KFLT-FM Issues and Programs Report Covering the Third Quarter of 2015

July – August - September

Report Prepared and Submitted by Stephen S. Tanner

Leve Vanma

October 10, 2015

This is a list of programs that have provided the station's most significant on-air treatment of community issues during the preceding calendar quarter.

Note: All times listed are Mountain Standard Time

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Summary

In this Quarter the station spent at least the amount of time indicated on the issues that are listed. We have likely dedicated more time, and in some cases much more time than is documented.

ISSUE	MINUTES On Air				
Adoption	56				
Aging Parents	56				
Communications	168				
Contentment	56				
Faith	672				
Family	263				
Finances	104				
Forgiveness	56				
Friends	56				
Grand Parenting	56				
Health	215				
Grief	74				
Marriage	921				
Parenting	955				
Single Parenting	112				
Singles	112				
Work	345				
Relationships	107				
Safety	5				
Community	18				
Divorce	18				
Youth	9				
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Programs

Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative duration (mins.) for all airings in that day	How program addressed Issue
Marriage	Intentional Living	7/1/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutDid you marry the wrong person? Well, Dr. Randy helps you ask a better question; especially if you're already married: "What can I do to be the right person?"
Finances	News	7/1/2015	4am-8am	2	WA colleges cutting tuition
Faith	Intentional Living	7/2/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutWho—or what-controls you? It could circumstances, or another person, or emotions, or money, or—hopefully—it could be God. So, Who, Or What, Controls You?
Faith	Intentional Living	7/3/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutHappy almost Independence Day. There's a lot of debate of just how "Christian" our founding fathers were. Were they truly followers of Christ? Joining Dr. Randy is author and American historian Bill Federer, and you'll hear how intentional our founding fathers were.
Relationships	Amy Phillips	7/4/2015	9pm- Midnight	1	Movie Review for Max about Military Canines
Parenting	Intentional Living	7/6/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutWe really can learn some remarkable stuff from our kids. So what've they taught you about faith? What've they taught you about Jesus? Dr. Randy asks "What Have Your Kids Taught You About Faith?"
Health	News	7/6/2015	4am-8am	2	Fish Oil good for dementia
Marriage	Intentional Living	7/7/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutHollywood It's a great source for distraction, confusion, entertainment, and fabrication. But providing a model to follow? Nope. That's why Dr. Randy says, "Your Marriage is not a Hollywood Romance"
_	Johnny &				
Family Friendship	Stacey Intentional Living	7/7/2015 7/8/2015	2pm-7pm 12PM & 7PM	15 56	Sharing Family road trip memories Dr. Randy Carlson taught on and spoke with callers aboutKnow any perfect people? Mmm, probably not. In fact, I would go so far to say, we're all broken, and we all have flaws. So, what you do

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					with friends that have flaws? If you're struggling with a flawed friendship, be sure to catch the next Intentional Living
Marriage	Johnny & Stacey	7/8/2015	2pm-7pm	15	Learning how listeners met their spouse
Health	News	7/8/2015	4am-8am	2	Psychiatrist who evaluated Tucson Safeway Shooter will evaluate Colorado Movie theater shooter
Parenting	Intentional Living	7/9/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutHabits you know they can be good or bad. Imagine how much easier your life would be, if the good habits were the ones running your life. How would your parenting be if you had intentional habits? It's 10 Habits of an Intentional Parent
Work	News	7/9/2015	4am-8am	2	Taking time out for regular workouts makes you more productive at the office
Marriage	Intentional Living	7/10/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutIs all conflict bad? Especially when comes to marriage? Coming up, Dr. Randy invites his friend and colleague, psychologist Dr. Todd Linaman to join him, and they share ways to deal with Conflict in Marriage
Finances	News	7/10/2015	4am-8am	2	Arizona business will sell 3d printed cars
Health	Amy Phillips	7/11/2015	9pm- Midnight	1	NY Inmates no longer on the run, endurance of the officers paid off
Divorce	Community Calendar	7/11/15 -8/7, 2015	6a.m Midnight	18	PSA promoting Divorce Care workshop to help people learn skills and tools to deal with the pain of divorce.
Marriage	Community Calendar	7/11/15 -24, 2015	6a.m Midnight	18	PSA letting listeners know about the "Unbreakable" marriage retreat to strengthen marriages.
Family	Intentional Living	7/13/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutIs your house a mess? Are you so busy hauling your kids around or there are just not enough hours in the day, so your house is outta control? Whether schedule, or stuff, or emotions, you'll want to hear Help! Our House is a Mess
Marriage	Johnny & Stacey	7/13/2015	2pm-7pm	15	Marriage advice
Health	News	7/13/2015	4am-8am	2	Naps helps us deal with frustration better
Finances Faith	Bill Ronning Intentional Living	7/14/2015 7/14/2015	Noon-2pm 12PM & 7PM	1 56	Ost of raising a child Dr. Randy Carlson taught on and spoke with callers aboutHave you ever made
					a bad decision? What were the

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					consequences? How did you recover? Did you recover? Dr. Randy shows you how to recover from a bad decision. So, if you've made a bad choice, find help, on Intentional Living
Marriage	Johnny & Stacey	7/14/2015	2pm-7pm	15	Best Husband moments
Family	Bill Ronning	7/15/2015	Noon-2pm	1	Grandparents talking about what the name their grandkids call them
Parenting	Intentional Living	7/15/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutWhat does it mean to be a boy? What can you do to help your son thrive as a child, as a teen the grow into a godly man? Dr. Gregory Jantz joins Dr. Randy, and they'll help you raise your son by God's design
Parenting	Johnny & Stacey	7/15/2015	2pm-7pm	15	discussing parent/child relationship dynamics
Finances	Intentional Living	7/16/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutMoney from individuals to governments and global economies, it's a huge problem. So, do you think that money can cause difficulties in your marriage? It's 5 Ways to Win the Marriage Money Wars. Resolve your marital monetary mess, on Intentional Living
Work	Intentional Living	7/17/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutThe Apostle Paul wrote in Colossians: Work willingly at whatever you do, as though you were working for the Lord rather than for people. Pastor David Willard joins Dr. Randy, to help you Work for the Lord
Grief	Community Calendar	7/18/15 -8/7, 2015	6a.m Midnight	18	PSA to advise people of an ongoing workshop to help those grieving loss in their lives.
Marriage	Community Calendar	7/18/15 -24, 2015	6a.m Midnight	9	PSA promoting weekend conference for those close to divorce to find healing & restoration
Marriage	Intentional Living	7/20/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutThe only disability in life is a bad attitude. So said Olympics gold medalist, Scott Hamilton. And a bad attitude can certainly disable a marriage. If "Tude" is affecting your marriage, catch the next Intentional Living
Parenting	Johnny & Stacey	7/20/2015	2pm-7pm	15	Parenting advice

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Faith	Intentional Living	7/21/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutDavid knew about walking through dark places; he wrote: "Even though I walk through the valley of the shadow of death" Dr. Randy is joined by Pastor Peter Kraft, who shares his story: A Walk in the Dark, on Intentional Living
Morriogo	Johnny &	7/04/0045	2nm 7nm	45	Appropriating vour appung
Marriage Health	Stacey News	7/21/2015 7/21/2015	2pm-7pm 4am-8am	15 2	Appreciating your spouse Sleep helps your knees
Contentment	Intentional Living	7/22/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutThe Apostle Paul had his act together. He said: "I have learned the secret of being content in any and every situation." So, are you content, or do you want Just A Little Bit More?
Work	Johnny & Stacey	7/22/2015	2pm-7pm	15	My coworkers are great because
Marriage	Intentional Living	7/23/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutSome of us are so-o-o good, we've turned it into a fine art. What's that? Misunderstanding, and Dr. Randy helps you understand your mate. The Fine Art of Misunderstanding, is the next Intentional Living
Parenting	Intentional Living	7/24/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutMaybe you thought that 18—or for the more patient among us, 21—was a magic number. But if your adult child is still at home or still needs a whole lot of help, you'll want to join the next Intentional Living
Health	Amy Phillips	7/25/2015	9pm- Midnight	1	Naps help blood pressure
Faith	Intentional Living	7/27/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutFigure out what pleases Christ, and then do it. That's our theme verse at the Intentional Living Center, from Ephesians 5:10 and Dr. Randy takes us back to the basics. Catch Intentional Living 101
Marriage	Johnny & Stacey	7/27/2015	2pm-7pm	15	Crazy things done in the name of love
Family	Intentional Living	7/28/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutHave you looked in the mirror lately and noticed that you're getting older? I know you're not, but for the rest of us And if we're getting

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					older, so are our parents. What do they need? How can we help them? Dr. Randy helps you and your Aging Parents, on the next Intentional Living, with Dr. Randy Carlson
Relationships	Johnny & Stacey	7/28/2015	2pm-7pm	15	Recipients of Intentional Acts of Kindness
Forgiveness	Intentional Living	7/29/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutDo you have a problem with that verse in the Lord's prayer where it says it's OK for the Lord to forgive us the way we forgive others? If so, Dr. Randy helps you to learn How to Forgive, on the next Intentional Living
Work	Johnny & Stacey	7/29/2015	2pm-7pm	15	Listeners say why they like their job
Health	News	7/29/2015	4am-8am	2	Seniors health declines when they stop driving
Parenting	Intentional Living	7/30/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutFor something that is so tiny and fragile, it sure needs a huge amount of care, and constant care. If you're a new parent, you've got a lot of questions; and Dr. Randy wants to talk to you! Help for New Parents is the next Intentional Living
Marriage	Intentional Living	7/31/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutThe numbers aren't good. If you get divorced once, you're doubling your chances to go through a second divorce. Learn to not repeat the same mistakes. Dr. Randy helps you Recover from Divorce.
Finances	Amy Phillips	8/1/2015	9pm - Midnight	1	Save money by cooking from your pantry
Singles	Intentional Living	8/3/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutPaul writing to the Philippians said he, "Learned the secret of being content in any situation". Dr. Randy talks to singles today and asks the question: "Are you satisfied?" It's Single and Satisfied, on the next Intentional Living
Marriage	Johnny & Stacey	8/3/2015	2pm-7pm	20	Husband's actions that are perceived as romantic
Finances	News	8/3/2015	4am-8am	2	Senate to vote on whether to defund some Planned parenthood services
Family	Intentional Living	8/4/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutThere's football,

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					ballet, drama, and Kung Fu. And that's just today. School's starting, and all the extra-curricular events are in full swing. How will you manage? Controlling Your Family Calendar Chaos, is the next Intentional Living
Finances	News	8/4/2015	4am-8am	2	Keeping tires properly inflated means less gas money spend and less wear on tires
Marriage Safety	Bill Ronning Bill Ronning	8/5/2015 8/5/2015	Noon-2pm Noon-2pm	6	Sharing spontaneous stories: One staff member was in a wedding party at last moment TN theater shooting suspect dead
Faith	Intentional Living	8/5/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutlt's like driving down the highway on cruise control and BAM! Not an accident. Not a pothole. God interrupted. So what do you do? Ignore Him and keep going? Or do you stop, listen, and obey? Coming up, it's When God Interrupts, on the next Intentional Living
Parenting	Johnny & Stacey	8/5/2015	2pm-7pm	20	Kids say funny things
Parenting	News	8/5/2015	4am-8am	2	Advice for helping your baby sleep through the night
Health	Intentional Living	8/6/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutFootball, soccer, cross country, and swimming. Got any budding athletes in the house? Our intentional health coach King Hoover joins Dr. Randy today, and they'll help you be an Intentional Sports Parent
Relationships	News	8/6/2015	4am-8am	2	Found plane debris is from missing Malaysian jet
Work	Intentional Living	8/7/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutAre you underemployed, or underpaid. Overworked, or overwhelmed. Could you be saying (or thinking), "I hate my job!" What are you going to do? Discover how to be intentional, even in a job you hate, on Intentional Living
Health	News	8/7/2015	4am-8am	2	Spicy foods boost longevity
Finances	Amy Phillips	8/8/2015	9pm- Midnight	1	British man creates ejector bed
Marriage	Intentional Living	8/10/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutIt's the most dangerous relationship you can be in

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					when you're married: an opposite sex friendship. Dr. Randy talks about The Danger of Opposite Sex Friendships, and if you're in the midst of this danger, listen to Intentional Living
Health	News	8/10/2015	4am-8am	2	refined carbs contribute to depression
Adoption	Intentional Living	8/11/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutA verse in Ephesians says: "His unchanging plan has always been to adopt us into his own family by bringing us unto himself through Jesus Christ." And that's what you do, when you adopt a child, into your own family. It's Adoption: Choosing Your Family, on the next Intentional Living
Parenting	Johnny &	8/11/2015	2pm-7pm	9	Listeners brag on their kids
Relationships	Stacey Bill Ronning	8/12/2015	Noon-2pm	6	How we can recover from regret
Communication	Intentional Living	8/12/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutIf I said someone was thin-skinned, what other term describes them? Easily offended? Easily annoyed? Yeah, that would work. Learn to deal with thin-skinned (easily annoyed, easily offended) people on the next Intentional Living
Finances	News	8/12/2015	4am-8am	2	Social Security demographic numbers show it won't be able to sustain another 80 years
Parenting	Intentional Living	8/13/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutYour neighbors, the Joneses, just bought their son Timmy a pair of sneakers autographed by LeBron James for \$500. Now your son Tommy wants them. No surprise, but when do you keep up, and when you say no? Catch Keeping Up with the Joneses, on the next Intentional Living
Work	News	8/13/2015	4am-8am	2	25 percent of small businesses have given out raises
Parenting	Intentional Living	8/14/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutWhat does it mean to be a boy? What can you do to help your son thrive as a child, as a teen the grow into a godly man? Dr. Gregory Jantz joins Dr. Randy again, to help you raise your son by God's design, on Intentional Living with Dr. Randy Carlson
Community	Community	8/15/15	6a.m	18	PSA to promote fundraiser for 4-Tucson, a

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Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative duration (mins.) for all airings in that day	How program addressed Issue
	Calendar	-9/4, 2015	Midnight		non-profit that helps meet the needs in 12 different areas working to improve Tucson
Faith	Intentional Living	8/17/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutWhat does it mean to be free? What did Jesus mean: So if the Son sets you free, you will be free indeed. Pam Werner joins Dr. Randy to discuss her journey which brought her to a place of Living in Freedom, on Intentional Living
Marriage	Intentional Living	8/18/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutI looked up the word intimacy at an online dictionary, and it was useless. But you could read the Song of Solomon; or listen to Dr. Randy as he describes spiritual, emotional, and physical intimacy in marriage, on the next Intentional Living
Health	News	8/18/2015	4am-8am	2	Putting milk in coffee can cut down on darkening on teeth
Grief	Intentional Living	8/19/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutThere's loss, and then there's loss. You can lose your keys, or your cell phone; and neither would be considered a significant loss. But what if you've lost your marriage, your job, or a child? Dr. Randy helps you deal with deep loss, 4 Keys to Moving Forward After Loss, on Intentional Living
Parenting	Intentional Living	8/20/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutYou read them the Bible, listen to their prayers at night, and say grace with them at meals. You even talk to them about Jesus. And all that's good, but What Have Your Kids Taught You About Faith? That's what's on Intentional Living with Dr. Randy Carlson
Faith	Intentional Living	8/21/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutRisk You know it can be a risky business. But I suppose it all boils down to whether or not you trust God. Dr. Randy asks you the question: When Have You Taken a Risk? That's the next Intentional Living
Relationships	News	8/21/2015	4am-8am	2	Midland MI Pastor spending a weekin a fork lift truck in the air to raise awareness for minstries that helps feed those less fortunate
Relationships	Amy Phillips	8/22/2015	9pm- Midnight	1	One church inspires others by taking their VBS to a senior center

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Youth	Community Calendar	8/22/15 -28, 2015	6a.m Midnight	9	PSA to promote leadership & development training conference.
Marriage	Intentional Living	8/24/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutFor most of us in the known universe that are married, we've had conflicts in our marriages. Some are serious, others no so much. But, "Do you fight fair?" Learn to bring conflicts to a peaceful resolution, on Intentional Living
Parenting	Johnny & Stacey	8/24/2015	2pm-7pm	9	School mornings can be fun
Work	News	8/24/2015	4am-8am	2	The key to keeping workers is respect
Faith	Intentional Living	8/25/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutWhat is God's will? That's a question that has preoccupied us from teens to old age. Who will I marry? Where do I go to college? Where do I work? And on and on it goes. Dr. Randy wades into these deep waters, to help you know when it's God's will, on Intentional Living
Parenting	Johnny & Stacey	8/25/2015	2pm-7pm	9	Sending kids to school
Relationships	Bill Ronning	8/26/2015	Noon-2pm	6	Evaluating priorities
Parenting	Intentional Living	8/26/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutWhat happens when something becomes disconnected? The power goes out. The signal is lost. And when something becomes unplugged, it's usually human error. Well, relationships are much the same, and Dr. Randy helps you to Connect With Your Kids, on Intentional Living
Work	Johnny & Stacey	8/26/2015	2pm-7pm	20	Listeners share what they enjoy about their job
Work	Johnny & Stacey	8/26/2015	2pm-7pm	9	Cool jobs
Communication	Intentional Living	8/27/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about "But our tongues get out of control. They are restless and evil, and always spreading deadly poison". Wow! That's in the book of James. If you have trouble with the tongue, learn to Harness the Power of Words, on Intentional Living
Health	News	8/27/2015	4am-8am	2	Happiness is contagious
Marriage	Intentional Living	8/28/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutYou know little things

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					can become big deals in a marriage. Dr. Randy wants to help you turn your attention to The Big and Little Things in Your Marriage, and help you have an Intentional marriage
Work	Intentional Living	8/31/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutSo, are you a family with the additional responsibility of being a business? Or are you a business with the added complication of being a family? Family business can have some unique challenges, so catch Intentional Family Business, on the next Intentional Living, with Dr. Randy Carlson
Health	Johnny & Stacey	8/31/2015	2pm-7pm	20	Listeners talk about walking miles to school back in the day.
Health	News	8/31/2015	4am-8am	2	Coffee is good for your golf game
Relationships	Bill Ronning	9/1/2015	Noon-2pm	6	Friends who make us laugh
Marriage	Intentional Living	9/1/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutI suppose it can work for some, you know—couples who have separate banking accounts. But there are those couples who have secret accounts and secret stashes. What do you do? Dr. Randy talks about Separate Checkbooks and Secret Lives, on the next Intentional Living
Finances	Johnny & Stacey	9/1/2015	2pm-7pm	12	First Feeling grown up moment - paying bills
Grandparents	Intentional Living	9/2/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers about"The simplest toy, one which even the youngest child can operate, is called a grandparent." Dr. Randy helps Grandparents to be involved, and intentional, on Intentional Living
Health	News	9/2/2015	4am-8am	2	walking 25 min a day cuts heart attack risk
Family	Bill Ronning	9/3/2015	Noon-2pm	1	Going to the see the world's largest potato on family vacation
Marriage	Intentional Living	9/3/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutMaybe you're separated and you're hoping to hang on; or maybe you feel there's no point and you're heading for divorce. Or you are divorced. Coming up, Dr. Randy brings healing and encouragement, on the next Intentional Living
Finances	Johnny &	9/3/2015	2pm-7pm	6	Gratitude for housing

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	Stacey				
Finances	News	9/3/2015	4am-8am	2	Labor Day is a big car buying weekend
Faith	Intentional Living	9/4/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutOver the past few years, we've run several programs on being blindsided by life—they've been very popular. But what do you do if you've been blindsided by God? Joining Dr. Randy is Pastor Peter Chin, sharing his story of Blindsided by God, on Intentional Living
Relationships	Johnny & Stacey	9/4/2015	2pm-7pm	20	Movie review helps those trying to decide whether to go to the theater
Relationships	Johnny & Stacey	9/4/2015	2pm-7pm	20	Listeners talk about relationship restoration
Parenting	30 sec promotional announceme nts	9/7/15 -9/27/15	6a.m Midnight	115	Promos to promote the upcoming Parents Night Out conference w/Dr. Randy Carlson. This gives parents helpful information on how to raise their kids to be responsible adults.
Work	Intentional Living	9/7/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutSince it is Labor Day, why not do a program about work? Our intentional work place expert, Linda Swindling, joins Dr. Randy to talk about some of the people at work. It's Whiners, Complainers and Energy Drainers, on Intentional Living
Communication	Intentional Living	9/8/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutI'm sitting on the edge of my bed, ready to start my day, and I reach over to grab my cell phone to briefly check Facebook, then suddenly I realize that 15 minutes has passed, and I'm late! Ahh! Is social media taking too much of your life? It's Surviving Social Media, on Intentional Living
Parenting	Johnny & Stacey	9/8/2015	2pm-7pm	20	Reward systems for kids
Finances	Bill Ronning	9/9/2015	Noon-2pm	6	Retirement plans
Faith	Intentional Living	9/9/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutDoubt can help you reevaluate a decision; but it can also freeze you in your tracks, stopping you from making a decision. Has doubt affected your life? Dr. Randy helps you figure out What to Do With Doubt, on Intentional Living
Family	Johnny & Stacey	9/9/2015	2pm-7pm	20	Phrases that remind us of growing up at our house

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Relationships	News	9/9/2015	4am-8am	2	Clerk who refused same sex marriage licenses out of jail
Parenting	Intentional Living	9/10/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutAn old Sunday School song goes: "Be careful little eyes what you see." That's a great warning, but not if Mom and Dad aren't teaching them very well. Mom and Dad, Dr. Randy helps you to raise godly Kids, on Intentional Living with Dr. Randy Carlson
Finances	News	9/10/2015	4am-8am	2	Faith-based War Room number one at box office
Work	Intentional Living	9/11/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutOur THRIVE Conference for Families in Business is in about a month, and one of our conference speakers is Dr. Randy's guest here today: Holly Betenbough of Betenbough Homes in Texas. Learn about Leadership in the Family Business on Intentional Living
Health	News	9/11/2015	4am-8am	2	Apple peels and Tomato skins good for aging muscles
Parenting	Community Calendar	9/12/15 -18, 2015	6a.m Midnight	9	PSA to promote the "Parenting the Love & Logic Way" which teaches parents biblical priciples for raising children.
Parenting	Intentional Living	9/14/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutOne of the things you're never short of as a parent is questions. You haven't had a single day when you didn't have at least one question. So what's your question du jour? Its open phones for parents, on the next Intentional Living
Marriage	Johnny & Stacey	9/14/2015	2pm-7pm	9	Listeners tell how their husbands make their lives easier
Finances	News	9/14/2015	4am-8am	2	Detroit, Ann Arbor, East Lansing MI good cities for sports
Health	Bill Ronning	9/15/2015	Noon-2pm	1	Oatmeal is better than cheerios
Health	Intentional Living	9/15/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutThe birth of a child is one of the greatest events for a mother, unless you're facing post-partum depression. If that's your battle, Dr. Randy wants to talk to you. It's Is Parenting Getting You Down? on Intentional Living
Relationships	Johnny & Stacey	9/15/2015	2pm-7pm	20	Sharing ideas for acts of kindness

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Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative duration (mins.) for all airings in that day	How program addressed Issue
Marriage	Intentional Living	9/16/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutWhat makes a marriage work? Dr. Randy wants to help you answer that question. Maybe you've figured it out, or maybe you want to find out. Either way be sure to listen to What Makes a Marriage Work, on the next Intentional Living
Family	News	9/16/2015	4am-8am	2	How to successfully blend a family
Health	Intentional Living	9/17/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutCS Lewis once said: God whispers to us in our pleasures, speaks in our conscience, but shouts in our pains: it is His megaphone to rouse a deaf world. One of the greatest pains in life is that of loneliness. What's God shouting to you in your loneliness? Join us, on the next Intentional Living
0-1-1	NI.	0/47/0045	4 0		Tucson Team talks about being prepared
Safety	News	9/17/2015	4am-8am	2	in an emergency
Finances	Bill Ronning	9/18/2015	Noon-2pm	1	The Federal Reserve is not raising rates
Health	BIII Ronning	9/18/2015	Noon-2pm	1	Hopping is good for preventing osteoporosis
Single Parents	Intentional Living	9/18/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutAre you a single mom? How are you doing? How are your kids doing? Have you been able to hang onto your faith? Dr. Randy encourages single moms. Catch Single Moms and a Single Faith, on the next Intentional Living
Finances	News	9/18/2015	Noon-2pm	2	gas prices are down
Parenting	Intentional Living	9/21/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutJust because your child is married doesn't mean you stop being a parent. But what happens when said child is dealing with divorce? Dr. Randy helps you sort through the challenges of your adult child's divorce. On Intentional Living with Dr. Randy Carlson
Faith	Intentional Living	9/22/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutDealing with disappointment That would seem to be a regular part of life. Dr. Randy's got a formula: X - R = D; expectations minus reality equals disappointment. How are you Dealing with Disappointment? That's what's on the next Intentional Living

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Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative duration (mins.) for all airings in that day	How program addressed Issue
Single Parents	Intentional Living	9/23/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutIt's been called one of the hardest jobs on the planet. What is it? Being a single parent. Coming up, Dr. Randy brings you help and hope to face the challenge of parenting alone; on the next Intentional Living, with Dr. Randy Carlson
Parenting	Intentional Living	9/24/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutAre your kids thankful? Well if they're not, then maybe their parents aren't thankful? Hmm. But being thankful is essential for those who love Jesus, so be sure to catch the next Intentional Living. It's Teaching You're Kids to Be Thankful
Marriage	Intentional Living	9/25/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutAhhh, the fine art of communication. But you can be face-to-face with your wife, looking straight into her eyes, trying to have a meaningful conversation, and then the eyes glaze over, and you hear that sports announcer calling your name. On Intentional Living, it's He Said, She Said, with Dr. Randy Carlson
Health	Amy Phillips	9/26/2015	9pm - Midnight	1	September is National Honey Month, Honey is healthy
Family	Intentional Living	9/28/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutA Christian song from the 80s ends with the line: "Lord give me patience, I want it now." So how are you doing in the patience department? Is it worn out by your spouse, or totally exhausted by your kids? Catch Practicing Patience with your Family, on Intentional Living
Aging Parents	Intentional Living	9/29/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutRetirement community. Senior living. Assisted living. Alzheimer's facility. Or maybe hospice. If you're exploring these options for your aging parents, be sure to listen to Caring for Aging Parents, on the next Intentional Living
Parenting	News	9/29/2015	2pm-7pm	2	A mom shares her joy because her teen son says he loves her
Safety	News	9/29/2015	4am-8am	2	More selfie related deaths than sharks on the east coast

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Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative duration (mins.) for all airings in that day	How program addressed Issue
Relationships	Bill Ronning	9/30/2015	Noon-2pm	6	Finding common ground by sharing what upsets us
Singles	Intentional Living	9/30/2015	12PM & 7PM	56	Dr. Randy Carlson taught on and spoke with callers aboutDr. George Sweeting, former president of the Moody Bible Institute once said "If I'm supposed to soar like an eagle, why am I flying with turkeys?" If you're single, learn to be a Successfully Soaring Single, on Intentional Living
Finances	News	9/30/2015	4am-8am	2	IA, KS &WI in top ten of best places to be a teacher, AZ doesn't pay their teachers as well
Parenting	News	9/30/2015	2pm-7pm	2	A mom opens up about parenting a child of autism