

KODZ-FM
Eugene, OR
Quarterly Issues/Program List
1st Quarter, 2019
prepared April 1, 2019

KODZ-FM provides its listeners with programming and public service announcements addressing issues of concern as well as community events to Lane County and surrounding areas.

SECTION I
"IN DEPTH"

IN-DEPTH 2019 JANUARY FEBRUARY MARCH

Sunday, January 6, 2019 (5am – 5:30am) (28 minute program)

(Rebroadcast) A year in look at the important players of the community with announcements from AARP, Tres Islas Orphange, Paralyzed Vets of America and Whatyoucando.org. Contact info and required action were included in this all-star announcement group.

(Issues Covered: retirement saving, regional history, veterans affairs, childhood welfare)

Sunday, January 13, 2019 (5am – 5:30am) (28 minute program)

It's an IN-DEPTH encore performance of the great Russ Francis, former Duck and NFL great, and local Pleasant Hill alum. He talks about his time as a Billie, as a Duck and what life was like in the NFL. After Russ it's a few moments with local resident Chris Hayes, formerly of Huey Lewis And The News. His accounts of life with Huey and what he likes about living in Oregon are covered.

(Issues covered: Lifestyle, Health)

Sunday, January 20, 2019 (5am – 5:30am) (28 minute program)

The crew from CASA comes in to talk about their upcoming recruiting drive to get more advocates. Director Heather Murphy reminds us what is expected of them and what they need to do to get things going. The Eugene Ballets Tony Pimble talks about Romeo and Juliet and what is going on with the Ballet.

(Issues covered: Child Welfare, Lifestyle)

Sunday, January 27, 2019 (5am – 5:30am) (28 minute program)

Zed Merrill, a local documentarian, talks about his own experience that was transpired into a book. Detailing and telling the stories that came out of his wartime experience. He talks about what people ask him the most when they meet him and what he would rather talk about. Second segment is about the Uncle John Bathroom leader that is produced right here in Oregon. How do they find interesting factoids and which ones make the book? What about the research and more?

(Issues covered: Mental Health, Veterans Affairs, Oregon History)

Sunday, February 03, 2019 (5am – 5:30am) (28 minute program)

Neta Prefontaine, the sister of all-star runner Steve, talks about growing up with the worlds most famous runner. What he was like and how she dealt with loss of her much heralded brother. Her take is refreshingly honest and we stripped the show of other interviews to get the entire essence of Neta.

(Issues covered: Oregon History, Grief Management)

Sunday, February 10, 2019 (5am – 5:30am) (28 minute program)

Former Surfer Shaun Thomson comes in to talk about his career as a world-class surfer. What it was and what it would become plus how he survived the loss of his son. Busters restaurant comes in to talk about the Grilled Cheese Experience, which they are a part of. How it benefits Food for Lane County and exactly how.

(Issues covered: Fitness, Career Choices, Grief Management, Hunger Assistance)

Sunday, February 17, 2019 (5am – 5:30am) (28 minute program)

Amy Newport with Kendall comes in to talk about Kendall's Catwalk for a Cause to benefit the Boys and Girls Club. Jena, a model, comes in to talk about her experience. Jennifer Richardson, a board member, chimes in with her love for the club. Then we catch up with Tom Stack, a former Dead head who made a living out of selling Grateful Dead t-shirts in the parking lot of shows.

(Issues covered: Child Welfare, Oregon History)

Sunday, February 24, 2019 (5am – 5:30am) (28 minute program)

Finn John, from Offbeat Oregon, makes a return appearance to talk about crazy characters of Oregon history and folklore. What their story was and how they affected the actual Oregon storybook if at all. He put a plug in for his website and blog at OffbeatOregon.com. Also Mr Fat to Skinny, Doug Varrieur, chimes in with his philosophy of getting rid of it if it's sweet and sugar filled. He lost over 100 pounds and is able to help others do the same thing.

(Issues covered: Oregon History, Health and Physical Fitness, Diabetes)

Sunday, March 03, 2019 (5am – 5:30am) (28 minute program)

Mike Pungercar of Honor Flight comes in to talk about the service that flies World War 2 and Korean War Vets' to Washington DC at no cost of their own. We talk about fundraising events to allow even more heroes to take the trip. The second part of the show is devoted to Tammi Brannan. It's her intention to get folks to live their best life. That usually consists of work but also in other facets of life, like personal relationships too. Don't settle. You can do it. You are supposed to do it. All items she espouses and shares in this positive and informative segment.

(Issues covered: Veterans Affairs, Personal Financial, Mental & Physical Health, Depression)

Sunday, March 10, 2019 (5am – 5:30am) (28 minute program)

It's an encore presentation of a send off for Register Guard columnist Bob Welch who had been on the staff for close to 20 years. He talks about his favorite subjects and what he won't miss...the three deadlines a week. Also, Matt Bradley from REI, talks about survival in the Oregon wilderness. What to remember and what to not do. Keeping your wits and water is key. Who knows if one will ever be in a situation where you need to rely on his expertise but it's good to at least know the basics.

(Issues covered: Eugene History, Physical Fitness, Survival Skills)

Sunday, March 17, 2019 (5am – 5:30am) (28 minute program)

Bob Hart of the Lane County Historical Museum comes in as local character Thomas Condon. He does an impression of Thomas Condon and to promote his upcoming appearance comes in to give us the show. Plus he talks about what's going on with the LCHM.

(Issues covered: Eugene History, Lifestyle)

Sunday, March 24, 2019 (5am – 5:30am) (28 minute program)

Finn John, purveyor of OffbeatOregon.com, comes in to share his knowledge and expertise of Podcasting. He teaches a course at OSU in podcast production. We cover how to go about listening to one and what you need to know to produce one. The wave of the future is here and today it's covered.

(Issues covered: Career Choices)

Sunday, March 31, 2019 (5am – 5:30am) (28 minute program)

Kathryn Dysrt from the Oregon Mental Health Museum discusses the museum and what people can expect when they visit and Author Matt Love talks about the movies filmed here in Oregon and their economic effect on our state.

(Issues covered: Mental Health, Oregon Travel, Oregon History, Oregon Economic Issues)

SECTION II
SYNDICATED PROGRAMMING "INFO TRAK"



Call Letters: KODZ-FM

Weekly Public Affairs Program

QUARTERLY ISSUES REPORT, JANUARY-MARCH, 2019

Show # 2019-01

Date aired: 1/6/19 Time Aired: 5:30AM – 6AM (30 MINUTES)

Katy J. Harriger, PhD, Chair and Professor, Department of Politics and International Affairs at Wake Forest University

Our nation's political climate is more polarized than ever, and voter turnout among young people is abysmal. But Dr. Harringer led a study that found that learning to talk about controversial issues while in college can inspire young adults to be more engaged citizens even ten years later. She explained what the students were taught and how it could be applied to voters of any age.

Issues covered:
Civic Participation
Voting
Youth Concerns

Length: 8:34

Matt Schulz, Senior Industry Analyst at CreditCards.com

25 million credit cardholders haven't changed their go-to credit card in at least ten years. Mr. Schultz said that people are missing many rewards because card issuers are hotly competing for new customers and giving big sign-up bonuses. He outlined some of the methods savvy consumers use to get the most out of their credit cards. He also explained why many consumers are reluctant to switch cards.

Issues covered:
Personal Finance
Consumer Matters

Length: 8:27

Laurence J. Kotlikoff, PhD, William Fairfield Warren Distinguished Professor, Professor of Economics at Boston University, President of Economic Security Planning, Inc, author/co-author of 16 books on retirement planning, economics and personal finance

Dr. Kotlikoff has developed the first retirement planning software built by economists. He explained how the "Economist Approach" differs from traditional retirement advice. He said the new approach can help consumers determine the highest level of spending their household can sustain over time, in order to live within their means for the remainder of their lives.

Issues covered:
Retirement Planning
Senior Citizens

Length: 4:56

Show # 2019-02

Date aired: 1/13/19 Time Aired: 5:30AM – 6AM (30 MINUTES)

Angela Fagerlin, Ph.D., Chair of Population Health Sciences at University of Utah Health, Research Scientist with the VA Salt Lake City Health System's Informatics Decision-Enhancement and Analytic Sciences (IDEAS) Center for Innovation

Dr. Fagerlin was the senior author of a study that found that 60 to 80 percent of people surveyed are not honest with their doctors about information that could be relevant to their health. She explained why people are sometimes reluctant to be truthful with their doctors, and why that can be a dangerous practice.

Issues covered:

Personal Health

Length: 7:29

Teresa Gil, PhD, psychotherapist, author of "*Women Who Were Sexually Abused As Children: Mothering, Resilience and Protecting the Next Generation*"

Dr. Gil estimates that there are approximately 21 million mothers in America who experienced childhood sexual abuse. She discussed how that trauma may affect their own parenting. She talked about the value of strong mother-daughter relationships, spiritual beliefs, and therapy in coping.

Issues covered:

Sexual Abuse

Parenting

Mental Health

Length: 9:40

Jennifer Emond, PhD, member of the Cancer Control Research Program at Dartmouth College's Norris Cotton Cancer Center, Assistant Professor in the Department of Biomedical Data Science, Geisel School of Medicine

Advertising works, and Dr. Emond's study found that kids who were exposed to TV ads for high-sugar cereals were more likely to subsequently eat the cereals they had seen advertised. She talked about the effect this may have on diet quality and childhood obesity, and offered suggestions to parents on how to maintain control of TV watching, particularly for small children.

Issues covered:

Parenting

Obesity

Consumer Matters

Length: 4:51

Show # 2019-03

Date aired: 1/20/19 Time Aired: 5:30AM – 6AM (30 MINUTES)

Alan Schroeder, MD, Clinical Professor of Pediatrics at the Stanford University School of Medicine

Each year, thousands of teenagers and young adults are prescribed opioids for pain relief after having their wisdom teeth removed. Dr. Schroeder led a study that found almost 6 percent of these patients were diagnosed with opioid abuse during the 12 months after the initial prescription. He discussed alternate options for pain relief. He said wisdom tooth extraction is by far the most common surgical procedure for adolescents and young adults but there is very little research that supports the widespread use of the procedure.

Issues covered:
Drug Abuse
Personal Health

Length: 7:26

Elizabeth Emens, PhD, Isidor and Seville Sulzbacher Professor of Law at Columbia Law School, author of *"Life Admin: How I Learned to Do Less, Do Better, and Live More"*

Every day an unseen form of labor creeps into our lives—the kind of secretarial and managerial work necessary to run a life and a household. Dr. Emens discussed how this labor is created, how it affects our lives, and how we might avoid, reduce, and redistribute admin whenever possible—as individuals and as a society.

Issues covered:
Personal Productivity
Parenting
Career
Education

Length: 9:48

Marcos A. Rangel, PhD, Applied Microeconomist, Assistant Professor in the Sanford School of Public Policy Medicine at Duke University

Dr. Rangel led a study that found that immigrant children are nearly twice as likely to study and pursue careers in STEM fields (Science, Technology, Engineering and Mathematics) as children born in the US. He believes that because immigrant students are less comfortable communicating in English than their native-born peers, they gravitate toward subjects where the language barrier is less of an impediment.

Issues covered:
Education/ STEM
Immigration

Length: 4:51

Show # 2019-04

Date aired: 1/27/19 **Time Aired: 5:30AM – 6AM (30 MINUTES)**

Tasleem Padamsee, PhD, Assistant Professor of Health Services Management and Policy at Ohio State University

Dr. Padamsee led a study that found that African-American women at high risk of breast cancer are less likely than white women to pursue potentially life-saving preventive care. She talked about the most common preventative steps that at-risk patients can take. She also encouraged patients to talk to their physicians about cancer risk concerns.

Issues covered:
Cancer Prevention
Minority Concerns
Women's Issues

Length: 9:32

James Clear, author of *"Atomic Habits: Tiny Changes, Remarkable Results"*

Mr. Clear offered strategies aimed at forming good habits, breaking bad ones, and mastering the tiny behaviors that lead to extraordinary results. He explained how to find the underlying causes of bad habits and why that can help to correct them. He offered examples of ways to redesign an environment to break bad habits.

Issues covered:
Personal Productivity
Personal Health

Length: 7:41

Neil Dawson, BSc, PhD, Lecturer in Biomedicine at Lancaster University, Lancaster, United Kingdom

It's well known that marijuana use has a negative impact on brain function and memory. Dr. Dawson's research team examined what specific areas of the brain are affected by long term use, for both recreational users and patients who use the drug to combat epilepsy, multiple sclerosis and chronic pain. He said long term use of the drug impairs the ability of brain regions involved in learning and memory to communicate with each other.

Issues covered:
Drug Abuse
Personal Health

Length: 5:04

Show # 2019-05

Date aired: 2/3/19 Time Aired: 5:30AM – 6AM (30 MINUTES)

Bryan E. Robinson, PhD, psychotherapist, Professor Emeritus at the University of North Carolina at Charlotte, author of *"#Chill: Turn Off Your Job and Turn On Your Life"*

It is common knowledge that good health and happiness depends on having proper balance between our professional and private lives. Dr. Robinson explained how ending the cycle of work addiction can be achieved by reframing priorities and cultivating mindfulness in our daily lives. He outlined the benefits of mediation to let go of anxiety and focus on the moment.

Issues covered:
Mental Health
Personal Health
Career

Length: 9:00

Jonathan Adkins, Executive Director of the Governors Highway Safety Association

Mr. Adkins discussed a recent report from his organization that highlighted excessive vehicle speed as a persistent factor in nearly one-third of all motor vehicle-related fatalities. He believes that speeding is not given enough attention as a traffic safety issue and is widely deemed culturally acceptable by the motoring public. He outlined several public policy measures that he believes would help to reduce speeding.

Issues covered:
Traffic Safety
Government Policies

Length: 8:10

Regina Leeds, professional organizer, author of *"The 8-Minute Organizer"*

Nearly everyone can use some help in getting organized. Ms. Leeds talked about the reasons that keeping order in our lives and possessions is so difficult. She offered small, step-by-step suggestions on how determine goals to get organized, and how to create positive routines for the long-term.

Issues covered:
Consumer Matters
Mental Health

Length: 5:07

Show # 2019-06

Date aired: 2/10/19 Time Aired: 5:30AM – 6AM (30 MINUTES)

Darrell Laffoon, Chief Technology Officer of security firms EZShield + IdentityForce

Americans are preparing to file their taxes, and fraudsters are getting ready to target taxpayers with new scams. Mr. Laffoon outlined some of the most common schemes used to commit tax fraud and tax-related identity theft. He noted that the IRS never uses email to contact taxpayers or others filing tax returns. He explained what to do if you are targeted.

Issues covered:

Length: 8:47

Crime

Identity Theft

Nancy O'Reilly, PsyD, licensed psychologist, author of *"In This Together: How Successful Women Support Each Other in Work and Life"*

Dr. O'Reilly explained why women experience more rudeness and incivility from other women in the workplace than they do from men. She said women have not been trained to lead as women. She offered suggestions for women to offer support to each other at work, rather than competing. She explained why men should also be concerned about this trend.

Issues covered:

Length: 8:19

Women's Issues

Workplace

Cheryl Hyatt, co-founder of Hyatt-Fennell Executive Search

Ms. Hyatt talked about the importance of references in job searches. She said they are an integral part of an application package. She offered suggestions to customize references for specific jobs and how to choose the best people as references.

Issues covered:

Length: 5:04

Employment

Career

Show # 2019-07

Date aired: 2/17/19 Time Aired: 5:30AM – 6AM (30 MINUTES)

Patty Ann Tublin, PhD, author of *"Money Can Buy You Happiness: Secrets Women Need to Know To Get Paid What They Are Worth!"*

Dr. Tublin outlined ways women can close the gender wage gap and negotiate their true worth at work. She explained why women have a harder time accepting the emotional and financial value of money, and how to change that attitude. She also offered suggestions for women who would like to determine what the appropriate pay range is for a particular job.

Issues covered:

Length: 7:08

Women's Issues

Career

Henry S. Gornbein, attorney, author of *“Divorce Demystified: Everything You Need to Know Before You File for Divorce”*

Mr. Gornbein said next to the death of a loved one, divorce is one of the most traumatic of life’s experiences. He discussed the sometimes complicated steps to take when deciding whether to proceed with a divorce. He talked about the significant ways divorce has changed in recent years, including the surprising influence of social media and changes in child custody arrangements.

Issues covered:

Length: 9:57

Legal Matters
Marriage
Parenting

Jerry Brewer, MD, dermatologist and researcher at the Mayo Clinic

Dr. Brewer led a study that found that the risk of developing the most dangerous type of skin cancer is now more than six times higher among young adults than it was 40 years ago. He talked about the likely reasons behind this trend and why women under age 40 may be especially vulnerable.

Issues covered:

Length: 4:51

Cancer
Personal Health

Show # 2019-08

Date aired: 2/24/19 Time Aired: 5:30AM – 6AM (30 MINUTES)

Daniel Pink, author of *“When: The Scientific Secrets of Perfect Timing”*

Mr. Pink explained how timing affects everything — from work to home to school — and that it’s a science, not an art or luck. He outlined research that found that 86 specific days each year are the optimal days to start a project or to get a fresh start. He offered several examples of how productivity, personal goals and even medical procedures are significantly affected by the timing of the event.

Issues covered:

Length: 8:27

Workplace Matters
Education
Personal Health

Amy Adamczyk, PhD, Professor of Sociology and Criminal Justice, City University of New York

Americans’ views about marijuana have drastically changed in a relatively short period of time. Dr. Adamczyk led a study that found that support for legalization began to increase shortly after the news media began to frame marijuana as a medical issue, rather than as a criminal or drug abuse issue. She believes that nationwide legalization of marijuana is likely in coming years.

Issues covered:

Length: 8:33

Marijuana Legalization
Media

Michael Twery, PhD, Director of the National Center on Sleep Disorders Research at the National Heart, Lung, and Blood Institute, part of the National Institutes of Health

It has been proven that a lack of enough sleep or poor quality of sleep is a major factor in heart disease. Dr. Twery discussed a recent NIH study that examined the biological reasons behind it. He said the research may lead to improved treatments for both sleep disorders and heart disease.

Issues covered:

Length: 4:55

Heart Disease

Personal Health

Show # 2019-09

Date aired: 3/3/19 Time Aired: 5:30AM – 6AM (30 MINUTES)

Alicia Munnell, PhD, economist, Director of the Center for Retirement Research at Boston College, Peter F. Drucker Professor of Management Sciences at Boston College's Carroll School of Management

Many Americans will be shocked once they reach retirement, to find that their IRA or 401(k) is not worth nearly as much as they think. Dr. Munnell said many upper income retirees will be hit with 25-32% federal tax bills on the funds they saved for retirement, and possibly even more from state taxes. She noted that those who save in tax-deferred retirement plans still come out ahead, even after paying taxes on the withdrawals.

Issues covered:

Length: 6:56

Retirement Planning

Taxes

Dean Ornish M.D., founder and President of the nonprofit Preventive Medicine Research Institute, Clinical Professor of Medicine at the University of California, San Francisco, author of "*Undo It!: How Simple Lifestyle Changes Can Reverse Most Chronic Diseases*"

Dr. Ornish is a well-known advocate for using diet and lifestyle changes to treat and prevent heart disease. He outlined four changes in lifestyle that he believes can stop the progression and even reverse many chronic diseases. He said it's surprising how rapidly our bodies can begin to heal after making simple lifestyle changes.

Issues covered:

Length: 10:12

Personal Health

Aging

Alan Young, home security expert, CEO of Armor Concepts, a New Jersey-based security firm

Mr. Young talked about the basic steps that the average homeowner can take to prevent home intrusions or burglaries. He said the most common way that criminals enter a house is by simply breaking through a door, rather than picking locks or breaking windows. He also discussed the misunderstood role that alarm systems play in home security.

Issues covered:

Length: 5:07

Crime Prevention

Consumer Matters

Show # 2019-10

Date aired: 3/10/19 Time Aired: 5:30AM – 6AM (30 MINUTES)

Mark Hamrick, Senior Economic Analyst for Bankrate.com

73% of Millennials (ages 23-38) who have student loan debt have delayed at least one major life or financial milestone as a result, according to a new Bankrate.com report. Mr. Hamrick said the issue has influenced large percentages of Americans of all ages, affecting decisions such as buying a home or car, saving for retirement, having children and getting married.

Issues covered:
Student Debt
Education
Personal Finance

Length: 9:47

David Closs, PhD, Professor of Supply Chain Management in the Eli Broad College of Business at Michigan State University

Phony prescription drugs are big business and can be life-threatening to consumers. Dr. Closs discussed a recent change in federal regulations that requires companies to track prescription drugs from their raw materials stage to their delivery to pharmacies. He explained how copycat drugs sometimes make their way into the system and what consumers need to know.

Issues covered:
Drug Safety
Government Regulations
Personal Health

Length: 7:12

Martin Rössli, PhD, Associate Professor, Head of Environmental Exposures and Health at Swiss Tropical and Public Health Institute in Basel, Switzerland

Prod. Rössli led a study that suggests that radiation from phones can harm a teenager's memory. He found that the problem occurs when a phone is held next to a child's head for a phone call. His team even found different effects, depending on whether the phone was used on the right or left side of the head. He said Bluetooth devices can help, and that children's phone calls should be short and infrequent.

Issues covered:
Personal Health
Technology

Length: 5:09

Show # 2019-11

Date aired: 3/17/19 **Time Aired: 5:30AM – 6AM (30 MINUTES)**

Scott McCartney, Travel Editor and author/creator of the weekly Middle Seat column on airlines and travel for The Wall Street Journal

Airlines' pricing strategies have changed in significant ways in the past several years and ticket prices can literally change by the minute. Mr. McCartney discussed the best days to find the lowest prices, how far ahead to buy and other money-saving travel tips for airline travel.

Issues covered:
Consumer Matters
Transportation

Length: 8:26

Arielle O'Shea, investing and retirement specialist, Nerdwallet.com

Ms. O'Shea said the average American must live on their retirement savings for 23 years. She explained how consumers can determine how much money they may need in retirement. She outlined four strategies to find extra income and control expenses in retirement. She recommends using a fee-only financial planner.

Issues covered:
Retirement Planning
Personal Finance

Length: 8:40

Penelope Larsen, researcher and PhD candidate, School of Exercise Science, Sport & Health, Charles Sturt University, Bathurst, New South Wales, Australia

Hitting the gym at night won't keep you tossing and turning all night, contrary to popular belief. Ms. Larsen led a recent study that found that evening high-intensity cycling didn't ruin sleep and may even reduce appetite. She said study participants also seemed to have more energy when exercise occurred later in the day, which could also debunk the belief that working out first thing in the morning is the optimal time.

Issues covered:
Personal Health

Length: 5:01

Show # 2019-12

Date aired: 3/24/19 Time Aired: 5:30AM – 6AM (30 MINUTES)

Michael J. Blaha, MD, MPH, Preventive Cardiologist, Director of Clinical Research at the Ciccarone Center for the Prevention of Heart Disease at Johns Hopkins Hospital

Dr. Blaha recently led a study that suggests that people who exercise habitually are more likely to survive their first heart attack. He discussed the wide-ranging benefits of exercise and how much is enough. He said even older people can get in shape and get the heart-protective benefits of physical activity. He also offered ideas for how to get started.

Issues covered:
Personal Health
Senior Citizens

Length: 9:03

Janette Sadik-Khan, transportation and urban transformation expert, former transportation commissioner of New York City, author of "Streetfight: Handbook for an Urban Revolution"

Ms. Sadik-Khan discussed the importance of incorporating innovative transportation plans into modern urban environments. She explained how cities can add protected bike paths, improve crosswalk space, and provide visual cues to reduce speeding. She said redesigning streets can reduce congestion and increase foot traffic, which often improves the bottom line of local businesses.

Issues covered:
Urban Planning
Public Transportation

Length: 8:16

Jason R. Wiles, PhD, Associate Professor, Biology, Syracuse University

Dr. Wiles led a study that found that minority college students learn many science, technology, engineering, and mathematics lessons more effectively when they are taught by a recent minority student, rather than a traditional classroom instructor. He explained why STEM subjects are so important for today's students, and the possible reasons why this alternative method of teaching works so well.

Issues covered:
Education
Minority Concerns

Length: 5:05

Show # 2019-13

Date aired: 3/31/19 Time Aired: 5:30AM – 6AM (30 MINUTES)

James P. Smith, PhD, Distinguished Chair in Labor Markets and Demographic Studies at the RAND Corporation, a nonprofit research organization

Dr. Smith led a study that found that Americans under the age of 26 are much more likely to be arrested than Americans born in previous decades. He noted that the increase occurred most rapidly among white Americans and women. He said that the study also found connections between the rising rate of arrests/convictions and lower probabilities of being married, fewer weeks worked, lower hourly wages and lower family incomes during Americans' adulthood.

Issues covered:

Length: 9:04

**Crime
Legal**

Ramon Hinojosa, PhD, Assistant Professor in the Department of Sociology at the University of Central Florida

Prof. Hinojosa warned of a coming public health crisis for veterans. He led a study that found that veterans are more likely to have heart disease at a younger age than nonveterans. He discussed the possible differences between vets who served in Iraq and Afghanistan compared to those who served in previous conflicts. He offered advice for veterans who may have cause for concern.

Issues covered:

Length: 8:09

**Veterans Issues
Personal Health**

Carly Ziter, PhD, Assistant Professor in the Biology Department at Concordia University in Montreal

Trees play a surprisingly big role in keeping America's cities and towns cool. Prof. Ziter shared the results of her study that found that the right amount of tree cover can lower summer daytime temperatures by as much as 10 degrees Fahrenheit. She said the effect is quite noticeable from neighborhood to neighborhood, even down to the scale of a single city block. She stressed the importance of urban landscaping and development in making neighborhoods more livable in the future.

Issues covered:

Length: 5:07

**Climate Change
Environment
City Planning**