November	Day	Time	Program	Guest	Title of Guest	Topic of Guest
	Wednesday	7:15	Morning Show	Dr. Gerry Crete	Gerry Ken Crete, PhD, is a marriage and family therapist and professional counselor specializing in the treatment of trauma and addictions, as well as marriage counseling and treatment of clergy and religious. He is a regular writer for Exodus 90, and has provided menta health meditations for the Hallow app. Dr. Crete has been married over 30 years and has three grown children.	Litanies of the Heart.
1				Joseph and Monique	Joseph Gonzalez: Joseph Julián González is a composer for award-winning films, TV shows, stage productions and concerts. His music has been performed at Carnegie Hall, The Sydney Opera House, The Walt Disney Concert Hall, The Vatican, and other prestigious venues. A 30-year Hollywood veteran, Gonzalez' composing credits include the Academy Award-nominated feature documentary, Colors Straight Up, the Emmy Award-winning, Made In LA, and the Peabody Award-winning six-part miniseries, Latino Americans. González conducted the Bulgarian National Radio Symphony Orchestra for his score to the Imagen Award-winning PBS landmark documentary, Children of Giant. He also co-composed the score to Quentin Tarantino's Curdled, with rock 'n' roll legend Slash from Guns N' Roses. Monique Gonzalez: Monique Gonzalez has studied classical voice with various notable vocal instructors, including Alfred Binod. She has been a professional cantor at several prominent churches in Los Angeles, New York City and Ann Arbor, MI. Monique has worked in marketing and promotions for various Catholic apostolates including You magazine, Legatus, Defenders of the Catholic Faith and Ave Maria Radio. She has racked up a sizable credit is a Music Editor and Score Production Coordinator for several movies and feature documentaries. She has been the producer of internationally recorded full-orchestral scores including the award-winning PBS documentary, Children of Giant, and singer on the Peabody Award-winning mini-series, Latino Americans. She authored the libretto for the three-act Opera, Sueños de Béjar	
		7:45 10:00	Morning Show UnCommon Good	Gonzalez) Leah Libresco Sargeant	(Dreams of Béjar). Author of "Building the Benedict Option"	the Guadalupe and Flower World Prophecy More Than Elections: Christians and the Polis
					Deacon from St. Francis Parish. Randy Kiel, M.A, is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a	
		7:07 7:15	Morning Show	Dcn. Randy Kiel	private practice of psychotherapy and counseling in central lowa.	Ask Father PJ
		7:40	Morning Show Morning Show	Fr. PJ McManus Julie Nelson	Pastor at Christ the King Parish Host Catholic Women Now	Show Preview
2	Thursday	7:45	Morning Show		Kate Sydnor is a wife, mom, and new author. She lives in Birmingham, AL and has a Bachelor's Degree in Early Childhood Education. She	Goodnight, Jesus https://sophiainstitute.com/product/goodnight-jesus/ Talking Points: Prayer & Gratitude- how they go hand in hand: Writing gratitude lists as an adult on my own and with my children so they can see God's goodness in everything/everyday ordinary things. Practical ways to introduce children to Jesus (reading, modeling) How my own faith journey has impacted me as a mom and wife- I grew up Catholic, went to Catholic school, got away from my faith and what difficult time I had. Inspiration behind writing Goodnight, Jesus-my children and husband and our nightly prayers and books. Favorite part in the bible and why- Prodigal son- I see myself in it through my time away and back in the church, I see myself in it as a mother now, and as a child of God. The importance of starting a strong foundation/love for Jesus even at a young age

November	Day	Time	Program	Guest	Title of Guest	Topic of Guest
		9:00	Catholic Women Now	No guest		Jo Hayes is a host on Shalolm TV. She is speaking about Lectio Divina and how this devotion radiacally transformed her life
		7:07	Morning Show	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	Sunday's Gospel preview
		7:15	Morning Show	Gary Zimak	Gary Zimak is the author of several books, including A Worrier's Guide To The Bible, From Fear To Faith, Stop Worrying and Start Living and Give Up Worry For Lent. He is a frequent speaker at parishes and conferences across the country and is recognized as the leading Catholic speaker on the topic of overcoming anxiety. In addition, Gary is the Director of Parish Services for Mary, Mother of the Redeemer Church in North Wales, Pennsylvania.	
3	Friday	7:45	Morning Show	Dr. Paul Chaloux	and heIowa Catholic Radio Spiritual AdvisorSundatGary Zimak is the author of several books, including A Worrier's Guide To The Bible, From Fear To Faith, Stop Worrying and Start Living and Give Up Worry For Lent. He is a frequent speaker at parishes and conferences across the country and is recognized as the leading Catholic speaker on the topic of overcoming anxiety. In addition, Gary is the Director of Parish Services for Mary, Mother of the Redeemer Church in North Wales, Pennsylvania.Dr. Paul Chaloux was born in Maine in 1960, the eldest of six children. Educated in public schools, he earned a BS in Chemical Engineering from the University of Virginia and worked for IBM in Hopewell Junction, NY as an engineer, manager and strategist for over 33 years. In 2014, Dr. Chaloux earned a MA in Religious Education from Fordham University and in 2020 earned a PhD in Moral Theology from the Catholic University of America. He teaches theology at Catholic University and 7th grade CCD at St. Agnes Parish in Arlington, VA.Dr. Papresident of Benedictine CollegeFaith i Archdiocese of Omaha. Also the husband of Sharon Doran, whose Seeking Truth Bible Study is heard here on ICR.New L Here a faith gHost of Man UpPreviat Here a faith gPreviat faith gNew Ut Fidem CoodinatorComp The di 	Dr. Paul Chaloux's book Heaven's Currency coming soon.
		1.40	Making it Personal with	President Stephen D		bit i dai chalcaxo book ricavori o canonoy coming coon.
		9	Bishop Joensen	Minnis	president of Benedictine College	Faith in Academics
		7:15	Morning Show	Dr. Stephen Doran	University and 7th grade CCD at St. Agnes Parish in Arlington, VA. Dr. F president of Benedictine College Faith Board-certified neurosurgeon with over 25 years of experience and ordained permanent deacon, serving as the bioethicist for the Archdiocese of Omaha. Also the husband of Sharon Doran, whose Seeking Truth Bible Study is heard here on ICR. New of Li Host of Man Up Prev Here faith Here faith	New book, "To Die Well: A Catholic Neurosurgeon's Guide to the End of Life". Helps readers contemplate, pray over and prepare for the en of their earthly lives. Dr. Doran also seeks to answer relevant question about cremation, life support, funeral rites and other important topics that deal with the end of earthly life.
6	Monday	7:40	Morning Show	Joe Stopulus	Host of Man Up	Preview 9am show
-	,	7:45	Morning Show	Ryland Jones	Seeking Truth Bible Study is heard here on ICR. that deal with the er Host of Man Up Preview 9am show Here are the question faith grown since state How have you seem How have you seem	Here are the questions for Jon: How did you get here? How has your faith grown since stepping into the Ut Fidem male coordinator position How have you seen Ut Fidem affect student and mentor lives this school year?
		9:00	Man Up!			
					Shaun McAfee, a convert to the Catholic Faith and Lay Dominican, is the founder and editor of EpicPew.com. He writes for numerous Catholic publications and resources, including the National Catholic Register. He	Compendium of Sacramentals Readers will discover: The differences between the Church's three groups of sacramentals: blessings, exorcisms, and pious devotions The history, development, and spiritual reality behind each sacrament How sacramentals can become the chief instrument for disposing us to the seven sacraments of the Church Thorough explanations of devotions, including those familiar and unfamiliar Theological foundations for the belief that sacramentals are sources of grace that help Christians achieve sanctification and strengthen them on their journey to heaven Useful tips on defending each sacramental from both longstanding an modern objections In-depth guidance and instruction on using and practicing sacramenta A comprehensive understanding of the scriptural roots of various sacramentals
7	Tuesday				currently lives in New Orleans, Louisiana, with his wife, Jessica, and their six children.	Moving wisdom from the saints, popes, Church Fathers, and

November	Day	Time	Program	Guest	Title of Guest	Topic of Guest
		7:45 9:00	Morning Show Be Not Afraid	Mary Beth Bracy Msgr Beeson	Mary Beth Bracy is a consecrated virgin of the Diocese of Ogdensburg, New York. She is a writer who is blessed to research, publish, and speak extensively on various aspects of Catholic spirituality. Her books include Behold the Lamb, Bread of Life and The Little Way of Healing Love Through the Passion of Jesus: The Stations of the Cross with St. Thérèse of Lisieux. She is also co-author of the book Stories of the Eucharist. Mary Beth has written articles for numerous Catholic publications and recorded some Catholic talks. For more information or to view her blog visit The Little Way. Mary Beth shares her birthday with St. Thérèse and chose St. Thérèse as her patron saint at Confirmation. She was blessed with the opportunity to visit St. Thérèse's home, Carmel, and Basilica at Lisieux, France during her pilgrimage to World Youth Day 1997, where it was announced that St. Thérèse would be declared a Doctor of the Church. Retired priest	I'm also the spokesperson for I Believe in Love, a classic book about St. Therese. If I don't hear back from anyone, if you'd like, I could talk about that. Here is the link: <u>https://sophiainstitute.com/product/i-believe-in-love/</u> (Last time I talked about a different St. Therese book.) I Believe in Love: 1. What insights into the life and spirituality of St. Therese does this book provide? 2. This book describes itself as a "personal retreat," what does that mean? 3. Who was Fr. Jean C. J. d Elbée and what was his connection to St. Therese? 4. This book contains a section on how to deal with failure, could you elaborate on that? 5. Why does God let us face trials like what St. Therese faced? St. Josaphat
8		7:15	Morning Show	John Gaffney	Director of Evangelization and Catechesis	Title: Seeking Sainthood
	Wednesday	7:45	Morning Show	Emily Jaminet	Wife, Mom, Author, Speaker, Director & Friend	The Twelve promises of the Sacred Heart
		10:00	UnCommon Good	N/A	No guest	
		7:07	Morning Show	Randy Kiel	Deacon from St. Francis Parish. Randy Kiel, M.A, is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central lowa.	
		7:15	Morning Show	Fr. PJ McManus	Pastor at Christ the King Parish	Ask Father PJ
9	Thursday	7:40	Morning Show	Julie Nelson	host Catholic Women Now	Preview 9am Catholic Women Now
		7:45	Morning Show			My Life of Grace and How I found Hope and Purpose in Suffering
		9:00	Catholic Women Now	Jo Hayes is a host on Shalolm TV. S	Jo Hayes is a host on Shalolm TV. She is speaking about Lectio Divina and how this devotion radiacally transformed her life	
		7:07	Morning Show	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	Sunday Gospel & Spiritual Chat
		7:15	Morning Show	Bob Schrimpf	His new book God Speaks - stories of an imperfect path to hearing God's voice"	Questions: What is unique about God Speaks? (Answer: Most books only talk about meditational or intercessory prayer - all good, but this is actually listening to God) Can we really know his voice? (Answer: He speaks through our conscience and informed will - the key is practice to help you discern whose voice - your's or God's) What other voices are out there? (Answer: Satan is the great Deceiver also called the Accuser - let's talk a minute about this) What is one story in your book that you would like to highlight that brings home your point of how God speaks to you directly? Can anyone learn to hear God's voice or just a specially chosen few?
10	Friday	7:45	Morning Show	Sarah Lemieux	Sarah Lemieux is the Executive Director of Sophia Communications. She serves as Director of Publicity for Sophia Institute Press and her work has been featured in The National Catholic Register, PJ Media, Legatus Magazine, and the CatholicTV Network.	https://sophiainstitute.com/communications/ We are pleased to announce the launch of Sophia Communications, a full-service Public Relations Agency that offers access to a wide array of media platforms — both faith-based and general market — and a rewarding campaign experience. Sophia Communications provides a vital connection to the ever-evolving faith-based and conservative media markets through their relationships with high-level press, influencers, clergy, and faith leaders. Here are some suggested questions: What was the inspiration behind Sophia Communications? What is it and its mission? Who is its main audience? Why is St. Therese of Lisieux its patroness? Why choose Sophia Communications? Where can we find more info about Sophia Communications?
		9:00	Making it Personal with Bishop Joensen	Christina Schauer	Director of Clinical and Professional Development At MercyOne Dubuque Medical Center	health care and veterans

November	Day	Time	Program	Guest	Title of Guest	Topic of Guest
	-	7:15	Morning Show			
40	Mandata	7:40	Morning Show	Joe Stopulos	Host of ManUp	
13	Monday	7:45	Morning Show	Jesse Weiler	Director of the Liturgical institute	
		9:00	Man Up!			
14	Tuesday	7:15	Morning Show	Emily Schmid	Director of Liturgy & Music St. Francis of Assisi Catholic Church	Here are some questions and points of conversation for tomorrow's show: Why host a chant workshop for high school students? My journey with chant (I come from a more modern worship background, so I'd like to talk about how I've come to appreciate chant more) What will students experience during the chant workshop? What are some misconceptions about chant in the Catholic Church? How do you hope the chant workshop will clear these misconceptions up? Basic logistical information like when, where, and how to register <u>Credo</u> https://sophiainstitute.com/promo/credo/
					Patirad Print	East of Christ the King
		9:00	Be Not Afraid	Msgr Beeson	Retired Priest Fr. Dwight Longenecker was brought up an Evangelical, studied at fundamentalist Bob Jones University, and later was ordained as an Anglican priest in England. After ten years in the Anglican ministry as a curate, a chaplain at Cambridge, and a country parson, in 1995 Dwight was received into full communion with the Catholic Church. He has published in numerous religious magazines and papers in the UK,	Feast of Christ the King <u>The Secret of the Bethlehem Shepherds</u> . What are the true circumstances of the birth of Jesus Christ? What was Bethlehem like a the time of Jesus' birth, and why was the little village so important? How did Joseph and Mary meet, and why did they travel to Bethlehem? Were they really homeless the night Jesus was born? Was there an inn, a "No vacancy" sign, and a grumpy innkeeper? Who were the
15	Wednesday	7:15	Morning Show	Fr. Dwight Longenecker	Ireland, and the USA, writing on film and theology, apologetics, Biblical commentary and Catholic culture.	shepherds, why were the manger and the swaddling clothes a "sign" to them, and why were they so important to St. Luke?
		Morning Show	Kristen Van Uden	Kristen Van Uden serves as an author spokesperson at Sophia Institute Press. She received her MA in History from the College of William & Mary and her BA in History & Russian from Saint Anselm College. She studies the persecution of Catholics under communist regimes. She has been featured on a wide range of media platforms including Coast to Coast AM, The Federalist, and the Catholic Faith Network.	New Book: When the Sickle Swings.	
					Deacon from St. Francis Parish. Randy Kiel, M.A, is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a	
		7:07	Morning Show	Dcn. Randy Kiel	private practice of psychotherapy and counseling in central lowa.	
		7:15	Morning Show	Fr. PJ McManus	Pastor at Christ the King Parish	Ask Father PJ
		7:40	Morning Show	Julie Nelson	Co host Catholic Women Now	Preview 9am Catholic Women Now
16	Thursday	7:45	Morning Show	Deacon Harold Burke-Sivers,	Deacon Harold Burke-Sivers – known around the world as the "Dynamic Deacon" – is one of the most sought-after speakers in the Church today. He is a powerful and passionate evangelist and preacher, whose no-nonsense approach to living and proclaiming the Catholic faith will challenge and inspire those who hear him.	Building a Civilization of Love: A Catholic Response to Racism. A
		9:00	Catholic Women Now			
		7:07	Morning Show	Fr. Andrew Windschitl		Sunday Gospel & Spiritual Chat
		7:15	Morning Show	St. Joseph School		
47	Friday	7:45	Morning Show	St. Joseph School		
17	Friday	9	Making it Personal with Bishop Joensen	Beth Gibbins	Director of communications and events at Catholic Charities	Also, Adam was naked in his innocence in the garden and had to be clothed and kicked out because of sin. Jesus was clothed outside the garden and came into the garden and was stripped naked to restore Adams innocence.

November	Day	Time	Program	Guest	Title of Guest	Topic of Guest
		7:15	Morning Show	Eric Sammons	Eric Sammons is the author of seven books and the former Director of Evangelization for the Diocese of Venice in Florida. He has spoken to thousands of people on various Catholic topics; has conducted evangelization, Scripture, and apologetic workshops on the parish and diocesan levels; and has worked with many parishes to improve their evangelization efforts.	The Jesse Tree
20	Monday	7:40	Morning Show	Joe Stopulus	Host of Man Up	Preview 9am show
		7:45 9:00	Morning Show	Michael Lichens	Michael J. Lichens is the former Editor of Catholic Exchange. When he's not revising and editing, he is often found studying and writing about GK Chesterton, Religion and Literature, or random points of local history. He holds an A.M. from the University of Chicago Divinity School and a BA from The Thomas More College of Liberal Arts.	
		5.00	Man Op:		An entrepreneur who has successfully tackled many challenges in	
		7:15	Morning Show	Sal Di Leo	business and in life, Sal volunteers much of his time serving those in need. With his family, he founded St. Francis Lodge, a free retreat center where nuns, priests and others can reflect and rest to enhance their lives and work. His self-published memoir, Did I Ever Thank You,	The Book: Did I ever thank you, sister? 1. What promoted you to write your memoir? 2. What has happened with the book over the years? 3. Has the book led to other important? changes in your life such as a ministry? 4. Can you tell us about the movie being made on your memoir? 5. Where can people go to learn more?
21	Tuesday	Tom Corcoran has served Church of the Nativity in Timonium, Maryl in a variety of roles that give him a unique perspective on parish min and leadership. First hired as a youth minister, Corcoran has also served as coordinator of children's ministry and director of small gro	 Rebuilt Faith • Your previous book with Fr. Michael White, the award-winning Rebuilt: Awakening the Faithful, Reaching the Lost, and Making Church Matter, sparked revitalization of Catholic parish life around the country. How are you applying that same vision of a vibrant, authentically Catholic culture to personal spirituality in Rebuilt Faith? • How do you hope the book will will help those who have stopped going to church entirely or mostly and those close to leaving, to reconsider their Catholic faith? • What are the steps of the "Rebuilt Faith" program? 			
					He is lay associate to the pastor and is responsible for weekend message development, strategic planning, and staff development. Corcoran also is the president of Rebuilt Parish—an organization	• How does this approach fit in with the Year of Parish Renewal of the National Eucharistic Revival?
		7:45	Morning Show	Tom Corcoran	designed to rebuild parishes for growth and health.	
		9:00	Be Not Afraid	Msgr Beeson	Retired priest	
		10:00	Straight Talk	John Stanley	Catholic author	
		7:15	Morning Show	Dr. David Anders	I am a Catholic catechist, speaker, and writer living in Birmingham, Alabama. I also host the EWTN Radio Program Called to Communion. I grew up in the Presbyterian Church (PCA) and attended a Protestant college and seminary. During my Ph.D. studies in Reformation History, I became persuaded of the truth of the Catholic Faith. (Read about it here.) I entered the Church in 2003, along with my wonderful wife, Jill, and my (now) five children. I speak at conferences, parishes, debates, and other venues.	Promoting the Dinner in December event Dec 8.

November	Day	Time	Program	Guest	Title of Guest	Topic of Guest
22	Wednesday					I am a CGS formation leader, and so I travel around the Midwest offering courses. The two coolest courses that have gotten to do are 1) training 13 religious sisters and 14 Catholic School teachers in Lincoln, NE, and 2) being invited to run a training for clergy only. We did part one in Lincoln last summer and had 16 priests. He could ask about that. Ask me for an introduction of what CGS is for people who don't know. I've been doing this for nearly 20 years. He could ask me what has kept me going in the work so long. What are you most excited about in Catechesis of the Good Shepherd? (I would talk about how at the national level more and more bishops are embracing CGS and bringing it into their dioceses). Where am I working now? Catechist at St. Thomas Classical Academy: hybrid Classical School with CGS at the heart of what we do.
		7:45	Morning Show	Mandie DeVries	Catechesist of the Good Shepherd Formation Leader	
		10:00	UnCommon Good	No guest	No guest	
		7:07	Morning Show	No Show-Thanksgiving		
		7:15	Morning Show			
23	Thursday	7:40	Morning Show			
		7:45	Morning Show			
		9:00	Catholic Women Now	No Guest		
		10:00	Faith on Trial			
		7:07	Morning Show	No Show-Thanksgiving		
04	F . (1)	7:15	Morning Show			
24	Friday	7:45	Morning Show			
		9:00	Making it Personal with Bishop Joensen	NO NEW SHOW	Airing re-run	NO NEW SHOW - Airing re-run
		7:15	Morning Show	NO NEW SHOW		No NEW Show - Alling re-run
		7:40	Morning Show	Joe Stopulos	Host of ManUp	Preview 9am show
27	Monday	7:45	Morning Show			
		9:00	Man Up!			
28	Tuesday	7:15	Morning Show	Michael Lichens	Michael J. Lichens is the former Editor of Catholic Exchange. When he's not revising and editing, he is often found studying and writing about GK Chesterton, Religion and Literature, or random points of local history. He holds an A.M. from the University of Chicago Divinity School and a BA from The Thomas More College of Liberal Arts	Who the first exorcist was and thrilling stories about saints who
		7:45	Morning Show	Steve Ray	Steve Ray is a convert to the Catholic Church and the author of three best-selling Ignatius Press books (Crossing the Tiber, Upon this Rock, and St. John's Gospel).	"Is the Mass Really a Sacrifice?"
		9:00	Be Not Afraid	Msgr Beeson	Retired Priest	Feast of Christ the King
		7:15	Morning Show	Isaiah Seymour	Dowling Student	. sast of officer and rang

November	Day	Time	Program	Guest	Title of Guest	Topic of Guest
29	Wednesday	7:45	Morning Show UnCommon Good	Donna-Marie Cooper O'Boyle	Donna-Marie Cooper O'Boyle is a Catholic wife, a mother of five, a grandmother of two, and an award-winning and best-selling author and journalist, TV host, international speaker, and pilgrimage and retreat leader. She is the EWTN television host of three series which she created to teach, encourage, and inspire Catholic families. Her love for children and for imparting the Faith spurred her on to serve as a Catechist for over thirty years. She is also an Extraordinary Minister of the Eucharist at her parish.	Advent with Our Lady of Fatima. The prayers of adoration the Angel taught Jacinta, Francisco, and Lucia What Fr. Andrew considered the most important of Our Lady's Fatima requests How St. John Paul II fulfilled the Third Secret of Fatima and why he credits Our Lady with saving his life! How, in his final months, Fr. Andrew radically fulfilled Our Lady's Fatima requests The role Mother Teresa secretly played in the consecration of Russia Why, particularly in Advent, you must pray for Our Lady's Immaculate Heart to triumph And much more to help you grow closer to Our Lady and keep your Advent frenzy-free.
		10.00			Deacon from St. Francis Parish. Randy Kiel, M.A, is the founder of	
		7:07	Morning Show	Dcn. Randy Kiel	Kardia Counseling. Randy is a licensed to mental health counselor with a private practice of psychotherapy and counseling in central lowa.	Sunday's first and/or second reading analysis.
		7:15	Morning Show	Fr. PJ McManus	Pastor at Christ the King Parish	Ask Father PJ
		7:40	Morning Show	Julie Nelson	Co host Catholic Women Now	Preview 9am Catholic Women Now
30	Thursday	7:45	Morning Show	Dr. David Anders	I am a Catholic catechist, speaker, and writer living in Birmingham, Alabama. I also host the EWTN Radio Program Called to Communion. I grew up in the Presbyterian Church (PCA) and attended a Protestant college and seminary. During my Ph.D. studies in Reformation History, I became persuaded of the truth of the Catholic Faith. (Read about it here.) I entered the Church in 2003, along with my wonderful wife, Jill, and my (now) five children. I speak at conferences, parishes, debates, and other venues.	Promoting the Dinner in December event Dec 8.
		9:00	Catholic Women Now			