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December	Day	Time	Program	Guest	Title of Guest	Topic of Guest
1	Friday	7:07	Morning Show	Fr. Andrew Windschitl	ICR Spiritual Director	Sunday Gospel & Spiritual Chat
		7:15	Morning Show	Gary Zimak	Catholic Speaker and author.	Topic: Jesus said to his disciples: "Be watchful! Be alert! You do not know when the time will come." (Mk 13:33)
		7:40	Morning Show	Jeanne Thill	Host of Making it Personal	Today's MIP topic
		7:45	Morning Show			
		9	Making it Personal with E	George Weigel	Catholic author	Talking about his newest book and curret events in Catholic news
4	Monday Jon OUT	7:15	Morning Show	Bryan Gonzalez	Director of Innervisions	Talking about Msgr. Frank Chiodo
		7:40	Morning Show	Joe Stopulus	Host of Man Up	
		7:45	Morning Show	Hannah Jones	Ut Fidem Member	-What made you want to become a mentor with Ut Fidem? -How has being a mentor helped you grow in your faith? -What would you say to someone who is discerning becoming a mentor for Ut Fidem?
		9:00	Man Up!	Megan Salois	Channel 13 Meteorologist	
5	Tuesday Jon OUT	7:15	Morning Show	Deacon Randy Kiel	Deacon from St. Francis Parish. Randy Kiel, M.A, is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	
					I am a Catholic catechist, speaker, and writer living in Birmingham, Alabama. I also host the EWTN Radio Program Called to Communion. I grew up in the Presbyterian Church (PCA) and attended a Protestant college and seminary. During my Ph.D. studies in Reformation History, I became persuaded of the truth of the Catholic Faith. (Read about it here.) I entered the Church in 2003, along with my wonderful wife, Jill, and my (now) five children. I speak at conferences, parishes, debates, and other venues.	
		7:45	Morning Show	Dr. David Anders		
		9:00	Be Not Afraid	Msgr. Larry Beeson	Retired Priest	Our Lady of Guadalupe
		7:15	Morning Show	Dr. Daniel Meola	Dr. Daniel and Bethany Meola are the founders of Life-Giving Wounds, a Catholic non-profit apostolate dedicated to the healing of adult children of divorce or separation. The Meolas, both graduates of the Pontifical John Paul II Institute for Studies on Marriage and Family, live in Maryland with their two daughters.	Life-Giving Wounds: A Catholic Guide to Healing for Adult Children of Divorce or Separation

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6	Wednesday	Jon OUT	7:45	Morning Show	Adam Storey	Marriage and Family Life Office Director	<ol style="list-style-type: none"> 1. You're studying canon law right now, what does that entail? <ol style="list-style-type: none"> a. I'll talk a little bit about the program itself, what studies look like etc.. 2. How will this serve the Diocese? <ol style="list-style-type: none"> a. I'll talk about different elements of canon law, assisting with diocesan administration, trials which are meant to serve justice, processes that ensure people's rights are protected, etc... 3. Why does the Church even have canon law, isn't our only law to love God and each other? <ol style="list-style-type: none"> a. Canon law is really an expression of Ecclesiology, it helps answer the question of what it means to be a part of the visible body of Christ in the world today. Any and every community needs rules, expectations of behavior, which is about serving justice. Justice is necessary, but not sufficient, for a visible, healthy, community. 4. What is the most interesting thing you've learned about canon law? <ol style="list-style-type: none"> a. How well thought out the legal system is. In fact many aspects of modern legal systems (like a right to due process) only exist because medieval canonists thought long and hard about these questions. Canon law serves justice, and that's a very cool thing.
			7:07	Morning Show	Deacon Randy Kiel	Deacon from St. Francis Parish. Randy Kiel, M.A, is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	
7	Thursday		7:15	Morning Show	Fr. PJ McManus	Pastor at Christ the King Parish	Ask Father PJ
			7:40	Morning Show	Julie Nelson	Host Catholic Women Now	Preview 9am Catholic Women Now
			7:45	Morning Show	Kendra Von Esh	Speaker Faith Coach Author YouTuber Columnist Podcaster	When your holiday season is filled with crisis, how do you manage your emotions and family?
			9:00	Catholic Women Now	No guests		
8	Friday		7:07	Morning Show	Fr. Andrew Windschitl	ICR Spiritual Director	Sunday Gospel & Spiritual Chat
			7:15	Morning Show	Damien O'Connor	Damien was hired by the Knights of Columbus in the fall of 2017 and, since 2021, has served as the Knights' Vice President of Evangelization & Faith Formation. His primary responsibilities include developing programs to position the Knights of Columbus as the premier Catholic organization committed to strengthening Catholic family life and men's spirituality. In addition to developing several other initiatives, Damien oversaw the development of the Faith in Action Program model, the Into the Breach video series, the Into the Breach: The Mission of the Family video series and the new Cor initiative.	"Into the Breach: The Mission of the Family": https://youtu.be/ZzEP3gSL3LE?si=tqN5ssNjYWxXM2B2
			7:40	Morning Show	Jeanne Thill	Host of Making it Personal	Today's MIP topic
			7:45	Morning Show			
			9:00	Making it Personal with E	Blake Riffel and Amanda Finneseth	leadership of new young adult group i.d.9:16	Talking about creation of new young adult discipleship group in Des
11	Monday		7:15	Morning Show	Rueben Mendoza	Pilgrimage Coordinator of the Shrine of Our Lady of Guadalupe in Wisconsin.	
			7:40	Joe Stopulus	Host of Man Up	Preview 9a program	
			7:45	Morning Show	Jesse Weiler	Director of the Liturgical Institute	Mass obligations when Christmas falls on a Monday.
			9:00	Man Up!			

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12	Tuesday	7:15	Morning Show	Katie Patrizio			
		7:45	Morning Show	Katie Patrizio			
		9:00	Be Not Afraid	Msgr. Larry Beeson	Retired Priest	Fourth Sunday of Advent and Christmas	
13	Wednesday	7:15	Morning Show	John Gaffney	Director of Evangelization and Catechesis		A few potential questions, but feel free to go in any direction you'd like..1. I've seen other Catholic trade schools popping up lately. How is the College of St. Joseph the Worker different? 2. Unique ideas usually happen because they are solving a challenge. What challenges is the new College solving?
		7:45	Morning Show	Dr. Jacob Imam	Founder of the College.		
		7:07	Morning Show	Deacon Randy Kiel	Deacon from St. Francis Parish. Randy Kiel, M.A, is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.		
14	Thursday	7:15	Morning Show	Fr. PJ McManus	Pastor at Christ the King Parish		
		7:40	Morning Show	Julie Nelson	Host Catholic Women Now		
							TAKE (The Ankeny Clothing Exchange) TAKE operates a store where those experiencing hard times may shop, for free, for gently used clothing, shoes, linens, household goods, and more.
							1. No proof of income or personal questions are asked. 2. Only city of residence and number of people for whom one is shopping, in order to keep annual statistics on use. 3. TAKE operates on donations of clothing & household goods. 4. No items are ever purchased, nor does TAKE ever charge for items. 5. We are 100% staffed by volunteers. We have no paid staff or paid Board of Directors (and never have). 6. TAKE has been in Ankeny for over 29 years. 7. Through 11/23/2023 we have served over 7,500 "shoppers". 8. Through 11/23/2023 we have accepted donations from over 3,700 community members. 8. There is obviously a need for our services in Ankeny and the metro.
		7:45	Morning Show	Mary Stoltenberg, LuAnn Barnes, Jerry Linde	TAKE Board Members		
		9:00	Catholic Women Now		Our Lady's Immaculate Heart Parishioner		
15	Friday	7:07	Morning Show	Fr. Andrew Windschitl	ICR Spiritual Director		Sunday Gospel & Spiritual Chat
					Dan LeRoy is an author, journalist and teacher who has been the director of the Writing and Publishing Department at Lincoln Park Performing Arts Charter School in Midland, PA, since 2006. His writing about music and politics has appeared in The New York Times, Rolling Stone, Newsweek, The Village Voice, Alternative Press, Esquire.com and National Review Online.		<i>Why We Think What We Think.</i> Talking points printed in Studio.
		7:15	Morning Show	Dan LeRoy	Host of Making it Personal		Today's MIP topic
		7:40	Morning Show	Jeanne Thill	ICR Board Member		Campaign Corner
		7:45	Morning Show	Rick Ball	Former Hawkeyes sportscaster		Sports and media and being Catholic
		9:00	Making it Personal with Bishop Joensen				
18	Monday	7:15	Morning Show	Steve Ray	Steve Ray is a convert to the Catholic Church and the author of three best-selling Ignatius Press books (Crossing the Tiber, Upon this Rock, and St. John's Gospel).		Saints and Holiness in the Bible
		7:40	Morning Show				Preview 9a program
					Dr. Ray is a Catholic father of ten, clinical psychologist, author, professional speaker, and national radio & television host. His radio show, "The Dr. Is In" can be heard on over 440 stations and SiriusXM® channel 130. His EWTN television series, "Living Right With Dr. Ray" is aired in 140 countries. Dr. Ray has given over 3,000 talks on various topics including parenting, marriage, family and the Catholic faith. He captivates audiences with his compelling humor-laced presentations providing practical advice and proven techniques.		<i>Standing Strong: Good Discipline Makes Great Teens.</i> critical reasons to reverse your parenting, even if it seems late." He offers practical approaches such as:
		7:45	Morning Show	Dr. Ray Guarendi			Four tips to help you enjoy your kids' teen years Three techniques for becoming a calmer parent Five ways to monitor your child's use of technology Four simple house rules that lead to success Four consequences to curb nasty talk
		9:00	Man Up!				

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			7:07	Morning Show	Adam Storey		
19	Tuesday					Steven Nelson is the president and co-founder of Gaudent Angeli, a Catholic apostolate and nonprofit organization dedicated to rekindling devotion to St. Vibiana, the hidden patroness of Los Angeles. Though its mission is local, Gaudent Angeli's operations go beyond the confines of the LA Archdiocese, aiming to foster a devout culture wherever the cultural influence of Los Angeles inevitably reaches. Gaudent Angeli recognizes that the renewal of culture hinges upon something of even greater importance and influence: the rekindling of pious devotion. Under the patronage of St. Vibiana, Gaudent Angeli identifies and addresses the spiritual needs of our age and invokes St. Vibiana's intercession in order to shower abundant graces upon Los Angeles, California, the Americas, and the world.	
			7:15	Morning Show	Steven Nelson		for his upcoming book, The Magdalena Prayer Book
			7:45	Morning Show	Greg Wasinski		Will be great to promote my new 40 day Catholic prayer guide.
			9:00	Be Not Afraid		Steven Nelson is a convert to Catholicism and lives in Southern California with his wife and 6 children.	
20	Wednesday		7:15	Morning Show	Matt Wilkom		
			7:45	Morning Show	Fr. Nilson Leal de Sá, CB	Fr. Nilson Leal de Sá is a priest of the Community of the Beatitudes, for many years serving the Church in Europe, Africa, Asia, and the Americas. With a doctorate in canon law and a master's in theology, Fr. Nilson has ministered in different areas of government, academia, and ecclesiastical and parish life.	God's Ongoing Gifts to the Church <i>The true meaning of charism</i> <i>Four aspects of every believer's common mission</i> <i>Eight ways to discern the authenticity of a charism</i> <i>Ten pitfalls (or "diseases") to be avoided in fostering a healthy charism</i> <i>Seven criteria for a mature community</i> <i>The four pillars of formation in ecclesial communities</i>
			7:07	Morning Show	Deacon Randy Kiel NO Randy today	Deacon from St. Francis Parish. Randy Kiel, M.A, is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	
21	Thursday		7:15	Morning Show	Fr. PJ McManus	Pastor at Christ the King Parish	Ask Father PJ
			7:40	Morning Show	Julie Nelson	Host Catholic Women Now	Preview 9am Catholic Women Now
			7:45	Morning Show	Belle		Campaign Corner
			9:00	Catholic Women Now			
22	Friday		7:07	Morning Show	Fr. Andrew Windschitl	ICR Spiritual Director	Sunday Gospel & Spiritual Chat
			7:15	Morning Show	Frank and Mary Jo Harty	ICR Board Members	Campaign Corner
			7:40	Morning Show	Jeanne Thill	Host of Making it Personal	Today's MIP topic
			7:45	Morning Show	Deacon Mark Campbell		Best of 2023
			9:30	Making it Personal with E	No Show this day	No Show this day	
25	Monday		7:15	Morning Show			
			7:40	Morning Show	Joe Stopulus	Host of Man Up	Preview 9a show
			7:45	Morning Show			
			9:00	Man Up!			
26	Tuesday		7:15	Morning Show			
			7:45	Morning Show			
			9:00	Be Not Afraid			Fourth Sunday of Advent and Christmas
27	Wednesday		7:15	Morning Show			
			7:45	Morning Show			
			7:07	Morning Show	Deacon Randy Kiel NO Randy today	Deacon from St. Francis Parish. Randy Kiel, M.A, is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	
28	Thursday		7:15	Morning Show	Fr. PJ McManus	Pastor at Christ the King Parish	Ask Father PJ
			7:40	Morning Show	Julie Nelson	Host Catholic Women Now	Preview 9am Catholic Women Now
			7:45	Morning Show			
			9:00	Catholic Women Now	No Guest		
			7:07	Morning Show	Fr. Andrew Windschitl	ICR Spiritual Director	Sunday Gospel & Spiritual Chat

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		7:15	Morning Show			
30	Friday	7:40	Morning Show	Jeanne Thill	Host of Making it Personal	Today's MIP topic
		7:45	Morning Show			
		9:00	Making it Personal with E	Gary Dolphin	Former Hawkeyes sportscaster	Sports and media and being Catholic