



Program Log for Viewpoints Radio

Program	20-35	Written & Produced	Amirah Zaveri & Evan Rook
Air Week	08/30/2020	Studio Producer	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:45
:45	SPOTBREAK 1: Progressive Insurance/Movie Theatre Sounds of Old World Blue Star/Reviews Ver. C	:30
	OUTCUE: ...your money back.	:30
1:45	:02 PAUSE FOR LOCAL AVAIL	:02
1:47	SEGMENT 1: REHABILITATION WHILE IN PRISON: GETTING TO THE ROOT OF THE PROBLEM	9:14
	Synopsis: The U.S. has the largest prison population in the world with more than 2.3 million inmates. Each year, prisons cost taxpayers 80 billion dollars. But with two thirds of those incarcerated returning back behind bars within a few years, clearly something is broken. We discuss how some popular reforms do more harm than good and what needs to change within the system. Host: Gary Price. Guest: Maya Schenwar, editor-in-chief, <i>Truth Out</i> , co-author, <i>Prison by Any Other Name: The Harmful Consequences of Popular Reforms</i> . Links for more info: https://www.themarshallproject.org/ https://www.aclu.org/other/aclu-policy-priorities-prison-reform https://www.mayaschenwar.com/ https://www.amazon.com/Prison-Any-Other-Name-Consequences/dp/1620973103/ https://truthout.org/articles/in-the-age-of-abolition-many-reforms-constitute-incarceration-by-another-name/ https://twitter.com/MayaSchenwar?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor Compliance Issues Covered: Criminal Justice, Crime, Government, Mental Health, Addiction, Psychology, Race, Poverty, Politics	
11:01	SPOTBREAK 2&3: Talcum Powder Legal Progressive Insurance/Not Talking-Cmcl Chicken Blue Star/Reviews Ver. A	:60
	OUTCUE: ...your money back.	:30
13:01	:02 PAUSE FOR LOCAL AVAIL	:02
13:03	SEGMENT 2: SLEEPING SOUNDLY: THE INTERCONNECTED BENEFITS OF GETTING GOOD REST	9:01
	Synopsis: All humans need some amount of rest – whether that’s five hours or eight. But how we sleep and the quality of that slumber can vary widely. We speak with sleep expert, Matthew Walker, a professor at California-Berkeley, who says getting restful sleep is the single biggest thing we can do to vastly improve our mental and physical health. Host: Marty Peterson. Guest: Matthew Walker, professor of neuroscience and psychology at the University of California-Berkeley and author, <i>Why We Sleep: Unlocking the power of sleep and dreams</i> . Links for more info: https://www.amazon.com/Why-We-Sleep-Unlocking-Dreams/dp/1501144316/ref=asap_bc?ie=UTF8 https://newsinhealth.nih.gov/2013/04/benefits-slumber https://health.gov/myhealthfinder/topics/everyday-healthy-living/mental-health-and-relationships/get-enough-sleep https://www.health.harvard.edu/sleep/8-reasons-why-youre-not-sleeping Compliance Issues Covered: Health, Medicine, Stress, Technology, Research, Literature	
22:04	SPOTBREAK 4: Foreclosure Portection Services	:60
	OUTCUE: ...one five one.	
23:04	CULTURE CRASH: EXPLORING THE WORKS OF CHARLIE KAUFMAN	3:23
	Synopsis: Writer & director Charlie Kaufman is known for several hit movies including <i>Eternal Sunshine of the Spotless Mind</i> and <i>Synecdoche, New York</i> . We explore some of his biggest career triumphs and the upcoming release of his new Netflix original, <i>I’m Thinking of Ending Things</i> that’s based off the novel written by Iain Reid. Host: Evan Rook Compliance Issues Covered: Film, Culture	
26:27	SPOTBREAK 5: Progressive Insurance/Grammar-Cmcl Chicken Blue Star/Reviews Ver. B	:30
	OUTCUE: ...your money back.	:30
27:27	Program Conclusion	:33
28:00	TOTAL TIME	

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