

Iowa Catholic Radio Public File Section 13 - Issues/Program Listing C							
October	Day	Time	Program	Dura	Guest	Title of Guest Topic of Guest	
2	Monday	7:15	Morning Show	60	Dan Burke	Dan Burke is the founder and president of the Avila Institute for Spiritual Formation (Avila-Institute.com), which offers graduate and personal enrichment studies in spiritual theology to priests, deacons, religious, and laity in more than ninety countries and prepares men for seminary in more than forty dioceses (MyHighCalling.com). Dan is the author and editor of many books on authentic Catholic spirituality	Finding Peace in the Storm https://sophia institute.com/product/finding-peace-in-the-storm/ How'd you get the title "Finding Peace in the Storm?" What inspired you to write this book? Basic tactics people can employ today that will improve their peace Role and relationship of spiritual warfare with finding peace in our lives How media consumption influences our interior life What does a healthy prayer life look like and how does it help us understand and trust in God's providence?
		7:40	Morning Show	60	Joe Stopulus	Host of Man Up!	Preview of 9am Man Up!
		7:45	Morning Show	60	Ut Fidem		Replay Sep 26 segment with John Cord
		9:00					
3	Tuesday	7:15	Morning Show	60	Dcn Randy Keil and Micha Keil	Deacon from Our Lady of the Americas. Randy Kiel, M.A, is the founder of Kardia Counseling	
		7:45	Morning Show	60	Bear Woznick	Bear Woznick is a World Champion surfer, certified ninja black belt, and sought after speaker. He is the host of The Bear Woznick Adventure radio program and EWTN's motorcycle based immersive reality-show series, Long Ride Home with Bear Woznick. A Benedictine oblate, Bear is the author of several books including A Surfer's Guide to the Soul, Deep Adventure—The Way of Heroic Virtue, and 12 Rules for Manliness: Where Have All the Cowboys Gone?	12 Rules for Manliness: Where Have All the Cowboys Gone? 12 RULES FOR MANLINESS: WHERE HAVE ALL THE COWBOYS GONE https://sophia institute.com/product/12-rules-for-manliness/ All My Heroes Were Cowboys 1 - A Man's Got To Have Creed - Live By Your Code 2 - Ride For The Brand 3 - Man of Your Word 4 - Be Dangerous - Make a Stand 5 - Bridle Your Passion - Let Good Things Run Wild 6 - Don't Be A Drifter - Seek God's Purpose For You 7 - Ride the Proving Trail - Pursue Your Course of Action 8 - Come Hell or High Water - Get the Job Done 9 - Lean and Mean - Fitness to Witness 10 - Build Brotherhood 11 - How a Man Treat Women Defines Him 12 - The Adventure of Fatherhood
		9:00	Be Not Afraid	30			
4	Wednesday	7:15	Morning Show	60	Chad Peddicord	Vice President, Philanthropy Catholic Leadership Institute	Talking points: CL's support of bishops and priests – happier, healthier, holier priests. What makes a vibrant and dynamic parish? What makes an effective pastor?How can we engage the “next generation” of Catholic leaders.
		7:45	Morning Show	60	Kimberly Begg	The editor of Catholic School Playbook . Kimberly Begg is a Catholic wife and mother of five children who is trying to cooperate with God's grace to guide her family to Heaven. An attorney with more than 20 years of experience strengthening Catholic and conservative causes, she helped found Young America's Foundation's Standing Up for Faith and Freedom seminar—a program for students at Catholic schools—while serving as the Foundation's vice president and general counsel. She serves on the board of overseers of the Dominican House of Studies, the board of directors of Young America's Foundation, the board of advisors of the Clare Boothe Luce Center for Conservative Women, and the DC board of regents of Thomas Aquinas College. She is director of programs and general counsel of the Ortner Family Foundation and editor of Catholic School Playbook , an online resource for the renewal of Catholic education.	
5	Thursday	7:07	Morning Show	60	Randy Kiel		
		7:15	Morning Show	60	Fr. PJ McManus	Pastor at Christ the King Parish	Ask Father PJ
		7:40	Morning Show		Julie Nelson	Host Catholic Women Now	Preview 9am Catholic Women Now
		7:45	Morning Show	60	Kendra Von Esh	Speaker Faith Coach Author YouTuber Columnist Podcaster	how important it is for us to have some spiritual companions on the journey. For more than half of my 10 years, I walked all by myself in the back pew of my parish (I didn't even know my pastor). When I did go to events, I found such comfort, like-minded people - strangers who I seemed to be closer with than friends I have had for decades. We are not meant to walk the journey alone.
		9:00	Catholic Women Now	30	No guest		
6	Friday	7:07	Morning Show	60	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	Sunday Gospel & Spiritual Chat
		7:15	Morning Show	60	Gary Zimak	Catholic Speaker	

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		7:45	Morning Show	60	Mark Amodeo		
		9:00 AM	Making it Personal with	30	Fr Alex Kramer	returning to Rome to complete studies in canon law	
9	Monday	7:15	Morning Show	60	Jason Craig	Bio: BIO: Jason M. Craig writes from a small dairy farm in Western NC. He is the co-founder of Faternus, founding editor of Sword & Spade magazine, and author of Leaving Boyhood Behind. He holds a master's degree from the Augustine Institute and is known to claim his family invented bourbon.	His book: The Traditional Virtues According to St. Thomas Aquinas: A Study for Men. Questions to Ask: 1. Why is it so necessary for fathers to explicitly teach about virtue? 2. What is the difference between Christian virtue and secular self-help? 3. What tips do you have for fathers who want to get more serious about forming their children in the virtues?
		7:40	Morning Show	60	Joe Stopulus	Co-Host of Man Up! on Iowa Catholic Radio	
		7:45	Morning Show	60			
		9:00	Man Up!	30	Joe Stopulos	Host of Man up	
		7:15	Morning Show	60			
10	Tuesday					As the co-founders of Rebird Ministries, Ryan and Kelly partner with dioceses and parishes to provide the tools and resources to support families who have experienced the loss of a child from pregnancy through adulthood. They founded this grief ministry following the loss of four of their children-two boys and two girls.	Grief of Dad's. Questions: 1. What is Red Bird Ministries and how we partner with dioceses and parishes? 2. What are our new resources? 3. The Grief of Dad [published by Ave Maria Press, September 1st] 4. The Good Shepherd [program for clergy, and church staff who minister to families of loss] Our app [families who are walking through loss] 5. Podcast [It's Not for Nothing]
		7:45	Morning Show	60	Kelly and Ryan Breaux		
		9:00	Be Not Afraid	30			
11	Wednesday	7:15	Morning Show	60	John Gaffney	Director of Catechesis and Evangelization	Topic: Joy and Humor are an essential component of evangelization
		7:45	Morning Show	60	Emily Jaminet	Wife, Mom, Author, Speaker, Director & Friend	Learn more at www.WelcomeHisHeart.com .
12	Thursday	7:07	Morning Show	60	Randy Kiel	Deacon from Holy Trinity Parish. Randy Kiel, M.A, is the founder of Kardia Counseling.	
		7:15	Morning Show	60	Fr. PJ McManus	Pastor at Christ the King Parish	Ask Father PJ
		7:40	Morning Show	60	Julie Nelson	Host Catholic Women Now	Preview 9am Catholic Women Now
		7:45	Morning Show	60	Joshua Brown	He is an associate professor of theology at Mount St. Mary's University in Emmitsburg, Maryland. He wrote the introduction and notes in Way Of Confucius and of Christ.	Ways of Confucius and of Christ
		9:00	Catholic Women Now	30	Tim Jameson		Tim shares testimonies of healing and how Jesus continues to heal people today
13	Friday	7:07	Morning Show	60	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	Sunday Gospel & Spiritual Chat
						Mission evangelist for Paradisus Dei. Michael Gormley, or "Gomer" as his friends call him, struggled with faith, belief, and the existence of God for years. He eventually found his way to God through studying whether the resurrection of Jesus Christ was real. He has degrees in philosophy and theology, a family, works at a parish with adults, and runs three side businesses: the Catching Foxes Show, Every Knee Shall Bow, and LayEvangelist.com.	Mysteries of the Rosary: The Joyful Mysteries. www.therosaryseries.com
		7:45	Morning Show	60	Fr. Vincent Lampert	Vincent Lampert is an American Catholic priest and the designated exorcist of the Roman Catholic Archdiocese of Indianapolis. Father Lampert was appointed to become an exorcist by Archbishop Daniel M. Buechlien. He is one of the few exorcists known to use social media like Twitter on a regular basis.	We are thrilled to announce a new course on our Emmaus Academy: "Exorcism" with Fr. Vincent Lampert. If you are interested in a 14 day free trial to check out his course you can do so here: https://stpaulcenter.com/emmaus-academy/ Here's a trailer of the course: https://youtu.be/279SzBo0WYU
		9	Making it Personal with Bishop Joensen	30	Deacon Matt and Stacy Halbach	permanent deacon @ St Luke/Ankeny & director of diaconate formation, both are authors, parents of 6	marriage and family; Stacy's new book "Bloom"
		7:15	Morning Show	60	Johnette Williams	Women of Grace/ ICR Women's Event keynote	Johnette will talk about spiritual warfare and the upcoming women's event
		7:40	Morning Show	60	Joe Stopulus	Host of Man Up!	Preview of 9am Man Up!

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16	Monday Jon OUT					David G. Bonagura, Jr. is an adjunct professor at St. Joseph' Seminary in New York and online for Catholic Distance University. He is the author of Steadfast in Faith and Staying with the Catholic Church and has written for a number of Catholic and secular publications. He is the translator of the new book which you can now pre-order entitled Jerome's Tears: Letters to Friends in Mourning .	1. Who is St. Jerome and what does he mean for us today? 2. Tell us about these letters you translated: Who are the friends of Jerome and what brought them grief? 3. How does Jerome console his friends? What roles does the bible play in Jerome's letters? How can today's reader profit from reading Jerome's letters? Where can our listeners find the book?
		7:45	Morning Show	60	David Bonagura Jr.		
		9:00	Man Up!	30			
17	Tuesday Jon OUT	7:15	Morning Show	60	Steve Ray	Steve Ray is a convert to the Catholic Church and the author of three best-selling Ignatius Press books (Crossing the Tiber, Upon this Rock, and St. John's Gospel).	The Rosary. Pilgrimage update.
		7:45	Morning Show	60	Greg Wasinski	Executive Director of "Let Me Be..." Ministries	
		9:00	Be Not Afraid	30			St. John Paul II
18	Wednesday					Previously a litigator in Washington D.C. and then a seminarian for the Archdiocese of Kansas City, Joe worked as a religious instructor at Holy Family School of Faith, before joining the staff of Catholic Answers as an apologist and speaker. Kansas City native Joe Heschmeyer is a staff apologist for Catholic Answers. A popular author, speaker, blogger, and podcaster	Promoting his Iowa appearance Thursday Oct 19 at St. Joseph Catholic Church in Winterset, IA
		7:15	Morning Show	60	Joe Heschmeyer		
		7:45	Morning Show	60	Stacy Hallbach	Ankeny's newest Catholic author and mother.	a beautiful Mother- Daughter's guidebook, Bloom
		9:00	Thought of the Day	30			The Role of the Virgin Mary, Part 1
19	Thursday	7:07	Morning Show	60	Randy Kiel	Deacon from Holy Trinity Parish. Randy Kiel, M.A, is the founder of Kardia Counseling.	
		7:15	Morning Show	60	Fr. PJ McManus	Pastor at Christ the King Parish	Ask Father PJ
		7:40	Morning Show	60	Julie Nelson	Host Catholic Women Now	Preview 9am Catholic Women Now
		7:45	Morning Show	60	Donna-Marie Cooper O'Boyle	Donna-Marie Cooper O'Boyle is a Catholic wife, a mother of five, a grandmother of two, and an award-winning and best-selling author and journalist, TV host, international speaker, and pilgrimage and retreat leader. She is the EWTN television host of three series which she created to teach, encourage, and inspire Catholic families. Her love for children and for imparting the Faith spurred her on to serve as a Catechist for over thirty years. She is also an Extraordinary Minister of the Eucharist at her parish.	30 Marian Eucharistic Visits. 1. What St. Louis de Montfort said is the shortest, surest, and most perfect way to Jesus 2. Four types of prayer to incorporate during Eucharistic Adoration 3. The one thing that wounds Jesus' Heart even more than our sins 4. The Marian virtue that thwarts the evil one's tricks 5. The medicine Our Lady uses to intercede for the spiritual healing of our souls
		9:00	Catholic Women Now	30	Barbara Heil	Barbara Heil is a Catholic evangelist and speaker at the Iowa Catholic Radio Women's Conference	Barbara was one of only four laity speakers at the recent World Eucharistic Conference in Budapest. She shares from her experience that the Catholic Church is alive and thriving
20	Friday	7:00	Morning Show	60	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	Sunday Gospel & Spiritual Chat
		7:15	Morning Show	60	Joe Heschmeyer		
		7:45	Morning Show	60	Joe Heschmeyer		
		9:00 AM	Making it Personal with Bishop Joensen	30	Monica Ashour	President & co-founder, TOB Evangelization Team, author and international speaker	Theology of the Body presentations in DSM and CB
23	Monday Jon OUT	7:15	Morning Show	30	Dr. James Papandrea	James L. Papandrea is a Catholic professor, author, speaker, and musician. Baptized Catholic but raised Protestant and eventually ordained in a Protestant denomination, Jim reverted to the Catholic Church through his studies of the Church Fathers. He holds an M.Div. degree from Fuller Theological Seminary and a Ph.D. in the History and Theology of the Early Christian Church from Northwestern University. Jim is currently Professor of Church History and Historical Theology at Garrett-Evangelical Seminary at Northwestern University, as well as a consultant in Adult Faith Formation and a regular speaker in parish and lay formation programs across the Chicago area.	Upcoming book Praying the Psalms-The Divine Gateway to Lectio Divina and Contemplative Prayer. Release date of 11/21.

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	Jon out	7:40	Morning Show	60	Joe Stopulus	Host of Man Up!	Preview of 9am Man Up!
		7:45	Morning Show	60	Eleanor Bourg Nicholson	Eleanor Bourg Nicholson is a scholar, an award-winning novelist (A Bloody Habit, Ignatius Press, 2018; The Letters of Magdalen Montague, Chrism Press, 2021; & Brother Wolf, Chrism Press, 2021), Victorian literature instructor for Homeschool Connections, a Lay Dominican, and a homeschooling mother of five. Read more at her personal site: eleanorbourgnicholson.com	THE HOUND OF THE LORD The Story of Saint Dominic
		9:00	Man Up!	30			
24	Tuesday	7:15	Morning Show	60	Susan Tassone	Purgatory Lady	<i>New Book: New Friends Now and Forever</i>
		7:45	Morning Show	60	Lauren Burke	Executive Director of Mary's Helping Hands Iowa (maryshelpinghandsiowa.org)	
		9:00	Be Not Afraid	30			
25	Wednesday	7:15	Morning Show	60	Patrick Flynn	Pat Flynn is a writer, philosopher, podcaster, and speaker who lives in Wisconsin with his wife, five children, and a Saint Bernard. He hosts Philosophy for the People and The Pat Flynn Show. His website is ChroniclesOfStrength.com	<i>The Best Argument for God Two step-by-step cosmological arguments How phenomena — like consciousness and moral intuition — confirm God's existence</i> <i>The fine-tuning of creation (and why God — and not the multiverse — is the best explanation of that)</i> <i>Why the assertion that everything can be explained by science is unreasonable</i> <i>Whether God can be falsified ... and if that even matters!</i> <i>Whether belief in a necessary being is embracing a "god of the gaps"</i>
		7:45	Morning Show	60			
		9:00	Thought of the Day	30			
26	Thursday	7:07	Morning Show	60	Randy Kiel	Deacon from Holy Trinity Parish. Randy Kiel, M.A, is the founder of Kardia Counseling.	First and/or Second Sunday Reading observation.
		7:15	Morning Show	60	Fr. PJ McManus	Pastor at Christ the King Parish	Ask Father PJ
		7:40	Morning Show	60	Maggie DeWitte	Exec Dir, Pulse Advocates (formerly Iowans for Life)	Nov Gala update
		7:45	Morning Show	60	Ken Ogorek	Executive Director Secretariat for Evangelizing Catechesis ARCHDIOCESE OF INDIANAPOLIS	New Book: <i>Breaking the Bread</i> . https://bit.ly/3LZhuKT https://bit.ly/3QfjFeH Written by Scott Hahn and Ken Ogorek.
		9:00	Catholic Women Now	30	Barbara Heil	Catholic Speaker	Miracles in today's world
27	Friday	7:07	Morning Show	60	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	Sunday Gospel & Spiritual Chat
		7:15	Morning Show	60	Bonnie Bronson	Events and Community Engagement Manager	Dowling Pancake Breakfast
		7:45	Morning Show	60	Dr. John Bishop	Forge	Promote Man Up event
		9:00 AM	Making it Personal with Bishop Joensen	30	Kelly Breaux	co founder of Red Bird Ministries and co-author with her husband, Ryan, of <i>The Grief of Dads</i>	The Grief of Dads, Support and Hope for Catholic fathers navigating Child Loss
30	Monday Jon out	7:15	Morning Show		Fr Robert DeCesare		ECYD Sports Tournament Feb. 16-19!
		7:40	Morning Show		Joe Stopulus	Host of Man Up!	
		7:45	Morning Show	60	Dr. Helen Hoffner	As the author of <i>Catholic Traditions and Treasures: An Illustrated Encyclopedia</i> and co-author of <i>The Rosary Collector's Guide</i> , Dr. Helen Hoffner has been invited to share her research on EWTN (Eternal Word Television Network), The Catholic Faith Network, Rome TV, and other television and radio outlets.	Catholicism Everywhere Talking Points: 1. A Jesuit priest developed the first hurricane warning system, a Christian brother invented the submarine, and a parish priest made radio broadcasts possible. 2. Coffee lovers can thank Pope Clement VIII for refusing to ban coffee as an addictive drink. 3. The Mayo Clinic, one of the world's leading hospitals, began in a convent with a staff of nuns. 4. Many of the apostles were fishermen and so was Father Jozef Murgas, the priest who invented and received a patent for the spinning reel used on fishing rods. 5. Roger Staubach of the Dallas Cowboys first used the phrase Hail Mary Pass to describe the pitch he threw for the game winning touchdown in a 1975 divisional playoff game. 6. Sister Mary Ignatia started Alcoholics Anonymous and established the first medical treatment program for the addicted.
		9:00	Man Up!	30	Fr. P.J. McManus	Catholic Priest	Getting out of a cycle of sin

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31	Tuesday	7:15	Morning Show	60	Dcn. Matthew Newsome	Deacon Matthew Newsome is an adult convert to the Catholic faith. He holds an MA in Theology from Holy Apostles College. He serves as a campus minister at Western Carolina University and in the Office of Catechetical Formation for the Diocese of Charlotte. He writes regularly for the Catholic News Herald and blogs online at TestEverythingBlog.com. He and his wife Joannie have seven children. When not writing or engaging with his students, Deacon Matt spends his time painting, hiking, and tending to a small flock of heritage sheep.	Deacon Matthew Newsome can share the timeless wisdom of St. Francis de Sales with listeners, bringing it into the context of the modern world and the modern Church. This book is written for adult Catholics of any age looking for practical advice on how to advance in holiness and practice intentional discipleship.
		7:45	Morning Show	60	Alec Torres	Alec Torres is a former speechwriter for President Donald Trump and House Speaker Kevin McCarthy and has ghostwritten for cabinet secretaries, ambassadors, national media personalities, and business leaders. He is the co-founder of Allograph, a strategic writing, communications, and design firm. Today, Alec lives with his wife, children, and dogs in Texas.	<u>Persecuted from Within</u> https://sophia institute.com/product/persecuted-from-within/ You will learn: 1. When to obey — and when to disobey — a priest or bishop; how several saints were purified and sanctified by unholy superiors 2. What not to do when responding to the crisis of persecution in the Church 3. How Christ both predicted and prefigured the sufferings of His Church at the hands of wicked prelates 4. Practical ways you can respond and share the truth 5. Achievable means to embolden your faith and remain obedient while correcting error 6. How to talk to non-Catholics about the pandemic of filth and error in the Church
		9:00	Be Not Afraid	30			