

Time	Date of Show	Show Title	Time of show start	Length of program	Guests (If any, full name)	Callers (If yes, how many)	Description of topics/issues discussed	Submitted by
####	10/11/2022	The Eastern Way	4:00:00 PM	30 minutes	None	None	Today we described the book of the Golden Mean and talked about it.	Bill Wierman
####	10/11/2022	Religious Panel	4:30:00 PM	30 minutes	None	None	Issues women face in society and throughout the globe	Dave Mayner
####	10/11/2022	Write On!	5:00:00 PM	30 minutes	None	None	We talked about how to start writing by either outlining or free writing, and the tips and tricks to both of these approaches based on the type of writing being done.	Bri Thompson
####	10/12/2022	People are strange	6:00:00 PM	30 minutes	None	None	Today's show we discussed Halloween, the 50s, trick or treating	Lilia Bartolotta
####	10/13/2022	Tangential Thoughts	5:30:00 PM	30 minutes	None	None	Funny Insults, Paleoanthropology, and gatekeeping	Eliana Ellerton
####	10/13/2022	My Father's Advice	6:30:00 PM	30 minutes	Jack Gilroy & Jim Clunt	None	Peace efforts to end war. Broome Peace coalition and Veterans for Peace	Ben Cabot II
####	10/13/2022	Binghamton & Beyond	4:00:00 PM	30 minutes	Binghamton Black Bear	None	Discussion of the upcoming hockey season and related topics about the team and its competitors	Richard Jannaccio
####	10/13/2022	Spitballing	6:30:00 PM	30 minutes	Meg O'Halleran	Zach Shusterman, Pat	Hockey predictions, mb playoffs, and nba predictions	Jeremy Feder
####	10/14/2022	La Voz	4:00:00 PM	30 minutes	Elissa Morales	None	We discussed the impact teachers have on POC students	Lisbel
####	10/17/2022	Print Condition	6:00:00 PM	30 minutes	None	None	Our favorite and least favorite book to movie adaptations	emily vega
####	10/17/2022	Conversations with God	6:30:00 PM	30 minutes	Kevin Rollo	None	Hope, relationship with God and our own interpretations of belief	Ennid Bermudez
####	10/17/2022	Jacky & Chris Geek Out	4:30:00 PM	30 minutes	None	None	Ghosts (TV show), Doctor Who, upcoming films this week that we have been looking forward to.	Chris Kocher
####	10/19/2022	People are strange	6:00:00 PM	30 minutes	None	None	The Ackley house, legal ghosts, haunting, court, houses	Lilia Bartolotta
####	10/19/2022	Curly heads	6:30:00 PM	30 minutes	None	None	Reading through portions of New York Times articles and talking about them	Sarah Murdock
####	10/24/2022	Tea Time	5:00:00 PM	30 minutes	Collin Schepis	None	We spoke about music and what songs we like and when we started listening to them	Madison Mark
####	10/24/2022	Bro what are we doing	5:30:00 AM	30 minutes	None	None	Halloween plans, new music recommendations, Kanye west	Deanna wong
####	10/24/2022	Conversations with God	6:30:00 PM	30 minutes	Pastor Kevin Rollo	None	Part 2- continuation of last week. About hope and our own faith	Ennid Bermudez
####	10/24/2022	noahs weenie review it	4:00:00 PM	30 minutes	kate langsdorf	None	my dream about a hot dog, kate's favorite hot dog, favorite toppings, and also her halloween plans	noah)
####	10/24/2022	Print Condition	6:00:00 PM	30 minutes	None	None	Harry styles, celebrity actors and the death of originality	Nina Collavo
####	10/24/2022	Jacky & Chris Geek Out	4:30:00 PM	30 minutes	None	None	Rings of Power, Doctor Who, other stuff coming up this week	Chris Kocher
####	10/25/2022	The Eastern Way	4:00:00 PM	30 minutes	None	None	Confucianism through the writings of Mencius	Bill Wierman
####	10/25/2022	Religious panel	4:30:00 PM	30 minutes	None	None	Jewish Holidays and why we love them so much	Dave Mayner
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####	10/26/2022	Curly heads	6:30:00 PM	30 minutes	None	None	Astrology and daily horoscopes for all signs	Sarah
####	10/27/2022	Spitballing	6:30:00 AM	30 minutes	1	Yankees collapse, Nets struggles, NFL trade deadline, NHL start of the season	Jeremy Feder	
####	10/27/2022	Tangential Thoughts	5:30:00 PM	30 minutes	Julii Berman	None	Controversial Opinions, Mathematics and how we feel about it	Eliana Ellerton
####	10/27/2022	My Father's Advice	6:00:00 PM	30 minutes	Dan Laskaris	None	Representative of the Ross Park Zoo Describing events and history of the zoo	Ben Cabot II
####	10/28/2022	La Voz	4:00:00 PM	30 minutes	Melanie Ibagón	None	We talked about the influence Pablo Escobar and drug trafficking industry has left on Colombians and Latin Americans	Lisbel Feliz Garo
####	10/31/2022	Tea Time	5:00:00 PM	30 minutes	None	None	Talked about nature but we made it a Halloween edition	Madison Mark
####	10/31/2022	Print Condition	6:00:00 PM	30 minutes	None	None	Discussed iconic Halloween media and memories	Nina Collavo
####	10/31/2022	Jacky & Chris Geek Out	4:30:00 PM	30 minutes	None	None	Devil's Hour, Doctor Who, new films and TV coming out this week	Chris Kocher
####	10/31/2022	Bro what are we doing	5:30:00 PM	30 minutes	None	None	On today's show, we talked about Halloween and Harry Potter books and movies	deen Kaakour
####	10/31/2022	Conversations with God	6:30:00 PM	30 minutes	Michael Donnelly	None	Today we learned about his life transformation	Ennid Bermudez
####	11/1/2022	Religious Panel	4:30:00 PM	30 minutes	None	None	Continuation of last episode discussing various Jewish holidays	Dave Mayner
####	11/1/2022	Write On!	5:00:00 PM	30 minutes	None	None	We discussed how to create characters in fiction this week in the context of personalities, motivations, arcs, beliefs, and action within the story.	Bri Thompson
####	11/1/2022	The Eastern Way	4:00:00 PM	30 minutes	None	None	The life and times of Lao Tse and what we can learn from his teachings	Bill Wierman
####	11/2/2022	People are strange	6:00:00 PM	30 minutes	None	None	Twilight saga movies and books	Lilia Bartolotta
####	11/2/2022	Curly heads	6:30:00 PM	30 minutes	None	None	Instagram as a business from an influencer perspective	Sarah murdock
####	11/3/2022	Tangential Thoughts	5:30:00 PM	30 minutes	None	None	Punching up, Halloween Costumes, and the Ivory Tower	Eliana Ellerton
####	11/3/2022	Spitballing	6:30:00 AM	30 minutes	None	Drew Bledsoe	Knicks, Nets, Yankees, Mets, Islanders, rangers	Jeremy Feder
####	11/3/2022	Binghamton & Beyond	4:00:00 PM	30 minutes	None	None	Election 2022: who is running for what offices, proposition 1, voting options, political party cross endorsements, poll site hours of operation, comments on the recent gubernatorial debate, board of elections w	Richard Jannaccio
####	11/3/2022	My Father's Advice	6:00:00 PM	30 minutes	Andy Reistetter	None	Life adventures. TROML "The rest of my life, pursuit of eternity". Living to inspire.	Ben Cabot II
####	11/4/2022	La Voz	4:00:00 PM	30 minutes	LeiLani M, Alex N	None	We talked about folklore and superstitions in Latin America and the Caribbean	Lisbel Feliz Garo
####	11/4/2022	Anything Goes	4:30:00 PM	30 minutes	None	None	Coffee, favorite Sopranos moments	Skylar Yerdon
####	11/7/2022	Print Condition	6:00:00 PM	30 minutes	None	None	We talked about poetry we read and wrote recently	Nina Collavo
####	11/7/2022	Conversations with God	6:30:00 PM	30 minutes	Dr. Gary Wood	None	Dying and going to heaven	Ennid Bermudez
####	11/7/2022	Jacky & Chris Geek Out	4:30:00 PM	30 minutes	None	None	Devil's Hour, roundup of things opening this week.	Chris Kocher
####	11/8/2022	The Eastern Way	4:00:00 PM	30 minutes	None	None	Discussion on the Way and Virtue according to Lao Tze	Bill Wierman
####	11/8/2022	Religious Panel	4:30:00 PM	30 minutes	None	None	Forgiveness and how it is taught, how we feel about it	Dave Mayner
####	11/9/2022	People are strange	6:00:00 AM	30 minutes	None	None	Mainly talked about England and wanting to travel	Lilia Bartolotta
####	11/10/2022	Booted out	5:00:00 PM	30 minutes	None	None	Thanksgiving, cinema, classes, buildings on campus, Tim's boot, registration	Andrew Frangella
####	11/10/2022	Tangential Thoughts	5:30:00 PM	30 minutes	Bella Daldonde	None	Radio about Radio, having kids, and Bella's life	Eliana Ellerton
####	11/10/2022	Spitballing	6:30:00 PM	30 minutes	None	2	MLB free agents, nets beating Knicks, jets beating bills, isles beating rangers	Jeremy Feder
####	11/11/2022	La Voz	4:00:00 PM	30 minutes	2	BSU Eboard member	We talked about BIPOC representation in the media and how it positively affects our communities and children growing up	Lisbel Feliz Garo
####	11/11/2022	Anything Goes	4:30:00 PM	30 minutes	None	None	Discussed Cat in the Hat being an amazing movie	Skylar Yerdon
####	11/14/2022	Tea time	5:00:00 PM	30 minutes	None	None	We spoke about dreams we have had recently or that have stuck with us	Madison mark
####	11/14/2022	Jacky & Chris Geek Out	4:30:00 PM	30 minutes	Catronia	None	Doctor Who, Voltron, Carrie musical on campus, roundup of geek news	Chris Kocher
####	11/14/2022	Print Condition	6:00:00 PM	30 minutes	None	None	YA dystopian novels and our opinions on them	Nina Collavo
####	11/15/2022	Religious Panel	4:30:00 PM	30 minutes	None	None	Prayer, what do we feel when we pray?	Dave Mayner
####	11/15/2022	Write On!	5:00:00 PM	30 minutes	None	None	We discussed the revision process for both academic and fictional writing.	Bri Thompson
####	11/16/2022	People are strange	6:00:00 PM	30 minutes	None	None	Db cooper, airplanes, flight attendants	Lilia Bartolotta
####	11/16/2022	Curly heads	6:30:00 PM	30 minutes	Kevin McCurdy	None	Showing competitions and technique	Sarah Murdock
####	11/17/2022	Booted out	5:00:00 PM	30 minutes	Ashley Ciocciarelli	None	Spew, class registration, thanksgiving, traveling home, buses	Andrew Frangella
####	11/17/2022	Spitballing	6:30:00 PM	30 minutes	None	None	Jets's Giants, ravens, islanders, rangers	Jeremy Feder
####	11/17/2022	Binghamton & Beyond	4:00:00 PM	45 minutes	Binghamton Black Bear	None	Discussion and analysis of "Pandemic Amnesty" with reference to an article in The Atlantic magazine, published Oct. 31, 2022. Also rebroadcast of Election results and Binghamton Black Bears hockey.	Richard Jannaccio
####	11/17/2022	My father's advice	6:00:00 PM	30 minutes	Marin Chudack	None	Binghamton lights festival at Otisringo Park	Ben Cabot II
####	4/11/0022	Conversations with God	5:30:00 PM	30 minutes	Joe Greene	None	Prayer	Ennid Bermudez
####	11/18/2022	Housing Justice	4:00:00 PM	30 minutes	None	None	Housing issues and rights in Broome County. With a focus on immigrant housing issues and eviction court navigation	Rebecca Appel
####	11/18/2022	The News Watch	5:40:00 PM	50 min	Bryan Goodman, Beccz	None	Discussion and analysis of housing in Binghamton NY, Midterm elections results, Trump 2024 campaign, Elon Musk purchasing Twitter, Pending Supreme Court cases covering voting rights, Israeli election	Colin Hargan
####	11/21/2022	Tea Time	5:00:00 PM	30 minutes	None	None	We spoke about boundaries that are necessary to have in a relationship.	Madison Mark
####	11/21/2022	Print Condition	6:00:00 PM	30 minutes	None	None	Video games we have been playing since childhood and what we're playing now.	Nina Collavo
####	11/21/2022	Conversations with God	6:30:00 PM	30 minutes	Joe Greene	None	Prayer, what do we feel when we pray?, pt 2	Ennid Bermudez
####	11/21/2022	Jacky & Chris Geek Out	4:30:00 PM	1 hour	None	None	Writer preview, Doctor Who, news roundup	Chris Kocher
####	11/22/2022	The Eastern Way	4:00:00 PM	30 minutes	None	None	The meetings of Confucius and Lao Lao Tse	Bill Wierman
####	11/22/2022	Religious Panel	4:30:00 PM	30 minutes	None	None	Thanksgiving and what it means to our families	Dave Mayner
####	11/22/2022	Religious Panel	4:30:00 PM	30 minutes	None	None	Winter holiday that is coming up and how we intend to celebrate	Dave Mayner
####	12/2/2022	News Watch	5:40:00 PM	6:25	Noelle Dutch, Bryan Gd	None	Discussion of YDSA and student organizing efforts surrounding Res Life staff changes, meal plan petition, SUNY Broome and Binghamton potential merger, Hakeem Jeffries elected as Democratic leader, K	Colin Hargan
####	12/8/2022	My Father's Advice	6:30:00 PM	30 minutes	Amber Gregory	Author	Her book "Little Sweetheart" about sexual predators, and grooming children.	Ben Cabot II
####	12/29/2022	My Father's Advice	6:00:00 PM	30 minutes	Amber Gregory and Mid	None	Sex abuse of children and how it affects families told by mother and daughter guests.	Ben Cabot II

####	4/7/0021	Binghamton Sports Talk	6:30:00 PM	20min	Interview With senior m	None	Interview With senior midfielder Noah Luescher & NCAA Men's March Madness Recap, Baylor's Journey To the Title	Sam Israel
####	11/6/0020	Binghamton Fantasy Fc	4:30:00 PM	30 minutes	None	None	What the Jets should do in the NFL draft, a discussion of Tom Brady and Bill Belichick and predicting winners of each NFL game this week.	Brandon B (11/8/20)
####	10/30/0020	Binghamton Fantasy Fc	4:30:00 PM	30 minutes	None	None	We talked about what different NFL teams should do at the trade deadline as well as talking about who would win each NFL matchup for the week.	Brandon Beame (11/3/20)

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10/13/2022	My Father's Advice	6:30:00 PM	30 minutes	Jack Gilroy & Jim Clune	None	Peace efforts to end war. Broome Peace coalition and Veterans for Peace	Ben Cabot II
10/13/2022	Binghamton & Beyond	4:00:00 PM	30 minutes	Binghamton Black Bears	None	Discussion of the upcoming hockey season and related topics about the team and its competitors	Richard Jannaccio
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10/14/2022	La Voz	4:00:00 AM	30 minutes	Elissa Morales	None	We discussed the impact teachers have on POC students	Lisbel
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10/17/2022	Conversations with God	6:30:00 PM	30 minutes	Kevin Rollo	None	Hope, relationship with God and our own interpretations of belief	Ennid Bermudez
10/17/2022	Jacky & Chris Geek Out	4:30:00 PM	30 minutes	None	None	Ghosts (TV show), Doctor Who, upcoming films this week that we have been looking forward to.	Chris Kocher
10/19/2022	People are strange	6:00:00 PM	30 minutes	None	None	The Ackley house, legal ghosts, haunting, court, houses	Lilia Bartolotta
10/19/2022	Curly heads	6:30:00 PM	30 minutes	None	None	Reading through portions of New York Times articles and talking about them	Sarah Murdock
10/24/2022	Tea Time	5:00:00 PM	30 minutes	Colin Schepis	None	We spoke about music and what songs we like and when we started listening to them	Madison Mark
10/24/2022	Bro what are we doing?	5:30:00 AM	30 minutes	None	None	Halloween plans, new music recommendations, Kanye west	Deanna wong
10/24/2022	Conversations with God	6:30:00 PM	30 minutes	Pastor Kevin Rollo	None	Part 2- continuation of last week. About hope and our own faith	Ennid Bermudez
10/24/2022	noahs weenie review live	4:00:00 PM	30 minutes	kate langsdorf	None	my dream about a hot dog, kate's favorite hot dog, favorite toppings, and also her halloween plans	noah :)
10/24/2022	Print Condition	6:00:00 PM	30 minutes	None	None	Harry styles, celebrity actors and the death of originality	Nina Collavo
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10/27/2022	Tangential Thoughts	5:30:00 PM	30 minutes	Juli Berman	None	Controversial Opinions, Mathematics and how we feel about it	Eliana Ellerton
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10/28/2022	La Voz	4:00:00 PM	30 minutes	Melanie Ibagón	None	We talked about the influence Pablo Escobar and drug trafficking industry has left on Colombians and Latin Americans	Lisbel Feliz Garo
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11/11/2022	La Voz	4:00:00 PM	30 minutes	2 BSU Eboard member	None	We talked about BIPOC representation in the media and how it positively affects our communities and children growing up	Lisbel Feliz Garo
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11/22/2022	Religious Panel	4:30:00 AM	30 minutes	None	None	Thanksgiving and what it means to our families	Dave Mayner
11/29/2022	Religious Panel	4:30:00 PM	30 minutes	None	None	Winter holiday that is coming up and how we intend to celebrate	Dave Mayner
12/2/2022	News Watch	5:40:00 PM	6:25	Noelle Dutch, Bryan Gc	None	Discussion of YDSA and student organizing efforts surrounding Res Life staff changes, meal plan petition, SUNY Broome and Binghamton potential merger, Hakeem Jeffries elected as Democratic leader, I	Colin Mangan
12/8/2022	My Father's Advice	6:30:00 PM	30 minutes	Amber Gregory Author	None	Her book "Little Sweetheart" about sexual predators, and grooming children.	Ben Cabot II
12/29/2022	My Father's Advice	6:00:00 PM	30 minutes	Amber Gregory and Ma	None	Sex abuse of children and how it affects families told by mother and daughter guests.	Ben Cabot II

4/7/0021	Binghamton Sports Tall	6:30:00 PM 20min	Interview With senior m	None	Interview With senior midfielder Noah Luescher & NCAA Men's March Madness Recap, Baylor's Journey To the Title
11/6/0020	Binghamton Fantasy Fc	4:30:00 PM 30 minutes	None	None	What the Jets should do in the NFL draft, a discussion of Tom Brady and Bill Belichick and predicting winners of each NFL game this week.
10/30/0020	Binghamton Fantasy Fc	4:30:00 PM 30 minutes	None	None	We talked about what different NFL teams should do at the trade deadline as well as talking about who would win each NFL matchup for the week.

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 Eliana Ellerton
 Ben Cabot II
 Richard Jannaccio
 Jeremy Feder
 Lisbel
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 Chris Kocher
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It was about "Piece Touchee," a short film made by Martin Arnold in 1989, which was recently shown in the Binghamton University ClassCINE 122: Expression & Innovation in Film & Video. I had a convers

Sam Israel
 Brandon B (11/8/20)
 Brandon Beame (11/3/20)

Date of Show	Show Title	Time of show start	Length of program	Guests (If any, full name)	Callers (if yes, how many)	Description of topics/issues discussed
10/11/2022	The Eastern Way	4:00:00 PM	30 minutes	None	None	Today we described the book of the Golden Mean and talked about it
10/11/2022	Religious Panel	4:30:00 PM	30 minutes	None	None	Issues women face in society and throughout the globe
10/11/2022	Write On!	5:00:00 PM	30 minutes	None	None	We talked about how to start writing by either outlining or free writing, and the tips and tricks to both of these approaches based on the type of writing being done.
10/12/2022	People are strange	6:00:00 PM	30 minutes	None	None	Today's show we discussed Halloween, the 50s, trick or treating
10/13/2022	Tangential Thoughts	5:30:00 PM	30 minutes	None	None	Funny Insults, Paleoanthropology, and gatekeeping
10/13/2022	My Father's Advice	6:30:00 PM	30 minutes	Jack Gilroy & Jim Clune	None	Peace efforts to end war. Broome Peace coalition and Veterans for Peace
10/13/2022	Binghamton & Beyond	4:00:00 PM	30 minutes	Binghamton Black Bear	None	Discussion of the upcoming hockey season and related topics about the team and its competitors
10/13/2022	Spitballing	6:30:00 PM	30 minutes	Meg O'Halloran	Zach Shusterman, Patri	Hockey predictions, mlb playoffs, and nba predictions
10/14/2022	La Voz	4:00:00 AM	30 minutes	Elissa Morales	None	We discussed the impact teachers have on POC students

10/17/2022	Print Condition	6:00:00 PM	30 minutes	None	None	Our favorite and least favorite book to movie adaptations
10/17/2022	Conversations with Goc	6:30:00 PM	30 minutes	Kevin Rollo	None	Hope, relationship with God and our own interpretations of belief
10/17/2022	Jacky & Chris Geek Ou	4:30:00 PM	30 minutes	None	None	Ghosts (TV show), Doctor Who, upcoming films this week that we have been looking forward to.
10/19/2022	People are strange	6:00:00 PM	30 minutes	None	None	The Ackley house, legal ghosts, haunting, court, houses
10/19/2022	Curly heads	6:30:00 PM	30 minutes	None	None	Reading through portions of New York Times articles and talking about them
10/24/2022	Tea Time	5:00:00 PM	30 minutes	Colin Schepis	None	We spoke about music and what songs we like and when we started listening to them
10/24/2022	Bro what are we doing?	5:30:00 AM	30 minutes	None	None	Halloween plans, new music recommendations, Kanye west
10/24/2022	Conversations with Goc	6:30:00 PM	30 minutes	Pastor Kevin Rollo	None	Part 2- continuation of last week. About hope and our own faith
10/24/2022	noahs weenie review liv	4:00:00 PM	30 minutes	kate langsdorf	None	my dream about a hot dog, kate's favorite hot dog, favorite toppings, and also her halloween plans
10/24/2022	Print Condition	6:00:00 PM	30 minutes	None	None	Harry styles, celebrity actors and the death of originality
10/24/2022	Jacky & Chris Geek Ou	4:30:00 PM	30 minutes	None	None	Rings of Power, Doctor Who, other stuff coming up this week
10/25/2022	The Eastern Way	4:00:00 PM	30 minutes	None	None	Confucianism through the writings of Mencius
10/25/2022	Religious panel	4:30:00 PM	30 minutes	None	None	Jewish Holidays and why we love them so much
10/25/2022	Write On!	5:00:00 PM	30 minutes	None	None	We discussed endings in academic and fiction writing, and how they can best be implemented in order to resolve the main themes and message of a work.
10/26/2022	People are Strange	6:00:00 PM	30 minutes	None	None	talked about the watcher and our opinions
10/26/2022	Curly heads	6:30:00 PM	30 minutes	None	None	Astrology and daily horoscopes for all signs
10/27/2022	Spitballing	6:30:00 AM	30 minutes	None		1 Yankees collapse, Nets struggles, NFL trade deadline, NHL start of the season
10/27/2022	Tangential Thoughts	5:30:00 PM	30 minutes	Juli Berman	None	Controversial Opinions, Mathematics and how we feel about it
10/27/2022	My Father's Advice	6:00:00 PM	30 minutes	Dan Laskaris	None	Representative of the Ross Park Zoo Describing events and history of the zoo
10/28/2022	La Voz	4:00:00 PM	30 minutes	Melanie Ibagón	None	We talked about the influence Pablo Escobar and drug trafficking industry has left on Colombians and Latin Americans
10/31/2022	Tea Time	5:00:00 PM	30 minutes	None	None	Talked about nature but we made it a Halloween edition
10/31/2022	Print Condition	6:00:00 PM	30 minutes	None	None	Discussed iconic Halloween media and memories
10/31/2022	Jacky & Chris Geek Ou	4:30:00 PM	30 minutes	None	None	Devil's Hour, Doctor Who, new films and TV coming out this week
10/31/2022	Bro what are we doing	5:30:00 PM	30 minutes	None	None	On todays show, we talked about Halloween and Harry Potter books and movies
10/31/2022	Conversations with Goc	6:30:00 PM	30 minutes	Michael Donnelly	None	Today we learned about his life transformation
11/1/2022	Religious Panel	4:30:00 PM	30 minutes	None	None	Continuation of last episode discussing various Jewish holidays
11/1/2022	Write On!	5:00:00 PM	30 minutes	None	None	We discussed how to create characters in fiction this week in the context of personalities, motivations, arcs, beliefs, and action within the story.
11/1/2022	The Eastern Way	4:00:00 PM	30 minutes	None	None	The life and times of Lao Tse and what we can learn from his teachings
11/2/2022	People are strange	6:00:00 PM	30 minutes	None	None	Twilight saga movies and books
11/2/2022	Curly heads	6:30:00 PM	30 minutes	None	None	Instagram as a business from an influencer perspective
11/3/2022	Tangential Thoughts	5:30:00 PM	30 minutes	None	None	Punching up, Halloween Costumes, and the Ivory Tower
11/3/2022	Spitballing	6:30:00 AM	30 minutes	None	Drew Bledsoe	Knicks, Nets, Yankees, Mets, islanders, rangers
11/3/2022	Binghamton & Beyond	4:00:00 PM	30 minutes	None	None	Election 2022: who is running for what offices, proposition 1, voting options, political party cross endorsements, poll site hours of operation, comments on the recent gubernatorial debate, board of elections website for more info.
11/3/2022	My Father's Advice	6:00:00 PM	30 minutes	Andy Reistetter	None	Life adventures. TROML "The rest of my life, pursuit of eternity". Living to inspire.
11/4/2022	La Voz	4:00:00 PM	30 minutes	LeiLani M, Alex N	None	We talked about folklore and superstitions in Latin America and the Caribbean
11/4/2022	Anything Goes	4:30:00 PM	30 minutes	None	None	Coffee, favorite Sopranos moments
11/7/2022	Print Condition	6:00:00 PM	30 minutes	None	None	We talked about poetry we read and wrote recently
11/7/2022	Conversations with Goc	6:30:00 PM	30 minutes	Dr Gary Wood	None	Dying and going to heaven
11/7/2022	Jacky & Chris Geek Ou	4:30:00 PM	30 minutes	None	None	Devil's Hour, roundup of things opening this week.
11/8/2022	The Eastern Way	4:00:00 PM	30 minutes	None	None	Discussion on the Way and Virtue according to Lao Tze
11/8/2022	Religious Panel	4:30:00 PM	30 minutes	None	None	Forgiveness and how it is taught, how we feel about it
11/9/2022	People are strange	6:00:00 AM	30 minutes	None	None	Mainly talked about England and wanting to travel

	11/10/2022	Booted out	5:00:00 PM 30 minutes	None	None	Thanksgiving, cinema, classes, buildings on campus, Tim's boot, registration
	11/10/2022	Tangential Thoughts	5:30:00 PM 30 minutes	Bella Daidonde	None	Radio about Radio, having kids, and Bella's life
	11/10/2022	Spitballing	6:30:00 PM 30 minutes	None		2 MLB free agents, nets beating Knicks, jets beating bills, isles beating rangers
	11/11/2022	La Voz	4:00:00 PM 30 minutes	2 BSU Eboard member	None	We talked about BIPOC representation in the media and how it positively affects our communities and children growing up
	11/11/2022	Anything Goes	4:30:00 PM 30 minutes	None	None	Discussed Cat in the Hat being an amazing movie
	11/14/2022	Tea time	5:00:00 PM 30 minutes	None	None	We spoke about dreams we have had recently or that have stuck with us
	11/14/2022	Jacky & Chris Geek Ou	4:30:00 PM 1 hour	Catronia	None	Doctor Who, Voltron, Carrie musical on campus, roundup of geek news
	11/14/2022	Print Condition	6:00:00 PM 30 minutes	None	None	YA dystopian novels and our opinions on them
	11/15/2022	Religious Panel	4:30:00 PM 30 minutes	None	None	Prayer, what do we feel when we pray?
	11/15/2022	Write On!	5:00:00 PM 30 minutes	None	None	We discussed the revision process for both academic and fictional writing.
	11/16/2022	People are strange	6:00:00 PM 30 minutes	None	None	Db cooper, airplanes, flight attendants
	11/16/2022	Curly heads	6:30:00 AM 30 minutes	Kevin McCurdy	None	Fencing competitions and technique
	11/17/2022	Booted Out	5:00:00 PM 30 minutes	Ashley Ciccirelli	None	Snow, class registration, thanksgiving, traveling home, buses
	11/17/2022	Spitballing	6:30:00 PM 30 minutes	None	None	Jets? Giants, ravens, islanders, rangers
	11/17/2022	Binghamton & Beyond	4:00:00 PM 45 minutes	Binghamton Black Bear	None	Discussion and analysis of "Pandemic Amnesty" with reference to an article in The Atlantic magazine, published Oct. 31, 2022. Also rebroadcast of Election results and Binghamton Black Bears hockey.
	11/17/2022	My father's advice	6:00:00 PM 30 minutes	Martin Chudacik	None	Binghamton lights festival at Otsaningo Park.
4/11/0022		Conversations with Goc	5:30:00 PM 30 minutes	Joe Greene	None	Prayer
	11/18/2022	Housing Justice	4:00:00 AM 30 minutes	None	None	Housing issues and rights in Broome County. With a focus on immigrant housing issues and eviction court navigation
	11/18/2022	The News Watch	5:40:00 PM 50 min	Bryan Goodman, Becc	None	Discussion and analysis of housing in Binghamton NY, Midterm elections results, Trump 2024 campaign, Elon Musk purchasing Twitter, Pending Supreme Court cases covering voting rights, Israeli election results, over the counter hearing aids, US-China Summit
	11/21/2022	Tea Time	5:00:00 PM 30 minutes	None	None	We spoke about boundaries that are necessary to have in a relationship
	11/21/2022	Print Condition	6:00:00 PM 30 minutes	None	None	Video games we have been playing since childhood and what we're playing now
	11/21/2022	Conversations with Goc	6:30:00 PM 30 minutes	Joe Greene	None	Prayer, what do we feel when we pray? pt 2
	11/21/2022	Jacky & Chris Geek Ou	4:30:00 PM 1 hour	None	None	Winter preview, Doctor Who, news roundup
	11/22/2022	The Eastern Way	4:00:00 PM 30 minutes	None	None	The meetings of Confucius and Lao Lao Tse
	11/22/2022	Religious Panel	4:30:00 AM 30 minutes	None	None	Thanksgiving and what it means to our families
	11/29/2022	Religious Panel	4:30:00 PM 30 minutes	None	None	Winter holiday that is coming up and how we intend to celebrate
	12/2/2022	News Watch	5:40:00 PM 6:25	Noelle Dutch, Bryan Gc	None	Discussion of YDSA and student organizing efforts surrounding Res Life staff changes, meal plan petition, SUNY Broome and Binghamton potential merger, Hakeem Jeffries elected as Democratic leader, Kevin McCarthy bid for GOP leadership, Georgia runoff election, update on Ukrainian missile strike in Poland
	12/8/2022	My Father's Advice	6:30:00 PM 30 minutes	Amber Gregory Author	None	Her book "Little Sweetheart" about sexual predators, and grooming children.
	12/29/2022	My Father's Advice	6:00:00 PM 30 minutes	Amber Gregory and Ma	None	Sex abuse of children and how it affects families told by mother and daughter guests.

4/7/0021	Binghamton Sports Tall	6:30:00 PM 20min	Interview With senior m	None	Interview With senior midfielder Noah Luescher & NCAA Men's March Madness Recap, Baylor's Journey To the Title
11/6/0020	Binghamton Fantasy Fc	4:30:00 PM 30 minutes	None	None	What the Jets should do in the NFL draft, a discussion of Tom Brady and Bill Belichick and predicting winners of each NFL game this week.
10/30/0020	Binghamton Fantasy Fc	4:30:00 PM 30 minutes	None	None	We talked about what different NFL teams should do at the trade deadline as well as talking about who would win each NFL matchup for the week.

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Timestamp	Date of Show	Show Title	start	program	any, full	yes, how	of	by:		
#####	5/13/2022	Spitballing	5:30:00 AM	30 minutes	None	Scott Yanover	predictions	Jeremy Feder		
#####	4/30/2022	Learned	6:00:00 PM	30 minutes	None	None	david bowie	Emily Vega		
#####	4/29/2022	reading	4:30:00 PM	30 minutes	None	None	summer,	and francesca		
#####	4/28/2022	with Colin	5:05:00 PM	20 min	None	None	Russian	Colin Mangan		
#####	4/28/2022	Consciousness	6:00:00 PM	30 minutes	Daidone	None	Ethnicity	Joe Babbitt		
#####	4/28/2022	Tea time	6:30:00 PM	30 minutes	Will Person	None	Meditation	Madison Mark		
#####	4/27/2022	Spitballing	5:30:00 PM	30 minutes	Alec Schare	Craig	special, nets	Jeremy Feder		
#####	4/27/2022	learned	6:00:00 PM	30 minutes	None	None	Books	Lilia Bartolotta		
#####	4/27/2022	explanation	6:30:00 PM	30 minutes	Browne,	None	experience	Aiyebomwan		
#####	4/27/2022	NPC	5:00:00 PM	30 minutes	McCurdy	None	Banned books	Murdock		
#####	4/26/2022	religious panel	5:30:00 AM	30 minutes	None	None	faith	Dave Mayner		
#####	4/25/2022	with God	5:30:00 PM	30 minutes	Johnson	None	Forgiveness	Bermudez		
#####	4/25/2022	PsycNow!	6:00:00 PM	1 hour	None	None	our fans	Riestra		
#####	4/25/2022	Geek Out	4:30:00 PM	30 minutes	None	None	films coming	Chris Kocher		
#####	4/25/2022	PsycNow!	6:00:00 PM	1 hour	None	None	our fans	Riestra		
#####	4/22/2022	Reading	4:30:00 PM	30 minutes	None	None	social media	and francesca		
#####	4/22/2022	Experience	5:30:00 PM	30 minutes	None	None	hobby,	Tim Martinson		
#####	4/22/2022	Beyond	4:00:00 PM	30 minutes	None	None	crime in	Jannaccio		
#####	4/21/2022	with Colin	5:30:00 PM	28 min	None	None	revoking	Colin Mangan		
#####	4/21/2022	Teatime	6:30:00 PM	30 minutes	Kallenberg	None	Poetry	Madison Mark		
#####	4/20/2022	Spitballing	5:30:00 PM	30 minutes	None	Deric Wagner	discussion:	Jeremy Feder		
#####	4/20/2022	Explanation	6:30:00 PM	30 minutes	Johnson,	None	and smoking	Aiyebomwan		
#####	4/20/2022	NPC	5:00:00 PM	30 minutes	None	None	the onion	Murdock		
#####	4/13/2022	learned	6:00:00 PM	30 minutes	None	None	Easter,	Lilia Bartolotta		
#####	4/12/2022	religious panel	5:30:00 PM	30 minutes	None	None	holidays	Dave Mayner		
#####	4/11/2022	PsycNow!	6:00:00 PM	1 hour	None	None	about trauma	Riestra		
#####	4/11/2022	Geek Out	4:00:00 PM	1.5 hours	Sarah	None	Sarah's recent	Chris Kocher		
#####	4/8/2022	Reading	4:30:00 PM	30 minutes	Sara Syrell	None	game	and francesca		
#####	4/8/2022	Ily Held	6:00:00 PM	30 minutes	None	None	recent music	Mostransky		
#####	4/8/2022	Beyond	4:00:00 PM	30 minutes	Robin Mott	None	Binghamton,	Jannaccio		
#####	4/7/2022	Polaroid	4:30:00 PM	30 minutes	Thompson,	None	opinions that	Plantin		
#####	4/7/2022	with Colin	5:30:00 PM	30 minutes	None	None	Amazon	Colin Mangan		
#####	4/6/2022	Spitballing	5:30:00 PM	30 minutes	Scott Yanover	None	Sports	Jeremy Feder		
#####	4/4/2022	PsycNow	6:00:00 PM	1 hour	None	None	about the	Juan		
#####	4/4/2022	PsycNow!	6:00:00 PM	1 hour	None	None	about the	Riesra		

#####	4/4/2022	Geek Out	4:30:00 PM	30 minutes	None	None	other geek	Chris Kocher	
#####	4/1/2022	reading	4:30:00 PM	30 minutes	Sara Syrell	None	culture	and francesca	
#####									
#####	10/6/2022	My Father's Ad	6:00:00 PM	30 minutes	Geoff Gould	None	Photography n	Ben Cabot	
#####	10/7/2022	La Voz	4:00:00 PM	30 minutes	Lis Peguero	None	We discussed c	Lisbel Feliz Garo	
#####	10/6/2022	Binghamton & E	4:00:00 PM	20 min	None	None	BU News: Resi	Richard Jannaccio	
#####	10/6/2022	Spitballing	6:30:00 PM	30 minutes	None		1 MLB playoff pre	Jeremy Feder	
#####	10/6/2022	Tangential Tho	5:30:00 PM	30 minutes	None	None	Philosophy of S	Eliana Ellerton	
#####	9/29/2022	Binghamton & E	4:00:00 PM	30 minutes	Robin Mott and	None	Migrant Asylum	Richard Jannaccio	
#####	9/22/2022	Binghamton & E	4:00:00 PM	30 minutes	None	None	Crime statistics	Richard Jannaccio	
#####	10/5/2022	Curly heads	6:35:00 PM	25 min	None	None	Tik tok Slate de	Sarah Murdock	
#####	10/5/2022	People are stra	6:00:00 PM	30 minutes	None	None	Anthrax, post o	Lilia Bartolotta	
#####	10/4/2022	Religious Pane	4:30:00 PM	30 minutes	None	None	Practicing faith	Dave Mayner	
#####	10/4/2022	The Eastern Wi	4:00:00 PM	30 minutes	None	None	The life of Conf	Bill Wierman	
#####	10/3/2022	Jacky & Chris C	4:30:00 PM	1 hour	None	None	New Bowie mo	Chris Kocher	
#####	9/28/2022	People are Stra	6:00:00 AM	30 minutes	None	None	Tinder Swindler	Emily Vega	
#####	10/3/2022	Print Condition	6:00:00 AM	30 minutes	None	None	Worst Songs of	Emily Vega	
#####	9/30/2022	La Voz	4:00:00 PM	30 minutes	Melanie Ibagón	None	We discussed h	Lisbel Feliz Garo	
#####	9/29/2022	Spitballing	6:30:00 PM	30 minutes	None	None	Yankees and M	Jeremy Feder	
#####	9/22/2022	Spitballing	6:30:00 PM	30 minutes	Keshav Udeshe	None	Soccer, baseba	Jeremy Feder	
#####	9/29/2022	Tangential Tho	5:30:00 PM	30 minutes	None	None	Tik Tok Babies	Eliana Ellerton	
#####	9/28/2022	Dumb it Down	5:00:00 PM	1 hour	None	None	Environmental	Connor Celeste	
#####	9/22/2022	My Father's Ad	6:00:00 PM	30 minutes	Matt Fisk, Gabr	None	Spiritual couple	Ben Cabot II	
#####	9/22/2022	Tangential Tho	5:30:00 PM	30 minutes	None	None	Teeth	Eliana Ellerton	
#####	9/21/2022	People are Stra	6:00:00 AM	30 minutes	None	None	The Jersey Dev	Emily Vega	
#####	9/21/2022	Dumb it Down	5:00:00 PM	1 hour	None	None	Dr. Karugu and	Connor Celeste	
#####	9/20/2022	The Eastern Wi	4:00:00 PM	30 minutes	None	None	The role of hur	Bill Wierman	
#####	9/20/2022	Even Engulfed	5:30:00 PM	1 hour	None	None	Mental Health,	Kate Langsdorf	
#####	9/20/2022	Broken Rulez F	6:30:00 PM	30 minutes	None	None	School, food	Tim Martinson	
#####	9/20/2022	Write On!	5:00:00 PM	30 minutes	None	None	I talked about w	Bri Thompson	
#####	9/19/2022	Print Condition	6:00:00 PM	30 minutes	None	None	Social Media	Nina Collavo	
#####	9/19/2022	Jacky & Chris C	4:30:00 PM	30 minutes	None	None	Doctor Who, S	Chris Kocher	
#####	9/19/2022	Bro what are w	5:30:00 PM	30 minutes	None	None	First month of c	Deanna wong and deen kaakour	
#####	9/19/2022	TeaTime	5:00:00 PM	30 minutes	None	None	We spoke about	Madison Mark	

#####	4/29/2022	popcorn reading	4:30:00 PM	30 minutes	None	None	finals, summer	christine kim and francesca smith	
#####	4/28/2022	Tea time	6:30:00 PM	30 minutes	Will Person	None	Meditation	Madison Mark	
#####	4/28/2022	Stream of Conc	6:00:00 PM	30 minutes	Isabella Daidon	None	Race and Ethn	Joe	
#####	4/28/2022	Straight Talk w	5:05:00 PM	20 min	None	None	Discussion of R	Colin Mangan	
#####	4/27/2022	NPC	5:00:00 PM	30 minutes	Kevin McCurdy	None	Banned books	Sarah Murdock	
#####	4/27/2022	Still here, expla	6:30:00 PM	30 minutes	Jabari Browne	None	Collge experier	Osariemen Aiyevbomwan	
#####	4/27/2022	Lesson learned	6:00:00 PM	30 minutes	None	None	Books	Lilia Bartolotta	
#####	4/27/2022	Spitballing	5:30:00 PM	30 minutes	Alec Schare	Craig	Nfl mock draft s	Jeremy Feder	
#####	4/26/2022	interfaith religio	5:30:00 AM	30 minutes	None	None	Goal of our faith	Dave Mayner	
#####	4/25/2022	PsycNow!	6:00:00 PM	1 hour	None	None	We answered c	Juan M. Riestra	
#####	4/25/2022	Jacky & Chris C	4:30:00 PM	30 minutes	None	None	TV shows / film	Chris Kocher	
#####	4/25/2022	PsycNow!	6:00:00 PM	1 hour	None	None	We answered c	Juan M. Riestra	
#####	4/25/2022	Conversations	5:30:00 PM	30 minutes	Pastor Shawn	None	Forgiveness	Ennid Bermudez	
#####	4/22/2022	Binghamton & B	4:00:00 PM	30 minutes	None	None	Recent violent	Richard Jannaccio	
#####	4/22/2022	The College Ex	5:30:00 PM	30 minutes	None	None	Andrew's film h	Tim Martinson	
#####	4/22/2022	Popcorn Readin	4:30:00 PM	30 minutes	None	None	earth day, soci	christine kim and francesca smith	
#####	4/21/2022	Teatime	6:30:00 PM	30 minutes	Ana Kallenberg	None	Poetry	Madison Mark	
#####	4/21/2022	Straight Talk w	5:30:00 PM	28 min	None	None	Florida revoking	Colin Mangan	
#####	4/20/2022	NPC	5:00:00 PM	30 minutes	None	None	Articles from th	Sarah Murdock	
#####	4/20/2022	Still Here, Expla	6:30:00 PM	30 minutes	Jenna Johnson	None	Black women a	Osariemen Aiyevbomwan	
#####	4/20/2022	Spitballing	5:30:00 PM	30 minutes	None	Deric Wagner	NBA playoff dis	Jeremy Feder	
#####	4/13/2022	Lesson learned	6:00:00 PM	30 minutes	None	None	Eugene, Easter	Lilia Bartolotta	
#####	5/13/2022	Spitballing	5:30:00 AM	30 minutes	None	Scott Yanover	NBA playoff pre	Jeremy Feder	
#####	4/8/2022	Binghamton & B	4:00:00 PM	30 minutes	James Mott, Rc	None	Gunshots in Bir	Richard Jannaccio	
#####	4/12/2022	interfaith religio	5:30:00 PM	30 minutes	None	None	Religious holid	Dave Mayner	
#####	4/11/2022	Jacky & Chris C	4:00:00 PM	1.5 hours	Claire and Sara	None	Claire and Sara	Chris Kocher	
#####	4/11/2022	PsycNow!	6:00:00 PM	1 hour	None	None	We talked abou	Juan M Riestra	
#####	4/8/2022	Conversational	6:00:00 PM	30 minutes	None	None	Talked about re	Michael Mostransky	
#####	4/8/2022	Popcorn Readin	4:30:00 PM	30 minutes	Sara Syrell	None	newlywed gam	christine kim and francesca smith	
#####	4/7/2022	Straight Talk w	5:30:00 PM	30 minutes	None	None	Discussed Am	Colin Mangan	
#####	4/7/2022	The Black Pola	4:30:00 PM	30 minutes	Josef Thomps	None	Unpopular opin	Elizabeth Plantin	
#####	4/4/2022	Jacky & Chris C	4:30:00 PM	30 minutes	None	None	Rick & Morty, o	Chris Kocher	
#####	4/6/2022	Spitballing	5:30:00 PM	30 minutes	Deric Wagner,	None	Sports	Jeremy Feder	
#####	4/4/2022	PsycNow!	6:00:00 PM	1 hour	None	None	We talked abou	Juan M. Riesra	
#####	4/1/2022	Binghamton & B	5:30:00 PM	30 minutes	None	None	Local news, sp	Richard Jannaccio	
#####	4/4/2022	PsycNow	6:00:00 PM	1 hour	None	None	We talked abou	Juan	

#####	4/1/2022	popcorn reading	4:30:00 PM	30 minutes	Sara Syrell	None	popular culture	christine kim and francesca smith	
#####	3/31/2022	Tea Time	6:30:00 PM	30 minutes	None	None	Art Topics	Lila Pomerantz	
#####	3/31/2022	Stream of Conc	6:00:00 PM	30 minutes	Eliana	None	Acting and Perf	Joe	
#####	3/30/2022	Still Here, Expla	6:30:00 PM	30 minutes	Elizabeth Plant	None	Music	Osariemen Aiyebomwan	
#####	4/30/2022	Lesson Learne	6:00:00 PM	30 minutes	None	None	spring and davi	Emily Vega	
#####	3/30/2022	Black Polaroid	4:30:00 PM	30 minutes	Ayah Osman, E	None	Dating Field an	Elizabeth Plantin	
#####	3/30/2022	Spitballing	5:30:00 PM	30 minutes	None		3 Sports	Jeremy Feder	
#####	3/29/2022	interfaith religio	5:30:00 AM	30 minutes	None	None	Food laws	David Mayner	
#####	3/28/2022	Jacky & Chris C	4:30:00 PM	30 minutes	None	None	Oscars, geek re	Chris Kocher	
#####	3/24/2022	Tea Time	6:30:00 PM	30 minutes	None	None	Talk show 3/24	Madison Mark	
#####	3/24/2022	Real Talk	5:30:00 PM	25 min	None	None	Death of Madel	Colin Mangan	
#####	3/21/2022	Jacky & Chris C	4:00:00 PM	1 hour	None	None	Doctor Who, m	Chris Kocher	
#####	3/23/2022	Still Here, Expla	6:30:00 PM	30 minutes	Kendra Gourgu	None	Black women r	Osariemen Aiyebomwan	
#####	3/23/2022	Lesson Learne	6:00:00 AM	30 minutes	None	None	Space	Emily Vega	
#####	3/23/2022	Don't Say Gay	4:00:00 PM	30 minutes	None	None	The Don't Say	Melanie Ibagon	
#####	3/22/2022	interfaith religio	5:30:00 PM	30 minutes	None	None	Food in Faith	Dave Mayner	
#####	3/21/2022	PsycNow	6:00:00 PM	1 hour	None	None	We talked abou	Juan M. Riestra	
#####	3/7/2022	Jacky & Chris C	4:30:00 PM	30 minutes	None	None	Doctor Who, lat	Chris Kocher	
#####	3/8/2022	interfaith religio	5:39:00 PM	30 minutes	None	None	Celebrations in	Dave Mayner	
#####	3/7/2022	RMR: Random	4:00:00 PM	30 minutes	None	None	Talked about s	Akshay Prasad	
#####	3/7/2022	PsycNow	6:00:00 PM	1 hour	None	None	We talked abou	Juan M. Riestra	
#####	3/7/2022	PsycNow	6:00:00 PM	1 hour	None	None	We talked abou	Juan Riestra	
#####	3/7/2022	Conversations	5:30:00 PM	30 minutes	Pastor JJ and E	None	Life change aft	Ennid Bermudez	
#####	3/4/2022	Binghamton & E	4:00:00 PM	30 minutes	Rod Davidson,	None	The Binghamto	Richard Jannaccio	
#####	3/4/2022	Conversational	6:00:00 PM	30 minutes	None	None	Discussed our	Michael Mostransky	
#####	3/4/2022	popcorn reading	4:35:00 PM	30 minutes	None	None	stress, studying	christine kim and francesca smith	
#####	3/4/2022	The College Ex	5:30:00 PM	30 minutes	None	None	Loose rhino, R	Andrew Frangella	
#####	3/3/2022	Straight Talk	5:35:00 PM	30 minutes	None	None	Russian invasio	Colin Mangan	
#####	2/25/2022	Science Frictio	5:00:00 PM	30 minutes	Eric Matson, Ev	None	Star Wars	Thom Geddes	
#####	3/2/2022	Spitballing	5:30:00 PM	30 minutes	None		4 This weeks sp	Cole Parenti	
#####	3/2/2022	Still Here, Expla	6:30:00 PM	30 minutes	None	Lucia Paz	Black women's	Osariemen Aiyebomwan	
#####	3/2/2022	Lesson Learne	6:00:00 AM	30 minutes	Nina Collavo, N	1 on accident	Fashion- thriftin	Emily Vega	
#####	3/2/2022	Generational T	4:00:00 PM	30 minutes	Fatima Gonzal	None	Generational tr	Melanie Ibagon	
#####	3/1/2022	Write On!	6:00:00 PM	30 minutes	None	None	We discussed	Bri Thompson	
#####	3/1/2022	interfaith religio	5:30:00 PM	30 minutes	None	None	Faith and family	Dave Mayner	
#####	2/28/2022	Jacky & Chris C	4:30:00 PM	30 minutes	None	None	Paddington, Et	Chris Kocher	

#####	2/28/2022	RMR: Random	4:00:00 PM	30 minutes	None	None	Discussed a few	Akshay Prasad	
#####	2/28/2022	PsycNow	6:00:00 PM	1 hour	None	None	Past psycholog	Juan M. Riestra	
#####	2/25/2022	Binghamton & E	4:00:00 PM	30 minutes	Alexis Pleus	None	Substance use	Richard Jannaccio	
#####	2/25/2022	Theme Music	6:05:00 PM	30 minutes	None	None	Talked about K	Michael Mostransky	
#####	2/25/2022	The College Ex	6:30:00 PM	30 minutes	None	None	Jokes, Bands, E	Tim Martinson	
#####	2/25/2022	Popcorn Readie	4:35:00 PM	30 minutes	None	None	love in general	christine kim and francesca smith	
#####	2/24/2022	Stream of Conc	6:00:00 PM	30 minutes	None	None	Russian Invasic	Joseph Won	
#####	2/17/2022	Stream of const	6:00:00 PM	30 minutes	Nora coppolla	None	We introduced	Elisheva Ezor	
#####	2/23/2022	Lesson Learne	6:00:00 AM	30 minutes	None	None	Tinder Swindler	Emily vega	
#####	2/23/2022	Spitballing	5:30:00 PM	30 minutes	None		4 The news in the	Cole Parenti	
#####	2/16/2022	Lesson Learne	6:00:00 PM	30 minutes	None	None	Valentines Day	Emily Vega	
#####	2/22/2022	Write On!	6:00:00 PM	30 minutes	None	None	Talked about m	Bri Thompson	
#####	2/22/2022	Write on	6:00:00 PM	30 minutes	None	None	Collaborative st	Celia Woodruff	
#####	2/22/2022	interfaith religio	5:30:00 PM	30 minutes	None	None	Favorite part of	Dave Mayner	
#####	2/22/2022	Soundtrack Yo	4:30:00 PM	30 minutes	Elizabeth Schw	None	We talked abou	Sean McManus	
#####	2/15/2022	Soundtrack Yo	4:30:00 PM	30 minutes	Amber Cherich	None	We talked abou	Sean McManus	
#####	2/18/2022	Science Frictio	5:00:00 PM	30 minutes	Jakeb Specht	None	The book and r	Thom Geddes	
#####	2/21/2022	Jacky & Chris C	4:30:00 PM	1 hour	None	None	Latest geek nev	Chris Kocher	
#####	2/21/2022	RMR: Random	4:00:00 PM	30 minutes	None	None	Discussed sever	Akshay Prasad	
#####	2/18/2022	Binghamton & E	4:00:00 PM	22 min	None	None	Pipe Dream ne	Richard Jannaccio	
#####	2/18/2022	The College Ex	5:30:00 PM	30 minutes	None	None	Weather, colleg	Tim Martinson	
#####	2/18/2022	Popcorn Readie	4:30:00 PM	30 minutes	None	None	first show = fir	Christine Kim + Francesca Smith	
#####	2/17/2022	HEALTH AND V	4:30:00 AM	30 minutes	None	None	introduction + h	raissa b	
#####	2/16/2022	Straight Talk w	5:00:00 PM	30 minutes	Desmond Keup	None	Discussion of a	Colin Mangan	
#####	2/14/2022	Jacky & Chris C	4:30:00 PM	1 hour	None	None	Best / worst ge	Chris Kocher	
#####	2/16/2022	NPC	5:00:00 PM	30 minutes	None	None	Buzz feed artic	Sarah Murdock	
#####	2/16/2022	Still here, expla	6:30:00 PM	30 minutes	None	None	Black History m	Osariemen Aiyevbomwan	
#####	2/15/2022	Write on	6:00:00 PM	30 minutes	None	None	Character deve	Celia	
#####	2/15/2022	Write On!	6:00:00 PM	30 minutes	None	None	What makes ch	Bri Thompson	
#####	2/15/2022	interfaith panel	5:39:00 PM	30 minutes	None	None	Discussed vari	Dave Mayner	
#####	2/14/2022	PaychNow!	6:00:00 PM	1 hour	None	None	Talked about L	Jacob Harron	
#####	2/14/2022	Conversations	5:30:00 PM	30 minutes	Kevin Rollo	None	How God chang	Ennid Bermudez	
#####	10/3/2022	noah's weenie	4:00:00 PM	30 minutes	Emily Reitz	None	Interviewed Em	Noah	

Timestamp	Date of Show	Show Title	Time of show	Length of prog	Guests (if any)	Callers (if yes)	Description of topics/issues discussed
#####	10/11/2021	Still Here, Expt	4:35:00 PM	30 minutes	None	None	We spoke about Fatigue, Pandemic, Mercury Retrograde
#####	10/11/2021	The extra point	5:30:00 PM	30 minutes	None	None	On this episode, we spoke about Fantasy football
#####	10/11/2021	Conversations	6:30:00 PM	30 minutes	None	None	This episode was 'How to hear Gods Voice' Part 1. We discussed religion and our faith
#####	10/12/2021	Let's Talk Tech	6:00:00 PM	30 minutes	None	None	We talked about Apple, Windows, Twitch, League
#####	10/12/2021	Lesson learned	6:30:00 PM	30 minutes	None	None	This week we discussed Squid game, Superman, and Megan fox
#####	10/11/2021	ROK PUK INT	6:00:00 PM	30 minutes	Talia Castell	None	Riotgirl bands that influenced her, Zodiac signs, Libra vibes, Pisces vibes, top restaurants then learned not to be specific, more zodiac sign experiences, and so much zodiac sign stuffs
#####	10/12/2021	Thoughts and f	4:00:00 PM	30 minutes	Amber Cherich	None	Discussed Amber's opinions on several anime
#####	10/14/2021	Jacky & Chris	5:00:00 PM	1.5 hours	Katie	None	Lots of things, including Twilight, Blake's 7, Courage the Cowardly Dog, Doctor Who. Also did a roundup of geek news.
#####	10/18/2021	Conversations	6:30:00 PM	30 minutes	None	None	This episode was 'How to hear from God' Part 2, we finished our discussion on faith
#####	10/18/2021	The extra point	5:30:00 PM	30 minutes	None	None	We discussed our Fantasy football stannings
#####	10/19/2021	ROK PUK INT	6:00:00 PM	30 minutes	TOM JOLU	None	This week we interviewed Tom Jolu about his band, when they started, how long they have been in the scene, what inspired him, how he started, what we can look forward to and where to find it
#####	10/19/2021	Thoughts and f	4:00:00 PM	30 minutes	None	None	This week we discussed and rated several anime openings
#####	10/19/2021	MHmMmm	5:30:00 PM	30 minutes	None	None	We talked about roommates. Learning how to live with eachother. Differences between living in a dorm and living in a house. Talked about each others living quirks and pet peeves
#####	10/19/2021	Lesson Learned	6:30:00 PM	30 minutes	None	None	Talked about Horoscopes, Inspirational Quotes, The Hunger Games
#####	10/20/2021	Sports Report	4:30:00 PM	45 minutes	None	None	This week we spoke about NFL, ufc, and the nba
#####	10/21/2021	The College Ex	6:30:00 PM	1 hour	None	None	Our show covered Music, film, Harpur's edge, cinematography, school, college experiences, IUTs, majors, physics experiences.
#####	10/21/2021	Binghamton &	4:30:00 PM	30 minutes	Isaiah Grass	None	In our interview, we talked about music, music industry, music for charitable causes, collaborating with other artists, pros and cons of success in the music industry
#####	10/20/2021	The Black Pola	5:30:00 PM	1 hour	Ayah Osman	None	Talked about Seasonal depression, depression in the Black community and especially Black men, Mid semester feelings and upcoming goals
#####	10/22/2021	Psychnow!	5:30:00 PM	30 minutes	None	None	We spoke about parasites of the brain and our thoughts
#####	10/22/2021	Decriminalize P	4:00:00 PM	30 minutes	Richard Jannac	None	We discussed the opioid epidemic and its impact on people and the country
#####	10/21/2021	Jacky & Chris	5:30:00 PM	30 minutes	None	None	Spoke about local music and theater, William Shatner in space, upcoming geek entertainment
#####	10/23/2021	Principal Invest	5:00:00 PM	30 minutes	Cam Winzingel	None	The topics discussed were ecology, invasive species
#####	10/25/2021	The extra point	5:30:00 PM	30 minutes	None	None	We spoke about fantasy football
#####	10/25/2021	Conversations	6:30:00 PM	30 minutes	None	None	This week, we discussed why we need fervent prayer
#####	10/26/2021	Mhmmmm	5:30:00 PM	30 minutes	None	None	We spoke about Halloween and our experiences
#####	10/26/2021	Let's Talk Tech	6:05:00 AM	30 minutes	None	None	We spoke about Tech!!! Things like our thoughts on the FCC, Facebook multiverse, Tesla, twitch etc!
#####	10/26/2021	Lesson Learned	6:30:00 PM	30 minutes	None	None	This week we discussed Halloween, Alec Baldwin, Harry Styles, etc
#####	10/25/2021	ROK PUK INT	6:00:00 PM	30 minutes	CHARLIE PRIN	None	HOW THEY STARTED / RIOT GRRL PUNK INFLUENCES COURTNEY LOVE SUX HOW THEY MET THE MUSIC SCENE WRITING NEW MUSIC
#####	10/28/2021	The College Ex	6:30:00 PM	30 minutes	Adam Malev	None	Flu shots, halloweenk, squid game in academia, Ted talks at bing, midterms, OCCT is back, comedy show SNL thing
#####	10/28/2021	Jacky & Chris	5:30:00 PM	30 minutes	None	None	Last Night in Soho, other upcoming geek entertainment
#####	10/29/2021	Principal Invest	5:00:00 PM	30 minutes	Kyra Ricci	None	This week, we discussed science communications/outreach
#####	10/28/2021	Binghamton &	4:30:00 PM	30 minutes	None	None	With the pandemic, flu season, stress from academia and parties, steps you can take to stay healthy.
#####	9/1/2021	The extra point	5:30:00 PM	30 minutes	None	None	This week, we discussed fantasy football
#####	11/1/2021	Conversations	6:30:00 PM	30 minutes	None	None	Talked about the 4 keys to personal revival!
#####	11/2/2021	Slime Ring Int	4:30:00 PM	30 minutes	Sebastian Mart	Sebastian et	Musical inspiration for Slime Ring, the future of pop and the future of live music after Covid
#####	11/2/2021	Lesson learned	6:30:00 PM	30 minutes	None	None	Discussed Twilight, Christmas, Hotdogs, Casseroles
#####	11/3/2021	Sports Report	4:30:00 PM	1 hour	None	None	Spoke about the Ufc, mlb, nba, nfl
#####	11/4/2021	Binghamton &	4:30:00 PM	20 minutes	None	None	Election results; FDA factsheet on Pfizer vaccine given Emergency Use Authorization (EUA) for children ages 5 - 11
#####	11/5/2021	Principal Invest	5:00:00 PM	30 minutes	William Jones	None	This week we spoke about the field of mathematics
#####	11/5/2021	PsychNow!	5:30:00 PM	1 hour	None	None	This week, we discussed serial killers and their psych
#####	11/4/2021	Jacky & Chris	5:30:00 PM	30 minutes	None	None	Last Night in Soho, Dune, other upcoming geek stuff.
#####	11/8/2021	Still Here, Expt	4:30:00 PM	30 minutes	None	None	Discussed self advocacy and Black girlhood
#####	11/8/2021	ROK PUK inter	6:00:00 PM	30 minutes	Drake Roberts	None	Discussed video game doom halo and the making of gameplay and storylines discussed fav music artists and vaguely best burgers fav bands and feeling each gives who locally inspires him his dreams his travels and discussion on relatives
#####	11/2/2021	ROK PUK inter	6:00:00 PM	30 minutes	Marissa Passic	None	How she was inspired, how long shes been playing, who travels the experience of bing punk scene, how its evolved, how she wants to travel and collab, how she is down to do rap punk shows, spiritually synchronizations
#####	11/9/2021	Lesson learned	6:30:00 PM	30 minutes	None	None	Spoke about Italians, movies and Harry styles
#####	11/11/2021	Breaking the te	4:00:00 PM	30 minutes	None	None	Spoke about feeling uncertain about your major
#####	11/11/2021	Jacky & Chris	5:00:00 PM	2 hours	Cat Huber	None	Doctor Who, Finland, Broadway plays, Adventure Time, lots of other stuff. It was a LONG show.
#####	11/12/2021	Decriminalize P	4:00:00 PM	30 minutes	None	None	Discussed Kava, climate crisis, indigenous knowledge
#####	11/11/2021	Binghamton &	4:30:00 PM	30 minutes	Alexis Pleus	None	Substance use problems, opiate and non-opiate drugs, fentanyl, NARCAN for reversal of opiate overdoses, harm reduction approaches.
#####	11/8/2021	Conversations	6:30:00 PM	30 minutes	None	None	This week, we discussed Bevere's - religious issues
#####	11/15/2021	Conversations	6:00:00 PM	30 minutes	None	None	We covered the power of perspective
#####	11/15/2021	Conversations	6:30:00 PM	30 minutes	None	None	Spoke about responding to life's interruptions
#####	11/15/2021	The extra point	5:30:00 PM	30 minutes	None	None	This week, we discussed Fantasy football
#####	11/16/2021	MHmMmm	5:30:00 PM	30 minutes	None	None	Recap of the fall semester, talked about whrv, in person classes, living off campus.
#####	11/16/2021	Lesson learned	6:30:00 PM	30 minutes	None	Mia Albert	Taylor swift, New Jersey, thanksgiving and Christmas
#####	11/17/2021	Sports Report	5:30:00 PM	1 hour	None	None	Discussed the Nba, nfl, soccer, ufc
#####	11/18/2021	The College Ex	6:30:00 PM	30 minutes	Nicholas Reith	None	Studying abroad, course registration, covid changes and classes, high school vs college
#####	11/18/2021	Jacky & Chris	5:30:00 PM	1 hour	Adrienne Wise	None	Doctor Who, The Expanse, Ted Lasso, roundup of geek news
#####	11/18/2021	Binghamton &	4:30:00 PM	30 minutes	None	None	A listing of lifestyle health tips to help stay healthy, string, and fit through stressful times with the stressful challenges of exams, holiday parties, etc.
#####	11/19/2021	PsychNow!	5:30:00 PM	1 hour	None	None	Lesions of the brain and what we can learn from it
#####	11/19/2021	Decriminalize P	4:05:00 AM	27	None	None	Spoke about the Thanksgiving address and my thoughts
#####	11/22/2021	Still Here, Expt	4:00:00 PM	30 minutes	None	None	This week, we discussed family, thanksgiving, Black women

Timestamp	Date of Show	Show Title	Time of show	Length of prog	Guests (if any)	Callers (if yes)	Description of topics/issues discussed	
#####	2/14/2022	Conversations \	5:30:00 PM	30 minutes	Kevin Rollo	None	On todays show we interviewed Kevin Rollo and learned about how God changed his life	Ennid Bermudez
#####	2/14/2022	PaychNow!	6:00:00 PM	1 hour	None	None	On todays show, w talked about love and what love is.	Jacob Harron
#####	2/15/2022	interfaith panel	5:39:00 PM	30 minutes	None	None	We discussed various religions and our opinions and faith	Dave Mayner
#####	2/15/2022	Write On!	6:00:00 PM	30 minutes	None	None	What makes characters genuine people, what is the place of opinion in academic writing, and how strict	Bri Thompson
#####	2/15/2022	Write on	6:00:00 PM	30 minutes	None	None	Character development and representing human error in characters, story writing and traditional	Celia
#####	2/16/2022	Still here, expla	6:30:00 PM	30 minutes	None	None	My show toay was all about Black History month and the history behind it	Osariemen Aiyevbomwan
#####	2/16/2022	NPC	5:00:00 PM	30 minutes	None	None	Buzz feed articles	Sarah Murdock
#####	2/14/2022	Jacky & Chris C	4:30:00 PM	1 hour	None	None	Best / worst geek couples, latest good news in the nerd world	Chris Kocher
#####	2/16/2022	Straight Talk wi	5:00:00 PM	30 minutes	Desmond Keup	None	Discussion of amnesty intl report on Israel apartheid, Russia Ukraine conflict and nato expansion	Colin Mangan
#####	2/17/2022	HEALTH AND \	4:30:00 AM	30 minutes	None	None	introduction to our show and how to defeat getting burnt out	raissa b
#####	2/18/2022	Popcorn Readir	4:30:00 PM	30 minutes	None	None	first show = firsts, discussed first celeb crush, core memories, first friend, first impressions, family, etc	Christine Kim + Francesca Smith
#####	2/18/2022	The College Ex	5:30:00 PM	30 minutes	None	None	Discussed the weather, college, movies, and bing cinema dept	Tim Martinson
#####	2/18/2022	Binghamton & E	4:00:00 PM	22 min	None	None	Pipe Dream new issue and contents; new mayor for Binghamton; increase in drug overdoses; topics for	Richard Jannaccio
#####	2/21/2022	RMR: Random	4:00:00 PM	30 minutes	None	None	Discussed several underrated albums and artists from 2021, and who is expected to make it big in	Akshay Prasad
#####	2/21/2022	Jacky & Chris C	4:30:00 PM	1 hour	None	None	Talked about all the latest geek news in TV / film	Chris Kocher
#####	2/18/2022	Science Frictior	5:00:00 PM	30 minutes	Jakeb Specht	None	Talked about the book series and movie of Dune	Thom Geddes
#####	2/15/2022	Soundtrack You	4:30:00 PM	30 minutes	Amber Cherich	None	We talked about the perfect soundtrack to Amber's life as if it were a movie	Sean McManus
#####	2/22/2022	Soundtrack You	4:30:00 PM	30 minutes	Elizabeth Schw	None	We talked about the perfect soundtrack to various aspects of Liz's life	Sean McManus
#####	2/22/2022	interfaith religio	5:30:00 PM	30 minutes	None	None	Discussed the favorite parts of our faith	Dave Mayner
#####	2/22/2022	Write on	6:00:00 PM	30 minutes	None	None	Collaborative story telling and story creating. Black history month theme health and wellness tied to	Celia Woodruff
#####	2/22/2022	Write On!	6:00:00 PM	30 minutes	None	None	Talked about mental health for writers, character voices, and collaborative storytelling.	Bri Thompson
#####	2/16/2022	Spitballing	5:30:00 PM	30 minutes	None	None	Discussed	Cole Parenti
#####	2/16/2022	Lesson Learner	6:00:00 PM	30 minutes	None	None	We talked about our Valentines Days and favorite celebrity couples	Emily Vega
#####	2/23/2022	Spitballing	5:30:00 PM	30 minutes	None	None	4 Talked about the latest news in the sports world	Cole Parenti
#####	2/23/2022	Lesson Learner	6:00:00 AM	30 minutes	None	None	Discussed new show Tinder Swindler, Book ban, and our thoughts on social media	Emily vega
#####	2/17/2022	Stream of consi	6:00:00 PM	30 minutes	Nora coppolla	None	We introduced ourselves talked about how my my cohost Joe and his girlfriend Nora met. mentioned if	Elisheva Ezor
#####	2/24/2022	Stream of Conc	6:00:00 PM	30 minutes	None	None	Discussed the Russian Invasion of Ukraine and Interesting Reddit Story	Joseph Won
#####	2/25/2022	Popcorn Readir	4:35:00 PM	30 minutes	None	None	Love in general, different types of love and tv shows etc	christine kim and francesca smith
#####	2/25/2022	The College Ex	6:30:00 PM	30 minutes	None	None	Talked about Jokes, Bands, Binghamton news	Tim Martinson
#####	2/25/2022	Theme Music	6:05:00 PM	30 minutes	None	None	Talked about Kanye West's music livestream, his mp3 player device, what music we have been listening	Michael Mostransky
#####	2/25/2022	Binghamton & E	4:00:00 PM	30 minutes	Alexis Pleus	None	Substance use disorders, the group TruthPharm, NARCAN to treat overdoses of opiates,	Richard Jannaccio
#####	2/21/2022	Conversations \	5:30:00 PM	30 minutes	Gerald Ceasar	None	Interviewed Gerald Ceasar about what God has done in his life	Ennid Bermudez
#####	2/28/2022	Conversations \	5:30:00 PM	30 minutes	Pastor JJ Hefle	None	Community events/ life before God- part 1	Ennid Bermudez
#####	2/28/2022	PsychNow	6:00:00 PM	1 hour	None	None	Past psychology studies, experiments and findings.	Juan M. Riestra
#####	2/21/2022	Conversations \	6:00:00 PM	1 hour	None	None	End of my discussion with Gerald Cesar about his religion and his beliefs	Ennid Bermudez
#####	2/28/2022	RMR: Random	4:00:00 PM	30 minutes	None	None	Discussed a few songs that came out the weeks previous, and then transitioned to talking about the	Akshay Prasad
#####	2/28/2022	Jacky & Chris C	4:30:00 PM	30 minutes	None	None	Discusse our love for Paddington, Eternals, other geek news.	Chris Kocher
#####	3/1/2022	interfaith religio	5:30:00 PM	30 minutes	None	None	Talked about the importance of faith and family	Dave Mayner
#####	3/1/2022	Write On!	6:00:00 PM	30 minutes	None	None	We discussed vulnerable writing, the difference between fiction and nonfiction, and the characters that	Bri Thompson
#####	3/2/2022	Generational Tr	4:00:00 PM	30 minutes	Fatima Gonzale	None	Generational trauma within the Latinx community, how people in our community were raised, what we	Melanie Ibagon
#####	3/2/2022	Lesson Learner	6:00:00 AM	30 minutes	Nina Collavo,	N 1 on accident	Fashion- thrifting, fast fashion, shopping	Emily Vega

#####	3/2/2022	Still Here, Expl	6:30:00 PM	30 minutes	None	Lucia Paz	Black women's history month	Osariemen Aiyebomwan
#####	3/2/2022	Spitballing	5:30:00 PM	30 minutes	None		4 Talked about this weeks newest sports news.	Cole Parenti
#####	2/25/2022	Science Frictio	5:00:00 PM	30 minutes	Eric Matson, Ev	None	Discussed my opinions about Star Wars and the direction of the franchise	Thom Geddes
#####	3/3/2022	Straight Talk	5:35:00 PM	30 minutes	None	None	Russian invasion of Ukraine and economic impacts	Colin Mangan
#####	3/4/2022	The College Ex	5:30:00 PM	30 minutes	None	None	Loose rhino, Russia / gas prices, films, cinema, professors,	Andrew Frangella
#####	3/4/2022	popcorn readin	4:35:00 PM	30 minutes	None	None	Talked about stress, studying, academics	christine kim and francesca smith
#####	3/4/2022	Conversational	6:00:00 PM	30 minutes	None	None	Discussed our thoughts on the new Earl Sweatshirt album and talked about music as a medium for	Michael Mostransky
#####	3/4/2022	Binghamton & E	4:00:00 PM	30 minutes	Rod Davidson, None		Interviewed my friens about the Binghamton Black Bears Hockey Team	Richard Jannaccio
#####	3/7/2022	Conversations \	5:30:00 PM	30 minutes	Pastor JJ and E	None	Life change after relationship with God (part 2)	Ennid Bermudez
#####	3/7/2022	PsychNow	6:00:00 PM	1 hour	None	None	We talked about habits and how we form them. Which habits we have and how to change habits.	Juan Riestra
#####	3/7/2022	RMR: Random	4:00:00 PM	30 minutes	None	None	Talked about song recommendations for the week and looked at upcoming music festivals	Akshay Prasad
#####	3/8/2022	interfaith religio	5:39:00 PM	30 minutes	None	None	Discussed the celebrations in all of our religions	Dave Mayner
#####	3/10/2022	Straight Talk wi	6:00:00 PM	30 minutes	None	None	Russian invasion of Ukraine and its political and economic implications	Colin Mangan
#####	3/7/2022	Jacky & Chris C	4:30:00 PM	30 minutes	None	None	Discussed Doctor Who and other latest geek news	Chris Kocher
#####	3/21/2022	Conversations \	5:30:00 PM	30 minutes	Doug and Kare	None	Asked the questions: What is prayer? How do people talk to God?	Ennid Bermudez
#####	3/21/2022	PsychNow	6:00:00 PM	1 hour	None	None	We talked about groups and they psychology. How they interact with each other and why. We also	Juan M. Riestra
#####	3/22/2022	interfaith religio	5:30:00 PM	30 minutes	None	None	Discussed food in Faith and our opinions on the best	Dave Mayner
#####	3/23/2022	Don't Say Gay l	4:00:00 PM	30 minutes	None	None	The Don't Say Gay Bill passed in Florida, what this means for LGBTQ youth and children, what this	Melanie Ibagon
#####	3/23/2022	Lesson Learner	6:00:00 AM	30 minutes	None	None	We discussed outer space and our thoughts	Emily Vega
#####	3/23/2022	Still Here, Expl	6:30:00 PM	30 minutes	Kendra Gourgu	None	This episode focused on Black women mental health	Osariemen Aiyebomwan
#####	3/21/2022	Jacky & Chris C	4:00:00 PM	1 hour	None	None	Doctor Who, movie news, other geek updates	Chris Kocher
#####	3/24/2022	Real Talk	5:30:00 PM	25 min	None	None	Death of Madeleine Albright; Russia/Ukraine war updates; Supreme Court hearings and constitutional	Colin Mangan
#####	3/24/2022	Tea Time	6:30:00 PM	30 minutes	None	None	Focused on Personal growth. Discussed backgrounds of Claire and I	Madison Mark
#####	3/28/2022	Conversations \	5:30:00 PM	30 minutes	Doug and Kare	None	Talked about a slew of different religious topics	Ennid Bermudez
#####	3/28/2022	Conversations \	6:00:00 PM	1 hour	Daniel Poopola	None	Interviewed and discussed how God changed Daniel Poopola's life	Ennid Bermudez
#####	3/28/2022	Jacky & Chris C	4:30:00 PM	30 minutes	None	None	Oscars review and a geek roundup of latest news	Chris Kocher
#####	3/29/2022	interfaith religio	5:30:00 AM	30 minutes	None	None	Discussed food laws in several different religions and our thoughts	David Mayner
#####	3/23/2022	Spitballing	5:30:00 PM	30 minutes	Deric Wagner		1 Today we spoke about the latest weekly sports news	Jeremy Feder
#####	3/30/2022	Black Polaroid	4:30:00 PM	30 minutes	Ayah Osman, E	None	Discussed the dating field and tips and tricks	Elizabeth Plantin
#####	4/30/2022	Lesson Learner	6:00:00 PM	30 minutes	None	None	Spoke about the spring season and david bowie	Emily Vega
#####	3/30/2022	Still Here, Expl	6:30:00 PM	30 minutes	Elizabeth Planti	None	Discussed our music taste and song reccomendations	Osariemen Aiyebomwan
#####	3/31/2022	Stream of Conc	6:00:00 PM	30 minutes	Eliana	None	Talked about Acting and Performance	Joe
#####	3/31/2022	Tea Time	6:30:00 PM	30 minutes	None	None	Discussed Art Topics and our thoughts on the art world	Lila Pomerantz
#####	4/1/2022	popcorn readin	4:30:00 PM	30 minutes	Sara Syrell	None	popular culture surrounding food delivery services along w anecdotes	christine kim and francesca smith
#####	4/4/2022	PsychNow	6:00:00 PM	1 hour	None	None	We talked about the future of psychology and where it is going. Also about robots.	Juan
#####	4/1/2022	Binghamton & E	5:30:00 PM	30 minutes	None	None	Local news, sports, events, including: Suspects arraigned by Broome DA; Binghamton Black Bears; WHF	Richard Jannaccio
#####	4/4/2022	PsychNow!	6:00:00 PM	1 hour	None	None	We talked about the future of psychology and neuroscience	Juan M. Riesra
#####	4/6/2022	Spitballing	5:30:00 PM	30 minutes	Deric Wagner, ;	None	Discussed sports news and our thoughts on the sports world	Jeremy Feder
#####	4/4/2022	Jacky & Chris C	4:30:00 PM	30 minutes	None	None	Rick & Morty, other geek headlines	Chris Kocher
#####	4/7/2022	The Black Polai	4:30:00 PM	30 minutes	Josef Thomps	None	Unpopular opinions that people may or not completely agree with	Elizabeth Plantin

#####	4/7/2022 Straight Talk wi	5:30:00 PM 30 minutes	None	None	Discussed Amazon unionization efforts, monetary consequences of Russian sanctions, political crisis in I:	Colin Mangan
#####	4/2/2022 Stream of Conc	6:00:00 PM 30 minutes	Erica and Ross	None	Discussed niche interests that all of us have!	Joe
#####	4/8/2022 Popcorn Readir	4:30:00 PM 30 minutes	Sara Syrell	None	newlywed game roommate edition, had social media aspects to it in reference to popular culture	christine kim and francesca smith

It was about "Piece Touchee," a short film made by Martin Arnold in 1989, which was recently shown in the Binghamton University ClassCINE 122: Expression & Innovation in Film & Video. I had a conversation with Mallory & Katherine about this film.

Timestamp	Date of Show	Show Title	Time of show	Length of show	# of Guests (if any, full name)	Callers	Description of topics/issues discussed	Submitted by:
9/3/2021 14:10:52	9/2/2021	Kosher Spam	1:43:00 AM	45 minutes	None	None	Food Sasha and I have made and recipe recommendations for the public to here about. We talked about cooking and baking techniques of lemon tarts of chicken adobo.	Rebecca Appel
9/20/2021 18:21:17	9/20/2021	Conversations with God	6:30:00 PM	30 minutes	None	None	On this edition of Conversations with God, discussed how the Bible came about and how I believe it is real.	Ennid Bermudez
9/21/2021 15:38:31	9/20/2021	The extra point	5:30:00 PM	30 minutes	None	None	On this episode of The extra point, we discussed NFL football teams and how fantasy football is coming up.	Saman Shah
9/21/2021 18:06:47	9/21/2021	MMHmmm	5:30:00 PM	30 minutes	None	None	Show introduction/why we decided to do a PA show. Talked about music, our first memories with music, first concerts. How we became friends because of it.	Melissa Longo
9/22/2021 0:08:15	9/21/2021	Lesson Learned	6:30:00 PM	30 minutes	None	None	This lesson learned, we discussed Rolling Stone's Top 500 Best songs of all time and how it will trans	Emily Vega
9/22/2021 17:14:52	9/22/2021	La Voz Radio Show	4:25:00 PM	30 minutes	None	None	The topic that was discussed is the COVID vaccine	Dyani Gervacio
9/23/2021 10:37:38	9/20/2021	ROK PUK INTERVIEWZ	6:00:00 PM	30 minutes	None	None	On this episode of ROKPUK we discussed Tyler Reed his introduction to music, his inspiration, and the local music scene.	RAVEN CELTYS
9/23/2021 13:19:24	9/22/2021	The Black Polaroid	5:30:00 AM	1 hour	None	None	The transition from COVID-19 to being in person, how is it affecting students, the pros and cons, mental health and affirmations to help set the tone for the rest of the semester	Elizabeth G Plantin (Black Student Union)
9/23/2021 19:05:18	9/23/2021	The College Experience	6:30:00 PM	30 minutes	None	None	Binghamton University, thriving, technology, music, covid relating to school, classes, experience since last year.	Timothy Martinson
9/23/2021 20:17:59	9/23/2021	Binghamton & Beyond	4:30:00 PM	30 minutes	None	None	OCCT Threatens to suspend late night service; community protests against mask mandates and COVID-19 vaccines; BU Sports Cross Country; Willow to perform on campus	Richard Jannaccio
9/24/2021 7:14:47	9/23/2021	The Big Bing Bingleview	5:00:00 PM	30 minutes	None	None	Today I interviewed Sasha. Sasha told us another her day, opoosum problems, fear of Endermen, and her opinions on various topics such as Binghamton and online classes.	Jason Ligasan
9/24/2021 10:47:20	9/23/2021	Jacky & Chris Geek Out	5:30:00 PM	30 minutes	None	None	Emmys roundup, roundup of various nerdy news at the end.	Chris Kocher
9/24/2021 23:37:28	9/24/2021	Decriminalize Nature	4:00:00 PM	30 minutes	None	None	The decriminalization of drug laws in portugal and what it mean for the future of decriminalizaion in oregon. Decriminalizing drugs as a whole.	Connor Celeste
9/27/2021 17:07:26	9/27/2021	Conversations with God	6:30:00 AM	30 minutes	None	None	We talked about praying until something happens, and what it means to be faithul.	Ennid Bermudez
9/28/2021 8:43:10	9/27/2021	ROK PUK INTERVIEWZ	6:00:00 PM	30 minutes	None	None	We discussed favorite and least favorite Nirvana and Black Keys albums.	RAVEN CELTYS
9/28/2021 14:51:14	9/24/2021	PsychNow!	5:30:00 PM	1 hour	None	None	We discussed our summer and the different psychological concepts that were pertinent, such as strategies to motivate and study.	Juan M. Riestra
9/28/2021 15:21:39	9/24/2021	PsychNow!	5:30:00 PM	1 hour	None	None	We talked about our summer and classes. We used appropriate psychological topics such as medication and studying as they relate to our stories.	Juan M. Riestra
9/28/2021 16:32:31	9/24/2021	Principal Investigations	5:00:00 PM	30 minutes	None	None	We talked about researching the background of hosts	Gene Fyodorova
9/28/2021 18:24:17	9/28/2021	Let's Talk Tech	6:00:00 PM	30 minutes	None	None	Tech News: TikTok, Facebook Instagram Kids, mental health from social media, Google YouTube TV, valorant	Kaitlin Wan
9/28/2021 19:03:39	9/28/2021	Lesson Learned	6:30:00 PM	30 minutes	None	None	We discussed Britnary Spears, Camilla Cabello's Cinderella, Fall vibes, Elon and Grimes	Emily Vega and Lilia Bartolotta
9/29/2021 17:36:14	9/29/2021	Sports Report	4:30:00 PM	1 hour	None	None	Talked about NFL surprises and disappointments, Super Bowl picks for the year. Discussed the NBA offseason, winners and losers of trades and free agency.	Ian Bezdicak
9/30/2021 17:41:19	9/30/2021	Binghamton and Beyond	4:30:00 PM	18 min	None	None	We spoke about Prof. Jessica Hua NSF grant recipient; City Of Binghamton budget review; ARPA funds for Binghamton, Part 1	Richard Jannaccio
10/1/2021 17:45:12	10/1/2021	Principal Investigations	5:00:00 PM	30 minutes	None	None	We discussed Myrmecochory and Community Ecology.	Gene Fyodorova
10/1/2021 20:22:52	10/1/2021	Decriminalize Nature	4:00:00 PM	30 minutes	None	None	Spoke about the use of psilocybin for terminally ill patients with anxiety and depression, ibogaïne as an opiate cessating alternative to pharmaceutically informed treatment centers, PTSD in Veterans and the	Connor Celeste
10/3/2021 11:15:31	9/30/2021	The Big Bing Bingleview	5:00:00 PM	30 minutes	None	None	I interviewed Tristan. I asked him questions about his birthday, preferences on various subjects, how his semester is going and how his life is. Very fine young man	Jason Ligasan
10/4/2021 18:13:08	10/4/2021	Conversations with God	6:00:00 PM	1 hour	None	None	On this episode of Conversations with God, I played a recording of John and Lisa Bevere discussing why they read the bible.	Ennid Bermudez
10/5/2021 18:30:02	9/30/2021	Jacky & Chris Geek Out	5:30:00 PM	30 minutes	None	None	We spoke about the latest Doctor Who news. We also discussed a variety of other nerdy TV shows / films.	Chris Kocher
10/6/2021 2:06:48	10/4/2021	The extra point	5:30:00 PM	30 minutes	None	None	We discussed fantasy football, week 4 stats and updates	Saman shah
10/6/2021 7:53:34	10/5/2021	Mhmmm	5:30:00 PM	30 minutes	None	None	In this episode of MHmmm, we talked about food. We discussed what food we like to eat and our past eating habits.	madeline schalk 10/6
10/6/2021 10:41:41	10/5/2021	Lesson Learned	6:30:00 PM	30 minutes	None	None	In this episode of Lesson Learned, we talked about Mario. We spoke about the Mario games as well as the new movie, and a few other brief topics	Emily Vega and Lilia Bartolotta
10/6/2021 16:33:04	10/6/2021	La Voz	4:00:00 PM	30 minutes	None	None	Squid Games and how it relates to capitalism in our own societies	Melanie Ibaon
10/6/2021 17:30:41	10/6/2021	Sports Report	4:30:00 PM	1 hour	None	None	We discussed the NBA, NFL, MLB, Soccer, and our favorite players of each of them.	Agसान Thayanan
10/6/2021 18:30:10	10/6/2021	The Black Polaroid	5:30:00 PM	1 hour	None	None	BSU's Homecoming Fashion Show, Afrofuturism and the future of Blackness	Elizabeth G Plantin
10/7/2021 7:32:33	9/28/2021	Thoughts and Musings of a Reformed Weeb	4:00:00 PM	30 minutes	None	None	Discussed my history and experience with anime	Sean McManus
10/7/2021 7:33:46	10/5/2021	Thoughts and Musings of a Reformed Weeb	4:00:00 PM	30 minutes	None	None	Did a brief interview regarding her anime experience	Sean McManus
10/7/2021 17:24:36	10/7/2021	Humans of Binghamton	4:00:00 PM	30 minutes	None	None	Navigating socializing amid a pandemic and as a transfer student	Noa Iibhaber
10/7/2021 19:48:24	10/7/2021	The College Experience	6:30:00 PM	30 minutes	None	None	Ceaser / filmmaking, IUT process, clubs on campus, music / personal learning, self teaching, people on phones on campus / texting and driving, jobs in college	Andrew Frangella
10/8/2021 6:46:05	10/7/2021	Jacky & Chris Geek Out	5:30:00 PM	30 minutes	None	None	Blade Runner / new Dune film, roundup of other nerdy entertainment	Chris Kocher
10/8/2021 16:37:30	10/8/2021	Decriminalize Nature	4:10:00 PM	20 minutes	None	None	The racist origins of the War on Drugs	Connor Celeste
10/8/2021 17:31:21	10/7/2021	Binghamton & Beyond	4:30:00 PM	30 minutes	None	None	Various news headlines on campus, the City of Binghamton, and local and statewide COVID mandate protests. Focus on Binghamton City Council meeting and ARPA (American Rescue Plan Act) funds.	Richard Jannaccio
10/8/2021 18:33:49	10/8/2021	PsychNow!	5:30:00 PM	1 hour	None	None	This episode of PsychNow, we discussed the psychology behind sleepwalking and dreaming.	John Pennisi
10/9/2021 16:42:18	10/8/2021	Principal Investigations	5:00:00 PM	30 minutes	None	None	Depictions of Egypt throughout history / English	Gene Fyodorova

Date of	Show Title	Time of	Length of	Guests (If any, full	Callers (if	Brief description of topics/issues discussed
1/14/2021	Binghamton Football Central	3:15:00 PM	45 minutes	None	None	matchups.
1/12/2021	Health & Wellness	7:15:00 PM	30 minutes	None	None	questions and possible risks 2. Lifestyle choices to strengthen immunity, including hydration (water),
1/19/2021	Radio free binghamton	6:00:00 PM	45 minutes	None	None	the NHS budget, the ongoing coronavirus pandemic, and the 2021 presidential election
1/28/2021	Binghamton Football Central	3:15:00 PM	45 minutes	None	None	next season.
3/15/2021	Conversations with God	6:30:00 PM	30 minutes	Stanton	None	how God changed their lives
3/15/2021	MJ Mondays	5:00:00 PM	20 minutes	None	None	We spoke about the first day of NFL free agency followed by a New York Yankees season preview
3/15/2021	Binghamton Sports News	5:30:00 PM	20 minutes	None	None	and Men's Basketball New HC
3/15/2021	Samuel J Show	6:00:00 PM	20 minutes	None	None	Knicks vs Nets, Blake Griffin Signed, Hartford vs Baylor
3/14/2021	Kol Sepharad	4:30:00 PM	30 minutes	None	None	Spain expulsion of the Jews and a little about modern Sephardic Judaism
3/16/2021	Bucket List Baddies	4:30:00 PM	20 minutes	None	None	became friends; talking about the importance of going into a new semester with intention
3/17/2021	Real Talk	4:00:00 PM	20 minutes	None	None	Dr. Seuss controversy and how I think its a non issue; and the allegations against Andrew Cuomo
3/17/2021	Interfaith Radio	6:00:00 PM	30 minutes	None	None	practises
3/17/2021	The Cinema Spot	5:00:00 PM	20 minutes	Madeline Loiaconi	None	points, a history of adaptations, What is included in a successful adaptation, and the cultural significance
3/17/2021	WHRW News	5:30:00 PM	14 minutes	Green	None	Andrew Cuomo, the shootings in Atlanta, police brutality protests in the United Kingdom, local student
3/17/2021	Binghamton Sports Talk	6:30:00 PM	20 minutes	Angel Avili	None	Avili
3/17/2021	Binghamton Football Central	4:30:00 PM	20 Minutes	None	None	agents signing with certain teams. One of those topics included the New England Patriots signing a
3/18/2021	about movies that you have never heard	4:30:00 PM	20 minutes	Katherine Quinn	None	Expression & Innovation in Film & Video. I had a conversation with Mallory & Katherine about this film,
3/18/2021	The Big Bing Binginterview	6:30:00 PM	20 minutes	Guri Hecht	None	in the community. I asked him various questions about his thoughts on recent events in his life, who he is,
3/18/2021	ROK PUK interviewz	6:00:00 PM	20 minutes	Cataldo	None	as well as the best kind of Pizza
3/18/2021	Health & Wellness	4:00:00 PM	17 minutes	None	None	Factors to consider include hydration; filtered water, bottled water; adequate sleep; Vitamin D from
3/19/2021	Hear And Now	4:20:00 PM	20 minutes	None	None	was both innovative and controversial in his musical works.
3/19/2021	The Level Up	5:20:00 PM	20 minutes	Emmanuel Campos	None	masculinity. We wanted to know how toxic masculinity impacts men and women today or if it even exists
3/19/2021	LINK: People Over Politics	6:30:00 PM	30 minutes	None	None	This week, we discussed The Korean War and the continued division of the Korean Peninsula.
3/19/2021	WHRW News	5:30:00 PM	17 minutes	Camilla Green, Bian	None	administration, vaccine rollout efforts, the modification of social distancing guidelines by the CDC,
3/22/2021	MJ Mondays	5:00:00 PM	30 minutes	None	None	tournament. We even gave our predictions for the remainder of the tournament. We then moved on to
3/22/2021	Conversations with God	6:30:00 PM	30 minutes	Stanton	None	about through relationship with God
3/22/2021	Binghamton Sports Talk	5:30:00 PM	20 Minutes	None	None	Knicks make the playoffs and the Implications of A LeBron James Injury
3/22/2021	Kol Sepharad	4:30:00 PM	30 minutes	None	None	C.E.
3/22/2021	Samuel J Show	6:00:00 PM	20 Minutes	None	None	Injury
3/23/2021	Still Here, Explanation Loading	5:00:00 PM	60 minutes	None	None	have adjusted. We also talked about the distortions of time, celebrity activists in the BLM movement and
3/23/2021	Bucket List Baddies	4:30:00 PM	20 minutes	None	None	in organizations on the Binghamton university campus
3/24/2021	Real Talk	4:00:00 PM	20 minutes	None	None	infrastructure package and Amazon workers
3/24/2021	Binghamton Football Central	4:30:00 PM	30 minutes	None	None	focusing on the Giants and the Jets.
3/24/2021	WHRW News	5:30:00 PM	20 minutes	Green	None	Georgia; the new acting Mayor of Boston, Kim Janey; Brazil's failed attempt to utilize the military to
3/24/2021	Interfaith Radio Panel	6:00:00 PM	20 minutes	None	None	varying modern traditions.
3/24/2021	Binghamton Sports Talk	6:30:00 PM	20 minutes	None	None	Men's Soccer Loss and Upcoming Lacrosse Game
3/25/2021	ROK PUK INTERVIEWZ	5:30:00 PM	50 minutes	Spaulding	None	had a discussion on why others should start their own bands, and we had a conversation about the
3/25/2021	Health & Wellness	4:00:00 PM	15 minutes	None	None	in cattle and humans.
3/26/2021	The Sports Report	4:00:00 PM	20 minutes	None	None	We discussed This week's Sports News: We discussed the NBA trade deadline and NFL free agency
3/26/2021	WHRW NEWS	5:30:00 PM	12 minutes	Camilla Green	None	passed in Georgia, the ongoing crisis involving a ship blocking the Suez Canal, the Binghamton Pan-
3/26/2021	BPALC Interview Special	6:00:00 PM	40 minutes	Ikra, Michael Messa,	None	University Pan-Asian Leaders' Council to learn about their experiences on Asian cultural organizations at
3/26/2021	The Big Bing Binginterview	6:30:00 PM	20 minutes	Liam Flynn	None	and feelings as of recent, his feelings about Binghamton University, and things such as random trivia-
3/29/2021	Kol Sepharad	4:30:00 PM	30 minutes	None	None	Shimonov
3/29/2021	Conversations with God	6:30:00 PM	30 minutes	Pastor Gerald Ceasar	None	about his life experiences.
3/29/2021	Samuel J Show	6:00:00 PM	20 minutes	None	Phones were n	losing out of the NCAA basketball Tourney
3/29/2021	Binghamton Sports Talk	5:30:00 PM	20 minutes	None	None	attention to the Volleyball, Wrestling, Tennis Teams
3/30/2021	Benny's Weekly Recs	3:59:00 PM	15 minutes	None	None	and talked about their sonic qualities. Also went over the history of Melody's Echo Train
3/30/2021	Bucket List Baddies	4:30:00 PM	20 minutes	None	None	pick a good program
3/31/2021	Real Talk	4:00:00 PM	20 minutes	None	None	reform, Amazon workers Union, immigration policy

3/31/2021	Binghamton Football Central	4:30:00 PM	30 minutes	None	None	On Binghamton Football Central we discussed the latest NFL news ahead of the draft.
3/31/2021	Binghamton Sports Talk	6:30:00 PM	20 minutes	None	None	Binghamton Mens Baseball Team , Woman's Volleyball Team , and the Binghamton Swim Team
3/31/2021	Interfaith Radio Panel	6:00:00 PM	20 minutes	None	None	modern traditions.
3/31/2021	WHRW News	5:30:00 PM	15 minutes	Green	None	marijuana use by New York State, President Biden's unveiling of his \$2 trillion dollar infrastructure
3/31/2021	The Cinema Spot	5:00:00 PM	20 minutes	None	None	it: the history of digital animation in film, the making of it, and what the significance of digital animation in
4/1/2021	About movies you have never heard of	4:30:00 PM	20 minutes	Katherine Quinn	None	Expression & Innovation in Film & Video. I had a conversation with Mallory & Katherine about this film,
4/1/2021	The Big Bing Binginterview	6:30:00 PM	20 minutes	Calvin Choi	None	his experiences at Binghamton, life, and random facts about himself. Some of these topics include his
4/1/2021	Health & Wellness	4:04:00 PM	13 Minutes	None	None	associated death statistics for 2020.
4/1/2021	ROK PUK INTERVIEWZ	5:40:00 PM	45 minutes	Henkel	None	underground music scene, and our opions on ZZ Top
4/2/2021	The Level Up	5:00:00 PM	20 minutes	Laquan Garvey	none	is important for any young man before he looks to settle down with a women. We described what we think
4/2/2021	Hear and Now	4:30:00 PM	20 minutes	None	None	composed by Mozart and their summaries as well as his piano compositions and the origins for them.
4/5/2021	Conversations with God	6:30:00 PM	30 minutes	Kevin Rollo	None	We discussed Kevin Rollo's life before and after forming his relationship with God
4/5/2021	Kol Sepharad	4:30:00 PM	30 minutes	None	None	The Jews in the Islamic World: From the rise of Islam to the end of the Middle Ages (632 to 1,500)
4/5/2021	Binghamton Sports Talk	5:30:00 PM	20 minutes	None	None	Binghamton Softball and Baseball Weekend Recap, Mens and Woman's Soccer Recap, NCAA Tourney
4/5/2021	Samuel J Show	6:00:00 PM	20 minutes	None	2	This week on the Samuel J Show, we provided our reactions and commentary to the NCAA Tournament
4/6/2021	Benny's Weekly Recs	3:59:00 PM	22 minutes	None	None	fashion influencer and talking about individual tracks like Bebey and Marchin. Played a few clips from a
4/6/2021	Bucket List Baddies	4:30:00 PM	20 minutes	None	None	This week we continued our discussion on Road trips and spoke about our experiencesstudying abroad
4/8/2021	Real Talk	4:05:00 PM	15 minutes	None	None	talked about the Biden infrastructure bill
4/7/2021	Binghamton Football Central	4:30:00 PM	30 minutes	None	None	This week we discussed the latest NFL News including the upcoming draft
4/7/0021	Binghamton Sports Talk	6:30:00 PM	20 minutes	Noah Luescher	None	talked about Baylor's Journey To the Title
4/7/2021	Interfaith Radio panel	6:00:00 PM	30 minutes	None	None	spring from last week. We spoke about how each religion handles the springtime
4/8/2021	The Cinema Spot	5:00:00 PM	20 minutes	None	None	them to the significance of them.
4/7/2021	WHRW News	5:30:00 PM	15 minutes	Elisheva Ezor	None	COVID-19 throughout New York, the United States, and the world, vaccination efforts across the country,
4/8/2021	About movies you have never heard of	4:30:00 PM	20 minutes	Katherine Quinn	None	Expression & Innovation in Film & Video. I had a conversation with Mallory & Katherine about this film.
4/8/2021	The Big Bing Binginterview	6:30:00 PM	20 minutes	Austin Neber	None	asked Austin about his experiences in Binghamton, life, quarantine, love, and if he could do any
4/8/2021	ROK PUK INTERVIEWZ	5:30:00 PM	45 minutes	Taborne	None	youtubers affiliate with the music scene, what genres of music they listen to when they were in high
4/9/2021	Sports Report	4:00:00 PM	20 minutes	None	None	Championship, and the current state of the NBA
4/9/2021	LINK: People Over Politics	6:30:00 PM	30 minutes	None	None	North Korea, as well as North Korea's state media arm
4/9/2021	WHRW News	5:30:00 PM	23 minutes	Rose Coschignano	None	Duke of Edinburgh, the status of the COVID-19 pandemic in the United States, vaccination efforts in the

Date of Show	Show Title	Time of show start	Length of program	Guests (If any, full name)	Callers (if yes, how many)	BRIEF description of topics/issues discussed	Submitted by:
1/29/2018	The Evening Review	5:30:00 PM	30 Minutes	Jake Murray, Mika Itkin-	None	Weather: https://weather.com/weather/tod	Hannah Burke
1/30/2018	The Evening Review	5:30:00 PM	30 Minutes	Ezra Beede, Jacky Qin	None	Weather: https://weather.com/weather/tod	Hannah Burke
2/5/2018	Culture Vultures	4:30:00 PM	30 Minutes	None	None	Super Bowl Commercial evaluation, discu	Jake Zall
2/5/2018	Hot Cakes	5:00:00 PM	30 Minutes	Ron Gunczler, Rachel L	None	Discussed the history of soup and cereal, Mika Itkin-Weinstein	
2/5/2018	The Evening Review	5:30:00 PM	30 Minutes	Helena Ojarovsky	None	Weather: https://weather.com/weather/tod	Hannah Burke
2/5/2018	DRAMA QUEEN	6:00:00 PM	30 Minutes	Geneva Lish	None	Discussion of "Chicago" with three songs	Rachel Levy
2/5/2018	Animal House	6:30:00 PM	30 Minutes	None	None	Biography of Topsy the Elephant, theoreti	Daniel Wood
2/6/2018	The Crisis Of The Modern Worl	4:00:00 PM	30 Minutes	None	None	Introducing the cycles of history and the ti	Bill Wierman
2/6/2018	Liberty Radio	4:30:00 PM	30 Minutes	None	None	What fake news actually is	Sam Sarsalari
2/6/2018	Thank You Science	5:00:00 PM	30 Minutes	None	None	NIH Cell phone study, Falcon Heavy, Bitc	Thom Nguyen
2/6/2018	The Evening Review	5:30:00 PM	30 Minutes	Jacky Qin, Erica Prush	None	Weather: https://weather.com/weather/tod	Hannah Burke
2/6/2018	Rob's fireside chats	6:00:00 PM	30 Minutes	None	None	Today in history; Democratic schism; Pen	Robert Delany
2/6/2018	Binghamton Review Live	6:30:00 PM	30 Minutes	None	None	Super Bowl and politicization, State of the	Patrick McAuliffe
2/7/2018	Far Future	4:30:00 PM	30 Minutes	None	None	Cryonics and the future of this technology	Sidney Slon
2/7/2018	The Evening Review	5:30:00 PM	30 Minutes	Jacky Qin, Ezra Beede,	None	Weather: https://weather.com/weather/tod	Hannah Burke
2/7/2018	Saved By the Culture	6:00:00 PM	30 Minutes	None	None	Who should be able to say the N-word?	Junhson Jean-Baptiste (Engineer)
2/8/2018	Weekly Wellness Update	4:00:00 PM	30 Minutes	Charity Corman - Health	None	Cold and Flu prevention tips	Gabe Osterhout
2/8/2018	La Voz	5:00:00 PM	30 Minutes	Jorwell Perez, Jahmal C	None	We first discussed Iranian women who are	Natalie Muñoz (Host)
2/8/2018	The Evening Review	5:30:00 PM	30 Minutes	Ezra Beede, Erica Prus	None	Weather: https://weather.com/weather/tod	Hannah Burke
2/8/2018	On the Record	6:00:00 PM	30 Minutes	None	None	205 Dry (bar downtown), PRISM magazin	Jillian Forstadt
2/8/2018	FemmeTalk	6:30:00 PM	30 Minutes	None	None	Intro to show, intersectionality definitions	Sharon Elkouby
2/9/2018	Sports Report	4:00:00 PM	30 Minutes	None	None	NFL/NBA	Benjamin Dolowich
2/9/2018	The Broadcaster's Guide to the	4:00:00 PM	30 Minutes	Sam Chosack, Joe Gab	None	Introduction of first show, reading of Hitch	Ron Gunczler
2/9/2018	The Evening Review	5:30:00 PM	30 Minutes	Helena Ojarovsky, Sid S	None	john kelly willing to resign, tillerson turkey	Hannah Burke
2/9/2018	SoundSpeak	6:00:00 PM	30 Minutes	James Tlsty, Brendan M	None	A discussion of recent albums released: J	Hayden Brown
2/12/2018	Culture Vultures	4:30:00 PM	30 Minutes	None	None	An extensive breakdown and evaluation o	Jacob Zall
2/12/2018	Hot Cakes	5:00:00 PM	30 Minutes	Roni Pitkowsky, Jill Pizz	None	Discussed instagram fad of "No Bev," and	Mika Itkin-Weinstein
2/12/2018	The Evening Review	5:30:00 PM	30 Minutes	Helena Ojarovsky, Jacky	None	weather, trump's budget proposal, stocks,	Hannah Burke
2/12/2018	DRAMA QUEEN	6:00:00 PM	30 Minutes	Gigi Lish and Lauren Gu	None	Discussion of "Dear Evan Hansen" and pl	Rachel Levy
2/12/2018	Animal House	6:30:00 PM	30 Minutes	None	None	Biography of Wojtek the bear, world serie	Daniel Wood
2/13/2018	Religious panel	4:00:00 PM	30 Minutes	Dave Mayner, Mahmouc	None	Dating	Robert Polin
2/13/2018	The Crisis of the Modern World	4:00:00 PM	30 Minutes	None	None	A review of various traditional civilizations	Bill Wierman
2/13/2018	Liberty Radio	4:30:00 PM	30 Minutes	None	None	Russia and the media sowing discord	Sam Sarsalari
2/13/2018	Thank You, Science	5:00:00 PM	30 Minutes	Will Clark-Jones	None	DNA origami, crayfish, fungi	Thomas Nguyen
2/13/2018	The Evening Review	5:30:00 PM	30 Minutes	Ezra Beede, Jacky Qin	None	world radio day, rob porter, russia in US e	Hannah Burke
2/13/2018	Rob's fireside chats	6:00:00 PM	30 Minutes	None	None	TIH, PA redistricting	Rob Delany
2/13/2018	Binghamton Review Live	6:30:00 PM	30 Minutes	None	None	Russia investigation, North Korea at the C	Patrick McAuliffe
2/14/2018	Sports Scoop	4:00:00 PM	30 Minutes	NA	None	Super Bowl Discussion, Shaun White's Gc	Shivam Patel
2/14/2018	Far Future	4:30:00 PM	30 Minutes	None	None	Urban development and the look of cities	Sidney Slon
2/14/2018	The Evening Review	5:30:00 PM	30 Minutes	Carolyn Singer	None	weather, trump speaks about rob porter, tru	Hannah Burke
2/14/2018	Saved By The Culture	6:00:00 PM	30 Minutes	None	None	We spoke on the misrepresentation of pec	Tykeem Banini

2/15/2018	Weekly Wellness Update	4:00:00 PM	30 Minutes	Josh Lempert, Sam Sim	None	Positive Expression Night and 20:1 Talks	Gabe Osterhout
2/15/2018	Take a Left Up Ahead	4:30:00 PM	30 Minutes	None	None	Mass shooter pathology and gun control,	Nick Terepka
2/15/2018	La Voz	5:00:00 PM	30 Minutes	Jahmal Ojeda, Arianna I	None	This show covered the history and themes	Natalie Muñoz
2/15/2018	The Evening Review	5:30:00 PM	30 Minutes	Erica Prush, Jacky Qin	None	florida school shooting, senate rejects bip	Hannah Burke
2/15/2018	Femme Talk	6:30:00 PM	30 Minutes	Raaga Rajagopala	None	white feminism and stuff	Alena Rodriguez
2/16/2018	Sports Report	4:00:00 PM	30 Minutes	None	None	1 NBA	Benjamin Dolowich
2/16/2018	Culture Shock	5:00:00 PM	30 Minutes	None	None	Spiderman Movies, Always Sunny in Phila	James Tlsty
2/16/2018	The Evening Review	5:30:00 PM	30 Minutes	Anshul Dinger, Helena C	None	russians charged in mueller investigation,	Hannah Burke
2/16/2018	SoundSpeak	6:00:00 PM	30 Minutes	Jibreel Cooper, James T	None	Discussion of recent musical releases: "Fr	Hayden Brown
2/19/2018	Religious panel	4:00:00 PM	30 Minutes	Dave Mayner, Mahmouc	None	Music in religious culture	Robert Polin
2/19/2018	Culture Vultures	4:30:00 PM	30 Minutes	None	None	Breakdown of trailers for Incredibles 2, De	Jake Zall
2/19/2018	Hotcakes	5:00:00 PM	30 Minutes	Rachel Levy	None	We did an over/under segment talking abc	Jake Murray
2/19/2018	The Evening Review	5:30:00 PM	30 Minutes	Helena Ojarovsky	None	new senate gun bill, trump supportive of r	Hannah Burke
2/19/2018	DRAMA QUEEN	6:00:00 PM	30 Minutes	Gigi Lish and Lauren Gu	None	Happy belated Valentines Day! We discus	Rachel Levy
2/19/2018	Animal House	6:30:00 PM	30 Minutes	None	None	Biography of Machli, top 5 big cats, anima	Daniel Wood
2/20/2018	The Crisis of the Modern World	4:00:00 PM	30 Minutes	None	None	The nature of the medieval world and the	Bill Wierman
2/20/2018	Liberty Radio	4:30:00 PM	30 Minutes	None	None	Gun violence and the media	Sam Sarsalari
2/20/2018	Thank You, Science	5:00:00 PM	30 Minutes	None	None	Space, specifically Jupiter, Amazon Go.	Anthony Muratore
2/20/2018	The Evening Review	5:30:00 PM	30 Minutes	Jacky Qin	None	ghouta bombing in syria, trump urges ban	Hannah Burke
2/20/2018	Rob's fireside chats	6:00:00 PM	30 Minutes	None	None	TIH, PA redistricting, Binghamton seeks a	Rob Delany
2/20/2018	Binghamton Review Live	6:30:00 PM	30 Minutes	None	None	North Korea foreign policy, future solution:	Patrick McAuliffe
2/21/2018	Sports Scoop	4:00:00 PM	30 Minutes	None	None	Olympics (including Lindsey Vonn's meda	Shivam Patel
2/21/2018	Far Future	4:30:00 PM	30 Minutes	None	None	Mutants and man-made genetic changes i	Sidney Slon
2/21/2018	The Current	5:00:00 PM	30 Minutes	None	None	Discussed Gun violence and democratic a	Carolyn Singer
2/21/2018	The Evening Review	5:30:00 PM	30 Minutes	Erica Prush, Jacky Qin	None	robert mueller investigation, gun news, cl	Hannah Burke
2/22/2018	Weekly Wellness Update	4:00:00 PM	30 Minutes	Emily Panigrosso - UCC	None	After hours counseling service - ProtoCall	Gabe Osterhout
2/22/2018	Take a Left Up Ahead	4:30:00 PM	30 Minutes	None	None	Discussed labor abuse and capital accum	Nick Terepka
2/22/2018	La Voz	5:00:00 PM	30 Minutes	Kalissa Sawyer and Aria	None	After the release of the Black Panther (filr	Natalie Muñoz
2/22/2018	The Evening Review	5:30:00 PM	30 Minutes	Jacky Qin, Erica Prush	None	mueller investigation, trump speaks to flor	Hannah Burke
2/22/2018	Saved by the culture	6:00:00 PM	30 Minutes	None	None	Colorism in American culture/ Black panth	Tykeem Banini
2/22/2018	Femme Talk	6:30:00 PM	30 Minutes	None	None	hookup and rape culture	Alena Rodriguez
2/23/2018	Sports report	4:00:00 PM	30 Minutes	None	None	NBA, NCAA, NHL	Ben Dolowich
2/23/2018	The Evening Review	5:30:00 PM	30 Minutes	Anshul Dinger	None	US embassy opening in Jerusalem in May	Hannah Burke
2/26/2018	Culture Vultures	4:30:00 PM	30 Minutes	Thamid Islam, Shiv Pate	None	Discussion of recent Marvel blockbuster B	Jake Zall
2/26/2018	Hot Cakes	5:00:00 PM	30 Minutes	Rachel Levy, Sid, Thom	None	Is maple syrup a condiment. Addressed R	Mika
2/26/2018	The Evening Review	5:30:00 PM	30 Minutes	Helena Ojarovsky, Sid S	None	Justices turn down Trump's appeal in Dre:	Hannah Burke
2/26/2018	DRAMA QUEEN	6:00:00 PM	30 Minutes	Gigi Lish, Lauren Gutier	None	HAMILTON (discussed lyrics and choice ii	Rachel Levy
2/26/2018	Animal House	6:30:00 PM	30 Minutes	None	None	Ethics of space monkeys, monkeys in film	Daniel Wood
2/27/2018	The Crisis of the Modern World	4:00:00 PM	30 Minutes	None	None	The status of women in the medieval worl	Bill Wierman
2/27/2018	Liberty Radio	4:30:00 PM	30 Minutes	None	None	Parkland gun solutions, media coverage a	Sam Sarsalari
2/27/2018	Thank You, Science	5:00:00 PM	30 Minutes	Hannah Burke	None	GMOs	Thomas Nguyen
2/27/2018	The Evening Review	5:30:00 PM	30 Minutes	Jacky Qin	None	U.N. links North Korea to Syria's Chemica	Hannah Burke

2/27/2018	Rob's Fireside Chats	6:00:00 PM	30 Minutes	None	None	Today in History; Parking Garage; Guns	Rob Delany
2/27/2018	Binghamton Review Live	6:30:00 PM	30 Minutes	None	None	New Trump 2020 campaign advisor, "Frie	Patrick McAuliffe
2/28/2018	Far Future	4:30:00 PM	30 Minutes	Jeremy Rubino	None	Media Entertainment in the future	Sidney Slon
2/28/2018	The Current	5:00:00 PM	30 Minutes	Luke Lusick	None	Me too, types of government, guns	Carolyn Singer
2/28/2018	The Evening Review	5:30:00 PM	30 Minutes	Helena Ojarovsky	None	White House Communications Director an	Hannah Burke
2/28/2018	Saved By The Culture	6:00:00 PM	30 Minutes	None	None	Microaggressions and their impact.	Tykeem Banini
3/1/2018	Weekly Wellness Update	4:00:00 PM	30 Minutes	Yitzog Maurer, Hannako	None	Teen Dating Violence Awareness Month -	Gabe Osterhout
3/1/2018	Take A Left Up Ahead	4:30:00 PM	30 Minutes	Kojo Senoo	None	Union strikes in the UK, Germany, Hong	Nick Terepka
3/1/2018	Femme Talk	6:30:00 PM	30 Minutes	None	None	Problematic favorites in media, discussion	Erica Prush
3/5/2018	The Evening Review	5:30:00 PM	70 Minutes	Jacky Qin	None	-Republicans 'extremely worried' by Trum	Hannah Burke
3/6/2018	The Evening Review	5:30:00 PM	30 Minutes	Jacky Qin	None	-Former Trump aide Sam Nunberg said at	Hannah Burke
3/7/2018	The Evening Review	5:30:00 PM	1 Hour	Jacky Qin, Ezra Beede	None	-Another snowstorm hits Northeast US, th	Hannah Burke
3/8/2018	Weekly Wellness Update	4:00:00 PM	30 Minutes	Charity Corman - Health	None	REACH Peer Internship, Safer Sex Suppli	Gabe Osterhout
3/8/2018	The Evening Review	5:30:00 PM	30 Minutes	Jacky Qin	None	-International Women's Day 2018-New Yc	Hannah Burke
3/9/2018	The Evening Review	5:30:00 PM	30 Minutes	Jacky Qin	None	-President Trump plans to meet Kim Jong	Hannah Burke
3/12/2018	Religious panel	4:00:00 PM	30 Minutes	Dave Mayner, Mahmoud	None	Birth	Robert Polin
3/12/2018	Culture Vultures	4:30:00 PM	30 Minutes	N/A	None	Review of Oscar winners, breakdown of n	Jake Zall
3/12/2018	HOT CAKES	5:00:00 PM	30 Minutes	Rachel Levy	None	We talked about weird food laws and the	Mika Itkin-Weinstein
3/12/2018	The Evening Review	5:30:00 PM	30 Minutes	Helena Ojarovsky	None	-Five people were killed when a helicopter	Hannah Burke
3/12/2018	DRAMA QUEEN	6:00:00 PM	30 Minutes	Gigi Lish, Lauren Gutier	None	Analysis of "Into the Woods" and discussi	Rachel Levy
3/12/2018	Animal House	6:30:00 PM	30 Minutes	None	None	Discussion of morality of sea world	Daniel Wood
3/13/2018	The crisis of the modern world	4:00:00 PM	30 Minutes	None	None	An overview of the medieval world and the	Bill Wierman
3/13/2018	Thank You	5:00:00 PM	30 Minutes	N/A	None	Broadcom, trains, brains	Thomas Nguyen
3/13/2018	The Evening Review	5:30:00 PM	30 Minutes	Jacky Qin, Sid Slon	None	-Donald Trump has fired Secretary of Stat	Hannah Burke
3/14/2018	Sports Scoop	4:00:00 PM	30 Minutes	Chapin Ginsberg	None	NFL, NBA, NCAA, NHL	Andrew O'Kula
3/14/2018	Far Future	4:30:00 PM	30 Minutes	none	None	Cybernetic enhancements and definition c	Sidney Slon & Brendan Marry
3/14/2018	The Current	5:00:00 PM	30 Minutes	None	None	May vs. Putin showdown. Trump's cabine	Carolyn Singer
3/14/2018	The Evening Review	5:30:00 PM	30 Minutes	Helena Ojarovsky	None	-Stephen Hawking died :(-National School	Hannah Burke
3/14/2018	Saved By The Culture	6:00:00 PM	30 Minutes	none	None	We spoke about cultural appropriation in f	Tykeem Banini
3/15/2018	Weekly Wellness Update	4:00:00 PM	30 Minutes	Alexa Schmidt	None	University Health Fair	Gabe Osterhout
3/15/2018	Take a Left Up Ahead	4:30:00 PM	30 Minutes	None	None	The need for antifascist organizing and a	Nick Terepka
3/15/2018	La Voz	5:00:00 PM	30 Minutes	Jahmal Ojeda, Yazmeer	None	On this show, we discussed the Parkland	Natalie Muñoz
3/15/2018	On the Record	6:00:00 PM	30 Minutes	None	None	Black artistry as featured in Prism	Jillian Forstadt
3/15/2018	Femme Talk	6:30:00 PM	30 Minutes	Alina Bernstein	None	feminism in dating	Alena
3/16/2018	Sports Report	4:00:00 PM	30 Minutes	n/a	None	college basketball, NFL, NBA	Bryan Levine
3/16/2018	Culture	5:00:00 PM	30 Minutes	Hayden Brown	None	Video Game Movies (Mortal Kombat, Doo	James Tlsty
3/16/2018	The Evening Review	5:30:00 PM	30 Minutes	no	None	-The US Department of Defense said that	Hannah Burke
3/16/2018	SoundSpeak	6:00:00 PM	30 Minutes	Nur-al-din Harpur	None	Discussion of recent album releases: Agai	Hayden Brown
3/19/2018	Religious panel	4:00:00 PM	30 Minutes	Dave Mayner, Mahmoud	None	Death and preparation for it	Robert Polin
3/19/2018	Culture Vultures	4:30:00 PM	30 Minutes	N/A	None	Breakdown and discussion of trailers for A	Jake Zall
3/19/2018	Hot Cakes	5:00:00 PM	30 Minutes	Rachel Levy	None	Vending Machine March Madness, Letters	Mika Itkin-Weinstein
3/19/2018	DRAMA QUEEN	6:00:00 PM	30 Minutes	Gigi Lish, Lauren Gutier	None	Compared "Beauty and the Beast" from 1!	Rachel Levy

3/20/2018	The crisis of the modern world	4:15:00 PM	15 minutes	None	None	The end of the modern world and the begi Bill Wierman
3/20/2018	Liberty Radio	4:30:00 PM	30 Minutes	N/A	None	Maryland shooting, Cambridge Analytica, Sam Sarsalari
3/20/2018	Thank You, Science	5:00:00 PM	30 Minutes	N/A	None	Science misconception Thomas Nguyen
3/20/2018	The Evening Review	5:30:00 PM	30 Minutes	Helena Ojarovsky, Sid S	None	-Bermuda police confirmed that they have Hannah Burke
3/20/2018	The Evening Review	5:30:00 PM	30 Minutes	Jacky Qin	None	-Happy spring equinox-Maryland high sch Hannah Burke
3/20/2018	Rob's fireside chats	6:00:00 PM	30 Minutes	None	None	Today in history, civic duty Rob Delany
3/20/2018	Binghamton Review Live	6:30:00 PM	30 Minutes	None	None	School walkouts for gun violence, Italian e Patrick McAuliffe
3/21/2018	Far Future	4:30:00 PM	30 Minutes	None	None	Diseases and what their role may play in t Sidney Slon
3/21/2018	The Current	5:00:00 PM	30 Minutes	None	None	Cambridge Analytica, Party Politics Carolyn Singer
3/21/2018	The Evening Review	5:30:00 PM	30 Minutes	Helena Ojarovsky	None	-Police say Austin bombing suspect Mark Hannah Burke
3/22/2018	Weekly Wellness Update	4:00:00 PM	30 Minutes	Erin Monroe	None	AOD Office, Campus/Community Coalitior Gabe Osterhout
3/22/2018	The Evening Review	5:30:00 PM	30 Minutes	Jacky Qin	None	-World Water Day 2018-Nor'easter-Syria t Hannah Burke
3/22/2018	Femme Talk	6:30:00 PM	30 Minutes	None	None	Body image, beauty standards, media rep Erica Prush
3/26/2018	Religious pannel	4:00:00 PM	30 Minutes	Dave Mayner, Mahmouc	None	Spring Holidays Robert Polin
3/26/2018	Hot Cakes	5:00:00 PM	30 Minutes	Rachel Levy and Hayde	None	Mac and Cheese Fest and Cannabalism Jake Murray
3/26/2018	The Evening Review	5:30:00 PM	30 Minutes	Helena Ojarovsky	None	-March of Our Lives was on Saturday-Offi Hannah Burke
3/26/2018	DRAMA QUEEN	6:00:00 PM	30 Minutes	Christine McCune, Madc	None	Analysis of the themes and lyrics in "Pippi Rachel Levy
3/26/2018	Animal House	6:30:00 PM	30 Minutes	None	None	Snakes in pop culture, Taylor swift, centra Daniel Wood
3/27/2018	Liberty Radio	4:30:00 PM	30 Minutes	N/A	None	Then and now media headlines and cover Sam Sarsalari
3/27/2018	Thank You Science	5:00:00 PM	30 Minutes	NA	None	glia, organs, James Webb Space Telesco Thomas Nguyen
3/27/2018	The Evening Review	5:30:00 PM	30 Minutes	Jacky Qin	None	-Census 2020: US adds controversial citiz Hannah Burke
3/27/2018	Rob's fireside chats	6:00:00 PM	30 Minutes	None	None	Today in History Rob Delany
3/27/2018	Binghamton Review Live	6:30:00 PM	30 Minutes	None	None	Right vs. left libertarianism Patrick McAuliffe
3/28/2018	The Evening Review	5:30:00 PM	30 Minutes	Helena Ojarovsky, Andri	None	-Trump wants to go after Amazon for tax Hannah Burke
3/29/2018	Weekly Wellness Update	4:00:00 PM	30 Minutes	Isabella Quiambao, Cha	None	Spring Break Safety (alcohol, sun, self-cai Gabe Osterhout
3/29/2018	Take a Left Up Ahead	4:30:00 PM	30 Minutes	None	None	Spoke about the Turkish invasion of Rojav Nick Terepka
3/29/2018	Far Future	4:30:00 PM	30 Minutes	None	None	Evolution and speciation in the future and Sidney Slon
3/29/2018	The Evening Review	5:30:00 PM	30 Minutes	Erica Prush, Jacky Qin	None	-EPA prepares to roll back rules requiring Hannah Burke

Date of Show	Show Title	Time of show start	Length of program	Guests (If any, full name)	Callers (if yes, how many)	BRIEF description of topics/issues discussed	Submitted by:
4/2/2018	The Evening Review	5:30:00 PM	53 min	Jacky Qin	no	Trump, China tariffs, teachers strike, Boko Haram	Hannah Burke
4/3/2018	The Evening Review	4:30:00 PM	30 min	Jacky Qin	no	Trump, Alex van der Zwaan, Alex Jones, FBI	Hannah Burke
4/4/2018	The Evening Review	5:30:00 PM	1 hour	Jacky Qin	no	shooting at YouTube HQ, Trump, Facebook	Hannah Burke
4/5/2018	The Evening Review	5:30:00 PM	1 hour	Jacky Qin	no	Trump and immigration, Stormy Daniels, FBI	Hannah Burke
4/6/2018	The Evening Review	5:30:00 PM	30 min	Jacky Qin	no	US sanctions on Russian oligarchs, John McCain	Hannah Burke
4/9/2018	The Evening Review	5:30:00 PM	30 min	Jacky Qin, Helena Ojars	no	Syrian bombs, RBI raids Michael Cohen, FBI	Hannah Burke
4/9/2018	Animal House	6:30:00 PM	30 min	Cate Cole	None	Piranhas, Binghamton zoo	Daniel Wood
4/9/2018	DRAMA QUEEN	6:30:00 PM	30 minutes	Gigi Lish	No	Discussion of misogyny in Kiss Me, Kate	Rachel Levy
4/10/2018	The Crisis of the Modern World	4:00:00 PM	30 minutes	none	none	Commenting on the social chaos represented	Bill Wierman
4/10/2018	Religious Panel	4:00:00 PM	30 minutes	Dave Mayner, Jonathon	no	Movies and religious values	Robert Polin
4/10/2018	Liberty Radio	4:30:00 PM	30 minutes	None	None	Stormy Daniels, Russia, Media then and now	Sam Sarsalari
4/10/2018	Thank You, Science	5:00:00 PM	30 mins	N/A	N/A	Magnetic field sensing in birds, biohacking	Anthony Muratore
4/10/2018	The Evening Review	5:30:00 PM	30 min	Jacky Qin	no	National siblings day, Michael Cohen, Sur	Hannah Burke
4/10/2018	Binghamton Review Live	6:30:00 PM	Half hour	None	None	Oklahoma teachers' strike, Syrian conflict	Patrick McAuliffe
4/11/2018	Sports Scoop	4:00:00 PM	30 mins	Chapin Ginsberg, Hayd	None	NBA, NHL, and MLB news and storylines	Andrew OKula
4/11/2018	Far Future	4:30:00 PM	30 mins	Hayden Brown	None	Futuristic medical technology	Sidney Slon
4/11/2018	The Evening Review	5:30:00 PM	30 min	Helena Ojarovsky	no	world Parkinson's day, Algerian plane crash	Hannah Burke
4/11/2018	Saved by the Culture	6:00:00 PM	30 minutes	None	None	We spoke about the trans-racial identity at	Tykeem Banini
4/12/2018	Weekly Wellness Update	4:00:00 PM	30 minutes	Jennifer Wegmann and	None	Eating Awareness Committee, Body Project	Gabe Osterhout
4/12/2018	The Evening Review	5:30:00 PM	30 min	Jacky Qin, Erica Prush	no	Holocaust Remembrance Day, Paul Ryan	Hannah Burke
4/12/2018	On the Record	6:00:00 PM	30 minutes	Kevin Paredes	None	Discussion of free speech forum on campus	Jillian Forstadt
4/12/2018	femmetalk	6:30:00 PM	30 mins	na	na	capitalism and feminism, commercialism	Sharon
4/13/2018	Sports Report	4:00:00 PM	30 minutes	no	no	NBA playoffs	Benjamin Dolowich
4/13/2018	The Evening Review	5:30:00 PM	30 min	Jacky Qin, Anshul Ding	no	Michael Cohen raid, Trump, Comey's boot	Hannah Burke
4/16/2018	Religious panel	4:00:00 PM	30 minutes	Dave Mayner, Mahmoud	No	dealing with grief and loss	Robert Polin
4/16/2018	DRAMA QUEEN	5:30:00 PM	1 hour	Gigi Lish	No	The musicals RENT and tick...tick...BOOM	Rachel Levy
4/16/2018	Animal House	6:30:00 PM	30 minutes	None	None	Birds imprinting, Lord of the rings eagles	Daniel Wood
4/17/2018	The Crisis of the Modern World	4:00:00 PM	30 minutes	none	none	Materialism defined and how it shapes the	Bill Wierman
4/17/2018	Liberty Radio	4:30:00 PM	30 minutes	None	None	Syria, Comey, Pulitzers, Media angles	Sam Sarsalari
4/17/2018	Thank You, Science	5:00:00 PM	30 minutes	na	na	urban wildlife, nature	Thomas Nguyen
4/17/2018	The Evening Review	5:30:00 PM	30 minutes	Jacky Qin	no	student stabbing at Binghamton university	Hannah Burke
4/17/2018	Binghamton Review Live	6:30:00 PM	30 minutes	None	None	Syrian conflict predictions, Binghamton Re	Patrick McAuliffe
4/18/2018	Sports Scoop	4:00:00 PM	30 minutes	Chapin	NA	NHL and NBA playoff discussion and early	Shivam Patel
4/18/2018	Far Future	4:30:00 PM	30 minutes	None	None	Non intelligent robots	Sidney Slon
4/18/2018	The Current	5:00:00 PM	30 minutes	None	None	Michael Cohen, Syria, Russia, Comey, Ja	Carolyn Singer
4/18/2018	The Evening Review	5:30:00 PM	30 minutes	Helena Ojarovsky	no	Mike Pompeo meeting with Kim Jong Un,	Hannah Burke
4/18/2018	Saved By the Culture	6:00:00 PM	30 minutes	none	none	We spoke on interracial dating and if it sho	Tykeem Banini
4/19/2018	Weekly Wellness Update	4:00:00 PM	30 minutes	Dara Raboy, Yitzhak M	0	Sexual Assault Awareness Month program	Gabe Osterhout
4/19/2018	Take a Left Up Ahead	4:30:00 PM	30 minutes	None	None	Origins of criminal justice, why its main fo	Nicholas Terepka
4/19/2018	The Evening Review	5:30:00 PM	30 minutes	Jacky Qin	no	Cuomo grants voting rights to parolees, S	Hannah Burke
4/19/2018	FemmeTalk	6:30:00 PM	30 minutes	None	None	Sexual assault on college campuses, don't	Erica Prush
4/20/2018	Sports Report	4:00:00 PM	30 minutes	N/A	N/A	NBA Playoffs	Ben Dolowich
4/20/2018	Culture Shock	5:00:00 PM	30 minutes	n/a	n/a	Kanye, Xbox/PS4/Switch, Sequels	James Tlsty
4/20/2018	The Evening Review	5:30:00 PM	30 minutes	Helena Ojarovsky, Ansh	no	19th anniversary of Columbine, Trump crit	Hannah Burke

4/23/2018	The Evening Review	5:30:00 PM	30 minutes	Helena Ojarovsky	no	national book day, man drives van into cr	Hannah Burke
4/23/2018	DRAMA QUEEN	6:00:00 PM	30 minutes	Gigi Lish, Maddie Oliver	No	Discussion of the themes in Fun Home, th	Rachel Levy
4/23/2018	Animal House	6:30:00 PM	30 minutes	None	None	Komodo dragons, reptilian humanoids	Daniel Wood
4/24/2018	The Current	4:30:00 PM	30 minutes	None	None	News: Kanye and Democracy	Carolyn Singer
4/24/2018	Thank you, Science	5:00:00 PM	30 minutes	Kayden Stockwell	N/A	Video games, Autism, Drugs	Anthony Muratore
4/24/2018	The Evening Review	5:30:00 PM	30 minutes	Jacky Qin	no	US and Iran nuclear program, van drives	Hannah Burke
4/24/2018	Rob's Fireside Chats	6:00:00 PM	15 minutes	none (engr'd solely by E	none	Today and history	Dylan Lainhart
4/24/2018	Binghamton Review Live	6:30:00 PM	30 minutes	None	None	Pulling out of the Iran deal, Gorsuch's imr	Patrick McAuliffe
4/25/2018	Sports Scoop	4:00:00 PM	30 minutes	Moses	NA	Discussing the Champions League, NFL C	Shivam Patel
4/25/2018	Far Future	4:30:00 PM	30 minutes	None	None	Space war and earthworms	Sidney slon
4/25/2018	Liberty Radio	5:00:00 PM	30 minutes	N/A		1 Next NASA administrator, Kanye, Joy Rei	Sam Sarsalari
4/25/2018	The Evening Review	5:30:00 PM	30 minutes	Helena Ojarovsky	no	DACA, Emmanuel Macron visits US, Stev	Hannah Burke
4/25/2018	Saved By the Culture	6:00:00 PM	30 minutes	Krystal Suazo	none	We spoke on women in hip-hop and how	Tykeem Banini
4/26/2018	Weekly Wellness Update	4:00:00 PM	30 minutes	Jennifer Keegan	None	Stress-Free Spring, #studybing	Gabe Osterhout
4/26/2018	Take a Left Up Ahead	4:30:00 PM	30 minutes	None	None	Transformative justice in Rojava, Syria	Nick Terepka
4/26/2018	Liberty Radio	5:00:00 PM	30 minutes	N/A		1 Next NASA administrator, Kanye, Joy Rei	Sam Sarsalari
4/26/2018	The Evening Review	5:30:00 PM	30 minutes	Jacky Qin	NO	Bill Cosby convicted, Scott Pruitt, Angela	Hannah Burke
4/27/2018	Sports Report	4:00:00 PM	30 minutes	N/A	N/A	NFL Draft/NBA Playoffs	Ben Dolowich
4/27/2018	Culture Shock	5:00:00 PM	30 minutes	Colin Williams	None	Video Games, Cartoons	James Tlsty
4/27/2018	The Evening Review	5:30:00 PM	30 minutes	Anshul Dinger	no	House Intelligence Committee, Paul Mana	Hannah Burke
4/30/2018	Religious Panel	4:00:00 PM	30 minutes	Dave Mayner, Mahmoud	none	Ecological side of religion	Robert Polin
4/30/2018	DRAMA QUEEN	6:00:00 PM	30 minutes	Gigi Lish, Lauren Gutier	None	Comparison of Legally Blonde: The Music	Rachel Levy
4/30/2018	Animal House	6:30:00 PM	30 minutes	None	None	Loch Ness monster, origins of moth man	Daniel Wood
5/1/2018	Thank You, Science	5:00:00 PM	30 minutes	N/A	N/A	comets, fish sounds, data privacy	Thomas Nguyen
5/1/2018	The Evening Review	5:30:00 PM	30 minutes	None	None	state of California sues Trump, Bill Cosby	Hannah Burke
5/1/2018	Binghamton Review Live	6:30:00 PM	30 minutes	None	None	Trump's Nobel Prize potential, Scott Pruitt	Patrick McAuliffe
5/2/2018	Sports Scoop	4:00:00 PM	30 minutes	NA	NA	Aftermath of NFL draft, NBA and NHL Sec	Shivam Patel
5/2/2018	The Evening Review	5:30:00 PM	30 minutes	Helena Ojarovsky	None	Ty Cobb, Savannah plane crash, Cambrid	Hannah Burke
5/3/2018	The Evening Review	5:30:00 PM	30 minutes	Jacky Qin	None	military cargo plane crash, E. coli outbreak	Hannah Burke
5/3/2018	FemmeTalk	6:30:00 PM	30 minutes	None	None	activism and self care	sharon
5/7/2018	DRAMA QUEEN	5:30:00 PM	1 hour	Gigi Lish, Maddie Oliver	None	Comparison of "The Wizard of Oz", "The W	Rachel Levy
5/8/2018	Binghamton Review Live	6:30:00 PM	30 minutes	None	None	Hillary Clinton blame game for 2016, cons	Patrick McAuliffe

Date of Show	Show Title	Time of show	Length of prog	Guests (if any)	Callers (if yes)	BRIEF description of topics/issues discussed	Submitted by
9/17/2018	Hot Cakes	4:00.00 PM	30 minutes	:Boaz Dolny-Li	:None	:Living off-campus and how that affects your food life and hot takes on food in general	:Jake Murray
9/17/2018	News	5:30.00 PM	30 minutes	:Ezra Beede	:None	:Hurricane Florence, Kavanaugh, JEGEMAFIA	:Julia Carmel
9/18/2018	Broadcasting V	6:00.00 PM	30 minutes	:None	:None	:What is world literature, the structure of the show, a reading by Gloria Anzaldua	:Daimys Garcia
9/18/2018	News	5:30.00 PM	30 minutes	:Kortney Coburn	:None	:Kavanaugh, Trump, Emmys	:Julia Carmel
9/19/2018	Spectres and S	5:00.00 PM	30 minutes	:None	:None	:CCPA Protest and National Prison Strike/Broome County Jails	:Kujo Senoo
9/19/2018	News	5:30.00 PM	30 minutes	:Kortney	:None	:Kavanaugh, Trump, Maroon 5 Super Bowl	:Julia Carmel
9/20/2018	Femme Talk	6:30.00 PM	30 minutes	:None	:None	:FEMINISM AND ITS INTERSECTIONS	:Alena Rodriguez
9/20/2018	The Love Hour	5:00.00 PM	30 minutes	:None	:None	:Relationship and love advice	:Sidney Sion
9/20/2018	On the Record	6:00.00 PM	30 minutes	:None	:None	:Kevin Flesch interview about men's soccer	:Jillian Forstadd
9/20/2018	Tearing Us Ap	4:30.00 AM	30 minutes	:None	:None	:Talked about the movie The Room and described parts of its plot and our reactions to it.	:Amber Cherichetti
9/20/2018	News	5:30.00 PM	30 minutes	:Andie Chapman	:None	:Maryland shooting, Kavanaugh, Landslide in Philippines	:Julia Carmel
9/21/2018	Saved By The	4:00.00 PM	30 minutes	:Aminata Jallet	:None	:We discussed our position on black's women's representation in media	:Tykeem Banini
9/21/2018	Streetwear Gui	4:30.00 PM	30 minutes	:Joel Velasco	:None	:We interviewed a student community member and spoke streetwear fashion	:Tykeem Banini
9/21/2018	Soundspeak	5:00.00 PM	30 minutes	:None	:None	:Discussed recent music releases	:James Tlsty
9/21/2018	News	5:30.00 PM	30 minutes	:Jason and Kofi	:None	:Rod Rosenstein, Kavanaugh, Brexit	:Julia Carmel
9/24/2018	Hot Cakes	4:00.00 PM	30 minutes	:None	:None	:Discussed deal breakers having to do with food	:Jake Murray
9/24/2018	Beyond the Lab	6:00.00 PM	30 minutes	:None	:None	:Host introduction and science news	:Thom Nguyen
9/24/2018	La Voz	5:00.00 PM	30 minutes	:Danahy Colon	:None	:The topics/issues discussed in today's topic addressed the confusion around Colin Kaepernick's protest and its relation to the Nike ad campaign. Followed by this was a discussion on authorities such as office guy who killed Mr. Jean in his home when she w	:Joann Rios
9/24/2018	Weekly Wellne	4:30.00 PM	30 minutes	:Divine Sebatud	:None	:M-HOPE and Suicide Awareness Month	:Gabe Osterhout
9/24/2018	Weekly Wellne	4:30.00 PM	30 minutes	:Jessica Cohen	:None	:Suicide prevention month, mental health resources and programs on campus, promoting flu shots and safer sex kits	:Jessica Cohen
9/24/2018	News	5:30.00 PM	30 minutes	:Jacky Qin, Jas	:None	:Kavanaugh, Bill Cosby, Rihanna	:Julia Carmel
9/25/2018	Blast from the	4:00.00 PM	30 minutes	:None	:None	:Jeremy and Ezra talked about alternate historical topics, in particular if the Roman Empire never fell. We talked about the possible politics, religion, technology, and culture of a 2018 Roman Empire.	:Jeremy Rubino
9/25/2018	Broadcasting V	6:00.00 PM	30 minutes	:Corinne Black	:None	:Corinne talked about her experience teaching world literature. Read an excerpt from Neil Gaiman's American Gods	:Daimys Garcia
9/25/2018	The Freshman	6:30.00 PM	30 minutes	:None	:None	:Calling vs. texting, Is Country music terrible? If a tree falls in the woods...Do pickup lines work?	:Andrew Weiss
9/25/2018	Freshman 15	6:30.00 PM	30 minutes	:None	:None	:Calling vs. Texting, Girls snapchat, Country music, alternative rock music	:Frank Porcasi and Andrew Weiss
9/25/2018	Sports Scoop	5:00.00 PM	30 minutes	:None	:None	:Football Week 4 summary, outlook of the MLB playoffs, preseason NHL and NBA	:Shivam Patel
9/25/2018	Amplify Bing	4:30.00 PM	30 minutes	:None	:None	:Introduction of our organization, what we do, our plans for the future and a discussion of music events the past week	:Jake Zall
9/25/2018	News	5:30.00 PM	30 minutes	:Jacky Qin, Jas	:None	:UN general assembly, Kavanaugh, Lil Xan	:Julia Carmel
9/26/2018	Spectres and S	5:00.00 PM	30 minutes	:None	:None	:Discussing police brutality incident in Endicott and the mayor/police and community response; then discussing Bill Cosby's sentencing and a broader discussion about the #MeToo movement and #TimesUp	:Sarah Molano
9/26/2018	Health and Ret	4:00.00 PM	30 minutes	:None	:None	:New health and research articles over the past week since last wednesday	:Mohammed Shah
9/26/2018	Spectres & Sp	5:00.00 PM	30 minutes	:None	:None	:Bill Cosby sentencing, #MeToo, Sexual assault prevention, and Police Brutality in Endicott	:Kujo Senoo
9/26/2018	Culture Vulture	4:30.00 AM	30 minutes	:None	:None	:Overview of summer movies and a run through of recent movie/tv show news	:Jake Zall
9/26/2018	News	5:30.00 PM	30 minutes	:Jason Russo	:None	:Trump at UN, Kavanaugh	:Julia Carmel
9/26/2018	Binghamton Re	6:00.00 PM	30 minutes	:None	:None	:Kavanaugh Supreme Court nomination details up to that point, and the embrace of far-left economics by Britain's Labour Party	:Patrick McAuliffe
9/27/2018	Tall Girl Talk	4:00.00 PM	30 minutes	:None	:None	:Discussed the film "Dallas Buyers Club"	:Isabel Dietrich
9/27/2018	Pipe Dream	6:00.00 PM	30 minutes	:None	:None	:Interview with basketball player JC Show	:Jillian Forstadd
9/27/2018	FemmeTalk	6:30.00 PM	30 minutes	:None	:None	:Gender and sex as social constructs	:Sharon Elkouby
9/27/2018	Tearing Us Ap	4:30.00 PM	30 minutes	:None	:None	:Talked about the movie Airplane! and it's plot and our reactions to it.	:Amber Cherichetti
9/27/2018	Love Hour	5:00.00 PM	30 minutes	:Ezra Beede, D	:None	:Love advice	:Sidney Sion
9/27/2018	News	5:30.00 PM	30 minutes	:Jason Russo, C	:None	:Kavanaugh testimonies, EPA	:Julia Carmel
9/28/2018	Soundspeak	5:00.00 PM	30 minutes	:Sam Whalen	:None	:Noname, Guerilla Toss	:James Tlsty
9/28/2018	Sports Report	6:30.00 PM	30 minutes	:None	:None	:NFL	:Ben Dolawich and Bryan Levine
9/28/2018	News	5:30.00 PM	30 minutes	:Hannah Burke	:None	:Kavanaugh, #WhyDidntReport	:Helena Ojarovsky
9/28/2018	Saved By The	4:00.00 PM	30 minutes	:None	:None	:We spoke on Hip-Hop and whether or not it negatively portrays black people.	:Tykeem Banini
9/28/2018	Streetwear Gui	4:30.00 PM	30 minutes	:None	:None	:We spoke on sneaker news as well as dos ad don'ts of college fashion.	:Tykeem Banini

Date of Show	Show Title	Time of Show Start	Length of Program	Guests (if any, full name)	Callers (if yes, how many)	Brief Description of topics/issues discussed
5/29/2020	let him in!	12:15:00 PM	1.5 hours	Rosalie Coschignano, Jonathan Hendler	None	we discussed the 1997 miniseries. we discussed fun facts, its plot, and more.
6/7/2020	LOTR Talk	5:00:00 PM	30 minutes	Rosalie Coschignano, Jonathan Hendler	None	we discussed the works of J.R.R. Tolkien, the film adaptations of the Lord of the Rings.
6/7/2020	Too many Cooks	6:00:00 PM	1 hour	David Grindberg, Rosalie Coschignano	None	We discussed the food of various cultures and the history behind them, also we
6/14/2020	Egg Time	5:00:00 PM	45 minutes	David Grindberg, Rosalie Coschignano	None	A conversation about Eggs. Best ways to cook them
6/14/2020	lore of the Rings	6:30:00 PM	1 hour	Jonathan Hendler, Rosalie Coschignano	None	we discussed the lore and history of J.R.R. Tolkien's works. We also discussed other
6/22/2020	lore of the Rings	7:45:00 PM	45 minutes	Jonathan Hendler	None	We discussed the history of constructed languages, and their role in the Lord of the
6/22/2020	Quaran-talk	8:30:00 PM	1 hour	Jonathan Hendler	None	We discussed the coronavirus quarantine, our experiences, and how we've been
6/26/2020	lore of the Rings	2:50:00 PM	35 minutes	Jonathan Hendler, Rosalie Coschignano	None	we analyzed the literary works of J.R.R. Tolkien. Specifically we went in depth
6/26/2020	Too Many Cooks	3:45:00 PM	30 minutes	Jonathan Hendler, Rosalie Coschignano	1	we discussed ramen and udon. we went into detail about how they can be prepared.
6/26/2020	Quarantalk	4:30:00 PM	30 minutes	Jonathan Hendler, Rosalie Coschignano	1	We discussed our personal experiences with quarantining during the Coronavirus
6/27/2020	A trip to the Movies	12:20:00 PM	20 minutes	Rosalie Coschignano	None	We discussed film scoring techniques, as well as music in general. We explained
6/27/2020	Enter the Mainframe	12:40:00 PM	30 minutes	Rosalie Coschignano	None	we discussed the history of motion Controls & virtual reality in entertainment

Date of Show	Show Title	Time of show start	Length of program	Guests (if any, full name)	Callers (if yes, how)	Brief description of topics/issues discussed
9/23/2020	Random Jason and Ally Show!	3:00:00 PM	30 minutes	Ally Honors	None	Discussion about popular culture including love island, lady gaga 911 video, taylor swift
9/23/2020	random show #2	3:30:00 PM	30 minutes	Ally Honors	None	emmys): zendaya winning emmy, other emmy winners, new music, rolling stone top 500 albums of all time
9/24/2020	Trees and Things	6:00:00 PM	30 minutes	None	None	Nature preserve biodiversity and various species that can be found on the Binghamton University Campus
9/24/2020	Beat Making 101	6:30:00 PM	30 minutes	None	None	Discussing best methods for making a simple trap beat, and making a beat live on air
9/25/2020	Fun Things	4:00:00 PM	30 minutes	None	None	Being a senior in college during a global pandemic
9/25/2020	Universal	4:30:00 PM	30 minutes	None	None	A discussion about differing philisophical opinions on Human existence and conscience
9/27/2020	Movie Magic	5:30:00 PM	30 minutes	Julia Horowitz	None	Movie reviews of Bee Movie, Midsommar and Hereditary
9/28/2020	Conversations with God Part 1	4:30:00 PM	30 minutes	Pastor David Campbell	None	Depression, discouragement - part 1
9/28/2020	Conversations with God part 2	5:00:00 PM	30 minutes	Pastor David Campbell	None	Depression and discouragement part 2
9/28/2020	BU News	5:30:00 PM	30 minutes	None	None	introductions, Covid updates, voter registration, virtual involvement
9/29/2020	Interfaith Radio Panel	5:30:00 PM	30 minutes	None	None	A conversation about Repentance, and how different religions view sin
9/29/2020	Health & Wellness	4:04:00 PM	30 min	None	None	We started with an Introduction for the show, a brief overview of some future topics that will be discussed on the show, and a discussion about COVID-19.
9/30/2020	Unplugged	5:00:00 PM	30 minutes	None	None	Discussion about the Rolling Stones top 500 albums of 2020 as well as the show host's general opinions about music

