

### 4th Quarter, 2023--ISSUES/PROGRAMS LIST

There follows a listing of some of the significant issues responded to by Station **KFBZ-FM/HD1**, Wichita, along with the most significant programming treatment of those issues for the period **October-December, 2023**. The listing is by no means exhaustive. The order in which issues appear does not reflect any priority or significance.

Description of Issue	Program/Segment	Date	Time	Duration	Narration of Type & Description of Program/Segment
<b>MINORITY ISSUES</b>	Empower Wichita	10/1/2023	6:00am	15:00 min.	<p>Storytime Village, Inc. is a Kansas based children's literacy nonprofit organization. With the support of parents and the community they inspire underserved children to read by providing them with free books and literacy resources. They recognize that, for children, books open doors to opportunities, new worlds and experiences, and overall build their self-esteem. Their mission is to inspire a lifelong love of reading for underserved Kansas children from birth to age 8.</p> <p>Wed Nov 1st is their Read and Rise Breakfast Gala! For or more information on how to support please visit <a href="http://Storytimevillage.org">Storytimevillage.org</a></p>
<b>'35 PERCENT OF ALL FOOD ENDS UP IN THE TRASH': WHY IS FOOD WASTE STILL SO HIGH? / '2/3 OF STUDENTS ARE TESTING BELOW PROFICIENCY IN READING': WHY ARE LITERACY RATES SO LOW?</b>	Viewpoints	10/1/2023	6:15am	30:00 min.	<p>Synopsis: Each year, we throw away the equivalent of 130 billion meals. This wasted food could feed hundreds of millions of people and negatively impacts the environment both from its production and then the methane it releases once in a landfill. We cover the ongoing food waste crisis in America and hear from one tech platform that's helping to connect hungry people to food that would otherwise be tossed into a trash bin</p> <p>Part 2: Millions of kids are failing to meet reading comprehension standards. With so many young people falling through the cracks, we look at what's broken within the current curriculum and how new research on reading education can lead to some improvements. Education expert Natalie Wexler joins us to share important insights and what parents can also do at home to bolster these skills.</p>
<b>“OWN YOUR CHOICES”: GETTING HEALTHY WITHOUT MEDICATION/ HOW TO GET A STEP AHEAD OF YOUR FOOT HEALTH</b>	Radio Health Journal	10/1/2023	7:30am	30:00 min.	<p>Synopsis: Modern medicine has found incredible solutions for acute illnesses, but have we become too reliant on drugs to fix our problems? Integrative medicine approaches medical issues by treating the body as a whole instead of just cherry-picking symptoms. Our experts explain some of the lifestyle changes we can make to decrease our dependence on medication.</p> <p>Part 2: Synopsis: Even though the APMA estimates that three out of four people will develop serious foot pain, foot health is often neglected until it's too late. Plantar fasciitis is one of the most common causes of foot discomfort – and it's preventable in many cases. Dr. Marlene Reid, a podiatric surgeon, explains proper foot care and how to mitigate any pain flare-ups. Host: Nancy Benson. Producer: Kristen Farrah. Guests: Dr. Marlene Reid, Podiatric Surgeon, National Spokesperson, American Podiatric Medical Association</p>

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<b>MINORITY ISSUES</b>	Empower Wichita	10/8/2023	6:00am	15:00 min.	<p>Beauties and Beasts is a local nonprofit organization that is volunteer led and is 100% dependent on generous donations from individuals, corporations and foundations since 2014! Their mission is to change their world one rescue at a time! There are many ways to get involved. On their website have options to adopt, foster, volunteer and donate. On November 11th they have their 8th annual Beauties and Beasts Fur Ball Event at the Kansas star casino.</p>
<b>A FAMILY FOREVER CHANGED: RACHEL'S STRUGGLE WITH SCHIZOPHRENIA / 30 YEARS OF THE MOTOR VOTER LAW: WHY THIS ACT HAS TRAPPED COUNTLESS IMMIGRANTS</b>	Viewpoints	10/8/2023	6:15am	30:00 min.	<p>Synopsis: Deborah Kasdan's sister, Rachel, had a bright future ahead of her. She was a natural creative, a talented student and loved to travel and meet new people. However, this future dimmed when Rachel was diagnosed with schizophrenia during her mid-twenties. The diagnosis forever impacted both Rachel and the family. She sadly passed away at age 59, but Deborah Kasdan joins us this week to share her sister's story and the wide-ranging toll of mental illness.</p> <p>Part 2: In 2006, Filipino immigrant Elizabeth Keathley mistakenly registered to vote while at the Illinois Department of Motor Vehicles. Keathley and her former lawyer, Richard Hanus, join us this week to share the stressful, years-long legal battle that almost led to her being deported back to the Philippines.</p>
<b>RHEUMATOID ARTHRITIS: LIVING WITH AN INVISIBLE ILLNESS/ WHAT TO DO WHEN ANIMALS INVADE OUR HABITAT</b>	Radio Health Journal	10/8/2023	7:30am	30:00 min.	<p>Synopsis: Rheumatoid arthritis is a life-changing condition but can also be invisible to everyone around you. Between finding the right medication and managing the illness, it's often a long and frustrating process for many patients. Our experts explain the importance of community support and how to cope with an inflammatory arthritis diagnosis.</p> <p>Part 2: In a world where deforestation and environmental pollution runs rampant, it's no surprise that wild animals have started to creep into our backyards and – in some cases – inside our homes. Mary Roach, a science author, dives into the reasons behind this steady rise of wildlife lawbreakers.</p>

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<b>MINORITY ISSUES</b>	Empower Wichita	10/15/2023	6:00am	17:44 min	The Women's Network, located in Wichita, Kansas, is a 501(c)(3) non-profit organization empowering women survivors of domestic violence, women recovering from trauma, and women working for better lives. While others provide crisis care, they offer paths toward financial and emotional independence for long-term transformation and success, including: a domestic violence recovery program, education and employment opportunities, therapy and case management services. For more information please visit them at Womens-Network.org
<b>BREAKING DOWN THE HIDDEN MISCONCEPTIONS OF TWO CLASSIC HALLOWEEN ICONS / THE STORY BEHIND THE FREE SPEECH ORGANIZATION ADVERTISING EVERYWHERE</b>	Viewpoints	10/15/2023	6:15 am	30:00 min	<p>Synopsis: Spiders and bats are some of the most common symbols of Halloween spookiness. We speak with two experts to get the truth behind these traditionally scary creatures and hear why neither of them are nearly as scary as we think.</p> <p>Part 2: Have you seen an advertisement or commercial for the group, FIRE? The acronym stands for the Foundation for Individual Rights and Expression, but even after watching an ad, it can still be confusing to grasp what exactly this organization truly stands for. As the presidential cycle heats up, this kind of messaging is only going to grow more common over the next year, so we wanted to uncover what exactly FIRE stands for and why some people have mixed feelings on the nonpartisan nonprofit.</p>
<b>WHAT CRIME SHOWS WON'T TELL YOU ABOUT HOW TO SPOT A LIAR/ HOW THE mRNA VACCINE HAS REVOLUTIONIZED INFECTIOUS DISEASE PREVENTION</b>	Radio Health Journal	10/15/2023	7:30am	30:00 min.	<p>Synopsis: Many of us think that we can spot a liar by their eye movements or facial expressions, but for true deception artists those methods won't work. Our experts explain the psychology behind why people lie and how you can avoid being duped.</p> <p>Part 2: The FDA recently approved a new booster shot for COVID-19 and many people are still wondering what exactly we're injecting into our bodies. Dr. William Schaffner, an infectious disease expert, breaks down the revolutionary technology and why we should feel safe going into this winter</p>

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<b>MINORITY ISSUES</b>	Empower Wichita	10/22/2023	6:00am	15:00 min	<p>Audacy host David O'Leary is shining a light on youth suicide and mental health during October's Children's Mental Health Month along with representatives from the American Foundation for Suicide Prevention Dr. Christine Moutier and Victor Armstrong.</p> <p>During David's conversation with Christine, the doctor really stressed that children's mental health, according to the surgeon general is in a "state of emergency." Calling it a "crisis" from a public health standpoint that can show up "in some different ways." Pointing out that it gives us "as a society" a lot of "room for putting into action what we're talking about more and more."</p>
<b>A MOUNTING LONELINESS EPIDEMIC: WHERE HAVE OUR COMMUNITIES GONE? / HOW DO YOU DEAL WITH LOSS? SPEAKING WITH TWO PEOPLE WHO'VE LOST SPOUSES</b>	Viewpoints	10/22/2023	6:15am	30:00 min	<p>Synopsis: Even before the pandemic hit, more than half of U.S. adults responded that they struggle with feelings of loneliness and isolation. Fast forward four years and this problem has only grown worse. Millions of children, teens and adults feel completely disconnected from their neighbors, towns, and local organizations. We talk about what's fueled this decline in recent decades and how listeners can take steps to start forming new connections where they live.</p> <p>Part 2: Is there a right or wrong way to grieve the loss of someone you love? We speak with two adults who've dealt with the loss of a spouse to get a better sense of the grieving process and what people do &amp; don't need to hear during this difficult time.</p>
<b>CURING CANCER WITH VACCINES OF THE FUTURE/ DO IT SCARED: HOW TO BECOME A MORE RESILIENT PERSON</b>	Radio Health Journal	10/22/2023	7:30am	30:00 min.	<p>Synopsis: The pandemic introduced many of us to mRNA vaccines. Now, researchers are hard at work figuring out how to use this technology to fight cancer. This delivery method would not only stop cancer from growing, but also allow our immune system to eradicate the disease. An expert explains the science behind how we may soon be able to cure cancer.</p> <p>Part 2: Are resilient people born or built? Dr. Dennis Charney, an expert in neurobiology, says it's a little of both. He breaks down what</p>

					common characteristics resilient people share and how you can overcome hardships in your own life..
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<b>MINORITY ISSUES</b>	Empower Wichita	10/29/2023	6:00am	17:37 min	Health and Wellness Coalition of Wichita's goal is to create a community that supports and encourages physical activity and healthy eating. They promote physical activity and good nutrition for every generation living in the greater Wichita area through people, programs and policies. Shelley Rich talks to us about Worksite Wellness, Double Up Wichita and Healthy Lifestyle initiatives. They have planning committees that offer residents a chance to get involved and have a voice. For more information and resources please visit: <a href="http://hwcwichita.org">hwcwichita.org</a>
<b>\$13,000 PER TODDLER FOR ANNUAL CHILDCARE: WHY AMERICA IS FAILING ITS PARENTS / HALLOWEEN 2023: WHY DO WE LOVE TO BE SCARED?</b>	Viewpoints	10/29/2023	6:15am	30:00 min	<p>Synopsis: Americans are struggling to bear the extremely large price tag of early childhood care. In some big cities, parents are paying upwards of \$30,000 per year, per child, for this service. We speak with mother, Christina Kuhn, who lives in Michigan about how high childcare costs are impacting her day-to-day and talk to childcare policy expert, Patricia Cole, about what needs to change to better support families and create an environment that encourages raising healthy children.</p> <p>Synopsis: It's the time of year when we transform into a different character through costume, setup scary decorations and maybe check out a haunted house or two. Even though these things can be scary, we enjoy the fun and festivities that Halloween brings us each year. We speak with two guests about why Halloween has become such a popular global event and why many of us get a kick out of feeling temporarily scared.</p>

<b>SEGMENT 1: DOPAMINE AND PARKINSON'S: CHALLENGING OVER 100 YEARS OF RESEARCH/ HOW TO PROTECT YOUR HOME FROM TOXIC MOLD AND BAD AIR QUALITY</b>	Radio Health Journal	10/29/2023	7:30am	30:00 min.	<p>Synopsis: Emerging research is changing everything we thought we knew about dopamine. The connection between Parkinson's Disease and dopamine has been documented in the past, but a new study uncovers mechanisms of the chemical that were previously thought to be impossible. Our experts dive into the research and explain how this affects the future of Parkinson's treatment.</p> <p>Part 2: As the temperature drops and we're spending more time inside, it's important to keep our homes disease-free. Things like mold and dust mites can compromise your health. Our experts explain how to properly clean your space and give easy steps you can take to keep your family safe.</p>
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<b>MINORITY ISSUES</b>	Empower	11/5/2023	6:00am	17:24 min	<p>Positive Directions mission is to provide HIV/STI prevention, education, and testing for priority populations within our community. Brett Hogan visited with us about an upcoming event they have coming up this month for National HIV testing day. They partnered with M-Care and Walgreens for this event and will provide food, vendors and FREE HIV/ STD testing and education. For more please visit <a href="http://positivedirections.org">positivedirections.org</a></p>
<b>HOW ARTIFICIAL INTELLIGENCE IS FUELING THE \$1.1 TRILLION IN ONLINE RETAIL SALES / WHAT'S HAPPENING IN HOLLYWOOD? THE STRIKE, EXPLAINED</b>	Viewpoints	11/5/2023	6:15am	30:00 min	<p>Synopsis: The Cleveland Clinic estimates that about 1 in 3 Americans struggle with sleep. The problems are wide-ranging, including trouble falling or staying asleep or just not feeling rested each morning. We speak with sleep expert, Dr. Aric Prather about what the latest research shows us is the best way to improve sleep. In many cases, these recommendations are focused on setting good habits, retraining the brain, and checking off some items that can help aid slumber in the bedroom.</p> <p>Part 2: There seems to be a lot of narratives, conspiracy theories and research funneling into if aliens really do exist. We speak with two experts about how the scientific community approaches this field of study and some of the challenges that come with working within this space.</p>
<b>SHOULD BUSY CITIES START BANNING LEFT-HAND TURNS?/ BRACE FACE: AUTHOR WHO</b>	Radio Health Journal	11/5/2023	7:30am	30:00 min.	<p>Synopsis: If you're waiting at a streetlight to turn left, you'll probably never be joined by a UPS truck. The company's computer routing system has shown that left-hand turns waste time and fuel – but Dr.</p>

<p><b>WAS BULLIED FOR HER OVERBITE OFFERS GUIDANCE</b></p>					<p>Vikash Gayah says they could also be dangerous to our health. Experts dive into these road rules and offer solutions to simplify your daily errands.</p> <p>Part 2: Christina Wyman was born with a craniofacial deformity and spent her childhood dodging bullies -- at school and at home. After two jaw surgeries as an adult, her extreme overbite is fixed, but the trauma lives on. She offers guidance on how parents can successfully support their kids through these tough times.</p>
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<p><b>MINORITY ISSUES</b></p>	<p>Empower Wichita</p>	<p>11/12/2023</p>	<p>6:00am</p>	<p>17:40 min.</p>	<p>Council member Brandon Johnson of District 1 Wichita sits down to talk about community initiatives and upcoming events. Brandon is passionate about what he does for our community and relentlessly looks for more ways to bring solutions to our city concerns through connection and understanding. We spoke about his non-profit "The Core" where they are bringing education and resources to our underserved Wichita areas. To learn more about what Brandon is doing please visit his Instagram a Bjohnsonict</p>
<p><b>CEO PAY IN THE AUTO INDUSTRY ROSE 40% OVER THE LAST DECADE: HOW FED-UP AUTO WORKERS ARE FIGHTING BACK / DO YOU FEEL SAD? US TOO</b></p>	<p>Viewpoints</p>	<p>11/12/2023</p>	<p>6:15am</p>	<p>30:00 min</p>	<p>Synopsis: Almost 50,000 American employees - a third of the total workforce between GM, Ford and Stellantis - walked off the job and went on strike for six weeks earlier this fall. This coordinated effort marks the first time that employees walked out on all three companies at once. We discuss why this massive strike was a long-time coming and how this recent walk-off is a sign of an ever-growing labor activism movement in the U.S.</p> <p>Part 2: Experts estimate that about 10 million Americans deal with seasonal affective disorder, or SAD, each year. Interestingly, women are four times more likely to be diagnosed than men. And this number is also thought to be higher than reported since many adults go undiagnosed. We cover just how much SAD (and lesser variations like the winter blues) can affect your life during the colder, gloomier winter</p>

					months and how some easy lifestyle changes can help ease symptoms each year.
<b>OPPENHEIMER'S LEGACY: RISING CANCER RISKS DUE TO IONIZING RADIATION/ EVERYONE HAS LUMPS AND BUMPS – MAKE SURE YOURS AREN'T DEADLY</b>	Radio Health Journal	11/12/2023	7:30am	30:00 min.	Synopsis: Researchers have been studying the lasting health effects of the atomic bomb for decades – but there's a new type of radiation scientists are worried about. Nuclear workers, medical physicians, and the public are all being exposed to low-dose, long-term ionizing radiation. It causes cancer, radiation cataracts, and impaired cognition. Experts explain how we can protect ourselves from these dangerous rays. Part 2: The US Preventive Services Task Force has recently updated its guidelines for breast cancer screenings to help curb the 42,000 yearly deaths. Our experts explain these changes, how to perform at-home exams, and why aggressive breast cancer may no longer be a death sentence.

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<b>MINORITY ISSUES</b>	Empower Wichita	11/19/2023	6:00am	15:00 min	Dr. Erin Fletcher has a decade of experience in veteran mental health care at Wounded Warrior Project. She currently serves as director of Warrior Care Network, a partnership between Wounded Warrior Project and four world-famous treatment facilities helping advance treatment and research for invisible wounds of war.
<b>STRUGGLING TO GET INTO RUNNING? WHY THIS CHANGE COULD MAKE ALL THE DIFFERENCE / THE ROSETTA STONE: WHY WE CARE SO MUCH ABOUT A 2,000-YEAR-OLD SLAB OF ROCK</b>	Viewpoints	11/19/2023	6:15am	30:00 min	Synopsis: Running clubs have exploded in recent years thanks to the pandemic. And there's a different running club for everyone. You don't have to be fast or extremely athletic to take part these days. We speak with two members of different running clubs about the benefits of being in this kind of group and how listeners can easily get involved.  Part 2: It's an intriguing slab of rock, but why was finding and decoding the Rosetta Stone so important to scholars? In short,



					it's the key to unlocking the unique Egyptian language of illustrated text referred to as hieroglyphs. We speak with Edward Dolnick, author of <i>The Writing of the Gods: The Race to Decode the Rosetta Stone</i> , about the monumental impact of this discovery.
<b>FROM HOLLYWOOD TO THE HOSPITAL: JAMIE-LYNN SIGLER'S BATTLE WITH MS/ MODERN DAY WITCH HUNTS: THE PSYCHOLOGY OF FALSE CONFESSIONS</b>	Radio Health Journal	11/19/2023	7:30am	30:00 min.	<p>Synopsis: Jamie-Lynn Sigler was cast in <i>The Sopranos</i> as a teenager, but was soon fighting for more than just her spot in Hollywood. After being diagnosed with multiple sclerosis, Sigler found herself on a long journey of figuring out how to manage her disease while living a fulfilling life. She explains the steps she took in hopes of helping others in similar situations.</p> <p>Part 2: False confessions seem far and few between, but our experts say they're more common than most of us think. In this first installment of the two-part series, we explain the different types of false confessions and what drives people to confess to a crime they didn't commit.</p>

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<b>MINORITY ISSUES</b>	Empower Wichita	11/26/2023	6:00am	15:00 min.	Alex spoke with COO Drew Brenner about Medical Loan Closet and the amazing things they offer to the community. If you're like myself who has had a family member run into some unexpected medical issues with no insurance to cover medical supplies these are the people you call! They operate on a barter system, all it takes is you filling out a form and borrowing the needed medical supplies for as long as necessary. For more information please visit <a href="http://Medicalloancloset.com">Medicalloancloset.com</a> and to donate to this amazing organization please email <a href="mailto:dbrenner@medicalloancloset.com">dbrenner@medicalloancloset.com</a>
<b>IS YOUR PET THE HEALTHIEST THEY CAN BE? / REVISITING LOST FLAVORS: A RETURN TO THE ROOTS OF AMERICAN CUISINE</b>	Viewpoints	11/26/2023	6:15am	30:00 min	Synopsis: As pet owners, many of us are guilty of sometimes treating our furry friends with too many treats - especially during the holidays. We speak with Dr. Carol Osborne, an integrative veterinarian, to get some insightful tips on what foods owners should avoid feeding their pets this holiday season and how you can maintain and best care for the health of your pet.

					Part 2: Go back several decades and the items we eat today tasted a lot different. Viewpoints speaks with two food experts about the evolution of ingredients and how listeners cooking for the holidays can incorporate some of these older, more traditional recipes onto their tables.
<b>THE INFERTILITY-CAUSING DISEASE THAT MAY NOT BE AS RARE AS WE THOUGHT/ FALSE CONFESSIONS PT.2: USING SCIENCE TO CATCH THE REAL CRIMINALS</b>	Radio Health Journal	11/26/2023	7:30am	30:00 min.	<p>Synopsis: Lisa McCarty experienced four miscarriages before finally being diagnosed with Asherman’s Syndrome, a condition where scar tissue forms in the uterus or cervix. She and Dr. Sigal Klipstein, a reproductive endocrinologist, explain the signs of Asherman’s – and when you should see a specialist</p> <p>Part 2: Last week our experts broke down the psychology of false confessions, and today we’re discussing the aftermath of wrongful convictions. Why do people who’ve been wrongly convicted die earlier? How can law enforcement make sure they’re catching the real criminals? Our experts explain it all.</p>

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<b>MINORITY ISSUES</b>	Empower Wichita	12/3/2023	6:00am	17:55 min	<p>LOVE SCHOOLS is a non-profit whose mission is to enlist local business, churches and other non-profits to help schools reach their unique and individual goals. Their partners donate supplies and the community also has an opportunity to donate time to the elementary school and middle schoolers of Wichita through the “buddy program” Love Schools is a part of 6 schools in the area and plans to expand within the next year. For more information please visit Love Schools on Facebook or reach out to founder Brandt Wilson.</p>
<b>LOVE BOOKS? WE DO TOO: WHY THE PUBLISHING INDUSTRY IS AT A CROSSROADS/: COULD IUD’S &amp; OTHER CONTRACEPTIVES INCREASE YOUR RISK OF DEVELOPING AN AUTOIMMUNE</b>	Viewpoints	12/3/2023	6:15am	30:00 min	<p>Synopsis: Last year, revenue in publishing exceeded 28 billion dollars. But - the reality is that just a handful of giant publishers hold much of the power in this sector. We cover how publishing has changed over the last 50 years and how this affects what books you see and read.</p>

<b>DISEASE?</b>					Part 2: Of the 24 million Americans with autoimmune diseases, about 80 percent are women. A 2020 paper in the American Journal of Nursing estimates that nearly 90 percent of women ages use contraception - which may worsen a preexisting disease. Our experts breakdown this research and why more research is needed in this case.
<b>CAN ACUPUNCTURE HELP PATIENTS RECOVER FROM OPEN HEART SURGERY?/ 'EVERYONE CAN BE MADE PSYCHOTIC' – THE TRUTH BEHIND SCHIZOPHRENIA</b>	Radio Health Journal	12/3/2023	7:30am	30:00 min.	Synopsis: Since the heart is part of a larger system in our body, treating cardiac conditions means healing the full person instead of just the one organ. Dr. Kim Feingold, a cardiac psychologist, has researched the use of acupuncture therapy as an integrative approach to treating cardiac patients. She explains her findings and how this needle stimulation may aid in recovery from open heart surgery Part 2: Hollywood often portrays schizophrenia in its most extreme form, but the disorder's progression is much more complicated. Dr. Christoph Correll, a schizophrenia expert, pulls back the curtain on this condition. He explains why it's often misdiagnosed, left untreated, and can affect anyone – including you.

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<b>MINORITY ISSUES</b>	Empower Wichita	12/10/2023	6:00am	15:26 min	Human Kind is one of the oldest non-profits in Wichita, KS. Human Kind Ministries has brought the community together to run Wichita's largest holiday assistance program, Operation Holiday—helping our region's most vulnerable residents get through the year's coldest (and most expensive) months. They serve more than 15,000 people in need each year. For more information and how you can get involved visit <a href="http://Humankindwichita.org">Humankindwichita.org</a>
<b>FORGET AMELIA EARHART: THE STORY OF THE FIRST AFRICAN AMERICAN FEMALE PILOT WHO SUCCEEDED AGAINST ALL ODDS/ WHY WE FAIL AGAIN AND AGAIN AT NEW YEAR'S</b>	Viewpoints	12/10/2023	6:15 am	30:00 min	Synopsis: Most Americans are well acquainted with the story of Amelia Earhart, but few have heard the story of Bessie Coleman - a courageous African American female pilot - who received her pilot's license two years before Earhart took to the skies. This week - we cover the story of Coleman and the many barriers she faced as an

<b>RESOLUTIONS</b>					African American woman in the early 1900's determined to make a name for herself as a pioneer in performance stunt flying. Part 2: People will soon be celebrating the start of 2024, and many will be resolving to change something in their lives – the ubiquitous “New Year’s Resolution.” Maybe you’ve set a resolution to think more positively next year or gain a greater balance between work and life. We talk to a behavior specialist and coach about how bad habits are created and why. She also gives us some ways to help give those resolutions some staying power for the year ahead.
<b>NATURAL DISASTERS ARE ONLY GETTING WORSE – HOW CAN YOU HELP? / “IT’S A CRITICAL AGE”: WHY YOUNG KIDS SHOULD BE INVOLVED IN STEM</b>	Radio Health Journal	12/10/2023	7:00am	30:00 min.	Synopsis: Natural disasters are often devastating to the surrounding communities and environment. And since they’re becoming more frequent – and occurring in places they’ve never been before – it’s more important than ever to know how to support the victims and prepare yourself for these catastrophes. Part 2: Research shows that children involved in STEM courses, like engineering and science, have better reading comprehension and are more likely to be successful later in life. One national science fair is helping to keep kids, like award-winner Shanya Gill, interested in these industries and foster their passion for science.

**4th Quarter, 2023--ISSUES/PROGRAMS LIST**

<p>There follows a listing of some of the significant issues responded to by Station <b>KFBZ-FM/HD1</b>, Wichita, along with the most significant programming treatment of those issues for the period <b>October-December, 2023</b>. The listing is by no means exhaustive. The order in which issues appear does not reflect any priority or significance.</p>					
<b>Description of Issue</b>	<b>Program/Segment</b>	<b>Date</b>	<b>Time</b>	<b>Duration</b>	<b>Narration of Type &amp; Description of Program/Segment</b>
<b>MINORITY ISSUES</b>	Empower Wichita	12/17/2023	6:00am	16:20 min	Breakthrough, formerly Episcopal Social Services has been around for 35 years. They are a broad-based social services organization. Their mission is to help people move out of poverty, and to help others recover well while living with mental illness. They are a faith-centered organization offering opportunities for positive changes in their lives and providing ways for people to express their faith through service. Andy Houlberg and Rachel Newell visited with us to speak about all they’ve done in the community since 1983, their upcoming events and re-housing program.
<b>~40 PERCENT OF PEOPLE WILL GET CANCER IN THEIR LIFETIME: A FORMER</b>	Viewpoints	12/17/2023	6:15am	30:00 min	Synopsis: Shannon Miller holds many titles. Former Olympic gymnast. Seven-time Olympic medalist. Mother. Wife. But she also has another, unexpected title: ovarian cancer survivor. Miller joins Viewpoints this week to share her experience and

<b>OLYMPIAN'S STORY / SHOULD CONGRESS ENACT TERM LIMITS?</b>					<p>perspective after she was diagnosed with cancer at just 33 years old. She hopes her story - and the challenges she went through - will help raise awareness around the importance of keeping up to date on medical checkups and screenings as you age.</p> <p>Part 2: With the 2024 presidential election right around the corner, it's a good time to discuss a growing and debated trend in America: increasingly older politicians. Two former opponents - President Joe Biden, age 81, and Former President Trump, age 77 - are again throwing their hat into the 2024 race, but many Americans have concerns about the competency of these older candidates and other members of the Senate and Congress. We speak with two experts about both sides of the argument and how the political landscape would change if stricter term limits were put in place.</p>
<b>CELEBRITY DEATHS &amp; POLITICAL POISONINGS: INSIDE FORENSIC TOXICOLOGY/ IS SCIENCE CLOSE TO CREATING IMMORTAL HUMANS?</b>	Radio Health Journal	12/17/2023	7:30am	30:00 min.	<p>Synopsis: Why do autopsy reports take so long to come back? While TV shows can make it seem like a two-step process, forensic toxicology can take weeks or months to figure out a person's cause of death. Our expert takes us through this process and how it's used in everyday life.</p> <p>Part 2 The key to living a long life? It's more about having less 'bad' genes rather than having more 'good' ones. But as we inch closer to finding immortality, there are some questions to be answered, such as "should we even be able to live hundreds of years?"</p>

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<b>MINORITY ISSUES</b>	Empower Wichita	12/24/2023	6:00am	15:00 min	<p>The ICT Tree huggers mission is to connect the community by providing education and workshops to teach people in our community how to grow their own food and resources. Sarah Myers sat down with us to tell us about the local yoga and mindfulness classes hosted here on Tuesdays and Sundays. Please visit ICT Tree huggers on Facebook to learn more information</p>
<b>FED UP WITH THE CYCLE OF DRINKING? HOW TO BUILD HEALTHIER HABITS / THE CAPITOL POLICE OFFICERS</b>	Viewpoints	12/24/2023	6:15am	30:00 min	<p>Synopsis: More than 28 million people, ages 18 and older, reported an alcohol use disorder in 2022, according to the National Survey on Drug Use and Health - a large-scale report overseen by the National Institutes of Health. This equates to about 11 percent of the overall American population who have</p>

<b>WHO HELD THE LINE, NO MATTER THE COST</b>					<p>an impaired ability to stop or control their drinking despite its negative effects. Alcohol use disorder can range from a mild dependence to a severe addiction. For author Annie Grace, it took decades to find a way forward without drinking daily. This week - she opens about her past alcoholism and what finally helped her break the cycle.</p> <p>Part 2: It's been nearly three years since the attack on the U.S. Capitol. The January 6 insurrection marks the biggest assault on American democracy and the peaceful transfer of power since the Civil War. We speak with former Capitol Hill police sergeant Aquillino Gonell about the violence he witnessed that day and how this traumatic experience has shaped his life and perspective.</p>
<b>MINUTE BY MINUTE: EVERYTHING YOU NEED TO KNOW ABOUT STROKE PREVENTION / "NO SMOKE IS GOOD SMOKE" HOW VAPING IS INCREASING CASES OF COPD</b>	Radio Health Journal	12/24/2023	7:30am	30:00 min.	<p>Synopsis: Nearly 800,000 Americans have a stroke each year, so make sure you know how to help if your loved one has a sudden attack. Our experts give you the tools to know the signs, symptoms, and actions you can take to save a life. Remember to BE FAST, every minute matters.</p> <p>Part 2: COPD is a silent killer – but it doesn't have to be. Smoking cigarettes and vaping are among the main causes of the lung disease, but manufacturing plants and air pollution can make even the healthiest person sick. Our experts explain ways to reduce your risk and how to manage COPD once you're diagnosed..</p>

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Description of Issue	Program/Segment	Date	Time	Duration	Narration of Type & Description of Program/Segment
<b>MINORITY ISSUES</b>	Empower Wichita	12/31/2023	6:00am	15:00 min	<p>The ICT Tree huggers mission is to connect the community by providing education and workshops to teach people in our community how to grow their own food and resources. Sarah Myers sat down with us to tell us about the local yoga and mindfulness classes hosted here on Tuesdays and Sundays. Please visit ICT Tree huggers on Facebook to learn more information</p>

<p><b>AN END TO THE 165 MILLION YEAR REIGN OF DINOSAURS / IS THERE A RIGHT WAY TO GRIEVE? PARENTING &amp; PICKING UP THE PIECES AFTER LOSS</b></p>	<p>Viewpoints</p>	<p>12/31/2023</p>	<p>6:15am</p>	<p>30:00 min</p>	<p>Synopsis: There's something special about dinosaurs. These majestic creatures walked the Earth for more than 165 million years. Compare this to the span of humans who've only been around for five to seven million years so far. There's no doubt that dinosaurs left their mark. Some scientists even wonder - would they still be around today if the asteroid never collided with Earth? We answer this question and more this week on Viewpoints. Part 2: One in twelve children will lose a parent or sibling by the time they reach age 18. Experiencing grief of this kind is unbearable at any age, but in children it can present differently and may require more of a tailored approach. We speak with child therapist Natasha Daniels to get a better understanding of this emotion and how there can be different variations of grief depending on the severity of the life event.</p>
<p><b>IF YOU HAVE A BRAIN, YOU'RE AT RISK FOR A SEIZURE -- LET'S TALK ABOUT IT / "THEY'RE ACTIVELY TRYING TO DIE": INSIDE THE MIND OF A TRAUMA SURGEON</b></p>	<p>Radio Health Journal</p>	<p>12/31/2023</p>	<p>7:30am</p>	<p>30:00 min.</p>	<p>Synopsis: While seizures are more common in very young and old age groups, they can happen to anyone. Our experts break down what causes seizures, who is a candidate for brain surgery, and why cannabis is becoming a popular treatment option. Part 2: With the constant stress and chaos of emergency rooms, how do doctors keep a clear head to make life or death decisions? Dr. Stephen Cohn has been a trauma surgeon for more than 40 years. He takes us through a day-in-the-life, giving us an inside look at the hectic lives of emergency medicine physicians..</p>