

WCRH Quarterly Issues

January 1, 2024 to March 31, 2024

Title	Date	Time	Duration	Issue	How Addressed
The Conversation You're Avoiding	1/1/2024	6:30 PM	24:30	Spirituality	Author Justin Brierley-- who knows whether a person believes in God or holds atheist beliefs, there's a need for open conversation.
How To Take Your Family Through a Digital Fast	1/2/2024	12:30 PM	28:30	Digital Media	If your children are obsessed with digital media 24/7, it's time to take a break. A simple plan for creating healthy boundaries and alternatives for your family, which will inspire creativity, learning, and less stress for everyone!
Special Needs and the Imago Dei: Encouragement for Parents	1/9/2024	12:30 PM	28:30	Parenting Special Needs	Raising a child with special needs can be one of the most joyous and heart-breaking experiences for moms and dads! Two moms describe how they've learned to trust God's plan and leading for their special children.
Breaking Bad Habits in Your Life-I	1/10/2024	12:30 PM	28:30	Social-Breaking Bad Habits	Change is hard! Because we'd all like to think that we're "better than average." But deep inside, we know there's room for improvement. Debra Fileta explains how asking the Lord and others for feedback can reveal growth areas in your life.
The Elephants in the Room	1/10/2024	6:30 PM	24:30	Relationship	Ever wonder if your habits could be putting a damper on your marriage? Authors Kevin and Marcia Myers believe confronting those big issues can bring a fresh spark to your relationship. Whether it's financial concerns, deciding on having more kids, or other biggies, tackling these 'elephants' can breathe new life into your connection. And they'll show you how.
Breaking Bad Habits in Your Life-II	1/11/2024	12:30 PM	28:30	Social-Breaking Bad Habits	Negative thinking never does you any good. But how do you rewire your brain to be more positive? Counselor Debra Fileta describes how thinking intentionally, controlling your emotions, and healing childhood wounds can transform your life!
God's Very Good Idea	1/15/2024	6:30 PM	24:30	Parenting	Trillia Newball, author of several Christian children's books, shares some fantastic insights. She'll guide you on helping your little ones see the beauty in people from all walks of life, according to God's perspective. Let's dive into the world of diversity, unity, and the incredible message of the gospel.

Do I Need to Be a Jesus Expert?	1/16/2024	6:30 PM	24:30	Social	Ever fell unable to meet Christian life demands? Author Kevin DeYoung offers insight on how to run the Christian race, pursuing holiness and fighting for purity. Discover how Scripture offers good news: even in ordinary life, Christians can be faithful, fruitful, and pleasing to God.
Investing in Your Child for the Teen Years	1/17/2024	12:30 PM	28:30	Parenting Teens	Adolescence. The word strikes fear in many parents. But children can thrive in those often-turbulent years, with your support and guidance. A panel of parents will join Jim Daly to discuss preparing your children for the teen years and adulthood.
Abortion Survivors Share the Value of Pre-Born Lives- I & II	1/22-1/23/2024	12:30 PM	28:30	Social	For Sanctity of Human Life Week, two women who, against all odds, survived abortion attempts.
My Marriage Needs Help	1/24/2024	6:30 PM	24:30	Marriage	Feel like work is disconnecting you from your spouse? JD and Veronica Greear share 10 tips to feed healthy relationships and genuine community in your marriage.
Finding Hope for Lasting Relief from Depression- I & II	1/30-1/31/2024	12:30 PM	28:30	Mental Health	Millions of people are suffering in silence with depression, but there's hope and healing available. Dr. Gregory Jantz, a leading authority on mental health, offers encouragement for those overwhelmed with guilt and shame associated with depression.
Empowering Your Child's Career Dreams	2/2/2024	6:30 PM	24:30	Parenting	Jordan Raynor guides parents in demonstrating the sacredness of every aspect of life and work, encouraging a purposeful approach connected to God for their children.
How to Avoid Bad Influences on Your Marriage	2/5/2024	12:30 PM	28:30	Marriage	A loving relationship with your spouse is great, but you also need to avoid bad habits if you want your marriage to survive. Dave and Ashley Willis warn about living separate lives, keeping score, and not dealing with conflict.
Using Your Unique Personality to Share Your Faith- II	2/7/2024	12:30 PM	28:30	Spirituality	Dr. Mike Bechtle reviews differences between extroverts and introverts and why we need <u>both</u> to share the gospel. He encourages us to evangelize like Jesus-meeting people right where they are and praying for God's help to share His truth.
Leading Your Family as a Single Mom- I & II	2/8- 2/9/2024	12:30 PM	28:30	Single Parenting	As a single parent, you're doing the job of two people and giving your all for your children! Jim Daly explores some of the best decisions you can make as the solo leader of your family-things like choosing to thrive, creating a nurturing home, introducing your child to Jesus, and learning to respond to situations in healthy ways.
Friendship with the Friend of Sinners	2/12/2024	6:30 PM	24:30	Social	Jared & Becky Wilson talk about the question, Is Jesus a friend of sinners?

Believing God's Promises Despite Hard Circumstances	2/15/2024	12:30 PM	28:30	Spirituality	Sooner or later, life gets difficult. Then what do you do? Lisa Harper shares how the Lord brought her through a devastating set of circumstances, and how she discovered His blessings on the "other side of tragedy."
He Restores My Soul	2/15/2024	6:30 PM	24:30	Spirituality	David & Meg Robbins walk through the passage of Psalm 23 highlighting the intimate and caring relationship between God and His people.
Running on Fumes	2/16/2024	6:30 PM	24:30	Relationship	David & Meg Robbins provide practical advice for addressing strain in your relationship.
I Have an Eating Disorder	2/19/2024	6:30 PM	24:30	Eating Disorder	Could you or someone you know have an eating disorder? Campbell Brown shares her personal journey with anorexia and her mom, Rachel, shares how she learned to support her on the road to recovery.
I Think My Daughter Has an Eating Disorder	2/21/2024	6:30 PM	24:30	Eating Disorder	How can you create a safe place at home geared toward food and body image? Campbell Brown and therapist, Sissy Goff, share insight on addressing teenage eating disorders, body image concerns, and emotional well-being in kids.
When Lives Collide: Navigating Remarriage and Stepfamily- I & II	2/27- 2/28/2024	12:30 PM	28:30	Blended Family	Remarriage and stepfamily life is often fraught with more challenges than anyone can foresee! Examine how grief, changing roles, and ex-spouses can cause chaos- and how God can create a beautiful new family over time.
Help! I'm Addicted to My Phone	2/28/2024	6:30 PM	24:30	Addiction	Jay Kim reveals eye-opening ways our phones can create a prison for our souls and impact the life and future of the worldwide church.
Before You Ask Them Out	3/4/2024	6:30 PM	24:30	Dating	Got a date soon?... Shelby Abbott walks you through with tips on communication, the single life, and sex!
God's Amazing Grace in a Transgendered Person's Life- I & II	3/5- 3/6/2024	12:30 PM	28:30	Gender Confusion	Laura Perry Smalts shares about her journey of transitioning and identifying as a man before realizing it was all a lie. Learn how God changed her heart through loving Christians, as she fully embraced her female identity. Laura and Dr. Meg Meeker speak compassionately about gender confusion and offer hope.
Never Perfect: Finding More Joy, and Less Guilt, as a Mom	3/7/2024	12:30 PM	28:30	Motherhood	Do you ever worry about how your children will turn out? A mother of SIX, from an Alaskan fishing-family, shares how God helped her overcome "negative parenting" by embracing His purpose for her OWN life.
Identifying Triggers in Your Marriage- I & II	3/13- 3/14/2024	12:30 PM	28:30	Marriage	Amber and Guy Lia share about the tension-causing "triggers" in their marriage, and how they found true peace in their relationship.

The Resurrection Letters	3/19/2024	6:30 PM	24:30	Grief	Ever felt buried in grief? Andrew Peterson, the artist of "The Resurrection Letters" shares hope in the face of suffering or loss. Every lyric guides parents in understanding the purpose of grief, while also explaining to children the significance of Jesus' death and resurrection. Learn about his path through depression to resurrection.
Signs of Emotional Burnout in Relationships	3/22/2024	6:30 PM	24:30	Marriage	Ever feel like you're constantly running on empty, struggling to connect with your partner? Authors, Tim & Kathy Bush discuss the signs that a marriage needs recharging.
Building Strong Father-Son Relationships	3/28/2024	12:30 PM	28:30	Fatherhood	One big problem facing families today is disengaged dads! Jim Daly examines the vital role you as a godly father can play in shaping the life and faith of your sons. It begins by being authentic and transparent about your mistakes and your need for God's grace.
When Your Child is Doubting	3/28/2024	6:30 PM	24:30	Parenting	Surprised by your kids struggling with faith so early? Frustrated to see them drift away? Or could your child be doubting without you even knowing? Professor and author Jeremiah Johnston talks about the power of the wait. Listen for a sneak peek of Johnston's Bible Study Book "Body of Proof" to really grasp how the story of Jesus can extend the wisdom you need when the waiting wrings you out.