

PROGRAMS PROVIDING THE MOST SIGNIFICANT TREATMENT OF COMMUNITY ISSUES

WGTU
M-F 6:30-7:00 PM

ECONOMY

(Including business development, community infrastructure, small business development, and tourist attractions)

Local News

January 2, 2012

Time: 6:30-7:00 PM

Duration :30

THE HOLIDAY SHOPPING SEASON COULD BRING GOOD NEWS FOR PEOPLE LOOKING FOR WORK AS SEVERAL RETAILERS IN NORTHERN MICHIGAN ARE HIRING RIGHT NOW. MACY'S IS LOOKING FOR 78-THOUSAND SEASONAL ASSOCIATES THIS YEAR -- THAT'S A FEW THOUSAND MORE THAN WHAT THEY HIRED LAST YEAR.

January 3, 2012

Time: 6:30-7:00 PM

Duration :30

A SOLAR MANUFACTURING COMPANY THAT ORIGINALLY PLANNED TO CREATE 500 JOBS AND A MULTI-MILLION DOLLAR PRODUCTION PLANT IN SAGINAW IS NOW RELOCATING TO NORTHERN MICHIGAN.

January 3, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOUR WALLET'S LOOKING A LITTLE THIN AFTER YOUR HOLIDAY SHOPPING...OR YOU'RE EXCITED TO FINALLY GET OUT OF DEBT IN THE NEW YEAR....WE'RE BRINGING IN AN EXPERT TO GET US ON THE RIGHT FINANCIAL TRACK

January 4, 2012

Time: 6:30-7:00 PM

Duration :30

AFTER YEARS OF DEBATE -- THE FATE OF TRAVERSE CITY'S MINIATURE TRAIN HAS BEEN DECIDED. BUT THE COMMUNITY IS STILL LOOKING FOR WAYS TO SAVE IT.

January 5, 2012

Time: 6:30-7:00 PM

Duration :30

THE NEW YEAR HAS BROUGHT WITH IT HIGHER GAS PRICES AND ECONOMISTS PREDICT THE COST WILL KEEP RISING PAST 4-DOLLARS A GALLON. IF YOU FILLED UP YOUR TANK TODAY -- YOU PROBABLY PAID ABOUT 3-57 FOR UNLEADED.

January 9, 2012

Time: 6:30-7:00 PM

Duration :30

THE NORTH AMERICAN INTERNATIONAL AUTO SHOW KICKS OFF IN DETROIT.... AND JUST ANNOUNCED... THE CAR OF THE YEAR FOR 2012 IS THE HYUNDAI ELANTRA.

January 10, 2012

Time: 6:30-7:00 PM

Duration :30

ALL YOU HAVE TO DO IS LOOK OUTSIDE TO SEE IT'S NOT A TYPICAL NORTHERN MICHIGAN WINTER...AND THE LACK OF SNOW COULD SPELL TROUBLE FOR LOCAL FARMERS. THESE CHERRY TREES NEED MOUNTING SNOW FOR MOISTURE AND INSTALLATION.

January 10, 2012

Time: 6:30-7:00 PM

Duration :30

GOALS HAVE BEEN MET FOR THE NEW GRAND TRAVERSE BAY Y-M-C-A FUNDRAISING. ONE POINT FIVE MILLION DOLLARS WAS RAISED IN JUST TEN DAYS TO MEET A MATCHING DONATION.

January 11, 2012

Time: 6:30-7:00 PM

Duration :30

A NEW PARTNERSHIP BETWEEN A DOWNSTATE HOSPITAL AND NORTHERN MICHIGAN REGIONAL HEALTH SYSTEMS IS COMPLETE -- AND EFFECTIVE IMMEDIATELY. THE PETOSKEY ORGANIZATION HAS STRUCK A DEAL WITH MCLAREN HOSPITAL OF FLINT TO BECOME A SUBSIDIARY.

January 13, 2012

Time: 6:30-7:00 PM

Duration :30

THE WINTER STORM KEPT ROAD CREWS OUT AROUND THE AREA -- THROUGH THE NIGHT AND EARLY MORNING HOURS. IN GRAND TRAVERSE COUNTY THE ROAD COMMISSION HAD MOST OF THEIR DRIVERS ON THE ROAD BY FIVE A-M. THEY PLANNED ON SENDING OUT 28 TRUCKS TO MAKE SURE THINGS WERE CLEAR FOR THE MORNING COMMUTE.

January 13, 2012

Time: 6:30-7:00 PM

Duration :30

THE SNOW IS REALLY HELPING BUSINESSES IN CADILLAC. PEOPLE ARE FINALLY STARTING TO TRAVEL INTO TOWN TO SNOWMOBILE -- ICE FISH -- AND SKI. LOCAL HOTELS HAVE BEEN DEALING WITH CANCELLATIONS DUE TO LACK OF SNOW -- BUT THEY'RE EXPECTING TO FILL MOST OF THEIR ROOMS THIS WEEKEND.

January 18, 2012

Time: 6:30-7:00 PM

Duration :30

TONIGHT GOVERNOR RICK SNYDER IS SET TO DELIVER HIS STATE OF THE STATE ADDRESS -- AND MANY RETAILERS HOPE THAT THIS YEAR -- HE TAKES ACTION ON A BILL THAT WOULD CLOSE A TAX LOOPHOLE ON ONLINE SALES.

January 18, 2012

Time: 6:30-7:00 PM

Duration :30

AND WITH THAT -- THE GOVERNOR WILL FACE A NUMBER OF CONFLICTING EXPECTATIONS DURING TONIGHTS STATE OF THE STATE ADDRESS. MICHIGAN'S CHAMBER OF COMMERCE WANTS HIM TO LOWER BUSINESS TAXES -- WHILE LABOR ADVOCATES SAY THEY WANT TO SEE MORE MONEY PUT INTO SCHOOLS AND UNEMPLOYMENT.

January 20, 2012

Time: 6:30-7:00 PM

Duration :30

AN ORGANIZATION THAT HELPS SENIOR CITIZENS IN WEXFORD COUNTY IS FACING A FINANCIAL CRISIS -- AND THIS YEAR IT WON'T FUND SEVERAL POPULAR PROGRAMS. THE WEXFORD COUNTY COUNSEL ON AGING RELIES ON A MILLAGE FOR FUNDING BUT THIS YEAR THEY'RE

January 24, 2012

Time: 6:30-7:00 PM

Duration :30

HOME PRICES IN EMMET COUNTY -- ARE ON THE RISE. "KIDD AND LEAVY REAL ESTATE" IN PETOSKEY SOLD 88-MILLION DOLLARS IN HOMES LAST YEAR -- UP 46 PERCENT FROM LAST YEAR.

January 27, 2012

Time: 6:30-7:00 PM

Duration :30

GRAND TRAVERSE COUNTY COMMISSIONERS ARE PUTTING TOGETHER A STRATEGIC PLAN FOR 2012. IT INCLUDES GOALS, OBJECTIVES AND STRATEGIES -- FOR THE NEXT TWO YEARS -- BUT SEVERAL CHALLENGES STAND IN THEIR WAY.

January 31, 2012

Time: 6:30-7:00 PM

Duration :30

MEIJER'S PLAN TO BUILD A NEW SUPER-STORE IN ACME TOWNSHIP -- IS TAKING A MAJOR STEP FORWARD. AT A MEETING LAST NIGHT -- THE ACME TOWNSHIP PLANNING COMMISSION APPROVED PHASE ONE OF THE "VILLAGE OF GRAND TRAVERSE PLAN" - WHICH

January 31, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU'RE IN NEED OF A JOB... THERE'S A ONE-STOP SHOP RIGHT HERE IN TRAVERSE CITY THIS WEEK. I'M HERE WITH JANE SAGE -- WITH MICHIGAN WORKS.

February 1, 2012

Time: 6:30-7:00 PM

Duration :30

THE UNSEASONABLY WARM WEATHER IS TAKING ITS TOLL ON EVENTS IN OUR AREA. ANTRIM COUNTY'S WHITEPINE STAMPEDE HAS ALREADY BEEN CANCELLED....

February 8, 2012

Time: 6:30-7:00 PM

Duration :30

STATE LAWMAKERS HAVE PASSED A PAIR OF BILLS THAT WOULD MAKE IT EASIER FOR COUNTIES TO DISSOLVE THEIR ROAD COMMISSIONS.

February 9, 2012

Time: 6:30-7:00 PM

Duration :30

A LOCAL BEER MAKER WANTS TO INVEST MORE THAN A MILLION DOLLARS INTO ELK RAPIDS BY TURNING AN OLD MUSTARD FACTORY INTO A BREWERY AND BANQUET HALL -- BUT THE VILLAGE ISN'T SAYING "YES" JUST YET.

February 10, 2012

Time: 6:30-7:00 PM

Duration :30

THREE MILLION DOLLARS IN IMPROVEMENTS WERE DEDICATED AT CRYSTAL MOUNTAIN TODAY. MEMBERS FROM TRAVEL MICHIGAN, THE TRAVERSE CITY CHAMBER AND BENZIE CHAMBER OF COMMERCE WERE ON HAND THIS MORNING FOR THE DEDICATION OF THE SKI RESORT'S NEW QUAD CHAIRLIFT.

February 13, 2012

Time: 6:30-7:00 PM

Duration :30

A NORTHERN MICHIGAN FRUIT PROCESSOR IS GETTING OUT OF THE LOCAL STRAWBERRY MARKET -- WORRIED NOT ENOUGH MIGRANT WORKERS WILL BE AROUND TO PICK THE CROP. LEELANAU FRUIT COMPANY OWNER GLEN LACROSS SAYS STRAWBERRIES WILL HAVE TO BE IMPORTED FROM MEXICO THIS SUMMER.

February 17, 2012

Time: 6:30-7:00 PM

Duration :30

OFFICIALS IN GARFIELD TOWNSHIP APPROVED LIQUOR LICENSES FOR TWO RESTAURANTS THIS WEEK -- THAT COULD HAVE A HUGE ECONOMIC IMPACT. "OPA CONEY AND GRILL" AND "FLAP JACK SHACK" WILL BE ABLE TO SELL ALCOHOL IN THE NEXT 60 TO 90 DAYS.

February 20, 2012

Time: 6:30-7:00 PM

Duration :30

WEEKEND EVENTS DREW MANY PEOPLE INTO DOWNTOWN TRAVERSE CITY -- PACKING LOCAL BUSINESSES. RESTAURANTS SAW LONG LINES AND SHOPPERS MAKING THEIR ROUNDS AT MANY OF THE LOCAL STORES.

February 22, 2012

Time: 6:30-7:00 PM

Duration :30

A MAJOR ANNOUNCEMENT TONIGHT... MAIL PROCESSING OPERATIONS FOR THE UNITED STATES POSTAL SERVICE WILL NOW ALL RUN THROUGH TRAVERSE CITY -- AND SOMETIME SOON, THE GAYLORD OPERATIONS CENTER WILL BE SHUT DOWN.

February 23, 2012

Time: 6:30-7:00 PM

Duration :30

IT'S TIME TO PIG OUT. WE'RE COOKING WITH CHEF PHIL MURRAY FROM PHIL'S ON FRONT IN TRAVERSE CITY... AND IF YOU'RE LOOKING FOR A NEW, DELICIOUS WAY TO COOK THAT PORK TENDERLOIN -- HE'S GOT AN EASY WAY FOR YOU TONIGHT. HERE'S PHIL'S RECIPE FOR PORK TENDERLOIN NORMANDY.

February 27, 2012

Time: 6:30-7:00 PM

Duration :30

VOTERS IN ANTRIM COUNTY WILL ALSO BE VOTING TOMORROW ON A MILLAGE FOR A SCHOOL BUILDING AND SITE SINKING FUND. MANCERONA SCHOOLS IS LOOKING TO PASS A FOUR-TENTHS MILLAGE TO CONTINUE A FUND THAT'S USED TO PAY FOR INFRASTRUCTURE

February 27, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU'RE IN PETOSKEY CONTEMPLATING WHAT TO EAT FOR DINNER TONIGHT -- LISTEN UP! IF YOU BUY A PIZZA -- IT'S DOUGH -- FOR DOUGH.

February 28, 2012

Time: 6:30-7:00 PM

Duration :30

ALL EYES ARE ON MICHIGAN TODAY - AND THE G-O-P RACE. STARTING AT SEVEN THIS MORNING - VOTERS HIT THE POLLS NOT JUST HERE IN NORTHERN MICHIGAN BUT ACROSS THE ENTIRE STATE. THEY WANT THEIR VOICES HEARD IN THIS PRIMARY.

March 1, 2012

Time: 6:30-7:00 PM

Duration :30

CHEBOYGAN MEMORIAL HOSPITAL IS FILING FOR CHAPTER ELEVEN BANKRUPTCY. IN A STATEMENT JUST RELEASED, HOSPITAL OFFICIALS SAY THE DECISION HAD TO BE MADE IN ORDER TO CONTINUE TO PROVIDE HOSPITAL SERVICES TO CHEBOYGAN.

March 1, 2012

Time: 6:30-7:00 PM

Duration :30

A WEST MICHIGAN COAST GUARD STATION MAY BE SLATED FOR CLOSURE -- AND THAT COULD PUT AN ADDED BURDEN ON CREWS HERE IN NORTHERN MICHIGAN.

March 1, 2012

Time: 6:30-7:00 PM

Duration :30

TOMORROW - MICHIGAN GOVERNOR RICK SNYDER WILL BE MAKING A STOP IN NORTHERN MICHIGAN FOR THE REGIONAL ECONOMIC SUMMIT. HE'LL BE SPEAKING AT THE NORTHWEST MICHIGAN COLLEGE

March 6, 2012

Time: 6:30-7:00 PM

Duration :30

MORE THAN 300 EMPLOYEES AT CHEBOYGAN MEMORIAL HOSPITAL RECEIVED A LETTER SAYING THE ORGANIZATION IS FOR SALE -- AND IF SOLD -- THEY COULD BE OUT OF A JOB.

March 13, 2012

Time: 6:30-7:00 PM

Duration :30

PUGLSEY CORRECTIONAL FACILITY IN KINGSLEY AND 26 OTHER STATE PRISONS ARE REMOVING PERIMETER SECURITY TO SAVE MORE THAN 13-MILLION DOLLARS A YEAR.

March 14, 2012

Time: 6:30-7:00 PM

Duration :30

THE GREAT WOLF LODGE IN TRAVERSE CITY COULD BE CHANGING OWNERSHIP. "APOLLO GLOBAL MANAGEMENT" OUT OF NEW YORK

March 20, 2012

Time: 6:30-7:00 PM

Duration :30

BANKRUPTCY PROCEEDINGS FOR CHEBOYGAN MEMORIAL HOSPITAL WILL PICK UP AGAIN LATER THIS WEEK.

March 21, 2012

Time: 6:30-7:00 PM

Duration :30

CHEBOYGAN MEMORIAL HOSPITAL HAS CLOSED ITS LONG-TERM CARE UNIT -- A DECISION MADE TODAY AS THE HOSPITAL STRUGGLES THROUGH IT'S CHAPTER 11 BANKRUPTCY PROCESS.

March 22, 2012

Time: 6:30-7:00 PM

Duration :30

A TENTATIVE DEAL HAS BEEN REACHED IN BAY COUNTY TODAY TO KEEP THE CHEBOYGAN MEMORIAL HOSPITAL OPEN... AS A DEAL IS NEGOTIATED SURROUNDING THE HOSPITAL'S BANKRUPTCY AND SALE TO MCLAREN HEALTHCARE SYSTEMS.

March 22, 2012

Time: 6:30-7:00 PM

Duration :30

AS MICHIGAN DRIVERS WE PAY SOME OF THE HIGHEST AUTO INSURANCE RATES IN THE COUNTRY, AND SOON -- THOSE RATES WILL INCREASE EVEN MORE.

March 22, 2012

Time: 6:30-7:00 PM

Duration :30

ANOTHER LOCAL SCHOOL MAY BE FORCED TO CLOSE DUE TO FINANCIAL DIFFICULTIES -- AND IT'S NOT SITTING WELL WITH SOME.

March 28, 2012

Time: 6:30-7:00 PM

Duration :30

A BIG "JUMP AT THE PUMP" IS FRUSTRATING MANY TONIGHT -- AND EXPERTS SAY *THAT FRUSTRATION IS TRICKLING DOWN -- PUTTING THE NATION'S FRAGILE ECONOMY AT RISK.

March 30, 2012

Time: 6:30-7:00 PM

Duration :30

THE OBAMA ADMINISTRATION AND FIVE STATES INCLUDING MICHIGAN HAVE AGREED TO SPEED UP APPROVAL OF OFFSHORE WIND FARMS IN THE GREAT LAKES.

PROGRAMS PROVIDING THE MOST SIGNIFICANT TREATMENT OF COMMUNITY ISSUES

HEALTH

(Includes exercise, dieting, disease prevention, as well as new treatment options)

Local News

January 2, 2012

Time: 6:30-7:00 PM

Duration :30

IT'S THE MOST COMMON NEW YEAR'S RESOLUTION...THAT MOST OF US END UP MAKING EVERY YEAR...BUT AS 2012 KICKS OFF -- WE'VE GOT A LITTLE HELP TO GET US STARTED.WE'LL SIT DOWN WITH PERSONAL TRAINER STACEY JAGO -- AS SHE GETS US PUMPED UP -- TO WORK OUT -- AND GET HEALTHY FOR THE NEW YEAR.

January 5, 2012

Time: 6:30-7:00 PM

Duration :30

WHAT DO YOU GET WHEN YOU MIX TOMATOES -- AVOCADOS -- AND A JUGGLING CHEF? YOU GET A TANGY SALAD -- AND A WAY TO STICK TO YOUR NEW YEAR'S RESOLUTION OF EATING HEALTHIER.

January 9, 2012

Time: 6:30-7:00 PM

Duration :30

IT'S THE PERFECT WAY TO GET YOUR YOUNGSTERS EXCITED ABOUT HEALTHY LIVING AND EXERCISE...THIS WEEK -- "YMCA" KICKS OFF A NEW SESSION OF IT'S YOUTH "WORKING OFF WEIGHT PROGRAM."

January 12, 2012

Time: 6:30-7:00 PM

Duration :30

NOW BEFORE YOU GET READY TO HEAD TO PHIL'S ON FRONT FOR DINNER....I WANT TO WARN YOU.... PHIL IS GETTING A LITTLE CRABBY THESE DAYS. BUT IF YOU'RE A SEAFOOD LOVER -- YOU DON'T WANT TO MISS PHIL'S SECRET RECIPE FOR THE CRABBIEST CRAB CAKES IN NORTHERN MICHIGAN!

January 13, 2012

Time: 6:30-7:00 PM

Duration :30

I'M HERE WITH MARGARET MAGNER.... YOGA INSTRUCTOR AT NORTHWESTERN MICHIGAN COLLEGE.... 99% OF ILLNESS IS STRESS RELATED... HOW IMPORTANT IS THIS FOR MOMS TO BE?

January 16, 2012

Time: 6:30-7:00 PM

Duration :30

IF THE WINTER BLAHS ARE MAKING YOUR HAIR AND SKIN LOOK SCARY....WE'VE BROUGHT IN THE EXPERTS TO REVIVE US! I'M HERE WITH STYLIST LISA HAYKA -- AND MANAGER ALYSSA KORHONEN....FROM PAVLOVA SALON AND SPA IN TRAVERSE CITY.

January 18, 2012

Time: 6:30-7:00 PM

Duration :30

IF THE WINTER BLUES HAVE GOT YOU DOWN....YOU'RE PROBABLY NOT THE ONLY ONE. HERE TO HELP DIG US OUT... MENTAL HEALTH THERAPIST WITH THE MAPLE CLINIC IN TRAVERSE CITY... BARB CROSS. WELCOME BARB.

January 19, 2012

Time: 6:30-7:00 PM

Duration :30

WHEN COOKING... PHIL MURRAY, FROM PHIL'S ON FRONT IN TRAVERSE CITY SEEMS TO HAVE SOME PRETTY GOOD ADVICE....ESPECIALLY -- IF WANT TO EAT SOMETHING -- THAT HAS THE ABILITY TO

EAT YOU FIRST...TONIGHT -- WE'RE GOING INTO PHIL'S KITCHEN... AS HE PREPARES HIS SOUTHERN STYLE ALLIGATOR BITES.

January 20, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU'RE TRYING TO KEEP YOUR NEW YEARS RESOLUTION TO EAT HEALTHIER. "ORYANA FOODS" IN TRAVERSE CITY OFFERS "FREE STORE TOURS" -- SO YOU CAN LEARN *WHAT FOODS TO BUY -- TO IMPROVE YOUR HEALTH.

January 25, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU -- OR SOMEONE YOU KNOW IS SUFFERING FROM DEPRESSION.... LISTEN TO THIS.THERE'S A REVOLUTIONARY WAY TO TREAT IT -- WITHOUT MEDICATION. I'M HERE WITH DOCTOR MICHAEL NOTORANGELO -- FROM HARBOR SPRINGS.

January 26, 2012

Time: 6:30-7:00 PM

Duration :30

THERE'S SOMETHING RATHER FISHY GOING ON IN PHIL MURRAY'S KITCHEN TONIGHT... BUT WE'RE ALL BENEFITING FROM HIS TASTY CREATION. TONIGHT -- PHIL IS COOKING UP SOME FRESH LAKE PERCH... AND FOR ALL OF YOU HEALTHY EATERS.... IT'S GLUTEN-FREE... AND CAN BE MADE IN JUST A COUPLE OF MINUTES!

January 30, 2012

Time: 6:30-7:00 PM

Duration :30

FEBRUARY IS ALMOST HERE -- AND THAT MARKS THE START OF AMERICAN HEART MONTH. AND TO RAISE AWARENESS FOR THE NUMBER ONE KILLER OF WOMEN -- HEART DISEASE -- MUNSON MEDICAL CENTER IS TEAMING UP WITH LIL BO' PUB AND GRILLE THIS WEEK....AND JOINING US -- CARDIAC REHAB COORDINATOR AT MUNSON -- MARY MCMANEMY... AND OWNER OF LIL BO -- NANCY FREUND (FROIN'D).

February 2, 2012

Time: 6:30-7:00 PM

Duration :30

YOU'VE SEEN HIM COOK ALLIGATORS AND CRAWL OUT FROM A PILE OF COAL ON CHRISTMAS... BUT... I'VE GOT TO TELL YOU ALL... I REALLY THINK CHEF PHIL MURRAY FROM PHIL'S ON FRONT HAS JUST GONE -- COMPLETELY BANANAS. BUT THAT SEEMS TO BE WORKING OUT FOR HIM -- BECAUSE HIS MEALS ARE TO DIE FOR. HERE'S PHIL'S SWEET RECIPE FOR BANANAS FOSTER.

February 9, 2012

Time: 6:30-7:00 PM

Duration :30

THIS VALENTINE'S DAY -- INSTEAD OF TAKING YOUR SWEETIE OUT TO DINNER -- WHY NOT MAKE THEM SOMETHING YOURSELF? HERE TO HELP IS CHEF PHIL MURRAY FROM PHIL'S ON FRONT. TONIGHT HE'S SHOWING US HOW TO MAKE HIS GOLDEN BEET ARUGULA SALAD -- WITH HONEY CHAMPAGNE VINAIGRETTE.

February 14, 2012

Time: 6:30-7:00 PM

Duration :30

WE HAVE A BRAND NEW SEGMENT WE'RE FEATURING RIGHT HERE -- EVERY TUESDAY NIGHT -- TO KEEP YOU AND YOUR FAMILY HEALTHY. MAKING A HOUSE CALL TONIGHT -- PEDIATRICIAN SARAH MULDER -- WITH THE TRAVERSE AREA PEDIATRIC AND ADOLESCENT CLINIC.

February 14, 2012

Time: 6:30-7:00 PM

Duration :30

IT'S NATIONAL CHERRY MONTH -- AND OF COURSE -- WE'RE PAYING TRIBUTE TO THE TANGY TREAT IN THE CHERRY CAPITAL OF THE WORLD... TRAVERSE CITY. JOINING ME TONIGHT -- MICHELLE'S MIRACLE CO-FOUNDER AND PRESIDENT -- MICHELLE WHITE. WELCOME BACK MICHELLE. CHERRIES REALLY PACK A HEALTHY PUNCH -- WHY IS THAT?

February 16, 2012

Time: 6:30-7:00 PM

Duration :30

THERE'S A MOUSSE ON THE LOOSE IN PHIL'S KITCHEN TONIGHT....BUT LUCKY FOR US -- IT'S A CHOCOLATE MOUSSE! CHEF PHIL MURRAY FROM PHIL'S ON FRONT IS HERE TO SATISFY THAT SWEET TOOTH. HERE'S HIS MOUTH-WATERING RECIPE.

February 21, 2012

Time: 6:30-7:00 PM

Duration :30

WE HAVE A BRAND NEW SEGMENT WE'RE FEATURING RIGHT HERE -- EVERY TUESDAY NIGHT -- TO KEEP YOU AND YOUR FAMILY HEALTHY. MAKING A HOUSE CALL TONIGHT -- PEDIATRICIAN KARLA SMITH -- WITH THE TRAVERSE AREA PEDIATRIC AND ADOLESCENT CLINIC.

February 28, 2012

Time: 6:30-7:00 PM

Duration :30

IT'S IMPERATIVE THAT YOUR CHILD WEAR A HELMET FOR NUMEROUS ACTIVITIES -- CHILDREN AND TEENS ARE ESPECIALLY VULNERABLE TO HEAD INJURIES. I'D LIKE TO INTRODUCE YOU TO DR. JENNIFER SCHELL FROM THE TRAVERSE AREA PEDIATRICS AND ADOLESCENT CLINIC.

March 1, 2012

Time: 6:30-7:00 PM

Duration :30

CHEF PHIL MURRAY FROM PHIL'S ON FRONT -- HAS A LOT OF SECRET RECIPES HE SHARES WITH US EVERY WEEK HERE ON UPNORTHLIVE TONIGHT. BUT TONIGHT -- HE'S SHARING A SPECIAL DISH THAT ORIGINATED INSIDE A KITCHEN ACROSS THE WORLD. HERE'S PHIL'S RECIPE FOR SHRIMP LA ESPERANZA.

March 6, 2012

Time: 6:30-7:00 PM

Duration :30

IT'S A GROWING PROBLEM AMONG CHILDREN AND TEENS...AND NOW -- THE CENTER FOR DISEASE CONTROL SAYS IT EFFECTS 17-PERCENT OF OUR CHILDREN. IT'S OBESITY.MAKING A HOUSE CALL TONIGHT -- DOCTOR LUANN LABIAN -- WITH THE TRAVERSE AREA PEDIATRIC AND ADOLESCENT CLINIC.

March 8, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU'RE THINKING ABOUT SOMETHING SIMPLE FOR DINNER TONIGHT -- IT DOESN'T GET ANY EASIER THAN A 10-MINUTE MEAL -- WITH HEALTHY INGREDIENTS. WE'RE COOKING WITH PHIL FROM PHIL'S ON FRONT IN TRAVERSE CITY -- AND TONIGHT HE'S BRINGING US A MEATY DISH.TAKE A LOOK AS PHIL SHARES HIS TENDER TIPS TO BEEF UP YOUR DINNER.

March 13, 2012

Time: 6:30-7:00 PM

Duration :30

TONIGHT WE'RE TALKING ABOUT SICK DAYS... WHEN ARE YOU AND YOUR CHILD WELL ENOUGH TO GO TO SCHOOL OR WORK -- OR WHEN SHOULD YOU STAY HOME? MAKING A HOUSE CALL TONIGHT -- DOCTOR SARAH MULDER -- FROM THE TRAVERSE AREA PEDIATRIC AND ADOLESCENT CLINIC.

March 15, 2012

Time: 6:30-7:00 PM

Duration :30

RISING HEALTHCARE COSTS ARE HAVING A DRAMATIC IMPACT ON FAMILIES ACROSS NORTHERN MICHIGAN. BUT NOW -- MEIJER IS DOING SOMETHING ABOUT IT.

March 15, 2012

Time: 6:30-7:00 PM

Duration :30

THIS SAINT PATRICK'S DAY...YOU DON'T NEED TO BE IRISH TO CELEBRATE THE HERITAGE -- FOOD -- AND DRINKS -- THE IRISH ARE BEST KNOWN FOR... AND OF COURSE, CHEF PHIL MURRAY IS GETTING IN ON THE SAINT PATTY'S DAY FESTIVITIES WITH A SPECIAL DISH FOR US TONIGHT. HERE'S PHIL'S RECIPE FOR -- FILET OF BEEF RED HUGH.

March 20, 2012

Time: 6:30-7:00 PM

Duration :30

WITH THE WARM WEATHER WE'RE HAVING.... IT'S HARD TO BELIEVE IT'S STILL COLD AND FLU SEASON....SO ARE YOUR SYMPTOMS A COLD -- OR SPRINGTIME ALLERGIES? MAKING A HOUSECALL TONIGHT... DOCTOR JENNIFER SCHELL FROM THE TRAVERSE AREA PEDIATRICS AND ADOLESCENT CLINIC...

March 22, 2012

Time: 6:30-7:00 PM

Duration :30

CHEF PHIL MURRAY FROM PHIL'S ON FRONT GETS HEALTHY TONIGHT... WITH INGREDIENTS FOUND AT THE BOTTOM OF THE SEA -- THEY'RE HAND-PICKED -- FOR OUR TASTE BUDS TO ENJOY. HERE'S PHIL'S RECIPE FOR DIVER SCALLOPS JARDINIÈRE.

March 26, 2012

Time: 6:30-7:00 PM

Duration :30

A NORTHERN MICHIGAN BUSINESS IS PROMOTING THEIR FOOD WITH SOMETHING IT DOESN'T CONTAIN -- AN INGREDIENT KNOWN AS PINK SLIME.

March 27, 2012

Time: 6:30-7:00 PM

Duration :30

YOUR CHILD IS COUGHING -- SNEEZING... AND YOU THINK -- COULD IT REALLY BE ANOTHER COLD? THE ANSWER IS YES.....AND MAKING A HOUSECALL TONIGHT... DOCTOR KARLA SMITH FROM THE TRAVERSE AREA PEDIATRICS AND ADOLESCENT CLINIC... WELCOME DR. SMITH.

March 29, 2012

Time: 6:30-7:00 PM

Duration :30

CHEF PHIL MURRAY FROM PHIL'S ON FRONT IN TRAVERSE CITY HAS JUST RETURNED FROM FLORIDA... BUT HE BROUGHT A LITTLE SOMETHING BACK... IF YOU LOVE TO FISH -- OR JUST LOVE TO EAT FISH....TAKE A LOOK AS PHIL TEACHES US HOW TO CUT, GRILL -- AND PREPARE OUR FRESH CATCH.

PROGRAMS PROVIDING THE MOST SIGNIFICANT TREATMENT OF COMMUNITY ISSUES

EDUCATION

(including education standards, school safety, and alternative schools)

Local News

January 4, 2012

Time: 6:30-7:00 PM

Duration :30

IT'S A CELEBRATION OF COUNTING... AS LOCAL SCHOOLS TRY TO MAKE SURE THEY GET ALL THE FUNDING THEY'RE ELIGIBLE FOR. TOMORROW IS THE FIRST OF TWO OFFICIAL COUNT DAYS THIS YEAR. THE STATE SCHOOL AID ACT ESTABLISHED THE COUNT DAYS TO DETERMINE FUNDING.

January 2, 2012

Time: 6:30-7:00 PM

Duration :30

ITH THE WINTER BREAK COMING TO THE END FOR OUR LOCAL SCHOOLS -- ONE CHEBOYGAN COUNTY DISTRICT IS GIVING STUDENTS SOMETHING TO LOOK UP AT! A NEW SECURITY SYSTEM WAS INSTALLED.

January 9, 2012

Time: 6:30-7:00 PM

Duration :30

ONE NORTHERN MICHIGAN SCHOOL IS CROSSING THE BORDER FOR EDUCATION -- ABC AMBASSADOR JAMIE KRAMER TAKES US TO FIFE LAKE TO FIND OUT WHY STUDENTS ARE WORKING SO HARD TO EXPERIENCE A LITTLE CULTURE.

January 16, 2012

Time: 6:30-7:00 PM

Duration :30

WELCOME BACK A NUMBER OF SCHOOLS IN NORTHERN MICHIGAN DON'T RECOGNIZE MARTIN LUTHER KING DAY AS A SCHOOL HOLIDAY. ABC AMBASSADOR JAMIE KRAMER FINDS OUT HOW PINE RIVER AREA SCHOOLS ARE CHANGING THAT AND LEARNING HOW TO FOLLOW IN DR. KING'S FOOTSTEPS.

January 19, 2012

Time: 6:30-7:00 PM

Duration :30

THE MAJORITY OF SCHOOLS IN OUR AREA WERE ALSO SHUT DOWN TODAY DUE TO SLIPPERY ROADS -- BUT TRAVERSE CITY AREA PUBLIC SCHOOLS AND CADILLAC AREA PUBLIC SCHOOLS STAYED OPEN.

January 20, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU HAVE A SENIOR IN HIGH SCHOOL THIS YEAR -- YOU WON'T WANT TO MISS THIS. A "GRADUATION EXPO" IS TAKING PLACE TOMORROW -- FROM NINE UNTIL TWO -- AT TRAVERSE CITY WEST SENIOR HIGH SCHOOL.

January 20, 2012

Time: 6:30-7:00 PM

Duration :30

THIS YEAR, FILM AND NEW MEDIA IS A PILOT PROGRAM OF THE TRAVERSE BAY INTERMEDIATE SCHOOL DISTRICTS' CAREER-TECH PROGRAM AND THE STUDENTS ARE GETTING CLASSROOM AND HANDS ON EXPERIENCE IN FILM AND PRODUCTION. THE KIDS HAVE BEEN WORKING TIRELESSLY ON BOTH FEATURE FILMS AND DOCUMENTARIES -- TAKE A LOOK.

January 23, 2012

Time: 6:30-7:00 PM

Duration :30

CHANCES ARE YOUR CHILD WAS OFF FROM SCHOOL AGAIN TODAY... AND FOR SOME SCHOOLS THIS WAS THE THIRD SNOW DAY IN LESS THAN A WEEK. MORE THAN A HUNDRED SCHOOLS CALLED OFF CLASSES IN OUR AREA FOR WHAT BETTER MAY BE CALLED AN ICE DAY.

January 24, 2012

Time: 6:30-7:00 PM

Duration :30

A GRAND TRAVERSE COUNTY VOLUNTEER IS BEING RECOGNIZED FOR OUTSTANDING LEADERSHIP WITH A FOCUS ON EARLY CHILDHOOD.

January 31, 2012

Time: 6:30-7:00 PM

Duration :30

HAS SOMEONE YOU KNOW OR LOVE DROPPED OUT OF HIGH SCHOOL? IF SO, THIS MAY BE SOME IMPORTANT INFORMATION FOR YOU AND YOUR FAMILY. ABC AMBASSADOR JAMIE KRAMER FINDS OUT HOW YOUTH BUILD IS HELPING TO REBUILD THE LIVES OF DROP-OUTS AND GET THEM ON A NEW TRACK.

February 6, 2012

Time: 6:30-7:00 PM

Duration :30

PARENTS -- YOU KNOW YOUR CHILD. YOU KNOW WHEN THEY'RE HAPPY... IRRITATED... MAD AT YOU. BUT WHAT ABOUT WHEN THEY SIMPLY AREN'T ACTING -- LIKE THEMSELVES? COULD THIS BE SYMPTOMS OF ADOLESCENCE -- OR SOMETHING MORE SERIOUS? I SAT DOWN WITH BOARD CERTIFIED CHILD PSYCHIATRIST -- DR. SANDER WECKSTEIN TODAY TO DISCOVER HOW YOU CAN FIND OUT FOR FREE.

February 14, 2012

Time: 6:30-7:00 PM

Duration :30

THE NORTHERN MICHIGAN REGIONAL CHAMBER ALLIANCE IS STEPPING UP TO SUPPORT LOCAL SCHOOLS - - SENDING A LETTER TO THE GOVERNOR STRESSING THE IMPORTANCE OF BEING FAIR WITH PUBLIC SCHOOL FUNDING.

February 14, 2012

Time: 6:30-7:00 PM

Duration :30

THE STATE DEPARTMENT OF EDUCATION RELEASED RESULTS FOR THE FALL 2011 "MEAP" TEST. STATE OFFICIALS SAY MICHIGAN ELEMENTARY AND MIDDLE SCHOOL STUDENTS GENERALLY IMPROVED SCORES IN MATH AND READING THIS YEAR.

February 16, 2012

Time: 6:30-7:00 PM

Duration :30

A NORTHERN MICHIGAN SCHOOL RECEIVED A THREE-THOUSAND DOLLAR GRANT TO OPEN THEIR DOORS -- ON SATURDAY! FOR CHEBOYGAN HIGH SCHOOLERS AND MIDDLE SCHOOLERS -- IF THEY ACT UP, THEY'LL NOW HAVE THE OPTION TO MAKE UP FOR IT BY GOING TO SATURDAY SCHOOL -- OR BE SUSPENDED.

February 17, 2012

Time: 6:30-7:00 PM

Duration :30

SEVERAL NORTHERN MICHIGAN SUPERINTENDENTS HAD THEIR MONTHLY MEETING TODAY AT THE OTSEGO CLUB IN GAYLORD. THE MAIN TOPIC -- PUSHING LEGISLATORS FOR EQUITABLE FUNDING.

March 28, 2012

Time: 6:30-7:00 PM

Duration :30

LEAN FINELY TEXTURED BEEF -- KNOWN AS PINK SLIME -- HAS BECOME A HOT BUTTON ISSUE. AND BECAUSE OF THE PRACTICES THAT GO INTO MAKING IT STORES ARE PULLING IT OFF SHELVES -- AND LAWMAKERS ARE BANNING IT. BUT -- DO LOCAL SCHOOLS IN NORTHERN MICHIGAN USE THIS "PINK SLIME"?

PROGRAMS PROVIDING THE MOST SIGNIFICANT TREATMENT OF COMMUNITY ISSUES

CRIME & SAFETY

(Including crime prevention, alcohol and drug abuse, fire safety and police conduct)

Local News

January 2, 2012

Time: 6:30-7:00 PM

Duration :30

WITH THE FIRST BIG SNOW FALL OF THE YEAR -- CREWS ARE BUSY TRYING TO KEEP THE ROADS CLEAR. THIS IS WHAT DRIVERS ENCOUNTERED ON M-72 WEST IN TRAVERSE CITY THIS AFTERNOON ... THE SAME BLIZZARD IS KEEPING THE GRAND

January 2, 2012

Time: 6:30-7:00 PM

Duration :30

TWO ARMED ROBBERIES -- IN TWO DAYS.AND MANISTEE POLICE SAY THEY APPEAR TO BE CONNECTED.THIS LITTLE CAESARS ON U-S 31 WAS THE FIRST TARGET.

January 2, 2012

Time: 6:30-7:00 PM

Duration :30

MEANWHILE -- POLICE IN MANISTEE ARE STILL LOOKING FOR THE PERSON WHO STOLE 5 TO 6- THOUSAND DOLLARS IN JEWELRY FROM A DOWNTOWN JEWELRY STORE.

January 3, 2012

Time: 6:30-7:00 PM

Duration :30

WITH OUR RECENT SURGE OF WINTER WEATHER -- SNOWMOBILES IN NORTHERN MICHIGAN ARE FIRING UP.LOCAL DEPARTMENT OF NATURAL RESOURCES OFFICERS SAY THIS IS A PERFECT TIME TO OFFER A FEW SAFETY REMINDERS -- ESPECIALLY AFTER TWO PEOPLE WERE KILLED WHILE RIDING OVER THE WEEKEND.

January 4, 2012

Time: 6:30-7:00 PM

Duration :30

LAW ENFORCEMENT AGENCIES NATIONWIDE ARE KEEPING AN EYE ON THIS BECAUSE THE RULING COULD IMPACT HOW INVESTIGATORS DO BUSINESS. GRAND TRAVERSE COUNTY PROSECUTOR AL SCHNEIDER SAYS A K-9 SNIFF IS NOT A SEARCH, BUT IT IS PROBABLE CAUSE FOR A SEARCH WARRANT.

January 5, 2012

Time: 6:30-7:00 PM

Duration :30

TONIGHT -- A DISTURBING CASE OUT OF EMMET COUNTY. THIS MAN FROM COLORADO -- IS ACCUSED OF TORTURING AN EMMET COUNTY WOMAN -- AND IS BEING HELD IN THE EMMET COUNTY JAIL.

January 6, 2012

Time: 6:30-7:00 PM

Duration :30

AN EMMET COUNTY MAN IS UNDERGOING A PSYCHOLOGICAL EVALUATION TONIGHT -- AFTER AN ARMED STANDOFF WITH STATE POLICE AND DEPUTIES THAT LASTED SEVERAL HOURS.

January 6, 2012

Time: 6:30-7:00 PM

Duration :30

THE TRIAL OF THE FATHER OF MISSING BABY KATE PHILLIPS HAS BEEN POSTPONED INDEFINITELY. THE PROSECUTOR IN THE CASE ANNOUNCED THE POSTPONEMENT FOR THE SEAN PHILLIPS CASE YESTERDAY.

January 9, 2012

Time: 6:30-7:00 PM

Duration :30

A LUDINGTON WOMAN IS DEAD TONIGHT AFTER A FIRE RIPPED THROUGH A HOME THAT WAS DIVIDED INTO SEVERAL APARTMENTS.

January 9, 2012

Time: 6:30-7:00 PM

Duration :30

THE EMMET COUNTY MAN ACCUSED OF TORTURING HIS GIRLFRIEND, JOSHUA UNREIN, WAS BACK IN COURT TODAY FOR HIS PRETRIAL. HE'S ACCUSED OF UNLAWFUL IMPRISONMENT AND

January 10, 2012

Time: 6:30-7:00 PM

Duration :30

TONIGHT POLICE ARE SEARCHING FOR AN OTSEGO COUNTY MAN -- WHO HAS BEEN MISSING SINCE LATE DECEMBER. POLICE SAY THE MAN IS FROM VANDERBILT AND ENJOYS CAMPING AND HIKING DURING THE WINTER -- BUT NOW HIS FAMILY IS CONCERNED BECAUSE HE HASN'T BEEN SEEN SINCE DECEMBER 29

January 11, 2012

Time: 6:30-7:00 PM

Duration :30

A FIFE LAKE WOMAN IS FACING A CRIMINAL NEGLECT CHARGE AFTER HER SEVEN HORSES WERE FOUND STARVING AND SICK. DANELLE ROUND IS FACING A ONE YEAR MISDEMEANOR FOR ABANDONING OR BEING CRUEL TO ANIMALS.

January 12, 2012

Time: 6:30-7:00 PM

Duration :30

WE'RE ALL WATCHING AND WAITING FOR THE BIG SNOW STORM...AND THE GRAND TRAVERSE COUNTY ROAD COMMISSION IS ALSO WAITING TO SEE HOW BIG THE STORM IS BEFORE BRINGING IN ADDITIONAL HELP.

January 13, 2012

Time: 6:30-7:00 PM

Duration :30

WE HAVE AN UPDATE TONIGHT ON THE CASE OF THE MAN ACCUSED IN THE DISAPPEARANCE OF MISSING BABY KATE PHILLIPS. A NEW TRIAL DATE HAS BEEN SET FOR SEAN PHILLIPS -- BABY KATE'S BIOLOGICAL FATHER. HE'S CHARGED WITH PARENTAL KIDNAPPING IN HER DISAPPEARANCE.

January 16, 2012

Time: 6:30-7:00 PM

Duration :30

ALL THAT SNOW IS MAKING FOR SLICK ROAD CONDITIONS. CREWS ARE OUT IN FULL FORCE -- BUT MOST ROADS ARE STILL DANGEROUS. ROAD COMMISSIONS AND DISPATCHERS ACROSS NORTHERN MICHIGAN SAY IT'S BEEN THEIR BUSIEST DAY OF THE SEASON.

January 18, 2012

Time: 6:30-7:00 PM

Duration :30

THE STREAK OF BURGLARIES IN ONE EMMET COUNTY SEASONAL COMMUNITY COMES TO AN END TONIGHT -- WITH A SUSPECT -- ARRESTED IN CONNECTION TO 47 BREAK-INS IN BAY VIEW.

January 19, 2012

Time: 6:30-7:00 PM

Duration :30

TRAVERSE CITY POLICE SAY AN ELMWOOD TOWNSHIP WOMAN STOLE ABOUT 200-THOUSAND DOLLARS FROM THE CHARITY SHE DIRECTED.

January 24, 2012

Time: 6:30-7:00 PM

Duration :30

A DRAMATIC RESCUE IN LEELANAU COUNTY -- AFTER A WOMAN LOST CONTROL OF HER CAR LAST NIGHT AND ENDED UP IN CRYSTAL RIVER. IT HAPPENED ON THE CORNER OF M-22 AND COUNTY ROAD 6-75 -- NEAR DOWNTOWN GLEN ARBOR.

January 25, 2012

Time: 6:30-7:00 PM

Duration :30

A SUTTONS BAY MAN IS FACING FIRST DEGREE CRIMINAL SEXUAL CONDUCT CHARGES AFTER 25 YEARS. ROBERT KILBOURNE WAS ARRAIGNED THIS AFTERNOON IN 86TH DISTRICT COURT.

January 25, 2012

Time: 6:30-7:00 PM

Duration :30

A MAN WHO FIRED AT DEPUTIES IN GRAND TRAVERSE COUNTY HAS BEEN FOUND GUILTY ON A NUMBER OF CHARGES. PARKER AYRES FIRED AT DEPUTIES DURING A BOTCHED BREAK IN AT THE MEDICAP PHARMACY IN BLAIR TOWNSHIP ON SEPTEMBER 23RD.

January 26, 2012

Time: 6:30-7:00 PM

Duration :30

NEW INFORMATION TONIGHT ON A SERIES OF ARMED ROBBERIES IN MANISTEE COUNTY -- INVESTIGATORS BELIEVE THEY'RE ALL RELATED -- AND NOW THEY NEED YOUR HELP TO TRACK DOWN THE SUSPECT.

January 26, 2012

Time: 6:30-7:00 PM

Duration :30

THE COAST GUARD SPENT THE LAST THREE DAYS TRAINING IN THE STRAITS -- TRYING NEW TECHNIQUES AND LEARNING THE BEST WAYS TO DEAL WITH AN OIL SPILL IN ICE.

January 27, 2012

Time: 6:30-7:00 PM

Duration :30

A REWARD IS NOW BEING OFFERED FOR INFORMATION -- THAT WILL HELP SOLVE A RASH OF ROBBERIES AND BREAK-INS IN MANISTEE. A LOCAL BUSINESS IS OFFERING A ONE-THOUSAND DOLLAR REWARD FOR ANY INFORMATION -- LEADING TO AN ARREST AND CONVICTION.

January 30, 2012

Time: 6:30-7:00 PM

Duration :30

A TRAVERSE CITY AREA PUBLIC SCHOOLS TEACHER IS IN JAIL TONIGHT -- CHARGED WITH FIRST DEGREE CRIMINAL SEXUAL CONDUCT... LISA PLACEK HAD HER VIDEO ARRAIGNMENT -- JUST HOURS AGO....SHE'S BEING CHARGED WITH CRIMINAL SEXUAL CONDUCT WITH A 15-YEAR-OLD MALE STUDENT.

January 30, 2012

Time: 6:30-7:00 PM

Duration :30

NEW DETAILS TONIGHT ON THE DOUBLE MURDER INVESTIGATION -- IN MASON COUNTY. 28-YEAR OLD FERNANDO RAMIREZ AND THIS GIRL -- 18-YEAR OLD LACEY BENTLEY WERE FOUND DEAD -- INSIDE THEIR MOBILE HOME -- NEAR SCOTTVILLE ON FRIDAY.

January 30, 2012

Time: 6:30-7:00 PM

Duration :30

MICHIGAN STATE POLICE SAY -- WITH THE HELP OF THE COMMUNITY -- THEY'VE ARRESTED AN ARMED ROBBER -- BELIEVED TO BE RESPONSIBLE FOR A RASH OF ROBBERIES AND BREAK-INS IN MANISTEE.

January 30, 2012

Time: 6:30-7:00 PM

Duration :30

A GRAND TRAVERSE COUNTY MAN IS BEHIND BARS TONIGHT -- AFTER SHOOTING A TURKEY -- WHILE UNDER THE INFLUENCE OF ALCOHOL. THE INCIDENT HAPPENED SATURDAY -- AROUND 1 P-M.

January 30, 2012

Time: 6:30-7:00 PM

Duration :30

ANTIQUA SHOPS ACROSS NORTHERN MICHIGAN ARE OUT THOUSANDS OF DOLLARS AFTER A MAN WROTE FRAUDULENT CHECKS FOR JEWELS. ANTHONY LANE OF TRAVERSE CITY IS BEING CHARGED WITH A FELONY COUNT OF WRITING A CHECK TO A CLOSED ACCOUNT.

January 30, 2012

Time: 6:30-7:00 PM

Duration :30

POLICE IN PETOSKEY HAVE COMPLETED THE DEATH INVESTIGATION OF A WOMAN FOUND DEAD NEAR A CREEK. JAMIE LYNN JAMISON DIED OF DROWNING AND HYPOTHERMIA NEAR ARLINGTON STREET AT THE END OF OCTOBER.

February 1, 2012

Time: 6:30-7:00 PM

Duration :30

A LOCAL ANIMAL RESCUE THAT HAS BEEN NURSING A GROUP OF SICK HORSES BACK TO HEALTH -- SAYS IT MAY HAVE TO RETURN THEM TO THE HOME WHERE THEY WERE FOUND STARVING.

February 1, 2012

Time: 6:30-7:00 PM

Duration :30

A SECOND MAN HAS BEEN ARRESTED FOR AN ARMED ROBBERY IN MANISTEE. MANUEL VEGA IS CHARGED AS AN ACCESSORY AFTER THE FACT TO AN ARMED ROBBERY.

February 2, 2012

Time: 6:30-7:00 PM

Duration :30

WE HAVE STUNNING FOOTAGE TONIGHT OF A HIGH SPEED POLICE CHASE THAT HAPPENED THROUGH DOWNTOWN GAYLORD EARLY THIS MORNING.

February 3, 2012

Time: 6:30-7:00 PM Duration :30

THE FEDERAL GOVERNMENT IS TRACKING DOWN PARENTS WHO REFUSE TO PAY CHILD SUPPORT IN A NEW PROGRAM CALLED "PROJECT SAVE OUR CHILDREN."

February 3, 2012

Time: 6:30-7:00 PM Duration :30

AN UPDATE TONIGHT ON A MURDER AND ARSON INVESTIGATION IN BENZIE COUNTY. BACK IN NOVEMBER -- CHRIS LUEDTKE, HIS WIFE LINDA -- AND THEIR TEENAGE SON CHRISTOPHER WERE FOUND DEAD IN THEIR HOME -- AFTER A FIRE.

February 6, 2012

Time: 6:30-7:00 PM Duration :30

MICHIGAN STATE POLICE IN CADILLAC SAY THEY'VE ARRESTED THE LEADERS OF AN ORGANIZED THEFT RING. JENNIFER SANBORN AND JEREMIAH GROSE ARE FACING SEVERAL COUNTS OF RECEIVING AND CONCEALING STOLEN PROPERTY AND RETAIL FRAUD.

February 6, 2012

Time: 6:30-7:00 PM Duration :30

MEDICAL MARIJUANA IS THE TOPIC AT THE CHARLEVOIX CITY COUNCIL MEETING TONIGHT. FOR 18 MONTHS, CHARLEVOIX HAS PUT A MORATORIUM

February 7, 2012

Time: 6:30-7:00 PM Duration :30

DIVE TEAMS HAVE FOUND THE BODY OF A FISHERMAN WHO FELL THROUGH THE ICE IN WEXFORD COUNTY.

February 9, 2012

Time: 6:30-7:00 PM Duration :30

THERE HAVE BEEN THREE BIG BUSTS RECENTLY WITH MEN ACCUSED OF DOWNLOADING CHILD PORN. LIEUTENANT PATRICK AVERY IS SPECIALIZED IN COMPUTER FORENSICS AND SAYS THEY'RE LED TO THE SUSPECTS WHEN HIS COMPUTER IS TIPPED OFF.

February 10, 2012

Time: 6:30-7:00 PM Duration :30

A STATEWIDE HUNT IS ON FOR TWO CHILDREN WHOSE FATHER FAILED TO DROP THEM OFF WITH THEIR MOTHER AS PLANNED. TAKE A CLOSE LOOK.

February 10, 2012

Time: 6:30-7:00 PM Duration :30

A FORMER TRAVERSE CITY AREA PUBLIC SCHOOLS TEACHER AND COACH ACCUSED OF A SEX ACT WITH A STUDENT - WAIVED HER PRELIMINARY HEARING TODAY.

February 13, 2012

Time: 6:30-7:00 PM Duration :30

TWO MASON COUNTY CHILDREN WILL SOON BE REUNITED WITH THEIR MOTHER, AFTER THEY WERE FOUND 15-HUNDRED MILES FROM HOME. 4 YEAR OLD DOUGLAS AND 2 YEAR OLD SHELBY MCCALLUM WERE FOUND SUNDAY EVENING IN KEY WEST FLORIDA.

February 14, 2012

Time: 6:30-7:00 PM Duration :30

LAW ENFORCEMENT AGENCIES IN MANISTEE COUNTY ARE GOING HIGH TECH TO HELP SEARCH FOR MISSING CHILDREN. "A CHILD GOES MISSING ALERT" IS A FREE NATIONWIDE REVERSE 9-1-1 PROGRAM THAT MAKES ONE THOUSAND CALLS A MINUTE TO HOUSEHOLDS AND BUSINESSES ASKING PEOPLE TO CHECK THEIR LOCATION FOR THE MISSING CHILD.

February 14, 2012

Time: 6:30-7:00 PM Duration :30

A HYPNO-THERAPIST PHYSICIAN ASSISTANT HAS BEEN FOUND GUILTY OF HYPNOTIZING TWO WOMEN AND SEXUALLY ASSAULTING THEM. THE OWNER OF BOARDMAN HEALTH AND WELLNESS -- THOMAS STETLER WAS FOUND GUILTY ON TWO COUNTS OF SECOND DEGREE SEXUAL ASSAULT TODAY.

February 16, 2012
Time: 6:30-7:00 PM

Duration :30

THE BENZIE COUNTY SHERIFF'S OFFICE STARTED A NEW PROGRAM TODAY GEARED TOWARD KEEPING PEOPLE SUFFERING FROM ALZHEIMER'S DISEASE OR DEMENTIA SAFE FROM WANDERING OFF. IT'S CALLED PROJECT LIFESAVER -- AND THANKS TO A GRANT -- DEPUTIES RECEIVED EQUIPMENT AND TRAINING THIS AFTERNOON.

February 20, 2012
Time: 6:30-7:00 PM

Duration :30

A NORTHERN MICHIGAN MOTHER IS HEADED TO LANSING ...ARMED WITH PICTURES AND MEMORIES OF HER DAUGHTER -- AND A MESSAGE...FOR LAWMAKERS TO BAN THE USE OF CELLPHONES FOR NEW DRIVERS.

February 21, 2012
Time: 6:30-7:00 PM

Duration :30

THE FIFE LAKE WOMAN CONVICTED OF NEGLECTING SEVERAL HORSES WILL NOT BE GETTING HER ANIMALS BACK -- AND NEITHER WILL HER DAUGHTER.

February 21, 2012
Time: 6:30-7:00 PM

Duration :30

TRAVERSE CITY POLICE ARE INVESTIGATING A STRING OF THEFTS THAT HAPPENED OVERNIGHT: POLICE SAY THE THIEVES SMASHED FIVE CAR WINDOWS AT THE PARK PLACE HOTEL AND BOARDMAN NEIGHBORHOOD IN DOWNTOWN TRAVERSE CITY.

February 22, 2012
Time: 6:30-7:00 PM

Duration :30

A DOWNTOWN TRAVERSE CITY BUSINESS OWNER IS THE VICTIM OF A NIGERIAN FRAUD SCHEME -- AND TONIGHT HE'S WARNING OTHERS TO BE ON THE LOOKOUT.

February 22, 2012
Time: 6:30-7:00 PM

Duration :30

ARMED ROBBERS HIT A SMALL OSCEOLA COUNTY BANK THIS AFTERNOON -- AND TONIGHT THE SEARCH IS ON FOR THE SUSPECTS. AROUND TWO 'O'CLOCK -- THE MEN WALKED INTO THE CITIZENS BANK ON MACKINAW TRAIL IN LEROY WITH A LONG GUN AND A KNIFE AND DEMANDED MONEY.

February 22, 2012
Time: 6:30-7:00 PM

Duration :30

LAW ENFORCEMENT OFFICIALS CONTINUE TO SEARCH FOR SUSPECTS IN AN OSCEOLA COUNTY BANK ROBBERY. STATE POLICE SAY TWO MEN WALKED INTO THE CITIZENS BANK IN LEROY CARRYING A LONG GUN AND A KNIFE.

February 23, 2012
Time: 6:30-7:00 PM

Duration :30

TWO MEN HAVE BEEN ARRESTED AND CHARGED FOR THE ROBBERY AT THE CITIZENS BANK IN LEROY.

February 27, 2012
Time: 6:30-7:00 PM

Duration :30

WE'RE JUST A DAY AWAY FROM THE FIRST REPUBLICAN PRESIDENTIAL CONTESTS IN WEEKS -- AS THE FOUR REMAINING CANDIDATES HAVE JUST A DAY TO WIN OVER VOTERS IN ARIZONA AND RIGHT HERE IN MICHIGAN.

February 28, 2012
Time: 6:30-7:00 PM

Duration :30

A KALKASKA COUNTY MAN HAS PLED GUILTY TO THREE SEX CHARGES. RICHARD OSBORNE KNEW HIS VICTIMS AND FACED A

February 28, 2012
Time: 6:30-7:00 PM

Duration :30

THE LATEST SCHOOL SHOOTING IN OHIO THAT LEFT THREE STUDENTS DEAD-- HAD US WONDERING WHAT KIND OF EMERGENCY PLANS ARE IN PLACE AT OUR AREA'S LARGEST SCHOOL DISTRICT

February 29, 2012

Time: 6:30-7:00 PM

Duration :30

THE HEAVY, WET SNOW HAS SETTLED DOWN IN NORTHERN MICHIGAN AGAIN -- AND THIS MORNING, IT MADE SOME OF OUR COMMUTES TAKE A LITTLE LONGER THAN NORMAL. ONE OF THE AREAS HIT THE HARDEST IS GAYLORD -- HERE'S SOME FOOTAGE OF WHAT EYE-75 LOOKED LIKE AROUND 10 THIS MORNING.

February 29, 2012

Time: 6:30-7:00 PM

Duration :30

TRAVELERS ARE DEALING WITH SEVERAL DELAYS AND CANCELLATIONS DUE TO THIS SNOW AND ICE STORM. CHERRY CAPITAL AIRPORT CREWS WORKED AROUND THE CLOCK TO KEEP THE RUNWAYS ICE-FREE

March 1, 2012

Time: 6:30-7:00 PM

Duration :30

A MAN WHO STOLE AT LEAST 60-THOUSAND DOLLARS FROM THE INTERLOCHEN EAGLES CLUB IS NOW BEING ORDERED TO PAY THE MONEY BACK WITHIN ONE YEAR. JOSEPH MALOOF WHO WAS A MEMBER OF

March 1, 2012

Time: 6:30-7:00 PM

Duration :30

A FORMER TEACHER HAS PLEADED GUILTY TO SEXUAL CONDUCT WITH A STUDENT. LISA PLACEK PLEADED GUILTY TO ONE COUNT OF CRIMINAL SEXUAL CONDUCT IN LEELANAU COUNTY TODAY.

March 2, 2012

Time: 6:30-7:00 PM

Duration :30

ROAD COMMISSIONS AROUND THE AREA ARE GEARING UP FOR ALL THE SNOW THAT WILL BE DUMPED AROUND THE AREA.

March 2, 2012

Time: 6:30-7:00 PM

Duration :30

THE JUDGE MADE HIS PUNISHMENT FOR A GRAND TRAVERSE COUNTY WOMAN CLEAR DURING SENTENCING TODAY. DANELLE ROUND WILL NOW SPEND 14 DAYS IN JAIL FOR HORSE ABUSE.

March 5, 2012

Time: 6:30-7:00 PM

Duration :30

THE MARCH STORM OF 2012 SWEEPED THROUGH NORTHERN MICHIGAN CAUSING EMERGENCY CONDITIONS AND DUMPING UP TO 17 INCHES OF HEAVY, WET SNOW.

March 5, 2012

Time: 6:30-7:00 PM

Duration :30

IN LEELANAU COUNTY-- 48-HUNDRED CONSUMERS CUSTOMERS REMAIN WITHOUT POWER. EMERGENCY SHELTERS AND WARMING CENTERS

March 5, 2012

Time: 6:30-7:00 PM

Duration :30

SENIORS IN GRAND TRAVERSE COUNTY WERE ABLE TO KEEP WARM AT THE SENIOR CENTER TODAY. THEY OPENED THEIR DOORS TO THOSE WITHOUT POWER.

March 6, 2012

Time: 6:30-7:00 PM

Duration :30

UTILITY CREWS HAVE BEEN OUT IN FULL-FORCE ALL DAY TRYING TO REPAIR THE REST OF OF THE POWER OUTAGES FROM FRIDAY'S STORM -- BUT THEY'RE STILL FACING SOME TOUGH OBSTACLES.

March 6, 2012

Time: 6:30-7:00 PM

Duration :30

HOME DEPOT IN TRAVERSE CITY RECEIVED A MUCH NEEDED SHIPMENT OF GENERATORS TODAY.WITH ALL THE POWER OUTAGES IN THE AREA STORE OFFICIALS SAY IT'S HARD TO KEEP THEM ON THE SHELVES.

March 7, 2012

Time: 6:30-7:00 PM

Duration :30

TONIGHT -- MEMBERS OF A PETOSKEY FAMILY THAT HAVE BEEN MISSING FOR THREE WEEKS - TELL POLICE THE FAMILY OF THREE IS FINE.

March 7, 2012

Time: 6:30-7:00 PM

Duration :30

TONIGHT -- 22- HUNDRED CONSUMERS ENERGY CUSTOMERS ARE STILL WITHOUT POWER DUE TO FIRDAY'S WINTER STORM.

March 7, 2012

Time: 6:30-7:00 PM

Duration :30

DUMPSTER OR CREMATION? THAT'S THE QUESTION GRAND TRAVERSE COUNTY COMMISSIONERS WILL HAVE TO ANSWER AS THEY DISCUSS POSSIBLE CHANGES TO THE DISPOSAL OF EUTHANIZED DOGS.

March 8, 2012

Time: 6:30-7:00 PM

Duration :30

A THREE CAR CRASH IN FRONT OF MEIJER IN TRAVERSE CITY HAS SHUT DOWN A SECTION OF U-S 31.IT HAPPENED JUST OVER AN HOUR AGO -- DURING A BUSY TIME ALONG A BUSY HIGHWAY.

March 8, 2012

Time: 6:30-7:00 PM

Duration :30

WORKERS CONTINUE TO RESTORE POWER FOR THE REMAINING HOUSEHOLDS THAT HAVE BEEN WITHOUT ELECTRICITY SINCE FRIDAY'S STORM... AND THE CREWS SAY AFTER A LONG WEEK, THEY CAN FINALLY SEE THE LIGHT AT THE END OF THE TUNNEL.

March 8, 2012

Time: 6:30-7:00 PM

Duration :30

TWO PEOPLE HAVE BEEN ARRESTED -- AS POLICE INVESTIGATE WHETHER THE SUSPECTS WERE INVOLVED IN ANY OTHER CREDIT CARD FRAUD.

March 9, 2012

Time: 6:30-7:00 PM

Duration :30

A HOUSE FIRE HAS CLAIMED THE LIVES OF A WELL-KNOWN WILDLIFE WRITER AND HIS WIFE.

March 9, 2012

Time: 6:30-7:00 PM

Duration :30

A FORMER PRINCIPAL ACCUSED OF EMBEZZLING MORE THAN 100-THOUSAND DOLLARS FROM SAINT MARY'S CATHOLIC ELEMENTARY IN CHARLEVOIX HAS ACCEPTED A PLEA DEAL.

March 9, 2012

Time: 6:30-7:00 PM

Duration :30

AN UPDATE TONIGHT -- TO A THREE CAR ACCIDENT WE TOLD YOU ABOUT LAST NIGHT. US-31 IN GRAND TRAVERSE COUNTY

March 12, 2012

Time: 6:30-7:00 PM

Duration :30

FIREFIGHTERS SAY A FIRE AT A MORE-THAN-A-CENTURY OLD HOME IN ANTRIM COUNTY DESTROYED THE HOUSE -- AND TONIGHT, THE NINE PEOPLE, INCLUDING FOUR KIDS, WHO LIVED INSIDE -- NEED HELP.

March 12, 2012

Time: 6:30-7:00 PM

Duration :30

A TRAVERSE CITY MAN'S CAR WAS STOLEN FROM A BAR -- AND LAW ENFORCEMENT FINALLY CAUGHT UP WITH THE ALLEGED THIEF -- SUSAN LEWIS -- AFTER A THREE COUNTY CHASE.

March 12, 2012

Time: 6:30-7:00 PM

Duration :30

TONIGHT -- FARMERS ARE ASSESSING DAMAGE TO TART CHERRY TREES BROUGHT ON BY LAST WEEK'S VIOLENT SNOW STORM.

March 13, 2012

Time: 6:30-7:00 PM

Duration :30

ALTHOUGH MANY OF US ARE LOVING THESE WARM TEMPERATURES -- THEY ALSO BRING SOME WARNINGS. WITH THE LOW PRECIPITATION -- AND NOW INCREASING TEMPERATURES WILDFIRE DANGER IS ON THE RISE.

March 13, 2012

Time: 6:30-7:00 PM

Duration :30

TRAVERSE CITY POLICE SAY THEY'VE TRACKED DOWN A SUSPECT IN THE THEFT OF A 20-THOUSAND DOLLAR VIOLIN.

March 14, 2012

Time: 6:30-7:00 PM Duration :30

THE BODY OF A MAN HAS BEEN RECOVERED FROM A CAR -- THAT WAS FOUND UPSIDE DOWN -- IN A MANISTEE COUNTY CREEK.

March 14, 2012

Time: 6:30-7:00 PM Duration :30

MICHIGAN STATE POLICE SHARED SOME NUMBERS TODAY -- AND EXPRESSED THEIR CONCERNS WITH THE NUMBER OF PEOPLE BEING ARRESTED FOR TRAFFICKING MARIJUANA.

March 15, 2012

Time: 6:30-7:00 PM Duration :30

A WARNING TONIGHT FROM A LOCAL REALTOR. IF YOU USE SITES LIKE CRAIGS-LIST TO HELP FIND A HOME TO RENT -- USE CAUTION.

March 15, 2012

Time: 6:30-7:00 PM Duration :30

TWO MANCELONA HIGH SCHOOL STUDENTS WERE TAKEN INTO CUSTODY TODAY AFTER ONE OF THE STUDENTS TOOK A GUN TO SCHOOL.

March 15, 2012

Time: 6:30-7:00 PM Duration :30

A CADILLAC MAN HAS BEEN SENTENCED FOR STEALING DONATION JARS. MATTHEW KENDALL WAS SENTENCED TO 180 DAYS IN JAIL MONDAY.

March 16, 2012

Time: 6:30-7:00 PM Duration :30

A FRIGHTENING TORNADO DANCED IN THE SKIES OVER DEXTER, MICHIGAN THURSDAY. 100 HOMES WERE DAMAGED IN THE SMALL COMMUNITY, AND THOUSANDS WERE LEFT WITHOUT POWER.

March 16, 2012

Time: 6:30-7:00 PM Duration :30

SECURITY AT CHERRY CAPITAL AIRPORT HAD TO DETAIN A PASSENGER TODAY. THIS WAS THE SCENE JUST AFTER ONE O'CLOCK.

March 16, 2012

Time: 6:30-7:00 PM Duration :30

A "THREE-POINT-SEVEN-FIVE" MILLION DOLLAR WRONGFUL DEATH SETTLEMENT HAS BEEN REACHED BETWEEN THE FAMILY OF MURDERED TEEN CARLY LEWIS -- AND THE YOUNG MAN CONVICTED OF STABBING HER TO DEATH.

March 19, 2012

Time: 6:30-7:00 PM Duration :30

CONTINUOUS HIGH TEMPERATURES DON'T BODE WELL FOR EVERYTHING THOUGH -- AS FIRE DANGER AROUND THE AREA IS ON THE RISE.

March 19, 2012

Time: 6:30-7:00 PM Duration :30

TRAVERSE CITY POLICE WERE BUSY THIS SAINT PATRICK'S DAY WEEKEND. BETWEEN NOON ON FRIDAY AND EARLY THIS MORNING POLICE SAY THEY RESPONDED TO 180 REPORTS

March 21, 2012

Time: 6:30-7:00 PM Duration :30

THE FORMER TRAVERSE CITY AREA PUBLIC SCHOOLS TEACHER AND VOLLEYBALL COACH WHO ADMITTED TO SEXUALLY ASSAULTING A STUDENT IS GOING TO PRISON.

March 21, 2012

Time: 6:30-7:00 PM Duration :30

FIRE DANGER IN THE AREA REACHED VERY-HIGH STATUS TODAY AS HE CONTINUE TO SEE WARM, DRY WEATHER.

March 21, 2012

Time: 6:30-7:00 PM

Duration :30

A SUSPECT HAS BEEN IDENTIFIED IN A SCHOOL FIRE. AROUND 9-30 THIS MORNING FIRE CREWS ARRIVED AT MANISTEE

March 23, 2012

Time: 6:30-7:00 PM

Duration :30

MORE THAN FOUR-THOUSAND CONSUMERS ENERGY CUSTOMERS LOST POWER IN LEELANAU COUNTY TODAY.

March 23, 2012

Time: 6:30-7:00 PM

Duration :30

AN ALANSON WOMAN IS FACING SEVERAL FELONY CHARGES AFTER POLICE SAY SHE STOLE MORE THAN 124-THOUSAND DOLLARS FROM HER EMPLOYER.

March 26, 2012

Time: 6:30-7:00 PM

Duration :30

ONE PERSON IS DEAD -- AND A HOUSE IS -- DESTROYED -- AFTER FLAMES GUTTED THE HOME IN OSCEOLA COUNTY.

March 26, 2012

Time: 6:30-7:00 PM

Duration :30

AFTER A WEEK AND A HALF OF RECORD BREAKING WARM TEMPERATURES -- CROPS IN NORTHERN MICHIGAN ARE NOW AT RISK OF BEING DAMAGED -- BY A HARD FREEZE.

March 27, 2012

Time: 6:30-7:00 PM

Duration :30

A CHEBOYGAN COUNTY MAN IS IN JAIL TONIGHT -- ACCUSED OF SEX CRIMES, BEING IN POSSESSION OF CHILD PORNOGRAPHY -- AND PRODUCING CHILD PORNOGRAPHY.

March 27, 2012

Time: 6:30-7:00 PM

Duration :30

FARMERS WERE BACK OUT TODAY -- CHECKING POSSIBLE DAMAGE TO THEIR CROPS -- CAUSED BY OVER NIGHT LOW TEMPERATURES.

March 27, 2012

Time: 6:30-7:00 PM

Duration :30

TONIGHT -- FRIENDS AND FAMILY OF MURDERED TRAVERSE CITY TEEN CARLY LEWIS WANT THE VACANT BUILDING SHE WAS MURDERED IN DEMOLISHED.

March 29, 2012

Time: 6:30-7:00 PM

Duration :30

A BUCKLEY WOMAN -- WHO IS SEVEN MONTHS PREGNANT -- IS BEHIND BARS TONIGHT AFTER LEADING DEPUTIES ON A CHASE WITH HER 2-YEAR OLD DAUGHTER IN THE CAR.

March 29, 2012

Time: 6:30-7:00 PM

Duration :30

A GRAND TRAVERSE COUNTY WOMAN SENTENCED TO 14 DAYS IN JAIL FOR ANIMAL CRUELTY EARLIER THIS MONTH WILL SPEND ANOTHER 45 DAYS - LESS TIME-SERVED -

March 29, 2012

Time: 6:30-7:00 PM

Duration :30

A BILL SITS ON GOVERNOR SNYDER'S DESK TONIGHT -- WHICH COULD POTENTIALLY REPEAL THE MOTORCYCLE HELMET LAW IN THE STATE.

March 30, 2012

Time: 6:30-7:00 PM

Duration :30

WE'RE GETTING NEW DETAILS ABOUT AN ARMED GUNMAN WHO WAS IN A STANDOFF WITH POLICE. THAT GUNMAN HAS SURRENDERED.

PROGRAMS PROVIDING THE MOST SIGNIFICANT TREATMENT OF COMMUNITY ISSUES

COMMUNITY INVOLVEMENT/DEVELOPMENT

(Including volunteerism, blood drives, revitalizing neighborhoods and mentoring)

Local News

January 2, 2012

Time: 6:30-7:00 PM

Duration :30

THOUSANDS HEADED TO TRAVERSE CITY SATURDAY NIGHT TO RING IN THE NEW YEAR... AS THE CHERRY-T BALL DROP BROKE RECORDS THIS YEAR.

January 2, 2012

Time: 6:30-7:00 PM

Duration :30

IT'S A PAIRING OF TWO OF NORTHERN MICHIGAN'S FAVORITES -- SKIING AND MICROBREWS! SHANTY CREEK'S BEER AND BOARDS MICRO-BREW FEST IS COMING UP ON JANUARY 14-TH.

January 2, 2012

Time: 6:30-7:00 PM

Duration :30

A FOOTBALL PLAYER KEPT HIS PROMISE TO A LOYAL FAN... I'M HERE WITH RODNEY WERLY -- FROM TRAVERSE CITY... A BIG LIONS FAN...

January 3, 2012

Time: 6:30-7:00 PM

Duration :30

AFTER YEARS OF DEBATE -- WE COULD FINALLY FIND OUT IF TRAVERSE CITY'S CLINCH PARK TRAIN WILL STAY OR GO TONIGHT.RIGHT NOW

January 3, 2012

Time: 6:30-7:00 PM

Duration :30

IT'S FRUIT CRUSHING TIME FOR WINERIES TO MAKE SOME LIMITED TIME WINE. TODAY -- WINE MAKERS AT CHATEAU CHANTAL WERE PRESSING GRAPES FOR ICE WINE.

January 3, 2012

Time: 6:30-7:00 PM

Duration :30

I'M HERE WITH ROGER SUPPES {SOUP-AHS} WITH THE NORTHWEST MICHIGAN COMMUNITY ACTION AGENCY. WELCOME ROGER.

January 4, 2012

Time: 6:30-7:00 PM

Duration :30

IN THE NEW YEAR -- CELEBRITIES ARE CALLING IT QUILTS...AND SOME OF OUR FAVORITE SINGERS ARE MAKING SOME MAJOR COMEBACKS.... AND WHO KNOWS MORE ABOUT MUSIC THAN Z-93'S R AND R IN THE MORNING....

January 4, 2012

Time: 6:30-7:00 PM

Duration :30

WEDDING BELLS ARE RINGING IN TRAVERSE CITY THIS WEEKEND! I'M HERE WITH COLLEEN PAVEGLIO WITH THE DOWNTOWN DEVELOPMENT AUTHORITY

January 5, 2012

Time: 6:30-7:00 PM

Duration :30

MUNSON MEDICAL CENTER RECEIVED IT'S LARGEST DONATION EVER-- AND IT'S ONLY THE FIRST WEEK OF 20-12. FORMER U-S ROBOTICS CORPORATION C-E-O CASEY COWELL MADE A FIVE MILLION DOLLAR DONATION.

January 5, 2012

Time: 6:30-7:00 PM

Duration :30

FRIDAY & SATURDAY, JOHN AND GRIFF'S AFTER HOURS EXPERIENCE, SATURDAY, NATIONAL TRAILS DAY, SATURDAY, NEW YEAR PSYCHIC FAIR, SATURDAY, THE PAUL KELLER ENSEMBLE, SUNDAY 8TH ANNUAL DOWNTOWN BRIDAL SHOW,

January 5, 2012

Time: 6:30-7:00 PM

Duration :30

ONE ARTIST HAS REACHED A CERTAIN ACCLAIM FOR HIS ART WITH PUSH PINS -- ABC AMBASSADOR JAMIE KRAMER FINDS OUT HOW ERIC DAIGH IS MOVING FORWARD IN HIS ART AND SHOWING OFF SOME NEW MEDIUMS.

January 6, 2012

Time: 6:30-7:00 PM

Duration :30

AN ORGANIZATION IS GOING TO BE ABLE TO HELP LOCAL TEENS IN A WAY THEY NEVER COULD BEFORE THANKS TO A NEW GRANT. THIRD LEVEL CRISIS INTERVENTION CENTER IN TRAVERSE CITY RECEIVED 45-THOUSAND DOLLARS FROM THE NATIONAL SUICIDE PREVENTION LIFELINE.

January 6, 2012

Time: 6:30-7:00 PM

Duration :30

AS THE GIRL SCOUTS CELEBRATE 100 YEARS -- WHAT BETTER WAY TO DO IT -- THAN WITH A NEW COOKIE! WE LOVE OUR THIN MINTS AND PEANUT BUTTER TAGALONGS -- BUT THIS NEW SWEET TREAT MIXES SHORTBREAD AND LEMON...

January 6, 2012

Time: 6:30-7:00 PM

Duration :30

PEOPLE AROUND THE WORLD ARE CELEBRATING THE KING OF ROCK AND ROLL -- ELVIS PRESLEY'S -- 77TH BIRTHDAY THIS WEEKEND... BUT WHEN IT COMES TO ELVIS -- ONE BELLAIRE NATIVE MAY BE HIS BIGGEST FAN YET.

January 6, 2012

Time: 6:30-7:00 PM

Duration :30

AS WE RING IN THE NEW YEAR...GETTING HEALTHY, QUITTING SMOKING, SAVING MONEY...ALL TOPPING THE LENGTHY LIST OF NEW YEAR'S RESOLUTIONS...BUT WE

January 9, 2012

Time: 6:30-7:00 PM

Duration :30

WEDDING BELLS WERE RINGING IN TRAVERSE CITY FOR THE 18TH ANNUAL DOWNTOWN BRIDAL SHOW AT THE CITY OPERA HOUSE... YESTERDAY AFTERNOON

January 9, 2012

Time: 6:30-7:00 PM

Duration :30

I'M HERE WITH VOLUNTEER COORDINATOR WITH THE WOMEN'S RESOURCE CENTER -- ALLISON SEELEY. WELCOME ALLISON.

January 9, 2012

Time: 6:30-7:00 PM

Duration :30

LADIES -- IF YOU'RE LOOKING FOR A MID-WEEK ESCAPE...LISTEN UP. I'M HERE WITH KANDACE CHAPPLE -- PUBLISHER AND EDITOR OF GRAND TRAVERSE WOMAN MAGAZINE.

January 10, 2012

Time: 6:30-7:00 PM

Duration :30

I'M HERE WITH MEGAN RAPHAEL WITH THE NATIONAL WRITERS SERIES... AND WE HAVE A VERY SPECIAL GUEST JOINING US FROM LANSING -- AUTHOR MO GERHARDT. FIRST OFF MO -- YOU'RE YOU'RE HOW OLD NOW? DOCTORS ACTUALLY TOLD YOU YOU WOULDN'T LIVE PAST YOUR TEENAGE YEARS?

January 10, 2012

Time: 6:30-7:00 PM

Duration :30

I'M HERE WITH COLLEEN PAVEGLIO WITH THE TRAVERSE CITY DOWNTOWN DEVELOPMENT AUTHORITY. COLLEEN -- THIS IS ONE OF YOUR FAVORITE EVENTS? WHAT ARE THE CHILI CATEGORIES?

January 11, 2012

Time: 6:30-7:00 PM

Duration :30

ON NEW YEAR'S EVE I HEARD A SWEET VOICE SERENADING A CROWD IN DOWNTOWN TRAVERSE CITY... AND HAVE BEEN A FAN EVER SINCE. SHE'S SHARED A STAGE WITH MIRANDA LAMBERT AND SARAH MCLAUGHLIN... AND NOW -- HAS A NEW ALBUM IN THE WORKS.

January 11, 2012

Time: 6:30-7:00 PM

Duration :30

TODAY A WOMEN FROM FIFE LAKE TODAY WAS BEEN CHARGED WITH ANIMAL ABUSE FOR ABONDONING SEVEN HORSES -- ALL TOO OFTEN OUR COMPANIONS LACK A VOICE WHEN IT COMES TO LEGAL MATTERS. ABC AMBASSADOR JAMIE KRAMER FOUND ONE NON-PROFIT WHO IS DEDICATED TO EDUCATING EVERYONE ON HOW TO HELP OUR FURRY FRIENDS STAY HEALTHY AND HAPPY.

January 11, 2012

Time: 6:30-7:00 PM

Duration :30

AS YOUR ROLLING OUT OF BED -- THEY'RE YOUR R AND R EVERY MORNING ON Z93. AND TONIGHT -- THEY'RE GIVING YOU THE CHANCE TO WATCH, LISTEN -- AND WIN AS THEY COUNT DOWN THE TOP HITS OF THE WEEK. SO PAY CLOSE ATTENTION -- AS WE REVEAL THE SECRET WORD.

January 12, 2012

Time: 6:30-7:00 PM

Duration :30

THE BODY OF U-S AIR FORCE TECHNICAL SERGEANT MATTHEW SCHWARTZ ARRIVED THIS MORNING AT CHERRY CAPITAL AIRPORT IN TRAVERSE CITY. COMMUNITY MEMBERS LINED THE STREETS TO HONOR THE FALLEN HERO AS HIS BODY WAS TAKEN FROM THE AIRPORT TO REYNOLDS-JONKHOFF FUNERAL HOME.

January 12, 2012

Time: 6:30-7:00 PM

Duration :30

FOR FAMILIES OF MILITARY MEMBERS DEPLOYED OVERSEAS, THEY'LL TELL YOU EVERY DAY THEY WORRY AND HOPE THEIR LOVED ONES STAY SAFE. ONE MILITARY WIFE IN CRAWFORD COUNTY HAS FOUND A WAY TO COMBAT THE STRESS OF HER HUSBAND SERVING -- ONE STITCH AT A TIME.

January 12, 2012

Time: 6:30-7:00 PM

Duration :30

FRIDAY KENNY ROGERS SATURDAY BAY HARBOR ICE & SPICE FESTIVAL SATURDAY PEACEMEAL STRING BAND SUNDAY KTOWN ICE BOWL

January 12, 2012

Time: 6:30-7:00 PM

Duration :30

I'M HERE WITH KERRY GARTLAND. IMPORTANT TOPIC TONIGHT...YOU'RE A MOTHER OF A HOCKEY PLAYER.... BUT YOU'RE ALSO A BREAST CANCER SURVIVOR...MOMS ON THE TEAM/SUPPORT?

January 13, 2012

Time: 6:30-7:00 PM

Duration :30

FLAGS WERE FLOWN AT HALF STAFF AROUND THE STATE IN RECOGNITION OF U-S AIR FORCE TECHNICAL SERGEANT MATTHEW SCHWARTZ. GOVERNOR RICK SNYDER ORDERED FLAGS TO BE LOWERED TO HONOR THE FALLEN AIRMAN.

January 13, 2012

Time: 6:30-7:00 PM

Duration :30

ONE MOVEMENT IS GAINING MOMENTUM ACROSS THE UNITED STATES IT'S CALLED THE MOVE TO AMEND....ABC AMBASSADOR JAMIE KRAMER SPOKE WITH ONE OF THE MEMBERS THIS WEEK AND FOUND OUT WHY IT'S SUPPORTERS ARE LOOKING TO CHANGE THE WAY WE SEE OUR CONSTITUTION.

January 16, 2012

Time: 6:30-7:00 PM

Duration :30

FRIENDS AND FAMILY ARE REMEMBERING THE KALKASKA COUNTY PROSECUTOR TONIGHT -- AFTER HE DIED SATURDAY FROM CARDIAC ARREST. 61-YEAR-OLD BRIAN DONNELLY WAS FOUND UNRESPONSIVE -- WHILE CROSS-COUNTRY SKIING THE VASA TRAIL -- IN GRAND TRAVERSE COUNTY.

January 16, 2012

Time: 6:30-7:00 PM

Duration :30

AS MANY PEOPLE ACROSS THE NATION ARE REMEMBERING THE LIFE OF REVEREND MARTIN LUTHER KING JUNIOR -- TRAVERSE CITY IS NO EXCEPTION. THE STATE THEATRE HAS THREE FREE EVENTS TO HONOR THE CIVIL RIGHTS LEADER.

January 16, 2012

Time: 6:30-7:00 PM

Duration :30

16 YEARS OF SAVING ABOUT 6 THOUSAND 400 ANIMALS....THEY'RE MORE THAN DEDICATED OVER AT AC PAW ANIMAL RESCUE...AND HERE WITH ME NOW....AC PAW FOSTER PARENT AND HER RESCUE PUP BENSON.

January 17, 2012

Time: 6:30-7:00 PM

Duration :30

THE NATIONAL WRITER'S SERIES IN TRAVERSE CITY WILL KICK OFF WITH SOME BIG NAMES IN LITERATURE. ANNOUNCED TODAY -- THE 20-12 LINEUP INCLUDED AUTHOR JODI PICOULT.

January 17, 2012

Time: 6:30-7:00 PM

Duration :30

A NORTHERN MICHIGAN MOM OF FOUR IS DRIVING AROUND TOWN TONIGHT IN A NEW CAR -- AND THE BEST PART -- SHE DIDN'T HAVE TO PAY A DIME FOR IT! BECKEY BURDEN - CUDDEBACK IS THE WINNER OF WILLIAMS CHEVROLET'S HOLIDAY GIVEAWAY.

January 17, 2012

Time: 6:30-7:00 PM

Duration :30

IT'S A NIGHT TO REMEMBER IN TRAVERSE CITY THIS WEEKEND....I'M HERE WITH SUE KELLY -- ORGANIZER FOR A NIGHT AT THE OPERA GALA... WELCOME SUE...WE ALL LOVE THE PHANTOM OF THE OPERA... WHAT A CLASSIC.

January 17, 2012

Time: 6:30-7:00 PM

Duration :30

WELCOME BACK -- WHEN IT COMES TO GETTING ON A SNOMOBILE, MOST PEOPLE ARE LOOKING FOR THE LATEST AND THE GREATEST. BUT NOT THE RACERS AT THE T-C 250. ABC AMBASSADOR JAMIE KRAMER AND I FOUND HOW WHEN IT COMES TO GETTING ON A SLED THESE RIDERS PREFER AN OLDIE BUT GOODIE!

January 18, 2012

Time: 6:30-7:00 PM

Duration :30

YOU LISTEN FOR YOUR CELEBRITY NEWS... YOUR FAVORITE SONGS... AND OF COURSE -- A CHANCE TO LISTEN TO RON AND REHMER MAKE FUN OF EACH OTHER. WHAT BETTER WAY TO START YOUR DAY? WELL TONIGHT -- Z-93'S R AND R IN THE MORNING IS GIVING YOU THE CHANGE TO WATCH, LISTEN AND WIN.

January 19, 2012

Time: 6:30-7:00 PM

Duration :30

MOST OF US WOKE UP TO A SNOWY SURPRISE AROUND NORTHERN MICHIGAN AS SEVERAL INCHES OR MORE FELL AROUND THE AREA OVERNIGHT. AND FOR THOSE AREAS THAT GOT HIT, LET THE MID-JANUARY DIG-OUT BEGIN!

January 19, 2012

Time: 6:30-7:00 PM

Duration :30

WELCOME BACK...I'M HERE WITH ERIN CROWELL FROM THE NORTHERN EXPRESS... WE'VE GOT THE BEST EVENTS GOING ON IN NORTHERN MICHIGAN THIS WEEKEND...

January 20, 2012

Time: 6:30-7:00 PM

Duration :30

THANKS TO GENEROUS DONATION -- THE "UNITED WAY OF NORTHWEST MICHIGAN" -- IS PREPARING FOR A YEAR OF POSITIVE COMMUNITY PROJECTS. THE C-E-O OF GRAND TRAVERSE RESORT RICHARD BAILEY PRESENTED A CHECK THIS AFTERNOON -- FOR MORE THAN 4 THOUSAND DOLLARS -- TO THE UNITED WAY OF NORTHWEST MICHIGAN.

January 20, 2012

Time: 6:30-7:00 PM

Duration :30

IMAGINE TUNING INTO THE GRAMMY'S AND SEEING ONE OF YOUR FAVORITE LOCAL BANDS -- FROM RIGHT HERE IN TRAVERSE CITY --I SAT DOWN WITH RATONE AND FOUND OUT HOW YOU CAN HELP MAKE THEIR GRAMMY DREAMS COME TRUE JUST BY LOGING ON TO FACEBOOK.

January 23, 2012

Time: 6:30-7:00 PM

Duration :30

THEY'RE THE PERFECT MIX OF ATHLETICISM, THEATRE -- AND COMEDY.... CELEBRATING MORE THAN 85 YEARS -- AND 20-THOUSAND GAMES... THE HARLEM GLOBETROTTERS WILL BE PUTTING THEIR MOVES ON DISPLAY RIGHT HERE IN NORTHERN MICHIGAN.

January 23, 2012

Time: 6:30-7:00 PM

Duration :30

IN HONOR OF NATIONAL PIE DAY -- GRAND TRAVERSE PIE COMPANY -- WAS SERVING UP SOME SWEET SLICES -- FOR FREE! FROM TWO TO FIVE TODAY -- PEOPLE PACKED INTO TRAVERSE CITY'S TWO GRAND TRAVERSE PIE COMPANY LOCATIONS.

January 23, 2012

Time: 6:30-7:00 PM

Duration :30

SINCE TRAVERSE CITY WAS APPROVED BY THE US CONGRESS AS A COAST GUARD CITY IN 2011, COASTGUARD MEMBERS SAY THE OUTPOURING OF SUPPORT FROM THE COMMUNITY HAS BEEN SIMPLY ASTONISHING. I'M HERE WITH COMMANDER JOSEPH BUZZELLA WITH THE U-S COAST GUARD TRAVERSE CITY.

January 23, 2012

Time: 6:30-7:00 PM

Duration :30

TODAY MARKS THE THIRD SNOW DAY IN LESS THAN A WEEK ALL OVER NORTHERN MICHIGAN. AND WHILE KIDS ARE CELEBRATING THE DAY OFF -- PARENTS ARE LEFT TRYING TO ENTERTAIN THEM. SO WHAT DO YOU DO WHEN YOUR KIDS ARE STUCK AT HOME ON YET ANOTHER SNOW DAY? HERE'S WHAT YOU HAD TO SAY.

January 24, 2012

Time: 6:30-7:00 PM

Duration :30

WE'VE GOT WINE AND CHOCOLATE.... WHAT ELSE DO WE NEED? I'M HERE WITH DIRECTOR OF THE LEELANAU WINE TRAIL -- ANDREW MCFARLANE.... WELCOME ANDREW.

January 24, 2012

Time: 6:30-7:00 PM

Duration :30

THE NATIONAL WRITERS SERIES IS STARTING 2012 WITH AN ALL-STAR LINEUP.... I'M HERE WITH MEGAN RAPHAEL WITH THE NATIONAL WRITERS SERIES... ARE YOU EXCITED FOR THIS YEAR?

January 24, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU'RE LOOKING TO BEAT BED BUGS.... BELIEVE IT OR NOT, MAN'S BEST FRIEND -- MIGHT ACTUALLY BE YOUR BEST BET. THE INTERNATIONAL ASSOCIATION OF CANINE PEST INSPECTORS IS MAKING A TRIP TO MANISTEE THIS WEEK.

January 25, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU'VE GOT SOME P-J'S THAT NEED A NEW HOME -- ONE SCHOOL IS HELPING ROUND THEM UP. GOING ON NOW THROUGH FEBRUARY TENTH TRAVERSE CITY AREA PUBLIC SCHOOL'S MONTESSORI AT GLEN LOOMIS WILL BE COLLECTING PAJAMAS FOR THOSE IN NEED.

January 26, 2012

Time: 6:30-7:00 PM

Duration :30

THE WEEKEND IS COMING... AND IF YOU DON'T HAVE PLANS YET... WE'VE GOT THEM RIGHT HERE. I'M HERE WITH ERIN CROWELL FROM THE NORTHERN EXPRESSES HERE....

January 26, 2012

Time: 6:30-7:00 PM

Duration :30

TONIGHT -- WE'RE TALKING ABOUT YOUR KIDS ... AND THEIR FRIENDS... AND ALLOWANCE... WHAT ARE THE PROS AND CONS OF THAT? HERE TO EDUCATE US ALL.. DOCTOR ANN MARIE LOVE.

January 27, 2012

Time: 6:30-7:00 PM

Duration :30

AN ORGANIZATION IN EMMET COUNTY IS BUILDING PUBLIC AWARENESS ABOUT THE STRUGGLES OF LIVING IN POVERTY.THE "SHAR-EM POVERTY REDUCTION INITIATIVE" HOSTED A "SURVIVE A MONTH IN POVERTY" SIMULATION WORKSHOP TODAY.

January 27, 2012

Time: 6:30-7:00 PM

Duration :30

THEY'RE COMBINING ENGINEERING, ART AND COMMUNITY SERVICE TO CREATE A PLAN TO FEED HUNGRY FAMILIES THIS WEEKEND... I'M HERE WITH MARTIE MANTY AND SUE BAUER -- WITH THE FATHER FRED FOUNDATION. A VERY INTERESTING WAY -- YOU'RE KICKING OFF THE FROSTBITE FOOD DRIVE.... WITH ART.

January 30, 2012

Time: 6:30-7:00 PM

Duration :30

BULLIES BEWARE -- ONE NORTHERN MICHIGAN CAMP IS ATTEMPTING TO COMBAT BULLING WITH A LITTLE FUN AND TEAMWORK. ABC AMBASSADOR JAMIE KRAMER TAKES US TO CAMP DAGETT IN PETOSKY TO FIND OUT HOW STUDENTS ARE LEARNING HOW TO TEST THEIR LIMITS WHILE ALSO LEARNING TO SET THEM.

January 31, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU'RE THINKING ABOUT BUYING A HOME.... YOU DON'T WANT TO MISS THE HOME EXPO THIS WEEKEND... I'M HERE WITH KATHY MAISONVILLE WITH THE HOME BUILDERS ASSOCIATION -- AND THE OFFICIAL EXPO MASCOT -- SCOTT WRIGHT.... ALSO A MANAGER AT BURKHOLDER CONSTRUCTION.

February 1, 2012

Time: 6:30-7:00 PM

Duration :30

EVEN THOUGH MOTHER NATURE IS HAVING A HOT FLASH HERE IN NORTHERN MICHIGAN.... THERE SOME FUN EVENTS STILL HAPPENING THIS WEEKEND! FIRST -- ON SATURDAY -- YOU HAVE SNOWSHOEING AND ART.... IN THE SAME PLACE...

February 1, 2012

Time: 6:30-7:00 PM

Duration :30

THEY'RE YOUR R AND R EVERY MORNING ON YOUR RADIO DIAL... YOU KNOW THEM AS Z93'S RON AND REHMER. I HEADED TO THEIR NEWLY REVAMPED STUDIO IN TRAVERSE CITY TODAY -- TO FIND OUT WHICH SONGS ARE TOPPING THE CHARTS....AND HOW YOU CAN WIN A NIGHT OUT -- ON US.

February 1, 2012

Time: 6:30-7:00 PM

Duration :30

THE MARITIME HERRITAGE ALLIANCE IS ONE NON-PROFIT WHO IS MAKING SURE THAT CLASSIC WOODEN SHIPS CONTINUE TO SAIL THE GREAT LAKES. ABC AMBASSADOR JAMIE KRAMER FINDS OUT HOW THEIR HARD WORK IS PAYING OFF AND HOW YOU TOO CAN LEARN TO SAIL THESE BEAUTIFUL VESSELS.

February 2, 2012

Time: 6:30-7:00 PM

Duration :30

A PIECE OF HISTORY HAS BEEN FOUND ON A REMOTE PART OF SLEEPING BEAR DUNES BEACH. LOCAL HISTORIANS SAY ITS A PIECE THAT HAS BEEN ON THE SHORE FOR ABOUT EIGHT YEARS -- BUT THEY'VE NEVER BEEN ABLE TO SEE THE ENTIRE THING BECAUSE SAND COVERED IT.

February 2, 2012

Time: 6:30-7:00 PM

Duration :30

A BIG GAME -- MEANS A TON OF EVENTS GOING ON IN NORTHERN MICHIGAN THIS WEEKEND! AND I'M HERE WITH ERIN CROWELL FROM THE NORTHERN EXPRSES HERE...

February 2, 2012

Time: 6:30-7:00 PM

Duration :30

WELCOME BACK IT'S BOOM TIME FOR NORTHERN MICHIGAN WINERIES -- GAINING NATIONAL RECOGNITION -- IT SEEMS LIKE THERE MAYBE NO END TO THE POSSIBILITIES OUR GRAPES CAN BRING. ABC AMBASSADOR JAMIE KRAMER SAT DOWN WITH THE MAN WHO MAY HAVE JUST STARTED IT ALL AND HOW GROWING VINES HASN'T BEEN THIS MANS ONLY ADVENTURE.

February 3, 2012

Time: 6:30-7:00 PM

Duration :30

THE SUSAN G. KOMEN FOUNDATION'S FUNDING FOR PLANNED PARENTHOOD IS BACK ON. THE FOUNDATION ANNOUNCED THE REVERSAL OF ITS PLANS TO CUT FUNDING TO PLANNED PARENTHOOD FOR BREAST CANCER SCREENINGS TODAY.

February 3, 2012

Time: 6:30-7:00 PM

Duration :30

YOU'VE SEEN THE AMAZING TRANSFORMATIONS ON EXTREME MAKEOVER WEIGHTLOSS EDITION... FIND OUT HOW YOU CAN BE THE NEXT CANDIDATE TO MAKEOVER YOUR LIFE

February 3, 2012

Time: 6:30-7:00 PM

Duration :30

THE 46TH ANNUAL SUPER BOWL IS COMING UP ON SUNDAY...BUT BESIDES THE BIG GAME, THE COMMERCIALS ARE WHAT A LOT OF US LOOK FORWARD TO! AND ONE OF THE BIGGEST CONTESTS IN THE COUNTRY -- IS THE CRASH THE SUPER BOWL COMMERCIAL CONTEST FOR DORITOS.

February 3, 2012

Time: 6:30-7:00 PM

Duration :30

WE INTRODUCED YOU TO BERNIE RINK -- THE FIRST COMMERCIAL VINTER IN LEELANAU COUNTY LAST NIGHT -- AND TONIGHT WE'RE MEETING A MAN WHO WAS ANOTHER FIRST. ABC AMBASSADOR JAMIE KRAMER TAKES US TO RAFTSHOL VINEYARDS TO FIND OUT HOW THIS MAN CHALLENGED THE WORLD OF WINE AND LITERALLY CHANGED WHAT'S IN OUR GLASSES.

February 6, 2012

Time: 6:30-7:00 PM

Duration :30

VOLUNTEERS ARE KEEPING AN EYE ON TRAILS AS THEY GET READY FOR THE ANNUAL NORTH AMERICAN VASA CROSS-COUNTRY SKI RACE.

February 6, 2012

Time: 6:30-7:00 PM

Duration :30

A-M-C'S HIT TV SHOW "BREAKING BAD" HAS BEEN NOMINATED FOR TWO EMMY'S -- BUT BEYOND THE HOLLYWOOD ACCLAIM AND FAME LIES THE CREATOR. ABC AMBASSADOR JAMIE KRAMER CAUGHT UP WITH VINCE GILLIGAN ON FRIDAY AND TO FIND OUT WHAT IT TAKES TO CREATE A HIT SHOW.

February 7, 2012

Time: 6:30-7:00 PM

Duration :30

VASA ORGANIZERS HAVE DECIDED WHETHER OR NOT THE TRAILS WILL BE READY FOR THIS WEEKEND'S CROSS COUNTRY RACE. THE 36TH ANNUAL NORTH AMERICAN VASA IS STILL ON!

February 7, 2012

Time: 6:30-7:00 PM

Duration :30

SPECIAL OLYMPIANS FROM 60 COUNTIES IN THE STATE WILL SPEND THE NEXT THREE DAYS AT THE GRAND TRAVERSE RESORT. DESPITE THE POOR WEATHER, MORE THAN 800 ATHLETES WILL SHOWCASE THEIR SKILLS AT THE STATE WINTER GAMES.

February 7, 2012

Time: 6:30-7:00 PM

Duration :30

THE NATIONAL WRITERS SERIES HAS BEEN BRINGING AUTHORS OUT OF THE PAGES OF OUR FAVORITE STORIES AND ONTO THE STAGE IN NORTHERN MICHIGAN. NOW THEY'RE GIVING US THE CHANCE TO BE A PART OF THESE INSPIRATIONAL EVENINGS. WITH ME TONIGHT IS MEGAN RAPHAEL AND MEAGAN ALVARADO WITH THE NATIONAL WRITERS SERIES.

February 7, 2012

Time: 6:30-7:00 PM

Duration :30

NATIONAL ADOPTION WEEKEND IS ALMOST HERE AND IF YOU'VE SERIOUSLY BEEN CONSIDERING WELCOMING A NEW FAMILY MEMBER INTO YOUR HOME. LOOK NO FURTHER. I'M HERE WITH BRIAN MANLEY AND JUNE MCGRATH WITH AC PAW.

February 7, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU CAN BUILD IT -- WHY NOT RE-BUILD IT? IT'S A CHANCE TO REPURPOSE AN OLD OBJECT INTO SOMETHING NEW. ABC AMBASSADOR JAMIE KRAMER FINDS OUT HOW YOU CAN HELP RAISE MONEY FOR GOODWILL AND USE THE BEST OF YOUR CREATIVE SKILLS.

February 8, 2012

Time: 6:30-7:00 PM

Duration :30

LOCAL ARTISTS COULD HAVE A NEW PLACE TO SHOW OFF THEIR TALENTS IN TRAVERSE CITY. DAVID QUALEY IS LOOKING TO OPEN AN ARTIST CO-OP ON FRONT STREET DOWNTOWN.

February 8, 2012

Time: 6:30-7:00 PM

Duration :30

THE 54TH ANNUAL GRAMMY AWARDS ARE HAPPENING THIS WEEKEND... A FEW OF THIS YEAR'S
CONTENDERS INCLUDE -- BRUNO MARS, ADELE, KATY PERRY AND LADY GAGA... I STOPPED BY Z93'S
STUDIO TODAY TO FIND OUT WHO RON AND REHMER THINK WILL TAKE HOME THE TROPHIES... AND
WATCH CLOSELY -- FOR THE SECRET WORD YOU NEED TO WIN A NIGHT OUT ON US!

February 9, 2012

Time: 6:30-7:00 PM

Duration :30

I'M SURE MANY OF YOU ARE CELEBRATING VALENTINE'S DAY THIS WEEKEND....AND ERIN CROWELL
FROM THE NORTHERN EXPRESS IS HERE WITH SOME V-DAY IDEAS....
FIRST -- ONE EVENT -- IS SAYING "SCREW VALENTINE'S DAY!"

February 9, 2012

Time: 6:30-7:00 PM

Duration :30

AS YOU KNOW... VALENTINE'S DAY IS ON TUESDAY... AND IF YOU'RE STRUGGLING WITH GIFT IDEAS
-- HOW MUCH TO SPEND... HERE TO HELP IS DR. ANN MARIE LOVE. WELCOME BACK DR. LOVE.

February 10, 2012

Time: 6:30-7:00 PM

Duration :30

WITH VALENTINE'S DAY COMING UP NEXT WEEK.. WHY NOT USE IT AS AN EXCUSE TO GET PAMPERED?
I'M HERE WITH MANAGER OF PAVLOVA SALON AND SPA IN TRAVERSE CITY... ALYSSA KORHONEN.

February 10, 2012

Time: 6:30-7:00 PM

Duration :30

IF ANYONE KNOWS HOW TO THROW A PARTY -- IT'S SAM PORTER WITH PORTERHOUSE PRODUCTIONS.
THIS YEAR'S MICROBREW AND MUSIC FEST KICKS OFF TONIGHT IN DOWNTOWN TRAVERSE CITY WITH
BLUES TRAVELER PERFORMING AT THE CITY OPERA HOUSE. I STOPPED BY TO GET

February 13, 2012

Time: 6:30-7:00 PM

Duration :30

ORGANIZERS OF THIS YEAR'S FROSTBITE FOOD DRIVE ARE CELEBRATING ... AFTER MEETING THEIR
GOAL. THE 18TH ANNUAL DRIVE STARTED ON FEBRUARY THIRD -- AND WRAPPED UP LAST NIGHT.

February 13, 2012

Time: 6:30-7:00 PM

Duration :30

SHE'S AN AUTHOR, MOTIVATIONAL SPEAKER AND HAS HER OWN COMPANY "MARVELOUS EMPOWERMENT..."
AND SHE'S GOT A BRAND NEW BOOK OUT.... I'M HERE WITH AUTHOR ROBIN MARVEL.

February 13, 2012

Time: 6:30-7:00 PM

Duration :30

SOMETIMES MAN'S BEST FRIEND NEEDS OTHER FRIENDS. FOR MONTHS FOLKS IN TRAVERSE CITY HAVE
BEEN WORKING TO MAKE A DOG PARK A REALITY. WITH ME TODAY IS GARY HOW FROM TRAVERSE CITY
PARKS AND RECREATION AND NICOLE HAYES THE "MARDI PAWS" FUNDRAISER ORGANIZER.

February 13, 2012

Time: 6:30-7:00 PM

Duration :30

LAST YEAR TRAVERSE CITY WEST ASTONISHED AUDIENCES AND PERFORMED SOLD OUT SHOWS OF
"PHANTOM OF THE OPERA." THIS YEAR THEY'RE TAKING THEIR TALENTS TO NEW HEIGHTS WITH TIM
RICE AND ELTON JOHN'S "AIDA"

February 15, 2012

Time: 6:30-7:00 PM

Duration :30

IT'S A DAY OF FOOD, HISTORY -- AND FAMILY FUN IN LAKE ANN THIS WEEKEND. I'M HERE WITH
TANYA STRUBLE AND KATHIE BRAND WITH THE LAKE ANN SNOW PINE FEST.

February 15, 2012

Time: 6:30-7:00 PM

Duration :30

YOU HEAR THEM EVERY MORNING ON YOUR RADIO DIAL....BUT I BET YOU HAVEN'T HEARD RON SING
BEFORE...THEY'RE Z93'S R AND R IN THE MORNING -- AND THEY'RE GIVING YOU THE CHANCE TO WIN
A NIGHT OUT! SO PAY CLOSE ATTENTION FOR THE SECRET WORD YOU NEED -- TO WIN 100-BUCKS TO
YOUR FAVORITE RESTAURANTS!

February 15, 2012

Time: 6:30-7:00 PM

Duration :30

YESTERDAY MILLIONS OF PEOPLE DECIDED TO MAKE THEIR LOVE OFFICIAL AND TIE THE KNOT ON VALENTINES DAY. ONE COUPLE FROM ROSCOMMON WAS NO DIFFERENT AS THEY SOUGHT TO BEGIN THEIR LIVES TOGETHER IN A RETIREMENT HOME. ABC AMBASSADOR JAMIE KRAMER FINDS OUT HOW ONE SPECIAL COUPLE FELL IN LOVE IN THEIR GOLDEN YEARS.

February 16, 2012

Time: 6:30-7:00 PM

Duration :

IF YOU DON'T HAVE YOUR PLANS SET FOR THE WEEKEND JUST YET... HERE TO HELP -- ERIN CROWELL FROM THE NORTHERN EXPRESS...

February 16, 2012

Time: 6:30-7:00 PM

Duration :

LIVING IN NORTHERN MICHIGAN -- IS A LUXURY IN ITSELF....BUT WHEN YOU'VE GOT A BUNCH OF MONEY LYING AROUND -- IT GET'S EVEN MORE LUXURIOUS. WE DECIDED TO VISIT THE PRICIEST HOMES IN THE AREA.... AND TONIGHT -- IT'S THE FIRST NORTHERN MICHIGAN CASTLE....

February 17, 2012

Time: 6:30-7:00 PM

Duration :30

TRAVERSE CITY IS CELEBRATING THE OSCAR'S THIS WEEKEND. THE OSCAR NOMINATED FILM "THE ARTIST" WILL BE FEATURED -- AND THIS SUNDAY THEY WILL BE SHOWING ALL THE FILMS IN THE LIVE ACTION SHORT CATEGORY -- WITH A LEAD UP TO THE THEATRE'S BIG ACADEMY AWARDS SHOW PARTY ON SUNDAY THE 26TH.

February 17, 2012

Time: 6:30-7:00 PM

Duration :30

BEFORE YOU TURN INTO BRIDEZILLA...WE'VE GOT A PLAN FOR YOU TO GET EVERYTHING YOU NEED TO PLAN THAT BIG DAY. AND I'M HERE WITH BAY HARBOR VILLAGE HOTEL MANAGER -- MEGAN NICKERSON. WELCOME MEGAN. IT'S THE BIG BRIDAL EXPO THIS WEEKEND...

February 20, 2012

Time: 6:30-7:00 PM

Duration :30

LOCAL STORES AND BAKERIES ARE GEARING UP FOR A DAY OF GORGING TOMORROW. FAT TUESDAY HAS ALMOST BECOME SYNONYMOUS WITH THE DELICIOUS HIGH CALORIE TREAT THAT'S SERVED UP -- PACZKIS.

February 20, 2012

Time: 6:30-7:00 PM

Duration :30

YOU CAN HELP THE HISTORICAL FISHTOWN AREA IN LEELANAU COUNTY WIN TEN THOUSAND DOLLARS. DWELL MAGAZINE HAS NOMINATED FISHTOWN TO WIN ITS PRESERVATION AWARD.

February 20, 2012

Time: 6:30-7:00 PM

Duration :30

SOLAR PANELS, INSULATION, NEW HIGHER EFFICENCY APPLIANCES. WE'RE ALL TRYING TO SAVE MORE ENERGY -- TRAVERSE CITY LIGHT AND POWER IS PUTTING BOTH STUDENTS AND COMMUNITY MEMBERS UP TO THE CHALLENGE WITH THEIR "POWER OF ART" CONTEST.

February 20, 2012

Time: 6:30-7:00 PM

Duration :30

IT'S ONE FASHION STATEMENT THAT'S BEEN AROUND JUST AS LONG AS HUMANS -- IT'S FUR! THIS SOMETIMES CONTROVERSIAL LOOK HAS NEVER LEFT THE RUNWAY OR THE AREA. IN THIS WEEK'S MADE WITH MICHIGAN HANDS REPORT, ABC AMBASSADOR JAMIE KRAMER

February 21, 2012

Time: 6:30-7:00 PM

Duration :30

I'M HERE WITH NEW YORK TIMES BEST SELLING AUTHOR WITH THE NATIONAL WRITERS SERIES DOUG STANTON -- AND TONIGHT -- WE'RE SPOTLIGHTING AUTHOR JACK DRISCOLL IN THIS WEEK'S WRITER'S MINUTE. WELCOME BOTH OF YOU.

February 21, 2012

Time: 6:30-7:00 PM

Duration :30

IT'S YOUR CHANCE TO DISCOVER THE TALENTS OF LOCAL CHEFS -- AND EXPLORE SOME OF THE FINEST RESTAURANTS -- AT A DISCOUNT...TRAVERSE CITY RESTAURANT WEEK IS COMING AND I'M HERE WITH COLLEEN PAVEGLIO WITH THE TRAVERSE CITY DOWNTOWN DEVELOPMENT AUTHORITY.

February 22, 2012

Time: 6:30-7:00 PM

Duration :30

LAST WEEK WE SHOWED YOU A SPECTACULAR 8-MILLION-DOLLAR BOATHOUSE IN CHARLEVOIX. AND TONIGHT'S NORTHERN MICHIGAN CASTLE -- CAPTURES THE WOODS, WILDLIFE -- AND LAKE VIEWS OF NORTHERN MICHIGAN -- ACROSS 345 ACRES. SO SIT BACK -- AS WE HEAD TO FIFE LAKE -- AND TAKE A TOUR OF "THE EAGLE'S NEST."

February 22, 2012

Time: 6:30-7:00 PM

Duration :30

AS YOU KNOW -- ANYTIME I CAN SIT AND TALK ABOUT HOW WONDERFUL GEORGE CLOONEY IS -- YOU KNOW THAT'S A GOOD DAY. I HEADED TO THE RADIO CENTRE IN DOWNTOWN TRAVERSE CITY TODAY TO HEAR Z93'S RON AND REHMER'S OSCAR PICKS... AND PAY CLOSE ATTENTION -- FOR THE SECRET WORD YOU NEED -- TO WIN A NIGHT OUT ON US!

February 22, 2012

Time: 6:30-7:00 PM

Duration :30

PROM IS JUST AROUND THE CORNER AND ALREADY YOUNG LADIES EVERYWHERE ARE LOSING SLEEP ABOUT WHAT THEY'LL WEAR AND WHO THEY WILL GO WITH. ALTHOUGH IT'S OPEN FOR ANYONE TO ATTEND -- NOT EVERYONE CAN AFFORD THE HEFTY COST OF BUYING A DRESS. ABC AMBASSADOR JAMIE KRAMER FINDS OUT HOW ONE SUTTONS BAY SENIOR IS GIVING ALL YOUNG LADIES A CHANCE TO EXPERIENCE THE BEAUTY AND MAGIC OF PROM!

February 22, 2012

Time: 6:30-7:00 PM

Duration :30

NEW NUMBERS OUT TODAY SHOW THE NUMBER OF CHILDREN LIVING IN POVERTY -- AND SEVERAL OF THE COUNTIES WITH THE HIGHEST RATES ARE RIGHT HERE IN NORTHERN MICHIGAN.

February 22, 2012

Time: 6:30-7:00 PM

Duration :30

THE WEEKEND IS ALMOST HERE...AND I'M HERE WITH ERIN CROWELL FROM THE NORTHERN EXPRESS. YOU'VE GOT SOME FESTIVITIES PLANNED FOR ALL OF US...

February 22, 2012

Time: 6:30-7:00 PM

Duration :30

WELCOME BACK ON OUR SISTER STATION 7&4 NEWS A YOUNG GIRL NAMED HANNA WAS DEEMED A MINI MIRACLE -- SINCE THEN SHE'S DECIDED TO MOVE ON TO BIGGER AND BETTER THINGS. ABC AMBASSADOR JAMIE KRAMER WENT TO BETSIE VALLEY ELEMENTARY TO FIND OUT HOW THIS AMAZING YOUNG WOMAN IS PLANNING TO TAKE ON THE PAGENT CIRCUIT.

February 24, 2012

Time: 6:30-7:00 PM

Duration :30

THE 84TH ANNUAL ACADEMY AWARDS ARE COMING UP THIS SUNDAY -- RIGHT HERE ON ABC. AND WE'RE ALL MAKING OUR WINNING PICKS...I'M HERE WITH TRAVERSE CITY FILM FESTIVAL CO-FOUNDER -- JOHN ROBERT WILLIAMS.

February 24, 2012

Time: 6:30-7:00 PM

Duration :30

WELCOME BACK -- WATER COLORS, KNITTING, CROSS STITCHING AND.....WELDING? IT'S NOT TYPICALLY WHAT YOU THINK OF WHEN YOU THINK OF LADIES ART BUT IT DEFINATELY MAKES AN IMPACT. ABC AMBASSADOR JAMIE KRAMER WENT DOWN TO ANNZ METALZ DESIGNZ TO MEET WITH ONE WOMAN WHO IS MELTING AWAY THE PERCEPTION OF WHAT A WELDER LOOKS LIKE.

February 27, 2012

Time: 6:30-7:00 PM

Duration :30

THE 84TH ANNUAL ACADEMY AWARDS WERE ON LAST NIGHT.. THERE WERE SOME BIG WINS -- AND A COUPLE PLEASANT SURPRISES.... I'M HERE WITH TRAVERSE CITY FILM FESTIVAL CO-FOUNDER -- JOHN ROBERT WILLIAMS.

February 27, 2012

Time: 6:30-7:00 PM

Duration :30

THE STARS STEPPED OUT ONTO THE RED CARPET AT THE OSCARS LAST NIGHT.... AND NOT ALL WERE DRESSED TO IMPRESS. I'M HERE WITH LOCAL SEAMSTRESS AND FASHION DESIGNER -- JULIETTE GOODWIN. WELCOME JULIETTE.

February 27, 2012

Time: 6:30-7:00 PM

Duration :30

STARTING YOUR OWN BUSINESS IS A SCARY VENTURE -- BUT ADD A FEW KIDS AND A FULL TIME JOB IT BECOMES AN OVERWHELMING JOB. IN THIS WEEK'S MADE WITH MICHIGAN HANDS REPORT...ABC AMBASSADOR JAMIE KRAMER TAKES A LOOK AT JUST GOOD CHOCOLATE AND FINDS OUT HOW THIS FULL TIME FAMILY IS WORKING TOWARD THE SWEET LIFE!

February 28, 2012

Time: 6:30-7:00 PM

Duration :30

THE LACK OF ANIMALS BEING SPAYED OR NEUTERED HAS ALWAYS BEEN A POPULATION PROBLEM FOR ANIMAL SHELTERS BUT PLACES, LIKE THE LITTLE TRAVERSE BAY HUMANE SOCIETY, ARE SEEING A CONCERNING TREND -- FAMILIES HAVING TO SURRENDER THEIR OLDER PETS. ANDREW KELLER HAS MORE ON THIS PROBLEM.

February 28, 2012

Time: 6:30-7:00 PM

Duration :30

WELCOME BACK THE M-22 CHALLENGE IS JUST AROUND THE CORNER BUT THIS YEAR THEY'RE DOING SOMETHING NEW. I HAVE WITH ME TWO VERY SPECIAL GUESTS MATT MYERS OF M-22 AND QUAY CHILCOTT FROM CARTER'S KIDS.

February 29, 2012

Time: 6:30-7:00 PM

Duration :30

WE SHOWED YOU A ONE-OF-A-KIND 8-MILLION-DOLLAR BOATHOUSE IN CHARLEVOIX... AND LAST WEEK -- A SPECTACULAR FIVE-MILLION DOLLAR LOG HOME -- SITTING ON 345 ACRES... AND TONIGHT'S NORTHERN MICHIGAN CASTLE -- IS UNLIKE ANYTHING YOU'VE EVER SEEN.... IT SITS SO HIGH ON TOP OF A HILL.... YOU HAVE TO TAKE A TRAM TO GET INSIDE.

February 29, 2012

Time: 6:30-7:00 PM

Duration :30

BETTER THAN A SHOT OF ESPRESSO IN THE MORNING....Z93'S RON AND REHMER ARE ALWAYS THERE TO MAKE SURE YOU'RE OFF TO A GREAT START ON YOUR WORKDAY. BUT NOW IT'S AN EVEN BETTER START TO YOUR EVENING... PAY CLOSE ATTENTION TO THE WORD OF THE DAY SO YOU CAN WATCH, LISTEN, AND WIN!

March 1, 2012

Time: 6:30-7:00 PM

Duration :30

WELCOME BACK.I'M HERE WITH ERIN CROWELL FROM THE NORTHERN EXPRESS WITH YOUR PLANS FOR THE WEEKEND.

March 1, 2012

Time: 6:30-7:00 PM

Duration :30

BENJAMIN FRANKLIN ONCE SAID "A PENNY SAVED IS A PENNY EARNED" AND FIFTH GRADER ETHAN VANDERMOLEN SAID "DEALING WITH MONEY IS COOL". BOTH BENJAMIN AND ETHAN KNOW THE VALUE OF MONEY. ABC AMBASSADOR JAMIE KRAMER WENT TO LONG LAKE ELEMENTARY AND FOUND OUT HOW A GROUP OF FIFTH GRADERS ARE LEARNING HOW TO BE FINANCIAL LEADERS THANKS TO A NEW PROGRAM FROM THE TBA CREDIT UNION.

March 2, 2012

Time: 6:30-7:00 PM

Duration :30

HUNDREDS OF BUSINESS LEADERS, SCHOOL OFFICIALS, AND COMMUNITY MEMBERS GATHERED AT THE HAGERTY CENTER THIS MORNING IN TRAVERSE CITY FOR A VISIT FROM GOVERNOR RICK SNYDER.THE GOVERNOR TRAVELED TO NORTHERN MICHIGAN TO BE THE KEY SPEAKER FOR THE 20-12 REGIONAL ECONOMIC SUMMIT.

March 2, 2012

Time: 6:30-7:00 PM

Duration :30

THE SEARCH IS ON FOR THE BEST SINGER IN TRAVERSE CITY FOR THE 32ND ANNUAL "DANNY BOY" SINGING CONTEST. I'M HERE WITH MARTIE MANTY -- WITH THE FATHER FRED FOUNDATION...

March 2, 2012

Time: 6:30-7:00 PM

Duration :30

IT TOOK ALMOST ONE HUNDRED PEOPLE AGES 6 TO 60. ACTORS, ACTRESSES AND PUPPETEERS ALL CAME TOGETHER FOR THIS EXTRAORDINARY SHOW -- DOCTOR DOLITTLE. ENTERTAINMENT FOR ALL AGES ABC AMBASSADOR JAMIE KRAMER WENT TO THE OLD TOWN PLAYHOUSE TO GET A BACKSTAGE LOOK AT THIS CLASSIC MUSICAL.

March 5, 2012

Time: 6:30-7:00 PM

Duration :30

A HUGE MILESTONE TONIGHT FOR THE REGISTERED NURSES ASSOCIATION THAT BEGAN RIGHT HERE IN TRAVERSE CITY...I'M HERE WITH REGISTERED NURSE MARY-PAT RANDALL...MARY-PAT -- FIRST OFF -- TELL US A LITTLE BIT ABOUT THIS CELEBRATION OF ACHIEVEMENT FOR YOU ALL...

March 5, 2012

Time: 6:30-7:00 PM

Duration :30

THE TRAVERSE CITY SKATING CLUB WILL BE SHOWING OFF THEIR TALENTS THIS WEEKEND FOR THEIR ANNUAL ICE SHOW...AND THIS YEAR -- THEY'RE TAKING ON A FAMILY FAVORITE -- "THE LION KING." I STOPPED BY CENTRE ICE ARENA -- TO FIND OUT WHAT GOES INTO CREATING A SPECTACULAR SHOW LIKE THIS.

March 5, 2012

Time: 6:30-7:00 PM

Duration :30

THERE IS ONE NORTHERN MICHIGAN COMPANY THAT IS MAKING SWEET MUSIC WITH THEIR COMPLETELY HAND CRAFTED GUITARS. ABC AMBASSADOR JAMIE KRAMER WENT TO IN-NESIS AND FOUND OUT HOW ONE MAN'S ATTEMPT TO SAVE MONEY BY MAKING HIS OWN GUITAR HAS TURNED INTO A STANDARD OF QUALITY THAT IS SECOND TO NONE.

March 6, 2012

Time: 6:30-7:00 PM

Duration :30

WE'RE KNOWN AS ONE OF THE TOP 10 CITIES FOR BOOKLOVERS HERE IN TRAVERSE CITY... WITH GOOD REASON! I'M HERE WITH MEGAN RAPHAEL WITH THE NATIONAL WRITERS SERIES -- AND AMY REYNOLDS FROM HORIZON BOOKS IN TRAVERSE CITY.

March 6, 2012

Time: 6:30-7:00 PM

Duration :30

NORTHERN MICHIGAN IS KNOWN FOR IT'S BEAUTIFUL SCENERY -- INSPIRED BY HIS SURROUNDINGS ONE ARTIST IS ATTEMPTING TO TURN THE WONDER OF NATURE INTO FURNITURE. ABC AMBASSADOR JAMIE KRAMER SPENT SOME TIME AT SLAB STIX AND FOUND OUT WHY YOU MAY WANT TO TAKE THE OUTDOORS AND PUT IT INDOORS.

March 7, 2012

Time: 6:30-7:00 PM

Duration :30

WELCOME BACK. SAINT PATTY'S DAY IS COMING...AND THE FOLKS WHO BRING YOU THE NATIONAL CHERRY FESTIVAL HAVE A FUN EVENT -- TO GO GREEN -- AND GET HEALTHY. I'M HERE WITH TREVOR TKACH WITH THE NATIONAL CHERRY FESTIVAL....

March 7, 2012

Time: 6:30-7:00 PM

Duration :30

IT'S A CASE OF MISTAKEN IDENTITY THAT MUST MAKE AN OLDER CELEBRITY FEEL GREAT... OR A YOUNGER CELEBRITY FEEL.... WELL OLD. AND OF COURSE Z93'S "R AND R" IN THE MORNING HAVE SOMETHING TO SAY ABOUT IT. I HEADED TO THE RADIO CENTRE IN DOWNTOWN TRAVERSE CITY TO FIND OUT WHICH SONGS ARE TOPPING THE CHARTS THIS WEEK... AND PAY CLOSE ATTENTION FOR YOUR CHANCE TO WATCH, LISTEN AND WIN!

March 7, 2012

Time: 6:30-7:00 PM

Duration :30

A WALK IN THE WOODS LED TO ONE NORTHERN MICHIGAN MAN'S PASSION -- FURNITURE! ABC AMBASSADOR JAMIE KRAMER WENT TO SLAB STIX IN THOMSONVILLE TO FIND OUT HOW HE IS TAKING FURNITURE BACK TO IT'S QUOTE END QUOTE ROOTS!

March 8, 2012

Time: 6:30-7:00 PM

Duration :30

BUSINESS AND EDUCATION LEADERS ACROSS THE REGION ARE WORKING ON PLANS FOR A NEW CENTER THAT WOULD PROVIDE SERVICES TO HELP THE DEVELOPMENT OF CHILDREN. GREAT START AND MANISTEE COLLABORATIVE CAME UP WITH THE IDEA

March 8, 2012

Time: 6:30-7:00 PM

Duration :30

WELCOME BACK. WE'VE GOT YOUR PLANS FOR THE WEEKEND. I'M HERE WITH ERIN CROWELL FROM THE NORTHERN EXPRESS.

March 8, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU HAVEN'T HEARD OF HANNA ESSER -- LISTEN UP! THIS EIGHT YEAR OLD LITTLE SPITFIRE IS TAKING OVER! BORN WITHOUT A HEART BEAT -- LITTLE HANNA HAS BEATEN THE ODDS YET AGAIN. ABC AMBASSADOR JAMIE KRAMER SAT DOWN WITH HANNAH AND HER MOM AND FOUND OUT HOW SHE DID IN THIS YEAR'S LITTLE MISS WHEELCHAIR CONTEST.

March 9, 2012

Time: 6:30-7:00 PM

Duration :30

RIGHT NOW -- A 24-HOUR FOOD DRIVE IS KICKING OFF IN KALKASKA...IT'S CALLED "KAMPOUT FOR KAIR" -- AND VOLUNTEERS ARE TRYING TO STUFF A 28-FOOT TRUCK WITH NON-PERISHABLE FOOD AND PERSONAL HYGIENE ITEMS... IT'S ALL TO BENEFIT KALKASKA AREA INTERFAITH RESOURCES.

March 9, 2012

Time: 6:30-7:00 PM

Duration :30

STUDENT AND FACULTY WILL HIT THE GROUND RUNNING THIS WEEKEND AT AN ANNUAL BASKETBALL TOURNAMENT TO HONOR THE MEMORY OF A VERY SPECIAL GIRL... KATIE HEINTZ. AND I'M HERE WITH KATIE'S FATHER -- PAT... WELCOME PAT.

March 9, 2012

Time: 6:30-7:00 PM

Duration :30

IMAGINE BEING ABLE TO INSPIRE A YOUNG CHILDS LIFE -- IF YOU'VE EVER THOUGHT ABOUT BEING A BIG BROTHER OR A BIG SISTER NOW IS THE TIME AND IT'S A LOT EASIER THAN YOU MAY THINK. ABC AMBASSADOR JAMIE KRAMER MET UP WITH A BIG AND LITTLE AND FOUND OUT HOW THEIR BOND IS HELPING BOTH OF THEM GROW.

March 12, 2012

Time: 6:30-7:00 PM

Duration :30

TO CELEBRATE NATIONAL READING MONTH....I'M HERE WITH YVONNE DONOHOE MCCOOL WITH TBAISD -- AND BOB ROBBINS, EXECUTIVE DIRECTOR OF READALOUD.ORG...WELCOME BOTH OF YOU.

March 12, 2012

Time: 6:30-7:00 PM

Duration :30

IN THESE TRICKY ECONOMIC TIMES -- PEOPLE ARE STARTING TO CHANGE THE WAY THEY SHOP AND LOOKING AT LOCAL MERCHANTS IN A TOTALLY DIFFERENT WAY. ABC AMBASSADOR JAMIE KRAMER WENT TO HIGH FIVE THREADS IN TRAVERSE CITY TO FIND OUT HOW EASY IT IS TO BE STYLISH BY WEARING LOCAL COUTURE!

March 13, 2012

Time: 6:30-7:00 PM

Duration :30

A YOUNG BOY WHO'S 10-YEAR BATTLE WITH CANCER PROMPTED A BONE MARROW DRIVE -- HAS DIED. 13-YEAR-OLD ARDEN FAST WAS JUST 3-YEARS-OLD WHEN HE WAS DIAGNOSED WITH LEUKEMIA -

March 13, 2012

Time: 6:30-7:00 PM

Duration :30

THE TRAVERSE CITY CENTRAL HIGH SCHOOL CHORAL-AIRES ARE STUDENT PERFORMERS READY TO SPICE UP THE SPOTLIGHT IN THE FIRST ANNUAL PURE A CAPPELLA CONCERT. AND I'M HERE WITH COORDINATOR WENDY NIENHOUSE AND CHOIR DIRECTOR TAMI GROVE. WELCOME BOTH OF YOU.

March 13, 2012

Time: 6:30-7:00 PM

Duration :30

IT WAS SO PRECIOUS AND HARD TO COME BY THAT THESE OBJECTS WERE USED AS CURRENCY BY ANCIENT ROMANS, EGYPTIANS AND GREEKS... AND WHAT WERE THESE OBJECTS MADE FROM? GLASS.

ABC AMBASSADOR JAMIE KRAMER SHOWS US HOW ONE ARTIST IS RE-DISCOVERING THE VALUE OF THIS PRECIOUS MATERIAL AND RE-PURPOSING IT TO MAKE ART .

March 14, 2012

Time: 6:30-7:00 PM

Duration :30

YOU'VE HEARD HIS SOULFUL VOICE AROUND THE COUNTRY... ON HIS ALBUM "SEDUCTION" -- AND RIGHT HERE IN TRAVERSE CITY... NOW HE'S BACK...

March 14, 2012

Time: 6:30-7:00 PM

Duration :30

A BIG NIGHT FOR Z93'S "R AND R IN THE MORNING" -- BECAUSE A VERY PREGNANT COURTNEY REHMER IS FINALLY REVEALING THE NAME OF HER BABY BOY. WHILE RON MAKES FUN OF COURTNEY... AND MARIAH CAREY'S HUSBAND... YOU'VE GOT THE CHANCE TO WATCH, LISTEN AND WIN... RIGHT NOW!

March 14, 2012

Time: 6:30-7:00 PM

Duration :30

THERE'S A NEW YOGA STUDIO IN TOWN AND IT'S GOT IT'S STUDENTS FLYING IN TO TRY IT -- IT'S CALLED ZERO GRAVITY YOGA AND ABC AMBASSADOR JAMIE KRAMER GOT AN INSIDE LOK AT THIS NEW AND FUN PRACTICE.

March 15, 2012

Time: 6:30-7:00 PM

Duration :30

SENIORS WERE SHARPENING THEIR TECHNOLOGICAL SKILLS IN TRAVERSE CITY TODAY -- LEARNING HOW TO SKYPE. ABOUT A DOZEN PEOPLE WERE AT THE SENIOR CENTER LEARNING THE INS AND OUTS OF

March 15, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU'RE NOT SURE WHAT YOU'RE DOING FOR SAINT PATRICK'S DAY -- OR SAINT PATTY'S WEEKEND... ERIN CROWELL FROM THE NORTHERN EXPRESS... HERE WITH SOME IRISH FESTIVITIES!

March 16, 2012

Time: 6:30-7:00 PM

Duration :30

THIS SAINT PATTY'S DAY -- WE'RE ALL ACTING -- A LITTLE IRISH. BUT FOR SOME -- IT'S A YEAR-ROUND PRACTICE -- OF DANCING, SINGING -- AND PLAYING IRISH TUNES. EARLIER TODAY -- I GOT TO MEET THE FACES BEHIND THE FAMOUS MICHIGAN IRISH DANCING GROUP -- THE YOUNG SULLYS. TAKE A LOOK.

March 16, 2012

Time: 6:30-7:00 PM

Duration :30

THE LIGHTS ARE GOING UP ON BENZIE CENTRAL'S NEWEST PRODUCTION "RETURN TO THE FORBIDDEN PLANET" ABC AMBASSADOR JAMIE KRAMER HAD THE OPPORTUNITY TO FIND OUT HOW THIS LITTLE SCHOOL IS TAKING TO THE STAGE IN A BIG WAY.

March 19, 2012

Time: 6:30-7:00 PM

Duration :30

LAST WEEK WE SHOWED YOU A LITTLE BOY -- NAMED ARDEN. ARDEN FAST WAS A YOUNG BOY -- WHO'S 10-YEAR BATTLE WITH CANCER PROMPTED A BONE MARROW DRIVE...HE WAS JUST 3-YEARS-OLD WHEN HE WAS DIAGNOSED WITH LEUKEMIA -- AND AFTER UNDERGOING YEARS OF CHEMO AND RADIATION -- ARDEN LOST HIS BATTLE LAST SUNDAY.

March 19, 2012

Time: 6:30-7:00 PM

Duration :30

AS A MOTHER -- IT'S ALWAYS A RACE AGAINST THE CLOCK... ESPECIALLY JUGGLING WORK, KIDS, THE HOUSE... COOKING DINNER... THERE NEVER SEEMS TO BE ENOUGH HOURS IN THE DAY. HERE TO HELP WORK YOU THROUGH THE MADNESS EVERY WEEK HERE ON UPNORTHLIVE TONIGHT... OUR SUPER MOM -- SHERRY TAYLOR GALBRAITH

March 20, 2012

Time: 6:30-7:00 PM

Duration :30

GAY MARRIAGE COULD SOON BE RECOGNIZED FOR A NATIVE AMERICAN TRIBE IN NORTHERN MICHIGAN.

March 20, 2012

Time: 6:30-7:00 PM

Duration :30

I'M HERE WITH MEGAN RAPHAEL WITH THE NATIONAL WRITERS SERIES...WELCOME BOTH OF YOU.

March 21, 2012

Time: 6:30-7:00 PM

Duration :30

THE RELAY FOR LIFE CANCER WALK IS COMING UP ON JUNE 9TH AND 10TH....BUT NOW IS THE TIME TO GET PREPARED IF YOU WANT TO TAKE PART IN THE RACE. HERE TO FILL US IN ON THIS YEAR'S RACE... JEFF DEITRICH AND BE HERE WITH US TO TELL US WHAT YOU NEED TO KNOW IS TEAM DEVELOPMENT CHAIR, BELYNDA POUPARD -- WITH RELAY FOR LIFE.

March 21, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU EVER WANTED TO BE A COVER GIRL.... APPARENTLY, Z93'S COURTNEY REHMER HAS THE SECRET. AND -- DON'T FORGET ABOUT RON PRITCHARD -- WHO IS ALSO -- LOVELY. I HEADED TO DOWNTOWN TRAVERSE CITY TODAY TO FIND OUT WHICH SONGS ARE TOPPING THE CHARTS ON Z93 -- AND PAY CLOSE ATTENTION FOR THE SECRET WORD SO YOU CAN WATCH, LISTEN AND WIN!

March 22, 2012

Time: 6:30-7:00 PM

Duration :30

I'M HERE WITH ERIN CROWELL FROM THE NORTHERN EXPRESS... YOU'VE GOT SOME INTERESTING EVENTS FOR US THIS WEEKEND...

March 22, 2012

Time: 6:30-7:00 PM

Duration :30

TONIGHT -- WE'RE TALKING ABOUT THE RULES OF MARRIAGE... AND WE'RE WONDERING -- WHO MADE THESE SO-CALLED RULES UP, ANYWAY? HERE TO DEBUNK THESE RULES -- DOCTOR ANN MARIE LOVE. WELCOME BACK DR. LOVE.

March 23, 2012

Time: 6:30-7:00 PM

Duration :30

HUNTING AND FISHING ENTHUSIASTS ARE GATHERING FROM ALL OVER THE AREA RIGHT NOW -- FOR NORTHERN MICHIGAN'S BIGGEST HUNTING AND FISHING EVENT...

March 23, 2012

Time: 6:30-7:00 PM

Duration :30

I'M HERE WITH JED JAWORSKI, WITH THE MICHIGAN FIREWISE COMMUNITY PROGRAM.

March 23, 2012

Time: 6:30-7:00 PM

Duration :30

IT'S A DISEASE THAT AFFECTS MORE THAN THREE MILLION AMERICANS OF ALL AGES.... MORE THAN MULTIPLE SCLEROSIS, CEREBRAL PALSY, MUSCULAR DYSTROPHY, AND PARKINSON'S DISEASE COMBINED. IT'S EPILEPSY. I'M HERE WITH BECKY BIGELOW -- WHO'S SON SUFFERS FROM THE DISEASE. WELCOME BECKY. FIRST OFF -- CAN YOU TELL US A LITTLE MORE ABOUT THIS DISEASE?

March 26, 2012

Time: 6:30-7:00 PM

Duration :30

A BRAND NEW MAGAZINE COMING OUT THIS SUMMER WILL SHOWCASE NORTHERN MICHIGAN'S LIFESTYLE TO HELP RECRUIT TALENT TO AREA BUSINESSES.

March 26, 2012

Time: 6:30-7:00 PM

Duration :30

WE SHOWED YOU A STUDY LAST WEEK....THAT SAYS AVERAGE TEEN SENDS 60 TEXT MESSAGES PER DAY -- AND FOR OLDER TEENS -- IT'S ABOUT ONE-HUNDRED. IT'S THE NEW WAY TO COMMUNICATE -- AND IF YOU'RE A PARENT WHO FEELS LIKE YOU CAN NEVER CATCH UP... HERE TO HELP US OUT -- OUR SUPER MOM SHERRY TAYLOR GALBRAITH

March 26, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU'RE LOOKING FOR A NEW JOB IN THE AREA -- OR IF YOU'RE SIMPLY LOOKING FORWARD TO MAKING SOME EXTRA MONEY THIS SUMMER... THERE'S ONE PLACE -- WITH MORE THAN 100 JOB OPENINGS! I'M HERE WITH EMPLOYMENT RECRUITING MANAGER WITH THE GRAND TRAVERSE RESORT -- SHAINA O'DWYER.

March 27, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU'VE BEEN CONSIDERING ADOPTING A NEW FAMILY MEMBER.... NOW IS THE TIME. I'M HERE WITH BRIAN MANLEY AND JUNE MCGRATH WITH AC PAW. WELCOME BACK BOTH OF YOU.

March 28, 2012

Time: 6:30-7:00 PM

Duration :30

AS WE CELEBRATE WOMEN'S HISTORY MONTH -- WE'RE REMEMBERING SOME OF THE GREAT WOMEN WHO'VE IMPACTED OUR COUNTRY AND THE WORLD... AND TONIGHT -- WE'RE TALKING WITH ONE NORTHERN MICHIGAN WOMAN WHO'S MAKING HISTORY -- RIGHT NOW.

March 28, 2012

Time: 6:30-7:00 PM

Duration :30

WHEN IT COMES TO CELEBRITIES... SOMETIMES THEY HAVE DIFFERENT WAYS OF DOING THINGS....A LOT OF TIMES -- THEY SET TRENDS -- BUT SOMETIMES -- THEY MAKE US SAY -- HUH? I HEADED TO Z93 STUDIOS IN TRAVERSE CITY TODAY -- TO FIND OUT WHAT SHENANIGANS -- RON AND REHMER ARE UP TO... AND WHAT CELEBRITY IS STIRRING -- OR CHEWING -- UP SOME CONTROVERSY. YOU'LL SEE WHAT I MEAN.

March 29, 2012

Time: 6:30-7:00 PM

Duration :30

I'M HERE WITH ERIN CROWELL FROM THE NORTHERN EXPRESS

March 30, 2012

Time: 6:30-7:00 PM

Duration :30

I'M HERE WITH NORTHERN MICHIGAN ALZHEIMER'S ASSOCIATION DEVELOPMENT MANAGER HEATHER DANIELS -- AND LEAD VOLUNTEER ALEX BOWER. WELCOME BOTH OF YOU.

March 30, 2012

Time: 6:30-7:00 PM

Duration :30

IF YOU HAVEN'T MADE PLANS TONIGHT -- OR IF YOU HAVE PLANS -- YOU NEED TO CANCEL THEM BECAUSE WE HAVE A HILARIOUS REASON TO GET YOU OUT TO DOWNTOWN TRAVERSE CITY TONIGHT. I'M HERE WITH COMEDIAN -- AND MICHIGAN NATIVE -- MIKE STANLEY.