STATION: WCMD

SUBJECT: Union Rescue Mission for Community Forum

DISCUSSION: Donna Stivala is the Organizer of the super soup-er bowl in Cumberland. They are looking for cans of food, anything that the Union Rescue Mission can make food out of. The need has gone up in this area and the Union Rescue Mission feeds 150 people a day. Drop off sites are located throughout

the community or people can send cans to school with their kids.

DATE: Year of 2013

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Donna Stivala** 

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2012

STATION: WCMD

**SUBJECT: ESGR on Community Forum** 

DISCUSSION: ESGR (Employer Support of the Guard and Reserve) is a department of defense agency that seeks to promote a culture where all American Employers support and value the military service of their employees. ESGR recognizes this and gives out awards to agencies. Nominations are reviewed and finalists are sent to secretary of defense, who picks the winners.

DATE: January 5, 2013

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Erwin Burtnick** 

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2012

STATION: WCMD

SUBJECT: Taming the Fire Within

DISCUSSION: Author Dr. Anne Freund discusses the importance of her new book and how everyone should understand that war affects everyone. Dr. Anne Freund is donating her story to the troops and any listeners are encouraged to visit <a href="https://www.tamingthefirewithin">www.tamingthefirewithin</a> to help contribute.

DATE: January 5-6

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

GUEST: Dr. Anne Freund

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2013

STATION: WCMD

SUBJECT: Flu Season in Mineral County

DISCUSSION: The flu is hitting the area pretty hard and people need to be prepared. Vaccines are still available at the Mineral County Health Department. Common symptoms are discussed and helpful prevention tips are mentioned, like frequently washing your hands. If you feel sick, it is highly encouraged to stay home!

DATE: January 12-13<sup>th</sup>

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: A.J Root** 

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2013

STATION: WCMD

SUBJECT: Cold Weather Shelter

DISCUSSION: Discussing the Cold Weather Shelter which houses and feeds the homeless during the winter season. Community members can help out by donating money, blankets, sheets, canned goods, diapers, bathroom toiletries, etc. January 18<sup>th</sup> from 7am-7pm there will be two-drop off locations (Life Fitness Gym and Cumberland Rail Station) for any donations.

DATE: January 12-13<sup>th</sup>

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

GUEST: Samantha Isom

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2013

STATION: WCMD

SUBJECT: Master Gardener Program on Community Forum

DISCUSSION: Master Gardener program is coming up. The University of MD provides 40 hours of education to people interested in gardening with hopes that they will help out in the community.

DATE: January 26<sup>th</sup>, 2013

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Becky Yost** 

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2012

STATION: WCMD
SUBJECT: Groundhog Day Event
DISCUSSION: On February 2 <sup>nd</sup> at 5:30am the Groundhog Day event starts in Downtown Cumberland There will be a coloring contest, souvenirs, groundhog Murry, polka dancing, music, coffee, cupcakes and much more!
DATE: January 27
TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM
The program is aired during the morning, midday and afternoon program
GUEST: Terry Hass & Jennifer Light
MEDIA INTEREST: Covered in Times News
YEAR: 2013
QUARTER: 1

STATION: WC MD

SUBJECT: Bishop Walsh Open House

DISCUSSION: Bishop Walsh is introducing new programs at their school and has introduced new technology in the school. Bishop Walsh will be hosting their annual open house on Tuesday, January 29<sup>th</sup> for current parents and new parents interested in the school and would like to see what is going on.

**DATE: January 29, 2013** 

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Shelby Webb** 

**MEDIA INTEREST: Covered in Times News** 

**YEAR: 2012** 

STATION: WCMD

SUBJECT: Rainbow's Program

DISCUSSION: The Rainbow's Program is an 8 week-program and support group for children who have suffered a major loss. The program is for children from K-8<sup>th</sup> grade and an opportunity for children to talk with each other and voice their emotions. The program is free and held Tuesday nights at 7pm at

the St. Patrick's Community Room.

DATE: February 5-April 8

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Nicole Hellmus** 

MEDIA INTEREST: Covered in Times News

YEAR: 2013

STATION: WCMD

SUBJECT: College Goal FAFSA Workshop

DISCUSSION: The workshop is designed to help students enrolling in college this upcoming fall on their FAFSA paperwork. All work will be done electronically in the computer lab at Potomac State College. Students need to bring any financial documents and their parents if they are dependant.

DATE: February 8-9

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Beth Little** 

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2013

STATION: WCMD

SUBJECT: Vendor Show on Bedford Road

DISCUSSION: There is a Vendor Show Sunday February 10<sup>th</sup> 11-5pm at the Bedford Fire Department. There will be 22 vendors including Tupperware, Mary Kay, Pampered Chef, etc. This gives people a chance to browse around without the obligation to buy items. Anyone is welcomed to come out and browse!

DATE: Feb 8-9<sup>th</sup>

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Patricia Bishop** 

MEDIA INTEREST: Covered in Times News

YEAR: 2013

STATION: WCMD

SUBJECT: Cabin Fever Benefit Concert

DISCUSSION: There is a Cabin Fever Benefit Concert on April 27<sup>th</sup> to benefit the Tri-state Zoological State Park. Performances include country star Bucky Covington and five other local/nonlocal groups. All proceeds will benefit the needs of the zoo and contribute to the education center!

DATE: February 16<sup>th</sup>

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Bob Candy** 

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2013

STATION: WCMD

SUBJECT: Pressley Ridge for Community Forum

DISCUSSION: Pressley Ridge is a treatment foster care program in MD. They train parents to provide a foster service to the kids. There are normally two kids put into each home to give them individual attention. Right now, Pressley Ridge needs local foster care parents. The demand for kids to be placed exceeds the families they have. They need someone to make a difference for kids. There is lots of support and trained staff so parents are not doing this all alone. Also, Pressley Ridge needs part time parents. Information meeting night will be hosted at 327 Beall Street in Cumberland on February 20<sup>th</sup>.

DATE: February 20, 2013.

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

GUEST: Allison Watkins, Marybeth DeMartino

MEDIA INTEREST: Covered in Times News

YEAR: 2012

STATION: WCMD

SUBJECT: Bowl for Kid's Sake

DISCUSSION: The signature fundraiser for Big Brother Big Sister starts at noon at the Bowler in LaVale. There are two levels of participation, the corporate sponsorship package and the community level. At the corporate level, packages are sent to businesses across Allegany County and participants get the opportunity to join the corporate tournament. The community level of participation invites anyone in

the community to sign-up.

DATE: Feb 23

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Kimi Scott McGreevy** 

MEDIA INTEREST: Covered in Times News

YEAR: 2013

STATION: WCMD

SUBJECT: Kohl's Scholarship for Community Forum

DISCUSSION: The Kohl's Cares Scholarship program recognizes kids that are making a difference in their community. There are 3 levels of winning, store winners and National and Regional Winners. Must be 21 years or older to recognize scholarship child and the child must be between 16-18 years and have not graduated high school. Gives students opportunity to be recognized and invest in their future. More information is available at the store.

DATE: March 2013

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Dave Shoemaker** 

MEDIA INTEREST: Covered in Times News

YEAR: 2013

STATION: WCMD

SUBJECT: Pop Warner Football League Sign up

DISCUSSION: The Pop Warner Football League will be having first sign ups on March 2<sup>nd</sup> at the Community Center in Martins from 10am-1pm. Ages 6-15 can come sign up and it can be both boys and girls. They are looking for kids interested in football and cheerleading. They are ultimately looking to add more teams in the division and to groom students into student athletes.

DATE: March 2nd

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Perry Kennedy Sr** 

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2013

STATION: WCMD

SUBJECT: Pop Warner Football League Registration

DISCUSSION: Coach Kennedy Sr. is looking to recruit kids for the Pop Warner Football League at the Community Center in Martin's from 10-1pm. Boys and girls from 6-15 years old are encouraged to come out and register.

DATE: March 2

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

GUEST: Coach Kennedy Sr.

**MEDIA INTEREST: Covered in Times News** 

**YEAR: 2013** 

STATION: WCMD

SUBJECT: Tea & Gown Auction at the Ali Ghan Shrine Club

DISCUSSION: The Tea & Gown auction at Ali Ghan Shrine Club will be held Saturday March 2<sup>nd</sup>. The event is free to the public and will be a great opportunity for anyone looking for the perfect gown. All benefits

will go to Shriner's Hospital for Children.

DATE: March 2

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Tammy Piles** 

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2013

STATION: WCMD

SUBJECT: Dr. Seuss Birthday Celebration

DISCUSSION: The third annual birthday party in honor of Dr. Seuss will be held from 5-7pm at the Mineral County Public Library. The event is free and open to the public to anyone who wants to help and honor Dr. Seuss's birthday.

DATE: March 8

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Connie Sutton** 

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2013

STATION: WCMD

SUBJECT: Strong Triathlete for Community Forum

DISCUSSION: Melody Kentrus talks about their team called Strong triathlete which is a club for anyone in the area interested in swimming, biking, or running. Anyone can do it and doesn't have to participate in the entire triathlon. The club is all about training and working together. Training is done at different places throughout the community. It is \$50 a year to join the team and is a great way to meet people.

DATE: March 9th

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Melody Kentrus** 

MEDIA INTEREST: Covered in Times News

YEAR: 2012

STATION: WCMD

SUBJECT: Keyser on the Move

DISCUSSION: The event "Keyser on the Move" is open to the general public for the first time. They are hosting the "Grant-T's," which are targeted to women over 30, however there are walking group challenges that anyone can participate in. Registration is March 16 from 10-12pm where you can get your blood pressure done, BMI measured, and fill out a registration form.

DATE: March 9-10<sup>th</sup>

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

GUEST: A.J. Root & Jerry Mason

MEDIA INTEREST: Covered in Times News

YEAR: 2013

STATION: WCMD

SUBJECT: Del Fest Academy and Foundation

DISCUSSION: "Spreading the Del Fest love" through the Del Fest Academy and Foundation. With all the revenue coming into the area Del Fest weekend, the Academy and Foundation supports and gives back to the community. The Del Fest is Memorial Day weekend and advanced tickets are available until April

22.

DATE: March 16-17

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Rob & Lisa McCoury** 

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2013

STATION: WCMD

SUBJECT: Peace Studies Club

DISCUSSION: The Peace Studies Club is hosting a special event to celebrate Women's History Month. Tuesday March 19<sup>th</sup> there will be three different events at the Zimmerman Theatre starting at 11am. Three groundbreaking films will be shown to demonstrate the strength of human spirit and the power of education. All three showings are free, but donated books are greatly appreciated.

DATE: March 16-17<sup>th</sup>

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Vanessa Main** 

MEDIA INTEREST: Covered in Times News

YEAR: 2013

STATION: WCMD

SUBJECT: Fresh Air Fund on Community Forum

DISCUSSION: Fresh Air fund is nonprofit organization that arranges free summer vacations to NYC children. Cumberland is considered a friendly town. They stay with families for a week or two and right now the Fresh Air Fund is looking for host families in Cumberland. Spirit night will be held on March 20<sup>th</sup> for those who want more information.

DATE: March 20<sup>th</sup>, 2013

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

GUEST: Suzanne Wright, Linda Melon

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2012

STATION: WCMD

SUBJECT: Magic Show for The League - A Children's Place on Community Forum

DISCUSSION: Louis Paul productions are producing a charitable event for The League – A Children's Place. The event will be held at Allegany College Theater. There will be two separate acts performing. It is a family friendly event, recommended for ages 5+.

DATE: March 22<sup>nd</sup>, 2013

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Louis Paul** 

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2012

STATION: WCMD

SUBJECT: Annual Motorcycle Safety Open House

DISCUSSION: The Annual Motorcycle Safety Open House is hitting the road to Cumberland Cycles to encourage motorcycle safety and, for those interested, to enroll in the Motorcycle Safety course to start their adventure on the road!

DATE: March 23

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Autumn Becker** 

MEDIA INTEREST: Covered in Times News

**YEAR: 2013** 

STATION: WCMD

SUBJECT: Say Yes to the Dress for MS

DISCUSSION: A fundraiser to collect dresses (social, cocktail, prom, bridal, etc) to benefit research in Multiple Sclerosis. The event will take place at the Frostburg Community Center from 3-6pm and is open to the public.

DATE: March 24

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Rhonda DeShong** 

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2013

STATION: WCMD

SUBJECT: Mountainside Mediation Community Fundraiser

DISCUSSION: There is a fundraiser at Wild Things in Frostburg, MD to raise money for the Mountainside Mediation Center to help better fund the services they offer.

DATE: March 27

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Jerilyn Jackson** 

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2013

STATION: WCMD

SUBJECT: Mental Health First Aid Classes

DISCUSSION: Mental Health First Aid classes are offered to help understand what mental health issues are (ie. depression, anxiety, eating disorder). This is a great way to get an in-depth understating of these

issues and obtain skills to help others in need.

DATE: March 30<sup>th</sup>-April 1<sup>st</sup>

TIME/DURATION: 2:30 AIRED AROUND 10 AM, NOON, 2 PM, 4 PM

The program is aired during the morning, midday and afternoon program

**GUEST: Laura Miller** 

**MEDIA INTEREST: Covered in Times News** 

YEAR: 2013