



Program Log for Viewpoints Radio

Program	21-49	Written & Produced	Amirah Zaveri & Evan Rook
Air Week	12/05/2021	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: AbbVie/Break It Down OUTCUE: ...sponsored by AbbVie.	:60
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: GIVING BACK AS CASH TRANSACTIONS BECOME LESS COMMON	10:52
	<p>Synopsis: Do you find yourself carrying less and less cash in recent years? You're not alone. Last year, cash payments made up about 18 percent of all transactions, according to a national study conducted by the Federal Reserve Bank of Atlanta. For homeless populations and nonprofit fundraisers that rely on in-person cash giving, what's the outlook? How can the public help in different ways or donate through digital transactions?</p> <p>Host: Gary Price. Guests: Donald Whitehead Jr., Executive Director, National Coalition for the Homeless; Major Kevin Stoops, General Secretary, The Salvation Army Greater New York Division. Links for more info: https://endhomelessness.org/homelessness-in-america/homelessness-statistics/state-of-homelessness-2021/ https://www.salvationarmyusa.org/usn/ways-to-give/ https://www.salvationarmyusa.org/usn/provide-shelter/ https://endhomelessness.org/how-to-get-help-experiencing-homelessness/ https://nationalhomeless.org/</p> <p>Compliance Issues Covered: Homelessness, Charitable Giving, Nonprofits, Personal Finance, Inequality, Poverty, Technology</p>	
12:39	SPOTBREAK 2&3: Bank of America/Cash Rewards Liberty Mutual/Library Exergen Temporal Scanner/Exergen Walmart US Postal Service/Holiday 21 OUTCUE: ...com slash helpers.	:30 :30 :30 :30
14:39	:02 PAUSE FOR LOCAL AVAIL	:02
14:41	SEGMENT 2: TIS' THE SEASON TO TAKE CARE OF YOUR MENTAL HEALTH	8:24
	<p>Synopsis: Last minute emails. Gift buying. Traveling. Sometimes the holiday to-do list can feel never-ending. It can be a stressful period – especially after another year spent living within a pandemic. We speak with psychiatrist Dr. Frank Anderson about the importance of setting boundaries and expectations this holiday season. Host: Marty Peterson. Guest: Dr. Frank Anderson, Psychiatrist, Author, <i>Transcending Trauma: Healing Complex PTSD with Internal Family Systems Therapy</i>. Links for more info: https://health.clevelandclinic.org/holiday-depression-and-stress/ https://www.frankandersonmd.com/ https://www.amazon.com/Transcending-Trauma-Healing-Complex-Internal/dp/1683733975</p> <p>Compliance Issues Covered: Mental Health, Stress, Burnout, Communication, Relationships, Trauma</p>	
23:05	SPOTBREAK 4: Capital One/Venture X Indeed/Instant Match OUTCUE: ...and conditions apply.	:30 :30
24:05	CULTURE CRASH: A REVIEW OF "TICK, TICK...BOOM!"	2:23
	<p>Synopsis: We share why we think the new Netflix release, "Tick, Tick...Boom" is perhaps the best musical movie of 2021.</p> <p>Host: Evan Rook Compliance Issues Covered: Culture, Film, Music</p>	
26:28	SPOTBREAK 5: AbbVie/Break It Down OUTCUE: ...sponsored by AbbVie.	:60
27:28	Program Conclusion	:32
28:00	TOTAL TIME	

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