Jay Sutcliffe (Host), and Lisa Nunez discuss optimize your skeletal system. |
| 2021-02-19 09:00* | Optimize 4 Life | Dick Nunez & Jay Sutcliffe (Host), Lisa Nunez | Dick Nunez, Jay Sutcliffe (Host), and Lisa Nunez discuss optimize your circulatory system. |
| 2021-02-23 02:00* | Optimize 4 Life | Dick Nunez & Jay Sutcliffe (Host), Lisa Nunez | Dick Nunez, Jay Sutcliffe (Host), and Lisa Nunez discuss optimize your digestive system. |
| 2021-03-02 02:00* | Optimize 4 Life | Dick Nunez & Jay Sutcliffe (Host), Lisa Nunez | Dick Nunez, Jay Sutcliffe (Host), and Lisa Nunez discuss optimize your endocrine system. |

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| 2021-03-12 09:00* | Optimize 4 Life | Dick Nunez (Host), Jay Sutcliffe (Host), Lisa Nunez | Dick Nunez (Host), Jay Sutcliffe (Host), and Lisa Nunez discuss optimize your respiratory system. |
| 2021-03-16 02:00* | Optimize 4 Life | Dick Nunez & Jay Sutcliffe (Host), Lisa Nunez | Dick Nunez, Jay Sutcliffe (Host), and Lisa Nunez discuss optimize your immune system. |
| 2021-01-06 08:00! | Today Cooking | Jason Bradley, Dona Cooper- | discusses incredibly delicious vegan specials part 1. |
| 2021-02-24 08:00! | Today Cooking | Jason Bradley, Dona Cooper- | discusses incredibly delicious vegan specials part 2. |
| 2021-02-03 20:00! | Today Cooking | Jason Bradley, Nicole Braxton | discusses southern brunch. |
| 2021-03-31 08:00! | Today Cooking | Jason Bradley, Melody Caviness | discusses taco explosion. |
| 2021-03-10 20:00! | Today Cooking | Yvonne Lewis-Shelton, Leslie Caza | discusses breakfasts that will make your morning. |
| 2021-01-20 20:00! | Today Cooking | Yvonne Lewis-Shelton, Leslie Caza | discusses soups, sandwiches, and salad. |
| 2021-01-27 20:00! | Today Cooking | Jason Bradley, Melody Caviness | discusses family favorites. |
| 2021-02-17 08:00! | Today Cooking | Angela Lomacang, | discusses italian made simple. |
| 2021-03-03 20:00! | Today Cooking | Angela Lomacang, Fay Kazzi | discusses mediterranean specialities. |
| 2021-03-17 23:00! | Today Cooking | Jill Morikone, Padmaja Medidi | discusses authentic indian cuisine part 3. |
| 2021-01-13 20:00! | Today Cooking | Tim Parton, Padmaja Medidi | discusses authentic indian cuisine. |
| 2021-02-10 15:00! | Today Cooking | Jason Bradley, Stephanie Salazar | discusses taste of asia. |
| 2021-03-24 15:00! | Today Cooking | Curtis & Paula Eakins | discusses picnic time. |
| 2021-01-07 12:00* | Ultimate Prescription | Nick Evenson, Dr. James Marcum | discusses brain health (part 2). |
| 2021-01-14 12:00* | Ultimate Prescription | Nick Evenson, Dr. James Marcum | discusses physiology of worship. |
| 2021-01-21 12:00* | Ultimate Prescription | Nick Evenson, Dr. James Marcum | discusses worship as treatment. |
| 2021-01-28 12:00* | Ultimate Prescription | Nick Evenson, Dr. James Marcum | discusses frequently asked questions. |

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| 2021-02-04 12:00* | Ultimate Prescription | Nick Evenson, Dr. James Marcum | discusses the number 1 killer. |
| 2021-02-11 12:00* | Ultimate Prescription | Nick Evenson, Dr. James Marcum | discusses how to reduce your risk of coronary artery disease. |
| 2021-02-18 12:00* | Ultimate Prescription | Nick Evenson, Dr. James Marcum | discusses atrial fibrillation. |
| 2021-02-25 12:00* | Ultimate Prescription | Nick Evenson, Dr. James Marcum | discusses 21 facing cardiovascular disease part 1. |
| 2021-03-04 12:00* | Ultimate Prescription | Nick Evenson, Dr. James Marcum | discusses 21 facing cardiovascular disease part 2. |
| 2021-03-11 12:00* | Ultimate Prescription | Nick Evenson, Dr. James Marcum | discusses rhythms of the heart. |
| 2021-03-18 12:00* | Ultimate Prescription | Nick Evenson, Dr. James Marcum | discusses the latest advancements in medical tech. |
| 2021-03-25 12:00* | Ultimate Prescription | Nick Evenson, Dr. James Marcum, Danny Shelton | discusses Danny Shelton's experience with bypass surgery. |
| 2021-01-05 05:30* | Wonderfully Made | Don Morgan | Don Morgan discusses physical activity and heart disease. |
| 2021-01-12 05:30* | Wonderfully Made | Don Morgan | Don Morgan discusses physical activity and the older adult. |
| 2021-01-19 05:30* | Wonderfully Made | Timothy Howe and Sheryl McWilliams | Timothy Howe and Sheryl McWilliams discuss diabetes and ways to control it. |
| 2021-01-26 05:30* | Wonderfully Made | Timothy Howe and Sheryl McWilliams | Timothy Howe and Sheryl McWilliams discuss high blood pressure. |
| 2021-02-02 05:30* | Wonderfully Made | Timothy Howe and Sheryl McWilliams | Timothy Howe and Sheryl McWilliams discuss obesity. |
| 2021-02-09 05:30* | Wonderfully Made | Timothy Howe and Sheryl McWilliams | Timothy Howe and Sheryl McWilliams discuss vitamins and supplements. |
| 2021-02-16 05:30* | Wonderfully Made | Timothy Howe and Sheryl McWilliams | Timothy Howe and Sheryl McWilliams discuss metabolic syndrome. |
| 2021-02-23 05:30* | Wonderfully Made | Timothy Howe and Sheryl McWilliams | Timothy Howe and Sheryl McWilliams discuss atherosclerosis. |
| 2021-03-02 05:30* | Wonderfully Made | Timothy Howe and Sheryl McWilliams | Timothy Howe and Sheryl McWilliams discuss the effects of sugar on your health. |
| 2021-03-09 05:30* | Wonderfully Made | Timothy Howe and Sheryl McWilliams | Timothy Howe and Sheryl McWilliams discuss lifestyle choices. |
| 2021-03-16 05:30* | Wonderfully Made | Timothy Howe and Sheryl McWilliams | Timothy Howe and Sheryl McWilliams discuss your immune system and cancer. |

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| 2021-03-23 05:30* | Wonderfully Made | Timothy Howe and Sheryl McWilliams | Timothy Howe and Sheryl McWilliams discuss making changes in your life for your health. |
| 2021-03-30 05:30* | Wonderfully Made | Don Morgan | Don Morgan discusses the importance of living a physically active life. |

Caption Quality Certification

Three Angels Broadcasting Network, Inc. hereby states that its standard video programming intended for U.S. residential distribution, as currently provided, complies with applicable caption quality requirements of the Federal Communications Commission ("FCC"): (1) by satisfying caption quality standards of Section 79.1 (i)(2) of the FCC rules; (2) by the Programmer adopting and following, in the ordinary course of business, the Best Practices set for the in Section 79.1 (k)(1) of the FCC rules; or (3) because the Programmer or relevant programming is exempt from the FCC's closed captioning rules under one or more of the following exemptions, including: (i) Section 79.1 (d)(3) (programming for which the audio is in a language other than English or Spanish and that is not scripted programming able to be captioned using the electronic news room technique); (ii) Section 70.1 (d)(4) (primarily textual programming); (iii) Section 79.1 (d)(5) (programming distributed in late night hours)' (iv) Section 79.1 (d)(6) (interstitials, promotional announcements, and public service announcements that are 10 minutes or less in duration); or (v) Section 70.1 (d)(10) (primarily non-vocal musical programming).

Executed this 1st day of April 2021.

Three Angels Broadcasting Network, Inc.

By: 
Name: Jill Morikone
Title: Vice President/COO

235 E 45th Street
New York, NY 10017



April 2, 2021

Re: AETN Networks — Certification of Compliance with Children’s Television Act of 1990,
Closed-Captioning Programming Laws, and Video Description Programming Laws
1st Quarter — January 1, 2021 – March 31, 2021

To Whom It May Concern:

This letter shall serve as certification under the Children’s Television Act of 1990 (the “Act”) that for the respective quarter ended March 31, 2021, A&E Television Networks, LLC (“AETN”) has been in compliance with the Act with respect to all of its networks (including in high definition).

This letter shall also serve as certification that AETN has been in compliance with the following programming laws with respect to its programming services for the quarter ended March 31, 2021: (i) the closed-captioning requirements set forth in Section 79.1 of Title 47 of the Code of Federal Regulations, including Section 79.1(j)(2), and (ii) with respect to “History”, the video description requirements set forth in Section 79.3 of Title 47 of the Code of Federal Regulations.

A&E Television Networks, LLC is dedicated to providing the best programming and customer service possible. I can be reached via email: pamala.steward@aenetworks.com with any questions or concerns. We thank you for your business and wish you continued success.

Regards,

A handwritten signature in black ink that reads 'Pamala Steward'.

Pamala Steward
Director
Distribution Contracts & Budgets

cc: S. Plasse

Document Number: 310527



1st Quarter 2021 E/I Programming Certification

Month/Year: 1st Quarter, 2021

E/I Children's Programming. Attached hereto is information sufficient to enable Broadcaster to complete the FCC Children's Programming Report (Form 398) for the D4 Channel.

Closed Captioning. All programming provided for broadcast on the station during this quarter was closed captioned, except for the programs noted below along with the applicable FEE exemption:

D4 Channel is exempt from adding captions to programming at this time because the D4 Channel's annual gross revenues in the prior calendar year were less than \$3 million.

Commercial limits in Children's Programming. During Q1 2021 Programmer aired the following E/I programming aimed at an audience of teens 13-16 years of age and therefore the rules of 47 C.F.R. Section 73.670 for commercial limits and website rules do not apply.

| <u>Children's Program</u> | <u>Days and times aired</u> | |
|-------------------------------------|-----------------------------|--------------|
| Xploration Nature Knows Best | Sat | 9:00am (ET) |
| Xploration Weird But True | Sat | 9:30am (ET) |
| Biz Kids | Sat | 10:00am (ET) |
| Dragonfly TV | Sat | 10:30am (ET) |
| Think Big | Sat | 11:00am (ET) |
| Xploration Earth 2050 | Sat | 11:30am (ET) |

Certified this 1st Day of April 2021
By: Ryan Raines, COO



SILVER SPRING, MD 20910

Closed Captioning Rules Certification

For The Calendar Quarter That Ended March 31, 2021

This is to certify that during the above-referenced calendar quarter the programming services known as Discovery Channel, TLC, Animal Planet, Destination America, Investigation Discovery, Science, American Heroes Channel (formerly Military Channel), Discovery Life (formerly Discovery Fit & Health), Discovery Family Channel, Discovery En Español, Discovery Familia, and MotorTrend (formerly Velocity), distributed by Discovery Communications, LLC, were in compliance with the closed captioning requirements set forth by Section 79.1 of Title 47 of the Code of Federal Regulations.

DISCOVERY COMMUNICATIONS, LLC

DocuSigned by:

By:

Elisa Freeman

4AADB9202030495...

Name: _____

Title: _____

Date: _____



VIDEO PROGRAM NETWORK CLOSED CAPTIONING CERTIFICATION

Pursuant to the Federal Communications Commission (“FCC”) rules on closed captioning, this is to certify that each of the “Programming Services” (as defined below) has been in compliance with the amount of programming required to be captioned pursuant to Section 79.1(b) of the FCC’s rules during the period between January 1, 2021 and March 31, 2021.

For purposes of this certification, “Programming Services” shall mean HGTV, Food Network, Travel Channel, DIY, Cooking Channel, Great American Country, and Hogar.

I certify that the above information is accurate and complete.

BY:

Elisa Freeman

NAME: _____

TITLE: _____

COMPANY: Scripps Networks, LLC, Television Food Network, G.P., The Travel Channel, L.L.C. and Cooking Channel, LLC

DATE: _____



EWTN

Global
Catholic
Network

TELEVISION
RADIO
NEWS
ONLINE
PUBLISHING

April 6, 2021

Nisha Gowin
Programmer Relations Specialist
NCTC
11200 Corporate Ave
Lenexa, KS 66219

Via email (ngowin@nctconline.org)

**1st Quarter 2021 FCC Closed Captioning and Children's Television Compliance for
EWTN Domestic Services: EWTN and EWTN español**

Dear Nisha:

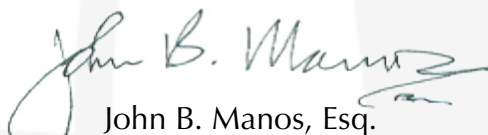
This letter serves to certify Eternal Word Television Network's ongoing compliance with the FCC Closed Captioning Rules and the commercial limitations set forth in the Children's Television Act of 1990 as explained below:

Closed Captioning of Video Programming - 47 C.F.R. § 79.1. Under sub-parts (11) (expense greater than 2% of gross revenue from that channel) and (12) (gross revenue from that channel less than three million) of subsection 79.1(d), EWTN remains exempt.

Children's Television Act of 1990 – 47 USC § 303a. EWTN remains compliant with the commercial limitations set forth in 47 USC § 303a(b) of less than 10.5 minutes per hour on weekends and less than 12 minutes per hour otherwise.

Please feel free to contact me with questions or concerns regarding this certification.

Best regards,
ETERNAL WORD TELEVISION NETWORK, INC.


John B. Manos, Esq.
Vice President and General Counsel

Hispanic Information And Telecommunications Network, Inc.

CHILDREN'S TELEVISION PROGRAMMING, CLOSED CAPTIONING and CALM
CERTIFICATION

NETWORK: Hispanic Information And Telecommunications Network, Inc. (HITN)

Address: Brooklyn Navy Yard
Building 292, Suite 211
63 Flushing Avenue, Unit 281
Brooklyn, NY 11205

Phone Number: (646) 731-3520

Fax Number: (212) 966-5725

For and on behalf of Hispanic Information And Telecommunications Network, Inc., the undersigned hereby certifies as follows:

- (i) During the three months ending March 30th 2021, HITN TV did not air more than 10.5 minutes of commercial matter per hour on any weekend, and did not air more than 12 minutes of commercial matter per hour on any weekday, within any children's programming as defined under the rules and regulations of the Federal Communications Commission;
- (ii) HITN is otherwise in compliance with the Children's Television Act of 1990
- (iii) HITN does hereby further certify that HITN TV is exempt from the closed captioning requirements of the Federal Communications Commission's closed captioning rules applicable to HITN TV because HITN TV does not have gross revenues exceeding \$3,000,000 See 47 C.F.R 79.1(d)(12).
- (iv) Notwithstanding HITN TV's status as a commercial free, educational programmer, HITN does hereby certify that it is in compliance with the Commercial Advertisement Loudness Mitigation Act.

I hereby declare under penalty of perjury that the foregoing statements are true and correct.

Dated: April 5, 2021

Signature: _____


Jonathan Guerra
General Counsel



HopeChannel

12501 Old Columbia Pike
Silver Spring, MD 20904

info@hopetv.org
1-888-4-HOPE-TV

March 31, 2020

Re: Closed Captioning Certification for Hope Channel International, Inc.

To Whom It May Concern:

This is to certify that for the first quarter of 2020, Hope Channel International, Inc. is in compliance, to the extent required, with the Children's Television Act of 1990 and the Closed Captioning requirements under 47 C.F.R. 79.1, the 21st Century Communications and Video Accessibility Act of 2010, and the Commercial Advertisement Loudness Mitigation (CALM) Act.

As a non-profit, tax-exempt organization, Hope Channel International, Inc. falls within the specific exemption identified under 47 CFR 79.1(d)(12) for "Channels producing revenues of under \$3,000,000."

Sincerely,

Thomas E. Wetmore
Corporate Secretary and General Counsel

jM



803-578-1000 | WWW.INSP.COM

PROGRAMMER CAPTIONING CERTIFICATION

Per Federal Communications Commission (FCC) rule 79.1(j), 47 C.F.R. § 79.1(j), INSP, LLC ("Program Network") hereby certifies that during the First calendar quarter, from January 1, 2021 to March 31, 2021:

- ☒ The programming provided by the Program Network contained closed captions to the extent required by FCC rule 79.1(b), 47 C.F.R. § 79.1(b); and
- ☒ Program Network's programming satisfies the FCC's quality standards set forth in 47 C.F.R. § 79.1(j) (2) pertaining to accuracy, synchronicity, completeness and placement; or
- ☐ Program Network, in the ordinary course of business, adopted and follows the Captioning Best Practices set forth in 47 C.F.R. § 79.1(k)(1); or
- ☐ Program Network is exempt from the FCC captioning requirements pursuant to one or more of the following exemptions:
 - ☐ Program Network is exempt because it has per channel annual revenue less than \$3 million;
 - ☐ Program Network is a "new network" under FCC rules because it has been in operation for less than four years;
 - ☐ Program Network has received an undue burden waiver from the FCC specifically exempting its programming;
 - ☐ Program Network's programming consists primarily of a foreign language other than Spanish that is not scripted and therefore cannot be captioned using the electronic newsroom technique;
 - ☐ Program Network's programming consists primarily of non-vocal music;
 - ☐ Program Network's programming is non-news, locally produced and either if of local public interest with no repeat value for which the electronic newsroom technique is not available or is instructional programming for use in schools.

I certify that I have been designated Program Network as the official responsible for oversight of compliance with the FCC's closed captioning requirements and hereby declare under penalty of perjury that the foregoing is true and correct.

Executed this 18th day of March 2021.



Signature

Phyllis Brown
Director, Network Compliance



NCTC REQUIRED CERTIFICATIONS
Quarter Certification - Q1 2021

To: Nisha Gowin // National Cable Television Cooperative, Inc., 11200 Corporate Avenue, Lenexa, KS 66219

CC: **VIA MAIL** // National Cable Television Cooperative, Inc., 11200 Corporate Avenue, Lenexa, KS 66219
Attn: President, or EVP Programming, or General Counsel,

Date: April 9, 2021

RE: Quarter Certification ///
Affiliation Agreement ("Agreement") made as of December 10, 2018 between Aser Media US, LLC ("Network") and National Cable Television Cooperative.

CHECK APPLICABLE BOX

☒ **Q1 / January 1 – March 31, 2021**

☐ Q2 / April 1 – June 30, 2021

☐ Q3 / July 1 – September 30, 2021

☐ Q4 / October 1 – December 31, 2021

This Required Certifications memorandum constitutes Programmer's certifications and declarations required in the above referenced Agreement for the above indicated quarter. Please note that Network's Service is "Next Level Sports". This Certification is being emailed with a single hard copy sent by mail to address above.

| <u>Section</u> | <u>Period</u> | <u>Certification</u> |
|---|---------------|--|
| §4.3 // Closed Captioning; Compliance with Other Laws | Quarter | <p>Reference is made with respect to §4.3 language: "Children's Television Regulations and will include as part of the signal of the Service (as transmitted by Network), closed-captioning (including 47 C.F.R. §79.1 et seq, and the FCC's Report and Order dated February 24, 2014 (CG Docket No. 05-231)), video descriptions for the visually impaired and any other programming enhancements or modifications (e.g., Commercial Advertisement Loudness Mitigation Act or CALM Act)."</p> <p>With respect to its obligations set forth in §4.3, Programmer is exempt from the FCC captioning requirements pursuant to one or more of the following exemptions:</p> <p><input checked="" type="checkbox"/> Programmer is exempt because it has per channel annual revenue less than \$3 million;</p> <p><input type="checkbox"/> Programmer is a "new network" under FCC rules because it has been in operation for less than four years;</p> <p><input type="checkbox"/> Programmer has received an undue burden waiver from the FCC specifically exempting its programming;</p> <p><input type="checkbox"/> Programmer programming consists primarily of a foreign language other than Spanish that is not scripted and therefore cannot be captioned using the electronic newsroom technique;</p> <p><input type="checkbox"/> Programmer programming consists primarily of non-vocal music;</p> <p><input type="checkbox"/> Programmer programming is non-news, locally produced and either if of local public interest with no repeat value for which the electronic newsroom technique is not available or is instructional programming for use in schools.</p> |

Compliance with the above sections is hereby certified.

Aser Media US, LLC

By: 
Name: Tanya Scales
Title: Director of Operations



CLOSED CAPTIONING CERTIFICATION
FIRST QUARTER 2021 (January 1, 2021 THROUGH March 31, 2021)

This is to certify that Outdoor Channel ("Network") is in compliance with the closed captioning requirements set forth in Section 79.1, *et seq.*, of Title 47 of the Code of Federal Regulations (the "Regulations"), and that all programming provided by Network to each Affiliate during the 1st Quarter of 2021 was, to the best of Network's knowledge and belief, captioned to the extent required by such Regulations. Further, pursuant to Section 79.1(j)(1) of the Regulations, Network hereby certifies that in the ordinary course of business, it has adopted and follows Best Practices set forth in Section 79.1(k)(1) thereof.

I certify that I have been designated by Network as the official responsible for the oversight of compliance with the Regulations and the Children's Programming Rules, and I am familiar with the Regulations and the Children's Programming Rules. I declare under penalty of perjury that the foregoing is true and correct.

Executed this 31st day of March 2021

Network: Outdoor Channel

A handwritten signature in dark ink, appearing to read "Steve Smith", is written over a horizontal line.

By: Steve Smith
EVP Distribution & Affiliate Marketing



March 31st, 2021

Re: Closed Captioning Certification

To Whom It May Concern:

This letter is intended for Outside Television's Cable, Satellite, and Telephone affiliate partners in satisfying their obligations under Section 79.1 (b) of Title 47 of the Code of Federal Regulations regarding closed captioning. Outside Television hereby certifies that:

All programming provided to Cable, Satellite, and Telephone affiliate partners was captioned to the extent required pursuant to Section 79.1 (b) of the rules of the Federal Communications Commission.

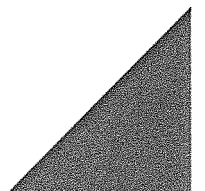
Outside Television agrees that they will notify affiliate partners within thirty (30) days of a change in status.

I declare under penalty of perjury the foregoing is true and correct. This certification was executed on the 31st day of March, 2021.

Sincerely,

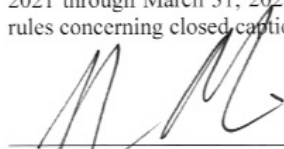
A handwritten signature in black ink, appearing to be "RF" or "Rob Faris".

Rob Faris
SVP Programming & Production
Outside TV
33 Riverside Ave., 4th Floor
Westport, CT 06880



CLOSED CAPTIONING CERTIFICATION
First Quarter 2021 (January 1 – March 31, 2021)

This is to certify that all programming provided by OVATION during the period of January 1, 2021 through March 31, 2021, is in compliance with the Federal Communications Commission rules concerning closed captioning set forth at 47 C.F.R. § 79.1.



John Malkin
Executive Vice President of Distribution

Dated: March 11, 2021



Closed Captioning Rules Certification

For The Calendar Quarter That Ended March 31, 2021

This is to certify that during the above-referenced calendar quarter, the programming service known as OWN: Oprah Winfrey Network was in compliance with the closed captioning requirements set forth by Section 79.1 of Title 47 of the Code of Federal Regulations.

OWN, LLC

DocuSigned by:

By:

Karen Grant Selma

D9FA9651E4584C4...

Name: _____

Title: _____

Date: _____



100 Michael Angelo Way, Ste. 400D
Austin, TX 78728
www.shoplc.com

April 1, 2021

Re: Certification of Compliance with Closed Captioning Requirements

This is to certify that Shop LC Global, Inc., d/b/a SHOP LC is in compliance with the applicable Federal Communications Commission requirements concerning Closed Captioning of video programming (the "Closed Captioning Requirements") effective April 1, 2021.

We will notify you if and when this practice changes, as required. I hereby certify that the foregoing is true and correct. Executed on this 1st day of April 2021.

Joe Arnold

Joe Arnold

Broadcast Engineering Manager
SHOP LC



CERTIFICATE OF COMPLIANCE

Closed Captioning

Title 47.CFR 79.1

This is to certify that Shorts International Limited is exempt from closed captioning obligations in respect of its channel, ShortsTV, on account of CFR 79.1 (d) (11), namely, the costs of closed captioning are in excess of 2% of the channel's gross revenues during the previous calendar year.

DATE: 12 April 2021

SIGNED:

DocuSigned by:
F. Carter Pilcher
7751B4361BA04CA...

NAME: F. CARTER PILCHER

POSITION: CHIEF EXECUTIVE




CLOSED CAPTIONING CERTIFICATION
FIRST QUARTER 2021 (January 1, 2021 THROUGH March 31, 2021)

This is to certify that Sportsman Channel ("Network") is in compliance with the closed captioning requirements set forth in Section 79.1, *et seq.*, of Title 47 of the Code of Federal Regulations (the "Regulations"), and that all programming provided by Network to each Affiliate during the 1st Quarter of 2021 was, to the best of Network's knowledge and belief, captioned to the extent required by such Regulations. Further, pursuant to Section 79.1(j)(1) of the Regulations, Network hereby certifies that in the ordinary course of business, it has adopted and follows Best Practices set forth in Section 79.1(k)(1) thereof.

I certify that I have been designated by Network as the official responsible for the oversight of compliance with the Regulations and the Children's Programming Rules, and I am familiar with the Regulations and the Children's Programming Rules. I declare under penalty of perjury that the foregoing is true and correct.

Executed this 31st day of March 2021

Network: Sportsman Channel

By: 
Steve Smith
EVP Distribution & Affiliate Marketing

1000 Chopper Circle, Denver CO 80204
www.TheSportsmanChannel.com

**Certification of Compliance with the Federal Communications Commission=s
Closed Captioning Requirements
March 31, 2021**

On Behalf of Trinity Christian Center of Santa Ana, Inc., Trinity Broadcasting of New York, Inc., and Trinity Broadcasting of Texas, Inc., d/b/a Trinity Broadcasting Networks (TBN), this is to certify that its programming service (including any applicable HD and/or VOD Services) provided to multichannel video program distributors (MVPDs) complies with the closed captioning and captioning quality obligations of the Federal Communications Commission (FCC) noted in FCC Rule 79.1(b) and 79.1(j)(2) (47 C.F.R. ' 79.1(b) & (j)(2)).¹

TBN is a not-for-profit, tax-exempt corporation qualified under section 501(c)(3) of the Internal Revenue Code (26 U.S.C. 501(c)(3)).

This certification is true and correct, to the best of my knowledge and understanding, and is made as of March 31, 2021.

Trinity Christian Center of Santa Ana, Inc., Trinity Broadcasting of New York, Inc., and Trinity Broadcasting of Texas, Inc., d/b/a Trinity Broadcasting Networks

By: *Sheri Duff*

Print Name: Sheri Duff

Title: Closed Captioning Contact

¹ TBN=s JUCE (formerly JCTV), Smile of a Child (SOAC), TBN Enlace, Trinity Broadcasting of Arizona, Inc., Trinity Broadcasting of Florida, Inc., Trinity Broadcasting of Oklahoma City, Inc., and Trinity Broadcasting of Washington program services are exempt from the video programming captioning requirements pursuant to FCC Rule 79.1(d)(12) (47 C.F.R. ' 79.1(d)(2)), which exempts programs and providers on channels producing revenues of under \$3,000,000.



3003 Exposition Blvd.
Santa Monica, California 90404
(310) 314-9400
sbgi.net

LEE SCHLAZER
Vice President, Distribution
Direct Dial (310) 430-7530
lschlazer@sbgiv.com

April 1, 2021

National Cable Television Cooperative
11200 Corporate Avenue
Lenexa, KS 66219

Attention: Nisha Gowin, Programmer Relations Specialist

Dear Nisha,

The Tennis Channel, Inc. certifies that the video programming service known as Tennis Channel:

1. does not include any programs originally produced and broadcast primarily for an audience of children 12 years old and younger.
2. complies with the closed captioning requirements imposed in Section 79.1 of the Federal Communications Commission's rules. With respect to caption quality, The Tennis Channel, Inc. further certifies that in the ordinary course of business, it has adopted and follows the Best Practices set forth in 47 C.F.R. § 79.1(k)(1).
3. complies with the closed captioning requirements delineated in Section 202(b) of the Twenty-First Century Communications and Video Accessibility Act of 2010 ("CVAA") and consistent with 47 C.F.R. § 79.4.

Sincerely,

A handwritten signature in black ink, appearing to read "Lee Schlazer", written in a cursive style.

Lee Schlazer
Vice President, Distribution

cc: **Brian Jones, VP Operations, National Cable Television Cooperative**
EVP Programming, National Cable Television Cooperative



March 31, 2021

RE: UP/Closed Captioning Certification

Dear Affiliate:

This letter is intended to assist Affiliate in satisfying its obligations under Section 79.1(b) of Title 47 of the code of Federal Regulations regarding closed captioning. Network hereby certifies that:

1. X All programming to Affiliate during the calendar quarter ending March 31, 2021 was captioned to the extent required pursuant to Section 79.1(b) of the rules of the Federal Communications Commission.

OR

2. it is **EXEMPT** from the closed captioning requirements pursuant to the Federal Communications Commission's closed captioning rules applicable to it because:

 . Network agrees that it will notify Affiliate within thirty (30) days of a change in its exempt status.

Sincerely yours,

Reta Feery
Chief Administrative & Operations Officer/General Counsel

CLOSED CAPTIONING RULES CERTIFICATION

First Quarter 2021

January 1st, 2021 - March 31th, 2021

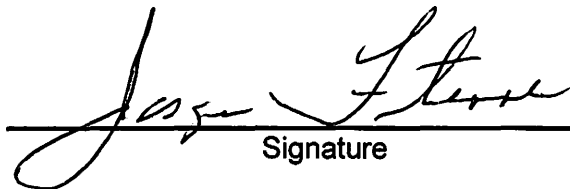
Video Rola is exempt from the requirements set forth by section 79.1 of Title 47 of the Code of Federal Regulations closed captioning because:

Provider's annual gross revenues is under \$3million

I certify that I have been designated by the network as the official responsible for the oversight of compliance with the Federal Communications Commission's closed captioning requirements, and I am familiar with the regulations.

I hereby declare under penalty of perjury that the foregoing is true and correct.

Executed this 5th day of April 2021.


Signature

Name: Jorge Fiterre

Title: Affiliate Sales




CLOSED CAPTIONING CERTIFICATION
FIRST QUARTER 2021 (January 1, 2021 THROUGH March 31, 2021)

This is to certify that World Fishing Network ("Network") is in compliance with the closed captioning requirements set forth in Section 79.1, *et seq.*, of Title 47 of the Code of Federal Regulations (the "Regulations"), and that all programming provided by Network to each Affiliate during the 1st Quarter of 2021 was, to the best of Network's knowledge and belief, captioned to the extent required by such Regulations. Further, pursuant to Section 79.1(j)(1) of the Regulations, Network hereby certifies that in the ordinary course of business, it has adopted and follows Best Practices set forth in Section 79.1(k)(1) thereof.

I certify that I have been designated by Network as the official responsible for the oversight of compliance with the Regulations and the Children's Programming Rules, and I am familiar with the Regulations and the Children's Programming Rules. I declare under penalty of perjury that the foregoing is true and correct.

Executed this 31st day of March 2021

Network: World Fishing Network

By: 
Steve Smith
EVP Distribution & Affiliate Marketing



1st Quarter 2021 E/I Programming Certification

Month/Year: 1st Quarter 2021

E/I Children's Programming. Attached hereto is information sufficient to enable Broadcaster to complete the FCC Children's Programming Report (Form 398) for the channel.

Closed Captioning. All programming provided for broadcast on the station during this quarter was closed captioned, except for the programs noted below along with the applicable FEE exemption:

Channel is exempt from adding captions to programming at this time because the channel's annual gross revenues in the prior calendar year were less than \$3 million.

Commercial limits in Children's Programming. During Q1 2021 Programmer aired the following E/I programming aimed at an audience of teens 13-16 years of age and therefore the rules of 47 C.F.R. Section 73.670 for commercial limits and website rules do not apply.

| Children's Program | Days and times aired | |
|-------------------------------------|----------------------|--------------|
| Xploration Awesome Planet | Sat | 9:00am (ET) |
| Xploration Outer Space | Sat | 9:30am (ET) |
| Xploration Nature Knows Best | Sat | 10:00am (ET) |
| Xploration Weird but True | Sat | 10:30am (ET) |
| The Great Dr. Scott | Sat | 11:00am (ET) |
| Ocean Mysteries | Sat | 11:30am (ET) |

Certified this 1st Day of April, 2021

By: Ryan Raines, COO



Caption Quality Standards and Best Practices Certification

Pursuant to section 79.1(j)(1) of its rules, the Federal communications Commission (FCC) requires Video Programmers to certify compliance with its closed captioning standards. This is to certify that programming distributed by The Word Network is in compliance with applicable FCC requirements concerning the quality of closed captioning, as indicated below:

- ___ The video programming satisfies the caption quality standards of FCC Rule 79.1(j)(2), 47 C.F.R. § 79.1(b) &(j)(2)
- ___ One or more of The Word Network's programs are exempt from the closed captioning rules, as set forth below:

For purposes of determining compliance with Section 79.1, any video programming provider that meets one or more of the following criteria shall be exempt to the extent specified. (5)**Programming distributed in the late night hours.** Programming that is being distributed to residential households between 2 a.m. and 6 a.m. local time. Video programming distributors providing a channel that consists of a service that is distributed and exhibited for viewing in more than a single time zone shall be exempt from closed captioning that service for any continuous 4 hour time period they may select, commencing not earlier than 12 a.m. local time and ending not later than 7 a.m. local time in any location where that service is intended for viewing. This exemption is to be determined based on the primary reception locations and remains applicable even if the transmission is accessible and distributed or exhibited in other time zones on a secondary basis. Video programming distributors providing service outside of the 48 contiguous states may treat as exempt programming that is exempt under this paragraph when distributed in the contiguous states. Provider that meets one or more of the following criteria shall be exempt to the extent specified.

Program: Michael Jones Ministry/Exemption: Shown between 2am – 6am

Program: Horace Sheffield Ministry/ Exemption: Shown between 2am – 6am

Program: Addison Adamu Ministry/Exemption: Shown between 2am – 6am

Program: Ellen Bryant Brown Ministry/Exemption: Shown between 2am – 6am

Program: Willie Robinson Ministry/Exemption: Shown between 2am – 6am

Program: R.D. Scott Ministry/Exemption: Shown between 2am – 6am

Program: Terry D. McClean Ministry/Exemption: Shown between 2am – 6am

Program: Glenn Arekion Ministry/Exemption: Shown between 2am – 6am

Program: Robbi Warren Ministry/Exemption: Shown between 2am – 6am

Program: Angelo Jones Ministry/Exemption: Shown between 2am – 6am

This certification is made in good faith and is true to the best of my knowledge.

Executed this day 1 of APRIL, 2021.

The Word Network

By: J. Mattiello

Name: JOHN MATTIELLO

Title: DIRECTOR OF MARKETING

APLAUSO

Closed Caption Certification

FCC rules require video programming distributors to caption programming delivered using IP if it was shown on television with captions.

Please initial those that are applicable:

☐ The following programing satisfies the required caption quality standards

OR

☒ The following programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

OR

☐ All programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

Programming is exempt from IP captioning rules because they are not required to be captioned on television.

This certification is made in good faith and is true to the best of my knowledge.

Executed this 30th day of March 2021.

Signature: _____

Colleen E. Glynn

Print Name: Colleen E. Glynn

Title: E.V.P. / General Counsel



CABLE RESPONSE TELEVISION
Your Source for Interactive Shopping

Cable Response TV, LLC

Closed Caption Certification

FCC rules require video programming distributors to caption programming delivered using IP if it was shown on television with captions.

Please initial those that are applicable:

☐ The following programing satisfies the required caption quality standards

OR

☒ The following programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

OR

☐ All programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

No programming delivery using IP

This certification is made in good faith and is true to the best of my knowledge.

Executed this day 31st of March 2021.

Signature: _____

A handwritten signature in blue ink, appearing to read 'K. Theile', is written over a horizontal line.

Print Name: Karl Theile

Title: Chief Financial Officer

CALM Act Certification

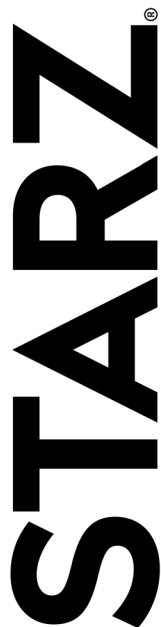
This is to certify that:

1. As required by Section 76.607 of Title 47 of the Code of Federal Regulations, all commercial advertisements embedded in programs carried on The Word Network are in compliance with the loudness control practices contained in Advanced Television Systems Committee (ATSC) A/85: recommended Practice: techniques for Establishing and Maintaining Audio Loudness for Digital Television "ATSC A/85 Recommended Practice" at the point of distribution by The Word Network to authorized reception equipment of downstream multichannel video programming distributors.
2. Compliance with the ATSC A/85 Recommended Practice is determined by The Word Network through the use of equipment and associated software that is installed, utilized and maintained in a commercially reasonable manner.

Executed this 1st day of January 2021

By: Pete Glass
Director of Engineering, The Word Network

A handwritten signature in black ink, appearing to be 'Pete Glass', is written over the printed name and title.



Closed Captioning Certification

As of the 1st day of the most recent calendar quarter, STE hereby certifies that, for its video content in the services listed below, STE has adopted and is following the best practices for closed captioning to the extent contemplated by the Federal Communications Commission's Closed Captioning Rules, 47 CFR Sections 79.1 and 79.4 (the "Rules"), and, as such, is in compliance with the Rules:

- *Starz, Starz Cinema, Starz Comedy, Starz Edge, Starz InBlack, Starz Kids & Family, Starz On Demand, Starz Online*
- *StarzEncore, StarzEncore Action, StarzEncore Black, StarzEncore Classic, StarzEncore Español, StarzEncore Family, StarzEncore Suspense, StarzEncore Westerns, StarzEncore On Demand, StarzEncore Online*
- *MoviePlex, RetroPlex, IndiePlex, MobiePlex On Demand, MoviePlex Online*

Please contact me at (212) 905-4232 if you have any questions regarding this matter.

Certified by,

A handwritten signature in black ink, appearing to read "Sibho McNally", is written over a horizontal line.

Sibho McNally

Vice President

Business & Legal Affairs – Distribution & Acquisition

CINE CLASICO

Closed Caption Certification

FCC rules require video programming distributors to caption programming delivered using IP if it was shown on television with captions.

Please initial those that are applicable:

☐ The following programing satisfies the required caption quality standards

OR

☒ The following programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

OR

☐ All programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

Programming is exempt from IP captioning rules because they are not required to be captioned on television.

This certification is made in good faith and is true to the best of my knowledge.

Executed this day 30th day of March 2021.

Signature: _____

Colleen E. Glynn

Print Name: Colleen E. Glynn

Title: E.V.P. / General Counsel

CINE MEXICANO

Closed Caption Certification

FCC rules require video programming distributors to caption programming delivered using IP if it was shown on television with captions.

Please initial those that are applicable:

☐ The following programing satisfies the required caption quality standards

OR

☒ The following programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

OR

☐ All programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

Programming is exempt from IP captioning rules because they are not required to be captioned on television.

This certification is made in good faith and is true to the best of my knowledge.

Executed this day 30th day of March 2021.

Signature: Colleen E. Glynn

Print Name: Colleen E. Glynn

Title: E.V.P. / General Counsel



March 31, 2021

This letter is intended to assist The Cowboy Channel affiliates in satisfying their obligations under Section 79.1(b) of Title 47 of the Code of Federal Regulations regarding closed captioning. The Cowboy Channel hereby certifies that:

1. X All programming provided during this past calendar quarter, ending March 31, 2021, was captioned to the extent required pursuant to Section 79.1(b) of the rules of the Federal Communications Commission.

OR

2. The Cowboy Channel is **EXEMPT** from the closed captioning requirements pursuant to the Federal Communications Commission's closed captioning rules applicable to it because:

 . The Cowboy Channel agrees that it will notify affiliates within thirty (30) days of a change in its exempt status.

Sincerely,

Patrick Gottsch
President

CUBA PLAY

Closed Caption Certification

FCC rules require video programming distributors to caption programming delivered using IP if it was shown on television with captions.

Please initial those that are applicable:

☐ The following programing satisfies the required caption quality standards

OR

☒ The following programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

OR

☐ All programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

Programming is exempt from IP captioning rules because they are not required to be captioned on television.

This certification is made in good faith and is true to the best of my knowledge.

Executed this day 30th day of March 2020.

Signature: Colleen E. Glynn

Print Name: Colleen E. Glynn

Title: E.V.P. / General Counsel

DAMAS TV

Closed Caption Certification

FCC rules require video programming distributors to caption programming delivered using IP if it was shown on television with captions.

Please initial those that are applicable:

☐ The following programing satisfies the required caption quality standards

OR

☒ The following programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

OR

☐ All programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

Programming is exempt from IP captioning rules because they are not required to be captioned on television.

This certification is made in good faith and is true to the best of my knowledge.

Executed this day 30th day of March 2021.

Signature: Colleen E. Glynn

Print Name: Colleen E. Glynn

Title: E.V.P. / General Counsel



DOMINICAN VIEW

Av. Luperón No. 46

Santo Domingo, D.N.

info@supercanal.com

Re: **Closed Captioning For Internet Programming Certification**

FCC rules require video programming distributors to caption programming delivered using IP if it was shown on television with captions.

1. ☐ The following programming satisfies the required caption quality standards.

OR

2. ☐ It is **EXEMPT** from the closed captioning for internet programming requirements pursuant to the Federal Communication Commission's closed captioning rules applicable to it because: **Dominican View does not net more than Three Million Dollars (US\$3,000,000.00) a year.**

OR

3. ☐ All programming is exempt from the closed captioning rules under one or more properly attained exemptions. If you are claiming an exemption, please use the space below to specify all exemptions that apply.

I certify that I have been designated Program Network as the official responsible for oversight of compliance with the FCC's Closed captioning requirements and hereby declare under penalty of perjury that the foregoing is true and correct.

This certification is made in good faith and is true to the best of my knowledge.

Executed this 01 day of April 2021.

Sincerely,

Signature: *Daniela Miranda*

Name: **Daniela Miranda**

Title: **Accountant**

GRAN CINE

Closed Caption Certification

FCC rules require video programming distributors to caption programming delivered using IP if it was shown on television with captions.

Please initial those that are applicable:

☐ The following programing satisfies the required caption quality standards

OR

☒ The following programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

OR

☐ All programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

Programming is exempt from IP captioning rules because they are not required to be captioned on television.

This certification is made in good faith and is true to the best of my knowledge.

Executed this 30th day of March 2021.

Signature: _____

Colleen E. Glynn

Print Name: Colleen E. Glynn

Title: E.V.P. / General Counsel

LIVING FAITH NETWORK

Closed Caption Certification

FCC rules require video programming distributors to caption programming delivered using IP if it was shown on television with captions.

Please initial those that are applicable:

☐ The following programing satisfies the required caption quality standards

OR

☒ The following programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

OR

☐ All programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

Programming is exempt from IP captioning rules because they are not required to be captioned on television.

This certification is made in good faith and is true to the best of my knowledge.

Executed this 30th day of March 2021.

Signature: Colleen E. Glynn

Print Name: Colleen E. Glynn

Title: E.V.P. / General Counsel



CALM Act Certification

This is to certify that:

1. As required by Section 76.607 of Title 47 of the Code of Federal Regulations, all commercial advertisements embedded in programs carried on Outdoor Channel are in compliance with the loudness control practices contained in Advanced Television Systems Committee (ATSC) A/85: Recommended Practice: Techniques for Establishing and Maintaining Audio Loudness for Digital Television ("ATSC A/85 Recommended Practice") at the point of distribution by Outdoor Channel to authorized reception equipment of downstream multichannel video programming distributors.
2. Compliance with the ATSC A/85 Recommended Practice is determined by Outdoor Channel through the use of equipment and associated software that is installed, utilized and maintained in a commercially reasonable manner.

Executed this 31st day of March 2021

Network: Outdoor Channel

A handwritten signature in dark ink, appearing to read "Steve Smith", is written over a horizontal line.

By: Steve Smith
EVP Distribution & Affiliate Marketing

1000 Chopper Circle, Denver CO 80204
www.OutdoorChannel.com



CLOSED CAPTIONING CERTIFICATION
FIRST QUARTER 2021 (January 1, 2021 THROUGH March 31, 2021)

This is to certify that Outdoor Channel ("Network") is in compliance with the closed captioning requirements set forth in Section 79.1, *et seq.*, of Title 47 of the Code of Federal Regulations (the "Regulations"), and that all programming provided by Network to each Affiliate during the 1st Quarter of 2021 was, to the best of Network's knowledge and belief, captioned to the extent required by such Regulations. Further, pursuant to Section 79.1(j)(1) of the Regulations, Network hereby certifies that in the ordinary course of business, it has adopted and follows Best Practices set forth in Section 79.1(k)(1) thereof.

I certify that I have been designated by Network as the official responsible for the oversight of compliance with the Regulations and the Children's Programming Rules, and I am familiar with the Regulations and the Children's Programming Rules. I declare under penalty of perjury that the foregoing is true and correct.

Executed this 31st day of March 2021

Network: Outdoor Channel

A handwritten signature in dark ink, appearing to read "Steve Smith", is written over a horizontal line.

By: Steve Smith
EVP Distribution & Affiliate Marketing

PARABLES

Closed Caption Certification

FCC rules require video programming distributors to caption programming delivered using IP if it was shown on television with captions.

Please initial those that are applicable:

☐ The following programing satisfies the required caption quality standards

OR

☒ The following programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

OR

☐ All programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

Programming is exempt from IP captioning rules because they are not required to be captioned on television.

This certification is made in good faith and is true to the best of my knowledge.

Executed this 30th day of March 2021.

Signature: Colleen E. Glynn

Print Name: Colleen E. Glynn

Title: E.V.P. / General Counsel



VOICE OF THE PROPHETS
NETWORK

Closed Caption Certification of Internet Programming

FCC rules require video programming distributors to caption programming delivered using IP if it was shown on television with captions.

Please initial those that are applicable:

☐ The following programming satisfies the required caption quality standards

OR

☒ The following programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

OR

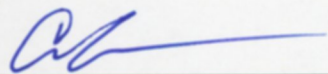
☐ All programming is exempt from the closed captioning rules under one or more properly attained exemptions. **If you are claiming an exemption, please use the space provided below to specify all exemptions that apply**

Programming is exempt from IP captioning rules because they are not required to be captioned on television.

This certification is made in good faith and is true to the best of my knowledge.

Executed this day 8th of April 2021

NETWORK NAME

Signature: 

Print Name: Andrew Lietzen

Title: EVP, Broadcasting